

tests. The pilots were divided into 2 groups according to the frequency of VPBs detected on 24-hour Holter monitoring: Group 1: Pilots with rare VPBs, Group 2: Pilots with frequent VPBs. Data was recorded and analyzed automatically by the software of the Holter device. Statistical analyses were done by using SPSS-15 software.

Results: There were no differences in terms of their age, minimum and maximum heart rates, supraventricular extrasystoles but the average heart rate which was found to be lower in group 2. SDNN Indeks, RMSSD and PNN50 parameters were significantly higher in Group-2. Data of both groups are shown in Table-1.

Conclusion: Exposure to both acceleration forces (G) and anti-G protective maneuvers cause changes in cardiac preload and afterload. Although the heart beats harder and faster to copy with these changes by sympathovagal interaction, chronic +Gz exposure has no effect on cardiac dimensions and structure. But it may have some effects on the SA node and electrical conduction system of the heart. We found lower heart rates, higher SDNN Indeks, RMSSD and PNN50 parameters suggestive of higher risk for incapacitation tendency were found in pilots with frequent VPBs compared to the other group.

Table 1. HRV Parameters of Pilots with VPBs

Parameters	Group 1 N= 21	Group 2 N= 32	P (<0.05)
Age	36.05±5.37	33.00±5.93	0.071
VE	356.57±263.27	3887.41±2686.82	0.000
SDNN 24 hour (ms)	153.62±29.75	158.56±35.59	0.778
SDANN index (ms)	145.14±40.15	145.63±34.30	0.792
SDNN index (ms)	60.76±9.73	69.09±15.69	0.028
RMSSD (ms)	31.29±6.15	39.22±14.67	0.043
PNN50 (%)	8.43±4.10	15.06±10.08	0.021
SP24h (ms2)	3872.11±1233.73	4783.13±1977.60	0.127
VLF (ms2)	2544.56±946.26	3182.79±1462.19	0.122
LF (ms2)	1047.04±362.59	1247.31±483.75	0.098
HF (ms2)	260.71±131.75	330.06±216.45	0.283
Min SPH (ms2)	1400.85±852.25	1908.68±1150.16	0.091
Max SPH (ms2)	9017.29±4589.98	10554.05±5849.72	0.252
SVE	978.14±2112.52	996.69±1855.49	0.519
Min HR	44.19±4.46	41.75±5.41	0.097
Max HR	147.43±25.40	139.34±25.31	0.167
Average HR	78.10±5.44	74.19±8.14	0.039

HR = heart rate, VE = ventricular extrasystole, SDNN = standard deviations of all NN intervals, SDANN = the standard deviation of the average NN intervals calculated over 5 minutes periods, RMSSD = the square root of the mean of the sum of the squares of differences between adjacent NN intervals, PNN50 = the number of pairs of adjacent NN intervals differing by more than 50 ms divided by the total number of all NN intervals, SP24h = 24 hour spectral power, SVE = supraventricular extrasystole, VLF = very low frequency range power (0.003-0.04 Hz), LF = low frequency range power (0.04-0.15 Hz), HF = high frequency range power (0.15-0.40 Hz)

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Angiotensin-Converting Enzyme Insertion/Deletion (I/D) Polymorphism Associated with Atrial Fibrillation in Turkish Population

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Background: Atrial fibrillation (AF) is the most commonly observed arrhythmia in clinical practice and associated with increased cardiovascular morbidity and mortality. The renin-angiotensin system may play a role in the pathogenesis of atrial fibrillation. Increased angiotensin-converting enzyme (ACE) expression in the atrial tissue of patients with AF has suggested the involvement of the RAS in AF. Some initial studies indicated an association between an angiotensin-converting enzyme insertion/deletion (ACE I/D) polymorphism and AF, however, the results have been inconsistent. We aimed to investigate relationship between AF and polymorphism of ACE I/D in Turkish patients.

Methods: Sixty eight patients with permanent AF and 65 patients with no documented episode of AF matched for age, race and sex. Because ethnic differences have been reported for ACE I/D polymorphism. The ACE I/D gene polymorphism was identified by polymerase chain reaction (PCR) method. The I/D polymorphism of the ACE gene was assessed by detecting the presence (allele I, insertion) or absence (allele D, deletion) of a 287-bp sequence in the intron 16 of the ACE gene in the chromosome 17. Distribution of the ACE I/D gene polymorphism alleles (allele I, insertion, allele D, deletion) genotypes (DD, ID and II) were determined in study

population. Demographic characteristics and risk factors for atrial fibrillation were evaluated in the study groups.

Results: There was no significant difference with respect to age and gender between groups. Genotype and allel distribution of AF(+) and AF(-) groups shown in the table. The frequency of II genotype of ACE I/D polymorphism was significantly lower in patients with AF(+) group compared with AF(-) group (13 (19.1%) vs 25 (38.5%), p=0.014). The frequency of DD genotype homozygous genotype was significantly higher in AF(+) group than AF(-) (32 (47.1%) vs 19 (29.2%), p=0.035). Between the two groups were compared according to the dominant genetic model (ID+DD vs. II). The number of patients carrying at least one D mutant allele (ID+DD) was significantly higher in AF(+) group than AF (-) group (55 (80.9%) vs 40 (61.5%), p=0.014). With respect to allelic distribution (I vs D, additive model), the frequency of the D allele was significantly higher in AF patients. (89 (65.4%) vs 60 (46.1%), p=0.021). **Conclusions:** In this study, our data suggest that the ACE I/D gene polymorphisms may be assessed as a risk factor in the occurrence of AF. However, further large-sized studies are required for determining relationship between ACE I/D gene polymorphisms and AF.

Angiotensin-converting enzyme insertion/deletion gene polymorphism genotype and allel frequencies

	AF (+) patients (n:68)		AF (-) patients (n:65)		P
	n:	%	n:	%	
II genotype	13	19.1	25	38.5	0.014
ID genotype	23	33.8	21	32.3	0.853
DD genotype	32	47.1	19	29.2	0.035
ID+ DD genotypes (Dominant genetic model)	55	80.9	40	61.5	0.014
D allele	89	65.4	60	46.1	0.021

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Baseline ECG Parameters in Turkish Population: Results from the HAPPY Study

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Purpose: Traditionally, ECG reference ranges are derived from studies carried in different populations or trial data. However, ECG values differ between populations, gender and age groups. Hence, our aim was to determine the baseline ECG parameters in Turkish population.

Methods: ECGs were obtained from the HAPPY (Heart Failure Prevalence and Predictors in Turkey) study involving randomly selected 4650 subjects ≥ 35 years from all geographical regions of Turkey. After the exclusion of subjects with missing ECG or data, antiarrhythmic use and any "abnormal" ECG findings (bundle branch blocks, pre-exitations, atrial fibrillation, hypertrophies); 3016 subjects (mean±SD] age, 51±11, [range]35-100 years) were enrolled in the study (female n [overall %]:1765 [58,5%]). ECGs were interpreted manually by two experienced cardiologists for baseline intervals.

Results: The baseline ECG parameters in each age group are shown in Table-1. Overall, women had significantly higher resting heart rates, wider QT/corrected QT (QTc-Bazett's formula), narrower PR intervals and QRS durations (p<0,001).

Conclusions: ECG baseline parameters in Turkish population resembles to other study results conducted in Caucasian populations. In subjects ≥ 65 years old, distinct features found in young female population diminished and both sexes demonstrated similar ECG parameters. Further models are needed in clinical practice to reliably classify any surface ECG of different race/age/gender/rate as "abnormal".