Introduction: A recent review by the UK CF Trust concluded that Dietetics was the “Cinderella” service of the CF team. As a result of these findings and through the CF Trust Peer Review process a specialist dietetic training post was established and a home visiting service developed. The aim of this study was to report the findings of this development.

Method: Families were selected by the dietitian as suitable for home visits based on:
- New diagnosis of CF
- Ongoing dietetic issues
- Following hospital discharge

A questionnaire was developed for use by the carers. Closed questions were used quantitatively to identify satisfaction of the service and 2 open-ended questions were used qualitatively to explore their perceived value of the home visit. A 6 month trial period was defined and only patients who received a visit solely by the dietitian were eligible to participate.

Results: 20 families were eligible to receive a questionnaire. 18 responded, covering an age range of 0–10 years. The reasons cited by the parents for the home visits fell into 3 main categories including new diagnosis (3), weaning advice (3) and a combination of needing to discuss dietary treatments, enzyme therapy or issues relating to weight (12). Positive feedback was reported on the timing of the visit, advice discussed, duration and educational content. Qualitatively, the additional benefits reported were reduced distractions, improved environment, and relationships.

Conclusion: A high standard of dietetic input often requires more than seeing patients and carers in the busy hospital clinical setting. This survey has demonstrated that carers value the addition of a community based dietetic service.