

## 098

**Mid-term follow up of consecutive patients with cardiogenic shock without acute coronary syndrome**

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Prognostic of cardiogenic shock (CS) is severe and mortality is still more than 50%.

**Aim of the study:** Prospective study of patients consecutively hospitalized for a first CS due to cardiomyopathy (CM) with LV dysfunction and a 18-month period of follow-up.

**Inclusion criteria:** CS is defined by systolic BP<80mmHg or hemodynamic support with peripheral hypoperfusion. All patients had echocardiography, coronarography and biological evaluation (troponine and NTproBNP). Regular follow-up was realized at 1, 3 and 6 months using echocardiography, stress test with oxygen consumption and therapeutic adaptation (βblockers).

**Exclusion criteria:** acute coronary syndrome, septic, anaphylactic, hypovolemic shock.

**Results:** 24 patients (90% men) mean age 57,5±11,2 y were included; 8 ischemic CM, 15 dilated CM [11 idiopathic, 3 toxic (alcohol n=4 ; iatrogenic n=1), 1 myocarditis] et 1 restrictive CM (haemochromatose). Cardiovascular risks were diabetes with HbA1c > 8% (n=11), HBP (n=7), tabacco (n=9), dyslipidemia (n=8). Upon admission NT proBNP value was 5025ng/mL and 1730ng/ml 8 weeks later. The mean LVEF was initially 23±8% and 39,5±13,7% at the end of the follow up. The duration of hospitalisation was 12±15 days.

initial 6 mois 18 mois

NYHA IV Stage (%) 100 20 18

LBBB(%) 46

Creatininemia (umol/l) 150 ± 100 130 ± 50 127 ± 42

LVEF% 24 ± 9% 30 ± 8% 39,5± 13,7

LVEDD (mm) 64±9 62 ± 10 61± 20,3

SPAP (mmHg) 50±14 49 ± 10 30 ± 9,4

NT pro BNP (ng/ml) 5025±8200 3800±6200 1730 ± 4200

At the end of the follow up, in 6 patients heart failure symptoms decreased and 3 patients normalized their LVEF. 3 patients alone had a βblocker treatment, 2 resynchronisations, and with DAI for 1 patient and 2 transplantations. 3 patients died due to cardiogenic complications (all with an ischemic cardiomyopathy) and 7 patients had iterative hospitalisation for heart failure.

**Conclusion:** The prognostic of cardiogenic shock without acute coronary syndrome is better with the improvement of therapeutic methods but, in this study the severity was important: death = 12.5%, morbidity = 31.2%.

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## 099

**Effects of Reduced Inspired Oxygen Concentration in Patients with Chronic Heart Failure**

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**Purpose:** In healthy individuals, reducing inspired oxygen concentrations to 15% (equivalent to an altitude of ~2500 metres or usual aircraft cabin pressure) causes an increase in heart rate (HR), left ventricular ejection fraction (LVEF) and pulmonary arterial pressure (PAP). The clinical and haemody-

namic responses to hypoxia (15% oxygen) have not been reported in patients with chronic heart failure (CHF).

**Methods:** Patients with CHF were enrolled who met at least one of the following criteria: NYHA≥III, LVEF <40%, or diuretic dose equivalent to furosemide ≥ 80mg. Patients inspired 15% oxygen from a Douglas bag through a mouthpiece whilst lying supine. Clinical and echocardiographic measurements were performed at baseline and after one hour of hypoxia.

**Results:** Thirty two CHF patients (mean age and LVEF were 63±13yrs and 33±9% respectively) were recruited. 70% had ischemic heart disease and 22% had permanent atrial fibrillation. Hypoxia was well tolerated and was not associated with worsening HF-symptoms. Arterial oxygen saturation (SpO2) decreased from 97.2±1.2 to 85.7±5.0%, p<0.0001. Mean systemic blood pressure (MSBP) increased from 84±11mmHg to 92±11mmHg, p<0.0001, whilst HR remained unchanged at 69±14bpm. LVEF and E/A ratio were unchanged. Diastolic LV function tended to improved (E/Ea from 13.6±7.2 to 12.3±7.7 p=0.09). Systolic PAP increased (from 34±9mmHg to 38±9mmHg, p<0.05 in n=16 patients with tricuspid regurgitation) and the right ventricular systolic function assessed by the tricuspid annular systolic excursion was unchanged.

**Conclusion:** Hypoxia caused no symptoms in any patients despite a significant increase in MSBP and a decrease in arterial SpO2. Further investigations in a larger patient group and with longer periods of hypoxia are being conducted.

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**Renal dysfunction and use of angiotensin-converting enzyme inhibitors and angiotensin receptor blockers in chronic heart failure**

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**Background:** European Guidelines for the treatment of CHF 2008 underline that there is no absolute level of creatinine which precludes the use of angiotensin converting enzyme inhibitors (ACE-Is) or angiotensin receptor blocker (ARBs).

**Aims:** The IMPACT-RECO program III analysed the impact of NYHA class and of comorbidities on therapeutic management of French outpatients with stable CHF and low left ventricular ejection fraction (LVEF).

**Methods:** This survey was carried on 2007 among randomly selected French private cardiologists. 1574 patients with CHF and LVEF < 40% were included.

**Results:** Mean age was 71 ± 11 years, 75% of the patients were men, 34% were in NYHA class III-IV, 54% had coronary artery diseases, 30% had atrial fibrillation and the mean LVEF was 34 ± 7%. Creatinine value was recorded in 1332 patients. Mean creatinine concentration was 119 ± 50 μmol/L and mean creatinine clearance was 59.6 ± 26.8 ml/kg/min. Renal dysfunction defined by creatinine concentration > 220 μmol/L or 25 mg/dL was found in 173 patients. In the 467 patients not receiving ACEIs, reasons for non prescription were firstly contra-indication in 69 patients (14.8%) mostly because of renal dysfunction in 54 patients (78.3%), secondly side effects in 365 patients (78.2%) with renal insufficiency found in 25 patients (6.85%). In 1033 patients, ARBs was also not prescribed because of contra-indication for renal dysfunction in 79 patients (90.8%), or intolerance with renal insufficiency in 40 patients (32.8%). Thus, despite a mean creatinine clearance of 33.3 ± 15.1 mL/kg/min in 173 patients with renal dysfunction, ACEIs/ARB were not prescribed in 133 patients considering renal dysfunction as a contra-indication.

**Conclusion:** Renal dysfunction remains the main reason for not prescribing ACEIs/ARBs in CHF despite the possibility to easily adapt their dose to creatinine clearance. Improvement is still necessary so that ACEIs/ARBs should not be denied to CHF patients with concomitant renal dysfunction.