

# Accepted Manuscript

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PII: S0143-4004(16)30659-2

DOI: [10.1016/j.placenta.2016.12.012](https://doi.org/10.1016/j.placenta.2016.12.012)

Reference: YPLAC 3525

To appear in: *Placenta*

Received Date: 30 October 2016

Revised Date: 5 December 2016

Accepted Date: 8 December 2016

Please cite this article as: Holland O, Dekker Nitert M, Gallo LA, Vejzovic M, Fisher JJ, Perkins AV, Review: Placental mitochondrial function and structure in gestational disorders, *Placenta* (2017), doi: 10.1016/j.placenta.2016.12.012.

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1 **Review: Placental mitochondrial function and structure in gestational disorders**

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**Abstract**

The aetiology of many gestational disorders is still unknown. However, insufficient trans-placental nutrient and oxygen transfer due to abnormal placentation is characteristic of several pathologies, and may alter the function of placental mitochondria. Mitochondria are multifunctional organelles that respond to a wide range of stimuli – such as physiological changes in cellular energy demands or various pathologies – by reshaping via fusion or fission, increasing/decreasing in number, altering oxidative phosphorylation, and signalling cellular functions such as apoptosis. Mitochondrial function is integral to tissue functions including energy production, metabolism, and regulation of various cellular responses including response to oxidative stress. This review details the functions of placental mitochondria and investigates mitochondrial function and structure in gestational disorders including preeclampsia, intrauterine growth restriction, diabetes mellitus, and obesity. Placental mitochondrial dysfunction may be critical in a range of gestational disorders which have important implications for maternal and fetal/offspring health.

**Keywords:** mitochondria; oxidative stress; preeclampsia; intrauterine growth restriction; diabetes; obesity

## 40 1. Introduction

41

42 Mitochondria originated from the symbiosis of primordial eukaryotic cells and aerobic  
43 bacteria. Mitochondria, which contain their own genome (mtDNA) and machinery to  
44 synthesise RNA and proteins, work in concert with the nuclear genome and other organelles.

45 Almost all cellular energy is produced through oxidative phosphorylation in mitochondria;  
46 partnered redox reactions transfer electrons through oxygen to water and pump protons into  
47 the mitochondrial inner membrane through respiratory complexes (complexes I, III, and IV).

48 The electrochemical gradient created by the transfer of protons is termed mitochondrial  
49 membrane potential ( $\Delta\Psi_m$ ), and is harnessed by ATP synthase (complex V) to generate ATP.

50 Mitochondria are known as the powerhouses of the cell due to their central role in ATP  
51 generation. However, mitochondria have several additional functions; they provide important  
52 signalling on cellular homeostasis, and are key regulators of cell fate through

53 autophagy/apoptosis. Mitochondria form a dynamic reticulum, and the reshaping of this  
54 reticulum in response to differences in mitochondrial membrane potential helps control  
55 mitochondrial and cellular fate (Figure 1). In conjunction with the endoplasmic reticulum,

56 mitochondria can regulate mediators of cell death such as calcium levels and caspases.

57 Additionally, in the placenta and other tissues such as the adrenal glands, mitochondria are  
58 crucial to the production of steroids [1, 2].

59

60 Mitochondrial dysfunction is thought to contribute to a wide range of disorders related to  
61 oxidative stress, such as cardiovascular disease, type 2 diabetes, and neurodegenerative  
62 disorders. Partial occlusion of blood flow leading to local hypoxia is a common feature in  
63 several pathologies which show effects on the mitochondria. Mitochondria consume oxygen  
64 to generate ATP via oxidative phosphorylation, producing reactive oxygen species (ROS) as

65 a by-product. Oxygen variability can lead to oxidative stress when there is a  
66 disproportionately high production of ROS in comparison to antioxidants [3, 4].  
67 Mitochondria are susceptible to damage by these free radicals, which may result in alterations  
68 in their structure and function [5].  
69  
70 Pregnancy itself is characterised by increased oxidative stress, which is often heightened in  
71 disorders. Of relevance to this review, increased placental oxidative stress is a feature of  
72 several gestational pathologies including preeclampsia, intrauterine growth restriction  
73 (IUGR), maternal diabetes, and maternal obesity [6]. Preeclampsia and IUGR are associated  
74 with reduced placental perfusion, potentially leading to oxygen deprivation [7]. Placentae  
75 afflicted by maternal diabetes and/or obesity are exposed to a range of insults, including high  
76 glucose and fatty acid levels as well as inflammatory mediators. These insults may lead to  
77 abnormal function of the uteroplacental unit, including impaired placentation [8]. As a  
78 number of pregnancy pathologies share a mutual phenotype of restricted or heightened  
79 variability in placental oxygen supply [9], which is likely to alter mitochondrial structure and  
80 function [10, 11], placental mitochondria may be aetiologically important in several  
81 pregnancy pathologies.

82  
83 This review details important features of placental mitochondria and summarises evidence on  
84 how placental mitochondria are affected in a range of pregnancy disorders. Gaining a greater  
85 appreciation of mitochondrial content, structure, and function in the placenta provides an  
86 opportunity to explore interventional avenues.

87

## 88 **2. Mitochondria reactive oxygen species**

89

90 Oxidative stress mediated by ROS is a common feature of several gestational disorders.  
91 Mitochondria are the main sites of ROS generation, and are also susceptible to ROS-mediated  
92 damage. The generation of ROS result from the transfer of a single electron from a redox  
93 donor to molecular oxygen, yielding superoxide which can be converted to hydrogen  
94 peroxide by superoxide dismutase. This often occurs when oxygen reacts with electrons  
95 generated by complex I and III but can also occur at complex II of the electron transport  
96 chain [12]. Approximately 0.15–4% of oxygen in mitochondria produces ROS [13].  
97 Hydrogen peroxide can alter protein structure and function through altering the redox state of  
98 thiol moieties in sensitive proteins [14]. The amount of ROS produced is dependent on  
99 mitochondrial characteristics such as activity level and dynamics as well as the type and  
100 amount of available fuel (carbohydrate, lipid, or amino acid) [15].

101

102 The production of ROS is physiological and ROS regulate many cellular functions including  
103 autophagy, anti-microbial effects, and act as signalling molecules in many pathways  
104 including cellular differentiation and inflammation [16]. ROS production also regulates  
105 mitochondrial fission and fusion in healthy cells, providing a mechanism that regulates  
106 mitochondrial morphology and function that is dependent on the redox state [17]. Excessive  
107 ROS production can, however, be detrimental to cellular function, causing oxidative damage  
108 to DNA, proteins and (membrane) lipids, which is associated with hypertension and insulin  
109 resistance [5]. Chronic oxidative stress can also lead to changes characteristic of senescence,  
110 and senescence of the syncytiotrophoblast may be a feature of the normal progression of  
111 pregnancy which is exaggerated in pathologies [18]. In the endothelium, excessive ROS  
112 production can affect vasodilation through the inhibition of the expression and function of  
113 endothelial nitric oxide synthase [19]. This regulatory effect of ROS on vasodilation may be  
114 involved in the pathogenesis of preeclampsia [20].

115

**116 3. Mitochondrial regulation of apoptosis**

117

118 Mitochondria are key signalling organelles due to their responsiveness to the metabolic  
119 functioning of the cell. The interactions between mitochondria and the endoplasmic reticulum  
120 are critical to cell homeostasis and signalling (reviewed by [18]). Mitochondria can initiate  
121 apoptosis by the release of mitochondrial intermembrane space proteins such as cytochrome c  
122 into the cytoplasm through mitochondrial membrane permeabilization or rupture [21]. An  
123 early event in the initiation of apoptosis is the opening of the mitochondrial permeability  
124 transition pore and subsequent swelling of the mitochondrial matrix leading to rupture [21].

125

126 Swelling of mitochondria characteristic of apoptosis has been reported in isolated  
127 preeclamptic placental mitochondria [22] and similar morphological alterations of placental  
128 mitochondria are found in instances of gestational diabetes mellitus (GDM) [23]. Further,  
129 mitochondrial size appears to be reduced in preeclampsia [24], and the levels of many  
130 apoptotic proteins are altered in preeclamptic placentae [25]. In vivo or in vitro treatments  
131 with preeclampsia-associated factors have been shown to alter placental mitochondria and  
132 potentially lead to some of the perturbations seen in preeclampsia. An increase in soluble  
133 fms-like tyrosine kinase 1 (sFlt-1) is found in the maternal circulation in preeclampsia, and is  
134 thought to be involved in the inhibition of angiogenesis by reducing the circulating levels of  
135 proangiogenic factors such as vascular endothelial growth factor [26]. The administration of  
136 sFlt-1 to pregnant mice led to features characteristic of preeclampsia (hypertension and  
137 proteinuria), as well as increased oxidative stress, swollen mitochondria, and increased  
138 apoptosis in the placentae [27]. The authors suggest that sFlt-1 is involved in increased  
139 oxidative stress and the activation of the mitochondrial apoptotic pathway [27].

140 Antiphospholipid antibodies (aPLs) are an important maternal predisposing factor for the  
141 development of preeclampsia, although their mechanism of action is not well understood [28-  
142 30]. c [31]. In vitro studies have demonstrated that aPLs are internalised by the  
143 syncytiotrophoblast and lead to multiple effects on syncytiotrophoblast mitochondria,  
144 including increased release of cytochrome c, depressed respiration, and changes in the  
145 expression of mitochondrial/apoptotic proteins [29]. Therefore, aPLs may primarily affect  
146 placental mitochondria, leading to the aberrant placental cell death and subsequent maternal  
147 immune activation that is characteristic of preeclampsia [32]. Further, rats exposed to a food-  
148 restricted diet exhibited increased expression of pro-apoptotic proteins and cytochrome c  
149 release, indicating that maternal undernutrition also enhances mitochondria-dependent  
150 apoptosis in the placenta [33]. Therefore, multiple perturbations can lead to dysfunction of  
151 placental mitochondria and the induction of apoptosis.

152  
153 It should be noted that although the role of mitochondria in apoptosis is well characterised in  
154 many tissues, the progression of apoptosis in the syncytiotrophoblast is not fully understood.  
155 The syncytiotrophoblast lacks cell borders, and it has been suggested that apoptosis cannot  
156 progress in a syncytium as in mononuclear cells because of the danger of continued  
157 uncontrolled cell death [18]. The pro-apoptotic proteins, p53, BCL2 associated X apoptosis  
158 regulator, and cytochrome c, have been reported to be decreased in syncytiotrophoblast  
159 mitochondria relative to the cytotrophoblast mitochondria from which they are derived [34].  
160 Further, apoptosis is an active process requiring energy, and syncytiotrophoblast  
161 mitochondria appear to have reduced metabolic efficacy and ATP production [34]. Therefore,  
162 mitochondria in the syncytiotrophoblast may not regulate apoptosis in the same manner as  
163 other cell lineages.

164



**165 4. Mitochondrial content**

166

167 Cells contain multiple mitochondria arranged in a dynamic interconnected reticulum. The  
168 mitochondrial content or mass in cells is plastic and able to respond to a wide variety of  
169 stimuli such as caloric restriction, increased energy demands, and various disease states [35-  
170 38]. In the placenta, pregnancy pathologies related to placental insufficiency including IUGR  
171 and preeclampsia, as well as maternal diabetes and obesity, are associated with changes in  
172 mitochondrial content (Table 1). Further, levels of mtDNA in the maternal circulation can be  
173 increased in preeclampsia and placental abruption, and this material is likely to be derived  
174 from the placenta [39, 40]. A common feature of these conditions is increased oxidative  
175 stress. Hypoxic conditions are thought to occur in IUGR due to placental insufficiency and  
176 the subsequent reduction in placental blood flow [41]. Hypoxic stress can stimulate  
177 mitochondrial biogenesis and lead to increased mitochondrial content [11, 42, 43]. This  
178 protective mechanism may help meet metabolic demands by increasing the bioenergetic  
179 capacity of the tissue. Lower pO<sub>2</sub> levels have been found in both the umbilical vein and artery  
180 in IUGR, indicative of a hypoxic fetal environment [44].

181

182 Mitochondrial content was found to be decreased or increased in the same pregnancy  
183 pathology by different studies (Table 1). In cardiac tissue, decreased mitochondrial content  
184 has been linked to ischemic insult and related tissue damage [45]. Conversely, increased  
185 mitochondrial content has been associated with hypoxia and oxidative stress in cardiac,  
186 pulmonary, hepatic, and neuronal cells [42, 46, 47]. In pathologies, proliferation of  
187 mitochondria is thought to occur as a compensatory mechanism for the disruption of cellular  
188 bioenergetics [42, 48]. However, increased placental mitochondrial ROS may directly  
189 damage mtDNA, thus inhibiting the adaptive biogenesis of the self-replicating mitochondria

190 and reducing respiratory activity [49]. The apparent differences in response within the same  
191 pathologies may be linked to the severity or timing of the insult and the subsequent ability of  
192 the tissue to adapt through increased mitochondrial content. Either increased or decreased  
193 mitochondrial biogenesis could occur in an attempt to maintain normal fetal growth, with the  
194 effect depending on whether there is a compensatory response to increase energy output in  
195 nutritionally perturbed environments [44, 50, 51]. Vishnyakova et al. (2016) found increased  
196 placental mitochondrial content (mtDNA relative to nDNA) in early-onset but not late-onset  
197 preeclampsia, suggesting that the different pathophysiology leads to differences in  
198 mitochondrial response [52].

199

200 In the majority of placental investigations, tissue as a whole has been considered. However,  
201 mitochondria within different cell lineages often have distinct functions and are likely to  
202 respond differently to stimuli. In particular, mitochondria within two of the major placental  
203 cell types, cytotrophoblasts and the syncytiotrophoblast, have very different structure and  
204 roles [34, 53]. Further, the antioxidant capacity of different regions of the placenta is varied,  
205 meaning that their ability to respond to hypoxia/reperfusion will be different [54]. In IUGR,  
206 Mando et al. (2014) found increased mitochondrial content in whole tissue but decreased  
207 content in cytotrophoblasts, indicating that the increased placental mitochondrial content is  
208 due to other cell lineages. The syncytiotrophoblast is in direct contact with maternal blood  
209 and has been suggested to be the cell type most affected in IUGR and preeclampsia [55]. The  
210 syncytiotrophoblast possess low levels of antioxidant enzymes, and mitochondria with  
211 reduced membrane potential and increased hydrogen peroxide production compared to the  
212 cytotrophoblasts which fuse to form the syncytiotrophoblast [34, 54]. Therefore,  
213 syncytiotrophoblast mitochondria may be more affected by hypoxia/reperfusion and could be

214 the source of the increased mitochondrial content; however, the mechanisms regulating  
215 mitochondrial dynamics in the syncytiotrophoblast are not well characterised.

216

217 Mitochondrial biogenesis is controlled by multiple transcription factors which include nuclear  
218 respiratory factor 1 (NRF1), mitochondrial transcription factor A (TFAM), B1 (TFB1M), and  
219 B2 (TFB2M) (Figure 2). In addition, the co-activator peroxisome proliferator activated  
220 receptor  $\gamma$  coactivator-1 alpha (PGC-1 $\alpha$ ) is an important stimulator of mitochondrial  
221 transcription. PGC-1 $\alpha$  stimulates mitochondrial biogenesis through the induction of NRF1,  
222 which in turn increases TFAM. Mitochondrial transcription factors TFB1M and TFB2M also  
223 interact with TFAM and mitochondrial RNA polymerase to support transcription [56].  
224 Several studies have linked mitochondrial biogenesis transcription factors to placental  
225 mitochondrial content or pathology. In placentae with IUGR and/or preeclampsia where  
226 mitochondrial content was reduced, mRNA expression of PGC-1 $\alpha$  and NRF1 was also  
227 decreased [51, 57]. Where IUGR was shown to increase mitochondrial content, NRF1  
228 expression was also increased [51]. Further, maternal caloric restriction in a rodent IUGR  
229 model leads to increased placental mitochondria content and the upregulation of biogenesis  
230 markers [58], whereas PGC-1 $\alpha$  appears to be decreased in the placentae of rats subjected to  
231 reduced uterine perfusion pressure [59].

232

233 The regulation of mitochondrial dynamics occurs through mitochondrial biogenesis, and  
234 continuous cycles of fission and fusion. These processes are thought to target  
235 damaged/depolarized mitochondria for autophagy [60]. Vishnyakova et al. (2016) reported  
236 increased mitochondrial content in preeclamptic placentae without increased NRF1, as well  
237 as lower TFAM protein expression. However, there was a significant increase in the  
238 mitochondrial fusion regulator, optic atrophy 1 mitochondrial dynamin like GTPase (OPA1),

239 suggesting mitochondrial fusion as a mechanism for increased content, potentially by  
240 stabilisation of mitochondrial structures [52]. Indeed, overexpression of OPA1 protects from  
241 ischemia in the heart and brain, and ROS production, cytochrome c release, and apoptosis  
242 [61].

243

## 244 **5. Syncytiotrophoblast mitochondria**

245

246 As well as generating cellular energy in the form of ATP from oxidative phosphorylation,  
247 mitochondria are important in the synthesis of steroid hormones (reviewed in the placenta by  
248 [2]). In the human placenta, the syncytiotrophoblast forms the interface between maternal and  
249 fetal systems. Progesterone synthesised by the syncytiotrophoblast from maternally-derived  
250 cholesterol is central to the establishment and maintenance of the pregnancy. Progesterone  
251 functions in modulation of the endometrium and maternal immune response to fetal factors,  
252 and decreased progesterone levels are associated with spontaneous abortion/miscarriage [62].  
253 The multinucleate syncytiotrophoblast is formed by the fusion of underlying mononuclear  
254 cytotrophoblasts. During differentiation into the syncytiotrophoblast, mitochondria appear to  
255 become highly specialised for steroidogenesis.

256

257 The production of progesterone requires the transport of cholesterol to the mitochondria and  
258 cleavage of the cholesterol side-chain. Unlike the mitochondria of cytotrophoblasts,  
259 syncytiotrophoblast mitochondria contain high levels of cytochrome P450<sub>scc</sub> [53], which is  
260 responsible for the conversion of cholesterol into pregnenolone in the inner mitochondrial  
261 membrane. Therefore, mitochondria acquire steroidogenic ability during the formation of the  
262 syncytiotrophoblast. Steroidogenesis requires mitochondrial contact sites involving multi-  
263 protein systems, where outer and inner membranes are in close proximity. In other

264 steroidogenic tissues (e.g. adrenal glands and gonads), intracellular transport of cholesterol to  
265 the mitochondria is regulated via the mitochondrial sterol carrier protein steroidogenic acute  
266 regulatory protein (StAR) [1, 2]. StAR is not expressed in the placenta and it has been  
267 suggested that the regulation of steroidogenesis is through the structurally-related protein  
268 StAR related lipid transfer domain containing 3 (STARD3; MLN64) [1, 2, 53]. In addition,  
269 the mitochondrial heat shock protein (HSP) HSP60 has been shown to associate with  
270 STARD3 in the placenta and may participate in steroidogenesis [63]. HSP have known  
271 functions in the cellular response to stress, often as chaperones; however, HSP can have  
272 additional roles. Antibodies against HSP60 are associated with various autoimmune  
273 conditions and increased serum cholesterol in atherosclerosis, indicating that HSP60 may  
274 have a role in cholesterol transport [63-65]. Therefore, cholesterol transport in placental  
275 mitochondria appears to utilise tissue-specific systems.

276  
277 Syncytiotrophoblast mitochondria are smaller and more irregular in shape than those of the  
278 cytotrophoblasts, and also have atypical cristae morphology (Figure 3), potentially through  
279 reduced dimerization of ATP synthase which helps to form mitochondrial architecture [53,  
280 66]. It has been suggested that these morphological changes are related to steroidogenesis, as  
281 cholesterol could be more efficiently transported to P450<sub>scc</sub> in the inner mitochondrial  
282 membrane in smaller mitochondria [66].

283  
284 Syncytiotrophoblast mitochondria have been reported to have a reduced coupling control of  
285 oxidative phosphorylation to ATP production in comparison to cytotrophoblast mitochondria,  
286 as well as reduced cardiolipin content, which is important in efficient oxidative  
287 phosphorylation [34]. Syncytiotrophoblast mitochondria also have reduced membrane  
288 potential and increased levels of hydrogen peroxide [34]. P450<sub>scc</sub>, which is present in high

289 levels in the syncytiotrophoblast, is involved in superoxide generation and may be source of  
290 oxygen radicals in syncytiotrophoblast mitochondria [34, 67].

291

292 The fusion of cytotrophoblasts into a syncytium is linked to early stages of the apoptotic  
293 cascade, with apoptosis-related proteins such as caspase 8 required for fusion [68].

294 Regulation of the progression of the apoptotic cascade appears to occur at the mitochondrial

295 level and involve members of the anti-apoptotic BCL2 family [69]. There is also evidence

296 that mitochondria are directly involved in the differentiation of cytotrophoblasts into the

297 syncytiotrophoblast. In primary villous cytotrophoblasts, inhibition of the mitochondrial

298 respiratory chain leads to a decrease in cell fusion and hormone production (human chorionic

299 gonadotropin and leptin). Lactate production also appears to be transiently increased during

300 cytotrophoblast differentiation, suggesting that anaerobic metabolism is important during

301 differentiation [70].

302

## 303 **6. Mitochondria in preeclampsia and intrauterine growth restriction**

304

305 Preeclampsia is a hypertensive disorder of pregnancy characterised by maternal endothelial

306 dysfunction. Both preeclampsia and IUGR are associated with reduced/intermittent placental

307 perfusion and increased oxidative stress [3, 71]. As detailed earlier in this review,

308 preeclampsia and IUGR can lead to changes in placental apoptosis, mitochondrial

309 fission/fusion, and mitochondrial content (Table 1). Additionally, proteomic analysis of

310 placental tissue from preeclamptic pregnancies shows the involvement of multiple

311 mitochondrial-related functions including the tricarboxylic acid cycle, electron transport

312 chain, fatty acid oxidation, ATP binding,  $\text{Ca}^{2+}$  binding, apoptosis, HSP70, and the

313 mitochondrial antioxidant protein peroxiredoxin III/SP-22 [22, 71-73]. The mitochondria of

314 preeclamptic placentae also exhibit swelling and damaged cristae, as well as reduced  
315 expression/activity of mitochondrial complexes and ATP synthase [74-76]. A reduction in  
316 electron flow through complex III and possible damage to other complexes may contribute to  
317 the excess ROS production seen in preeclampsia [74]. Mitochondrial respiration is increased  
318 in early-onset preeclampsia and these mitochondria are also less sensitive to  $\text{Ca}^{2+}$   
319 depolarization, suggesting an adaptive response to oxidative stress [52].  $\text{Ca}^{2+}$  levels are  
320 important in cellular homeostasis and  $\text{Ca}^{2+}$  is a critical signalling molecule between  
321 mitochondria and the endoplasmic reticulum [18]. Preeclampsia has been with associated  
322 alterations in intracellular  $\text{Ca}^{2+}$  which may affect apoptosis in the placenta [76]. IUGR  
323 independent of preeclampsia leads to changes in mitochondrial content (Table 1), and also  
324 increased mitochondrial respiration in cytotrophoblasts [51]. Maternal food restriction  
325 resulting in fetal growth retardation can lead to changes in placental mitochondrial proteins,  
326 and mitochondria from these placentae have increased oxygen consumption but fail to  
327 maintain ATP production [58].

328

## 329 **7. Mitochondria in maternal diabetes**

330

331 High circulating glucose concentrations in maternal diabetes, which includes both pre-  
332 existing diabetes and GDM, may adversely impact on placental function. In individuals with  
333 diabetes, there are ample studies reporting alterations in mitochondrial content, respiratory  
334 function, and complex activity in non-gestational tissues. However, studies examining  
335 specific mitochondrial changes in the placenta are limited. In whole placentae from women  
336 with type 1 diabetes, activity of complexes I and III were reduced and, in type 2 diabetes,  
337 combined activity of complexes II and III were reduced [49]. In the same study, the level of  
338 mitochondrial hydrogen peroxide in placentae was elevated in type 1 diabetes only. This

339 aligns with the reductions seen in complex I activity, in being a major source of ROS  
340 production. Placental mitochondrial content remained unaffected in both types of diabetes,  
341 which differs from previous studies in other gestational pathologies, including reduced  
342 mtDNA in preeclampsia and IUGR [51] (Table 1). Previously, Qiu et al. reported that  
343 placental mtDNA copy number was positively associated with a marker of oxidative stress, 8-  
344 hydroxy-2'-deoxyguanosine, in both uncomplicated and GDM pregnancies [77]. There was  
345 no difference in this relationship between non-GDM and GDM placentae, but this study was  
346 carried out in only 40 women and may have been underpowered. In villous tissue from GDM  
347 pregnancies, the expression of mitochondrial complexes was also significantly reduced, but  
348 varied depending on whether women had been treated with diet alone or either insulin or  
349 glyburide [78]. Regardless of treatment, protein expression of PGC1 $\alpha$ , the master regulator of  
350 mitochondrial biogenesis, and PPAR $\gamma$ , an important regulator of fatty acid oxidation, were  
351 reduced in placentae from these women with GDM. In a study that examined placental  
352 ultrastructure from 10 women with GDM, mitochondria were found to be swollen or  
353 completely destroyed, and architecturally disrupted [23]. In rats rendered mildly diabetic,  
354 using streptozotocin prior to mating, an increase in mitochondrial membrane fluidity was  
355 observed in placental tissue, along with increases in the ratio of unsaturated to saturated fatty  
356 acids [79]. This was associated with an increase in both placental and fetal weights; however,  
357 a direct cause and effect relationship remains to be tested. Indeed, in humans, placental lipid  
358 metabolism is known to be altered in maternal diabetes [80], but larger cohort studies are  
359 required to clarify the association between placental mitochondrial content, structure, and  
360 function, and adverse fetal outcomes.

361

## 362 **8. Mitochondria in obesity**

363



364 Obesity is associated with excess circulating fatty acids, which can affect placental  
365 mitochondrial function [81]. Mitochondrial content, as measured in mitochondrial DNA  
366 amount, is decreased in placentas from obese women, although when measured by citrate  
367 synthase activity, is unaltered [49]. This suggests that despite a lower mitochondrial number,  
368 the oxidative capacity of the mitochondria to produce ATP remains the same.

369

370 The lower mitochondrial content is, however, associated with lower complex I (but not  
371 complex II, III, or IV) activity but higher mitochondrial ROS production [49]. Placental  
372 villous tissues from overweight and obese women have a 6 and 14-fold increase in ROS  
373 production [82] and to a similar extent in male and female offspring. Placental cellular ATP  
374 production, a marker of mitochondrial function, decreases with maternal obesity [82]. This  
375 may be due to decreased placental mitochondrial content as well as reduced expression of  
376 complex I–IV, and this is associated with a decrease in mitochondrial function as measured  
377 by respiration [82]. Similarly, in the placental cell line Swan 71, incubation with palmitate  
378 stimulates overall cellular ROS production as well as mitochondrial ROS production  
379 resulting in reduced secretion of IL-1 $\beta$ , IL-6, and IL-8 [81]. The increases in mitochondrial  
380 ROS production in obesity may result in damaged mitochondrial DNA and thereby decreased  
381 mitochondrial content. Placental mitochondrial content and function have high inter-  
382 individual variability in both lean and obese women [49] whilst unclear, (epi)genetic make-  
383 up, infant gender, and levels of insulin resistance could contribute to the variability.

384

## 385 **9. Conclusion**

386

387 Mitochondria are critical to cellular viability, and mitochondrial function can be disturbed by  
388 variability in oxygen supply. Reduced/intermittent blood flow to the placenta resulting in

389 oxidative stress is thought to be a common feature of several pregnancy complications, and  
390 this oxidative stress is likely to affect placental mitochondria. Indeed, placental mitochondrial  
391 function is altered in a number of pregnancy disorders. Whilst the majority of studies  
392 observed an increase in oxidative stress, the subsequent mitochondrial damage, mitochondrial  
393 bioenergetics, and adaptive responses varied even within the same pathology. Although the  
394 pathophysiology underlying various gestational disorders may be different, alterations in  
395 mitochondrial function and structure are a common terminal pathway and may offer avenues  
396 for the development of therapeutics. However, the mechanisms controlling the mitochondrial  
397 response to stress are complex and require further investigation.

398

#### 399 **Conflicts of interest**

400

401 The authors have no conflicts of interest to declare.

402

#### 403 **Acknowledgements**

404

405 This review was generated as part of the Queensland Perinatal Consortium Inaugural  
406 Conference held on July 15th 2016 in Brisbane, Queensland Australia. The conference was  
407 supported by an Intra-Faculty Collaborative Workshop grant from the Faculty of Medicine  
408 and Biomedical Sciences, The University of Queensland.

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626

627 **Table 1. Changes in placental mitochondrial content in pregnancy pathologies.**

Pathology	Results	Publication
IUGR	Increased	Lattuada et al. (2008) [44]
IUGR + PE	Increased	
IUGR	Decreased	Poidatz et al. (2015) [57]
IUGR + PE	Decreased	
IUGR (whole tissue)	Increased <sup>1</sup>	Mando et al. (2014) [51]
IUGR (cytotrophoblasts)	Decreased <sup>1</sup>	
PE	No change	
PE	Increased	Wang et al. (1998) [73]
PE	Decreased	He et al. (2004) [83]
PE (+IUGR) <sup>2</sup>	Increased	Vishnyakova et al. (2016) [52]
GDM	No Change	Qiu et al. (2013) [84]
Type I DM	No Change	Hastie et al. (2014) [49]
Type II DM	No Change	
Maternal obesity	Decreased	
Maternal obesity	Decreased	Mele et al. (2014) [82]

628 <sup>1</sup>Mando et al. (2014) found increased mitochondrial content in whole tissue but decreased  
629 mitochondrial content in isolated cytotrophoblasts

630 <sup>2</sup>IUGR reported in 61% of early onset PE and 27% of late onset PE

631 IUGR=intrauterine growth restriction; PE=preeclampsia; DM=diabetes mellitus;

632 GDM=gestational diabetes mellitus

633



634

635 **Figure 1. Model of mitochondrial regulation.** Mitochondria form an interconnected  
636 network which is broken apart and reformed by the opposing forces of fission and fusion.  
637 Mitochondria with low membrane potential are targeted for mitophagy (a specialised form of  
638 autophagy targeting mitochondria), mitochondria with high membrane potential are more  
639 likely to fuse with other mitochondria. This balance allows the maintenance of a healthy pool  
640 of mitochondria with high membrane potential. If a large proportion of mitochondria are  
641 depolarised, this may lead to opening of the mitochondrial transition pore, release of inner  
642 membrane components such as cytochrome c, and apoptosis.  $\Delta\Psi_m$ =mitochondrial membrane  
643 potential.

644

645

646 **Figure 2. Control of mitochondrial biogenesis.** Mitochondrial biogenesis is regulated by  
647 coordination of the nuclear and mitochondrial genomes. Upregulation of *NRF1* leads to  
648 production of TFAM, TFB1M and TFB2M which signal replication of the mitochondrial  
649 genome. NRF1=nuclear respiratory factor 1; TFAM=mitochondrial transcription factor A;  
650 TFB1M=mitochondrial transcription factor B1; TFB2M=mitochondrial transcription factor  
651 B2; mtDNA=mitochondrial DNA; D-loop=displacement loop.

652

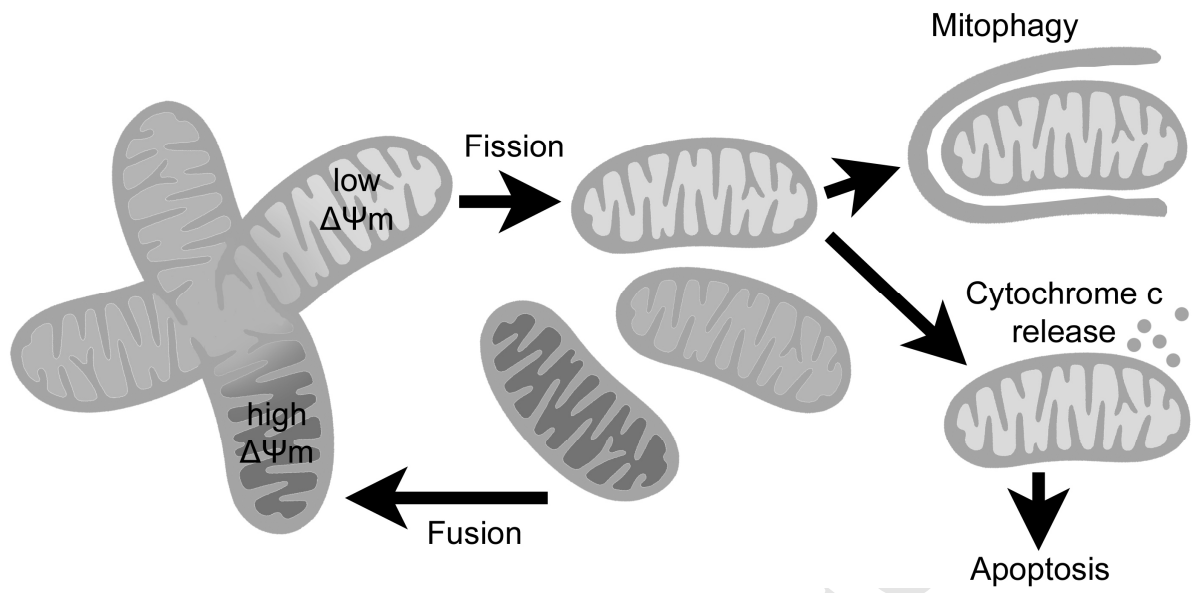
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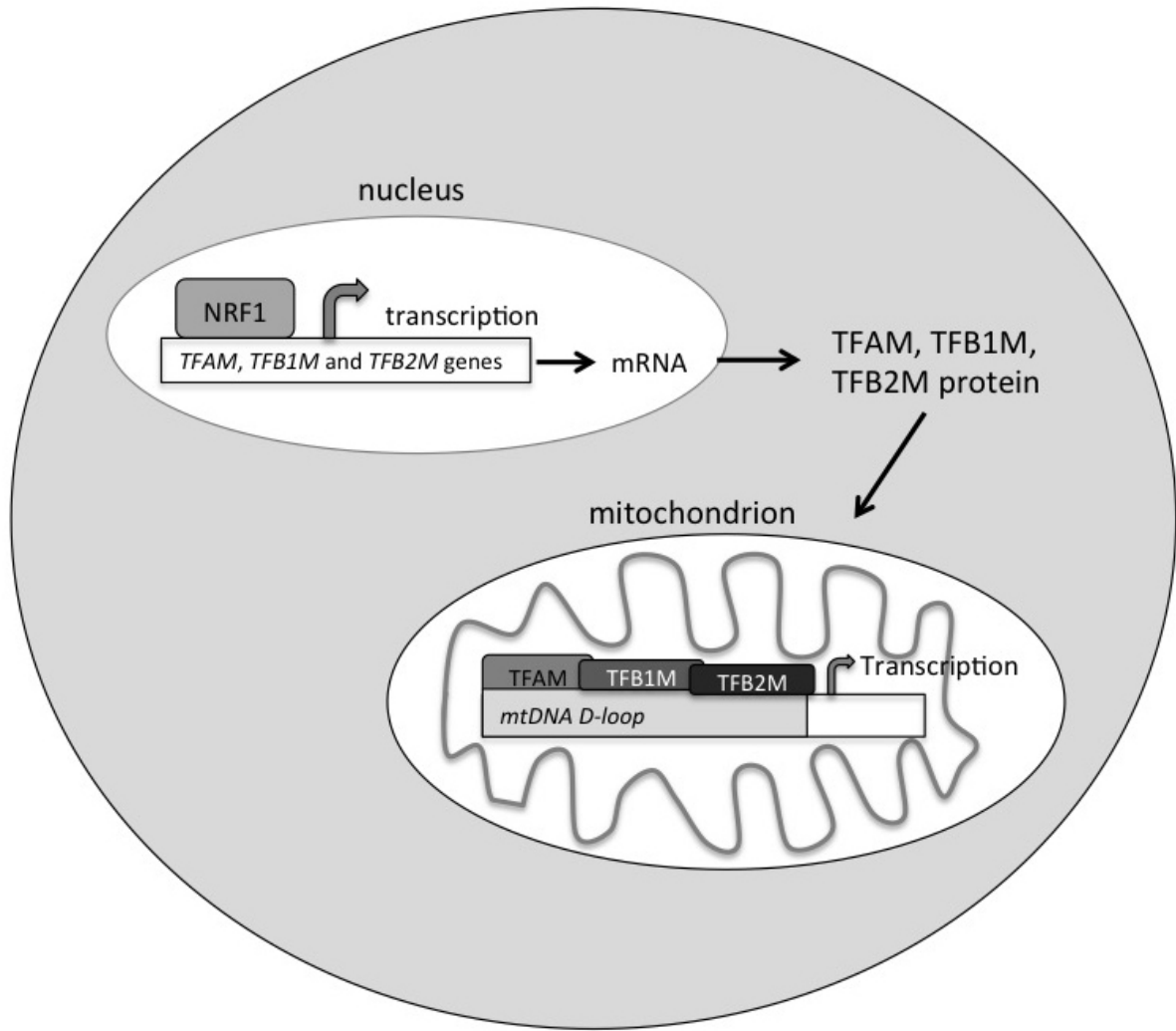
654 **Figure 3. Syncytiotrophoblast and cytotrophoblast mitochondria.** (A) Cartoon derived  
655 from published electron microscopy images [53, 66] depicting general structural features of  
656 mitochondria from the syncytiotrophoblast and cytotrophoblasts. (B) Mitochondria with the  
657 syncytiotrophoblast are small, and have a non-classical vesicular cristae structure and dense  
658 matrix. (C) Mitochondria with cytotrophoblasts are relatively larger than syncytiotrophoblast  
659 mitochondria and have a more typical cristae structure.

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**Syncytiotrophoblast****Cytotrophoblasts**