# Exponential Integrability and Transportation Cost Related to Logarithmic Sobolev Inequalities 

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#### Abstract

We study some problems on exponential integrability, concentration of measure, and transportation cost related to logarithmic Sobolev inequalities. On the real line, we then give a characterization of those probability measures which satisfy these inequalities © 1999 Academic Press Key Words: logarithmic Sobolev inequalities; exponential integrability; concentration of measure; transportation inequalities.


## 1. INTRODUCTION

Logarithmic Sobolev inequalities are an essential tool in the study of various problems (cf., e.g., [G2], [D-SC], [L3]). The main purpose of this paper is to refine some known connections between logarithmic Sobolev inequalities, exponential integrability of "smooth" functions and the concentration of measure. Provided a logarithmic Sobolev inequality holds, we estimate exponential moments of functions in terms of the "modulus of their gradient" and deduce a transportation inequality with a corresponding concentration inequality. Furthermore, we shall describe all probability measures satisfying logarithmic Sobolev inequalities on the real line.

Let us describe the general scheme of logarithmic Sobolev inequalities. Let $(\Omega, \mu)$ denote a probability space, and assume there is an operator $\Gamma$ defined on a set $\mathscr{A}$ of bounded measurable functions on $\Omega$ with the following properties:

[^0](1) for any $f \in \mathscr{A}, \Gamma(f)$ is a non-negative measurable function on $\Omega$;
(2) for all $f \in \mathscr{A}$ and for all $a \in \mathbf{R}, b \geqslant 0, a+b f \in \mathscr{A}$ and $\Gamma(a+b f)=$ $b \Gamma(f)$.

Introduce the entropy functional:

$$
\begin{aligned}
\operatorname{Ent}(g) & \equiv \int g \log g d \mu-\int g d \mu \log \int g d \mu \\
& =\int g \log \frac{g}{\int g d \mu} d \mu, \quad g \geqslant 0 .
\end{aligned}
$$

We will say that $(\Omega, \mu, \Gamma)$ satisfies a logarithmic Sobolev inequality with constant $c \geqslant 0$ (for short, LSI $_{c}$ ) if, for all $f \in \mathscr{A}$,

$$
\begin{equation*}
\operatorname{Ent}\left(e^{f}\right) \leqslant \frac{c}{2} \int \Gamma(f)^{2} e^{f} d \mu . \tag{1.1}
\end{equation*}
$$

If $\Gamma$ is a derivation, i.e., if for all $f \in \mathscr{A}$ with values in $(a, b)$ and $u \in C^{\infty}[a, b]$, we have $u(f) \in \mathscr{A}$ and $\Gamma(u(f))=\left|u^{\prime}(f)\right| \Gamma(f)$, then (1.1) is equivalent to the more familiar version

$$
\begin{equation*}
\operatorname{Ent}\left(g^{2}\right) \leqslant 2 c \int \Gamma(g)^{2} d \mu, \tag{1.2}
\end{equation*}
$$

whenever $g \in \mathscr{A}$ satisfies inf $g>0$. To be more precise, (1.1) represents an exponential (or, modified) form of (1.2) which is usually called logarithmic Sobolev inequality (the normalization $\frac{1}{2}$ in (1.1) is chosen such that $c=1$ in the Gaussian case). In the most interesting cases of derivations $\Gamma$, this operator and the inequality (1.2) itself (as well as (1.1)) are easily extended to a larger class of functions including unbounded "smooth" functions. For example, when $\Omega$ is a metric space with metric $d$, one may consider the following natural generalization of the modulus of the usual gradient:

$$
\Gamma(f)(x)=|\nabla f(x)|=\lim _{d(x, y) \rightarrow 0^{+}} \frac{|f(x)-f(y)|}{d(x, y)} .
$$

In this case, we may define $\Gamma$ on the class of all Lipschitz functions $f$ (i.e., with $\|f\|_{\text {Lip }}<\infty$ ), and the inequalities (1.1) and (1.2) hold for this class if they hold for all bounded Lipschitz functions. Thus, for the Euclidean space $\Omega=\mathbf{R}^{n}$ with the usual Euclidean metric, we arrive at the usual definition of logarithmic Sobolev inequalities.

One of the questions of interest is to determine whether or not, a given probability measure $\mu$ satisfies $\operatorname{LSI}_{c}$ with some finite $c$. In the case of the
real line $\Omega=\mathbf{R}$, we provide the following characterization. Let $F(x)=$ $\mu((-\infty, x]), x \in \mathbf{R}$, denote the distribution function of $\mu$, and let $p$ be the density of the absolutely continuous part of $\mu$ with respect to Lebesgue measure. Let $m$ denote a median of $\mu$. Set

$$
\begin{aligned}
& D_{0}=\sup _{x<m}\left(F(x) \log \frac{1}{F(x)}\right) \int_{x}^{m} \frac{1}{p(t)} d t, \\
& D_{1}=\sup _{x>m}\left((1-F(x)) \log \frac{1}{1-F(x)}\right) \int_{m}^{x} \frac{1}{p(t)} d t,
\end{aligned}
$$

defining $D_{0}$ and $D_{1}$ to be zero in case $\mu((-\infty, m))=0$ or $\mu((m,+\infty))=0$, respectively.

Theorem 1.1. Let $\mu$ be an arbitrary probability measure on $\mathbf{R}$. For some constant $c$, the $\log$-Sobolev inequality $\operatorname{Ent}\left(g^{2}\right) \leqslant 2 c \int\left|g^{\prime}\right|^{2} d \mu$ holds in the class of all smooth functions $g$ on $\mathbf{R}$ if and only if $D_{0}+D_{1}<+\infty$. In this case, the optimal value of c satisfies

$$
K_{0}\left(D_{0}+D_{1}\right) \leqslant c \leqslant K_{1}\left(D_{0}+D_{1}\right),
$$

where $K_{0}$ and $K_{1}$ are certain absolute positive constants.
The proof of Theorem 1.1 uses a result of M. Artola, G. Talenti, and G. Tomaselli on Hardy-type inequalities with weights on the real line (cf. [Mu]) and is given in Sections 4 and 5 (cf. Theorem 5.3). In Section 4, we transform logarithmic Sobolev inequalities (1.2), up to an absolute multiplicative constant, into Sobolev-type inequalities $\left\|f-\int f d \mu\right\|_{N}^{2} \leqslant$ $c \int \Gamma(f)^{2} d \mu$ in a suitable Orlicz space $L_{N}(\Omega, \mu)$ with Orlicz function $N(x)=x^{2} \log \left(1+x^{2}\right)$. On the real line this allows to reduce $\mathrm{LSI}_{\mathrm{c}}$ to a Hardy-type inequality (cf. Propositions 4.1 and 4.2).

In Section 2 we study in a general setting exponential moments of a function $f \in \mathscr{A}$ in terms of the distribution of $\Gamma(f)$ under $\mu$ provided LSI $_{\text {c }}$ holds. As a main result (cf. Theorem 2.1), we prove, in particular:

Theorem 1.2. For any function $f \in \mathscr{A}$ with $\int f d \mu=0$,

$$
\begin{equation*}
\int e^{f} d \mu \leqslant \int e^{c \Gamma(f)^{2}} d \mu . \tag{1.3}
\end{equation*}
$$

This estimate implies inequalities for exponential moments of "Lipschitz" functions similar to those proved by S. Aida, T. Masuda and I. Shigekawa [A-M-S] and M. Ledoux [L1], [L2]. In the Gaussian case, (1.3) improves an exponential inequality due to G. Pisier [P1]. In the case of
the discrete cube, it affirmatively answers his question (p. 182) on the validity of the discrete analogue of the Gaussian variant of (1.3). These examples and applications will be discussed in more detail in Corollaries 2.2-2.4.

In Section 3, we study for a metric space $(\Omega, d)$ equipped with a probability measure $\mu$ inequalities of the following type:

$$
\begin{equation*}
W_{\alpha}(\mu, v) \leqslant \sqrt{2 c \int \log \frac{d v}{d \mu} d v} . \tag{1.4}
\end{equation*}
$$

Here $W_{\alpha}(\mu, v)$ denotes the Kantorovich-Rubinstein distance between $\mu$ and $v$ (we shall consider the cases $\alpha=1$ and $\alpha=2$, only) which is defined as the infimum of

$$
\left(\iint d(x, y)^{\alpha} d \pi(x, y)\right)^{1 / \alpha}
$$

over all probability measures $\pi$ on the product space $\Omega \times \Omega$ with marginal distributions $\mu$ and $v$ ( $v$ is an arbitrary probability measure on $\Omega$ which is absolutely continuous with respect to $\mu$ with density $d v / d \mu$ ). Thus, (1.4) relates the minimal transportation cost needed to transport $v$ into $\mu$ to the so-called informational divergence $D(v \| \mu)=\int \log (d v / d \mu) d v$. Such transportation inequalities have been introduced for $\alpha=1$ by K. Marton [Ma1]. On the basis of (1.4), she established concentration inequalities for discrete product measures (and, furthermore, for distributions of certain Markov processes, [Ma2]), of the form

$$
\begin{equation*}
1-\mu\left(A^{h}\right) \leqslant \exp \left(-\frac{1}{2 c}\left(h-\sqrt{2 c \log \frac{1}{\mu(A)}}\right)^{2}\right), \tag{1.5}
\end{equation*}
$$

where $A^{h}$ denotes $h$-neighborhood of a set $A \subset \Omega$. This approach has been studied as well by M. Talagrand in [T4] proving, in particular, that the canonical Gaussian measure $\mu=\gamma_{n}$ on the Euclidean space satisfies an inequality (1.4) for the $W_{2}$-metric:

$$
\begin{equation*}
W_{2}\left(\gamma_{n}, v\right) \leqslant \sqrt{2 \int \log \frac{d v}{d \gamma_{n}} d v} . \tag{1.6}
\end{equation*}
$$

As a consequence, M. Talagrand derives from (1.6) using Marton's line of arguments, a sharp Gaussian concentration inequality (1.5) with $c=1$ (which is similar to an isoperimetric inequality).

A natural question arising in connection with (1.4) is to find an appropriate functional form for (1.4) and to relate it to other classes of inequalities. When $\alpha=1$, we shall prove:

Theorem 1.3. Assume $\int d\left(x, x_{0}\right) d \mu(x)<+\infty$, for some $x_{0} \in \Omega$ (where $d$ denotes the metric on $\Omega$ ). The transportation inequality (1.4) holds for all probability measures $v$ on $\Omega$ which are absolutely continuous with respect to $\mu$ if and only if, for all $t \in \mathbf{R}$ and all functions $f$ on $\Omega$ with $\int f d \mu=0$ and $\|f\|_{\text {Lip }} \leqslant 1$,

$$
\int e^{t f} d \mu \leqslant e^{c t^{2} / 2}
$$

In particular, (1.4) together with the concentration inequality (1.5) always holds assuming the $\mathrm{LSI}_{\mathrm{c}}$-property.

Such a functional description shows as well that, in turn, (1.5) implies (1.4) although with a worse constant. Thus, (1.5) and (1.4) are essentially equivalent. However, we do not know, whether or not (1.4) with $\alpha>1$ is implied by a logarithmic Sobolev inequality. A main argument we use in the case $\alpha=1$ is the well known Kantorovich-Rubinstein's theorem representing the metric $W_{1}$ in terms of Lipshitz functions on $\Omega$, and it seems there is no such "Lipshitz" representation for $W_{\alpha}$. The question of a functional representation for metrics of Kantorovich-Rubinstein-type (raised by R. M. Dudley) was open for some time until V. L. Levin and S. T. Rachev proved in particular that ([Lev], [Ra])

$$
W_{2}^{2}(v, \mu)=\sup \int g d v-\int d \mu,
$$

where the supremum is taken over all pairs of bounded continuous functions $(g, f)$ such that $g(y)-f(x) \leqslant d(x, y)^{2}$, for all $x, y \in \Omega$. This functional description allows one to give an equivalent representation for the transportation inequality (1.4) with $\alpha=2$ (and with $c=1$ ) by a relation between the distribution of an arbitrary function $f$ and the distribution of the function $(S f)(x)=\inf \left\{f(y)+\frac{1}{2} d(x, y)^{2}: y \in \Omega\right\}$. Namely, (1.4) is equivalent to the inequality

$$
\begin{equation*}
\int e^{S f} d \mu \leqslant e^{\int f d \mu} \tag{1.7}
\end{equation*}
$$

Inequalities of this type were introduced by B. Maurey [Mau] as a functional approach to some of M. Talagrand's isoperimetric inequalities ([T1], [T2]). They are now referred to as inf-convolution inequalities. Using this approach, we shall give a simple alternative proof of Talagrand's transportation inequality (1.6) via (1.7) with $\mu=\gamma_{n}$. In this case, the inequality (1.7) may be viewed as a generalization of a Tsirel'son exponential inequality for the supremum of a bounded Gaussian process.

## 2. EXPONENTIAL INTEGRABILITY

First we emphasize some particular cases and applications of:
Theorem 2.1. Assume $(\Omega, \mu, \Gamma)$ satisfies $\operatorname{LSI}_{\mathrm{c}}$. Then, for any $f \in \mathscr{A}$ with mean $\int f d \mu=0$, and for all $\alpha>c / 2$,

$$
\begin{equation*}
\int e^{f} d \mu \leqslant\left(\int e^{\alpha \Gamma(f)^{2}} d \mu\right)^{c /(2 \alpha-c)} \tag{2.1}
\end{equation*}
$$

In addition, for all $f \in \mathscr{A}$ and $\lambda \in(0,1]$,

$$
\begin{equation*}
\int e^{f} d \mu \leqslant\left(\int e^{\lambda f+(1-\lambda) c \Gamma(f)^{2 / 2}} d \mu\right)^{1 / \lambda} \tag{2.2}
\end{equation*}
$$

For $\lambda=1$, there is an equality in (2.2), and comparing the derivatives of the both sides at $\lambda=1$, we obtain exactly (1.1). Hence (2.2) is another version of the $\mathrm{LSI}_{\mathrm{c}}$-property. In this sense, (2.2) is stronger than (2.1).

Assuming that $\Gamma(f) \leqslant 1 \mu$-a.e. and applying (2.1) to functions if with $\alpha \rightarrow+\infty$, we get, for all $t \geqslant 0$,

$$
\begin{equation*}
\int e^{t f} d \mu \leqslant e^{c t^{2} / 2} \tag{2.3}
\end{equation*}
$$

When $\Gamma$ is a derivation, one can also apply (2.1) to functions $t\left(f^{2}-\int f^{2}\right)$ with $0 \leqslant t<1 /(4 c)$. Then $\Gamma\left(f^{2}-\int f^{2}\right)=2|f| \Gamma(f) \leqslant 2|f|$, so that by (2.1) with $\alpha=1 /(4 t)$,

$$
\int e^{t f^{2}} d \mu \leqslant \exp \left(\frac{t(1-2 c t)}{1-4 c t} \int f^{2} d \mu\right)
$$

This is not as sharp as (2.3) and can be improved by virtue of (2.2). In the same way, applying (2.2) to $s f^{2} /(2 c)$ (instead of $f$ ) with $0<s<1$ and $\lambda=(p-s) /(1-s)$, where $p \in(s, 1]$ is arbitrary, we get

$$
\int e^{s f^{2} /(2 c)} d \mu \leqslant\left(\int e^{p s f^{2} /(2 c)} d \mu\right)^{(1-s) /(p-s)} .
$$

This inequality becomes an equality for $p=1$, so comparing the derivatives of the logarithm of the both sides at $p=1$ one gets

$$
0 \geqslant \frac{1}{1-s}\left[\int \frac{s f^{2}}{2 c} e^{s f^{2} /(2 c)}(1-s)-\int e^{s f^{2} /(2 c)} \log \int e^{s f^{2} /(2 c)}\right] .
$$

This means that the function $u(s)=\log \int e^{s f^{2} /(2 c)} d \mu$ satisfies the differential inequality $u^{\prime}(s) / u(s) \leqslant 1 /(s(1-s))$, which expresses the fact that the function

$$
v(s)=\exp \left\{\frac{1-s}{s} u(s)\right\}=\left(\int e^{s f^{2} /(2 c)}\right)^{(1-s) / s}
$$

does not increase in $0<s<1$. Comparing $v(s)$ with $v\left(0^{+}\right)$and introducing $t=s /(2 c)$, we arrive at

$$
\begin{equation*}
\int e^{t f^{2}} d \mu \leqslant \exp \left(\frac{t}{1-2 c t} \int f^{2} d \mu\right), \quad 0<t<\frac{1}{2 c} . \tag{2.4}
\end{equation*}
$$

The inequality (2.3) has been shown to follow from (1.1) by M. Ledoux [L1], [L2], and (2.4) was deduced from (1.1) by. S. Aida, T. Masuda and I. Shigekawa [A-M-S], see also [A-S] (according to [D-S], the original idea goes back to I. Herbst). The above deduction of (2.4) from (2.2) essentially repeates an argument of [A-M-S]. As for the proof of (2.1), we develop an argument of M. Ledoux which was based on a another differential inequality. Below we will also show that (2.3) is implied by (2.4) (this requires however that $\Gamma$ is a derivation; cf. Remark 2.5).

For $\alpha=c$, (2.1) becomes

$$
\begin{equation*}
\int e^{f} d \mu \leqslant \int e^{c \Gamma(f)^{2}} d \mu \tag{2.5}
\end{equation*}
$$

This inequality seems to be new except for the case of Gaussian measures where it had a different constant in the exponent. More precisely, let $(\Omega, \mu)=\left(\mathbf{R}^{n}, \gamma_{n}\right)$ be the Euclidean space equipped with the canonical Gaussian measure with density $(2 \pi)^{-n / 2} e^{-|x|^{2} / 2}$, and let $\Gamma(f)=|\nabla f|$ denote the length of the usual gradient of a smooth function $f$. Given a convex function $\Phi$ on R, G. Pisier [P1] proved that, for smooth functions $f$ with $\int f d \gamma_{n}=0$.

$$
\int_{\mathbf{R}^{n}} \Phi(f) d \gamma_{n} \leqslant \int_{\mathbf{R}^{n}} \int_{\mathbf{R}^{n}} \Phi\left(\frac{\pi}{2}\langle\nabla f(x), y\rangle\right) d \gamma_{n}(x) d \gamma_{n}(y),
$$

where the constant $\pi / 2$ appears to be optimal for the choice $\Phi(x)=|x|$. For $\Phi(x)=e^{x}$, this inequality yields

$$
\begin{equation*}
\int_{\mathbf{R}^{n}} e^{f} d \gamma_{n} \leqslant \int_{\mathbf{R}^{n}} \exp \left(\frac{\pi^{2}}{8}|\nabla f|^{2}\right) d \gamma_{n} . \tag{2.6}
\end{equation*}
$$

On the other hand, by Gross' logarithmic inequality [G1], (1.2) holds for $\gamma_{n}$ with $c=1$. Therefore, according to (2.5), the constant in the exponent can be somewhat improved:

Corollary 2.2. For any integrable smooth function $f$ on $\mathbf{R}^{n}$ with $\int f d \gamma_{n}=0$,

$$
\int_{\mathbf{R}^{n}} e^{f} d \gamma_{n} \leqslant \int_{\mathbf{R}^{n}} e^{|\nabla f|^{2}} d \gamma_{n}
$$

From Theorem 2.1, we also get $\int_{\mathbf{R}^{n}} e^{|f|} d \gamma_{n}<+\infty$, whenever $\int_{\mathbf{R}^{n}} e^{\alpha|\nabla f|^{2}} d \gamma_{n}<+\infty$, for some $\alpha>\frac{1}{2}$. Clearly, the condition $\alpha \geqslant \frac{1}{2}$ is necessary to prove this claim. Thus, it is natural to ask whether or not, even for one dimension, the above implication holds for $\alpha=\frac{1}{2}$. This turns out to be the case (an observation due to M. Talagrand [T5]).

Consider another important example. Let $\mu$ be an arbitrary product probability measure on the cube $\Omega=[-1,1]^{n}$. Recently, M. Ledoux [L3] established for such a measure, in the spirit of some of Talagrand's concentration inequalies ([T1], [T3]), a logarithmic Sobolev inequality (1.1) for the class $\mathscr{A}$ of all convex smooth functions on $[-1,1]^{n}$. He also determined the optimal constant as $c=4$. Together with (2.5) this yields:

Corollary 2.3. For any smooth convex function $f$ on $[-1,1]^{n}$ with $\int f d \gamma_{n}=0$,

$$
\begin{equation*}
\int_{[-1,1]^{n}} e^{f} d \mu \leqslant \int_{[-1,1]^{n}} e^{4|\nabla f|^{2}} d \mu . \tag{2.7}
\end{equation*}
$$

Note that, in such a situation, the inequality (1.1) may not follow from (1.2) since the latter does not hold with a universal constant even in dimension one for the class of all convex functions.

Let us now specialize to the canonical Bernoulli (i.e., normalizing counting) measure $\mu_{n}$ on the discrete cube $\{-1,1\}^{n}$. In this case, (1.1) holds true for convex functions with optimal constant $c=2$ (cf. [B]). This can easily be shown using the Gross' discrete logarithmic inequality [G1]. Thus the constant 4 in the exponent in (2.7) can be replaced by 2 . Now we are able to state a discrete version of Pisier's inequality (2.6). Take for $\Gamma(f)$ the length of a discrete gradient of $f$ :

$$
[\mathrm{D}(f)(x)]^{2}=\sum_{k=1}^{n}\left|\frac{f\left(s_{i}(x)\right)-f(x)}{2}\right|^{2} .
$$

Here $f$ is an arbitrary function $f$ on $\{-1,1\}^{n}$, and $s_{i}(x)$ denotes the neighbor of the point $x \in\{-1,1\}^{n}$ on the $i$-th coordinate: $s_{i}(x)_{j}=x_{j}$, for
$j \neq i$, and $s_{i}(x)_{i}=-x_{i}$. As in the Gaussian case, $(\Omega, \mu, \mathrm{D})$ satisfies (1.2) with $c=1$ [G1]. It is easily verified, with the same constant (although D is not a derivation), that the triple ( $\Omega, \mu, \mathrm{D}$ ) satisfies (1.1). Thus, we obtain a discrete version of Corollary 2.2:

Corollary 2.4. For any function $f$ on $\{-1,1\}^{n}$ with $\int f d \mu_{n}=0$, we have

$$
\int_{\{-1,1\}^{n}} e^{f} d \mu_{n} \leqslant \int_{\{-1,1\}^{n}} e^{\mathbf{D}(f)^{2}} d \mu_{n} .
$$

Proof of Theorem 2.1. It is well known that the entropy functional can be represented as

$$
\operatorname{Ent}(g)=\sup \int g h d \mu
$$

where the supremum is taken over all functions $h$ with $\int e^{h} d \mu \leqslant 1$. In particular,

$$
\int e^{h} d \mu=1 \quad \text { implies } \quad \int g h d \mu \leqslant \operatorname{Ent}(g) .
$$

Put $\beta=\log \int e^{\alpha \Gamma(f)^{2}} d \mu$ so that $\int e^{h} d \mu=1$ for $h=\alpha \Gamma(f)^{2}-\beta$. Hence, for any on-negative measurable function $g$,

$$
\int\left(\alpha \Gamma(f)^{2}-\beta\right) g d \mu \leqslant \operatorname{Ent}(g) .
$$

Take $g=e^{f}$ so that

$$
\begin{equation*}
\alpha \int \Gamma(f)^{2} e^{f} d \mu-\beta \int e^{f} d \mu \leqslant \operatorname{Ent}\left(e^{f}\right) . \tag{2.8}
\end{equation*}
$$

Now, applying (1.1) in order to estimate the first term on left hand side of (2.8), we get

$$
\begin{equation*}
\operatorname{Ent}\left(e^{f}\right) \leqslant \frac{\beta c}{2 \alpha-c} \int e^{f} d \mu \tag{2.9}
\end{equation*}
$$

We now apply (2.9) to functions of the form $t f, t \geqslant 0, f \in \mathscr{A}$. Hence, put

$$
\beta(t)=\log \int e^{\alpha t \Gamma(f)^{2}} d \mu
$$

and define the function $u$ by

$$
\int e^{t f} d \mu=e^{t u(t)} .
$$

Since $\operatorname{Ent}\left(e^{t f}\right)=t^{2} u^{\prime}(t) e^{t u(t)}$, (2.9) will transform into

$$
u^{\prime}(t) \leqslant \frac{c}{2 \alpha-c} \frac{\beta\left(t^{2}\right)}{t^{2}}, \quad t>0 .
$$

Note that $\beta(t)$ is a convex function. In addition, $\beta(0)=0$ and $\beta^{\prime}(0) \geqslant 0$, hence $\beta(t)$ is non-negative and non-decreasing in $t \geqslant 0$. Consequently, the function $\beta(t) / t$ does not decrease in $t>0$. Thus, we can conclude that, for $0 \leqslant t \leqslant 1, u^{\prime}(t) \leqslant c \beta(1) /(2 \alpha-c)=c \beta /(2 \alpha-c)$. Recalling that $\int f d \mu=0$, we also have $u(0)=0$. As a result,

$$
u(1) \leqslant \frac{c}{2 \alpha-c} \beta, \quad \text { and } \quad \int e^{f} d \mu=e^{u(1)} \leqslant \exp \left(\frac{c}{2 \alpha-c} \beta\right) .
$$

This proves (2.1). To prove (2.2), take $\beta=\log \int e^{\lambda f+(1-\lambda) c \Gamma(f)^{2} / 2} d \mu$. As in (2.8) we have

$$
\int\left(\lambda f+\frac{1}{2}(1-\lambda) c \Gamma(f)^{2}-\beta\right) g d \mu \leqslant \operatorname{Ent}(g) .
$$

Applying (1.1) to this inequality with $g=e^{f}$ yields the result.
Remark 2.5. Given a function $f$ on the probability space $(\Omega, \mu)$ and a constant $c>0$, assume that, for all $a \in \mathbf{R}$ and $0<t<1 / 2 c$

$$
\int e^{t(f+a)^{2}} d \mu \leqslant \exp \left(\frac{t}{1-2 c t} \int(f+a)^{2} d \mu\right) .
$$

Then, for all $t \in \mathbf{R}$.

$$
\int e^{t f} d \mu \leqslant e^{t \int f d \mu+c t^{2} / 2} .
$$

Indeed, set $f_{a}=f+a$. As in (2.8), for any probability density $g$ (with respect to the measure $\mu$ ), we have

$$
\int\left(t f_{a}^{2}-\frac{t}{1-2 c t} \int f_{a}^{2} d \mu\right) g d \mu \leqslant \operatorname{Ent}(g) .
$$

Optimizing over $t \in[0,1 / 2 c)$, we arrive at

$$
\left\|f_{a}\right\|_{L^{2}(g d \mu)}-\left\|f_{a}\right\|_{L^{2}(d \mu)} \leqslant \sqrt{2 c \operatorname{Ent}(g)}
$$

Letting $a \rightarrow-\infty$, and also $a \rightarrow+\infty$, we get

$$
\left|\int f g d \mu-\int f d \mu\right| \leqslant \sqrt{2 c \int g \log g d \mu}
$$

This implies (3.8) which is equivalent to (3.6) (cf. Proof of Theorem 3.1 below).

## 3. TRANSPORTATION INEQUALITIES

Let $\Omega$ be a separable metric space with metric $d$. Given $\alpha \geqslant 1$ and two Borel probability measures $\mu$ and $v$ on $\Omega$, we defined the quantity

$$
W_{\alpha}(\mu, v)=\inf \left(\iint d(x, y)^{\alpha} d \pi(x, y)\right)^{1 / \alpha},
$$

where the infimum is taken over all probability measures $\pi$ on the product space $\Omega \times \Omega$ with marginal distributions $\mu$ and $v$. This quantity is commonly refered to as $L^{\alpha}$-Wasserstein distance between $\mu$ and $\nu$. When $\alpha=1$, $W_{1}(\mu, v)$ represents the classical Kantorovich-Rubinstein distance. The measure $v$ will be assumed to be absolutely continuous with respect to $\mu$, with density $d v / d \mu$. In this case, the so-called informational divergence of $v$ with respect to $\mu$,

$$
D(v \| \mu)=\int \log \frac{d v}{d \mu} d v
$$

is well defined. As shown by K. Marton [Ma1], [Ma2], suitable upper estimates for $W_{1}(\mu, v)$ in terms of $D(v \| \mu)$ like

$$
\begin{equation*}
W_{1}(\mu, v) \leqslant \sqrt{2 c D(v \| \mu)} \tag{3.1}
\end{equation*}
$$

turn out to be well adapted to derive from them sharp concentration inequalities for $\mu$ (assuming that $v$ in (3.1) is arbitrary). To start with, let us recall Marton's argument. Given Borel sets $A$ and $B$ of positive $\mu$-measure, define the conditional restrictions of $\mu$ by $\mu_{A}(C)=\mu(C \cap A) /$ $\mu(A), \mu_{B}(C)=\mu(C \cap B) / \mu(B)$, for any Borel set $C$ of $\Omega$. By the triangle inequality and by (3.1),

$$
\begin{aligned}
W_{1}\left(\mu_{A}, \mu_{B}\right) & \leqslant W_{1}\left(\mu, \mu_{A}\right)+W_{1}\left(\mu, \mu_{B}\right) \leqslant \sqrt{2 c D\left(\mu_{A} \| \mu\right)}+\sqrt{2 c D\left(\mu_{B} \| \mu\right)} \\
& =\sqrt{2 c \log \frac{1}{\mu(A)}}+\sqrt{2 c \log \frac{1}{\mu(B)}} .
\end{aligned}
$$

On the other hand, all the measures $\pi$ on $\Omega \times \Omega$ with marginals $\mu_{A}$ and $\mu_{B}$ must be supported in $A \times B$, i.e., $\pi(A \times B)=1$. Therefore, by the very definition of $W_{1}$, we have $W_{1}\left(\mu_{A}, \mu_{B}\right) \geqslant d(A, B)=\inf \{d(x, y): x \in A, y \in B\}$. Hence,

$$
\begin{equation*}
d(A, B) \leqslant \sqrt{2 c \log \frac{1}{\mu(A)}}+\sqrt{2 c \log \frac{1}{\mu(B)}} . \tag{3.2}
\end{equation*}
$$

This is already an isoperimetric-type inequality. Given $h>0$, let $A^{h}$ denote the open $h$-neighborhood of $A$ for $d, A^{h}=\{x \in \Omega: d(a, x)<h$ for some $a \in A\}$. Taking for $B$ the complement of $A^{h}$, one obtains from (3.2) the following equivalent property: For every $A$ and $h \geqslant \sqrt{2 c \log (1 / \mu(A))}$,

$$
\begin{equation*}
1-\mu\left(A^{h}\right) \leqslant \exp \left(-\frac{1}{2 c}\left(h-\sqrt{2 c \log \frac{1}{\mu(A)}}\right)^{2}\right) \tag{3.3}
\end{equation*}
$$

As an example, one may take the product space $\Omega=\Omega_{1} \times \cdots \times \Omega_{n}$ with the Hamming metric $d(x, y)=\operatorname{card}\left\{i \leqslant n: x_{i} \neq y_{i}\right\}$ and with a product measure $\mu=\mu_{1} \otimes \cdots \otimes \mu_{n}$. In this case, (3.1)-(3.3) hold with optimal constant $c=n / 4$ [Ma2]. For the Hamming distance, concentration inequalities related to (3.3) appeared first in the work of R. Ahlswede, P. Gács, and J. Körner [A-G-K] under the name "blowing up" property. They can be proved in this special case by different methods (cf. [MS], [T3]), but, among these inequalities, (3.3) is apparently the sharpest one. The particular two-point case $\Omega=\{0,1\}^{n}$ with uniform measure $\mu$ is the exception: The optimal bound on the left-hand side of (3.3) is known and given by Harper's theorem [H]. Another important example is the Gaussian measure $\mu=\gamma_{n}$ on $\Omega=\mathbf{R}^{n}$ with the usual Euclidean metric. In this case, the inequality (3.1), with $c=1$, has recently been established by M. Talagrand [T4]. His approach is another transportation inequality

$$
\begin{equation*}
W_{2}(\mu, v) \leqslant \sqrt{2 c D(v \| \mu)} \tag{3.4}
\end{equation*}
$$

which of course is stronger than (3.1) and has the advantage that, for the Euclidean-type distance, it can be extended by induction from one dimension to $n$ dimensions without loss in the constant $c$. However, it is not clear whether (3.4) implies a sharper concentration inequality than (3.3). Another question of interest is whether or not (3.1) is indeed stronger than its consequence (3.3). It turns out that (3.1) has a simple functional
description which shows that, up to an absolute constant, (3.1) itself is a consequence of (3.3), which in particular holds assuming the LSI $_{c}$-property.

Theorem 3.1. Let $\mu$ be a probability measure on $(\Omega, d)$ such that $\int d\left(x, x_{0}\right) d \mu(x)<+\infty$, for some $x_{0} \in \Omega$. The inequality

$$
\begin{equation*}
W_{1}(\mu, v) \leqslant \sqrt{2 c D(v \| \mu)} \tag{3.5}
\end{equation*}
$$

holds for any absolutely continuous probability measure $v$ (with respect to $\mu$ ), if and only if, for every function $f$ on $\Omega$ with $\|f\|_{\text {Lip }} \leqslant 1$ and $\int f d \mu=0$, and, for all $t \in \mathbf{R}$.

$$
\begin{equation*}
\int e^{t f} d \mu \leqslant e^{c t^{2} / 2} . \tag{3.6}
\end{equation*}
$$

The assumption on $\mu$ ensures that all Lipschitz functions on $\Omega$ are $\mu$-integrable which is necessary to get exponential, integrability in the form (3.6). Finally, in order to connect (3.5) with logarithmic Sobolev inequalities, we recall that, for every function $f$ on $\Omega$ with $\|f\|_{\text {Lip }}<+\infty$, "the modulus of gradient" of $f$ is given by

$$
\Gamma f(x)=|\nabla f(x)|=\limsup _{d(x, y) \rightarrow 0^{+}} \frac{|f(x)-f(y)|}{d(x, y)}
$$

(with $|\nabla f(x)|=0$ for isolated points $x$ in $\Omega$ ). Thus, we have by Theorem 3.1:
Corollary 3.2. Given $c>0$, assume that $\mathrm{LSI}_{\mathrm{c}}$ is satisfied for the triple ( $\Omega, \mu, \Gamma$ ). Then, (3.5) holds. In particular, for every Borel set $A \subset \Omega$ and $h \geqslant \sqrt{2 c \log 1 / \mu(A)}$,

$$
1-\mu\left(A^{h}\right) \leqslant \exp \left(-\frac{1}{2 c}\left(h-\sqrt{2 c \log \frac{1}{\mu(A)}}\right)^{2}\right) .
$$

Indeed, (3.6) is exactly the exponential inequality (2.3) which is implied by $\mathrm{LSI}_{\mathrm{c}}$ as soon as the assumption $\Gamma(f) \leqslant 1$ is fulfilled. This relation holds since $|\nabla f(x)| \leqslant\|f\|_{\text {Lip }}$, for all $x \in \Omega$. This establishes (3.5) and its consequence (3.3).

Proof of Theorem 3.1. Without loss of generality we restrict ourselves to the case $t \geqslant 0$ in (3.6). As in the proof of Theorem 2.1, (3.6) holds if and only if, for any non-negative Borel measurable function $g$ on $\Omega$,

$$
\int\left(t f-c t^{2} / 2\right) g d \mu \leqslant \operatorname{Ent}(g) .
$$

This inequality is homogeneous in $g$, so $g$ may be chosen as a probability density (with respect to $\mu$ ). Recalling that $f$ has mean 0 , we conclude that (3.6) holds if and only if, for any probability density $g$,

$$
\begin{equation*}
\int(f g-f) d \mu \leqslant \frac{c t}{2}+\frac{1}{t} \int g \log g d \mu . \tag{3.7}
\end{equation*}
$$

Minimizing the right hand side of (3.7) in $t>0$, we may rewrite (3.7) equivalently as

$$
\begin{equation*}
\int(f g-f) d \mu \leqslant \sqrt{2 c \int g \log g d \mu} \tag{3.8}
\end{equation*}
$$

Let $g$ be the density of the measure $v$. Then (3.8) takes the form

$$
\begin{equation*}
\int f d v-\int f d \mu \leqslant \sqrt{2 c \int \log \frac{d v}{d \mu} d v}=\sqrt{2 c D(v \| \mu)} \tag{3.9}
\end{equation*}
$$

It remains to note that, by the Kantorovich-Rubinstein theorem (cf., e.g., [D. p. 330]),

$$
\begin{equation*}
\sup \left|\int f d v-\int f d \mu\right|=W_{1}(\mu, v) \tag{3.10}
\end{equation*}
$$

where the sup is taken over all Lipschitz functions $f$ on $\Omega$ with $\|f\|_{\text {Lip }} \leqslant 1$. To be more precise, let $M_{1}$ denote the space of all Borel probability measures $v$ on $\Omega$ such that $\int d\left(x, x_{0}\right) d v(x)<+\infty$, for some $x_{0} \in \Omega$. Then $\left(M_{1}, W_{1}\right)$ is a metric space. Furthermore, all Lipschitz functions are $v$-integrable, for $v \in M_{1}$, and (3.10) holds whenever $\mu, v \in M_{1}$ (the Kantorovich-Rubinstein theorem). To prove the equivalence of (3.5) and (3.6), assume first that the property (3.6) or, equivalently, the inequality (3.9) with arbitrary $v$ is fulfilled. Assume $D(v \| \mu)<+\infty$. Then, by (3.9) and by the assumption on $\mu$, we obtain $v \in M_{1}$, and thus, one may apply (3.10). Hence, we arrive at (3.5). Conversely, assume that (3.5) is satisfied. Via (3.10), we get (3.9), for any $v \in M_{1}$. That is, (3.7) is satisfied, provided $\int d\left(x, x_{0}\right) g(x) d \mu(x)<+\infty$, for some $x_{0} \in \Omega$. In particular, by the assumption on $\mu$, (3.7) holds for all bounded probability densities $g$. Therefore, it holds for all probability densities $g$. But (3.7) is equivalent to (3.6). Thus, Theorem 3.1 is proved.

Remark 3.3. The subgaussian property (3.5) (up to an absolute constant in the exponent) can be expressed in another way. Given a function $f$ with $\int f d \mu=0$, the optimal value of $c=c(f)$ in (3.5) satisfies

$$
K_{0}\|f\|_{N}^{2} \leqslant c \leqslant K_{1}\|f\|_{N}^{2},
$$

where $\|f\|_{N}$ denotes the Orlicz norm for $N(x)=e^{x^{2}}-1$, and where $K_{0}$ and $K_{1}$ denote universal constants (one may take $K_{0}=1 / 6, K_{1}=2$ ). Therefore, roughly speaking, $\sqrt{c}$ in (3.5) is a diameter of the family of all functions $f$ on $\Omega$ with mean 0 and $\|f\|_{\text {Lip }} \leqslant 1$ in the Orlicz space $L_{N}(\Omega, \mu)$ (cf. section 4 for definitions). Obviously, this diameter is at most $K c$, for some universal $K$, provided that the concentration inequality (3.3) is satisfied. Thus, using Theorem 3.1, (3.3) implies the transportation inequality (3.1) with a constant $K$ c.

The statement in Corollary 3.2 that $\mathrm{LSI}_{\mathrm{c}}$ implies (3.5) can be sharpened:

Theorem 3.4. Given $c>0$, assume that $\mathrm{LSI}_{\mathrm{c}}$ is satisfied by the triple $(\Omega, \mu, \Gamma)$. Then, for any probability measure $v$ which is absolutely continuous with respect to $\mu$,

$$
\begin{equation*}
\sup _{\|f\|_{\text {Lip }} \leqslant 1}\|f\|_{L^{2}(d v)}-\|f\|_{L^{2}(d \mu)} \leqslant \sqrt{2 c D(v \| \mu)} . \tag{3.11}
\end{equation*}
$$

Clearly, (3.11) is stronger than (3.5): Insert in (3.11) Lipshitz functions $f+a$ with $|a| \rightarrow \infty$. The proof of this statement uses (2.4) and the same arguments as those given in Remark 2.5. Hence we omit it.

What is the interpretation of the left hand side of (3.11), say $Q(v, \mu)$ ? Indeed, in connection with Theorem 3.4, this is a natural question. Obviously, $W_{1}(\mu, v) \leqslant Q(v, \mu) \leqslant W_{2}(\mu, v)$, but we do not know when the equality $Q(v, \mu)=W_{2}(\mu, v)$ holds for every absolutely continuous $v$. In the case of Gaussian measures $\mu=\gamma_{n}$ on $\Omega=\mathbf{R}^{n}$ (with the Euclidean metric $d$ ), this would imply Talagrand's inequality (3.4),

$$
\begin{equation*}
W_{2}\left(\gamma_{n}, v\right) \leqslant \sqrt{2 c D\left(v \| \gamma_{n}\right)}, \quad \text { for } \quad c=1, \tag{3.12}
\end{equation*}
$$

based on the Gross logarithmic inequality, only. Nevertheless, one can give a simple alternative proof of (3.12) using the Levin-Rachev functional description of the Wasserstein metric and the Maurey (-type) inf-convolution inequality for the Gaussian measure.

To be more precise, assume that $(\Omega, d)$ is a Polish space, and let $\mu$ and $v$ denote probability measures on $\Omega$. Then,

$$
\begin{equation*}
W_{2}^{2}(v, \mu)=\sup \int g d v-\int f d \mu, \tag{3.13}
\end{equation*}
$$

where the supremum is taken over all pairs of bounded continuous functions $(g, f)$ such that $g(y)-f(x) \leqslant d(x, y)^{2}$, for all $x, y \in \Omega$. This functional form for $W_{2}$ is due to V. L. Levin [Lev] and S. T. Rachev [Ra] (they established (3.13) in an even more general setting). The requirements
on $(g, f)$ suggest to consider instead of $g$ the so-called inf-convolution. Put in general

$$
(S f)(x)=\left(S_{d^{2} / 2} f\right)(x)=\inf \left\{f(y)+\frac{1}{2} d(x, y)^{2}: y \in \Omega\right\}
$$

(without discussing inessential questions of measurability here). Thus, (3.13) is equivalent to

$$
\begin{equation*}
\sup _{f}\left[\int S f d v-\int f d \mu\right]=\frac{1}{2} W_{2}^{2}(v, \mu) \tag{3.14}
\end{equation*}
$$

which holds for all (measurable) $f$. Therefore the inequality (3.12) is equivalent to

$$
\begin{equation*}
\int e^{S f} d \mu \leqslant e^{\int f d \mu}, \quad \text { for all } f, \quad \text { where } \quad \mu=\gamma_{n} \tag{3.15}
\end{equation*}
$$

Indeed, (3.15) amounts to say that, for any probability density $g$ of a measure $v$ with respect to $\mu=\gamma_{n}$,

$$
\int S f d v-\int f d \gamma_{n}=\int\left(S f-\int f d \gamma_{n}\right) g \leqslant \operatorname{Ent} g=D\left(v \| \gamma_{n}\right)
$$

which is exactly (3.12) due to (3.14). So, (3.15) is indeed a functional form for Talagrand's transportation inequality (3.12). It might be worthwhile to note that, for convex functions $f$ on $\mathbf{R}^{n}$, (3.15) can be rewritten in an infinite dimensional setting as Tsirel'son's inequality [Ts]

$$
\mathbf{E} \exp \left\{\sup _{t}\left(x_{t}-\sigma_{t}^{2} / 2\right)\right\} \leqslant \exp \left\{\mathbf{E} \sup _{t} x_{t}\right\},
$$

where $x_{t}$ denotes an arbitrary bounded Gaussian process with variances $\sigma_{t}^{2}$.
In order to prove (3.15), we shall use an argument of B. Maurey [Mau]. We use the Brunn-Minkowki inequality in the functional form of A. Prékopa and L. Leindler ([Pr], [Lei], cf. also [P2, p. 3] for a simple proof due to K . Ball): Given (fixed) $\lambda \in(0,1)$, for any measurable functions $u, v$ and $w$ on $\mathbf{R}^{n}$,

$$
\begin{equation*}
\left(\int e^{-u} d x\right)^{\lambda}\left(\int e^{-v} d x\right)^{1-\lambda} \leqslant \int e^{-w} d x \tag{3.16}
\end{equation*}
$$

holds provided that $u, v$ and $w$ satisfy $w(\lambda x+(1-\lambda) y) \leqslant \lambda u(x)+$ $(1-\lambda) v(y)$, for all $x, y \in \mathbf{R}^{n}$. For a given function $f$ on $\mathbf{R}^{n}$, this condition is satisfied for all $\lambda \in(0,1)$ by the functions

$$
w(x)=\frac{1}{2}|x|^{2}, \quad u(x)=\frac{1}{2}|x|^{2}+(1-\lambda) f(x), \quad v(x)=\frac{1}{2}|x|^{2}-\lambda(S f)(x),
$$

and for these functions (3.16) may be rewritten as

$$
\begin{equation*}
\left(\int e^{\lambda S f} d \gamma_{n}\right)^{1-\lambda}\left(\int e^{-(1-\lambda) f} d \gamma_{n}\right)^{\lambda} \leqslant 1 \tag{3.17}
\end{equation*}
$$

When $\lambda=\frac{1}{2}$, this is Maurey's inf-convolution inequality $\int e^{S f / 2} d \gamma_{n} \int e^{-f / 2} d \gamma_{n}$ $\leqslant 1$. There is equality in (3.17) when $\lambda=1$, and comparing derivatives at this point, we arrive at (3.15).

Remark 3.5. M. Talagrand established another transportation inequality of the form (3.12) for the product measure $\mu_{n}$ on $\mathbf{R}^{n}$ of the two-sided exponential measure with density $d \mu_{n}(x) / d x=e^{-\left(\left|x_{1}\right|+\cdots+\left|x_{n}\right|\right)} 2^{-n}$. His inequality ([T4, Theorem 1.2]) is

$$
\begin{equation*}
W_{2}\left(\mu_{n}, v\right) \leqslant \sqrt{c D\left(v \| \mu_{n}\right)}, \quad c=\frac{\alpha}{1-\alpha}, \quad \alpha \in(0,1), \tag{3.18}
\end{equation*}
$$

where the distance $W_{2}\left(\mu_{n}, v\right)$ corresponds to the (noncanonical) metric $d_{\alpha}$ in $\mathbf{R}^{n}$ given by

$$
\frac{1}{2} d_{\alpha}^{2}(x, y)=\sum_{i=1}^{n} U\left(\alpha\left|x_{i}-y_{i}\right|\right), \quad x, y \in \mathbf{R}^{n}, \quad \text { where } \quad U(t)=t-1+e^{-t} .
$$

The function $U(|t|)$ behaves like $\frac{1}{2} t^{2}$ for small $t$ and like $|t|$ for large $t$. In fact, a stronger inequality, namely, the inequality (3.18) with respect to the cost function $\sum_{i=1}^{n} U\left(\alpha\left(x_{i}-y_{i}\right)\right)$ was proved in [T4], and in this stronger inequality the condition $\alpha<1$ is essential, and there are cases of equality for each $\alpha$.

As in the Gaussian case, the transportation inequality (3.18) can be connected with a known inf-convolution inequality. Using arguments as above, the inequality (3.15) with $\mu=\mu_{n}$ and with operator $S=S_{d_{\alpha}^{2} / c}$,

$$
\begin{equation*}
\int e^{S_{d \alpha}^{2} / c f} d \mu_{n} \leqslant e^{\int f d \mu_{n}} \tag{3.19}
\end{equation*}
$$

represents a functional form for (3.18). In this case, an inf-convolution inequality related to (3.19) was obtained by B. Maurey in the same paper [Mau] but as a functional form for a different isoperimetric-type inequality
for $\mu_{n}$ due to M. Talagrand ([T2]). Namely, B. Maurey proved that, for all functions $f$ on $\mathbf{R}^{n}$,

$$
\begin{equation*}
\int e^{S_{\rho^{2} / 2} f} d \mu_{n} \int e^{-f} d \mu_{n} \leqslant 1 \tag{3.20}
\end{equation*}
$$

with respect to the metric $\rho$ on $\mathbf{R}^{n}$ given by $\frac{1}{2} \rho^{2}(x, y)=\sum_{i=1}^{n} W\left(\left|x_{i}-y_{i}\right|\right)$, $x, y \in \mathbf{R}^{n}$, where $W(t)=\frac{1}{36} t^{2}$ for $|t| \leqslant 4$, and $W(t)=\frac{2}{9}(|t|-2)$ otherwise. Since (3.20) implies

$$
\begin{equation*}
\int e^{S_{\rho^{2} / 2}} d \mu_{n} \leqslant e^{\int f d \mu_{n}}, \tag{3.21}
\end{equation*}
$$

and since the functions $U$ and $W$ can be estimated up to constants by each other, we roughly arrive at (3.18). Indeed, (3.21) implies (3.19) and thus (3.18) if and only if $S_{\rho^{2} / 2} \geqslant S_{d_{\alpha}^{2} / c}$, that is, if and only if $W(t) \geqslant 2 U(\alpha t) / c$, for all $t \geqslant 0$. By a simple computation, the optimal constant is determined to be

$$
c=\sup _{t>0} \frac{2 U(\alpha t)}{W(t)}=36 \alpha^{2}
$$

(the sup is attained at $t=0$ ). Thus, (3.18) holds with this $c$ for all $\alpha>0$.

## 4. LOGARITHMIC SOBOLEV INEQUALITIES AS POINCARÉ-TYPE INEQUALITIES IN ORLICZ SPACES

Since $\Gamma(f+a)=\Gamma(f)$, for all $a \in \mathbf{R}$, the inequality

$$
\begin{equation*}
\operatorname{Ent}\left(f^{2}\right) \leqslant c \int \Gamma(f)^{2} d \mu \tag{4.1}
\end{equation*}
$$

may formally be strengthened as

$$
\begin{equation*}
\mathscr{L}(f) \equiv \sup _{a \in \mathbf{R}} \operatorname{Ent}\left((f+a)^{2}\right) \leqslant c \int \Gamma(f)^{2} d \mu \tag{4.2}
\end{equation*}
$$

Now (4.2) being equivalent to (4.1) is invariant under translations $f \rightarrow f+$ const, which leads to the question whether the functional $\mathscr{L}^{1 / 2}$ may be a seminorm. Indeed, we will connect it to an Orlicz space norm.

Let $(\Omega, \mu)$ be a probability space. Given a Young function $N: \mathbf{R} \rightarrow[0,+\infty)$, i.e., an even, convex function with $N(0)=0, N(x)>0$ for
$x>0$ the Orlicz space $L_{N}=L_{N}(\Omega, \mu)$ consists of all measurable functions $f$ with

$$
\|f\|_{N}=\sup \left\{\lambda>0: \int N(f / \lambda) d \mu\right\}<+\infty .
$$

Any Young function $N$ strictly increases on $[0,+\infty)$ so an inverse $N^{-1}:[0,+\infty) \rightarrow[0,+\infty)$ exists. When $N(x)=|x|^{p}(1 \leqslant p<+\infty), L_{N}$ is the usual Lebesgue space with norm $\|f\|_{p}$. In what follows, we consider the norms $\|f\|_{N}$ and $\|f\|_{\Psi}$ for the Young functions $N(x)=x^{2} \log \left(1+x^{2}\right)$ and $\Psi(x)=|x| \log (1+|x|)$, respectively

Proposition 4.1. For any function $f$ in $L_{N}(\Omega, \mu)$,

$$
\begin{equation*}
\frac{2}{3}\left\|f-\int f d \mu\right\|_{N}^{2} \leqslant \mathscr{L}(f) \leqslant \frac{13}{4}\left\|f-\int f d \mu\right\|_{N}^{2} . \tag{4.3}
\end{equation*}
$$

Thus, the Logarithmic Sobolev inequality (4.1) is equivalent, up to a numerical multiplicative constant, to an inequality

$$
\begin{equation*}
\left\|f-\int f d \mu\right\|_{N} \leqslant C\|\Gamma(f)\|_{2} \tag{4.4}
\end{equation*}
$$

which belongs to the class of Poincaré-type inequalities. When $\Omega=\mathbf{R}$, the estimates (4.3) can be further modified, and (4.4) may be reduced to a Hardy-type inequality for the Orlicz space norm $\|\cdot\|_{\Psi}$.

Let $m=m(\mu)$ denote a median of the probability measure $\mu$ on $\mathbf{R}$. For functions $f$ on $\mathbf{R}$ introduce $f_{0}=f \mathbf{1}_{(-\infty, m]}$ and $f_{1}=f \mathbf{1}_{[m,+\infty)}$.

Proposition 4.2. Assume that for any smooth function $f$ on $\mathbf{R}$,

$$
\begin{equation*}
\operatorname{Ent}\left(f^{2}\right) \leqslant c \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x) \tag{4.5}
\end{equation*}
$$

Then, for any smooth function $f$ on $\mathbf{R}$ with $f(m)=0$,

$$
\begin{equation*}
\left\|f_{0}^{2}\right\|_{\Psi}+\left\|f_{1}^{2}\right\|_{\Psi} \leqslant d \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x) \tag{4.6}
\end{equation*}
$$

with $d=75 c / 2$. Conversely, (4.6) implies (4.5) with $c=117 d / 2$.
The inequality (4.6) being an equivalent form for logarithmic Sobolev inequalities on the real line will be used in the next section to characterize probability measures $\mu$ satisfying (4.5). The proof of Propositions 4.1 and 4.2 is given in this section. Clearly, (4.5) as well (4.6) may be extended from
the class of all smooth functions to the class of all absolutely continuous functions (with the same condition $f(m)=0$ in the case of (4.6)).

Lemma 4.3. $\|f\|_{1} \leqslant\|f\|_{2} \leqslant(\sqrt{5} / 2)\|f\|_{N}$, for all $f \in L_{N}(\Omega, \mu)$.
Proof. One may assume that $\|f\|_{N}=1$. Since $\int \Psi\left(f^{2}\right) d \mu=\int N(f) d \mu$ $=1$, we have, by Jensen's inequality, $\Psi\left(\int f^{2} d \mu\right) \leqslant 1$. Hence, $\int f^{2} d \mu \leqslant$ $\psi^{-1}(1)<5 / 4$ since $\psi(5 / 4)=1.014 \ldots>1$ (where $\Psi^{-1}$ denotes the inverse function).

Proof of Proposition 4.1. One may assume that $f \in L_{N},\|f\|_{N}=1$, and that $\int f d \mu=0$. The second inequality in (4.3) is essentially a version of an inequality due to O. S. Rothaus who showed ([Ro], Lemma 10) that

$$
\begin{equation*}
\mathscr{L}(f) \leqslant \operatorname{Ent}\left(f^{2}\right)+2 \int f^{2} d \mu \tag{4.7}
\end{equation*}
$$

whenever $\int f d \mu=0$. Now, introducing the function $U(x)=2 x-x \log x$, $x \geqslant 0$, and noting that

$$
\int f^{2} \log f^{2} d \mu \leqslant \int f^{2} \log \left(1+f^{2}\right) d \mu=\int N(f) d \mu=1,
$$

we obtain that

$$
\begin{equation*}
\operatorname{Ent}\left(f^{2}\right)+2 \int f^{2} d \mu=\int f^{2} \log f^{2} d \mu+U\left(\int f^{2} d \mu\right) \leqslant 1+U\left(\int f^{2} d \mu\right) \tag{4.8}
\end{equation*}
$$

The function $U(x)$ increases in $0 \leqslant x \leqslant e$. Hence, by Lemma 4.3,

$$
U\left(\int f^{2} d \mu\right)<U(5 / 4)=5 / 2-\Psi(5 / 4)<9 / 4
$$

Combining (4.7) and (4.8), we get $\mathscr{L}(f) \leqslant 13 / 4$. This proves the second inequality in (4.3).

In order to prove the first inequality in (4.3), assume that $f \in L_{N}$, $\int f d \mu=0$, and by homogeneity that $\mathscr{L}(f)=2$. Since in general

$$
\int f^{2} d \mu-\left(\int f d \mu\right)^{2}=\frac{1}{2} \lim _{|a| \rightarrow \infty} \operatorname{Ent}\left((f+a)^{2}\right) \leqslant \frac{1}{2} \mathscr{L}(f),
$$

we get $\int f^{2} d \mu \leqslant 1$. Thus, $\int f^{2} d \mu \log \int f^{2} d \mu \leqslant 0$ and therefore

$$
\begin{aligned}
\int f^{2} \log f^{2} d \mu & =\operatorname{Ent}\left(f^{2}\right)+\int f^{2} d \mu \log \int f^{2} d \mu \\
& \leqslant \operatorname{Ent}\left(f^{2}\right) \\
& \leqslant \mathscr{L}(f)=2 .
\end{aligned}
$$

But $\Psi(x) \leqslant 1+x \log x$, for all $x \geqslant 0$. Therefore,

$$
\int N(f) d \mu=\int \Psi\left(f^{2}\right) d \mu \leqslant 1+\int f^{2} \log f^{2} d \mu \leqslant 3 .
$$

Finally note that $N(x / \sqrt{3}) \leqslant \frac{1}{3} N(x)$, for all real $x$. Consequently, $\int N(f / \sqrt{3}) d \mu \leqslant 1$, that is, $\|f / \sqrt{3}\|_{N} \leqslant 1$. Thus, $\|f\|_{N}^{2} \leqslant 3=\frac{3}{2} \mathscr{L}(f)$, and Proposition 4.1 follows.

To prove Proposition 4.2, we need an elementary lemma.

Lemma 4.4. For any function $f \in L_{N}(\mathbf{R}, \mu)$,

$$
\begin{equation*}
\left\|f-\int f d \mu\right\|_{N} \leqslant 3\|f\|_{N} \tag{4.9}
\end{equation*}
$$

If $f=0$ on $(-\infty, m(\mu))$, we also have

$$
\begin{equation*}
\|f\|_{N} \leqslant 5\left\|f-\int f d \mu\right\|_{N} \tag{4.10}
\end{equation*}
$$

Proof. By Lemma 4.3, $\left\|f-\int f d \mu\right\|_{N} \leqslant\|f\|_{N}+\|f\|_{1} \leqslant 3\|f\|_{N}$. This proves (4.9). To prove (4.10), using the Cauchy-Schwarz inequality and once more by Lemma 4.3, we get

$$
\left|\int f d \mu\right|=\left|\int f \mathbf{1}_{(-\infty, m)} d \mu\right| \leqslant\|f\|_{2} \frac{1}{\sqrt{2}} \leqslant \sqrt{\frac{5}{8}}\|f\|_{N}
$$

Hence,

$$
\|f\|_{N} \leqslant\left\|f-\int f d \mu\right\|_{N}+\left|\int f d \mu\right| \leqslant\left\|f-\int f d \mu\right\|_{N}+\sqrt{\frac{5}{8}}\|f\|_{N} .
$$

Thus,

$$
\|f\|_{N} \leqslant \frac{1}{1-\sqrt{5 / 8}}\left\|f-\int f d \mu\right\|_{N} \leqslant 5\left\|f-\int f d \mu\right\|_{N}
$$

and Lemma 4.4 is proved.
Proof of Proposition 4.2. First we derive (4.6) from (4.5). By Proposition 4.1, we have, for any smooth function $f$ from $L_{N}(\mathbf{R}, \mu)$,

$$
\begin{equation*}
\frac{2}{3}\left\|f-\int f d \mu\right\|_{N}^{2} \leqslant c \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x) . \tag{4.11}
\end{equation*}
$$

As already noted, this inequality extends to all absolutely continuous functions $f$ in $L_{N}(\mathbf{R}, \mu)$ in the sense that starting with an integrable function $f^{\prime}$, one defines $f$ as indefinite integral of $f^{\prime}$. This implies in particular that the measure $\mu$ on the right hand side of (4.11) may be replaced with its absolutely continuous component (with respect to Lebesgue measure), and therefore the integral in (4.11) can be taken over any set of full Lebesgue measure, e.g., over $\mathbf{R} \backslash\{m\}$. Hence, we can apply (4.11) to $f_{0}$ and $f_{1}$

$$
\begin{aligned}
& \frac{2}{3}\left\|f_{0}-\int f_{0} d \mu\right\|_{N}^{2} \leqslant c \int_{-\infty}^{m} f^{\prime}(x)^{2} d \mu(x) \\
& \frac{2}{3}\left\|f_{1}-\int f_{1} d \mu\right\|_{N}^{2} \leqslant c \int_{m}^{+\infty} f^{\prime}(x)^{2} d \mu(x)
\end{aligned}
$$

Applying (4.10) and the general identity $\|g\|_{N}^{2}=\left\|g^{2}\right\|_{\Psi}$, we get

$$
\begin{aligned}
& \frac{2}{75}\left\|f_{0}^{2}\right\|_{\Psi} \leqslant c \int_{-\infty}^{m} f^{\prime}(x)^{2} d \mu(x), \\
& \frac{2}{75}\left\|f_{1}^{2}\right\|_{\Psi} \leqslant c \int_{m}^{+\infty} f^{\prime}(x)^{2} d \mu(x) .
\end{aligned}
$$

Adding these inequalities, we obtain (4.6) with $d=75 c / 2$.
To derive (4.5) from (4.6), we use (4.9). First assume $f(m)=0$. Since $f=f_{0}+f_{1}$, we have

$$
\begin{aligned}
\left\|f-\int f d \mu\right\|_{N}^{2} & \leqslant\left(\left\|f_{0}-\int f_{0} d \mu\right\|_{N}+\left\|f_{1}-\int f_{1} d \mu\right\|_{N}\right)^{2} \\
& \leqslant 9\left(\left\|f_{0}\right\|_{N}+\left\|f_{1}\right\|_{N}\right)^{2} \leqslant 18\left(\left\|f_{0}\right\|_{N}^{2}+\left\|f_{1}\right\|_{N}^{2}\right) \\
& =18\left(\left\|f_{0}^{2}\right\|_{\Psi}+\left\|f_{1}^{2}\right\|_{\Psi}\right) \leqslant 18 d \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x)
\end{aligned}
$$

where we used (4.6) in the last inequality. Now, by Proposition 4.1,

$$
\mathscr{L}(f) \leqslant \frac{13}{4}\left\|f-\int f d \mu\right\|_{N}^{2} \leqslant \frac{117}{2} d \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x) .
$$

This inequality is invariant under translations $f \rightarrow f+$ const, thus it holds without the condition $f(m)=0$. This proves (4.5) for $c=117 d / 2$.

## 5. PROBABILITY MEASURES SATISFYING LOGARITHMIC SOBOLEV INEQUALITIES ON THE REAL LINE

Using Proposition 4.2, we shall give in this section a direct characterization of probability measures $\mu$ on the real line $\mathbf{R}$ satisfying the logarithmic Sobolev inequality

$$
\begin{equation*}
\operatorname{Ent}\left(f^{2}\right) \leqslant c \int_{-\infty}^{\infty} f^{\prime}(x)^{2} d \mu(x) \tag{5.1}
\end{equation*}
$$

with some (finite) constant $c$ for all smooth functions $f$ on $\mathbf{R}$. Our tool is the following theorem due to M. Artola, G. Talenti, and G. Tomaselli (cf. [Mu]) on the optimal constant $A=A(v, \lambda)$ in the Hardy-type inequality with weights

$$
\int_{0}^{\infty} f(x)^{2} d v(x) \leqslant A \int_{0}^{\infty} f^{\prime}(x)^{2} d \lambda(x) .
$$

Here $f$ is supposed to be an arbitrary smooth function on $[0,+\infty)$ such that $f(0)=0$, and $\mu$ and $\lambda$ are (non-negative) Borel measures on $[0,+\infty)$. Denote by $p_{\lambda}=p_{\lambda}(x)$ the absolutely continuous component of $\lambda$ with respect to Lebesgue measure, and define the constant $B=B(v, \lambda)$ as

$$
B(v, \lambda)=\sup _{x>0} v([x,+\infty)) \int_{0}^{x} \frac{d t}{p_{\lambda}(t)} .
$$

## Theorem $5.1[\mathrm{Mu}] . \quad B \leqslant A \leqslant 4 B$.

This theorem has the following natural generalization. Consider a Borel measure $v$ on $[0,+\infty)$ and a Banach space $(X,\|\cdot\|)$ of Borel measurable functions on $[0,+\infty)$ (with usual factorization with respect to measure $v$ ) such that
(1) $f \leqslant|g| v$-a.e., $g \in X$ implies $f \in X$ and $\|f\| \leqslant\|g\|$, for all Borel measurable functions $f$;
(2) any pointwise non-decreasing sequence $f_{n}$ of non-negative functions in $X$ converging pointwise to a function $f \in X$ satisfies $\left\|f_{n}\right\| \rightarrow\|f\|$.

By property (1), $X$ is an ideal Banach space, and property (2) is called order semicontinuity of the norm. For an ideal Banach space $X$, the last property is equivalent to a representation of the norm in $X$ in the form

$$
\begin{equation*}
\|f\|=\sup _{g \in \mathscr{G}} \int_{0}^{\infty}|f(x)| g(x) d v(x) \tag{5.2}
\end{equation*}
$$

for some family $\mathscr{G}$ of non-negative Borel measurable functions $g$ on $[0,+\infty)$ (this statement holds in the setting of an abstract probability space ( $\Omega, v$ ), cf., e.g., [KA, p. 190]).

For these Banach spaces $X$, one immediately obtains by Theorem 5.1:
Corollary 5.2. Let $A=A(X, \lambda)$ be the optimal constant in the inequality

$$
\begin{equation*}
\left\|f^{2}\right\| \leqslant A \int_{0}^{\infty} f^{\prime}(x)^{2} d \lambda(x) \tag{5.3}
\end{equation*}
$$

where $f \in X$ is an arbitrary smooth function such that $f(0)=0$. Then, $B \leqslant A \leqslant 4 B$, where

$$
B=B(X, \lambda)=\sup _{x>0}\left\|\mathbf{1}_{[x,+\infty)}\right\| \int_{0}^{x} \frac{d t}{p_{\lambda}(t)} .
$$

Indeed, the measures $v_{g}(d x)=g(x) v(d x)$ satisfy $B\left(v_{g}, \lambda\right) \leqslant A\left(v_{g}, \lambda\right) \leqslant$ $4 B\left(v_{g}, \lambda\right)$. Using the definitions (5.2) and (5.3), we get

$$
A(X, \lambda)=\sup _{g \in \mathscr{G}} A\left(v_{g}, \lambda\right), \quad B(X, \lambda)=\sup _{g \in \mathscr{G}} B\left(v_{g}, \lambda\right),
$$

hence, $B(X, \lambda) \leqslant A(X, \lambda) \leqslant 4 B(X, \lambda)$.
In particular, one may apply Corollary 5.2 to the Orlicz space $X=L_{\Psi}(v)$ which of course satisfies the properties (1) and (2) above. Recall that $\Psi(x)=|x| \log (1+|x|)$. For indicator functions, we get by definition of the Orlicz norm

$$
\left\|\mathbf{1}_{[x,+\infty)}\right\|_{\Psi}=\frac{1}{\Psi^{-1}(1 / v([x,+\infty)))}
$$

where $\Psi^{-1}$ denotes the inverse function. Consequently, the optimal constant $A$ in (5.3) for the norm $\|\cdot\|=\|\cdot\|_{\psi}$ can be estimated as follows:

$$
\begin{align*}
& \sup _{x>0} \frac{1}{\Psi^{-1}(1 / v([x,+\infty)))} \int_{0}^{x} \frac{d t}{p_{\lambda}(t)} \\
& \quad \leqslant A \leqslant 4 \sup _{x>0} \frac{1}{\Psi^{-1}(1 / v([x,+\infty)))} \int_{0}^{x} \frac{d t}{p_{\lambda}(t)} . \tag{5.4}
\end{align*}
$$

Using Proposition 4.2, we may now conclude the proof of the main result of this section.

Let $\mu$ be a Borel probability measure on $\mathbf{R}$ with distribution function $F(x)=\mu((-\infty, x])$, and density function $p=p(x), x \in \mathbf{R}$, for its absolutely continuous part with respect to Lebesgue measure. Denote by $m$ a median of $\mu$. Define

$$
\begin{aligned}
& D_{0}=\sup _{x<m}\left(F(x) \log \frac{1}{F(x)}\right) \int_{x}^{m} \frac{1}{p(t)} d t, \\
& D_{1}=\sup _{x>m}\left((1-F(x)) \log \frac{1}{1-F(x)}\right) \int_{m}^{x} \frac{1}{p(t)} d t,
\end{aligned}
$$

defining $D_{0}$ and $D_{1}$ to be zero in case $\mu((-\infty, m))=0$ or $\mu((m,+\infty))=0$, respectively.

Theorem 5.3. For some positive absolute constants $K_{0}$ and $K_{1}$, the optimal value of $c$ in the logarithmic Sobolev inequality (5.1) satisfies

$$
K_{0}\left(D_{0}+D_{1}\right) \leqslant c \leqslant K_{1}\left(D_{0}+D_{1}\right) .
$$

Actually, one may choose $K_{0}=1 / 150$ and $K_{1}=468$. To simplify the expression in (5.4), we first prove:

Lemma 5.4. Let $c_{1}=\frac{1}{2}, c_{2}=2$. For all $t \geqslant 2$,

$$
\begin{equation*}
c_{1} \frac{t}{\log t} \leqslant \Psi^{-1}(t) \leqslant c_{2} \frac{t}{\log t} . \tag{5.5}
\end{equation*}
$$

Proof. The first inequality in (5.5), that is,

$$
\Psi\left(\frac{c_{1} t}{\log t}\right)=\frac{c_{1} t}{\log t} \log \left(1+\frac{c_{1} t}{\log t}\right) \leqslant t
$$

will follow, due to $c_{1} / \log t \leqslant 1$ for $t \geqslant 2$, from the inequality

$$
\frac{c_{1} t}{\log t} \log (1+t) \leqslant t
$$

which is equivalent to $\log (1+t) \leqslant 2 \log t$, that is, to $1+t \leqslant t^{2}$. The last is evident. The second inequality in (5.5),

$$
\frac{c_{2} t}{\log t} \log \left(1+\frac{c_{2} t}{\log t}\right) \geqslant t
$$

may be rewritten as

$$
1+\frac{c_{2} t}{\log t} \geqslant t^{1 / c_{2}}
$$

and will follow from $c_{2} t / \log t \geqslant t^{1 / c_{2}}$. For $c_{2}=2$, the last is equivalent to $u(t)=\log t /(2 \sqrt{t}) \leqslant 1$. The function $u$ attains its maximum on the interval [2, $+\infty$ ) at the point $t=e^{2}$, and $u\left(e^{2}\right)=1 / e<1$. Hence Lemma 5.4 follows.

Proof of Theorem 5.3. Without loss of generality, let $m=0$. The inequality (4.6) may be divided into the two inequalities:

$$
\begin{align*}
& \left\|f_{0}^{2}\right\|_{\Psi} \leqslant d \int_{-\infty}^{0} f_{0}^{\prime}(x)^{2} d \mu(x),  \tag{5.6}\\
& \left\|f_{1}^{2}\right\|_{\Psi} \leqslant d \int_{0}^{\infty} f_{1}^{\prime}(x)^{2} d \mu(x), \tag{5.7}
\end{align*}
$$

where $f_{0}$ and $f_{1}$ are arbitrary smooth functions defined on $(-\infty, 0]$ and $[0,+\infty)$, respectively, with $f_{0}(0)=f_{1}(0)=0$. According to (5.4) with $v=\lambda$ being the restriction of $\mu$ to $[0,+\infty)$, and by Lemma 5.5 , we have, for the optimal constant $d_{1}$ in (5.7),

$$
\begin{align*}
& \frac{1}{2} \sup _{x>0} \mu([x,+\infty)) \log \frac{1}{\mu([x,+\infty))} \int_{0}^{x} \frac{d t}{p(t)} \\
& \quad \leqslant d_{1} \leqslant 8 \sup _{x>0} \mu([x,+\infty)) \log \frac{1}{\mu([x,+\infty))} \int_{0}^{x} \frac{d t}{p(t)} . \tag{5.8}
\end{align*}
$$

Here we have used the fact that $m=0$ is a median, hence, $t=$ $1 / \mu([x,+\infty)) \geqslant 2$, for all $x>0$. It is obvious that the supremum in (5.8) will not change if one replaces the expression $\mu([x,+\infty))$ by $\mu((x,+\infty))$. But $\mu((x,+\infty))=1-F(x)$, and using definition of $D_{1}$, we may rewrite (5.8) as

$$
\frac{1}{2} D_{1} \leqslant d_{1} \leqslant 8 D_{1} .
$$

By a similar reasoning, we get, for the optimal constant $d_{0}$ in (5.6),

$$
\frac{1}{2} D_{0} \leqslant d_{0} \leqslant 8 D_{0} .
$$

By Proposition 4.2, (5.1) implies (5.6)-(5.7) with $d=75 c / 2$. Since $d=$ $\max \left(d_{0}, d_{1}\right)$ is the optimal constant satisfying both inequalities (5.6) and (5.7), we get

$$
\frac{1}{2} \max \left(D_{0}, D_{1}\right) \leqslant 75 c / 2
$$

Therefore, $D_{0}+D_{1} \leqslant 150 c$ which implies Theorem 5.3 with $K_{0}=1 / 150$. On the other hand, again by Proposition 4.2, $c \leqslant 117 d / 2=117 \max \left(d_{0}, d_{1}\right) / 2$, so, $c \leqslant 468 \max \left(D_{0}, D_{1}\right) \leqslant 468\left(D_{0}+D_{1}\right)$. Thus, one may choose $K_{1}=360$ which proves Theorem 5.3.

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