

1 **A microRNA negative feedback loop downregulates vesicle transport and inhibits fear**
2 **memory**

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34 **Abstract**

35 The SNARE-mediated vesicular transport pathway plays major roles in synaptic remodeling
36 associated with formation of long-term memories, but the mechanisms that regulate this pathway
37 during memory acquisition are not fully understood. Here we identify miRNAs that are up-
38 regulated in the rodent hippocampus upon contextual fear-conditioning and identify the vesicular
39 transport and synaptogenesis pathways as the major targets of the fear-induced miRNAs. We
40 demonstrate that miR-153, a member of this group, inhibits the expression of key components of
41 the vesicular transport machinery, and down-regulates Glutamate receptor A1 trafficking and
42 neurotransmitter release. MiR-153 expression is specifically induced during LTP induction in
43 hippocampal slices and its knockdown in the hippocampus of adult mice results in enhanced fear
44 memory. Our results suggest that miR-153, and possibly other fear-induced miRNAs, act as
45 components of a negative feedback loop that blocks neuronal hyperactivity at least partly
46 through the inhibition of the vesicular transport pathway.

47

48 **Introduction**

49 It is widely believed that the formation of stable memories involves changes in the strength of
50 synaptic connections between neurons that are activated during learning (Greer and Greenberg,
51 2008; Kandel, 2001; Lynch, 2004). At the cellular level, sensory experience results in altered
52 neurotransmitter release at the synapse, which triggers membrane depolarization and calcium
53 influx into individual neurons. This action initiates a cascade of downstream events including the
54 activation of protein kinases, redistribution of neurotransmitter receptors, and induction of
55 changes in gene expression, which together lead to stable changes in synaptic strength (Flavell
56 and Greenberg, 2008; Malinow and Malenka, 2002; Sutton and Schuman, 2006). Although great
57 progress has been made in describing how neuronal activation triggers downstream events, how
58 the various induced pathways work together to coordinate changes at the synapse remains
59 unknown.

60 Neuronal activation is associated with both transcriptional and post-transcriptional
61 changes in gene expression that are required for modulation of synaptic plasticity. The role of *de*
62 *novo* transcription and the functions of several families of transcription factors such as CREB,
63 C/EBP β , Egr1, AP1, and Rel1 in synaptic plasticity and memory formation have been
64 extensively studied (Alberini and Kandel, 2015). On the other hand, microRNAs (miRNAs) have
65 emerged as a major class of regulators that act at the post-transcriptional level and control the
66 expression of numerous target genes (Bartel, 2009). Hundreds of miRNAs have been identified
67 in mammalian genomes (Bartel, 2004; Lewis et al., 2003), many of which are expressed in
68 neurons (Bartel, 2009; Friedman et al., 2009; Gaidatzis et al., 2007; Kozomara and Griffiths-
69 Jones, 2014; Krek et al., 2005; Lewis et al., 2005; Lim et al., 2005). Neuronal miRNAs play
70 major roles in regulation of synaptic development and plasticity, and have been identified as

71 components of regulatory pathways that modulate memory formation (McNeill and Van Vactor,
72 2012). For example, mouse miR-134 inhibits the expression of CREB, a key transcriptional
73 regulator of genes involved in synaptic plasticity, and modulates synapse morphology by
74 inhibiting the expression of LimK1 protein kinase (Gao et al., 2010; Schratt et al., 2006).

75 Recent studies have also identified activity-dependent changes in miRNA levels during
76 memory formation. In one study, distinct populations of miRNAs that are up-regulated in the
77 CA1 region of the hippocampus at early (1-3 hours) and late (24 hours) times after contextual
78 fear-conditioning were identified and were proposed to positively regulate memory formation by
79 increasing protein synthesis through de-repression of mTOR activity (Kye et al., 2011). In
80 another study, miR-132 was found to be upregulated in the hippocampus upon induction of
81 seizure or contextual fear-conditioning 45 min after training (Nudelman et al., 2010). However,
82 the precise roles of activity-induced miRNAs in the hippocampus *in vivo* remain to be
83 elucidated. Multiple hippocampal regions, in addition to the CA1, have been identified with the
84 acquisition of different types of associative learning (Milner et al., 1998; Rempel-Clower et al.,
85 1996). Studies using selective lesions within the hippocampus have demonstrated that all of the
86 hippocampal regions participate in memory formation following a period of associative learning
87 (Jerman et al., 2006; Kubik et al., 2007; Lee and Kesner, 2004a, b). The hippocampal regions
88 with roles in formation of memory associated with contextual fear conditioning are highly
89 interconnected and may have distinct functions during memory formation. However, previous
90 studies have not analyzed fear-conditioning induced changes in miRNA levels in the dentate
91 gyrus region, which is also critical for the formation of memories associated with contextual fear
92 conditioning.

93 We therefore aimed to identify fear conditioning-induced changes in the levels of miRNAs

94 in the hippocampus, including the dentate gyrus region. Using a global expression profiling
95 approach, we identified 21 miRNAs that are upregulated in the hippocampus of adult rats 24
96 hours after contextual fear conditioning. Four of these miRNAs are specifically induced as a
97 result of associative learning and 12 are predicted to downregulate targets that are involved in
98 vesicle exocytosis and synaptic plasticity processes. One of the miRNAs belonging to both above
99 categories, miR-153, is transcriptionally induced, specifically in the dentate gyrus of the
100 hippocampus, after contextual fear conditioning. We used a combination of *in vitro* and *in vivo*
101 approaches to determine the role of miR-153 in both synaptic plasticity and long-term memory
102 formation. Consistent with its induction pattern *in vivo*, in hippocampal brain slices miR-153 is
103 specifically induced upon LTP induction in the dentate gyrus. Knockdown of miR-153 in the
104 dentate gyrus results in more robust fear memory, suggesting that it plays a negative role in the
105 regulation of synaptic strength. Consistent with this observation, overexpression of miR-153 in
106 cultured hippocampal neurons reduces spine volume. Finally, consistent with the ability of miR-
107 153 to suppress the expression of components of the SNARE-mediated vesicle exocytosis
108 pathway, such as VAMP-2, and in support of a role for miR-153 as a negative regulator of
109 synaptic plasticity, we discovered that overexpression of miR-153 suppresses the delivery of the
110 AMPA receptors to the synapse in cultured neurons. Our findings suggest that miR-153 is a
111 negative feedback regulator that is transcriptionally induced after contextual fear conditioning to
112 downregulate changes that lead to increased synaptic strength. Furthermore, our bioinformatics
113 analysis of the targets of the 21 fear-induced miRNAs, together with the validation of these
114 targets for one member of the group, suggests that down regulation of the vesicular transport
115 pathway, which has previously been shown to be critical for synaptic remodeling, is a major
116 component of the network of activity-induced changes in neurons.

117 **Results**

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120 **Identification of Fear-Induced miRNAs**

121 To identify miRNAs that may function in formation of long-term memory, we performed
122 expression profiling of miRNAs in the hippocampus of adult rats that were trained with the
123 contextual fear conditioning paradigm (Fanselow, 1980). Adult female rats were trained with
124 three foot shocks in a training chamber. We reasoned that miRNAs that are important for long-
125 term memory may exhibit increased expression 24 hours after behavioral training had ceased.
126 Although the distinct temporal phases or processes that take place during memory formation
127 continue for several days, the transcription-dependent phase is relatively brief and is completed
128 within 48 hours after training (Alberini, 2011). Animals were therefore sacrificed 24 hours after
129 training and the hippocampus was dissected (Figure 1A). We isolated RNA from 18 hippocampi,
130 prepared independent samples with pools of RNA from three trained or naïve animals, and using
131 a miRNA microarray, identified 21 miRNAs that displayed at least 1.5-fold up-regulation in the
132 hippocampus from trained rats compared to naïve rats in three biological replicates (Figure 1B;
133 Figure 1- figure supplement 1).

134 To gain insight into the mechanisms by which this group of 21 miRNAs may regulate
135 neuronal phenotype and synaptic transmission, we sought to identify their target mRNAs. Using
136 a combination of the TargetScan, miRBase and microrna target prediction algorithms we
137 identified over 3000 candidate genes (Betel et al., 2008; Griffiths-Jones et al., 2008; Lewis et al.,
138 2005). We further reduced the number of candidates by requiring that the genes be expressed in
139 the brain and possess binding sites for 3 or more of the 21 miRNAs. This strategy resulted in a
140 list of 353 predicted targets (Supplementary file 1A). Network analysis conducted with these
141 genes identified pathways essential to neuronal development, vesicle transport, long-term

142 potentiation and synaptic contact (Figure 1C)(See Experimental Procedures). The vesicle
143 exocytosis pathway emerged as one of the top three enriched networks, with 15 genes out of the
144 40 known components of the pathway identified as predicted targets that could be co-regulated
145 by the 21 miRNAs. Further analysis of the 15 genes identified in this pathway revealed binding
146 sites for 12 of the 21 miRNAs (Supplementary file 1B). These findings suggest that this group of
147 miRNAs may be part of a regulatory network involved in suppressing vesicle exocytosis, a
148 process that is required for neurotransmitter release, insertion of receptors at the synapse, and
149 memory formation. MiR-153 emerged at the top of the list of 12 miRNAs responsible for
150 regulating this group of genes (Figure 1D, E), with 12 potential targets in the vesicle exocytosis
151 pathway. Interestingly 8 of these targets contained binding sites for 3 or more of the 21 fear-
152 induced miRNAs based on our previous analysis (Figure 1D, E). The remaining 4 components of
153 the vesicle exocytosis pathway had potential binding sites for either miR-153 alone, or together
154 with one additional fear-induced miRNA (Figure 1-figure supplement 2). We therefore chose to
155 investigate the possible role of miR-153 in memory formation and regulation of vesicle
156 exocytosis in neurons.

157

158 **MiR-153 is a Learning-induced miRNA**

159 In order to form a long-term memory after contextual fear conditioning training, an animal must
160 learn to associate a specific location (context) with a negative experience (foot shock). Several
161 studies have indicated that contextual fear memory results from learning the context and shock
162 alone, as well as the paired association (Fanselow, 2000) (Frankland et al., 2004). Therefore,
163 distinct components of the animal's experience during contextual fear conditioning could
164 differentially contribute to activation of the 21 fear-induced miRNAs. To determine the effect of

165 the foot shock on miRNA expression, we analyze the expression of the fear-induced miRNAs in
166 the hippocampus of adult rats that were trained with either an immediate shock test or the
167 contextual fear conditioning paradigm (Fanselow, 1980)(Figure 2A). Adult female rats trained
168 with the contextual fear conditioning paradigm were trained with three delayed foot shocks as
169 described above. Rats in the immediate shock group were taken from their home cage, placed
170 into the conditioning chamber, and immediately shocked with three foot shocks (Figure 2A).
171 This behavioral paradigm does not allow the animal to form an associative memory between the
172 context and the foot shock, as indicated by the absence of a freezing response in the immediate
173 shock test group 24 hours after training (Figure 2B)((Fanselow, 1986). Animals were sacrificed
174 24 hours after training and the hippocampus was dissected. We isolated RNA from 9 hippocampi
175 for each naïve, immediate shock (“experience”), and delayed shock (“learning”) groups,
176 prepared independent samples with pools of RNA from three animals in each group (3 biological
177 replicates each containing 3 animals), and using RT-qPCR, analyzed hippocampal miRNA
178 expression levels (Figure 2C-E; Figure 2- figure supplement 1A-B). This analysis revealed three
179 distinct classes of fear-induced miRNAs. Class I miRNAs (miR-153, miR-181a, miR-204, miR-
180 218) were induced only in the delayed shock group, indicating that their increased expression
181 required associated learning (Figure 2C). Class II miRNAs (miR-27b, miR-219, miR-347) were
182 induced in both the immediate and delayed shock groups, but displayed statistically significant
183 higher expression levels in the delayed relative to the immediate shock group, suggesting that
184 they were experience- and learning-induced (Figure 2D). Class III miRNAs (miR-9, miR-9*,
185 miR-29b, and others) displayed increased expression in both the immediate and delayed shock
186 groups, suggesting that they were experience-induced (Figure 2E and Figure 2-figure supplement
187 1A). The majority of the fear-induced miRNAs belong to class III miRNAs, which are likely

188 induced after exposing rats to a novel context and the application of either immediate or delayed
189 shock. Overall these findings reveal distinct classes of fear-induced hippocampal miRNAs, a
190 subset of which is only induced as a result of associative learning and includes miR-153.

191

192 **MiR-153 Levels Increase Specifically in the Dentate Gyrus During Fear Conditioning and** 193 **LTP**

194 To monitor the expression of fear-induced miRNAs in different hippocampal regions, we used
195 quantitative real time PCR (RT-qPCR) on RNA preparations from the dentate gyrus and the
196 CA1/CA3 regions of the hippocampus. We found ~10-fold higher levels of miR-153 expression
197 in the dentate gyrus region of the hippocampus in trained compared to naïve rats but little or no
198 change between trained and naïve animals in the CA1 and CA3 regions (Figure 3A). We also
199 used RT-qPCR to validate elevated expression in the hippocampus of trained rats for several of
200 the other fear-induced miRNAs (Figure 3-figure supplement 1A-E). MiR-204, and to a lesser
201 extent miR-9 and miR-125a were increased in the dentate gyrus; in contrast, miR-338-3p and
202 miR-219-2 were not enriched in that same region, confirming that only specific miRNAs are
203 enriched in the dentate gyrus 24 hours after behavioral training (Figure 3-figure supplement 1A-
204 E).

205 In order to test whether increased miR-153 expression results from increased neuronal
206 activity, we examined how miR-153 levels are affected after stimulation that results in long term
207 potentiation (LTP). LTP in the hippocampus is a lasting form of synaptic plasticity that has been
208 implicated in mammalian learning and memory (Bliss and Collingridge, 1993; Martin et al.,
209 2000). One of the strongest correlations between the properties of behavioral memory formation
210 and LTP is the evidence that each exhibits at least two mechanistically distinct phases of

211 maintenance: an “early” protein synthesis-independent phase that initiates synaptic changes and
212 a transcription and protein synthesis dependent “late” phase that contributes to activity-
213 dependent structural changes (Abraham, 1991; Abraham and Williams, 2003; Matthies et al.,
214 1990; Ostroff et al., 2002; Raymond et al., 2000). To assess whether the expression of miR-153
215 is induced during the maintenance of LTP, we examined perforant path-dentate gyrus LTP (PP-
216 DG LTP) in acute hippocampal slices prepared from adult mice (Figure 3B). To facilitate further
217 *in vitro* and genetic analysis of miR-153, we used mice as an experimental system for these and
218 subsequent experiments. We note that miR-153 is highly conserved in vertebrates, displaying
219 100% sequence identity between rat, mouse, frog, and human (Mandemakers et al., 2013).
220 Extracellular field potentials evoked by perforant path stimulation were recorded in the
221 molecular layer of the dentate gyrus before and after high-frequency stimulation (HFS). LTP was
222 quantified by examining HFS-induced changes in the slope of the field excitatory postsynaptic
223 potential (EPSP) (Figure 3C). Three hours after LTP induction, which is around the beginning of
224 the late phase LTP, the dentate gyrus, and CA3-CA1 regions were isolated and expression of
225 miR-153 was quantified by RT-qPCR. Control regions were isolated from the remaining acute
226 hippocampal slices following 3 hours of incubation in artificial cerebrospinal fluid in the absence
227 of HFS, and expression of miR-153 was quantified by RT-qPCR. Consistent with the fear
228 conditioning results, we observed elevated levels of miR-153 in the dentate gyrus, but not in the
229 CA1-CA3 regions, after 3 hours of PP-DG LTP (Figure 3D), indicating that miR-153 expression
230 is specifically induced in the dentate gyrus region during the late phase of LTP.

231

232 **miR-153 Is Transcriptionally Induced from an Alternative Promoter**

233 To better understand how fear-induced expression of miR-153 may be regulated, we surveyed

234 for changes in chromatin modification patterns associated with active transcription after
235 behavioral training. Histone H3 lysine 36 tri-methylation (H3K36me3) is associated with gene
236 bodies of actively transcribed genes (Li et al., 2007). Of the miRNAs identified in the microarray
237 panel, miR-153 was the only miRNA that showed increased enrichment of H3K36me3 across the
238 coding sequence in trained compared to naïve rats (Figure 4-figure supplement 1A, B). In
239 mammals, miR-153 is located within the 19th intron of *Ptprn2*, a host gene that is conserved
240 among a wide range of phylogenetic taxa (Xu et al., 2010). Analysis of ENCODE H3K4me3
241 ChIP-seq data revealed two sites of enrichment within *Ptprn2* (Consortium, 2012). The first site
242 of enrichment is located at the promoter of *Ptprn2*; the second site of enrichment is located
243 within the gene body, 100 kilobases upstream of the miR-153 coding sequence. Since H3K4me3
244 is generally associated with promoter regions, the second site of enrichment for H3K4me3 within
245 the *Ptprn2* gene body may represent an alternative transcription start site that could
246 independently drive the expression of a miR-153 precursor transcript. To test this hypothesis, we
247 measured RNA expression changes at the *Ptprn2* locus close to its canonical promoter and
248 downstream of the second H3K4me3 peak in trained and naïve animals. We observed low levels
249 of expression close to the *Ptprn2* promoter, which were similar in trained and naïve animals
250 (Figure 4-figure supplement 1C). In contrast, the expression of the transcript downstream of the
251 internal H3K4me3 peak, as assayed for the exon closest to the miR-153 coding sequence,
252 increased 1.4-fold in trained animals (Figure 4-figure supplement 1C), suggesting that miR-153
253 was probably generated by a separate transcriptional unit at the promoter found around the
254 internal H3K4me3 region.

255 In order to gain insight into transcriptional regulation of miR-153, we first identified
256 conditions in mature murine hippocampal cultures under which we could mimic the

257 activity-induced overexpression observed in the hippocampus of trained rats following
258 contextual fear conditioning. We performed a time course using mature murine hippocampal
259 cultures, induced membrane depolarization by KCl, isolated small RNA at various time points,
260 and quantified miR-153 expression by RT-qPCR. Expression of miR-153 was markedly
261 increased 2-3 hours after membrane depolarization was induced with KCl (Figure 4-figure
262 supplement 1D). On the other hand, an increase in the expression of the precursor form of
263 miR-153 was observed 1 hour after membrane polarization, but was reduced to baseline
264 expression levels 2-3 hours after KCl treatment, suggesting that a precursor RNA may be
265 induced rapidly and then processed into mature miR-153 (Figure 4-figure supplement 1E).

266 We then performed chromatin immunoprecipitation (ChIP) assays to gain further insight
267 into how miR-153 transcription is regulated during neuronal activation. We stimulated mature
268 mouse hippocampal neurons with KCl for 3h and then assessed H3K4me3 levels at the promoter
269 region of the host gene, *Ptprn2*, and the alternative promoter identified above, using tiling
270 primers spanning those regions (Figure 4A). H3K4me3 levels were enriched at both promoter
271 regions, however a much greater increase was observed at the internal promoter region compared
272 to the *Ptprn2* promoter (3-fold versus 100-fold) (Figure 4B-C). Additionally, PolII Ser2
273 occupancy and H3K36me3 levels on the gene body of the miR-153 were significantly increased
274 upon KCl stimulation (Figure 4D). Altogether these data suggest that activation of hippocampal
275 neurons leads to miR-153 transcriptional induction from an alternative promoter within the
276 *Ptprn2* host gene.

277 We next used the TRANSFAC database to search for potential transcription factor
278 consensus binding motifs across the entire alternative promoter sequence (Figure 4A). This
279 search uncovered predicted binding sites for CBP/p300, CREB, C/EBP β , and ATF4 at the

280 alternative promoter within the R3 and R5 sequences. We performed ChIP assays to examine
281 possible activity-induced recruitment of each factor to DNA regions spanning H3K4me3
282 enrichment sites. We observed a dramatic increase in activity-dependent binding of each
283 transcription factor following KCl stimulation with greater effects at the alternative promoter
284 relative to the *Ptprn2* promoter (Figure 4E, F). These results suggest that the activity-dependent
285 regulation of miR-153 may be mediated by a group of transcription factors, which have
286 previously been implicated in regulation of activity-dependent transcription in neurons.

287

288 **Knockdown of miR-153 in the Hippocampus Enhances Fear Memory**

289 We next examined the role of miR-153 in memory formation. To achieve this, we inhibited
290 miR-153 activity in the dentate gyrus region of the hippocampus, via lentiviral mediated delivery
291 of the miRZip-153 inhibiting vector with a GFP reporter (Figure 5A). Immunohistochemical
292 analysis was performed to confirm proper targeting of the dentate gyrus by stereotaxic injection
293 of the miRZip-153 and miRZip-scrambled (miRZip-scr) lentivirus, and to confirm that the
294 observed phenotype was not due to damage of the dentate gyrus region as a result of the
295 injections (Figure 5-figure supplement 1A). To further establish, at single-cell resolution, that the
296 GFP⁺ neurons were depleted of miR-153, we performed fluorescence-activated cell sorting
297 (FACS) of dissociated hippocampal neurons from either miRZip-153-GFP or miRZip-scr-GFP
298 mice and used them to prepare RNA for single-cell miR expression analysis. As shown in Figure
299 5-figure supplement 1B, the levels of miR-153 in GFP⁺ neurons containing miRZip-153 were
300 dramatically reduced compared to GFP⁺ neurons containing the scrambled control miRZip.
301 Inhibition of miR-153 function in the dentate gyrus resulted in a significant enhancement of
302 long-term memory in the contextual fear-conditioning paradigm, whereas lentiviral-mediated

303 delivery of a scrambled sequence did not affect fear memory (Figure 5B). In contrast, long-term
304 memory in the cued fear-conditioning paradigm, which is predominantly amygdala-dependent
305 (Phillips and LeDoux, 1992), was not affected by knockdown of miR-153 in the hippocampus
306 (Figure 5C). Locomotion, anxiety-related and nociception behaviors were normal in miR-153
307 knockdown animals (Figure 5-figure supplement 2A-M) suggesting that the effect of miR-153
308 inhibition is hippocampal specific and is not due to differential pain sensitivity, motor
309 coordination or anxiety levels in the injected groups of mice. These results demonstrate that
310 miR-153 expression plays a specific role in attenuating contextual fear memory.

311

312 **miR-153 Negatively Regulates Spine Size**

313 Several studies have suggested that changes in synaptic strength during memory formation and
314 LTP induction correlate with corresponding changes in dendritic spine morphology. Dendritic
315 spines are specialized actin-rich protrusions of the dendritic shaft. They are the major sites of
316 excitatory synaptic connections and undergo morphological changes during development and in
317 response to environmental stimuli (Bourne and Harris, 2008). MiR-153 overexpression after fear
318 conditioning and LTP induction, as well as the more robust fear response of mice after the
319 inhibition of its activity, prompted us to explore a possible role for miR-153 in regulation of
320 dendritic spine morphology. We performed time course RT-qPCR assays to detect the levels of
321 miR-153 using primary hippocampal neurons at different days *in vitro*. We observed that miR-
322 153 levels progressively increased and reached maximum levels after 10 days *in vitro*, when
323 hippocampal neurons are differentiated and have made many synaptic connections, thus being
324 more active (Figure 6-figure supplement 1A). Therefore, to test the effects of modulating
325 miR-153 expression on dendritic spine geometry, we suppressed or enhanced miR-153 function

326 in cultured mature hippocampal neurons by introducing either a miRZip-153 inhibiting vector to
327 block the endogenous miR-153 activity or a miR-153 overexpressing vector to increase its levels
328 (Loven et al., 2010). The efficacy of these approaches was assessed using RT-qPCR to quantify
329 miR-153 expression in neurons in which miR-153 was inhibited or overexpressed (Figure 6-
330 figure supplement 1B-C). Analysis of the spine size in mature hippocampal neurons in which
331 miR-153 was inhibited showed no significant change of the spine volume (Figure 6A, B, E, F,
332 and Figure 6-figure supplement 1D). Although, we did not observe a change in average spine
333 head width in miR-153 knockdown compared to control neurons (Figure 6G), analysis of the
334 data as cumulative plots showed a significant increase in spine head width, most likely attributed
335 to a group of spines of a particular size (Figure 6-figure supplement 1E). In contrast, miR-153
336 overexpression resulted in a significant decrease of the average spine volume, which was
337 reduced to about 50% of the size of spines in the control scramble overexpressing hippocampal
338 neurons (Figure 6C-F). Spine shrinkage in miR-153 overexpressing neurons was due to
339 decreased spine head and neck widths (Figure 6G-H and Figure 6-figure supplement 1E-F).
340 Neither overexpression of miR-153, nor its inhibition had any measurable or significant effect on
341 the average spine density or length (Figure 6I and Figure 6-figure supplement 1G-H). The
342 smaller effects observed in neurons where miR-153 is inhibited is likely due to the lower levels
343 of miR-153 in un-stimulated neurons used in these experiments. Overall these findings
344 demonstrate that miR-153 activity modulates structural features of the synapse known to be
345 associated with changes in plasticity.

346

347 **miR-153 Down-regulates Components of the Vesicle Exocytosis Pathway and CBP/p300, an**
348 **early-induced neuronal activity-dependent gene**

349 Network analysis of the fear-induced miRs identified miR-153 as one of the top miRs predicted
350 to regulate genes involved in SNARE-mediated vesicle exocytosis (Figure 1D). The SNARE
351 complex is essential for vesicle exocytosis of several “cargo” proteins that critically mediate
352 spine growth during synaptic potentiation, AMPA receptor trafficking in the postsynaptic
353 neuron, and neurotransmitter release from the presynaptic neuron during synaptic transmission
354 (Sudhof, 2013). Analysis of the full list of targets from the vesicle exocytosis pathway revealed a
355 total of 12 predicted miR-153 targets (Supplementary file 1). Six predicted targets of miR-153
356 were selected from the vesicle exocytosis pathway for further analysis: *SNAP25* and *Vamp2*,
357 components of the SNARE complex, *Snca* and *Trak2* genes, which are important for vesicle
358 trafficking, and *Bsn* and *Pclo* cytoskeletal associated proteins in the presynaptic area that are
359 important for vesicle trafficking and exocytosis. Co-transfection of miR-153 into HEK-293T
360 cells, a human cell line with undetectable levels of endogenous miR-153 (Doxakis, 2010), with
361 the *Renilla* luciferase reporter fused to the 3’UTR of *Snap25*, *Vamp2*, *Snca*, *Trak2*, *Bsn* and *Pclo*
362 conferred >40% decrease in luciferase activity, indicating that each was a direct target of miR-
363 153 (Figure 7A, purple bars). Mutation of the miR-153 seed region in the 3’-UTR region of the
364 above genes abrogated its inhibition by miR-153 expression, indicating that miR-153 directly
365 targets each mRNA for silencing (Figure 7A, white bars). Next, we overexpressed exogenous
366 miR-153 using lentiviral-mediated delivery in cultured mature hippocampal neurons to
367 determine how miR-153 levels affect the expression of the above target genes. As shown in
368 Figure 7B, miR-153 overexpression resulted in a significant decrease in mRNA levels for each
369 of the above targets except *Trak2*. MiR-153 therefore downregulates components of the vesicle
370 transport pathway in both HEK293 and cultured mature hippocampal neurons.

371 CREB, C/EBP β , and CBP/p300 are part of a group of early-induced neuronal activity-

372 dependent genes. These immediate early genes are considered critical regulators of a gene
373 expression program that is induced to promote strengthening of synaptic connections. Analysis
374 of the list of predicted targets for miR-153 revealed CBP/p300 as a candidate mRNA (Figure 7-
375 figure supplement 1A). To test whether CBP/p300 was a direct target of miR-153, we cloned its
376 3'-UTRs downstream of the *Renilla* luciferase coding sequence and transfected each plasmid
377 together with a vector overexpressing pri-miR-153 into HEK293T cells, as described above for
378 vesicle exocytosis targets. Co-transfection of miR-153 with the *Renilla* luciferase reporter fused
379 to the 3'UTR of *CBP/p300* conferred a >70% decrease in luciferase activity (Figure 7-figure
380 supplement 1B). Mutation of the miR-153 seed sequence in the 3'UTR of *CBP/p300* abolished
381 this decrease, indicating that *CBP/p300* was a direct target of miR-153 (Figure 7-figure
382 supplement 1B). These findings suggest that miR-153 downregulates expression of CBP/p300
383 and may provide feedback control to return this transcription factor to its basal level of
384 expression (Figure 7-figure supplement 1C).

385 To determine whether expression levels for vesicle exocytosis target genes were
386 repressed after fear conditioning, we performed gene expression analysis on hippocampal RNA
387 isolated from naïve and trained rats. We observed a reduction in *Pclo*, *Snca*, *Snap25*, *Trak2* and
388 *Vamp2*, but not *Bsn*, expression levels after fear conditioning (Figure 8A-F). To further evaluate
389 these targets *in vivo* in hippocampal GFP⁺ neurons that were depleted of miR-153, we performed
390 fluorescence-activated cell sorting (FACS) of dissociated hippocampal neurons from either
391 miRZip-153-GFP or miRZip-scr-GFP injected mice and used them to prepare RNA for gene
392 expression analysis (Figure 8-figure supplement 1A-C). We observed a 2- to 3-fold increase in
393 *Pclo* and *Vamp2* expression levels in GFP⁺ neurons after knockdown of miR-153 compared to
394 both GFP⁻ and scramble control neurons (Figure 8G, J). Expression levels were unchanged for

395 *Snap25* and *Snca* and were not detectable for *Bsn* in GFP⁺ neurons after knockdown of miR-153
396 compared to both GFP⁻ neurons and scramble control neurons (Figure 8H, I). Taken together,
397 these observations suggest that miR-153 may downregulate components of both the presynaptic
398 (*Pclo* and *Vamp2*) and postsynaptic (*Vamp2*) vesicle exocytosis pathways.

399

400 **MiR-153 Regulates AMPA Receptor Exocytosis and Glutamate Release**

401 In order to determine whether miR-153-mediated regulation of vesicular transport components
402 affects the presynaptic terminus we employed two strategies. We monitored functional nerve
403 termini using the dye FM4-64 in the presence of KCl-mediated neuronal excitation. We observed
404 that lentiviral-mediated inhibition of miR-153 in primary hippocampal neurons resulted in faster
405 depletion of the FM4-64 dye compared to control neurons, suggesting a higher rate of vesicle
406 exocytosis promoted by KCl-depolarization in the absence of miR-153 (Figure 9A). Conversely,
407 lentiviral-mediated overexpression of miR-153 in hippocampal neurons resulted in a slower rate
408 of FM4-64 dye depletion, indicating that the rate of vesicle exocytosis was decreased as a result
409 of miR-153 overexpressed (Figure 9B).

410 Alternatively, we examined the effect of miR-153 depletion on glutamate secretion using
411 cultured primary hippocampal neurons and a hippocampal cell line (H19-7). We transduced
412 cultured hippocampal neurons with miRZip-153 and miRZip-scr lentivirus and quantified the
413 release of [³H] glutamate after stimulation with 55 mM KCl. Knockdown of miR-153 in cultured
414 hippocampal neurons increased the release of [³H]-glutamate compared to the scramble control
415 (Figure 9C). Similar results were obtained with stably transfected and differentiated H19-7 cells,
416 which are competent for glutamate release (Akchiche et al., 2010) and in which miR-153 is also
417 activity-induced (Figure 9-figure supplement 1A and Figure 9-figure supplement 1B-C).

418 Furthermore, cultured hippocampal neurons transduced with miR-153 overexpression lentivirus
419 and stimulated with 55 mM KCl secreted about 49% less [H^3]-glutamate than scramble control
420 transfected cells (Figure 9D). The change in [H^3]-glutamate release depended on KCl
421 concentrations required to depolarize neurons as neither knockdown or overexpression of miR-
422 153 under low KCl concentrations induced a change in [H^3]-glutamate levels (Figure 9C-D and
423 Figure 9-figure supplement 1D-E). These findings suggest that miR-153 suppresses
424 depolarization-induced glutamate secretion.

425 Previous studies have identified a unique SNARE complex, including VAMP2 with roles
426 in the exocytosis of AMPA receptor subunits at the post-synaptic area (Jurado et al., 2013). In
427 order to assess whether miR-153 has a role in regulating AMPA receptor exocytosis, we
428 monitored the exocytosis of GluA1 subunit using fluorescence recovery after photobleaching
429 (FRAP). We used differentiated neuroblastoma cells (N2A) that do not express miR-153 in order
430 to examine the effect of ectopic miR-153 expression on AMPA receptor exocytosis.
431 Differentiated N2A cells were transfected with a miR-153 expression vector or a scramble
432 expression vector carrying an mCherry cassette to visualize cells expressing miR-153 along with
433 a construct expressing the GluA1 subunit of AMPA receptor tagged with a pH-sensitive form of
434 EGFP (Super Ecliptic pHluorin, SEP) that displays fluorescence when it is present mainly on the
435 cell surface (Figure 9-figure supplement 2A-D). This strategy provides the opportunity to capture
436 exocytosis of GluA1 receptor when it moves to the cell membrane from intracellular
437 compartments. Three days after transfection, differentiated N2A cells were photobleached to
438 eliminate SEP fluorescence and images were acquired every 10 minutes for 150 minutes (Figure
439 9-figure supplement 2A). After photobleaching, SEP fluorescence in control cells gradually
440 recovered by the end of the time course (Figure 9-figure supplement 3A, C). In contrast, in cells

441 expressing miR-153, SEP fluorescence did not recover to the same levels (Figure 9-figure
442 supplement 3B-C). The total levels of GluA1 were comparable between scramble expressing
443 cells and miR-153 expressing cells as observed with western blotting, indicating that miR-153
444 expression did not affect GluA1 protein levels (Figure 9-figure supplement 2E). These findings
445 suggest that miR-153 inhibits the transport of the GluA1 AMPA receptors to the cell surface.
446

447 **Discussion**

448 In this study we have identified a group of hippocampal miRNAs that are upregulated following
449 contextual fear conditioning. Our analysis of their predicted targets suggests that components of
450 the vesicular transport and synaptogenesis pathways are major substrates for regulation by these
451 miRNAs. Further analysis of, miR-153, which is specifically induced as a result of associative
452 learning, revealed that it inhibits the expression of several components of the vesicular transport
453 machinery, regulates neuronal features, such as spine morphology, which correlate with LTP
454 induction and learning, inhibits the transport of GluA1 AMPA receptors to the surface of
455 neurons, and inhibits glutamate release/uptake. As would be expected from a functionally
456 important learning-associated factor, miR-153 expression is specifically induced in dentate gyrus
457 granule cells during LTP in hippocampal slices, and its knockdown in the dentate gyrus region of
458 the hippocampus in adult mice results in enhanced fear memory. Together our results suggest
459 that microRNAs, such as miR-153, are experience- or learning-induced to act as negative
460 feedback regulators of pathways associated with synaptic plasticity, such as the vesicle transport
461 pathway, and may serve to attenuate changes associated with increased synaptic strength, such as
462 the delivery of AMPA receptors to the synapse and neurotransmitter release from the presynaptic
463 area (Figure 9E).

464

465 **The Vesicular Transport Pathway as a Primary Target of Experience- and Learning-** 466 **Induced miRNAs**

467 The functional adaptations that occur during LTP and memory formation often rely on rapid
468 changes in the composition of postsynaptic membranes. In the mammalian brain, synaptic
469 plasticity requires regulated trafficking of AMPA receptors at excitatory synapses, which

470 mediates learning-induced changes in the number and stoichiometry of postsynaptic
471 neurotransmitter receptors (Matsuo et al., 2008; Whitlock et al., 2006). More specifically,
472 NMDA receptor-triggered LTP involves exocytosis of GluA1 AMPA receptor subunits and an
473 increase in their density at the postsynaptic membrane (Hayashi and Huganir, 2004; Lu et al.,
474 2001; Park et al., 2004; Passafaro et al., 2001; Pickard et al., 2001; Shi et al., 1999). Receptor
475 exocytosis is mediated by the soluble NSF-attachment protein receptor (SNARE) pathway,
476 which attaches intracellular vesicles to their target membranes and drives membrane fusion. In
477 this study, we show that VAMP2 and SNAP25 SNAREs are post-transcriptionally regulated by
478 somatodendritically localized miR-153. The negative effect of miR-153 on VAMP2 and
479 SNAP25 expression as well as on the delivery of the GluA1 receptors to the cell surface,
480 together with the well-established role of GluA1 receptor transport in LTP (Figure 7 and Figure
481 8I, J; (Shepherd and Huganir, 2007)), provides an explanation for enhancement of fear memory
482 following the knockdown of miR-153 in the dentate gyrus region of the hippocampus (Figure
483 5B). Furthermore, miR-153 expression is induced in the dentate gyrus during LTP in acute
484 hippocampal slices via stimulation of the perforant path-dentate granule cell neuronal pathway
485 (Figure 3B-D). This is the physiological pathway for input of fear-associated sensory
486 information into the dentate gyrus. Together the results support the idea that activation of a
487 learning-associated neuronal pathway induces miR-153 expression in the brain to modulate
488 memory formation. Finally, our *in silico* analysis revealed an additional 11 fear-induced
489 miRNAs that may potentially target vesicle exocytosis and participate in AMPA receptor
490 trafficking at the postsynaptic area. Therefore, AMPA receptor trafficking is likely to be
491 regulated by the coordinated action of a large number of fear-induced miRNAs.

492 The importance of the vesicle exocytosis pathway in learning and memory has been
493 underscored by several previous studies. ShRNA-mediated knock-down of several SNARE
494 proteins in combination with high-resolution live cell imaging has demonstrated a role for a
495 unique SNARE-dependent fusion machinery in exocytosis of AMPA and NMDA receptors at the
496 postsynaptic area (Jurado et al., 2013). The R-SNARE protein VAMP2 and Q-SNARE protein
497 SNAP25 are essential components of the postsynaptic vesicle fusion machinery that is required
498 for neurotransmitter receptor trafficking during basal- and LTP-induced neuronal activity,
499 suggesting that these SNAREs are important for both constitutive and regulated exocytosis
500 (Jurado et al., 2013). VAMP2 contributes to constitutive and regulated postsynaptic AMPA
501 receptor trafficking, while SNAP25 plays a role in the constitutive postsynaptic trafficking of
502 NMDA receptors (Jurado et al., 2013). In our studies, miR-153 overexpression in cultured
503 hippocampal neurons resulted in decreased expression of both VAMP2 and SNAP25, indicating
504 that both SNAREs could be regulated by miR-153. However, *in vivo* knock down of miR-153 in
505 the dentate gyrus resulted in an increase in the expression of VAMP2 but not SNAP25 (Figure
506 8D, F). The VAMP2 component of the SNARE pathway may therefore be the major *in vivo*
507 target for miR-153-mediated regulation of AMPA receptor exocytosis.

508 The SNARE proteins also play well-established roles in vesicle trafficking, fusion and
509 neurotransmitter release at the presynaptic area (Rizo and Rosenmund, 2008; Sudhof, 2013;
510 Sudhof and Rothman, 2009; Weber et al., 1998). Vamp2 and Snap25 were initially characterized
511 as components of SNARE complexes that mediate vesicle fusion and neurotransmitter release at
512 the presynaptic area (Sollner et al., 1993a; Sollner et al., 1993b). In addition, cytoskeleton
513 associated proteins such as Bsn and Pclo (Fenster et al., 2000; Schoch and Gundelfinger, 2006;
514 tom Dieck et al., 1998), both of which are also miR-153 targets (Figures 1, 7 and 8), participate

515 in vesicle transport at the presynaptic area. Our demonstration that miR-153 knock-down
516 increases activity-dependent glutamate release is consistent with a general role for miR-153 in
517 down-regulation of vesicle transport and fusion at both the pre- and post-synaptic areas. In
518 agreement with a role for miR-153 in neurotransmitter release (this study), studies in zebrafish
519 have shown that loss of miR-153 results in increased Snap25 expression and consequently motor
520 neuron defects and hyperactive movement of early zebrafish embryos (Wei et al., 2013). At least
521 one other miRNA, miR-137, has been implicated in presynaptic vesicle transport (Siegert et al.,
522 2015). MiR-137 overexpression results in the downregulation of presynaptic components of the
523 SNARE complexes, such as Complexin-1 (Cplx1), Nsf, and Synaptotagmin-1 (Syt1), leading to
524 impaired vesicle release. *In vivo*, overexpression of miR-137 in the dentate gyrus results in
525 changes in synaptic vesicle pool distribution, impaired mossy fiber-LTP induction and deficits in
526 hippocampus-dependent learning and memory (Siegert et al., 2015). In contrast to miR-153,
527 miR-137 expression was not induced in our studies. MiR-137 may therefore play an important
528 role in constitutive regulation of basal SNARE protein levels that impact presynaptic
529 neurotransmitter release.

530 The molecular machinery required for regulated secretion is conserved across different
531 cell types (Mostov et al., 2003). We note that, in addition to the brain, both miR-153 and its host
532 gene, *Ptprn2*, are expressed in the pancreas and affect insulin secretion following glucose
533 stimulation in pancreatic cell lines (Mandemakers et al., 2013; Xu et al., 2015). Pancreatic beta
534 cells express many of the components that are required for regulated exocytosis of synaptic
535 vesicles in neurons (Jacobsson et al., 1994). In fact, four of the predicted targets from the vesicle
536 exocytosis pathway (*Pclo*, *Snap25*, *Snca* and *Vamp2*) are also regulated by miR-153 in
537 pancreatic cell lines (Mandemakers et al., 2013). Therefore, miR-153 downregulates vesicle

538 transport and fusion to suppress neurotransmitter release in neurons and may function in a
539 similar manner to suppress insulin secretion in the pancreas following stimulation with glucose.
540 Moreover, *Ptprn2* localizes to synaptic vesicles and facilitates the secretion of neurotransmitters
541 in the brain and insulin in the pancreas through an unknown mechanism (Nishimura et al., 2010;
542 Nishimura et al., 2009). MiR-153 and its host gene may therefore have the capacity to negatively
543 and positively regulate downstream targets, respectively. However, while in the pancreas miR-
544 153 expression appears to be under the control of the *Ptprn2* promoter (Mandemakers et al.,
545 2013), activity-dependent expression of miR-153 in the hippocampus is driven by an alternative
546 promoter (this study), allowing it to act independently of its host gene. Further studies are
547 required to determine the intriguing relationship between the activities of miR-153 and its host
548 gene in neuronal and pancreatic cells.

549

550 **Learning-Induced miRNAs as Barriers to Neuronal Hyperactivity**

551 In addition to the regulation of the vesicle exocytosis pathway, our bioinformatic analysis
552 revealed that fear-induced miRNAs may negatively regulate other pathways such as the
553 immediate early gene expression program. In this regard, neuronal activity promotes the
554 association of several immediate early transcription factors with the miR-153 promoter,
555 suggesting that miR-153 is likely to be transcriptionally induced by the immediate early gene
556 program in an activity-dependent manner. Similarly to the regulation of vesicle exocytosis
557 pathway, activity-induced miRNAs may function as negative feedback regulators to suppress the
558 expression programs that are required for the initial structural and functional changes at the
559 synapse. MiR-153 and the immediate early gene, *CBP/p300*, are one example of this type of
560 feedback regulation (Figure 4F and Figure 7-figure supplement 1C). Our findings suggest that

561 miR-153 may negatively regulate the expression of CBP/p300 as a means of controlling
562 CBP/p300 function and may help to prevent excessive CBP/p300-mediated activation of
563 downstream targets. MiR-153 may act together with other fear-induced miRNAs to provide
564 feedback control to return the immediate early gene program to basal levels of expression.

565 Experience-dependent rewiring of neural circuits is triggered by changes in activity
566 patterns that initiate and ultimately produce long-term modifications of synapses. We speculate
567 that miR-153, together with other fear-induced miRNAs presented in this study, are induced in
568 response to neuronal activity and may perform at least two functions, which are not mutually
569 exclusive. First, by suppressing many plasticity genes that are induced in activated neurons, late
570 acting miRNAs, such as miR-153, may help stabilize firing rates and restore baseline function,
571 thus enabling the circuit to process new information. Second, miR-153 class of miRNAs may set
572 a threshold for linking the strength of excitatory signals to long-term changes in synaptic
573 strength. For example, ready induction of miR-153 may dampen weak signals but allow changes
574 in synaptic strength as a result of stronger signals. Consistent with the results presented here,
575 other studies have shown that the expression of several mammalian miRNAs is rapidly induced
576 after enhanced neuronal activity coupled to learning in various paradigms, such as contextual
577 fear conditioning or olfaction discrimination (Gao et al., 2010; Smalheiser et al., 2010). In
578 addition to the dentate gyrus (this study), distinct populations of miRNAs are upregulated in the
579 CA1 region of the hippocampus at early (1-3 hours) and late (24 hours) stages of learning and
580 have been proposed to regulate memory formation by increasing protein synthesis through de-
581 repression of mTOR activity (Kye et al., 2011). Thus activity-induced miRNAs are likely to
582 exert both positive and negative effects on memory formation. However, the vast majority of the
583 miRNAs we detected have not been implicated in memory formation and with the exception of

584 miR-9, miR-219 and miR-125a, their role in synaptic plasticity is unknown (Ifrim et al., 2015;
585 Kocerha et al., 2009; Malmevik et al., 2016). Thus, this set of miRNAs is a valuable resource for
586 future studies. Comprehensive functional characterization of miR-153 demonstrated its role as a
587 negative feedback regulator of synaptic strength that is fear- and LTP- induced, primarily in
588 dentate gyrus granule cells. Further studies of fear-induced miRNAs are therefore likely to
589 provide insight into how different regions of the hippocampus respond to learning-induced
590 inputs. Future studies on the molecular function of the fear-induced miRNAs will also shed light
591 on the pathways they target, individually or combinatorially, during memory formation.

592

593 **Potential roles for fear-induced miRNAs in neurodegenerative disease**

594 The miRNA pathway has been implicated in the biology of Alzheimer's, Parkinson's, and other
595 neurodegenerative diseases (Barak, 2013; Hardy and Selkoe, 2002; Lukiw et al., 2012;
596 Mouradian, 2012; Nelson et al., 2008). In this regard, miR-153 targets the amyloid precursor
597 protein (Doxakis, 2010; Liang et al., 2012; Long et al., 2012) and alpha synuclein (Singleton et
598 al., 2003), which has been proposed to interact with the SNARE machinery and participate in
599 vesicle clustering at the presynaptic area (Burre et al., 2010; Gureviciene et al., 2007). Moreover,
600 miR-9 dysregulation is frequently associated with Alzheimer's disease and Huntington's disease,
601 miR-338-3p is upregulated in the frontal cortex of human ALS patients (De Felice et al., 2014;
602 Packer et al., 2008; Shioya et al., 2010) and miR29b is downregulated in sporadic cases of
603 Alzheimer's disease and its expression levels are reduced in a murine model of Huntington's
604 disease and human cortex samples from patients with Huntington's disease (Hebert et al., 2008;
605 Johnson et al., 2008). Altered expression of miR-29b and miR-181b was also found in the
606 postmortem brain of patients with schizophrenia (Beveridge et al., 2008; Perkins et al., 2007).

607 Activity-dependent induction of these miRNAs may therefore aid in preventing neuronal toxicity
608 by downregulating these and other proteins during neuronal stimulation. In addition to providing
609 mechanistic insight into how fear based memory is encoded and stored in the hippocampus,
610 future functional analysis of the miRNAs presented in this study may prove useful in the
611 development of strategies to treat neurodegenerative diseases.
612

613 **Materials and Methods**

614 **Materials**

615 The following commercially available antibodies were used for chromatin immunoprecipitation
616 experiments: Anti-H3K4me3 (Millipore, catalog number 04-745; RRID:AB_1163444),
617 Anti-H3K36me3 (Abcam, catalog number ab9050; RRID:AB_306966), Anti-CREB (Millipore,
618 catalog number 06-519; RRID:AB_310153), Anti-PolII (Ser5-phosphorylated) (Abcam, catalog
619 number ab5131; RRID:AB_449369), Anti-PolII (Ser2-phosphorylated) (Abcam, catalog number
620 ab5095; RRID:AB_304749), Anti-CBP/p300 (Millipore, catalog number 05-257;
621 RRID:AB_11213111), Anti-C/EBP β (Santa Cruz, catalog number sc-150; AB_2260363) or
622 Anti-ATF4 (Santa Cruz, catalog number sc-200; RRID:AB_2058752). The following
623 commercially available antibodies were used for microscopy experiments: anti-RFP (Invitrogen
624 R10367; RRID:AB_2315269), anti-GFP (Aves Labs GFP1010; RRID:AB_2307313), goat anti-
625 rabbit Alexa 555 (Invitrogen A21428; RRID: AB_10561552) and goat anti-rabbit Alexa 488
626 (Invitrogen A11039; RRID:AB_142924). The following cell lines were used: rat H19-7 (ATCC
627 CRL-2526; RRID: CVCL_H781), mouse Neuro-2a (ATCC CCL-131; RRID:CVCL_0470),
628 human HEK-293FT (Invitrogen R70007; RRID:CVCL_6911), human HEK-293T (ATCC CRL-
629 3216; RRID:CVCL_0063).

630

631 **Methods**

632 All experiments were performed according to the Guide for the Care and Use of Laboratory
633 Animals and were approved by the National Institutes of Health, the Committee on Animal Care
634 at Harvard Medical School (Boston, MA, USA), the Committee on Animal Care at the
635 Massachusetts Institute of Technology (Cambridge, MA, USA) and the Committee on Animal
636 Care at the University of Vermont (Burlington, VT, USA).

637

638 **Fear conditioning (rats)**

639 **Contextual fear-conditioning with naïve controls.** The subjects were 24 female wild-type
640 Wistar (RRID:RGD_2308816) rats. Sex differences in laboratory rodent species have been
641 reported during acquisition, retention and extinction in classical and operant conditioning
642 paradigms (Maren et al., 1994). In the classical fear-conditioning paradigm males outperform
643 females, or are more resistant to extinction (Dalla et al., 2009). Typically behavioral training
644 does not include cohorts of female rodents because it is assumed that their behaviors are similar,
645 but more variable, relative to males (Dalla et al., 2009). However, we confirmed that
646 overexpression of miR-153 after fear conditioning is not a sex-specific response by performing
647 behavioral training with adult male wild-type mice. We observed an increase in hippocampal

648 levels of miR-153 following training (data not shown). Rats were approximately 90 days old at
649 the start of the experiment and were individually housed with ad lib food and water throughout
650 the experiment. Two sets of four operant chambers (Med-Associates, St. Albans, VT) located in
651 separate rooms were used (counterbalanced). Chambers from both sets measured 31.75×24.13
652 $\times 29.21$ cm ($l \times w \times h$) and were individually housed in windowed sound attenuation chambers.
653 Ventilation fans provided background noise of 65 dB, and the boxes were lit with two 7.5-W
654 incandescent bulbs mounted to the ceiling of the sound-attenuation chamber. In one set of
655 chambers, the front and back walls were brushed aluminum; the side walls and ceiling were clear
656 acrylic plastic. Recessed 5.1×5.1 -cm food cups were centered in the front wall and positioned
657 near floor-level. The floor was composed of stainless steel rods (0.48 cm in diameter) spaced 1.6
658 cm apart from center to center and mounted parallel to the front wall. In the second set of
659 chambers, the ceiling and left side wall had black horizontal stripes, 3.8 cm wide and spaced 3.8
660 cm apart. The floor consisted of alternating stainless steel rods with different diameters (0.48 and
661 1.27 cm), spaced 1.6 cm apart from center to center. The ceiling and left sidewall were covered
662 with rows of dark dots (1.9 cm in diameter) that were separated by approximately 1.2 cm. The
663 US was a 2-s, 1.2-mA shock provided by Med Associates shock sources.

664 The rats were handled daily for 5 days prior to the start of the experiment. On Day 6, fear
665 was conditioned to the context for 12 rats. Rats were placed in the conditioning chamber for one
666 5-minute session. Two minutes after being put in the box, the first of 3 shock (1.2 mA, 2-s) USs
667 was delivered. The second shock was delivered 60 s after the first, and the third shock was
668 delivered 60 s after that. The naïve group was moved into the laboratory and back to the colony
669 room to control for handling. On Day 7 (exactly 24 hours after exposure to the fear conditioning
670 paradigm) 4 experimental rats (Trained) and 4 naïve rats (Naïve) were placed back in the boxes
671 for 5-min and tested for context freezing. This control group of 8 rats was used to assess
672 behavior after exposure to the contextual fear conditioning paradigm; tissue was not harvested
673 from these animals (Figure 1A). Exactly 24 hours after exposure to the fear conditioning
674 paradigm, 8 experimental rats (Trained) and 8 control rats (Naïve) were euthanized and the
675 hippocampus was isolated for subsequent analysis. Freezing was scored from videotape with a
676 time-sampling procedure in which the rat's behavior was scored as freezing or not every 3
677 seconds. Freezing was defined as the absence of all movement, except for that related to
678 breathing (Fanselow, 1980). The percentage of all samples spent freezing was calculated for each
679 rat. A second observer (blind to treatment) scored all data from testing. The correlation between
680 observers scores was $r(14) = .98$.

681 **Contextual fear-conditioning with immediate shock controls.** The subjects were 27 female
682 wild-type Wistar (RRID:RGD_2308816) rats. Rats were approximately 90 days old at the start of
683 the experiment and were individually housed with ad lib food and water throughout the
684 experiment. Two sets of four operant chambers (Med-Associates, St. Albans, VT) located in
685 separate rooms were used (counterbalanced), as previously described in our methods section.
686 The rats were handled daily for 5 days prior to the start of the experiment. On Day 6, fear was

687 conditioned to the context for 9 rats (Trained). Rats were placed in the conditioning chamber for
688 one 5-minute session. Two minutes after being put in the box, the first of 3 shock (1.2 mA, 2-s)
689 USs was delivered. The second shock was delivered 60 s after the first, and the third shock was
690 delivered 60 s after that. A second group of 9 rats was trained with an immediate shock
691 procedure. Rats were placed in the conditioning chamber for one 5-minute session. Each rat was
692 placed in the conditioning context and 5 s later the first of 3 shock (1.2 mA, 2-s) USs was
693 delivered. The second shock was delivered 2 s after the first, and the third shock was delivered 2
694 s after that. The naïve group was moved into the laboratory and back to the colony room to
695 control for handling. On Day 7 (exactly 24 hours after exposure to the fear conditioning
696 paradigm) 4 delayed shock (Trained) rats, 4 immediate shock rats and 4 control (Naïve) rats were
697 placed back in the boxes for 5-min and tested for context freezing. This control group of 12 rats
698 was used to assess behavior after exposure to the contextual fear conditioning paradigm; tissue
699 was not harvested from these animals. Exactly 24 hours after exposure to the fear conditioning
700 paradigm, 9 delayed shock rats (Trained), 9 immediate shock rats and 9 control rats (Naïve) were
701 euthanized and the hippocampus was isolated for subsequent analysis. Freezing was scored from
702 videotape with a time-sampling procedure in which the rat's behavior was scored as freezing or
703 not every 3 seconds. Freezing was defined as the absence of all movement, except for that related
704 to breathing (Fanselow, 1980). The percentage of all samples spent freezing was calculated for
705 each rat. A second observer (blind to treatment) scored all data from testing. The correlation
706 between observers scores was $r(12) = .99$.

707 **miRNA expression analysis**

708 For measurements of miR-153 expression: From cultured neurons, and from brain tissue, small
709 RNA was isolated from homogenized tissue using the mirVana miRNA Isolation Kit (Ambion).
710 From hippocampal tissue from trained and un-trained animals, total RNA was isolated using the
711 RecoverAll Total Nucleic Acid Isolation Kit (Ambion). 1µg of total RNA was used for analysis
712 using the TaqMan Small RNA Assay (Taqman) designed specifically for miR153
713 (mmu-miR-153) and the control (snoRNA202). All analysis and controls were run in triplicates
714 and data is presented as mean+/-SEM. For brain tissue, three different tissues from three
715 different animals were analyzed. For hippocampal tissues, three different tissues from three
716 different trained or untrained rats were analyzed in triplicate. Data are presented as mean +/-
717 SEM.

718 For measurements of small RNA expression for the immediate versus delayed shock
719 animals, hippocampal tissue from immediate shock, delayed shock (trained), and naïve rats (n =
720 9 per condition) was homogenized and small RNA was isolated using the miRVana miRNA
721 isolation kit (Ambion). Small RNA from the 9 animals was pooled together into three groups to
722 generate three biological replicates for each condition (immediate shock, delayed shock, and
723 naïve). Three 500 ng pools of small RNA per condition were used for RT-qPCR analysis with
724 the TaqMan small RNA assay (Applied Biosystems) with TaqMan RT and PCR primers
725 designed specifically for each miRNA as well as the control (RNU58). Each of the three pools of

726 small RNA from nine different trained, immediate shock or naïve rats were analyzed in triplicate.
727 Expression values were first normalized to the control (RNU58) then divided by naïve values to
728 determine fold-change relative to the naïve condition. Data are presented as fold-change relative
729 to naïve rats from the three pools measured in triplicate (mean +/-SEM).

730

731 **Acute hippocampal slice preparation and electrophysiology**

732 P25-30 wild-type mice were decapitated and the hippocampal lobules were rapidly isolated in
733 artificial cerebral spinal fluid (aCSF). aCSF contained (in mM): 119 NaCl, 2.5 KCl, 1 NaH₂P0₄,
734 26.3 NaHCO₃, 11 glucose, 1.3 MgSO₄, and 2.5 CaCl₂. Transverse slices (400 µm) of the
735 hippocampus were then cut using a tissue chopper (Stoelting). Slices were then incubated in
736 oxygenated aCSF at room temperature for at least 1 hour before recording. Then, slices were
737 transferred to a recording chamber, maintained at 32°C and continuously perfused at 1-2 ml/min
738 with oxygenated aCSF. Recording electrodes were pulled from borosilicate capillary glass and
739 filled with 3M NaCl (1.5 mm o.d.; Sutter Instruments). The recording pipette was placed in the
740 medial molecular layer of the dentate gyrus. Recordings were made with a MultiClamp 700B
741 amplifier, collected using Clampex 10.3, and analyzed using Clampfit 10.3 (Molecular Devices).
742 Field excitatory postsynaptic potentials (fEPSPs) were evoked using cluster electrodes (FHC)
743 also placed in medial molecular layer of the dentate gyrus. Current between 0.1-1 mA for 0.1 ms
744 was delivered every 30 sec with a stimulus isolator (World Precision Instruments). For
745 experiments, current was set at a level to elicit 30% of the maximum response. After 20 minutes
746 of stable baseline, LTP was induced by delivering 100 pulses at 50 Hz (4 times separated by
747 15sec). 3 hours after LTP induction slices were harvested for further analysis. Control slices
748 were from the same hippocampus and were incubated for the same period of time in oxygenated
749 aCSF.

750

751 **Stereotactic injections**

752 Stereotactic injections into the dentate gyrus of adult male mice were performed as described
753 (Cetin et al., 2006) with the following modifications: 8 week old C57BL/6 mice were bilaterally
754 injected with 1 µL lentivirus mixed with 0.2 µL Fast Green dye and overlaid with mineral oil in
755 a glass micropipette (Drummond Wiretrol 10 µL). The stereotactic coordinates were
756 anterior/posterior: -2, medial/lateral: 1.6, dorsal/ventral: -1.65. The total injection volume was 1
757 µL, injected at a rate of 0.125 µL/min. 3-4-months-old miR153KD and control mice were used
758 for experiments. For consistency purposes, only male mice were used in all experiments.

759

760 **Mouse behavior**

761 All the behavior experiments were performed using groups of 8-11 3-4-month-old male
762 miR153KD (mutant) and scramble KD (control) injected mice. Mice were housed in groups of
763 3-5 animals. Mice were left to acclimate in the testing rooms for 45 min prior to the experiments.
764 If the same groups of mice were used in different behavioral experiments, the tests were
765 separated by one week. The most stressful test, fear conditioning, was performed last. All the
766 experiments were done during the light phase, second part of the day, with experimenters that
767 were blind to the genotype and treatment of the mice.

768 **Open field.** Activity in a novel environment was measured in the 40 x 40 cm Plexiglas
769 VersaMax chambers (Accuscan Instruments, Columbus, OH) using sets of 16 photobeam arrays.
770 During each 60 or 10 min session, the number of beam breaks (activity) was measured
771 automatically. The animal's position was automatically determined and the mouse was tracked
772 for 10 min with VersaMax software (TSE systems, Chesterfield, MO).

773 **Light/dark exploration.** The light-dark apparatus consisted of a transparent Plexiglas open field
774 box (40 x 40 cm) containing a black Plexiglas box (20 x 20 cm) occupying half of the area.
775 Experiments were conducted in a room with the overhead light off, and a bright 120W lamp
776 directed at the light part of the open field area. A mouse was placed in the black Plexiglas box
777 and its behavior was video recorded for 10 min. The frequency of exits to the bright area, and the
778 time spent in the bright and the dark areas were scored.

779 **Hot plate analgesia test.** Animals were placed on a plate set to 55°C and the timer was started.
780 The animals were observed until they start showing nociceptive response (rear paw licking) and
781 the latency to respond was recorded. Hot plate analgesia test meter (IITC Life Sciences Inc., CA)
782 was used for the test.

783 **Contextual and cued fear conditioning.** For fear conditioning experiments, the TSE fear
784 conditioning system (TSE systems) was used. During contextual fear conditioning tests, mice
785 were placed in a conditioning chamber with Plexiglas walls and a metal grid bottom. They were
786 left to acclimate for 3 min and were then foot-shocked (2 s, 0.8 mA constant current). After 24
787 hrs in the home cage, mice were returned to the same chambers and the freezing bouts, defined
788 as a total lack of movement except for a heartbeat and respiration, were scored during every 10 s
789 during a 3 min period. Cued fear conditioning was performed by placing the animals in the test
790 chamber for 3 min following the exposure to the auditory cue (30 s, 20kHz, 75db sound pressure
791 level) and a foot shock (2 s, 0.8 mA, constant current). Associative learning was assessed 24 hrs
792 later by placing the mice into the modified chambers (visual, tactile, and olfactory changes) and
793 delivery the identical auditory cue for 3 min. Freezing behavior was recorded as described above.

794

795 **Cell Cultures and transfection**

796 Cultures of dissociated primary hippocampal neurons from embryonic day 17 (E17) Swiss
797 Webster wild-type mice (Charles River laboratories) were prepared as described (Lin et al.,
798 2008). They were maintained in Neurobasal medium supplemented with B27 and N2
799 supplements (Invitrogen), penicillin-streptomycin (50 μ g/ml penicillin and 50U/ml streptomycin,
800 Invitrogen) and Glutamine (1mM, Invitrogen). For biochemical experiments neurons were plated
801 at high density (125.000-150.000 cells/cm²) and for imaging at lower density (up to
802 100.000cells/cm²) on poly-L-lysine coated multi-well dishes. At DIV3 (5 μ M) final concentration
803 of cytosine-b-D-arabinofuranoside was added into the cultures to inhibit glial cells proliferation
804 and the cultures were fed every 3 days from there on. Neuronal transfections were performed
805 with lipofectamine 2000 reagent (Invitrogen) by incubating the plasmids with neuronal cells for
806 a short time to reduce cell death.

807 HEK293 cells were maintained in DMEM medium (Invitrogen) plus 10% FBS
808 (Invitrogen), 1mM Glutamine and 100 μ g/ml penicillin-streptomycin following standard culture
809 conditions.

810

811 **Stimulation of neuronal cells**

812 KCl-mediated depolarization of neurons was achieved following previously established methods
813 (Tao et al., 1998). Briefly, to induce neuronal activity hippocampal cultures were treated for 2hr
814 with 1 μ M tetrodotoxin (TTX) (Tocris), and 100 μ M (2R)-amino-5-phosphonopentanoate
815 (DL-APV) (Tocris) to reduce spontaneous neuronal activity. Then, neurons were depolarized by
816 the addition of 31% depolarization buffer (170mM KCl, 2mM CaCl₂, 1mM MgCl₂, 10mM
817 HEPES) to the media for the indicated lengths of time.

818

819 **Gene Expression analysis**

820 For measurements of gene expression in cultured neurons, total RNA was isolated using the
821 RNeasy mini kit (Qiagen). 1 μ g of total RNA was digested with DNase I (Invitrogen), and
822 cDNA was produced using oligo dT primers and the Superscript III First-Strand Synthesis Kit
823 (Invitrogen). The amount of each transcript was measured using gene specific primers obtained
824 from (Applied Biosystems) and the Taqman gene expression system (Applied Biosystems).
825 Gene-specific measurements and standards were performed in triplicate.

826

827 **Ontological and canonical signaling pathway analysis**

828 A complete list of downstream targets for all 21 miRNAs identified in Figure 1B was compiled
829 from the miRBase (RRID:SCR_003152), microrna (RRID:SCR_006997) and TargetScan

830 (RRID:SCR_010845) databases. The list was reduced to a total of 3,986 downstream targets
831 after excluding targets that are not expressed in the brain using the Partek Genomics Suite
832 (<http://www.partek.com/pgs>; RRID:SCR_011860). From this list, a total of 353 downstream
833 targets were identified that possess 3 or more seed sequence matches for any combination of the
834 21 miRNAs identified in this study (Table S1).

835 Ontological analysis used Gene Ontology (GO) categories to determine processes or functional
836 categories that were represented in the combined downstream target list, using the canonical
837 pathway module of MetaCore (<http://thomsonreuters.com> from Thomson Reuters, New York;
838 RRID:SCR_008125). This analysis determined the number of genes for a given network that are
839 present in the downstream target gene list and the number of genes that would be part of that
840 category by random chance given the number of commonly expressed genes. Statistical
841 significance of each canonical signaling pathway was established by p-value cutoff
842 ($p\text{-value} < 0.01$). Only the processes or categories which passed this threshold were used to
843 determine the list of genes used to identify the networks presented in Figure 1C. Statistical
844 significance of each canonical signaling pathway presented in Figure 1C was further established
845 by comparison to canonical signaling pathways identified from random sets of brain-expressed
846 genes. A list of 20,000 brain-expressed genes was used to generate random sets of genes for
847 network analysis. Random sets of genes were created that were similar in size to the target gene
848 list (3,986) and network analysis was performed with each random gene list. The statistical
849 significance reported in Figure 1C reflects the statistical significance for each canonical signaling
850 pathway as compared to the number of occurrences from random sets of brain-expressed genes.

851

852 **Virus production and infection**

853 Viruses targeted against miR-153 (Lv-miR-153 KD), a scrambled control (Lv-scramble KD)
854 were created by constructing a lentiviral expression vector using the miRZIP shRNA lentivector
855 from a parent vector pGreenPur (System Biosciences). A miR-153 overexpressing vector (Lv-
856 miR-153 OE) and a scramble overexpressing vector (Lv-scramble OE) based on the pCDH
857 lentivectors (SBI) with a cassette for GFP as reporter. Plasmids were purified using a mega-prep
858 DNA isolation Kit (Qiagen). For viruses packaging we used the Virapower system (Invitrogen)
859 and it was performed in 293FT cells. Medium containing the viral particles was collected 72
860 hours after transfection and viral particles were concentrated using the PEG-it Virus precipitation
861 solution. Viral titer was determined using SBI's Ultra Rapid Lentiviral Titer Kit. Viral
862 transduction of neurons was achieved using a multiplicity of infection (MOI) of at least 20 for all
863 different conditions in combination with Transdux at DIV11 for both the knockdown and
864 overexpression experiments. Virus production, packaging, purification, and transduction were
865 achieved following protocols (System Biosciences). Viral expression was analyzed using
866 QuantiMir RT Kit Small RNA Quantitation System (System Biosciences) using primers specific
867 to the virus.

868

869 **Luciferase Assay**

870 MiR-153 target sequences were analyzed using miRBase, mirorna and TargetScan (Betel et al.,
871 2008; Griffiths-Jones et al., 2008; Lewis et al., 2005). Gene specific 3'-UTR constructs
872 containing known miR-153 target sequences were amplified by proofreading RT-PCR from adult
873 mouse hippocampus total RNA by using the primers specific to each 3'-UTR element (primer
874 sequence information is presented below). The PCR product was cloned into the pMIR-REPORT
875 vector (Ambion). An expression vector directing the synthesis of mmu-miR-153 (miRBase

Gene	Forward Primer	Reverse Primer
<i>Bsn</i>	CTTTCAAGAGACCCTGCCTTAC	CCCTATGAAGTGAGTGTGTTGAG
<i>Pclo</i>	CATGACTGTGGGATACAAAGAGA	CAGTATTTATTAGTAAGGCTGGTACAAC
<i>Snap25</i>	CTGTGCTCTCCTCCAAATGT	TCGGTGGCTGTGATCTATAATTT
<i>Snca</i>	AAGAATGTCATTGCACCCAATCTCC	AATATTATCCATTGCAAAATC
<i>Trak2</i>	CCACTAACTGACCTCGTGATAA	AAGCAAAGGAAGGTGCATAAAG
<i>Vamp2</i>	AGTCTGCCCTGCCTAAGA	CTGGATGCGCCACAGAAT

876 accession no. MI0000175) and a scramble control sequence were prepared as previously
877 described (Doxakis, 2010). All vectors were checked by sequencing before use. HEK293T cells
878 were transfected in a 1:1:1 ratio with a single 3'-UTR luciferase construct, a control pRenilla
879 vector, and either the miR-153-eGFP expression construct or the Scrambled-eGFP expression
880 construct using lipofectamine 2000 (Invitrogen). Targeted knockdown was analyzed using the
881 Dual-Luciferase Reporter Assay System (Promega). Knockdown activity by miR-153-eGFP was
882 controlled to the Scrambled-eGFP. Data are presented as mean +/-standard deviation.

883 **Primer Sequences for 3'-UTR cloning into luciferase reporter vector pMIR-REPORT**

884 3'-UTR luciferase constructs with positions 4-6 of the seed sequence mutated to ATT, were
885 prepared for each gene (*Bsn*, *Pclo*, *Snap25*, *Snca*, *Trak2*, and *Vamp2*) by site-directed
886 mutagenesis. All mutated vectors were checked by sequencing before use. Luciferase assays
887 were performed as described above. Knockdown activity by miR-153-eGFP was reported
888 relative to scrambled-eGFP. Data are presented as mean +/-standard deviation.

889

890 **Microarray**

891 Total RNA was isolated from the hippocampus of trained and naïve rats using the miRVana Kit
892 (Ambion). A total of 5 µg for each sample was shipped to Miltenyi Biotec on dry ice. Quality
893 control of total RNA and a pool of total RNA from three separate samples for each condition
894 (naïve or trained) was labeled and hybridized to the miRXplore microarray. Quality control,
895 sample labeling, hybridization and data analysis were performed by Miltenyi
896 (www.miltenyibiotec.com). Samples A and B presented in Figure 1-figure supplement 1 represent
897 rats from a single contextual fear conditioning experiment; samples C and 1-4 represent rats from

898 an independent contextual fear conditioning experiment (see Fear Conditioning for rats in
899 Supplemental Methods for a full description of experimental procedures).

900 Pearson and Spearman correlation coefficients were calculated for the top 21 miRNAs identified
901 from the three biological replicates of the miRNA microarray. For comparison, Pearson and
902 Spearman correlation coefficients were calculated for a random group of 21 miRNAs selected
903 from the miRNAs included in the miRXplore microarray. These values are presented in the
904 tables below:

905 Pearson coefficient:

Microarray replicates	21 fear-induced miRNAs	21 random miRNAs
Group A & B	0.31	-0.17
Group A & C	0.12	0.03
Group B & C	0.62	0.24

906

907 Spearman coefficient:

Microarray replicates	21 fear-induced miRNAs	21 random miRNAs
Group A & B	0.31	-0.10
Group A & C	0.12	0.04
Group B & C	0.62	0.11

908

909

910 **Microscopy in neurons**

911 For phenotypic analysis hippocampal neurons were grown on No. 1.5 12mm glass coverslips
912 (Electron Microscopy Sciences) coated with 0.1 mg/ml poly-L-lysine overnight at 37°C and
913 plated at a density of 90,000-100,000cells/cm² in 24-well dishes. The cells were cultured as
914 mentioned before and at DIV11 they were transfected with the vectors indicated in the figures
915 and the text. Cultures were fixed at DIV18 with 4% formaldehyde/2% sucrose in 1x phosphate-
916 buffered saline (PBS), washed 3 times with 1x PBS and then mounted with Prolong Gold anti-
917 fade reagent (Life Sciences). Lifact-Ruby neurons were identified by anti-RFP primary
918 antibody and then a secondary Alexa-555. This procedure was similar to that used for dendritic
919 spine geometry analysis. Neurons for the phenotypic analyses were imaged using either
920 widefield or spinning disk confocal microscopy. Widefield images used for the phenotypic
921 analyses were collected using a Nikon Ti-E inverted microscope with a Hamamatsu ORCA R2
922 cooled CCD camera controlled with MetaMorph 7 software (RRID:SCR_002368). GFP was
923 imaged with a 480/40 excitation filter and 535/50 emission filter, Lifact-Ruby was imaged with
924 a 545/30 excitation filter and a 620/60 emission filter and DAPI was imaged with a 350/50
925 excitation filter and 460/50 emission filter. Spinning disk confocal images used for figures were
926 collected using a Yokogawa CSU-X1 mounted on a Nikon Ti-E, a Spectral Applied Research

927 LMM-7 laser launch with AOTF control of intensity and wavelength, and a Hamamatsu ORCA-
928 AG cooled CCD camera controlled with MetaMorph 7 software. GFP was imaged with a 491nm
929 solid state laser and a 535/50 emission filter, and Lifeact-Ruby neurons were imaged with a
930 561nm solid state laser and 620/60 emission filter, both using a QUAD 405/491/561/642
931 dichroic. All filters were made by Chroma Technologies. Images for dendritic spine analysis
932 were acquired using a Nikon Plan Apo 60x 1.4 NA oil immersion objective. For each image
933 obtained, 15 focal plane z-series were collected with a step size of 0.25um using the internal
934 Nikon Ti focus motor. Images for dendritic analysis were acquired using Nikon Plan Apo 20x
935 0.75 NA objective lens. For each hippocampal neuron imaged, 10 focal plane z-series were
936 collected with a step size of 1µm. Images in the figures are displayed as maximum intensity z-
937 projections using MetaMorph 7 or ImageJ (RRID:SCR_003070).

938

939 **Dendritic Spine Analysis**

940 To analyze the effects of miR-153 on dendritic spine shape we analyzed in a blinded manner
941 totally 14-16 neurons for miR-153 inhibition and 19-23 neurons for miR-153 overexpression.
942 Neurons were selected based on the eGFP staining. For this analysis we obtained images from
943 two independent experiments per condition and three coverslips for each experiment. Filament
944 tracer plugin of Imaris software (version 7.6.5, Bitplane Inc.; RRID:SCR_007370) used for this
945 analysis. Similar to the dendritic analysis, in the Imaris Surpass mode, a new 3D filament was
946 created using the Autopath mode and a region of interest (ROI) was selected. We restricted the
947 spine analysis in secondary or tertiary dendrites to reduce variability and we analyzed about
948 100µm-150µm of dendritic segments from at least 2 dendrites per neuron. The dendrite
949 reconstruction was created based on the eGFP signal and dendritic spines were reconstructed
950 based on the Lifeact-ruby signal. After the completion of the analysis for each neuron we
951 extracted the data for the spine volume, spine length, spine terminal diameter (head width), spine
952 mean neck width. Spine density was calculated per neuron by dividing the total number of spines
953 by the total length of dendrites measured in each cell. The means for these parameters were
954 calculated for each neuron separately and then the averages from all neurons together were
955 plotted as average numbers for each condition. Alternatively, all the individual values were used
956 to generate cumulative plots. In addition to the unpaired t-tests, we performed multiple pairwise
957 comparisons using one-way ANOVA: [spine volume: (Pvalue=0.04, F=2,925), spine width:
958 (Pvalue=0.0124, F=3,904), spine length: (Pvalue=0,4231, F=0,9476), spine neck width:
959 (Pvalue=0,0046, F=4,741), spine density: (Pvalue=0,0154, F=3,731)].

960

961 **Microscopy of brain sections**

962 To assess efficiency of the virus injections mice were transcidentally perfused with phosphate-
963 buffered saline (PBS) followed by 4% paraformaldehyde (PFA) in 1xPBS. The brains were

964 dissected and post-fixed in 4% PFA in PBS at 4 °C overnight. Free-floating vibratome coronal
 965 sections (40 µm) were incubated in a blocking solution of 10% normal donkey serum, 3% bovine
 966 serum albumin, 0.2% Triton-X 100, 0.02% sodium azide in 1x PBS for 1-2 hrs at room
 967 temperature (RT). Sections were then incubated with primary antibodies in the blocking solution
 968 overnight at 4 °C followed by the appropriate Cy3-conjugated (Jackson Labs, ME; 1:1000) and
 969 Alexa488 (Invitrogen, OR; 1:1000) secondary antibodies for 2 hrs at RT. Twenty minute
 970 incubations with Hoechst dye (Invitrogen, OR) at RT were performed to label cell nuclei. GFP-
 971 expressing neurons were identified with anti-GFP chicken polyclonal antibody (GFP-1010, Aves
 972 Labs) at 1:1000. Images were acquired using high-resolution multi-channel scanning confocal
 973 microscopy (LSM 510 Imager Z.1; Zeiss). Confocal 3D scans were carried out with a using
 974 Plan-Apochromat 63×/1.4, EC Plan-Neofluoar 40×/1.30 oil immersion, and Plan-Apochromat
 975 20×/0.8 objective lenses at four excitation laser lines. DAPI was imaged with a 405 nm solid
 976 state laser and a 445/50 emission filter.

977

978 **Chromatin Immunoprecipitation**

979 The Chromatin Immunoprecipitation assays were performed as described by (Tatarakis et al.,
 980 2008). Briefly, to crosslink chromatin the cells were treated with 1% formaldehyde for 10min at
 981 room temperature. Crosslinking was stopped by the addition of glycine to a final concentration
 982 of 125mM. The cells were washed with 1x PBS and nuclei were prepared by resuspension in a
 983 sucrose buffer [0.32M sucrose, 15mM Hepes pH 7.9, 60mM KCl, 2mM EDTA, 0.5mM EGTA,
 984 0.5% BSA, 0.5mM spermidine, 0.15mM spermine, 0.5% NP-40 and 0.5mM DTT] followed by
 985 dounce homogenization. The nuclei were lysed in sonication buffer [45mM Hepes pH 7.9,
 986 110mM NaCl, 5mM EDTA, 1% Triton X-100, 0.3% SDS, 0.1% Na-deoxycholate, and protease
 987 inhibitor cocktail (Roche)] and then sonicated with the Bioruptor for 20min (30sec on 30sec off).
 988 After centrifugation the soluble chromatin was precleared with dynabeads and subjected to IPs.
 989 Reverse crosslinking and DNA purification was following the immunoprecipitations. After
 990 centrifugation the soluble chromatin was precleared with dynabeads and subjected to
 991 immunoprecipitation with one of the following antibodies: H3K4me3, H3K36me3, CREB, PolII
 992 (Ser5-phosphorylated), PolII (Ser2-phosphorylated), CBP/p300, C/EBP β or ATF4. Reverse
 993 crosslinking and DNA purification followed the immunoprecipitations. The immunoprecipitated
 994 DNA was analyzed by qPCR. Tiling primers were designed against the mouse genome for each
 995 H3K4me3 peak and across the miR-153 coding sequence; with each primer pair spanning a 400
 996 base pair region (sequences are presented below).

997 **Ptprn2 promoter tiling primer set (chr12: 117,723,700-117,725,700)**

Primer ID	Forward Sequence	Reverse Sequence
R1	TTTGAGGACTCCATCTGCAACTCC	GTTCGTGGAGAAAGGACACTTGGA
R2	TGCTGCTGCTGCTGCTAC	TTGAGCTGTCCCAGGTCCTT
R3	TTAGTGAGTGGCTGGGTCCTT	ACAGACAAGATTAGCAGGAGGGAG

R4	CCTCTGGTCTTCAGAGGTGTTCA	TTCAAGGAGTTCATGTGGTAGGC
----	-------------------------	-------------------------

998

999 **Ptprn2 cryptic promoter tiling primer set (chr12: 118,392,000-118,395,000)**

Primer ID	Forward Sequence	Reverse Sequence
R1	GAGGCTTCATTCCCTCACCTAAT	CCTCATCCGCCCAAGACTATGAAT
R2	TCGCAGAACTGCCTGCAC	CAACCAACTGCTTCCCTGCATT
R3	TTCAATGCAGGGAAGCAGTTGG	CAACCCTTGGAAGGTTCTGTTCTG
R4	CGTCTTGCCTAGTTCAGAGGGTAA	TGTCTCTCCCTTCTAATCTGTGCG
R5	GGGAGGATGGATGAAGGACAAGAT	GGGAGGTAGAAGCTCAAAGGTGAT
R6	GATCCTACACTTTCTCCCACCCTT	CAACGAAGACGCAAAGGGACTT
R7	GTGGTAGAACTAGGTGTGTACTGC	CGCAATGCCTGGTACCTAAGAAAG
R8	CCGATCTGGTGTAAGGGCTTAGT	GTGCACTTTAGGAGTGGAGCATCT
R9	ATGGTCTGATCTCCACGACCTCTA	CTTAACTCGCTCTCATGCCCGTAA
R10	GTACGGCCAAATATCCCTCTCCAA	ATCTATCCAAAGAGGGGAACCTGCC

1000

1001 **Ptprn2 control region tiling primer set (chr12: 118,382,000-118,385,000)**

Primer ID	Forward Sequence	Reverse Sequence
R1	AGACAGCTACATCTGGGTCCTTTC	ACACCCATGGAAGGAGTTACAGAG
R2	TCTCTGCCATTCGGTATTCCTCAG	GCAATGGCTTGTGCTGTAAGATCG
R3	GGGCCTTGAATTCCTGATCTTTC	CTCGCTAACCGAATCCAAGAACAC

1002

1003 **Ptprn2 miR-153 coding sequence tiling primer set (chr12: 118,487,290-118,491,358)**

Primer ID	Forward Sequence	Reverse Sequence
R1	GTATGCTCACTTGTGTCCTTCTGC	CATGACCCACACTTCTGACTTCAC
R2	TGTCTGGATGATCAGTGTAAGGTGAC	CCAAGCCTTTGTAAATCAACCCGC
R3	CAACTCAAGCAAATAGCAGCCTCC	GACGCTAAATTACAGGCAGCAGTG
R4	CGTGGTTTCATCCCAGGGAAATA	AGGCAATGTGTGTGTGCTGAATC
R5	ATGGTCATGATAACACCCAGGCTC	TGAGTGTAGCTAACTGAGCTGTGC
R6	TCGCTCATGAGTCAACTCCTCTTC	GGTGGAAAGGTCTCTGTGAGTGAAT
R7	CTTCAGCCTCTCCATACTGAACA	ATGGGAAGTGAAGACTGGAGACAG
R8	CAGATGACCTTGGACACACAGAGA	TCGCTAGTCACAACTGGACCTAC

1004

1005 Chromatin immunoprecipitation assays were also performed with naïve and trained rat
 1006 hippocampal tissues as described above with the H3K36me3 antibody. Tiling primers were
 1007 designed against the rat genome across the miR-153 coding sequence; with each primer pair
 1008 spanning a 400 base pair region (sequences are presented below).

1009 **Ptprn2 control region tiling primer set (chr6: 137,500,000-137,503,000)**

Primer ID	Forward Sequence	Reverse Sequence
R1	CAGTCCTGGCAATGCTTCTA	CTGTGTGGATCACTGTCTCTTC
R2	GCCACAGAGGAATGCTACTT	AAGTTGGTGCCGGTGTATAG
R3	TTAAAGGGCCACGGTGTTAG	GTGTAGAGGGACCAAGAAGAAG

1010

1011 **Ptprn2 miR-153 coding sequence tiling primer set (chr6: 144,519,037-144,522,600)**

Primer ID	Forward Sequence	Reverse Sequence
R1	GGCTGGGATGGTTGGTTAAT	CTGCTCTTGACTCTTCCAGATG
R2	CTGGTCAGGGATAGGGAGAATA	CTCTCCCTCCATTGACATACAC
R3	TCAAGTGGCTCAGGATCTTTG	GCTTTGGCCATAGTGTTTCATC
R4	GCTCTGCCTGCTTCCTTATAG	GTGGAGGTCAGAAGTCAATGTAG
R5	CCCACACACACCACACATTA	GATCAGTGCGTGAGCCAATA
R6	GGTGTGATGAAGACAGACAAGA	AAGCAGTGAAGTCTCCATTAG
R7	GTGGAGTTCATGGAGGGAATAG	GTGAGACAGGTCAGAAGGAAAG
R8	ATCAGAAGACGGAGGTGTAATG	CCACACCCTCAATACTGTAAGT
R9	GACCATTCTTCACTGGCATT	TCCAGACTGTGCGAAGTTCTCT

1012

1013 **Single-cell mRNA expression profiling**

1014 Stereotactic injections of miRZip-153 and miRZip-scr viruses into the dentate gyrus of adult
 1015 male mice were performed as described above. Hippocampal and cortical tissue was separated
 1016 from remaining brain tissue for both miRZip-153 and miRZip-scr animals and manually
 1017 disrupted using a sterile razor blade down to ~1 mm³ pieces. The tissue was then dissociated into
 1018 a single-cell suspension using the trypsin Neural Dissociation Kit (Miltenyi Biotec) according to
 1019 manufacturer's instructions. Cells were placed into FACS pre-sort medium (Neurobasal medium,
 1020 0.25% HEPES, 0.5% FBS).

1021 GFP⁺ and GFP⁻ cells were sorted by FACS into skirted 96-well PCR plates containing Pre-
 1022 Amplification solution (Cells Direct kit, Life Technologies) and appropriate mixtures of TaqMan
 1023 assays (for mouse). Plates were transported on ice and briefly centrifuged before
 1024 pre-amplification (94 °C 10 min, 50 °C 60 min, 94 °C 30 s, 50 °C 3 min x 15 cycles). Target-
 1025 specific cDNA from 100 cells per condition (miRZip-153 or miRZip-scr) were harvested,
 1026 screened for expression of housekeeping genes *ACTB* and *GAPDH* and then used for expression
 1027 profiling with a panel of qRT-PCR assays specific to miR-153 and the vesicle exocytosis
 1028 downstream target genes (*Bsn*, *Pclo*, *Snap25*, *Snca*, *Trak2*, and *Vamp2*). A total of 900,000 cells
 1029 were obtained from each condition (miRZip-153 or miRZip-scr) and 10% of this population was
 1030 GFP⁺ for each condition.

1031

1032 **Fluorescence Recovery After Photobleaching (FRAP)**

1033 Neuroblastoma N2A cells were grown in DMEM media with 25mM Hepes (pH 7.2) and without
1034 phenol red on multi-well glass bottom plate with high performance #1.5 cover glass. They were
1035 co-transfected with the plasmid pCI-SEP-GluA1 to express the GluA1 subunit of AMPA
1036 receptors tagged with Super Ecliptic pHluorin (SEP), along with pCDH lentivectors (SBI) in
1037 which GFP was replaced by mCherry, to overexpress miR-153 or a scramble control that
1038 expresses the mCherry to visualize transfected cells. One day before imaging they were
1039 differentiated with serum deprivation. Wide field images were acquired using a Nikon Ti-E
1040 motorized inverted microscope equipped with Plan Apo 100x NA/1.49 objective lens and the
1041 Perfect Focus System for maintenance of focus over time. Images were collected with a
1042 Hamamatsu D2 cooled CCD camera controlled with MetaMorph 7 software. SEP-GluA1 was
1043 imaged with a 480/40 excitation filter and 535/50 emission filter, mCherry was imaged with a
1044 545/30 excitation filter and a 620/60 emission filter. Photobleaching of cells was performed
1045 using the 488 laser TIRF illumination light path in epifluorescence mode with 100% laser
1046 intensity for 45 s followed by widefield imaging for the remainder of the experiment. The
1047 integrated SEP intensity of photobleached cells (N=5-8 cells/condition) at each time point was
1048 measured using Fiji software, and normalized to that of un-bleached cells to correct for possible
1049 fluorescence decay due to repetitive image acquisition. The proportion of recovered SEP at each
1050 time point after bleaching (corrected fluorescence intensity/pre-bleaching fluorescence intensity)
1051 was calculated and expressed as fold change over the levels of SEP at the first time point after
1052 photobleaching. The image data were analyzed with a two-tailed Mann Whitney U test in order
1053 to calculate p-values.

1054

1055 **FM4-64 imaging of primary hippocampal neurons**

1056

1057 FM4-64 imaging was performed as describe previously (Gaffield et al., 2006). Cultures of
1058 lentiviral infected primary hippocampal neurons at DIV15 were loaded with 2.5 μ M FM4-64
1059 (Invitrogen) for 2 min in saline solution containing 170 mM NaCl, 3.5 mM KCl, 0.4 mM
1060 KH₂PO₄, 5 mM NaHCO₃, 1.2 mM Na₂SO₄, 1.2 mM MgCl₂, 1.3 mM CaCl₂, 5 mM glucose, 20
1061 mM N-tris(hydroxymethyl)-methyl-2-aminoethane-sulfonic acid, pH 7.4) supplemented with
1062 55mM KCl. Neurons were rinsed with saline solution only and then incubated with 2.5 μ M FM4-
1063 64 in saline solution. The cells were washed three times with saline solution for a total of 5 min,
1064 followed by a wash for 10min with 1 mM ADVASEP-7 (Sigma-Aldrich) in saline solution.
1065 FM4-64 imaging was performed on a Nikon Ti-E inverted microscope with a Hamamatsu ORCA
1066 R2 cooled CCD camera controlled with MetaMorph 7 software with a Plan-Apochromat 40 \times
1067 0.95 N.A objective with images taken every 10 s at 25 °C. A 1-min baseline was recorded,
1068 followed by stimulation with 55mM KCl in saline solution for 7min. Cells were excited at 558
1069 nm and the emission measured at 734 nm. Images were analyzed in a blinded manner in ImageJ
1070 using the “time series analyzer v3” plug-in. We analyzed potential functional nerve terminals
1071 located along the GFP-positive cells and calculated the average values for each neuron separately

1072 and then the average of all neurons per condition. The FM4-64 signal was determined by $F = (F1$
1073 $- B1)/(F0 - B0)$. Signal was normalized to mean fluorescence intensity measured at baseline
1074 condition.

1075

1076 **Measurement of uptake and release of [H^3]-glutamate**

1077 Primary hippocampal neurons were cultured and transduced with miRZip-153, miRZip-scr,
1078 miR-153 or scramble overexpression lentiviruses as described above. For uptake assays, [H^3]-
1079 glutamate (1 μ Ci) was added and incubated for 30 minutes at 37°C. After removal of excess
1080 radiolabeled ligands, the cells were washed rapidly three times with ice-cold PBS. The
1081 radioactivity remaining in the cells was extracted with NaOH and measured with a liquid
1082 scintillation counter. For the release assays, cells were incubated in neurobasal medium with
1083 [H^3]-glutamate (1 μ Ci) for 2 hours and washed three times to remove excess radioactivity. The
1084 cells were then stimulated as described above (see Stimulation of neuronal cells) for 15 minutes
1085 at 37°C. The media were collected and rapidly centrifuged at 10,000 rpm for 20 seconds at 4°C.
1086 The radioactivity in the supernatants was then measured with a liquid scintillation counter.

1087 Rat hippocampal H19-7/miRZip-153 and H19-7/miRZip-scr cells were seeded into 6-well
1088 culture plates coated with poly-L-lysine at a density of 1×10^5 cells per well and cultured in
1089 DMEM supplemented with 10% fetal bovine serum, 100 units/mL penicillin, 100 μ g/mL
1090 streptomycin, 200 μ g/mL G418, and 2 mM glutamine (DMEM-proliferation medium) for 2 days.
1091 The cells were grown at 34°C in humidified 5% CO₂/95% O₂. To initiate differentiation, the cells
1092 are incubated at 37 °C and placed in N2 medium, which consists of DMEM supplemented with
1093 1% fetal bovine serum, 100 units/mL penicillin, 100 μ g/mL streptomycin, 200 μ g/mL G418, 2
1094 mM glutamine, and supplemented with 50 ng/mL of IGF-1 (Life Technologies). For the uptake
1095 assays, after 48 hours, cells were washed three times with N2 medium containing 31% low K⁺
1096 buffer (17mM KCl, 2mM CaCl₂, 1mM MgCl₂, 10mM HEPES). [H^3]-glutamate (1 μ Ci) was
1097 added and incubated for 30 minutes at 37 °C. After removal of excess radiolabeled ligands, the
1098 cells were washed rapidly three times with ice-cold PBS. The radioactivity remaining in the cells
1099 was extracted with NaOH and measured with a liquid scintillation counter. For the release
1100 assays, after 48 hours in N2 medium, cells were incubated with N2 medium containing 31% low
1101 K⁺ buffer (17mM KCl, 2mM CaCl₂, 1mM MgCl₂, 10mM HEPES) and [H^3]glutamate (1 μ Ci) for
1102 2 hours and washed three times to remove excess radioactivity. The cells were then stimulated
1103 with N2 medium containing 31% low K⁺ buffer (17mM KCl, 2mM CaCl₂, 1mM MgCl₂, 10mM
1104 HEPES) or with N2 medium containing 31% high K⁺ depolarization buffer (170mM KCl, 2mM
1105 CaCl₂, 1mM MgCl₂, 10mM HEPES) for 30 minutes at 37 °C. The media were collected and
1106 rapidly centrifuged at 10,000 rpm for 20 seconds at 4 °C. The radioactivity in the supernatants
1107 was then measured with a liquid scintillation counter.

1108

1109 **Data Deposition**

1110 All miRNA microarray data used in this study have been submitted to the Gene Expression
1111 Omnibus (GEO) repository (<http://www.ncbi.nlm.nih.gov/geo/>) under accession numbers
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1113

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1126 **References**

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1397

1398

1399

1400 **Figure legends**

1401

1402 **Figure 1. Expression profiling of miRNAs reveals 21 miRNAs that are induced in the**
1403 **hippocampus of adult rats 24 hours post-contextual fear conditioning.**

1404 (A) Schematic representation of contextual fear conditioning paradigm. Rats were trained to
1405 associate an aversive unconditioned stimulus (foot shock) with the environment (context).
1406 Freezing behavior was examined 24 hours after contextual fear conditioning training for a
1407 control group of rats (n=4 for each group, naïve and trained), a subset of rats for which tissue
1408 was not harvested. Error bars indicate SEM. *P* value from pairwise unpaired t-test is indicated
1409 with asterisks, * $p < 0.05$. (B) MiRNAs that displayed at least a 1.5-fold increase in expression
1410 between trained and naïve rats in three different experiments. (C) Network analysis using
1411 MetaCore (Thompson Reuters) identifies pathways involved in neuronal development, vesicle
1412 exocytosis and synaptic plasticity that are co-regulated by 3 or more of the fear induced miRNAs
1413 identified in panel B. *P* values were calculated for each canonical signaling pathway as
1414 compared to the number of occurrences from random sets of brain-expressed genes (see Methods
1415 for a detailed description of brain-expressed gene lists). All 6 of the pathways are statistically
1416 significant compared to random sets of brain-expressed genes, *** $p < 0.0001$. (D) MiR-153 and
1417 miR-9 are the top two miRNAs co-regulating targets involved in the vesicle exocytosis pathway.
1418 (E) Eight predicted targets from the vesicle exocytosis pathway that may be co-regulated by
1419 miR-153 and at least two other fear-induced miRNAs. The potential targeting fear-miRNAs are
1420 indicated above each target.

1421

1422 **Figure 2. Identification of three classes of miRNA that are induced in the hippocampus**
1423 **with contextual fear conditioning.**

1424 (A) Summary of experimental strategy. (B) Behavioral test of the naïve, immediate shock, and
1425 delayed shock animals. (C-D) RT-qPCR experiments showing changes in miRNA levels in the
1426 hippocampi of animals that were subjected to contextual fear conditioning with either the
1427 application of immediate shock after introduction to a novel context (immediate, blue bars) or
1428 delayed shock (trained, black bars) relative to animals that were only handled (naïve, white bars).
1429 (C) Class I miRNAs were specifically induced in the trained group. (D) Class II miRNAs were
1430 induced in both the immediate and trained groups with stronger induction in the trained group.
1431 The cases where the differences in miRNA levels between immediate and trained groups were
1432 statistically significant are indicated (*, p value < 0.05). (E) Class III miRNAs were induced in
1433 both the immediate and trained hippocampi with no apparent increase in trained versus the
1434 immediate group. Each group contained 9 animals, hippocampi from groups of 3 animals within
1435 each group were pooled for RNA isolation and RT-qPCR analysis.

1436

1437 **Figure 3. Expression of miR-153 is induced in the dentate gyrus by fear conditioning and**
1438 **LTP.**

1439 (A) RT-qPCR analysis of RNA levels showing average expression profiles of miR-153 from the
1440 dentate gyrus and CA1-CA3 regions of hippocampus in naïve and trained rats. Expression levels
1441 were normalized to snoRNA-202 RNA levels. Error bars indicate standard deviation.
1442 *** $p < 0.001$ (B) Schematic representation of a hippocampal slice showing stimulating and
1443 recording electrode sites. (C) Three-hour time course of perforant path-dentate gyrus (PP-DG)
1444 LTP in slices from wild-type mice ($n=5$). A 20-min baseline was recorded, after which LTP was
1445 induced with four epochs of high frequency stimulation (labeled as HFS with a red arrow)
1446 applied 15 seconds apart. fEPSP slope was plotted demonstrating robust LTP even 3 hours after
1447 the induction (data points are averaged every 1.5 minutes). Each point represents mean \pm SEM.
1448 (D) RT-qPCR analysis showing average expression relative to control for RNA isolated from the
1449 dentate gyrus and CA1-CA3 regions of hippocampal slices following 3 hours of PP-DG LTP.
1450 Expression levels were normalized to control RNA from the same region of the hippocampus.
1451 Error bars indicate standard error.

1452

1453 **Figure 4. Transcriptional regulation of miR-153 expression may proceed through a cryptic**
1454 **promoter.**

1455 (A) Schematic representation of Ptpn2 gene with regions identified for each tiling primer set
1456 used to map H3K4me3 for Ptpn2 (purple box, B), H3K4me3 for the cryptic promoter (magenta
1457 box, C), and H3K36me3 for the miR-153 coding sequence (green box, D). (B-C) ChIP-qPCR
1458 experiments showing changes in association of histone H3K4me3 (red) with the (B) Ptpn2
1459 promoter and (C) alternative cryptic promoter area. (D) ChIP-qPCR experiments showing
1460 changes in association of histone H3K36me3 (purple) and Pol II (green) across the miR-153
1461 coding sequence. Tiling primer sets spanning a 2 kilobase range (1 primer set/500 base pairs)
1462 were used to map the Ptpn2 promoter (B); a 3 kilobase range (1 primer set/300 base pairs) were
1463 used to map the putative cryptic promoter (C); and a 4 kilobase range (1 primer set/440 base
1464 pairs) were used to map the miR-153 coding sequence (D). (E-F) ChIP-qPCR experiments
1465 showing changes in association of CBP/p300 (purple), CREB (phosphorylated at Ser133,
1466 orange), C/EBP β (blue) and ATF4 (yellow) with the (E) Ptpn2 promoter and (F) alternative
1467 cryptic promoter area. All experiments were performed with chromatin isolated from mature
1468 mouse hippocampal neurons (14 DIV) depolarized continuously for 3 hours with 55 mM KCl
1469 relative to untreated hippocampal neurons. The experiments were performed in triplicate and the
1470 data are presented as mean \pm standard deviation.

1471

1472 **Figure 5. Knockdown of miR-153 enhances contextual fear-based memory.**

1473 (A) Schematic representation of the DG region of the hippocampus that is injected by
1474 lentiviruses expressing miRZip-153 or miRZip-scramble. (B) miRZip-153 (KD) and
1475 miRZip-scramble (KD) injected mice were tested with a contextual fear conditioning task.
1476 Freezing behavior was examined 24 hours after contextual fear conditioning training. Contextual
1477 fear conditioning training was performed after injection of miRZip-153 (KD) or
1478 miRZip-scramble (KD) into the dentate gyrus region of the hippocampus. $p = 0.001$ (C) miRZip-
1479 153 (KD) and miRZip-scramble (KD)-injected mice were tested with a cued fear conditioning

1480 task. Freezing behavior was examined 24 hours after cued fear conditioning training. Cued fear
1481 conditioning training was performed after injection of miRZip-153 (KD) or miRZip-scramble
1482 (KD) into the dentate gyrus region of the hippocampus.

1483

1484 **Figure 6. Overexpression of miR-153 decreases dendritic spine volume in hippocampal**
1485 **neurons.**

1486 (A-D) Lifeact-mRuby images, used to visualize spines, of dendritic regions from representative
1487 neurons (DIV18) transfected with scramble (KD) control vector (A), miR-153 (KD) inhibiting
1488 vector (B), scramble (OE) control vector (C), miR-153 (OE) overexpressing vector (D). Scale
1489 bar, 5 μ m. KD represents knock-down and OE represents overexpression. (E) Average volume of
1490 spines ($n > 800$ spines) from neurons ($n = 14-23$) transfected as in (A-D). The means for these
1491 parameters were calculated for each neuron separately and then the averages from all neurons
1492 together were plotted as average numbers for each condition. Error bars indicate SEM. *P* values
1493 of pairwise unpaired t-tests are indicated with asterisks scramble (KD) vs miR-153 (KD) ($p =$
1494 0.84) and scramble (OE) vs miR-153 (OE) ($p = 0.003$). * $p < 0.05$, ** $p < 0.01$ (F) Cumulative
1495 distributions of spine volume were plotted for each group of hippocampal neurons (DIV18)
1496 transfected as above. At least 800 spines were measured from 2 independent experiments and 3
1497 coverslips each experiment per condition. Spine volume was decreased in miR-153
1498 overexpressing neurons ($p < 0.0001$, $D = 0.21$), but not changed in neurons with miR-153
1499 inhibited ($p = 0.37$, $D = 0.041$). (G) Average spine head width calculated and represented as in (E).
1500 Error bars indicate SEM. *P* values of pairwise unpaired t-tests are indicated with asterisks;
1501 scramble (KD) vs miR-153 (KD) ($p = 0.43$), scramble (OE) vs miR-153 (OE) ($p = 0.008$) and
1502 miR-153 (KD) vs miR-153 (OE) ($p = 0.001$). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (H) Average
1503 spine neck width calculated and represented as in (E). Error bars indicate SEM. *P* values of
1504 pairwise unpaired t-tests are indicated with asterisks scramble (KD) vs miR-153 (KD) ($p = 0.9$)
1505 and scramble (OE) vs miR-153 (OE) ($p = 0.0006$). *** $p < 0.001$ (I) Average spine density of
1506 hippocampal neurons calculated as in (E). Error bars indicate SEM. *P* values of pairwise
1507 unpaired t-tests are indicated with asterisks. n.s., not significant.

1508

1509 **Figure 7. miR-153 regulates the expression of targets involved in the vesicle exocytosis**
1510 **pathway.**

1511 (A) Cells with luciferase reporter constructs containing wild-type (purple bars) or mutant (white
1512 bars) *Bsn*, *Pclo*, *Snap25*, *Snca*, *Trak2*, or *Vamp2* mouse 3'-UTR region were co-transfected with
1513 the miR-153 expression plasmid. A miR-153 scrambled expression plasmid served as a control
1514 (leftmost bars). 3'-UTR mutations were in the seed sequence for the miR-153 binding site for
1515 each gene. HEK293T cells were co-transfected with both the reporter gene and miRNA
1516 expression vectors, and luciferase activity was measured 48 hours later. The experiments were
1517 performed in triplicate and error bars indicate standard deviation. (B) RT-qPCR analysis of RNA
1518 levels for genes (*Bsn*, *Pclo*, *Snap25*, *Snca*, *Trak2*, and *Vamp2*) from miRZip-153 (OE) infected
1519 14 DIV hippocampal neurons (red, magenta and purple bars), relative to neurons infected with

1520 miRZip-scramble (OE), a control scrambled miR lentivirus (black bar). Each experiment was
1521 performed in triplicate. Error bars indicate standard deviation. * p<0.05, ** p<0.01, ***p<0.001.

1522

1523 **Figure 8. miR-153 regulates targets involved in the vesicle exocytosis pathway that are**
1524 **suppressed after fear conditioning.**

1525 (A-F) RT-qPCR analysis of RNA levels for vesicle exocytosis genes *Bsn* (A), *Pclo* (B), *Snca*
1526 (C), *Snap25* (D), *Trak2* (E), and *Vamp2* (F) from hippocampus of naïve and trained rats. (G-J)
1527 RT-qPCR analysis of RNA levels for vesicle exocytosis genes *Pclo* (G), *Snca* (H), *Snap25* (I),
1528 and *Vamp2* (J) from hippocampus and cortex tissue isolated from miRZip-153 (KD) and
1529 miRZip-scr (KD) injected mice. Transcript levels are reported for FACS sorted GFP⁺ or GFP⁻
1530 neurons from miRZip-153 (KD) tissues relative to FACS sorted GFP⁺ or GFP⁻ neurons from
1531 miRZip-scr (KD), a control scrambled miR lentivirus. Each experiment was performed in
1532 triplicate. Error bars indicate standard deviation. * p<0.05

1533

1534 **Figure 9. miR-153 regulates vesicle exocytosis and glutamate neurotransmitter release.**

1535 (A-B) Analysis of vesicle exocytosis by FM4-64 imaging in primary neurons. (A) Fold
1536 fluorescence depletion of FM4-64 dye of scramble (KD) and miR-153 (KD) groups of (n=10-12)
1537 neurons per group, **p=0.008, two-tailed Mann Whitney U test. (B) Fold fluorescence depletion
1538 of FM4-64 dye of scramble (OE) and miR-153 (OE) groups of (n=10-12) neurons per group,
1539 *p=0.014, two-tailed Mann Whitney U test. (C-D) [³H]-glutamate release in primary neurons.
1540 (C) [³H]-glutamate release as determined by measuring radioactivity content in neurons
1541 transduced with miRZip-153 knockdown (KD) lentivirus (white bars) as compared to primary
1542 neurons transduced with miRZip-scr (KD) lentivirus (black bars) after depolarization with 55
1543 mM KCl (high KCl). (D) [³H]-glutamate release as determined by measuring radioactivity
1544 content in neurons transduced with miR-153 overexpression (OE) lentivirus (white bars) as
1545 compared to primary neurons transduced with scramble overexpression (OE) lentivirus (black
1546 bars) after depolarization with 55 mM KCl (high KCl). Each experiment was performed in
1547 triplicate. Error bars indicate standard deviation. * p<0.05. (E) Schematic summary illustrating
1548 the role of miR-153 as a negative feedback regulator of the pathways that mediate changes in
1549 synaptic strength and neurotransmitter release.

1550

1551

1552 **Figure 1– figure supplement 1. Identification of hippocampal fear-induced miRNAs.**

1553 MiRNAs that displayed at least a 1.5-fold increase in expression between trained and naïve rats
1554 in three different experiments with pooled hippocampal RNA from three individual trained rats
1555 relative to three individual naïve rats are labeled A-C. Expression ratios comparing a single
1556 trained and naïve rat are labeled 1-4.

1557

1558 **Figure 1 – figure supplement 2. Additional targets shared between miR-153 and other**
1559 **fear-induced miRNAs.**

1560 The remaining 4 (Vamp2, Snca, Cltc, Itsn2) predicted targets of miR-153 from the vesicle
1561 exocytosis pathway that are regulated by miR-153 alone or at least one other fear-induced
1562 miRNA are shown.

1563

1564 **Figure 2 – figure supplement 1. Class III miRNAs and control miRNAs.**

1565 **(A)** Additional Class III miRNAs that were induced in both the immediate and trained
1566 hippocampi with no apparent increase in trained versus the immediate group. **(B)** Control
1567 miRNAs represent miRNAs that are not specific for neuronal tissue and are not activity induced.

1568

1569 **Figure 3 – figure supplement 1. Region-specific expression of hippocampal fear-induced**
1570 **miRNAs.**

1571 RT-qPCR analysis of RNA levels for **(A)** miR-338-3p **(B)** miR-204* **(C)** miR-125a-3p **(D)**
1572 miR-9 **(E)** miR-219-2-3p miRNAs from the dentate gyrus and CA1-CA3 regions of
1573 hippocampus in naïve and trained rats. Expression levels were normalized to snoRNA-202 RNA
1574 levels, and values are reported relative to snoRNA-202 expression. Error bars indicate standard
1575 deviation. * $p < 0.05$, *** $p < 0.001$

1576

1577 **Figure 4 – figure supplement 1. H3K36 trimethylation occupancy is increased across the**
1578 **miR-153 coding sequence after contextual fear-conditioning and miR-153 is**
1579 **transcriptionally induced from an alternative promoter within Ptpn2.**

1580 **(A)** Genome browser tracks of H3K36me3 ChIP-seq data across the miR-153 coding sequence in
1581 18 the hippocampus of trained (green) and naïve (black) rats. Figure was generated using
1582 integrative genomics viewer. **(B)** ChIP-qPCR experiments showing changes in association of
1583 H3K36me3 (black) across the miR-153 coding sequence, for chromatin isolated from
1584 hippocampus of trained rats relative to naïve rats. Tiling primer sets spanning a 3.6 kilobase
1585 range (1 primer set/400 base pairs) were used to map the coding sequence. The experiments were
1586 performed in triplicate and the data are presented as mean \pm standard deviation. **(C)** RT-qPCR

1587 analysis showing average expression profiles of *Ptpn2* for RNA isolated from hippocampus of
1588 naïve and trained rats 24 hours after contextual fear conditioning. Exon downstream of host gene
1589 promoter (left) and exon downstream of cryptic promoter (right) are shown. Error bars indicate
1590 standard deviation. * $p < 0.05$ (D) RT-qPCR analysis of miR-153 expression for RNA isolated
1591 from mature mouse hippocampal neurons (14 DIV) depolarized continuously for 0.5-4 hours
1592 with KCl (as described in Supplemental Methods). Error bars indicate standard deviation.
1593 *** $p < 0.001$ (E) RT-qPCR analysis showing average expression profiles of precursor form of
1594 miR-153 (pre-miR-153) for RNA isolated from mature mouse hippocampal neurons (14 DIV)
1595 depolarized continuously for 1-5 hours with 55 mM KCl relative to untreated hippocampal
1596 neurons. Error bars indicate standard deviation. *** $p < 0.001$
1597

1598 **Figure 5 – figure supplement 1. miR-153 (KD)-GFP and scrambled-GFP in the dentate**
1599 **gyrus of C57BL/6 mice.**

1600 (A) Confocal microscope images of hippocampi injected with either the miRZip-153 (KD) (top)
1601 or miRZip-scr (KD) scrambled control (bottom) lentivirus construct in the dentate gyrus area.
1602 The brain slices and labeled with antibodies against GFP (green) and Hoechst (blue). DG:
1603 dentate gyrus region, CA1: *Cornu Ammonis* region 1. Scale bar: 100 μm . (B) RT-qPCR analysis
1604 of RNA levels for miR-153 from hippocampus and cortex tissue isolated from miRZip-153 (KD)
1605 and miRZip-scr (KD) injected mice. Transcript levels are reported for FACS sorted GFP⁺ or
1606 GFP⁻ neurons from miRZip-153 (KD) tissues relative to FACS sorted GFP⁺ or GFP⁻ neurons
1607 from miRZip-scr (KD), a control scrambled miR lentivirus. Each experiment was performed in
1608 triplicate. Error bars indicate standard deviation.

1609

1610 **Figure 5 – figure supplement 2. Behavioral characterization of miR-153 (KD)-GFP and**
1611 **scrambled-GFP injected mice.**

1612 (A) miRZip-153 (KD) mice exhibit normal pain sensitivity behavior as measured by length of
1613 time required for observation of nociceptive response (rear paw licking). miRZip-153 (KD) mice
1614 demonstrate normal (B) horizontal activity, (C) vertical activity, (D) distance traveled, as well as
1615 (E) total time moving, (F) total movement number and (G) frequency of stereotypic behavior in
1616 the open field test (60 min observation). (White – miRZip-scr (KD) control mice; black –
1617 miRZip-153 (KD) mice; $n = 15 + 13$ animals. Error bars indicate SEM, ns: not significant,
1618 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$). miRZip-153 (KD) mice exhibit normal activity and anxiety-
1619 related behavior in the open field as measured by the time spent in (H) the margin and (I) the
1620 center (60 min observation). miR-153 (KD) mice exhibit normal activity and anxiety-related
1621 behavior in the open field as measured by total distance covered in (J) the margin and (K) the
1622 center (60 min observation). miR-153 (KD) mice exhibit normal anxiety-related behavior in the
1623 Light-Dark exploration test as measured by (L) the time of the first exit into the brightly lit area
1624 and (M) the total time spent in the brightly lit area.

1625

1626 **Figure 6 – figure supplement 1. miR-153 negatively regulates dendritic spine size.**

1627 (A) Expression profile of miR-153 during primary hippocampal differentiation in vitro. (B-C)
1628 Schematic representation of treatment of miR-153 lentiviral-infected mature hippocampal
1629 cultures. RT-qPCR analysis of RNA levels showing expression profile of miR-153 in mature
1630 hippocampal neurons (14 DIV). Expression profiles are shown for neurons infected with either
1631 (B) miR-Zip-153 (KD) or miR-Zip-scr (KD), a control scrambled miR lentivirus (black bars).
1632 (C) Expression profiles for neurons infected with either Lv-miR-153 (OE) or Lv-scr (OE), a
1633 control scrambled miR lentivirus (white bar). Each sample was measured in triplicate and error
1634 bars indicate standard deviation. The scr (OE) replicates are represented as a single bar (white).
1635 (D) Schematic representation of a spine and the features that were measured in this analysis
1636 together with the total spine volume and the density of spines. (E-G) Cumulative distributions of
1637 (E) spine head width, (F) spine neck width, (G) spine length were plotted for each group of
1638 hippocampal neurons (DIV18) transfected as in Figure 3A-D. At least 800 spines were measured
1639 from 2 independent experiments and 3 coverslips each experiment per condition. (E) Spine head
1640 width was decreased when miR-153 was overexpressed ($p < 0.0001$, $D = 0.14$) and increased when
1641 miR-153 was blocked ($p < 0.001$, $D = 0.09$). (F) Spine neck width was decreased, when miR-153
1642 was overexpressed ($p < 0.0001$, $D = 0.2$) and not changed, when miR-153 was blocked ($p = 0.55$,
1643 0.04). Statistical significance was assessed by Kolmogorov-Smirnov test. (G) Spine length
1644 showed a decrease when miR-153 was overexpressed ($p < 0.0001$, $D = 0.14$), but with no change
1645 when miR-153 was blocked ($p = 0.176$, $D = 0.05$). Statistical significance was assessed by
1646 Kolmogorov-Smirnov test. (H) Average spine length of hippocampal neurons ($n = 14-23$)
1647 transfected as above. It was calculated for each neuron separately and then the averages from all
1648 neurons together were plotted as average numbers for each condition. Error bars indicate SEM. *P*
1649 values of pairwise unpaired t-tests are indicated with asterisks scramble (KD) vs miR-153 (KD)
1650 ($p = 0.69$) and scramble(OE) vs miR-153(OE) ($p = 0.14$). n.s. not significant.

1651

1652 **Figure 7 – figure supplement 1. CBP/p300 is a target of miR-153.**

1653

1654 (A) Schematic representation of *CBP/p300* gene with miR-153 binding site indicated. (B) Cells
1655 containing the luciferase reporter constructs containing wild-type (black bars) or mutated
1656 *CBP/p300* mouse 3'-UTR region (white bars) were co-transfected with miR-153. A miR-153
1657 scrambled expression plasmid served as a control (left 2 bars). HEK293T cells were
1658 co-transfected with both the reporter gene and miRNA expression vectors, and luciferase activity
1659 was measured 48 hours later. The experiments were performed in triplicate and error bars
1660 indicate standard deviation. (C) Schematic representation of the feedback loop formed between
1661 miR-153 and CBP/p300. Green arrows indicate activation or positive feedback; red arrows
1662 indicate repression or negative feedback.

1663

1664 **Figure 8 – figure supplement 1. Fluorescence-activated cell sorting (FACS) plots of**
1665 **hippocampal neurons isolated from wild-type mice transduced in the dentate gyrus with**
1666 **miRZip lentiviruses.**

1667 (A) Schematic representation of the methods used to prepare samples for FACS sorting and RT-
1668 qPCR analysis from wild type mice transduced in the dentate gyrus with lentiviruses. (B-C)
1669 Representative examples of FACS sorting of GFP positive but DAPI negative neurons from wild

1670 type mice transduced in the dentate gyrus with miRZip-scr-GFP **(B)** or miRZip-153-GFP **(C)**
1671 lentivirus.

1672

1673 **Figure 9 – figure supplement 1. Neurotransmitter uptake and release measurements in**
1674 **H19-7 hippocampal neuronal cells.**

1675 **(A)** RT-qPCR analysis of miR-153 expression for RNA isolated from differentiated H19-7 cells
1676 depolarized continuously for 0.5-4 hours with KCl (as described in Supplemental Methods).
1677 Experiments were performed in triplicate and error bars indicate standard deviation. **(B)** [H^3]-
1678 glutamate uptake as determined by measuring radioactivity content in H19-7 miRZip-153
1679 knockdown (KD) cells as compared to H19-7 miRZip-scr (KD) cells after depolarization with 55
1680 mM KCl (high KCl). **(C)** [H^3]-glutamate secretion by 5 mM KCl (low KCl) or 55 mM KCl (high
1681 KCl) as determined by measuring the radioactivity in the supernatant of H19-7 miRZip-153
1682 (KD) cells as compared to H19-7 miRZip-scr (KD) cells. **(D)** [H^3]-glutamate uptake as
1683 determined by measuring radioactivity content in primary neurons transduced with miRZip-153
1684 knockdown (KD) lentivirus as compared to primary neurons transduced with miRZip-scr (KD)
1685 lentivirus. **(E)** [H^3]-glutamate uptake as determined by measuring radioactivity content in
1686 primary neurons transduced with miR-153 overexpression (OE) lentivirus as compared to
1687 primary neurons transduced with scramble overexpression (OE) lentivirus. Each experiment has
1688 been performed in triplicate. Error bars indicate standard deviation. * $p < 0.05$.

1689

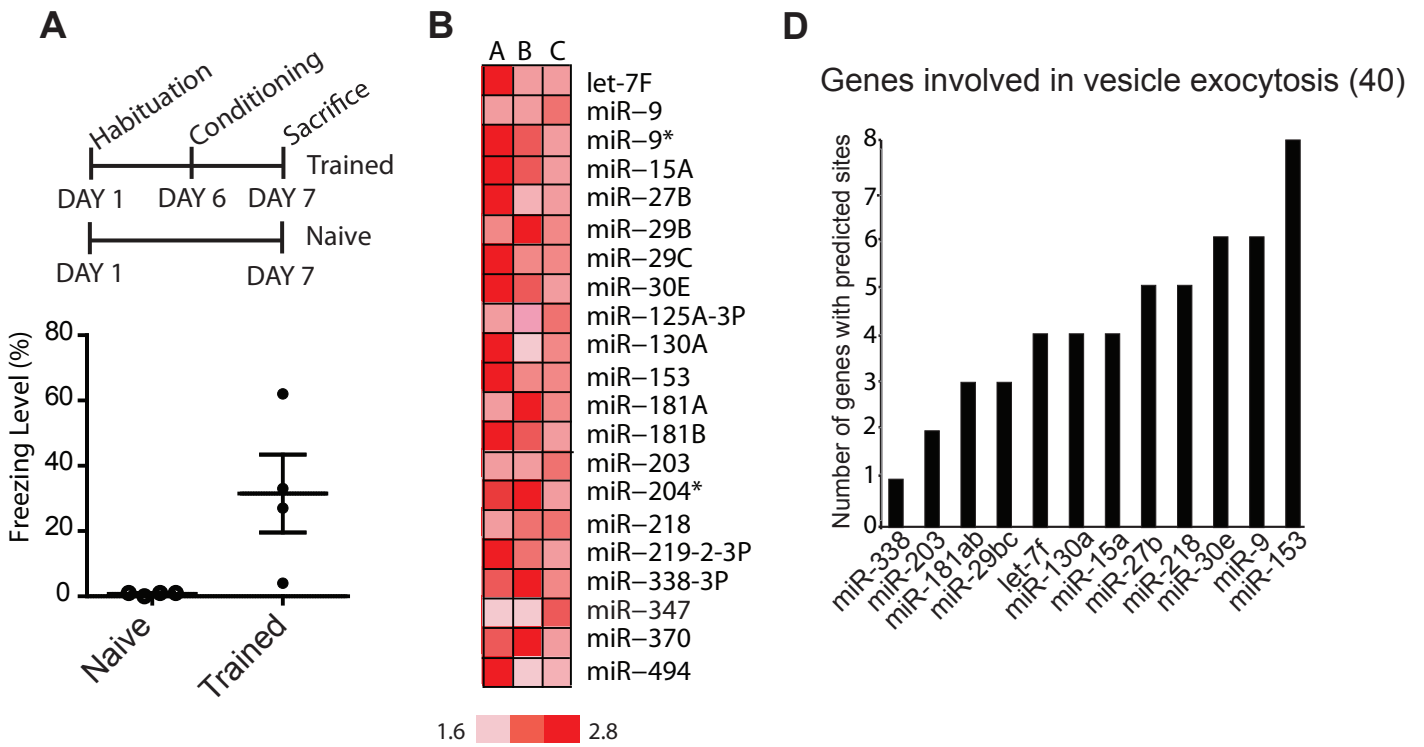
1690 **Figure 9 – figure supplement 2. Fluorescence recovery after photobleaching (FRAP) of**
1691 **SEP-GluA1 AMPA receptors in neuroblastoma N2A cells.**

1692 **(A)** Schematic representation of the design of the FRAP experiment. **(B)** Images of N2A cells
1693 that were perfused with p.H 7.4 ACSF followed by a brief exposure to p.H 5.5 and then returned
1694 to p.H 7.4. **(C)** Relative levels of SEP-GluA1 at neutral and acidic conditions for N2A cells
1695 treated as in (B). **(D)** Relative levels of mCherryFP at neutral and acidic conditions. **(E)**
1696 Immunoblot for GluA1 total levels in scramble (OE) and miR-153 (OE) cells.

1697

1698 **Figure 9 – figure supplement 3. miR-153 regulates AMPAR transport in neuroblastoma**
1699 **N2A cells.**

1700 **(A)** Time lapse images following photobleaching of SEP-GluA1 in scramble (OE) cells. **(B)**
1701 Time lapse images following photobleaching of SEP-GluA1 in miR-153 (OE) cells. **(C)** Fold
1702 fluorescence recovery of SEP-GluA1 of scramble (OE) and miR-153 (OE) groups of cells (n=5-8
1703 cells per group, $p = 0.028$, two-tailed Mann Whitney U test).



C

Network (p-value)

Targets co-regulated by fear-induced miRNAs

Development, Neurogenesis, Axonal guidance (1E-04)

Development, Neurogenesis, Synaptogenesis (6E-04)

Transport, Synaptic vesicle, Exocytosis (<3E-24)

Neurophysiological process, Transmission of nerve impulse (<3E-24)

Neurophysiological process, Long-term potentiation (<3E-24)

Cell adhesion, Synaptic contact (4E-06)

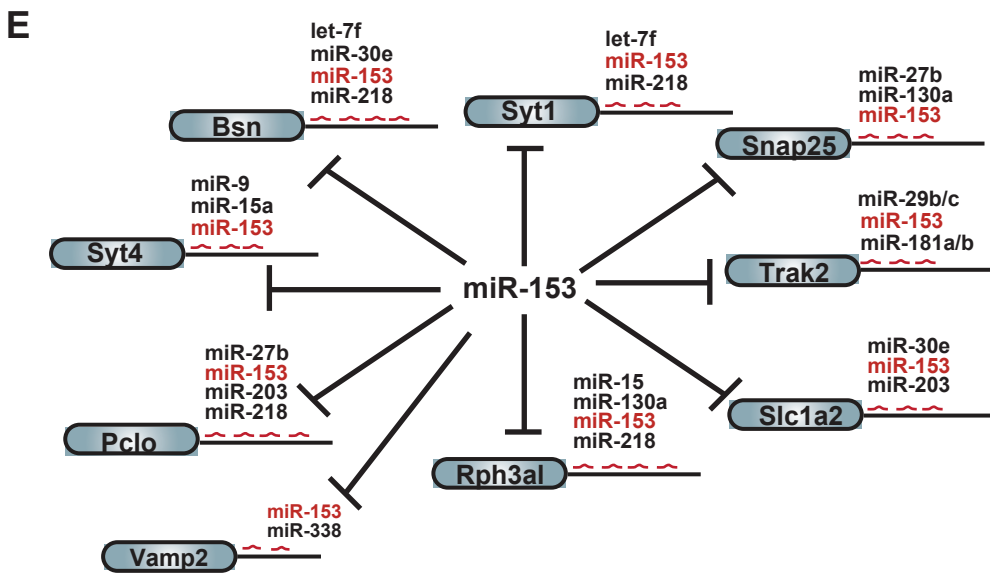


Figure 1

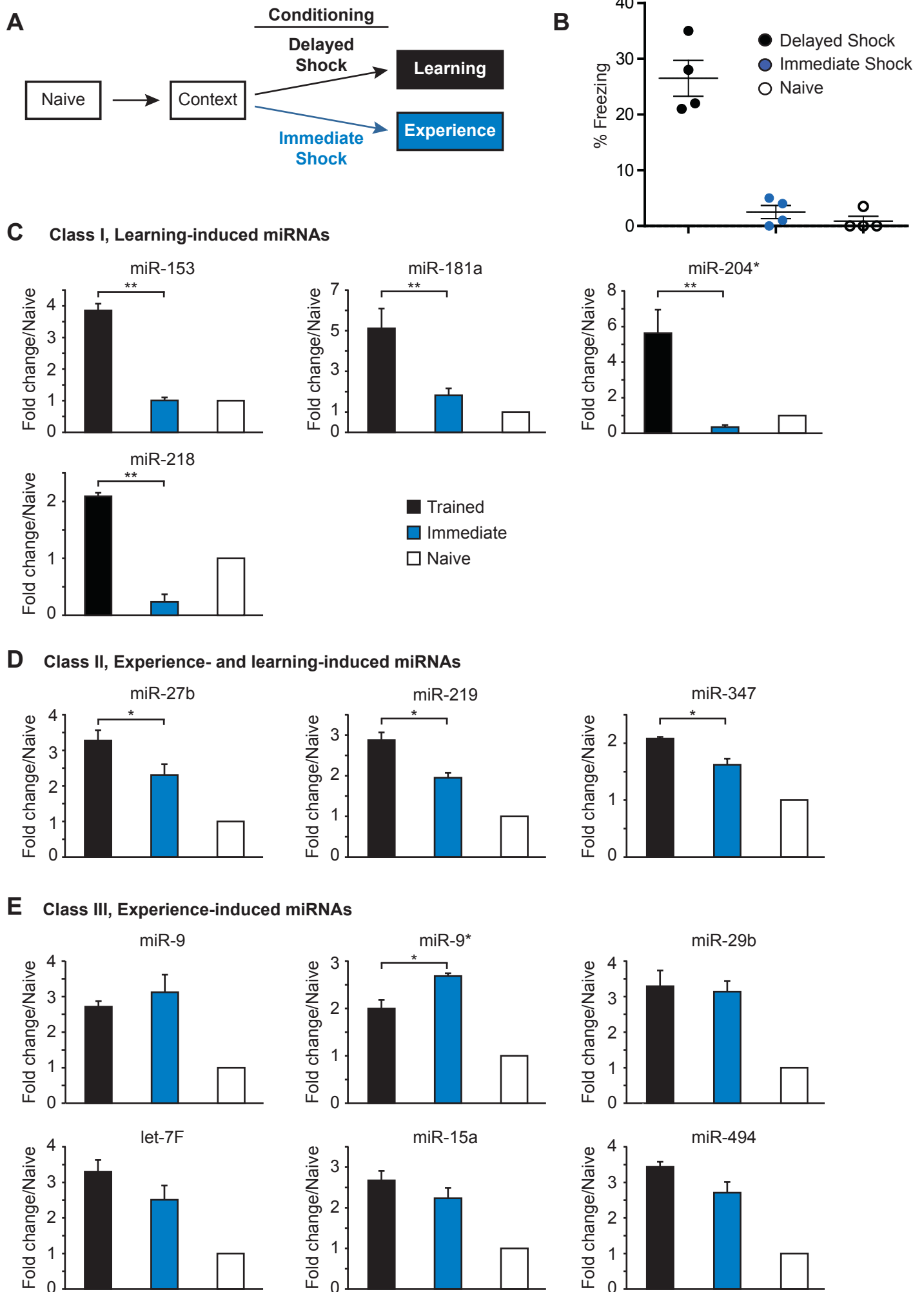


Figure 2

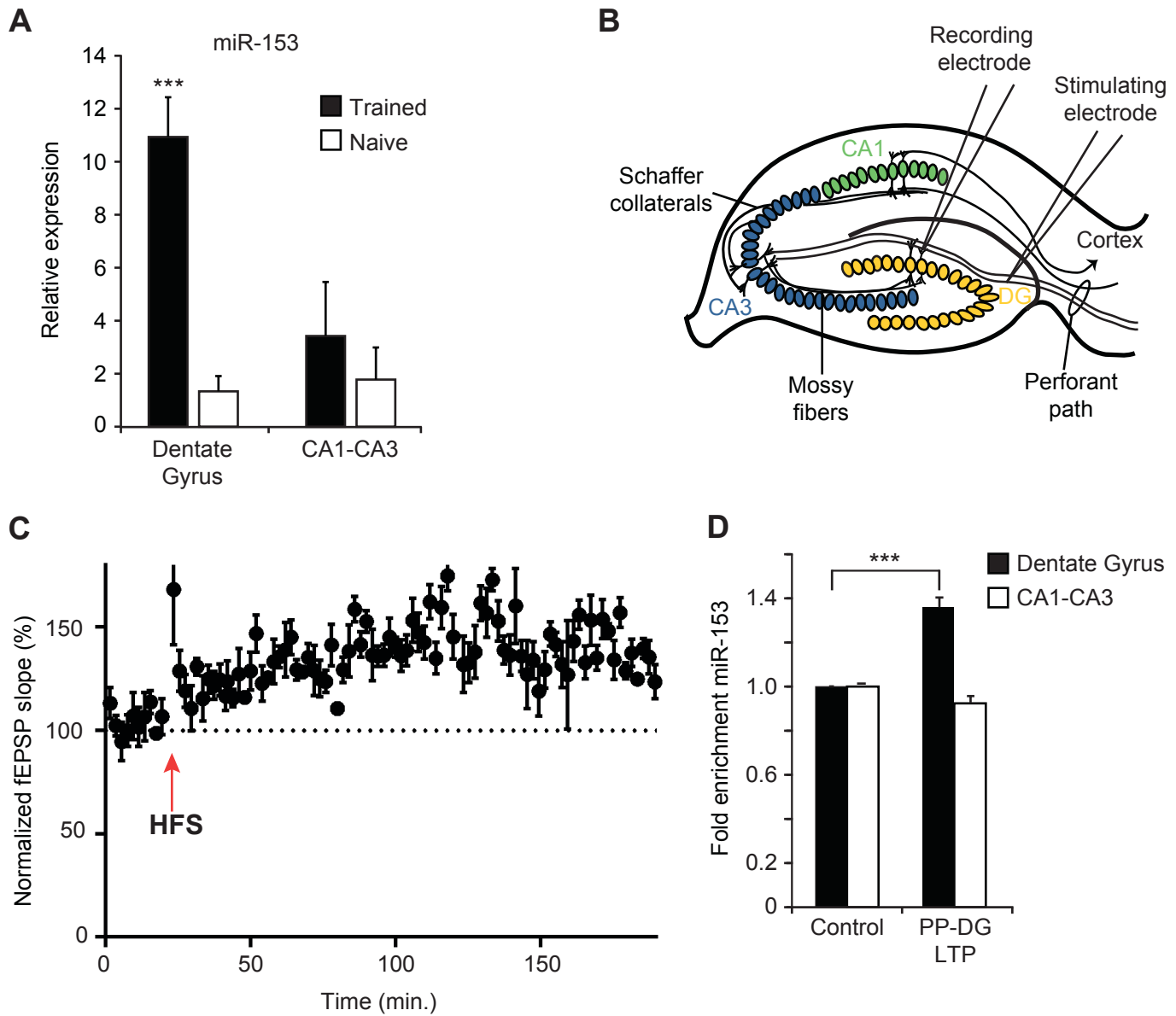


Figure 3

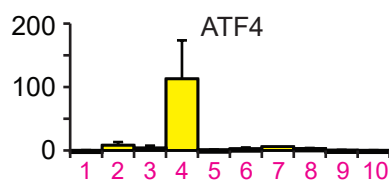
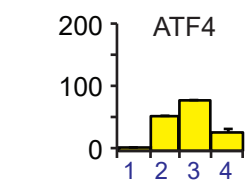
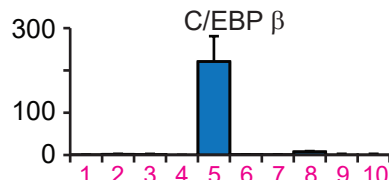
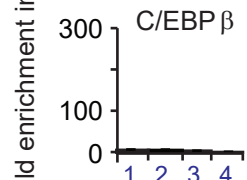
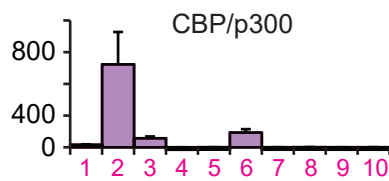
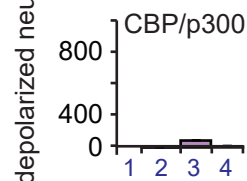
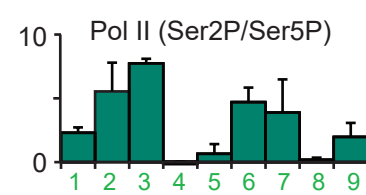
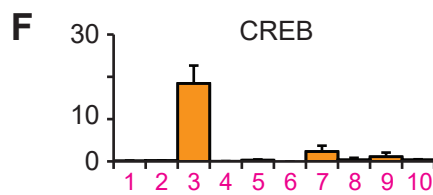
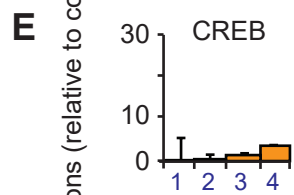
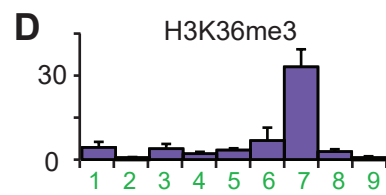
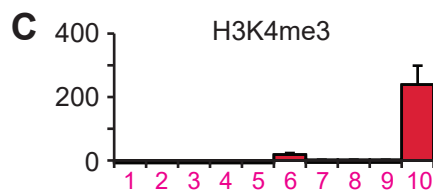
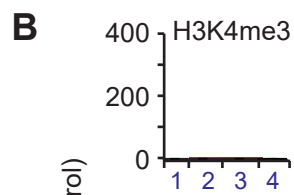
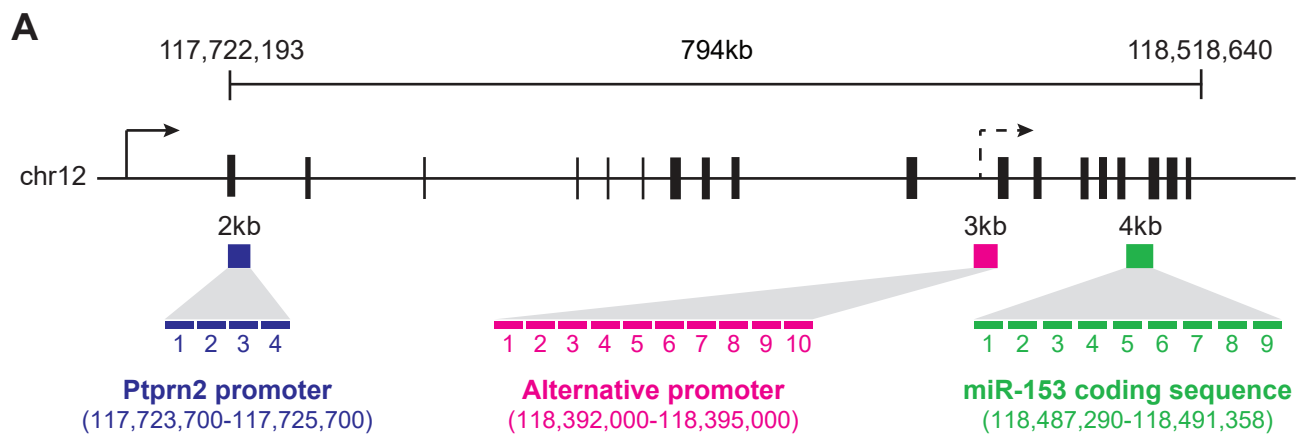


Figure 4

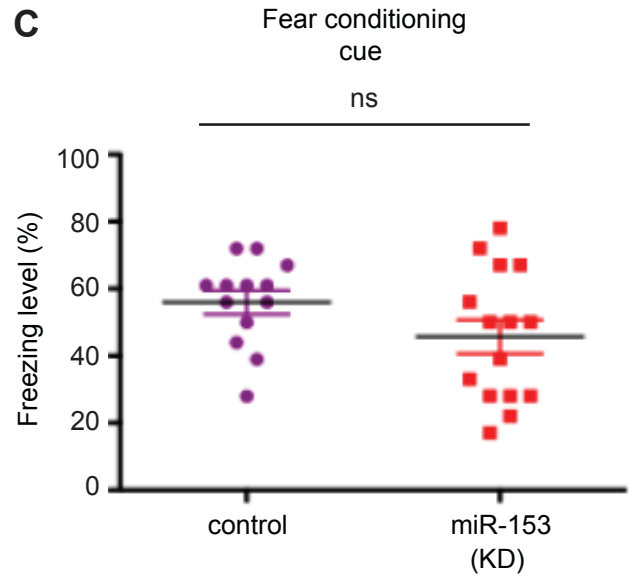
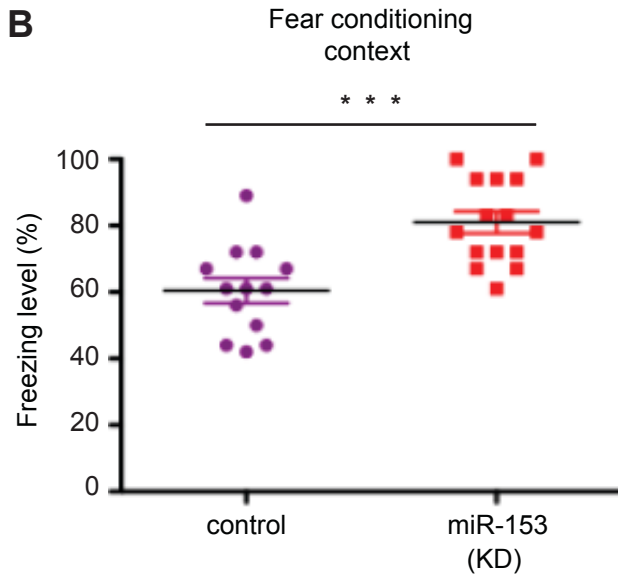
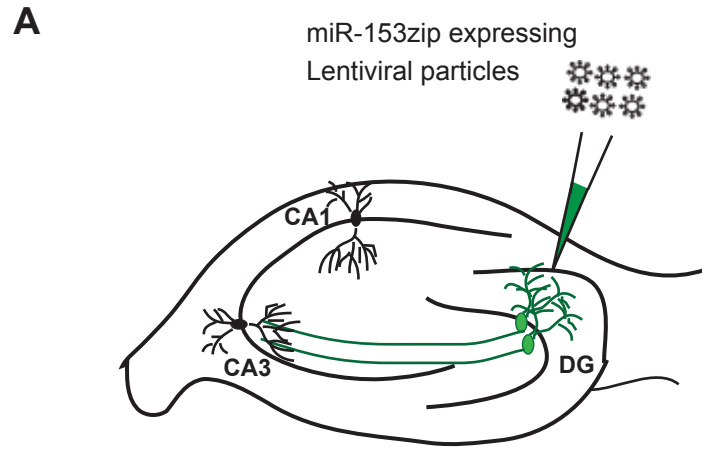
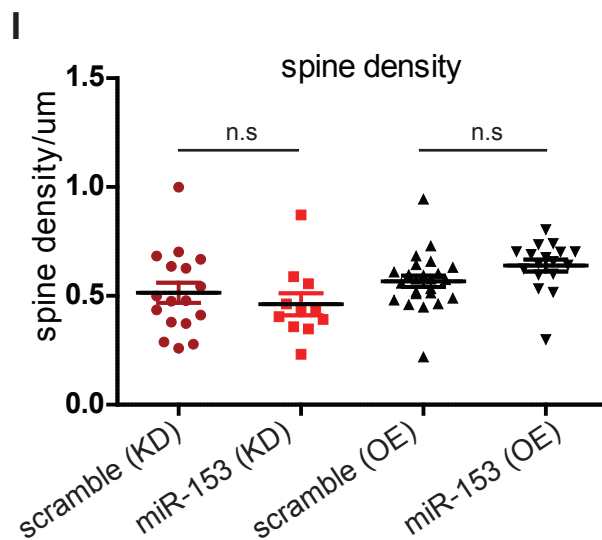
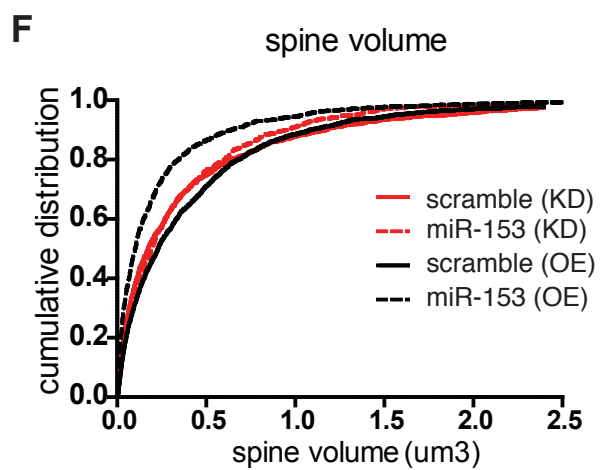
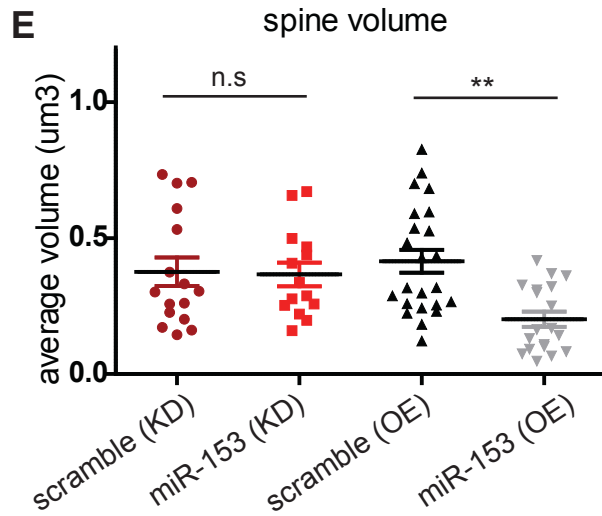
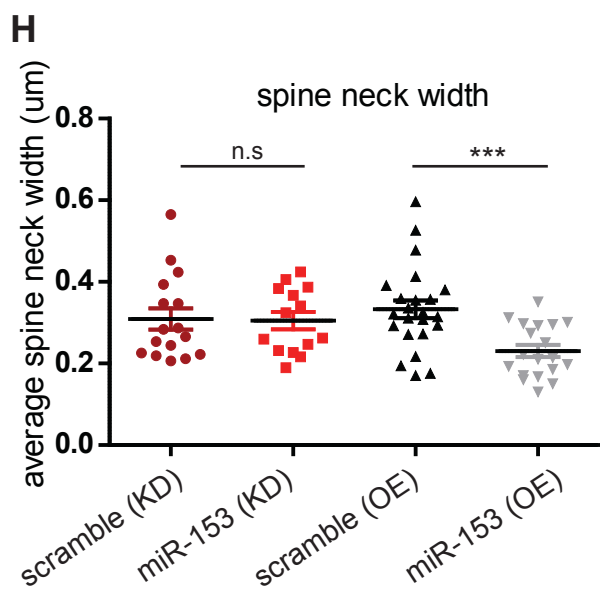
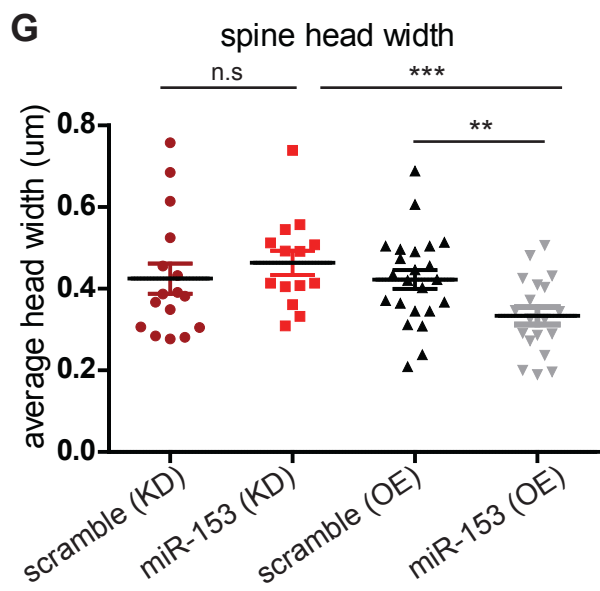
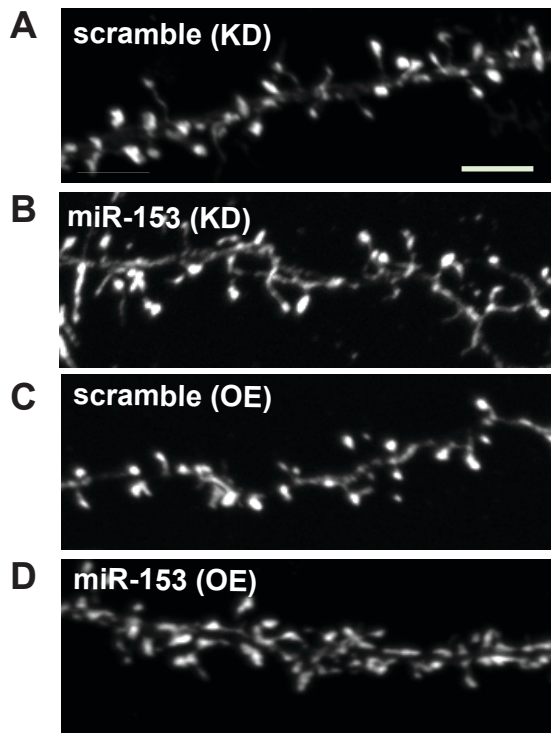
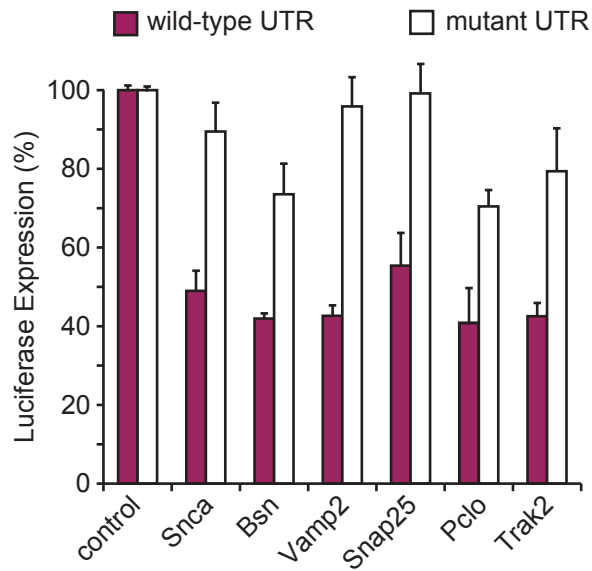
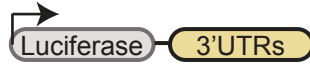
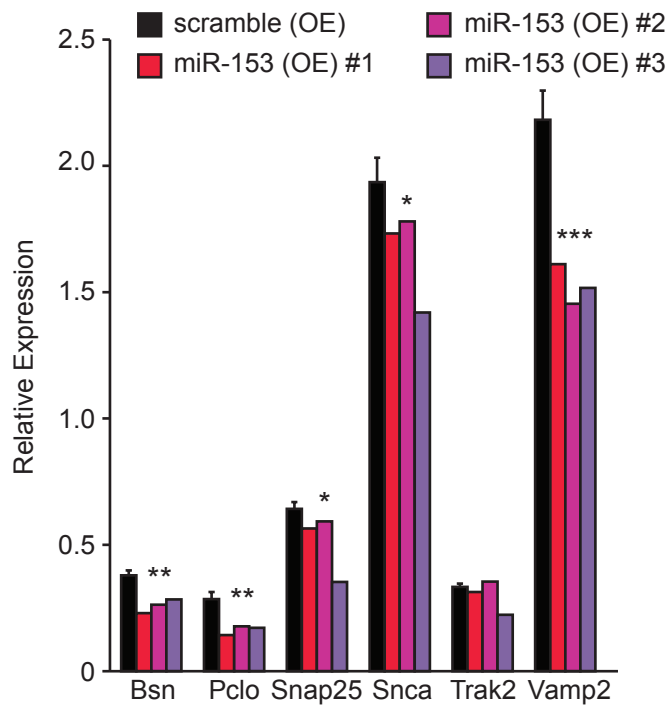
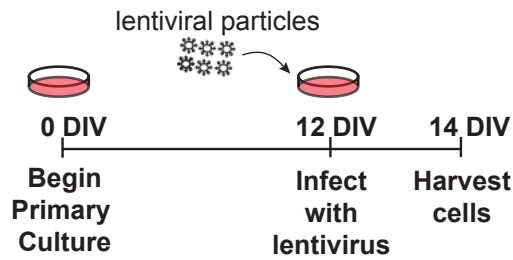


Figure 5



A**B****Figure 7**

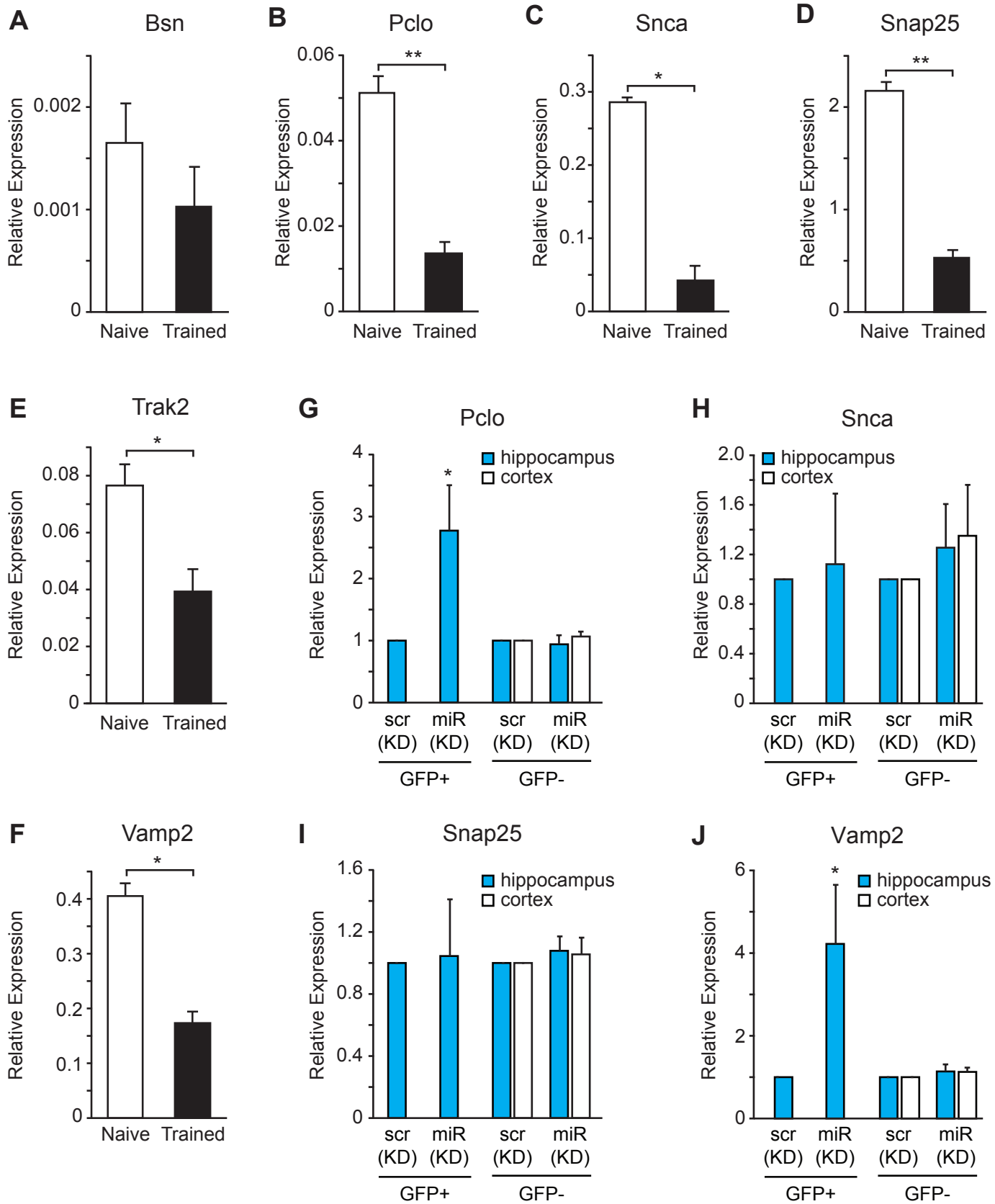


Figure 8

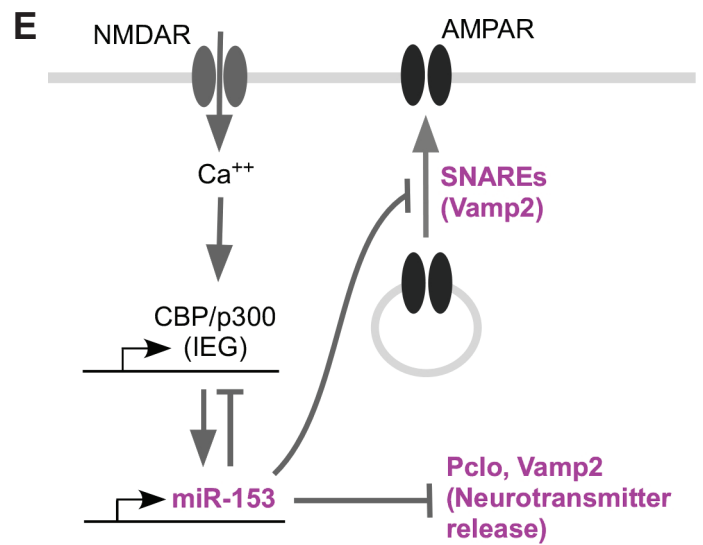
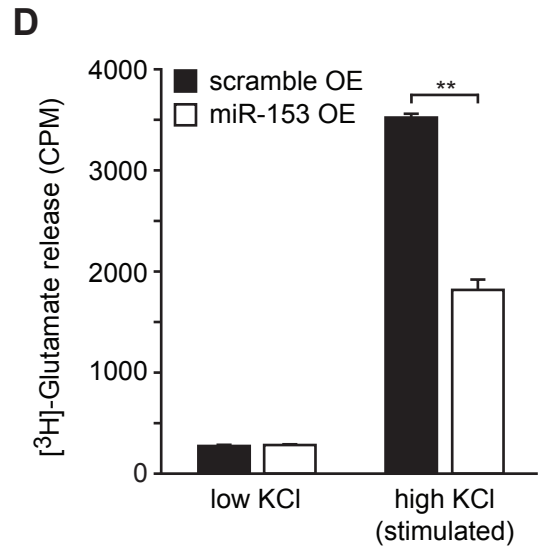
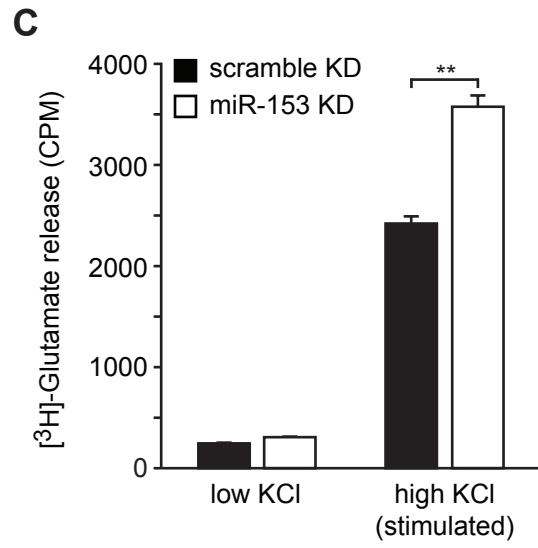
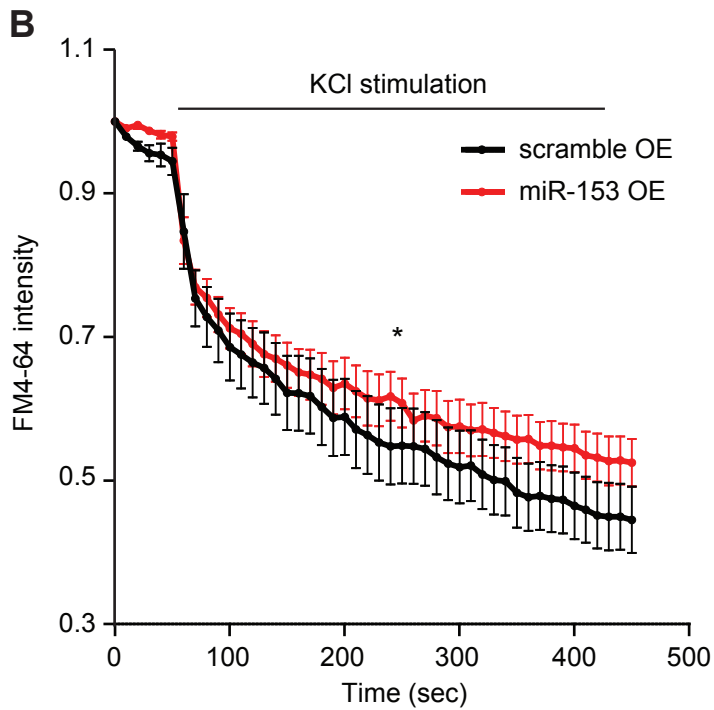
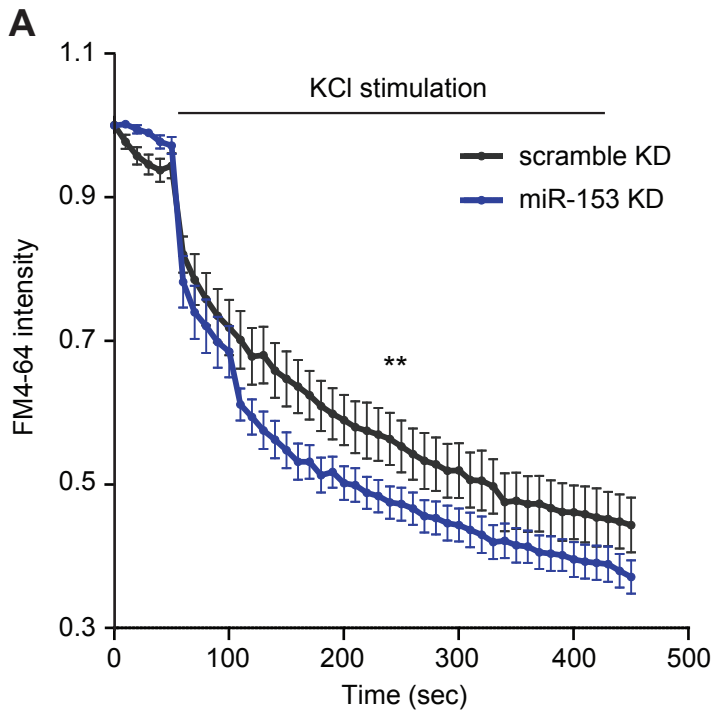


Figure 9

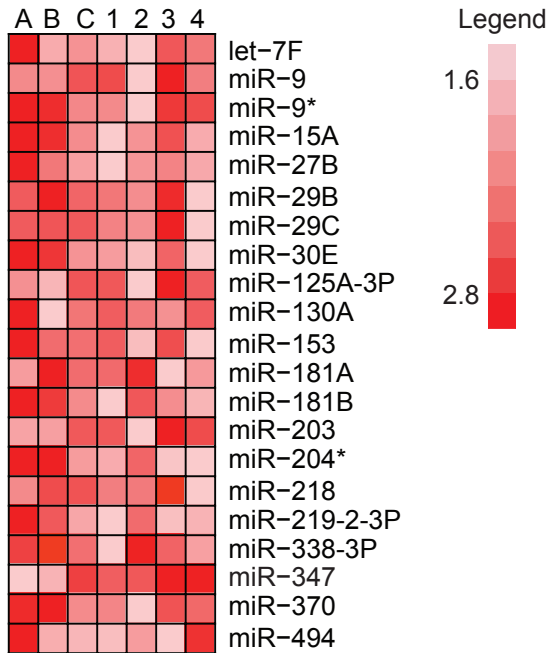


Figure 1- figure supplement 1

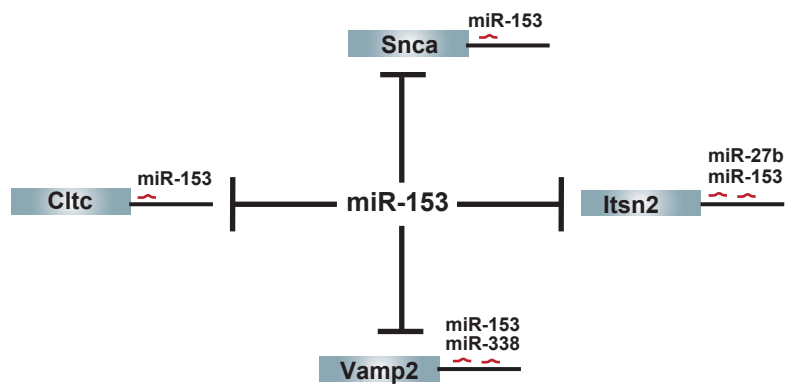
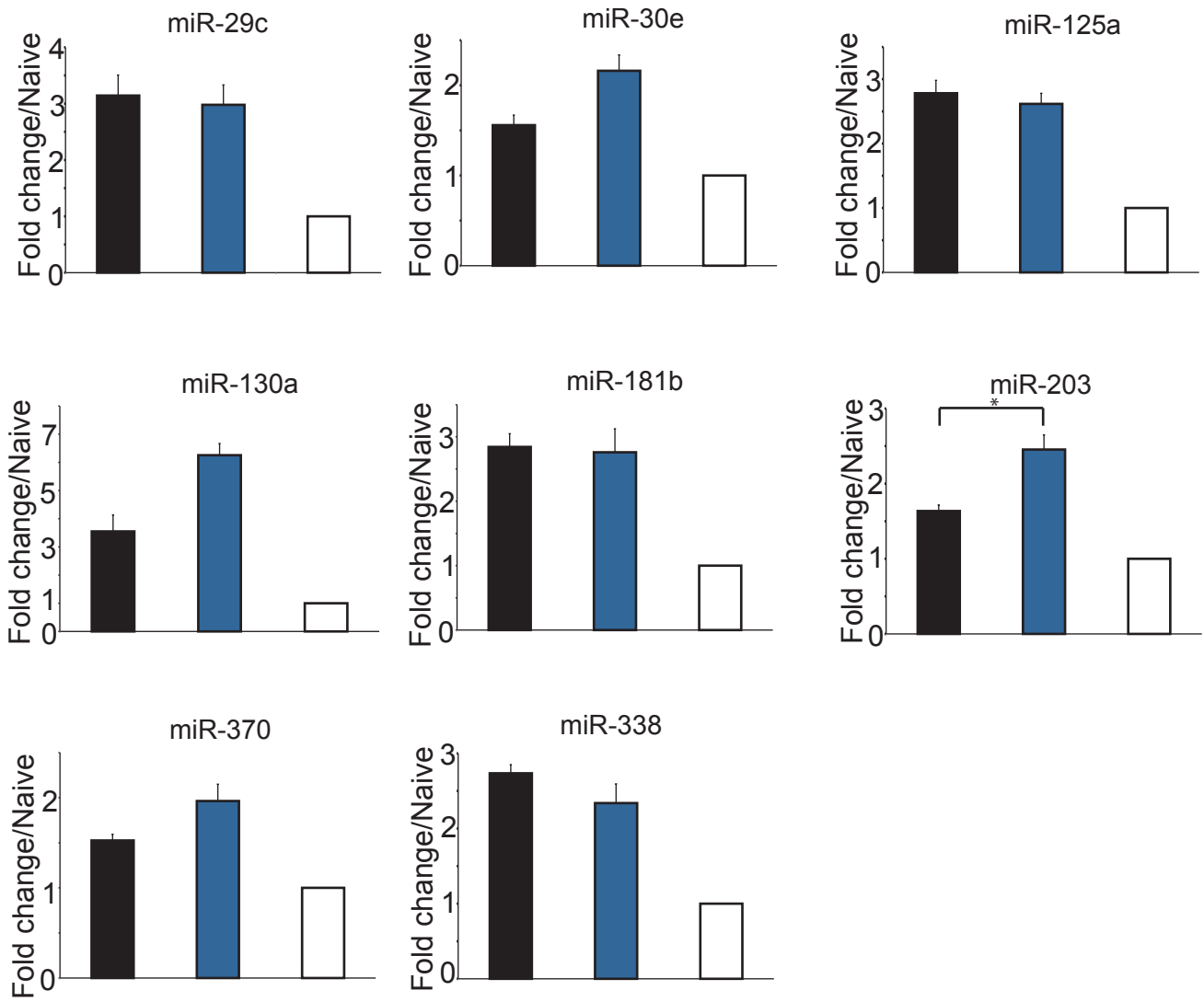


Figure 1- figure supplement 2

A Additional Class III Experience-induced miRNAs



B Control miRNAs (not brain-specific or activity-induced)

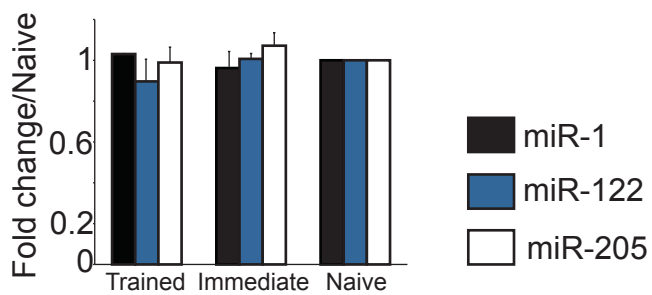


Figure 2- figure supplement 1

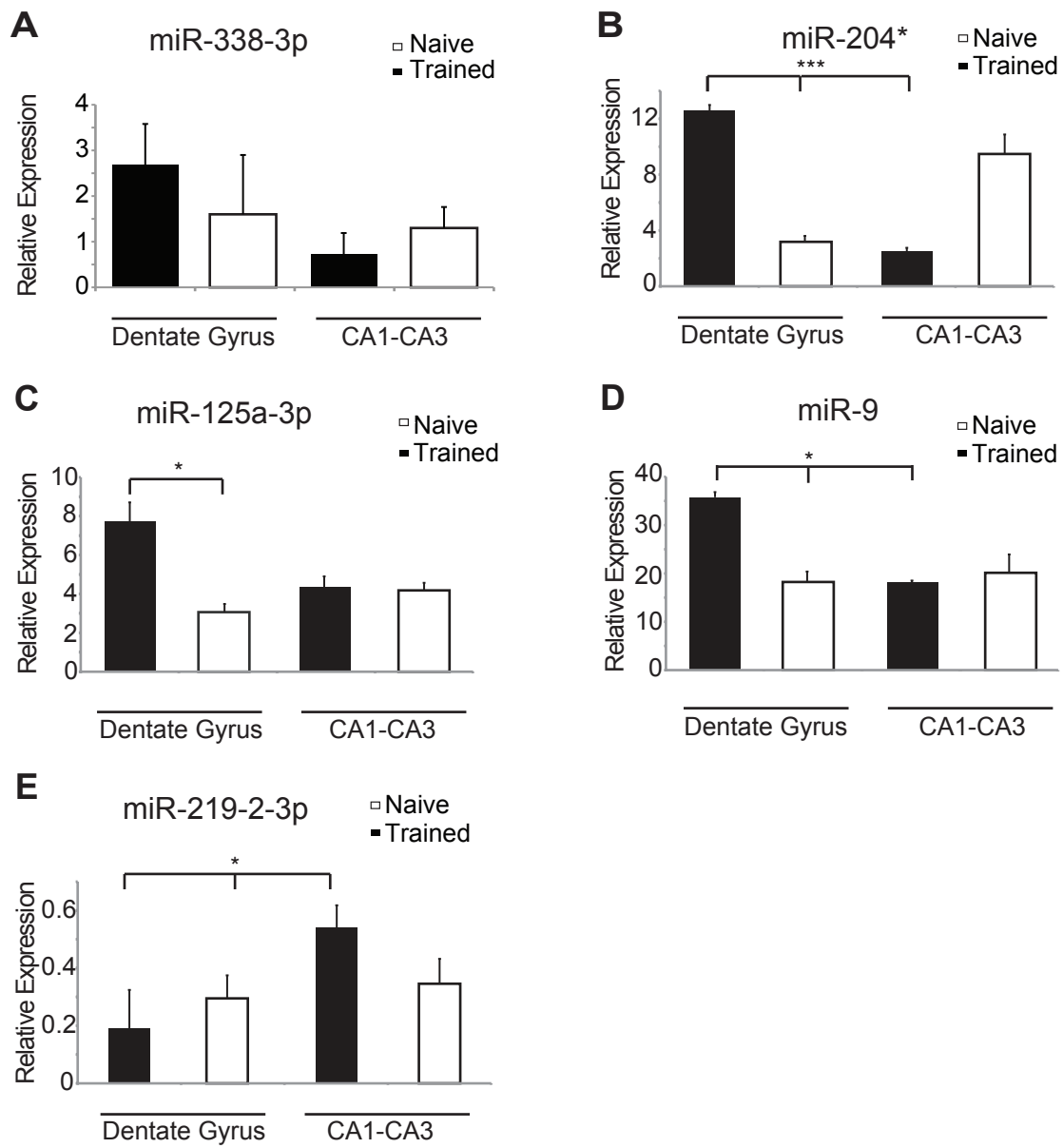


Figure 3- figure supplement 1

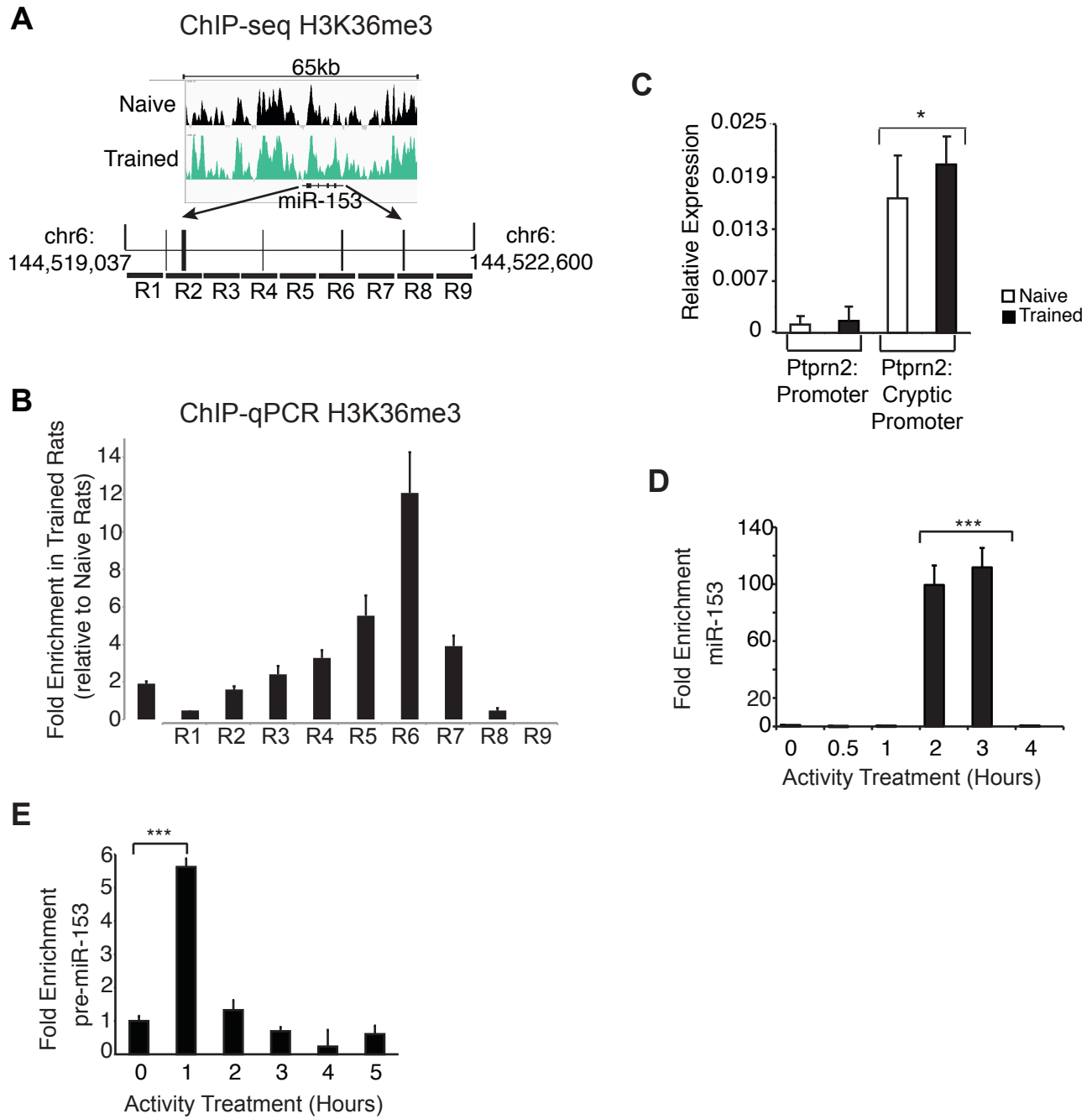


Figure 4 - figure supplement 1

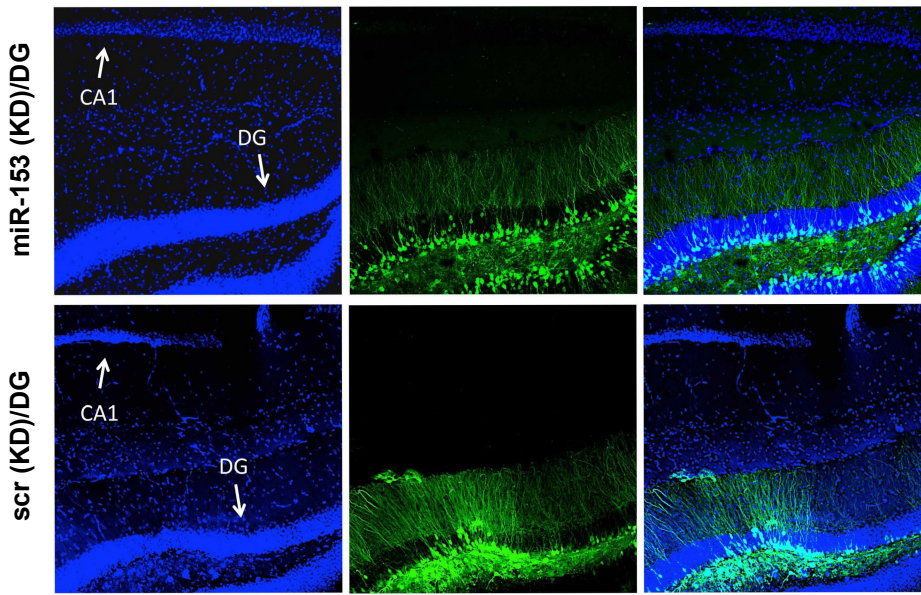
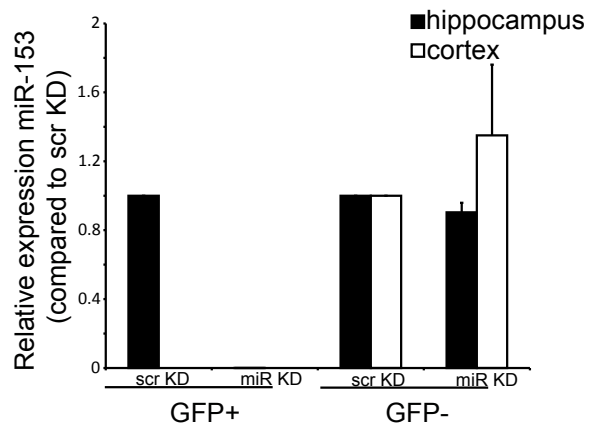
A**B**

Figure 5 -figure supplement 1

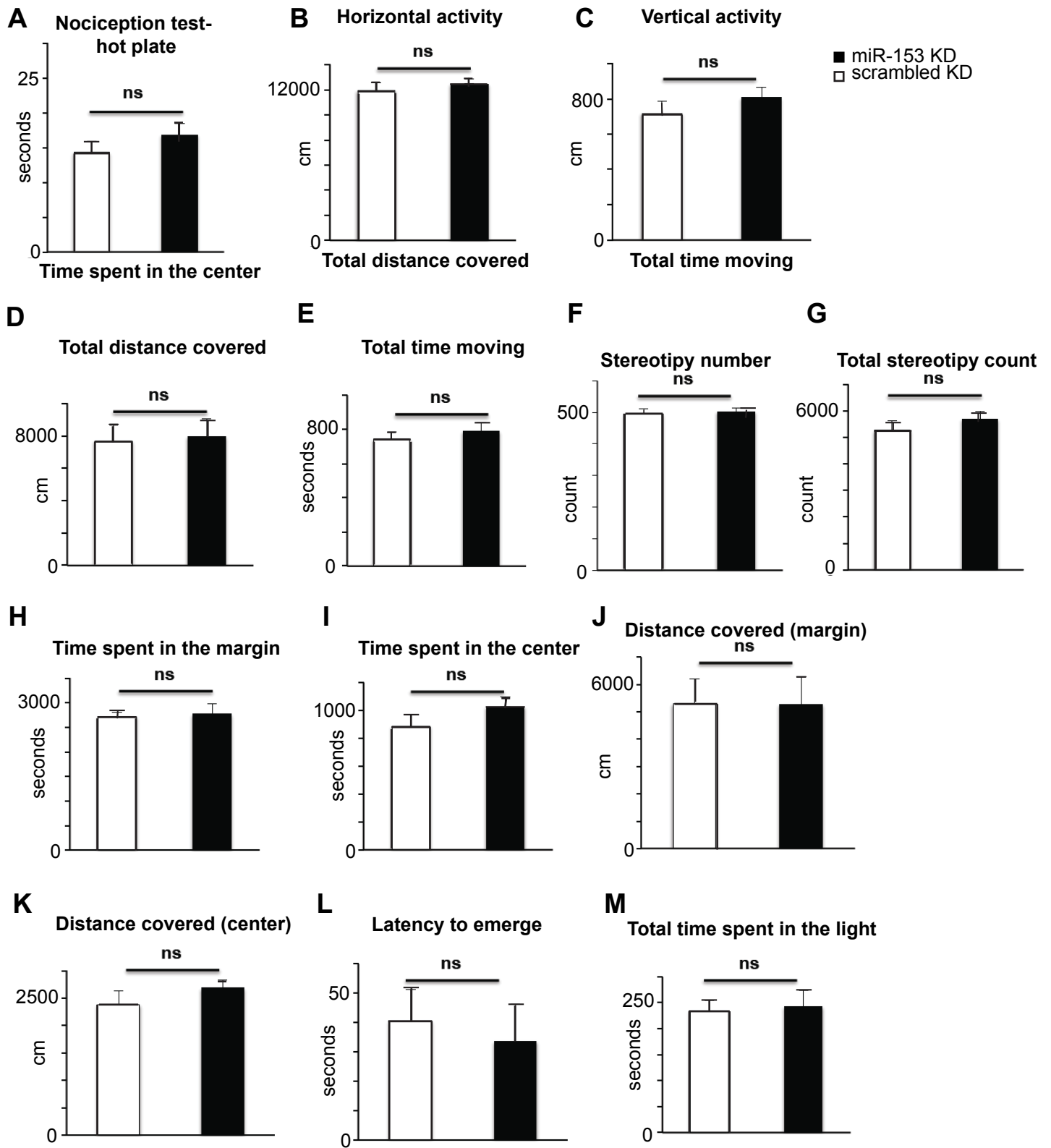


Figure 5 -figure supplement 2

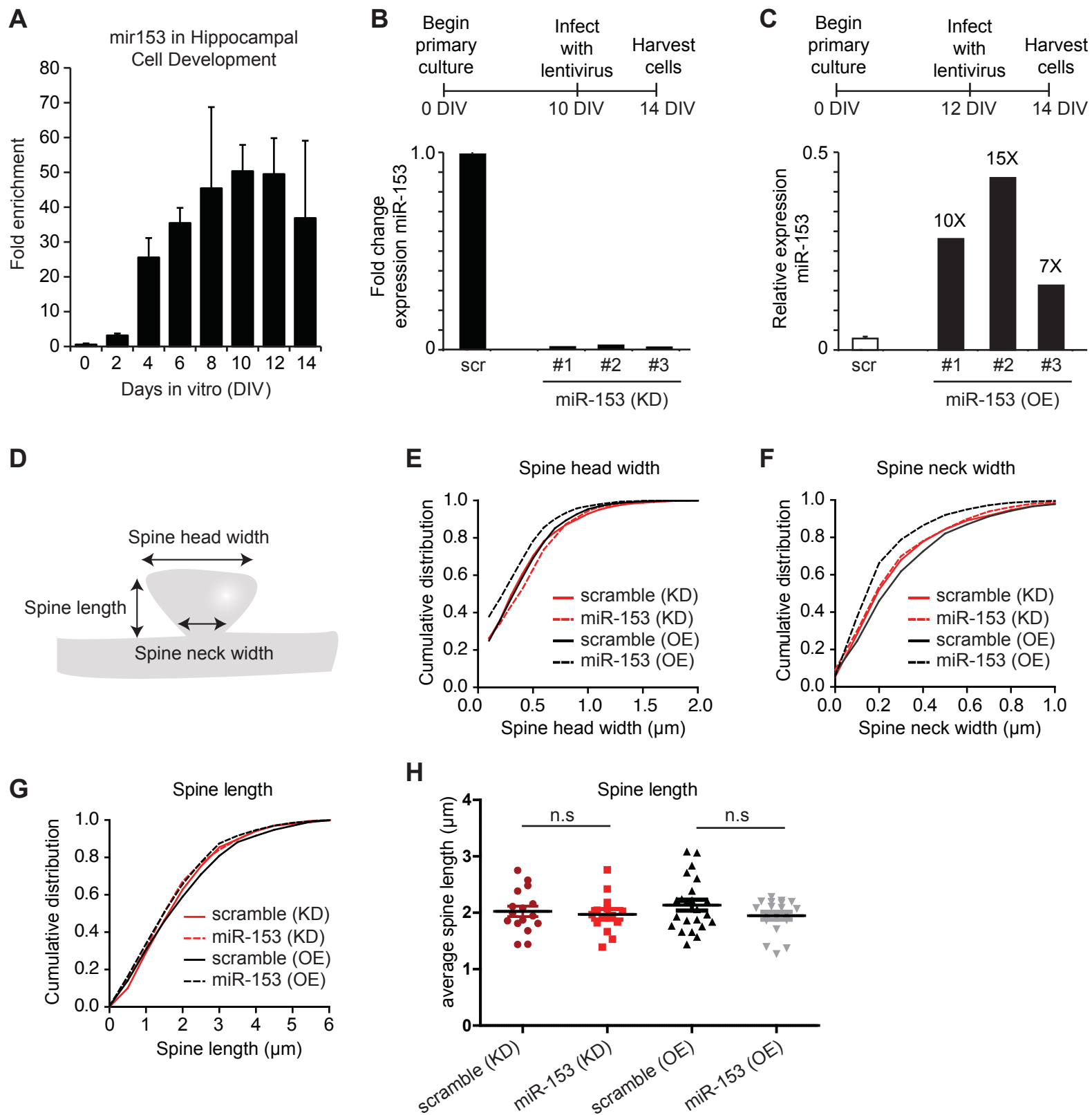


Figure 6 -figure supplement 1

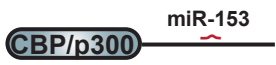
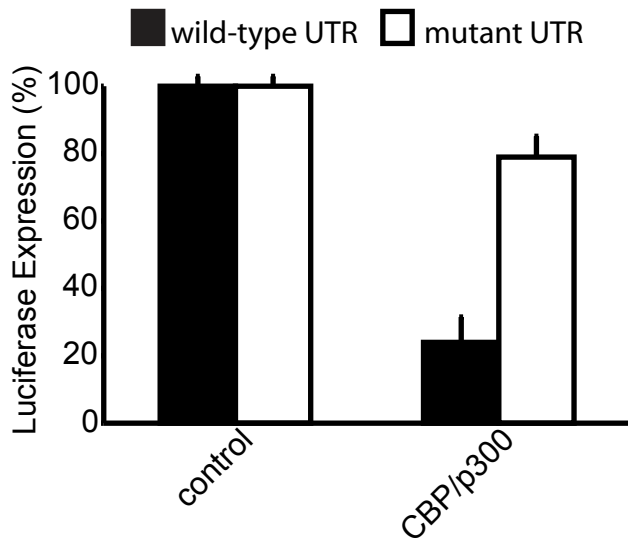
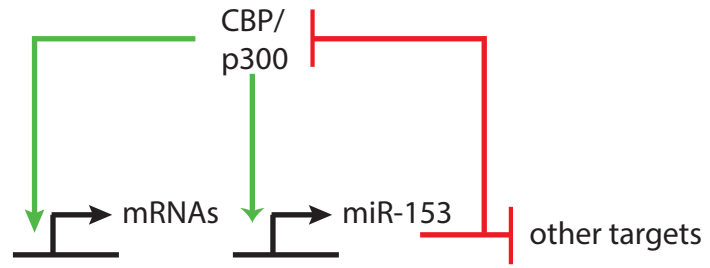
A**B****C**

Figure 7-figure supplement 1

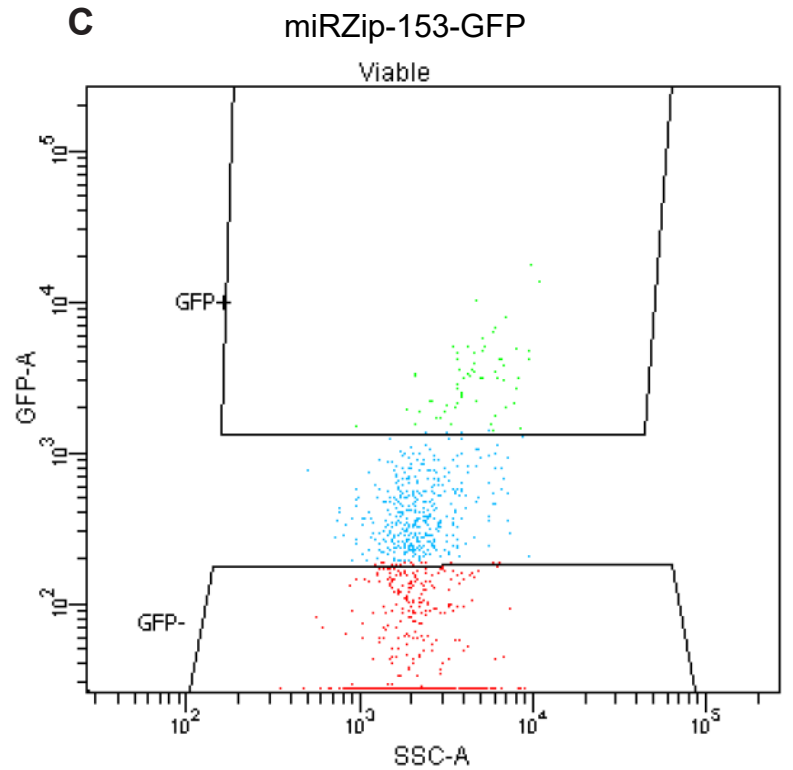
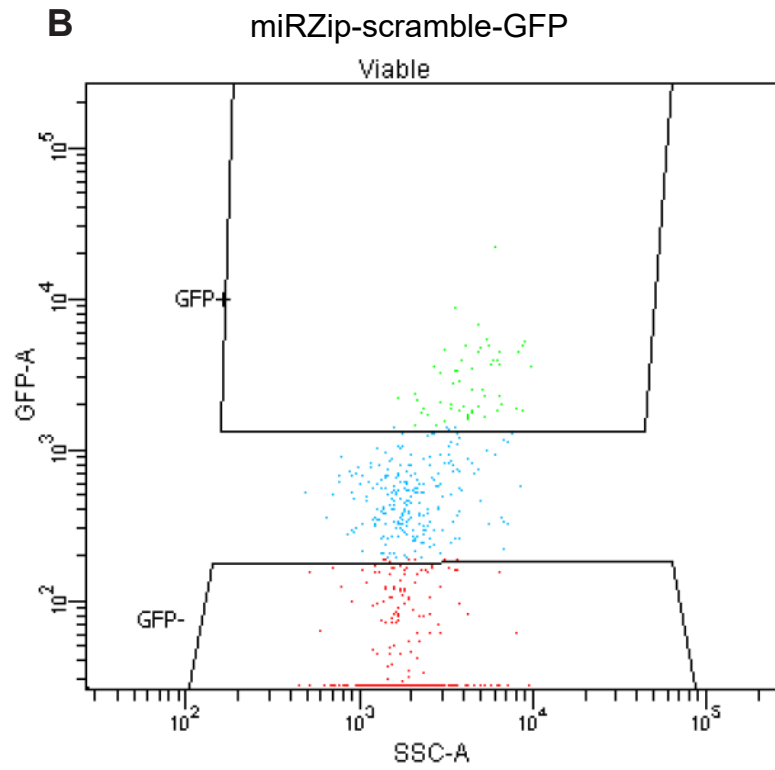
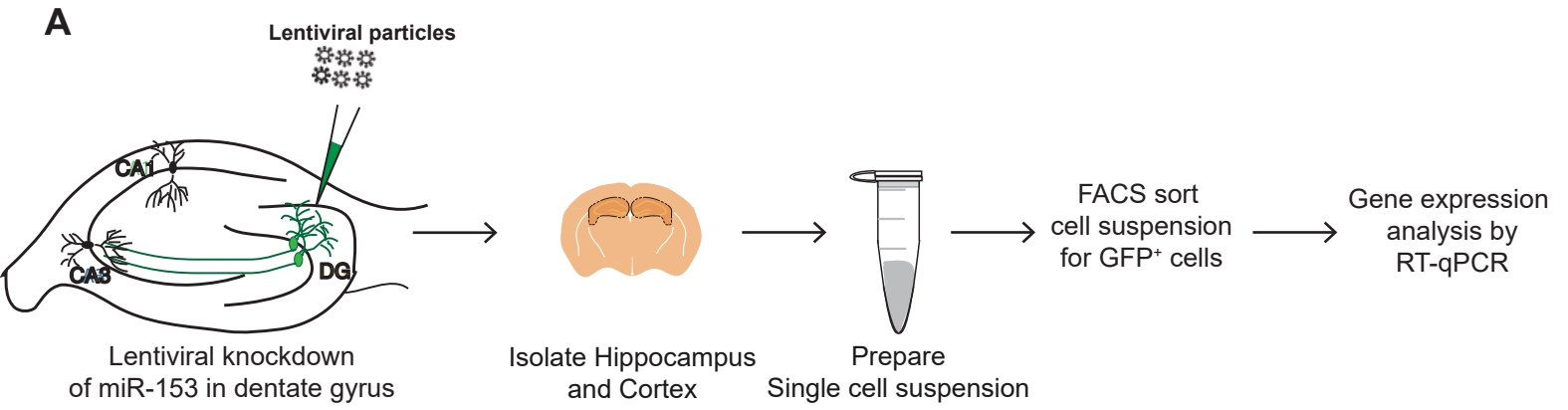


Figure 6- figure supplement 1

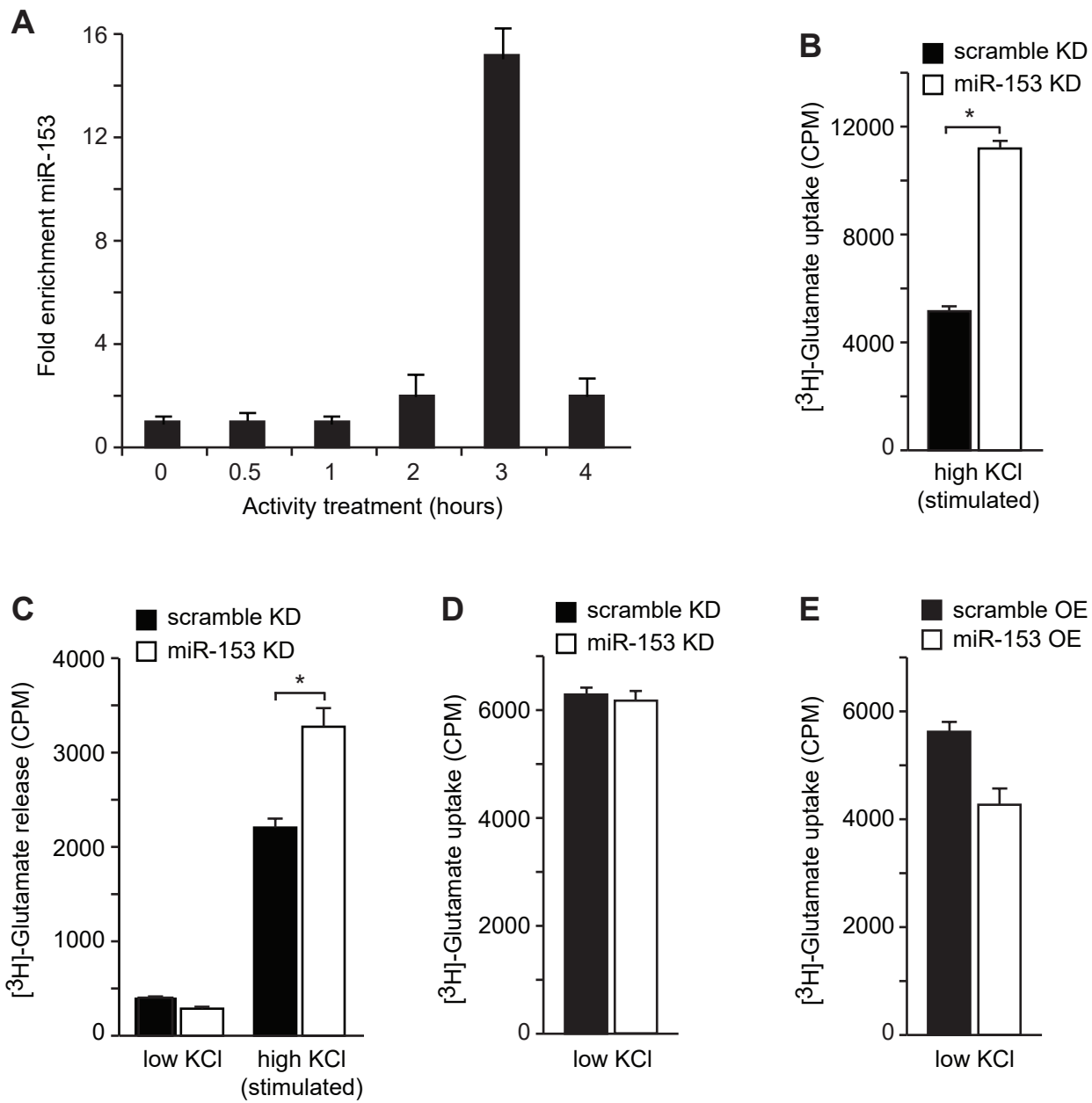


Figure 9 - figure supplement 1

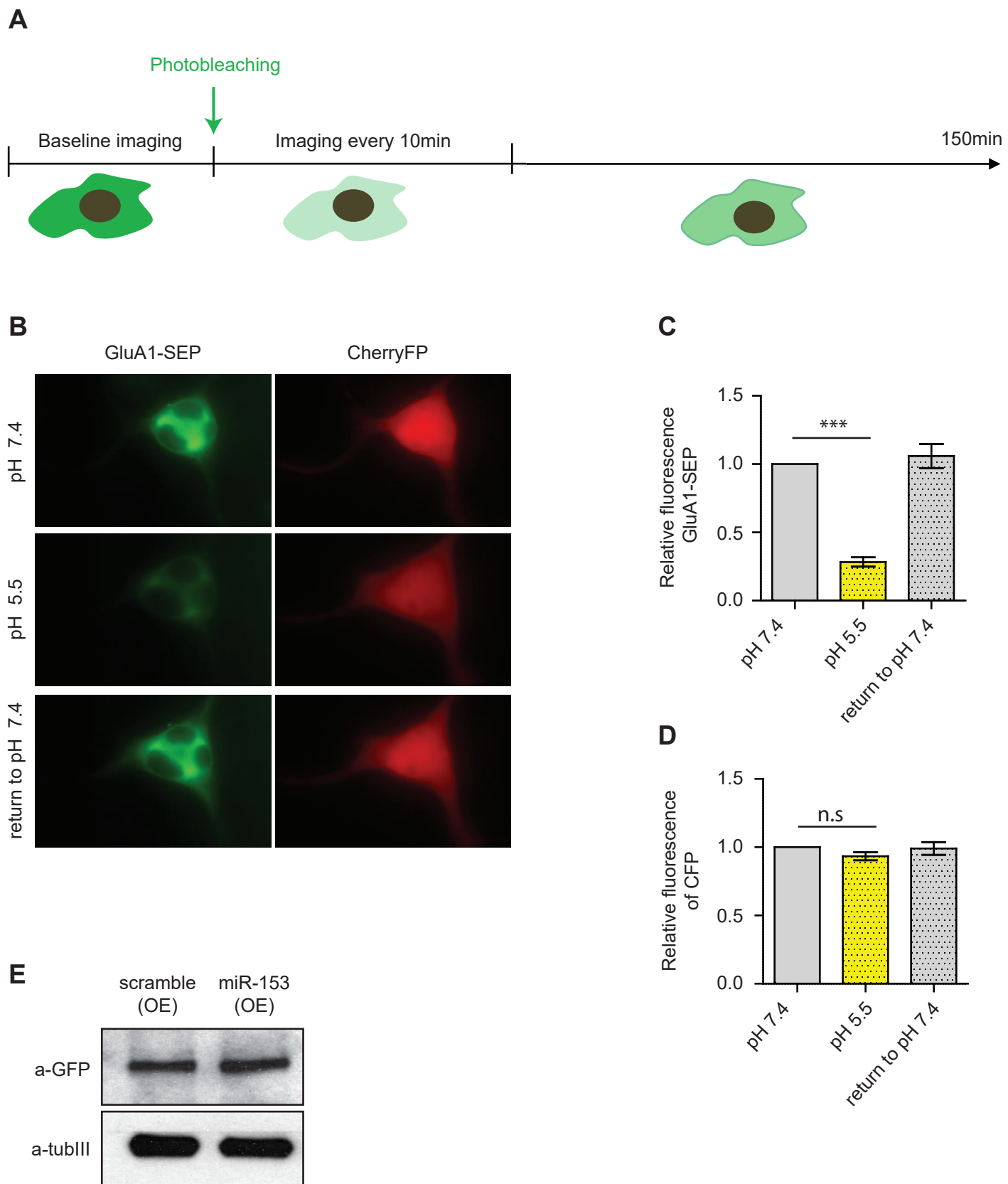


Figure 9 - figure supplement 2

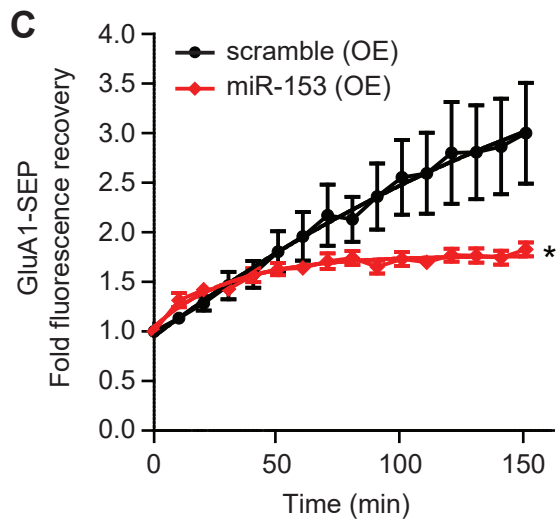
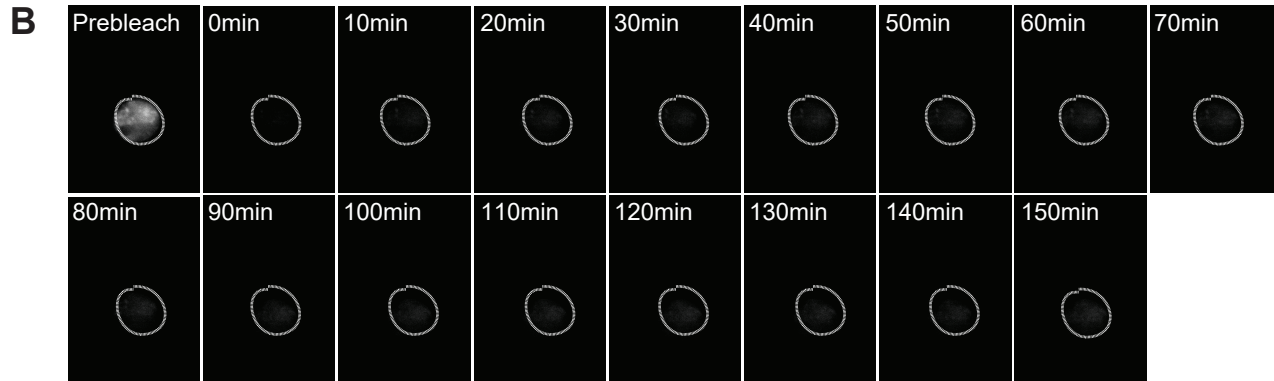
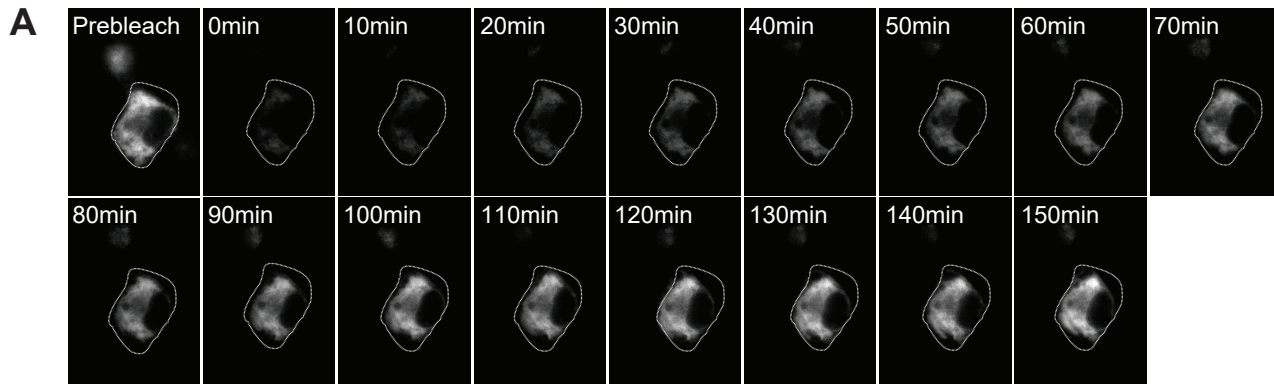


Figure 9- figure supplement 3