# In vivo PEG modification of vascular surfaces for targeted delivery

Timothy E. Deglau, PhD,<sup>a,b</sup> Timothy M. Maul, PhD,<sup>a,b,c</sup> Flordeliza S. Villanueva, MD,<sup>b,d</sup> and William R. Wagner, PhD,<sup>a,b,c,e</sup> *Pittsburgh*, *Pa* 

*Objective:* Thrombosis and restenosis remain problematic for many intravascular procedures. Previously, it has been demonstrated that modifying an injured vascular surface with a protein-reactive polymer could block undesirable platelet deposition. As an added benefit, it would be advantageous if one could target therapeutics to the injured site. This study investigates a site-specific delivery system to target microspheres to vascular surfaces modified with a reactive polyethylene glycol tagged with biotin.

*Methods*: Rabbit femoral arteries were injured with a 2F embolectomy catheter. Modification of the vascular surface was achieved using a channeled balloon catheter or small-diameter tube. Microspheres were injected intravenously through catheterization of the ear vein. Polymer modification on the injured surface and delivery of microspheres was quantified using epifluorescence microscopy at 0, 24, 48, and 72 hours.

*Results:* Polymer modification of the vascular surface could be achieved using a channeled drug delivery catheter or small-diameter tube with similar results. Maximum polymer coverage occurred at 0 hours and decreased to 85% maximal at 24 hours, 72% at 48 hours, and 67% at 72 hours. The initial number of microspheres per mm<sup>2</sup> binding to modified, injured arteries was 304 versus 141 for the unmodified, damaged control (P < .01). At subsequent times, the number of adherent microspheres to modified, injured arteries decreased by 50%, 70%, and 84% at 24, 48, and 72 hours, respectively; while nonspecific binding to unmodified, injured arteries quickly decreased by 93%. Initial microsphere binding to modified, healthy arteries was 153 microspheres/mm<sup>2</sup> as opposed to 26 microspheres/mm<sup>2</sup> for the unmodified, healthy controls (P < .01).

*Conclusions:* Chemical modification of injured vessels following intravascular procedures can be readily accomplished in vivo to create a substrate for targeted delivery systems. As a proof of concept, targeted microspheres preferentially adhered to polymer-modified surfaces as opposed to injured, unmodified, or healthy vascular surfaces. (J Vasc Surg 2012;55:1087-95.)

*Clinical Relevance:* Clinical outcomes of intravascular procedures are often complicated by thrombosis and restenosis due to vascular injury. These results demonstrate the feasibility of providing site-specific recognition signals for delivery of agents to healthy and damaged vascular tissue, which could prove valuable in a variety of clinical settings where the localization of therapeutics is desirable. In particular, the delivery of antimitotic or antithrombotic particulate pharmaceuticals or carriers to arterial lumens following angioplasty or endarterectomy, or chemotherapeutic agents to tumor vasculature might be feasible.

Disruption of the endothelial layer during intravascular procedures such as balloon angioplasty often leads to restenosis. Exposure of a thrombogenic surface leads to platelet and leukocyte activation, which contribute to thrombus

From the Department of Bioengineering, University of Pittsburgh,<sup>a</sup> the McGowan Institute for Regenerative Medicine,<sup>b</sup> the Department of Surgery, University of Pittsburgh,<sup>c</sup> the UPMC Cardiovascular Institute,<sup>d</sup> and the Department of Chemical Engineering, University of Pittsburgh.<sup>e</sup>

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formation and inflammation.<sup>1</sup> In addition, balloon inflation can lead to dissections within the arterial wall, causing smooth muscle cell injury. Factors released by platelets and leukocytes, as well as direct injury, cause smooth muscle cells to proliferate, migrate, and deposit more extracellular matrix, resulting in neointimal hyperplasia.<sup>2,3</sup> Stents have reduced, but not eliminated, the problem of restenosis, and have introduced new risks of stent thrombosis related to delayed re-endothelialization, often requiring long-term antiplatelet therapy. Thus, strategies to mitigate the cascade of pathophysiologic events that lead to restenosis and contribute to stent thrombosis would have significant clinical value.

In the current study, a protein-reactive polymer, *N*-hydroxysuccinimide-polyethylene glycol (NHS-PEG), was employed in an in vivo rabbit femoral artery model of vascular injury to directly modify injured vascular surfaces. The goal of the study was to demonstrate the potential for polymer modification of the vascular surface to block acute thrombosis and provide a site for the targeted delivery of

Reprint requests: William R. Wagner, PhD, 450 Technology Dr, Bridgeside Point Building 2 (Rm #300), Pittsburgh, Pa 15219 (e-mail: wagnerwr@ upmc.edu).



**Fig 1.** Schematic of the proposed targeted delivery system. The reactive polymer is covalently attached to the vascular surface forming a molecular barrier, inhibiting platelet and leukocyte adhesion. Targeted microspheres or cells will specifically adhere to vascular surfaces labeled with the polymer. *PEG*, Polyethylene glycol.

therapeutics. The NHS reactive group covalently links with primary amines, the most accessible being the epsilon amine found on the amino acid lysine.<sup>4</sup> A stable amide bond is formed covalently linking the protein-reactive polymer with a primary amine of a protein on a vascular surface.<sup>5</sup> Previous reports have demonstrated that modification of vascular surfaces with a protein-reactive PEG forms a molecular barrier preventing acute platelet and leukocyte adhesion.<sup>6,7</sup>

In addition to blocking thrombosis at sites of vascular injury, it would be advantageous to have a means of targeting intravenously injected agents to labeled vascular segments for further therapeutic benefit. This could be accomplished by the presence of a signaling molecule, such as biotin, on the nonreactive terminus of the PEG molecule. NHS-PEG biotin might thus modify vascular tissue and provide a site for the targeted delivery of agents relying on the high affinity between biotin and avidin ( $K_a = 10^{15} \text{ L/mol}$ ).<sup>4</sup> Targeting systems exploiting the strong interaction between biotin and avidin have previously been explored as drug delivery vehicles for tumors and whole organs.<sup>8,9</sup> Our objective here was to evaluate this concept (Fig 1) in a rabbit model using avidin-coated microspheres to simulate particulate drugs, liposomes, or vesicles targeted to PEG biotinmodified arterial segments. The dependence of PEG-biotin coverage on the delivery method and time after modification were examined, as was the ability to target microspheres to the modified vascular segment over a 72-hour period.

# **METHODS**

**Surgical procedure.** The animal studies were completed following approval by the University of Pittsburgh Institutional Animal Care and Use Committee. This study employed a rabbit femoral artery model to evaluate the proposed modification and targeting system.<sup>6</sup> Female New Zealand White rabbits (Myrtle's Rabbitry, Inc, Thompson Station, Tenn) with an average weight of 4.25 kg were anesthetized by intramuscular injection of 40 mg/kg ket-

amine and 5 mg/kg xylazine and maintained on inhaled 1.5 to 2.5% isoflurane (Webster Veterinary, Sterling, Mass). An ear vein was cannulated with a 22 G x 1-inch JELCO IV catheter (Webster Veterinary), and a slow drip of lactated Ringer's buffer (Webster Veterinary) was administered through a Venoset Microdrip IV set (Webster Veterinary). The common femoral, saphenous, and popliteal arteries were exposed by dissection, and minor side branches off the common femoral artery were ligated and removed. SUNDT Slim-Line aneurysm clips (Codman, Raynham, Mass) were placed on the common femoral, deep femoral branch, and on the popliteal arteries. An arteriotomy was made in the saphenous artery to allow access to the lumen of the common femoral artery. Only one leg was used in survival studies to minimize trauma to the animal and allow for adequate mobility for water and food intake. In acute studies, the same procedure was repeated on the other leg of the animal to minimize the number of animals required.

**Balloon injury.** A 2F Fogarty embolectomy catheter (Edwards Lifesciences, Irvine, Calif) was inserted through the arteriotomy in the saphenous artery until it reached the clamp on the common femoral artery. The balloon was inflated with air using a 1-mL slip-tip disposable tuberculin syringe (Becton Dickinson [BD], Franklin Lakes, NJ) until the vessel distended slightly. The inflated balloon was withdrawn from the vessel until it reached the branch where the popliteal and saphenous arteries emerge from the common femoral artery. The balloon was deflated and the procedure repeated three times to ensure vascular injury.<sup>10</sup>

Denudation of the endothelial layer and vascular injury was confirmed in a small cohort of animals using 10 mg/kg Evans blue dye given intravenously 2 hours prior to euthanasia. Evans blue is an azo dye that binds with circulating albumin. An intact endothelium would serve as a barrier to this protein-dye complex, but the complex adsorbs onto denuded arterial segments, staining the surface a royal blue color.<sup>11</sup> Both the injured common femoral artery and the uninjured common femoral artery in the contralateral leg were harvested and inspected. Only femoral arteries injured with the embolectomy catheter appeared blue (data not shown).

Arterial modification with PEG. Arterial lumen surface modification was accomplished using either a 0.63-mm outer diameter Micro-Renathane (MR) tubing (Braintree Scientific, Braintree, Mass) or a 2.5-mm channeled drug delivery balloon catheter (Remedy; Boston Scientific, Natick, Mass), which is a dual-lumen balloon and drugdelivery catheter with 24 distinct channels on the outer balloon surface, leading to a series of 100-µm holes for delivery of the therapeutic agent directly to the arterial wall and independent of the inflation of the balloon. The channeled catheter was used to evaluate a more clinical approach, while the MR tubing was more practical for animal and proof-of-concept studies. The MR tubing or channeled catheter was introduced into the common femoral artery through the saphenous arteriotomy and threaded until the tip reached the clamp. Phosphate-buffered saline (PBS; Cambrex, Walkersville, Md) was added to NHS-

PEG biotin (molecular weight [MW], 3400) or NHS-PEG fluorescein (MW, 5000; Nektar Therapeutics, San Carlos, Calif) to make 1 mL of a 10-mM solution and injected through the port on the channeled catheter or using a 27 G × half-inch needle (BD PrecisionGlide) inserted into the end of the MR tubing to allow for perfusion of the polymer into the vessel. The polymer solution was continuously flushed through the vessel lumen for 45 seconds, after which the MR tubing or balloon catheter was withdrawn, and a previously placed ligature was tightened at the saphenous artery branch point. When the total incubation time for the polymer in the artery reached 1 minute, the aneurysm clips were removed from the popliteal and common femoral arteries to restore blood flow. The incubation time and concentration of the infused solution were based on previous in vitro studies.<sup>12</sup> Control arteries were treated in an identical manner except that the vehicle, PBS, was perfused instead of the reactive polymer solution.

For control experiments in undamaged arterial segments, the tip of a 30 G x half-inch needle (BD Precision-Glide) was bent to a  $90^{\circ}$  angle and inserted into the common femoral artery lumen near the clamp. The polymer was continuously flushed through the lumen of the vessel and out the site of the arteriotomy for a period of 45 seconds. After addition of the polymer, the needle was withdrawn, and a previously placed ligature was tightened at the saphenous artery branch point. A small amount of Avitene (Bard Davol, Inc, Warwick, RI) was placed at the site of access to control bleeding. When the total incubation time for the polymer in the artery reached 1 minute, the aneurysm clips were removed from the popliteal and common femoral arteries to restore blood flow through the femoral artery and remove any unreacted polymer. A subset of arteries was treated in an identical manner except that the vehicle, PBS, was added instead of the reactive polymer solution.

Modified and control vessels from injured and uninjured animals were harvested at 0, 24, 48, and 72 hours postoperatively (n = 4-6 animals for each time point). For nonacute studies, surgical sites were closed with 2-0 Vicryl sutures (Ethicon, Somerville, NJ), and the animals recovered. Intramuscular injections of 1 mg/kg ketoprofen and 100 mg cefazolin (Webster Veterinary) were administered twice daily until the animals were euthanized.

Targeting of microspheres. A deglycosylated form of avidin, NeutrAvidin, which has similar biotin binding characteristics and lower nonspecific binding, was utilized in these studies as a model of targeted drug delivery vehicles. All microspheres were delivered to the peripheral circulation through a cannulated ear vein. In the case of the 0-hour time point, intravenous access was already established at the beginning of the surgical procedure, which permitted administration of the microspheres. For the extended time points, the animals were anesthetized and an ear vein catheterized as described previously in the Surgical Procedure section. A bolus of  $4.80 \times 10^8$  particles of 1-µm yellow-green fluorescent NeutrAvidin-labeled micro-

spheres (Fluospheres; Molecular Probes, Eugene, Ore) in 1 mL of PBS was injected over a period of 30 seconds via an 18 G  $\times$  1.5-inch needle (BD PrecisionGlide) inserted into an access port on the Venoset Microdrip IV set and then flushed with lactated Ringer's solution. The microspheres were allowed to circulate in the bloodstream of the rabbit for 1 hour before the vessels were harvested as described above.

Specimen collection. Animals were maintained on 2.5% isoflurane. A midline incision below the rib cage to the pelvic region was used to expose and isolate the vena cava and aorta from the surrounding tissue. The isoflurane was increased to 5% and the animals euthanized with a supersaturated potassium chloride (KCl) solution (Sigma, St. Louis, Mo). The aorta was cannulated with an 18 G imes1-inch IV catheter (JELCO; Webster Veterinary), and the hind limb portion of the animals was flushed with 100 mL of lactated Ringer's through a Venoset IV set (Webster Veterinary). The vena cava was severed to allow the excess blood and fluid to drain from the hind limb region, and 100 mL of Shandon Glyo-Fixx (Thermo Electron Corporation, Waltham, Mass) was administered to pressure fix the arteries for examination. Experimental and control femoral arteries were explanted from the rabbit after fixation along with the unmodified carotid arteries, which served as the control for acute experiments where both femoral arteries were modified. Excess tissue was removed from the exterior of the arteries, which were then filleted lengthwise to expose the lumen. Minutien pins (Fine Science Tools, Foster City, Calif) were used to secure the edges of the vessel to pink dental wax (Electron Microscopy Sciences, Hatfield, Pa) with the lumen facing upward for evaluation using epi-fluorescence microscopy.

Fluorescence microscopy of samples. Fluorescence intensity of the surface deposited polymer in the modification experiments and quantification of microsphere binding in targeting experiments were performed using an inverted fluorescence microscope (Axiovert; Carl Zeiss, Inc, Thornwood, NY). Micrographs of the explanted vessels were taken at the same exposure at 1-mm increments from the saphenous artery branch to the site of the clamp on the common femoral artery. The average fluorescence intensity of the polymer (490-nm emission, 514-nm excitation) was measured for each image with IP Lab software (Scanalytics Inc, Billerica, Mass) to determine the persistence of the polymer modification over time. Quantification of the number of adherent microspheres was performed on images collected at excitation/emission spectra of 505 nm and 515 nm, respectively.

Statistical analysis. Statistical analysis of the data acquired from the vessel images was performed in SPSS (version 13.0; SPSS Inc, Chicago, Ill). Data points are represented as mean values  $\pm$  standard deviation (st dev). Differences between control and treated groups for PEG duration and microsphere targeting to balloon-injured rabbit femoral arteries, at all time points, were evaluated using a two-way analysis of variance to determine statistical significance. For microsphere targeting experiments to



**Fig 2.** Fluorescent micrographs of different techniques to modify balloon-injured vessels with reactive polyethylene glycol (PEG) fluorescein: (**A**) Vehicle (phosphate-buffered saline [PBS]) control; (**B**) Micro-Renathane (MR) tubing; (**C**) Remedy channeled drug delivery balloon catheter. *Scale bar* is 100 μm.

healthy endothelium, controls versus treated group comparisons were made using a Student's *t*-test with P < .05 being considered statistically significant.

# RESULTS

Arterial modification technique. Visual inspection of the arterial specimens showed limited background fluorescence for control vessels and similar patterns of staining across treated arteries (Fig 2). No statistically significant differences were found in the mean fluorescence intensity (FU) of NHS-PEG fluorescein delivered to ballooninjured arteries using the MR tubing (1241 FU) relative to the channeled drug delivery catheter (1230 FU; Fig 3). Control vessels showed little to no autofluorescence with a mean fluorescence intensity of 69 FU (Fig 3). Since there was no difference in the ability to deliver the polymer with either technique, subsequent experiments evaluating the duration of the polymer in the vessel or ability to target microspheres to the polymer were completed using the MR tubing. The MR tubing was selected because of its smaller size in comparison to the channeled drug delivery balloon catheter, which allowed for easier introduction into the rabbit saphenous artery with fewer complications.

**Duration of PEG coverage.** In order to assess the ability of the polymeric barrier to inhibit thrombosis and serve as a site for the targeted delivery of therapeutics, it was



**Fig 3.** Mean fluorescence intensity comparing the vehicle, Micro-Renathane (MR) tubing, and Remedy channeled drug delivery balloon catheter delivery methods. Data are shown as fluorescence intensity (FU) + st dev.

important to establish the duration of the polymer on the vascular surface postmodification. There was little to no autofluorescence associated with denuded control vessels at any time point, with a mean fluorescence intensity of only 101 FU (Fig 4). The maximum fluorescence for the polymer-modified vessels occurred at 0 hours with a mean intensity of 1529 FU, which then decreased to 1028 FU



**Fig 4.** Duration of polyethylene glycol (*PEG*) fluorescein on balloon-injured rabbit femoral arteries after modification at 0, 24, 48, and 72 hours. Data are shown as fluorescence intensity (FU) + st dev with n = 4 at all times and treatments, and the results are significant with P < .001 for the time, treatment, and interaction. *PBS*, Phosphate-buffered saline.

over the next 72 hours (Fig 4). There was a statistically significant increase in fluorescent intensity over controls (P < .001), which decreased with time (P < .05) in a linear manner (FU = 1500-7.1\*time; P < .0001). Even though the polymer remaining on the balloon-injured vessel declined over time, >67% of the original fluorescence was maintained at 72 hours (Fig 4).

In addition to evaluating the temporal maintenance of the polymer, fluorescence intensity data from the images along the entire length of the balloon-injured vessels modified with the fluorescent PEG were used to determine the consistency of the polymer coverage for each time point. There was some fluctuation of the mean intensity of the fluorescent polymer over the length of the vessel, but there was no significant effect with axial or circumferential vessel position as determined by the two-factor analysis of variance (Fig 5).

Microsphere targeting. NeutrAvidin-coated microspheres preferentially adhered to balloon-injured arteries modified with PEG biotin as opposed to balloon-injured, unmodified vascular surfaces at all time points evaluated (Fig 6). A total of  $304 \pm 64$  microspheres/mm<sup>2</sup> bound to PEG biotin-modified balloon-injured femoral arteries as compared with  $141 \pm 80$  microspheres/mm<sup>2</sup> for the injured, unmodified control at 0 hours (P < .001). The number of adherent microspheres per mm<sup>2</sup> for untreated, balloon-injured rabbit femoral arteries decreased sharply from 0 to 24 hours and then remained constant out to 72 hours, while the total number of adherent microspheres to PEG biotin-modified, balloon-injured arteries gradually decreased as the time postmodification increased, with  $50 \pm 27$  microspheres/mm<sup>2</sup> remaining at 72 hours (P < .001). The ability of the same targeting strategy to target agents to healthy vascular tissue by the addition of the reactive polymer or vehicle control to uninjured rabbit femoral arteries was also assessed. NeutrAvidin-coated mi-



**Fig 5.** Distribution of polyethylene glycol (*PEG*) fluoresceinmodified, balloon-injured rabbit femoral arteries along the vessel length at 0, 24, 48, and 72 hours as measured from the saphenous artery branch to the site of the clamp on the common femoral artery Data are shown as fluorescence intensity (FU)  $\pm$  st dev (n = 4).

crospheres were preferentially targeted to healthy vascular tissue modified with the polymer as opposed to the unmodified arteries (Fig 7). At 0 hours, a total of  $153 \pm 46$  microspheres/mm<sup>2</sup> bound to PEG biotin-modified healthy femoral arteries compared with  $26 \pm 18$  microspheres/mm<sup>2</sup> for the unmodified control at 0 hours (P < .01; Fig 7). The total number of microspheres adhering to PEG biotin-modified healthy tissue at 0 hours ( $153 \pm 46$  microspheres/mm<sup>2</sup>) was less than that seen with the PEG biotin-modified, balloon-injured arteries ( $303 \pm 65$  microspheres/mm<sup>2</sup>).

# DISCUSSION

Modifying vascular surfaces with a reactive PEG provides multiple options for preventing thrombosis or restenosis by serving as a molecular barrier, as well as providing a site for targeted drug delivery. Reactive PEG has previously been shown to form a molecular barrier on damaged vascular surfaces<sup>7,13</sup> as well as biomaterials<sup>6,14,15</sup> to inhibit platelet deposition, and we demonstrate that suitable levels are maintained for >72 hours. Nanocoatings of hyaluron and chitosan deposited onto damaged vascular surfaces have also been used to inhibit platelet deposition, but they typically require multiple administrations of the polyelectrolytes.<sup>16</sup> Likewise, concealment of extracellular matrix ligands with a PEGylated fibronectin, which interacts with fibrillar collagens, to reduce platelet recognition, requires 30 minutes to cover the injured vascular surface.<sup>17</sup> Both the hyaluron and chitosan nanocoatings and PEGylated fibronectin systems for inhibiting intravascular thrombosis require extended application periods or repeated administrations, which may be detrimental in time-sensitive procedures. Hydrogel barriers formed by photopolymerization have also demonstrated an ability to inhibit thrombosis and reduce intimal thickening on injured vascular surfaces. However, formation of the hydrogel barriers using photo-



**Fig 6.** Targeted microsphere adherence to rabbit femoral arteries. (**A**) Unmanipulated carotid, (**B**) balloon-injured control femoral artery, and (**C**) polyethylene glycol (*PEG*) biotin-modified balloon-injured femoral arteries at 0 hours. *Scale bar* is 100  $\mu$ m. (**D**) Quantification of targeted microspheres adhering to control and PEG biotin-treated, balloon-injured rabbit femoral arteries in vivo at 0, 24, 48, and 72 hours postmodification. Data are shown + st dev. *P* < .001 for delivery time, treatment, and interaction.



**Fig** 7. Number of targeted microspheres adhering to control and polyethylene glycol (*PEG*) biotin-treated healthy rabbit endothelium in vivo at 0 hours. Data are shown + st dev and the results are significant with P < .01.

polymerization requires additional steps such as adsorption of a photoinitiator on the injured vessel surface, flushing of excess initiator, administration of the hydrogel precursors, and adequate illumination (external or internal) to form the gel.<sup>18,19</sup>

A major advantage of the reactive PEG employed in the current system from the standpoint of clinical implementation is that a single application could rapidly modify vascular surfaces (<1 minute), potentially while an intervention is being performed at the site using a channeled drug delivery catheter. Establishing the consistency of the polymeric coverage along the entire length of the modified vessel was also important in evaluating the effectiveness of the barrier to inhibit thrombosis or the signal to deliver targeted therapeutics. The molecular barrier thickness could theoretically be manipulated by changing the molecular weight or branching of the polymer molecule and thus reduce some of these effects. Further, the PEG modifica-

tion was sustained for at least 72 hours, and if one were to assume that the linear trend continued, 25% of the polymer would remain after 160 hours in vivo. The process by which the PEG is removed from the surface is likely due to a combination of the host response to the foreign material that cleaves the modified protein, or the covalent PEGprotein bond itself. Because the microsphere binding capacity was only 20% of the acute capacity by 72 hours, we hypothesize that the further reduction in polymer availability may be due to the nonlinearity of these types of binding events, which have been modeled previously.<sup>20</sup> A loss of the microspheres through dissociation between streptavidin and biotin is unlikely because of lengthy dissociation time that contributes to the high affinity of the bond.<sup>21</sup> Although the use of PEG is associated with a reduction in protein and platelet deposition,13,22 masking of the binding target for NeutrAvidin by fouling processes cannot be dismissed. PEG hydrogels have also been synthesized to release nitric oxide (NO) or YC-1, a benzyl indazole derivative, as therapeutic agents to reduce platelet adhesion and smooth muscle cell proliferation after vascular injury.<sup>23,24</sup> Therapeutics such as these and others might be delivered to PEG-modified vascular sites using the targeting strategy developed in this article.

Another method of inhibiting thrombosis and restenosis at sites of arterial injury involves local administration of drugs or gene therapy vectors to the injured vessels. Local delivery of these agents can be accomplished using specialized catheters that employ passive, pressure-driven, electrically, or mechanically enhanced diffusion for delivery.<sup>25,26</sup> Using these catheters for direct delivery of the agents only allows for one application or requires an indwelling line that is prone to thrombosis. A single application of reactive PEG that subsequently serves as a specific target for the drug or therapeutic vector to be systemically injected over time may prove to be a more suitable system for long-term delivery.

Local delivery of therapeutics is also possible by targeting the molecules or using targeted carriers to direct the therapy to specific vascular segments. While some studies rely on local delivery,27,28 others incorporate additional homing capabilities. One such method targets heparin or low-molecular-weight heparin conjugated to antibodies against cross-linked heparin, which is deposited at the site of arterial injury, to reduce neointimal formation.<sup>29</sup> Other methods target microspheres or particles to selected vascular sites using antibodies to exposed surface markers. Hyaluron microspheres conjugated to antibodies against E- and P-selectin preferentially adhered to inflammatory vascular sites and successfully delivered plasmid DNA.<sup>30</sup> Similarly, biodegradable particles conjugated to antibodies for E- and P-selectin, ICAM-1, and VCAM-1 also showed targeting to inflamed endothelium.<sup>31</sup> In this balloon-injury model, the attachment of NHS-PEG is intended here not to modify cells, but to modify the exposed basement membrane, which is the source of acute thrombosis, and PEG has previously been shown to interrupt platelet deposition and acute thrombosis on this surface.<sup>6</sup> Previous in vitro studies indicate that it is possible to attain high surface densities of the PEG-biotin signaling molecule.<sup>12</sup> In addition, therapeutic agents can be targeted to specific vascular segments using a tag on the end of the polymer molecule.<sup>12</sup> Although there is a reduction in the available polymer over time, repeated delivery of therapeutic vehicles, such as microspheres, is still possible since not all of the sites will be occupied after the initial dose due to the limited concentration of the microspheres in the boundary layer that occurs with systemic administration. Because the proteinreactive PEG permits modification of both healthy endothelium and exposed matrix following vascular injury, treatment would not be dependent on the expression and availability of specific surface markers that are upregulated in certain disease states. Systemic administration of the reactive molecule itself, however, would not be feasible because of the promiscuous nature of the reaction between the PEG-NHS and surface amines, which would result in PEG modification of blood proteins encountered and any other molecules with free amine groups.

Drug-eluting stents, which release antimitotic agents such as sirolimus (CYPHER; Cordis Johnson & Johnson) and paclitaxel (TAXUS; Boston Scientific), have demonstrated significant efficacy in reducing restenosis rates. Randomized, controlled trials have demonstrated a reduction in the need for repeat revascularization after coronary interventions by 60% to 80% when using drug-eluting stents.<sup>32</sup> However, long-term results of the effects of drugeluting stents are not well defined. As drug-eluting stents are applied to more complex lesions, there have been increasing occurrences of late stent thrombosis.33-35 The polymer coating that serves as a reservoir for drug delivery has also come under scrutiny. There are numerous reports suggesting that a hypersensitivity reaction to the polymer coating on the stents results in extensive inflammation of the vessel wall.<sup>33,34,36,37</sup> Modification of injured vascular surfaces and stents with a PEG-reactive polymer provides another strategy that might be employed in conjunction with drug-eluting stents to further improve outcomes of coronary interventions.38,39

There were several limitations in this technique that should be addressed in future studies. First and foremost, this report represents a demonstration of the potential for the technique and drug release or the therapeutic effects of a particular drug were not studied. The use of 1-µm spheres as a model delivery vehicle, while having a reduced footprint for drag forces, also has a reduced binding density, which can limit their ability to withstand shear forces following the initial binding event and may pose an issue for long-term drug-releasing systems.<sup>40</sup> Nanoparticles might provide a better platform since they appear to be unaffected by shear forces but would potentially have a smaller drug payload.<sup>41</sup> The use of alternative ligand-receptor chemistry also might provide a means to improve upon the density of particulate adherence. While the biotin-streptavidin bond is extraordinarily stable and well characterized,<sup>21</sup> its use with microparticle delivery systems is limited in low-shear environments.42 Other particulate-surface interactions could

also be designed using lock and key mechanisms that have more attractive kinetics, including aptamer technology.<sup>43</sup>

In summary, this study demonstrates that a proteinreactive PEG can be used to modify healthy and injured vascular segments. Furthermore, this polymer attachment approach can be used as a target for the site-specific delivery of microspheres to the labeled vascular tissue. Microspheres are representative of a particulate drug or carrier that could be loaded with various therapeutics designed to treat various ailments. In cases of vascular injury, such as with balloon angioplasties, carotid endarterectomies, or anastamoses, delivery of antithrombotics or antimitotics might assist in inhibiting intimal hyperplasia.

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# AUTHOR CONTRIBUTIONS

Conception and design: TD, FV, WW Analysis and interpretation: TD, TM, FV, WW Data collection: TD Writing the article: TD, TM, WW Critical revision of the article: TD, TM, FV, WW Final approval of the article: WW Statistical analysis: TD, TM Obtained funding: WW Overall responsibility: WW

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