Facial Cellulitis Arising from Dens Evaginatus: A Case Report

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Dens evaginatus is a developmental anomaly that produces a tubercle on the occlusal surface of a tooth. It is found most frequently in the mandibular premolars. The occlusal tubercle easily causes occlusal interferences. Attrition or fracture of the tubercle can lead to pulpitis, pulp necrosis, periapical pathosis, and periapical infection. This case report illustrates the treatment of facial cellulitis arising from dens evaginatus with open apex. Calcium hydroxide was used for the apexification procedure. One year after canal obturation, radiography revealed no apical pathosis and the apical seal was evident.

Key Words: facial cellulitis, dens evaginatus

Dens evaginatus is a rare dental anomaly involving an extra cusp or tubercle that protrudes from the occlusal surface of the affected tooth. It occurs in the mandible more frequently than in the maxilla and is most commonly seen in premolars, but may occur in molars, canines, and incisors [1]. The prevalence of dens evaginatus ranges from 1.1% to 4.3% of people, with a higher incidence among Asians [2–4]. Lin and Roan found an overall prevalence of 3.52% in the southern region of Taiwan [5].

Dens evaginatus is easily worn or fractured, resulting in pulp exposure, pulp infection, loss of vitality, and infection of facial structures. A history of pulp necrosis in a noncarious tooth and unusual root formation support the presence of dens evaginatus. Endodontic management of the pulpless permanent tooth with a wide-open blunderbuss apex has long presented a challenge to dentistry. This condition necessitates endodontic procedures, such as apexification with subsequent obturation in teeth with immature apices, or removal of the tooth [6]. Calcium hydroxide has long been recognized for its antibacterial effects and is the material of choice for apical barrier formation and healing [7]. If a tooth with incomplete root formation is found to be nonvital at the time of diagnosis, calcium hydroxide can be used to provide apical closure. This article presents a case of facial cellulitis arising from dens evaginatus with open apex and apexification treatment using calcium hydroxide.

Case Presentation

A 20-year-old man was referred to our department with the chief complaint of painful swelling over the left side of his face. He had developed this symptom following a left mandibular second premolar toothache 3 days earlier. Extraoral examination revealed a firm, warm, and diffused swelling affecting the left facial region with buccal and masticatory space involvement (Figure 1). Intraoral examination showed a worn tubercle on the occlusal surface of the left mandibular second premolar and an otherwise normal crown (Figure 2). The tooth was extremely tender to percussion and its buccal sulcus presented a diffuse firm swelling. An open apex and radiolucency in the periapical area were found on radiography (Figure 3). A diagnosis of facial cellulitis arising from dens evaginatus was made. On intraoral and radiographic examinations, the remaining seven premolars showed complete root formation without

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formation, so the canal was obturated with gutta-percha and the cavity was restored with composite resin. One year after canal obturation, radiography showed improved apical healing (Figure 4).

**DISCUSSION**

Dens evaginatus is an uncommon dental anomaly in which an extra cusp or tubercle protrudes from the occlusal surface of posterior teeth or the lingual surface of anterior teeth. The tubercle of dens evaginatus is frequently susceptible to dens evaginatus involvement. Tracing the patient’s history revealed that a sinus tract had persisted over the buccal gingival area of the left mandibular second premolar for several years; his medical history was noncontributory.

On the same day, the pulp chamber was opened without anesthesia and purulent pus discharged from the pulp chamber. Through gentle debridement and saline irrigation, the pulp chamber was open-drained through the occlusal surface of the dens evaginatus, and a systemic antibiotic was delivered. Four days later, the pain and swelling had subsided, and no more pus was being discharged from the pulp chamber. The canal was thoroughly cleaned and a thick paste of calcium hydroxide was applied every 4 weeks to induce apical closure. The calcium hydroxide was changed a total of seven times. Seven months later, radiography showed evidence of apical closure as a result of hard-tissue formation.
Dens evaginatus fractures and pulp complications. The reported incidence of pulp-involved teeth ranges from 14.1% to 40.2% [2,3,5]. Lin and Roan reported that 89.3% of dens evaginatus are worn, 19.6% with nonvital pulp response [6]. In the case of early pulp exposure or infection of the pulp by bacterial access through immature dentinal tubules, the sequel is pulp necrosis.

Emphasis should be placed on early detection of this anomaly and on proper prophylactic treatment. Many treatment options for dens evaginatus have been reported in the literature [4,6–8], and these have changed over time. Treatments include grinding the cusp to encourage secondary dentin formation, reducing the risk of attrition or fracture of the tubercle by elimination of opposing occlusal interferences, protection of the tubercle with pit and fissure sealant (or by composite resin reshaping), and removal of the tubercle followed by direct or indirect pulp capping and partial pulpotomies [6]. Treatments for pulp involvement include conventional endodontic therapy, calcium hydroxide technique for apexification, surgical root canal therapy, or extraction of the tooth [6].

Endodontic treatment can be complicated further by incomplete root formation with an open apex. An apexification procedure treats an open apex with vital pulp, while an apexification procedure treats an open apex with nonvital pulp. Kaiser first reported the use of calcium hydroxide for apexification in the pulpless tooth in 1964 [9]. Calcium hydroxide is considered to fulfill many of the properties of an ideal root canal dressing due to its moderate antibacterial action, its ability to induce hard tissue formation and to cause intracanal occlusion, and its tissue-dissolving capability [7]. Since 1964, calcium hydroxide alone or in combination with other drugs has become the most widely accepted material to promote apexification. This case presents a dens evaginatus with incomplete root formation. In order to perform root canal therapy, the root needs to be completely formed. Calcium hydroxide is used to medicate and initiate apex closure in order to complete the tooth development.

The usual time required for apexification is 6–24 months [7,10]. There are four successful clinical results of apexification procedures: continued closure of the canal and apex to a normal configuration; apex closure, although the canal retains a blunderbuss configuration; no radiographic change, but a thin osteoid-like barrier providing definite closure; and radiographic evidence of an apical barrier [7]. In our case, formation of a thin osteoid-like apical barrier was shown by radiography after 7 months. Facial cellulitis arising from dens evaginatus with an open apex is uncommon. The result of this case report showed adequate infection control and successful apexification by calcium hydroxide.

REFERENCES
齒外齒導致顳面蜂窩性組織炎 — 病例報告

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高雄醫學大學附設中和紀念醫院 ¹  口腔顳面外科 ²  家庭牙醫科 ³  保存科 ⁴  补綴科

齒外齒是一種牙齒發育的異常，在牙齒的咬合面上突起一個的結節，最常見於下顳小臼齒。而此咬合面的結節會容易干擾到正常咬合，而導致結節的磨耗或斷裂，因此引發齒嚙炎、齒齦壞死、根尖周圍病變和感染。本篇病例報告乃是一位病人，因為齒外齒而導致顳面蜂窩性組織炎，而且該牙齒根尖呈現尚未發育完全的現像，經由適當的處置並用氫氧化鈣做根尖成形術，在根管充填後一年 X 光片的追蹤，發現已經沒有根尖周圍病變，並且在牙齒根尖也呈現封閉的情形。

關鍵詞：顳面蜂窩性組織炎，齒外齒

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