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Renal tubular absorption of $\beta 2$ microglobulin

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Renal tubular absorption of \beta 2 microglobulin.¹²⁵ Iodinated human $\beta 2$ microglobulin ($\beta 2m$, 5 to 30 mg) was administered to anesthetized rats. Clearance studies showed a low threshold of excretion of injected $\beta 2m$ and a high Tm of 400 to 600 $\mu g \cdot min^{-1} \cdot kg^{-1}$. A glomerular sieving coefficient of 0.97 was calculated as the slope of the curve: $\beta 2m$ excretion rate = F (plasma $\beta 2m \times$ glomerular filtration rate) for values above saturation. Electrophoresis analysis of proteinuria in agarose gel and sodium dodecyl sulfate polyacrylamide gel showed that injection of saturating doses of $\beta 2m$ induced the excretion of proteins of similar size but different charge and that of other proteins of different size. Among the latter, some were excreted transiently in association with $\beta 2m$, whereas others had a delayed excretion suggesting existence of a complex mechanism of reabsorption whose steps remain to be elucidated.

Absorption tubulaire rénale de la $\beta 2$ microglobuline. De 5 à 30 mg de $\beta 2$ microglobuline ($\beta 2$ m) humaine marquée à l'Iode 125 ont été injectés à des rats anesthésiés. Des études de clairance ont montré un seuil d'excrétion bas et un Tm élevé de 400 à 600 $\mu g \cdot \min^{-1} \cdot kg^{-1}$. Un coefficient de tamisage de 0,97 a été mesuré à partir de la pente de la courbe: excretion de $\beta 2m = F$ (concentration plasmatique de $\beta 2m \times$ filtration glomérulaire) pour les points au-dessus de la saturation. L'analyse de la protéinurie par électrophorèse sur gel d'agarose et sur gel de polyacrylamide avec dodecyl-sulfate de sodium a montré que l'injection de doses saturantes de $\beta 2m$ provoque l'excretion de protéines de taille différente. Parmi ces dernières, certaines sont excrétées de manière transitoire et en même temps que la $\beta 2m$, tandis que d'autres ont une excrétion retardée suggèrant l'existence d'un mécanisme de réabsorption complexe dont les étapes restent à étudier.

The kidney is one of the major sites of catabolism of plasma low-molecular weight proteins; hence, it plays a role in regulating the metabolism of substances such as peptide hormones, enzymes, and immunoproteins [6]. However, the precise mechanism of uptake and degradation by the tubules has not yet been investigated completely. Filtered proteins are taken up by micropinocytosis [7, 8], and then degraded in the lysosomes. Owing to their nearly complete reabsorption, filtered proteins are thought to be bound to the brush border prior to absorptive transport into the cell. The questions then arise as to whether fixation to the brush border is specific or not, and what are the parameters of its specificity. Sumpio and Maack [5], and Cojocel et al [9] have shown that charge plays a role in the specificity of reabsorption since cationic cytochrome inhibits transport of cationic lysozyme but not that of anionic β 2m and growth hormone.

We focused our present work on studying renal handling of $\beta 2m$ as a model of protein tubular reabsorption because its lack of biological activity or toxicity allows one to raise the plasma $\beta 2m$ concentration far above that necessary for tubular saturation. Tm and GSC were determined; the nature of proteinuria was also studied after saturating injections of $\beta 2m$ in order to obtain preliminary estimates of the size and charge of endogenous rat proteins which compete with $\beta 2m$ for tubular reabsorption.

Methods

 $β2 \ microglobulin$. Human β2m was purified from the pooled urine of several renal transplant patients and isolated according to the procedure described by Vincent and Revillard [10]. After preparation, salt-free β2m was lyophilized and kept at -40° C until the day before the experiment; it was then redissolved in distilled water and kept overnight at $+4^{\circ}$ C. β2m was labelled with ¹²⁵Iodine by the lactoperoxidase method of Thorell and Johansson [11]. Specific activity was about $0.75 \ \mu Ci/\mu g$ protein ($9.9 \times 10^5 \ cpm/\mu g$). More than 95% of the radioactivity was precipitable by a rabbit antiserum against human β2mand at least 99% was precipitable in 10% trichloracetic acid (TCA). After chromatography of a sample of labelled β2m on Sephadex S200, all the radioactivity was recovered as a single peak in the 12,000-dalton position, thus indicating the homogeneity of the preparation.

Animal experiments. Seven nonfasting male Wistar rats, weighing 180 to 300 g, were given potassium iodide (2 g/liter)

 β 2 microglobulin (β 2m) is a small protein with a molecular weight of 11,800 daltons [1], a Stokes-Einstein radius of 16 Å [2], and a negative charge [1]. It has been identified as a component of class I histocompatibility antigens [3]. When human β 2m is administered to rats by injection, part of the protein binds to a carrier-protein of molecular weight 40 to 50,000 daltons [4]. Due to its size, complexed β 2m does not cross the glomerular filter and it is catabolized in an extrarenal site. Conversely, free β 2m is filtered by the kidney with a glomerular sieving coefficient (GSC) of 0.94 as calculated in studies utilizing the isolated perfused kidney [5]. The unique site of catabolism of free β 2m is the kidney [4].

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in their drinking water 24 hr before the experiment to prevent thyroid fixation of nonprecipitable iodine.

Early on the day of the experiment, each rat was weighed and anesthetized with the administration of sodium pentobarbital (Nembutal, Abbott Laboratories Hospital Products Division, North Chicago, Illinois, 5% w/v), 50 mg/kg i.p., then as often as necessary during the experiment. Each animal was placed on a heated board. The bladder was catheterized carefully with a funnel-shaped PE-50 polyethylene tubing for urine collection. After tracheotomy, the carotid artery was catheterized for blood sampling and 0.5 ml heparinized saline was infused via the carotid. Isotonic saline solution was infused into the jugular vein at a constant rate of 4.5 or 6 ml/hr according to body weight; surgical losses were replaced by a single intravenous injection of isotonic saline solution (2.0 ml).

A constant infusion of Polyfructosan (Inutest, Laevosan Gesellschaft, Linz, Austria) in 0.9% saline solution (0.03 g/ml) was administered and subsequent measurements of Polyfructosan clearance were used to measure glomerular filtration rate (GFR). Mean GFR was 10.6 \pm 2.2 ml/min/kg (N = 44) in our experimental conditions and was not modified significantly during the course of the experiment, even after β 2m injection. After a 60-min equilibration period, a control collection of urine was obtained for 20 min, and a blood sample was drawn at the mid-point of the urine collection period.

Labelled $\beta 2m$ (20 to 50 μg , 10⁶ cpm/ μg) and cold $\beta 2m$ (in doses ranging from 5,000 to 30,000 μg) were then injected through a lateral connection into the jugular vein at zero time, followed immediately by 0.1 ml saline. Blood samples were taken at 1, 3, and 10 min after $\beta 2m$ injection, then every 10 min, and liquid losses were replaced by saline. Urine was collected during consecutive 10-min periods, starting 5 min after $\beta 2m$ injection (urine collected 5 min after injection was not used for clearances determination). Urine pH was about 6, thus insuring no significant urinary degradation of $\beta 2m$.

Analytical methods. Polyfructosan was determined by a fluorimetric method [12] using a dimedon reagent. Total and TCA precipitable radioactivity in blood and urine was determined on an autogamma scintillation spectrometer (Packard Instruments, Downers Grove, Illinois) as previously described [4].

Free versus total β 2m ratio was determined by chromatography of 100 μ l samples as described previously [4].

Urine electrophoresis was performed on agarose gel following the procedure of Jeppsson, Laurell, and Franzen [13] and on polyacrylamide gel in the presence of sodium dodecyl sulfate (SDS) as described by Laemmli [14]. Autoradiography of dessicated agarose plates was performed at -70° C with Kodak X-O MATR films and an intensifying screen Cronx lighting plus (Du Pont) [15].

Calculation of $\beta 2m$ clearance. The lag time between plasma and urine, as well as the nonsymetric distribution of $\beta 2m$ plasma content during each period of time had to be taken into account for $\beta 2m$ clearance determination. Since the lag time between filtration and the appearance of urine in the collection tubing depends on urine flow rate, six rats in the same experimental conditions as described above were injected with 0.1 ml lissamine green. The lag time between injection and dye appearance in the collection tubing was measured; lag time between injection and coloration of the kidney was negligible. The results are shown in Figure 1. This plot was used to de-



Fig. 1. Lag time between injection and urinary output of lissamine green. Each symbol represents experimental points from one animal.

termine lag time for each experimental period after $\beta 2m$ injection and thus to shift the limits of the urine period on the corresponding plasma kinetic curve. Mean plasma $\beta 2m$ concentration of each period was calculated from the area of the plasma kinetic curve divided by the time. Filtered load was calculated as plasma free $\beta 2m \times GFR \times GSC$, with plasma free $\beta 2m$ calculated as described above.

Results

 $\beta 2m$ clearance data: glomerular sieving coefficient Tm and kinetics of degradation. Injection of human $\beta 2m$ administered to rats in amounts up to 30 mg per animal allowed plasma content of total $\beta 2m$ to rise up to about 600 $\mu g/ml$, that is, about 150 times the normal value of rat plasma $\beta 2m$ [16]. Chromatography of each plasma sample and some urine samples showed that part of the injected $\beta 2m$ bound gradually to the plasma carrier protein, whereas complexed $\beta 2m$ was not found in urine. Free $\beta 2m$ was rapidly eliminated from plasma with a mean metabolic half-life of 30 min ± 7 (N = 7) which was very similar to that obtained when small doses of $\beta 2m$ were injected [4].

The relationship between plasma free $\beta 2m \times GFR$ and urinary free $\beta 2m$ excretion, is presented in Figure 2. $\beta 2m$ appeared in urine as soon as the filtered load was increased by twofold. Then $\beta 2m$ excretion increased linearly as filtered load increased; the slope of 0.97 represents the glomerular sieving coefficient for $\beta 2m$.

The titration curve could be drawn from the above values, taking 0.97 as GSC value for $\beta 2m$ (Fig. 3). That curve shows that reabsorption was saturated above 1,200 $\mu g \cdot min^{-1} \cdot kg^{-1}$ of filtered $\beta 2m$. It gives a Tm value of about 400 to 600 $\mu g \cdot min^{-1} \cdot kg^{-1}$.

Figure 4 depicts the kinetics of events after $\beta 2m$ injection in four rats with the highest injected doses: Filtered load of free $\beta 2m$ decreased sharply after injection whereas reabsorbed amounts were grossly constant in the range of time considered. Degradation was estimated by the appearance of nonproteic radioactivity in urine. Urinary excretion of nonTCA-precipitable activity paralleled plasma content and clearance values averaged GFR (not shown), showing that the nonproteic degradation products of $\beta 2m$ are freely filtered. Urinary output of nonTCA-precipitable activity increased during the



Fig. 2. Urinary excretion rate of $\beta 2m$. Each symbol represents experimental points from one animal. Experimental points below 300 $\mu g \cdot \min^{-1} \cdot kg^{-1}$ were excluded for calculation of the regression curve.



 β_2 M Filtered load, $\mu g \cdot min^{-1} \cdot kg^{-1}$

Fig. 3. *Titration curve of free* $\beta 2m$. Reabsorption rate: filtered load-urinary excretion rate. Filtered load: plasma $\beta 2m \times GFR \times GSC$. The symbols are the same as in Figure 2. The *lower line* was drawn from the data for one rat (\blacktriangle).



Fig. 4. Kinetics of renal handling of injected $\beta 2m$ (highest doses); $\beta 2m$ filtered load (Δ - Δ), plasma free $\beta 2m \times GFR \times GSC$; $\beta 2m$ absorption rate (\bigcirc -- \bigcirc), filtered load—excretion rate; degraded $\beta 2m$ (\bigcirc - \bigcirc), equivalent amount of $\beta 2m$ estimated from urinary excretion rate of nonproteic radioactivity. All forms of $\beta 2m$ are expressed as $\mu g \cdot \min^{-1} \cdot kg^{-1}$.



1 2 3 4 5 6 7 8 9 10 11 12 13

Fig. 5. Gel electrophoresis on polyacrylamide + SDS. Calibration mixture (A5, B4, C1) was obtained from a low molecular weight calibration kit (Pharmacia Diagnostics, Uppsala, Sweden). Molecular weights are indicated on the right side of each photograph. A Electrophoresis on 15% gel of control urine from two rats (1, 2, and 3, 4, respectively) with 15 µl (1,3) and 100 µl (2,4) inclusion. B Electrophoresis on 20% gel of urine from two rats (1-3 and 5-7, respectively) after $\beta 2m$ injection. Inclusions of 15 μ l were ordered from the *left* to the *right* in the chronologic order, always beginning by the first period following B2m injection. C Electrophoresis on 20% gel of urine from two rats (2-7 and 8-13, respectively). Inclusion volume was 30 μ l for every inclusion of the first rat, 15 μ l for every inclusion of the second rat. Inclusions were ordered from the left to the right in chronologic order, always begining by a control period (2 and 8), then the first period following injection (3 and 9), and so on. The lower band of 8 (control) is an artefact due to side diffusion of the very intense band 9.

course of the experiment and, after 1 hr, was close to the reabsorbed amounts. There was a delay between the bulk of reabsorption of filtered β 2m and the appearance of degradation products.

Analysis of proteinuria after B2m injection. SDS polyacrylamide gel electrophoresis of urine before and after $\beta 2m$ injection are shown in Figure 5. Control samples of urine from rats just before an injection was administered (Fig. 5 A and C) were found to contain mainly albumin (upper band) and a number of thin bands between the 12,000- and the 20,000-dalton positions. One rat (Fig. 5C, right) had a glomerular proteinuria during the control period, that was slightly increased by $\beta 2m$ injection and remained after 1 hr. After β 2m injection (Fig. 5 B and C) urine contained so much $\beta 2m$ that the electrophoresis plate was overloaded in the 12,000-dalton zone, thus preventing identification of additional proteins in that zone. β 2m band intensity decreased during the course of the experiment but never returned to the control pattern within the range of time chosen. The albumin band was not inforced by the $\beta 2m$ injection. Besides, the excretion pattern of smaller proteins was markedly modified by the β 2m injection: One band appeared in



Fig. 6. Electrophoresis on agarose gel at pH 8.6 of urine from two rats (A and B, respectively). From the left to the right, abbreviations are: H, human serum; C, control rat urine; 1, 2, 3, 4, the first four urine samples from the same rat after β 2m injection; HSA, human serum albumin; RSA, rat serum albumin; H β 2m, human β 2 microglobulin. Each sample was collected during 10 min.

each rat in a 27,000-dalton zone and decreased in parallel with β 2m. In the 17,000 to 20,000-dalton zone, some bands appeared or were inforced after the β 2m injection, but their intensity did not decrease. Some of these bands seemed to appear after a delay of one period or to increase during the second or third period.

The observed changes in the proteinuria pattern after $\beta 2m$ injection were quantitatively but not qualitatively different from one animal to another.

Figure 6 shows agarose gel electrophoresis of rat urine before and after the $\beta 2m$ injection. The main band was $\beta 2m$ which decreased during the course of time. The bands detectable in control urine, albumin (Fig. 6 A and B), and a component of lower mobility (Fig. 6A), were also detectable after β 2m injection and did not decrease during the course of time. Two additional bulks of proteins appeared in the albumin zone and the region of middle mobility: These bulks were very intense and represent several intricated bands. Their intensity decreased in the same way as did the β 2m band. A very pale band appeared after $\beta 2m$ injection on the anodic migration side of the plate. Autoradiography of the agarose plates (not shown) showed that only the band in $\beta 2m$ position was radioactive. In addition some precipitated material in the inclusion well was also radioactive in the case of Figure 6B. From agarose gel electrophoresis of serially diluted (1:2 to 1:640) urine samples, it was estimated that the amount of $\beta 2m$ was at least 30 times greater than that of the bulk of proteins migrating in the albumin position.

Discussion

Renal clearance of $\beta 2m$. Our results show a low threshold of $\beta 2m$ urinary excretion, which is a common feature for small proteins [6]. From determinations of urine and serum $\beta 2m$ in patients with normal or altered GFR, Wibell [17] suggested a $\beta 2m$ plasma threshold of 4.5 $\mu g/ml$ (normal serum levels in humans are 1.7 $\mu g/ml$), above which urinary excretion of $\beta 2m$ was increased. However, it is, to our knowledge, not possible to estimate the extent of tubular alterations in patients with decreased GFR.

Due to the large amount of purified material needed for each experiment, little is known about the Tm of proteins in the kidney tubules. The generally low threshold of excretion of filtered proteins, added to the increasing-type relationship between filtered load and excretion, led to suppose that their reabsorption was saturated for filtered loads close to normal values [18]. Further studies [6, 19] on lysozyme and albumin showed that when filtered load increases above the threshold of excretion, there occurs a "splay" region [5] where part of the filtered load is increasingly reabsorbed whereas the remaining is excreted. Plasma protein level may have to be very largely increased before the real Tm is reached, since Tm for lysozyme is 50 to 100 times larger than the normal filtered load. The absolute value of Tm by itself may be very different from a protein species to another. For instance Sumpio and Maack [5] showed a Tm of 800 μ g/min per rat kidney for lysozyme and in in the same conditions, a Tm of 6.5 μ g/min per rat kidney for cytochrome C. The rate of reabsorption depends on the charge and configuration of the molecule [20]. These findings support the view that protein tubular absorption is a complex phenomenon of low affinity, high capacity, and low specificity.

Our results provide further evidence for this conception: There is a "splay" region beyond the threshold of excretion where $\beta 2m$ reabsorption is not saturated. The Tm value is not very high (four times the normal filtered load) when compared to the lysozyme Tm value. However, one should keep in mind that elevated plasma β 2m levels are observed in many common pathologic situations such as inflammatory disorders [21, 22], viral infections [23], and hepatitis [24]; in such cases plasma β 2m level is generally included in the splay region. Therefore, increased urinary excretion which may be encountered in such situations does not provide an estimate of the increased biosynthesis of $\beta 2m$. The glomerular sieving coefficient was drawn from the curve $UV = f (P \times GFR)$ considering only filtered loads far beyond Tm. The calculation of Tm is usually drawn from clearance measurements performed in steady-state conditions by using continuous intravenous infusion. Such a method could not be used because it would require much greater amounts of highly purified $\beta 2m$ than those available for the present study. Therefore, the single injection technique was chosen to achieve very high plasma levels at least during a short period. Errors in GFR determination by this technique depend mainly on the nonequilibrium of the test substance among fluid compartments [25]. In the present study no assumption on the diffusion of $\beta 2m$ was required because for each period the plasma concentrations of β 2m were graphically derived from the measured plasma levels. Kinetics of reabsorption (Fig. 4) would suggest that reabsorption is not saturated by the initially high filtered $\beta 2m$ load, but that maximum of the transport capacity is achieved after a delay of sometimes more than 5 min. If β 2m itself could trigger an increase in its reabsorption, then the slope in Figure 2, that is, the GSC, would be slightly overestimated. Calculation of GSC was therefore performed with one rat in which saturation was with certitude achieved 5 min after injection (Fig. 4, left). The calculated GSC value was of 0.91 in this case. Whatever are the potential pitfalls of the single injection technique, the values obtained (0.97 for the seven rats or 0.91 for the latter) are close to those (0.94) obtained by Sumpio and Maack [5] in the isolated rat kidney in presence of iodoacetate, an inhibitor of tubular reabsorption. The similarity of the values provides a certain confidence to them and indicates that free $\beta 2m$ is almost not hindered by the glomerules. This may be explained by the small size of the molecule (16 Å) since Brenner, Hostetter, and Humes [26] have shown that sieving of macromolecules appears beyond a 20-Å radius. The negative charge of β 2m does not seem to interfere very much, although negatively charged small molecules are significantly hindered by the glomerulus.

The kinetics data agree with previous findings in humans [28] and rat [29] showing that there is a lag time between β 2m reabsorption and appearence of the degradation products. Autoradiography of urine electrophoresis showed that after β 2m injection, the migration properties of β 2m excreted in urine remained identical to that of intact β 2m. This suggests that brushborder proteases which were shown to degrade small peptidic hormones [30] do not affect the β 2m molecules that are not reabsorbed.

Competition experiments. Electrophoresis of urine on SDS polyacrylamide gel shows that no competition occurs between $\beta 2m$ and albumin, although the small filtered fraction of albumin is extensively reabsorbed by the kidney [19]. Two groups of small proteins appeared in urine after $\beta 2m$ injection. Some appeared and disappeared at the same time as $\beta 2m$ whereas some appeared after a delay and were still excreted after 1 hr. This result could be explained by the hypothesis that the first group may share the same site of fixation or transport on the cell wall and the same degradation pathway whereas the same degradation pathway.

Electrophoresis in agarose gel showed a very intense bulk of protein in addition to the β 2m band. Because in SDS polyacrylamide gel electrophoresis no such important band of protein was seen outside the β 2m zone, the bulk of protein in agarose gel must be proteins of the same molecular weight as $\beta 2m$ but of a different charge. Autoradiography demonstrated that these proteins are not degradation products of $\beta 2m$. Thus, $\beta 2m$ must be reabsorbed in competition with several proteins of similar molecular weight, which represents a major part of the competition between proteins. Agarose gel electrophoresis pointed out a possible competition between proteins of a different charge at a very high dose of $\beta 2m$, although at a more physiological concentration no competition could be seen between cationic and anionic proteins [5, 9, 31]. In conclusion, the survey of proteinuria after injection of a single high dose of $\beta 2m$ allowed the discrimination between several groups of proteins. suggesting the existence of a complex mechanism of reabsorption whose steps remain to be elucidated.

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