Mechanism of Signal Propagation upon Retinal Isomerization: Insights from Molecular Dynamics Simulations of Rhodopsin Restrained by Normal Modes

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ABSTRACT As one of the best studied members of the pharmaceutically relevant family of G-protein-coupled receptors, rhodopsin serves as a prototype for understanding the mechanism of G-protein-coupled receptor activation. Here, we aim at exploring functionally relevant conformational changes and signal transmission mechanisms involved in its photoactivation brought about through a *cis-trans* photoisomerization of retinal. For this exploration, we propose a molecular dynamics simulation protocol that utilizes normal modes derived from the anisotropic network model for proteins. Deformations along multiple low-frequency modes of motion are used to efficiently sample collective conformational changes in the presence of explicit membrane and water environment, consistent with interresidue interactions. We identify two highly stable regions in rhodopsin, one clustered near the chromophore, the other near the cytoplasmic ends of transmembrane helices H1, H2, and H7. Due to redistribution of interactions in the neighborhood of retinal upon stabilization of the *trans* form, local structural rearrangements in the adjoining H3–H6 residues are efficiently propagated to the cytoplasmic end of these particular helices. In the structures obtained by our simulations, all-*trans* retinal interacts with Cys¹⁶⁷ on H4 and Phe²⁰³ on H5, which were not accessible in the dark state, and exhibits stronger interactions with H5, while some of the contacts made (in the *cis* form) with H6 are lost.

INTRODUCTION

G-protein-coupled receptors (GPCRs) are a large family of integral membrane proteins that, due to their involvement in a wide variety of physiological processes, have been serving as key targets for pharmacological intervention against many diseases (1-3). Structural information is available for only two GPCRs: rhodopsin (4–6) and β_2 -adrenergic receptor (7-9). Being highly abundant in nature, rhodopsin has been the most widely studied member of the GPCR family. It is located in the outer segments of rod photoreceptor cells in the retina and responds to photons by initiating a series of intracellular events that result in an electrical signal processed by the visual system (10). The structure of rhodopsin can be divided into three regions, cytoplasmic (CP), transmembrane (TM), and extracellular (EC) (Fig. 1 A). The CP region includes three CP loops (CL1-CL3), a soluble helix (H8), and the C-terminus. Seven helices (H1–H7) span the TM region. The EC region consists of three loops (EL1-EL3) and the N-terminus (NT). EL2, connecting H5 and H6, forms a β -strand folded into the TM section underlying the EC side of the chromophore binding pocket (5). Light absorption by rhodopsin isomerizes its chromophore, 11-cis retinal, to the

Submitted August 29, 2007, and accepted for publication March 12, 2008.

Editor: Peter Tieleman.

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all-*trans* conformation on a subpicosecond timescale. The chromophore, composed of a β -ionone ring and a polyene chain covalently linked to Lys²⁹⁶ in H7 (Fig. 1 *B*), acts as an inverse agonist: its photoisomerization triggers the formation of a series of intermediates arising on picosecond to millisecond timescales, leading to the formation of metarhodopsin II (Meta II); the latter intermediate corresponds to the active conformation of rhodopsin (11).

A wide range of biophysical and biochemical experiments including site-directed mutagenesis, photoactivity, NMR, and engineered disulfide bonds have been used to elucidate the activation mechanism of rhodopsin and other GPCRs (10,12,13). These studies have shown that conformational changes in the CP region of rhodopsin are critical for activation and G-protein binding. Movements of the helical segments near this region presumably involve the disruption of specific contacts and release a number of constraints instrumental for transmitting signals. These constraints cluster in several conserved "microdomains": 1), an electrostatic interaction site formed by the retinal Schiff base and the Glu¹¹³ counterion (14,15); 2), the highly conserved D(E)RY motif at the CP end of H3 (Fig. 1 C) and the XBBXXB motif at the CP end of H6 (B:basic) (16-24); 3), the Asn⁵⁵-Asp⁸³ pair in H1 and H2, respectively, and the NPXXY motif in H7 (4); and 4), the aromatic cluster surrounding the ligand binding pocket (25-27).

Recently, a photoactivated intermediate of rhodopsin has been structurally resolved at 4.15 Å resolution (6). However, the conformational changes observed were smaller than those indicated by biophysical and biochemical experiments (10,28,29), and the atomic coordinates of most side chains

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FIGURE 1 (A) Rhodopsin (red) and surrounding lipid (green) and water (cyan) molecules. Rhodopsin contains seven TM helices (H1-H7). The TM bundle encloses the chromophore, 11-cis retinal (purple). The simulation system consists of rhodopsin embedded in a lipid bilayer with 108 palmitoyloleoylphosphatidylcholine molecules, 6596 water molecules, and 27 ions. Cytoplasmic and extracellular regions are labeled for clarification. (B) 11-cis retinal. It consists of a β -ionone ring and a polyene chain and is covalently bound to Lys²⁹⁶. Carbon atoms are indexed from 1 to 20. The arrow shows the bond that isomerizes from cis to trans form upon light activation. (C) Closer view of the CP region encircled in A, near the ERY motif (E134, R135, and Y136). Helices H2-H8 are labeled.

and the chromophore, as well as some backbone atoms, could not be determined (6). Further studies were therefore suggested to clarify the relationship between this photoactivated intermediate and the Meta II state (6).

Determination of the dark state structure of rhodopsin prompted many computational studies in recent years. In particular, the chromophore isomerization and conformational changes of rhodopsin at the early stages of photoactivation (30-35) and photointermediates (36,37) have been investigated by molecular dynamics (MD) simulations. In other computational studies, distance constraints derived from NMR and electron paramagnetic resonance spectroscopy and/or cysteine cross-linking experiments have been used to model the conformations of rhodopsin (38–40). The energy calculations have been used to model the active state of rhodopsin (41) and to determine the network of interacting residues (42). The effect of unsaturated lipids on rhodopsin stability and kinetics was studied by a series of independent 100-ns-long MD runs, performed for the dark-adapted rhodopsin, showing that the tightly packed unsaturated lipids weakened the interhelical packing by making specific interactions with the protein (43).

Even with these important contributions and extensive data on rhodopsin activation, details about how the conformational changes for activation are triggered and the molecular mechanisms explaining the experimental data on the Meta II state remain unknown. Although MD simulations provide valuable information on atomic motions and interactions, careful analysis of MD results reveals that they suffer from convergence problems, even when long trajectories of the order of $0.1 \ \mu s$ are generated (44). The timescale explored in MD simulations has been shown for many proteins to be

too short to achieve adequate convergence properties, especially for 'long' timescale motions (45,46). Likewise, the conformational sampling of the regions exposed to the environment in membrane proteins is usually less accurate compared to TM regions (47).

Various methods have been developed to accelerate MD simulations and increase sampling efficiency. Steered molecular dynamics (SMD) has been successfully used to observe large conformational changes by applying external forces (48,49). A similar method, targeted molecular dynamics, uses time-dependent, geometrical constraints to approach a known target conformation at ordinary temperature (50). Additionally, guiding MD trajectories along collective coordinates has proven useful for efficient sampling and expansion of the accessible conformational space (51). Berendsen and co-workers introduced the essential dynamics (ED) analysis, which is a principle-component analysis (PCA) of snapshots at fixed time intervals during MD trajectories (52). These collective modes have been used as constraints in MD simulations to achieve a more efficient sampling of the conformational space (52-54). Collective coordinates have been combined with ensemble sampling by Abheser and Nilges, by implementing a biasing potential that restrains the motions to those along the collective modes in a set of independent MD trajectories (55,56). However, the difficulties of using PCA to obtain essential modes describing the majority of the fluctuations due to sampling inefficiencies and the shortness of achievable MD simulation times have been demonstrated previously (57).

In our previous work (58), we adopted a different, purely analytical approach, and examined the collective motions predicted by two elastic network models (ENMs), the Gaussian network model (59) and the anisotropic network model (ANM) (60,61), followed by energy minimization to optimize sidechain conformations. We combined this analysis with systematic Cys \rightarrow Ser replacement experiments to develop a model for providing insights into the potential reconfiguration of rhodopsin accompanying its activation (58).

ENMs have been widely used in recent years to explore the biologically relevant, long-timescale motions of large structures while avoiding expensive computations (for reviews, see (62-64)). An important extension has been the introduction of a perturbational variation of the elastic network (65-67), which allows for a quantitative analysis of allosteric effects. The comparative analysis of the results from this perturbational variation of the elastic network, and those from MD simulations biased with ED sampling, have recently proven to elucidate the coupling between nucleotide binding and TM domains in the ABC transporter BtuCD (68). Another technique, referred to as amplified collective motions, has been utilized for coupling low-frequency modes derived from the ANM to a higher temperature by using a weak coupling method (69). The basic ingredient in ENMbased models is the topology of interresidue contacts in the native structure, which turns out to be a major factor defining equilibrium dynamics. The interactions between residues in close proximity are represented by harmonic potentials with a uniform spring constant, and network junctions are usually identified by the C^{α} atoms (59,60,70). Low-frequency motions, also referred to as "global" modes, are insensitive to the details of the models and energy parameters used in normal-mode analyses at least as long as interresidue contacts are maintained (see for example (71,72)).

Despite their numerous insightful applications, ENM methods have limitations. They lack information on residue specificities, atomic details, or side-chain motions. Furthermore, the contribution of different modes to biologically relevant motions is usually unknown. We also note that although many functional mechanisms appear to be intrinsically defined by the 3-dimensional (3-D) structure of the protein itself (62,73,74), the effects of the interactions with the environment, such as the lipids and water molecules, are also crucial for membrane proteins.

Here, our aim is to find, in atomic detail, the biologically relevant conformations of rhodopsin that couple retinal isomerization to conformational changes in both the TM domain and the critical G-protein binding sites on the CP surface. We seek to explore the global dynamics while incorporating the effects of explicit residues and interactions with lipid and water in atomic detail. We propose, for this purpose, an algorithm, referred to as ANM-restrained MD, which uses the deformations derived from ANM analysis as restraints in MD trajectories. This permits us to sample the collective motions that are otherwise beyond the range of conventional MD simulations. With this new approach, we seek to incorporate the realism and accuracy of MD into ENM analysis while taking advantage of ENM to accelerate MD simulations. It is noteworthy that, using this method, we identify a hinge site that does not change with several applications of normal modes as restraints. This hinge site includes residues that are directly affected by the isomerization of retinal, as well as those stabilizing the resulting all-*trans* conformation of the chromophore. The CP ends of helices H3, H4, H5, and H6, and the connecting loops are found to enjoy an enhanced mobility facilitated by this hinge site. Several new interactions are observed to contribute to the mechanism of signal propagation from the retinal binding pocket to the G-protein-binding sites in the CP domain.

METHODS

The key idea for our approach is to use an ensemble of ANM modes in an iterative scheme, as described in Fig. 2. Essentially, our proposed algorithm consists of two loops. A first (inner) loop generates a succession of conformations using ANM modes as harmonic restraints in MD runs, succeeded in each case by a short energy minimization to allow the molecule to settle in a local energy minimum. For this purpose, we select from a pool of ANM modes the subsets of most distinctive (lowest-frequency modes whose eigenvalues are sufficiently separate from those of other modes) and cooperative (based on collectivity $\kappa(k)$; see Eq. 3) modes. For each mode, we define two target conformations (see Eq. 4) and we run short MD simulations (of 20 ps) in the presence of harmonic restraints that favor these target structures. Because the restraints may lead to unrealistic strains in the structure, we perform a short energy minimization succeeding each run and choose among the two alternative structures the one that is energetically favored. After screening all selected modes, a new cycle (outer loop) is initiated, with the updated ANM modes corresponding to the final structure of the first cycle. This procedure was repeated until the final structure deviated from the starting one by a root mean-squared deviation (RMSD) of 3.5 Å in backbone coordinates. Two independent runs have been performed here, each com-



FIGURE 2 ANM-restrained MD protocol. See text for details.

posed of two cycles (the outer loop in Fig. 2), which yielded similar patterns (RMSDs and energy profiles) and redistributions of interresidue interactions comparable to experimental data (see Results and Discussion). The underlying assumption in this protocol is that ANM-derived restraints drive the excursion of the molecule toward a direction that would otherwise be naturally selected at much longer times. We explain below the steps involved in the actual calculations.

Generating the normal modes

We use the ANM for generating the modes of interest. ANM, described in detail previously (60), is a normal mode analysis that uses as potential

$$V_{\text{ANM}} = \frac{\gamma}{2} \sum_{i=1}^{N-1} \sum_{j=i+1}^{N} (|\vec{R}_{ij}| - |\vec{R}_{ij}^{0}|)^2 h(R_{\text{cut}}^{\text{ANM}} - |\vec{R}_{ij}^{0}|), \quad (1)$$

where \vec{R}_{ij}^0 and \vec{R}_{ij} denote the original and instantaneous distance vectors between residues *i* and *j*, represented by their C^{α}-atom positions, *N* is the residue number, *h*(*x*) is the Heaviside step function equal to 1 if *x* is positive, and zero otherwise, R_{cut}^{cut} is the cutoff distance for interresidue interactions, taken as 13 Å (75), and γ is the force constant of the order of 1 kcal/(mol Å²), usually found by requiring the sum of $\langle (\Delta \mathbf{R}_i)^2 \rangle$ over all residues ($1 \le i \le N$) to match the sum of the experimental B-factors. The mode shapes are insensitive to the absolute value of γ . The cross-correlation $\langle \Delta \mathbf{R}_i \cdot \Delta \mathbf{R}_j \rangle$ between the fluctuations of residues *i* and *j* can be expressed as a sum

$$\langle \Delta \mathbf{R}_{i} \cdot \Delta \mathbf{R}_{j} \rangle = \sum_{k} (3k_{\rm B}T/\gamma) \left[\lambda_{k}^{-1} \mathbf{u}_{k} \mathbf{u}_{k}^{\rm T} \right]_{ij}$$
(2)

over the contributions of all modes (*k*), using the eigenvectors \mathbf{u}_k and eigenvalues λ_k of the Hessian **H**, evaluated from the second derivatives of V_{ANM} . Here k_{B} is the Boltzmann constant, *T* is the absolute temperature, and a total of $1 \le k \le 3N - 6$ nonzero modes contribute to $\langle \Delta \mathbf{R}_i \cdot \Delta \mathbf{R}_j \rangle$. \mathbf{u}_k describes the displacements of residues induced by mode k, $\lambda_k^{1/2}$ scales with its frequency.

Selection of distinctive and cooperative modes

In principle, we select the lowest-frequency modes. However, two additional criteria were considered: mode frequency dispersion (or eigenvalue distribution) and degree of collectivity. The former is examined to identify a subset of modes whose frequencies (eigenvalues) are sufficiently separate from those of the other modes. The degree of collectivity for the k^{th} mode, on the other hand, is calculated using

$$\kappa(k) = \frac{1}{N} \exp\left(-\sum_{i}^{N} [\Delta \bar{R}_{i}(k)]^{2} \log[\Delta \bar{R}_{i}(k)]^{2}\right), \quad (3)$$

where $\Delta \bar{R}_i(k)$ is the displacement of the *i*th residue driven by mode *k*. $\Delta \bar{R}_i(k)$ is normalized such that $\sum_i^N [\Delta \bar{R}_i(k)]^2 = 1$ (72) to ascertain that the selected modes are cooperative enough. This second criterion helps in eliminating the cases where the low-frequency modes induce a motion in a loosely coupled chain segment only (e.g., the N- or C-terminus). In the case of rhodopsin, the lowest-frequency modes were also observed to be the most cooperative ones, and the frequency distribution indicated that the subset of the first three, or the first seven, modes were separable.

Generating new conformations

Since each mode corresponds to a fluctuation between two oppositely directed motions, both directions equally probable, two sets of deformations are considered for each mode, referred to as "plus" or "minus" displacements along the particular mode axis. The corresponding "target" conformations, represented by the 3N-dimensional position vectors \mathbf{R}_k^+ and \mathbf{R}_k^- , are evaluated from

$$\boldsymbol{R}_{k}^{\pm} = \boldsymbol{R}^{0} \pm s \lambda_{k}^{-1/2} \boldsymbol{u}_{k}^{\text{ANM}}, \qquad (4)$$

where \mathbf{R}^0 is the conformation before the application of restraints, and *s* is a scaling parameter set by requiring the RMSD in C^{α}-atom positions to remain close to 1.5 Å after reconfiguration along the selected mode for mode 1, and $1.5(\lambda_i/\lambda_1)^{1/2}$ Å for mode *i*. Note that $\mathbf{u}_{k}^{\text{ANM}} = [\Delta \bar{R}_1(k)\Delta \bar{R}_2(k) \dots \Delta \bar{R}_N(k)]^T$. Each C^{α} atom is harmonically restrained to approach the target conformations, using a uniform spring constant of 1 kcal/(mol·Å²) for all residues in ANM-restrained MD simulations. After reaching the two target structures \mathbf{R}_k^+ and \mathbf{R}_k^- , for a given mode, both are subjected to energy minimization (1000–3000 steps of steepest descent) without any restraints to relieve possible unrealistic distortions and to select the lower energy conformer among the two (see profiles in Fig. 3).

The initial structure

Previously, Saam et al. (35) performed MD simulations to study the photoisomerization of retinal from 11-cis to all-trans and the relaxation of rhodopsin succeeding this isomerization. The system consists of rhodopsin embedded in a lipid bilayer with 108 palmitoyloleoylphosphatidylcholine molecules, 6596 water molecules, and 27 ions (Fig. 1). The size of this system is 39,964 atoms. All titratable groups in the protein were considered to be charged, with the exception of Glu¹²² and Asp⁸³ (76). After minimization and equilibration of the system, 11-cis retinal was isomerized to alltrans retinal by transiently switching the dihedral potential energy function of the corresponding bond. We adopted the conformation at 495 ps of MD simulation after isomerization of retinal and the flip of β -ionone ring as our initial structure, because experimental evidence shows that rhodopsin undergoes conformational changes to reach the active Meta II state after the cis*trans* isomerization of retinal and the flip of the β -ionone ring. We refer to the structure energy-minimized and equilibrated in the presence of water and membrane molecules right before isomerization of 11-cis retinal, as the "dark state". To investigate the effect of the orientation of the β -ionone ring, we also repeated the simulations using an alternative initial conformation of the β -ionone ring in the absence of the ring flip taken at 212 ps of MD simulation after isomerization of retinal.

The results presented below were confirmed to be reproducible in two independent runs. In particular, the critical interactions in the chromophore binding pocket between retinal and neighboring helices, as well as the highly fluctuating sites on H6 and CP important for G-protein binding, were found to be robust features of the simulated structural dynamics.

RESULTS AND DISCUSSION

RMSD profiles and accompanying change in energy

Fig. 3 illustrates the time evolution of RMSD in C^{α} positions from the initial structure (*upper*), and the accompanying change in energy (*lower*) in a given cycle of our protocol. The two curves (*black* and *red*) refer to the opposite direction deformations along each normal mode used as targets in the MD simulations. The seven slowest modes are used in this cycle, each being succeeded by a short energy minimization. The conformer with the lower energy is chosen as the starting structure for the implementation of the successive modes. By the end of this cycle, the conformation departs from the original one by an RMSD of ~2 Å (see Fig. 1S in the Supplementary Material, Data S1 for the corresponding energy and RMSD profiles of the second cycle). Two such cycles (the outer loop in Fig. 2) were performed, to reach an RMSD



FIGURE 3 Time evolution of the overall RMSD in the α -carbon coordinates compared to the starting conformation (*A*) and its energy (*B*) during a first inner cycle of the ANM-restrained MD protocol described in Fig. 2. The two curves refer to the trajectories sampled with ANM restraints along opposite directions, each succeeded by a short energy minimization that selects the lower energy conformation for the next run (with another mode).

of 3.5 Å, and two independent runs of two cycles each were performed to verify the reproducibility of the results.

misfolding of the entire protein, made irreversible by the formation of a wrong disulfide bond (80).

Two stable regions, retinal binding pocket and CP ends of H1, H2, and H7

Fig. 4 A shows the RMSD profiles of residues from the initial structure obtained by the end of cycle 1 (red curve) and cycle 2 (black curve). TM helices H1-H8 are indicated by gray bands. The two profiles in Fig. 4 A share similar features; the minima (labeled) maintained by the end of the two cycles point to residues participating in highly stable hinge sites. Except for Pro²³, all such residues are clustered in two regions of rhodopsin, the chromophore binding pocket and the CP ends of H1, H2, and H7. The two sites are also clearly distinguished in Fig. 4 B, showing the rhodopsin ribbon diagram color coded by the RMSDs observed by the end of the second cycle, from red (least mobile) to blue (most mobile). It is interesting that, located separately from these two regions, one minimum is at Pro²³ near the soluble N-terminus. The Pro²³His mutation is associated with the most frequently occurring form of autosomal dominant retinitis pigmentosa, a hereditary progressive blinding disease (77). The pathogenicity of human mutant Pro²³His causing retinal degeneration was confirmed by transgenic mice strain experiments (78,79). The structural disruption in the EC domain of rhodopsin caused by the Pro²³His mutation results in severe

Hinge site near retinal participates in rhodopsin activation

The hinge site includes Ala¹²⁴ and Leu¹²⁵ on H3; Trp¹⁶¹ and Cys¹⁶⁷ on H4; Pro¹⁸⁰, Glu¹⁸¹, Ser¹⁸⁶, Cys¹⁸⁷, and Gly¹⁸⁸ on the β -strands at EL2; Met²⁰⁷, His²¹¹, and Phe²¹² on H5; Trp²⁶⁵ and Tyr²⁶⁸ on H6; and Tyr²⁹² and Ala²⁹⁵ on H7 (Fig. 5). This cluster includes residues located in the retinal binding pocket in the dark state, such as Trp²⁶⁵ and Tyr²⁶⁸, as well as residues that form new interactions to stabilize all-*trans* retinal in the structure reached by the end of our simulations (e.g., Cys¹⁶⁷; see below). Evidently, they would be very sensitive to conformational changes of retinal and hence critically important to coordinate the conformational changes necessary for the activation of rhodopsin.

Meta II stability of rhodopsin mutants is characterized by quantifying Meta II decay rates (81). This method has been useful to estimate the role of a given amino acid in the structure and function of the protein. We used our previously compiled extensive list for Meta II decay rates of rhodopsin mutants (58) to determine the effect of the hinge residues on Meta II stability. Meta II decay rates were investigated for 11 of the hinge residues, and it is noteworthy that all of them were found to affect the stability of Meta II. Five of the hinge res-



FIGURE 4 RMSD profile as a function of residue index, reached by the end of cycles 1 and 2 of the ANM-restrained MD protocol. (A) The RMSDs exhibit an overall increase between cycles 1 (red) and 2 (black), although the overall profile tends to maintain similar features. The helices (H1-H8) are indicated by gray bands. Residues that lie at the minima are labeled. Non-TM regions exhibit higher mobility in general, especially CL2 (between H3 and H4) and CL3 (between H5 and H6). (B) Ribbon diagram of rhodopsin color-coded according to the RMSD profile reached at the end of cycle 2. The color code is orange (smallest motions), yellow, green, blue (largest motions). The all-trans retinal is colored brown. Residues that exhibit the lowest RMSDs are clustered in two regions: around the chromophore, and in the CP portion of helices 1, 2, and 7. The CP ends of H3-H6, including loops CP2 and CP3, exhibit high RMSDs.

idues remain to be tested: Trp¹⁶¹ on H4, Pro¹⁸⁰ on EC2, Met²⁰⁷ and Phe²¹² on H5, and Tyr²⁶⁸ on H6. Along with the validated hinges, the residues are proposed to be critical for Meta II stability and good candidates for Meta II decay experiments.

Two members of this cluster, Cys^{187} and Cys^{110} , form a disulfide bridge, critical for folding and stability of rhodopsin (82). Mutation of both residues was also found to be associated with autosomal dominant retinitis pigmentosa (83,84), most probably caused by the destabilization of the opsin structure near the chromophore binding site in Meta II and the dark state of rhodopsin. Cys^{187} forms the deepest minimum in the second-cycle curve (Fig. 4, *black curve*). Its RMSD and position do not change between the first and second cycle. Cys^{110} is in the deepest minimum of the first-cycle curve. Although it is still one of the minima in the second cycle, its RMSD is slightly higher than that of the first cycle.

Water molecules hydrogen-bonded to highly conserved residues

There exists an extensive interhelical hydrogen-bond network between H1, H2, and H7. This network includes highly conserved residues in the GPCR family, including the interhelical N-D pair (Asn⁵⁵ on H1 and Asp⁸³ on H2). We also note that the NPXXY motif between Asn³⁰² and Tyr³⁰⁶ on H7 participates in this network of hydrogen bonds. These residues par-

ticipate in the low RMSD cluster (CP region) that we have presently identified. The interior of rhodopsin contains water molecules that mediate interhelical interactions, and it has been noted that these interactions could play critical roles in regulating the activity of GPCRs (85) and the spectral sensitivity in visual pigment (4). Present simulations reveal that two residues belonging to the NPXXY motif on H7, Asn³⁰² and Tyr³⁰⁶, are connected to H1 and H2 through water molecules located in the cavity between helices H1, H2, and H7. It is noteworthy that in the resulting conformation, Asn⁵⁵ (H1), Asp⁸³ (H2), and Asn³⁰² (H7) are hydrogen bonded to a central water molecule (Fig. 6 A); a second water molecule interacts closely with Thr⁶² (H1), Asn⁷³ (H2), and Tyr³⁰⁶ (H7) (Fig. 6 B). This second water molecule, already in contact with these residues in the x-ray structure (4), remains at the same position despite the implementation of 10 cycles of ANM restraints in MD simulations. Overall, ~ 20 water molecules are observed to span the helical bundle from the EC to the CP region and some exchange neighbors during the simulations; they mostly interact with H1-H4 and H7 residues.

Comparison of the initial and final structures

To visualize conformational changes of the helices and retinal, we have superimposed the initial and final structures in Fig. 7 *A*. The transparent and opaque ribbon diagrams cor-



FIGURE 5 Hinge residues in the vicinity of the chromophore viewed from the CP regions. These are residues distinguished by their high stability (low mobility) in Fig. 4 *A*. They include Cys¹⁶⁷ on H4, Ser¹⁸⁶ and Cys¹⁸⁷ on the β -sheet, Met²⁰⁷, His²¹¹, and Phe²¹² on H5, and Trp²⁶⁵ on H6. All-*trans* retinal is shown in orange.

respond to initial and final conformations, respectively. The largest conformational changes occur at loops CL2 and CL3 and at the C-terminal end (see the analysis of the CP ends of rhodopsin below). In contrast, loops connecting the helices at the EC region exhibit smaller displacements. Although the NT end does not display a regular secondary structure, the fingerlike shape of the projecting loop is maintained throughout the simulations. The lower mobilities of the EC loops and the NT end help to maintain the important interactions between the residues at these sites, such as those involving Tyr¹⁰² at EL1 and Pro²³ at the NT end. In both the initial and final structures, the retinal is in its all-trans conformation since the initial conformations are taken from the MD simulation right after the isomerization of the C11=C12 bond. Yet in the resulting structure, the chromophore assumes a more extended form (Fig. 7 B, red).

Rearrangements in chromophore binding pocket to accommodate all-*trans* retinal

The chromophore binding pocket is a densely packed region. Even small conformational changes in retinal would be sufficient to significantly affect the interactions in this region and violate the van der Waals volumes of interacting atoms. The isomerization of retinal and the accompanying flip of the β -ionone ring indeed cause steric clashes between the all*trans* retinal and surrounding residues (58). These clashes are relieved upon rearrangements in the positions and orientations of helices, which in turn induce a redistribution of



FIGURE 6 Coordination of water molecules that take part in the hydrogen-bond network between H1, H2, and H7. (*A* and *B*) Two water molecules were found to be connected to highly conserved residues throughout the simulations.

contacts in the chromophore binding pocket. We note in particular that the number of atom-atom contacts between Trp²⁶⁵ and all-*trans* retinal (calculated using a distance cutoff of 4.5 Å) is significantly lower than those made in the *cis* form. The β -ionone ring of 11-*cis* retinal in the dark state is approximately parallel to the aromatic ring of Trp²⁶⁵, such that many interatomic contacts are possible. In contrast, only one atom, C16, of all-*trans* retinal is in the vicinity of Trp²⁶⁵ (Fig. 7 *B*). Furthermore, Phe²⁶¹, Tyr²⁶⁸, and Ala²⁶⁹ on H6 make contacts with the β -ionone ring to stabilize 11-*cis* retinal in the dark state (not shown), whereas these contacts are lost in



FIGURE 7 Comparison of the dark state (initial) and the activated state (final) found from the simulations. (A) The resulting conformation (opaque) is superimposed on the initial conformation (transparent). (B) Redistribution of interactions in the neighborhood of the retinal. To clarify the change in the position of the β -ionone ring between the *cis* and *trans* conformations, retinal atoms 16 and 17 are labeled in both conformations. Initially, 11-cis retinal was in close contact with H6 residues such as Phe²⁶¹, Trp²⁶⁵, Tyr²⁶⁸, and Ala²⁶⁹. At the end of the simulations, the all-trans retinal made new atomic contacts including Cys167 on H4 and Phe203 on H5. The number of atom-atom contacts with Met²⁰⁷ and His²¹¹ increased, in agreement with cross-linking and NMR experiments (22,73). See text for more details.

the new structure. Instead, a new amino acid, Cys^{167} on H4, lines the chromophore binding pocket and interacts with atoms C3–C5 and C18 of the β -ionone ring of all-*trans* retinal. In addition, two residues on H5, Phe²⁰³ and His²¹¹, form new contacts with atoms C2–C4 and C18 of retinal. The number of contacts made by Met²⁰⁷ and Thr¹¹⁸ is larger in the resulting structure compared to those in the dark state. Changes in contacts of the polyene chain mostly occur at C20. In the dark state, C20 interacts with Trp²⁶⁵, Tyr²⁶⁸, and Ala²⁹². In the newly obtained structure, on the other hand, it interacts with Glu¹⁸¹, Ser¹⁸⁶, and Cys¹⁸⁷ on the β -strands, and with Tyr²⁶⁸ (H6) and Ala²⁹⁵ (H7).

Some of these results are confirmed by cross-linking experiments that used photoactivatable anologs of 11-*cis* retinal (25,86) and NMR experiments with ¹³C-labeled 11-*cis* retinal (87). In the dark state, 11-*cis* retinal cross-links to Trp²⁶⁵, whereas the all-*trans* retinal cross-links to Ala¹⁶⁹ instead of Trp²⁶⁵, consistent with the redistribution of contacts observed here. Further investigation by high-resolution solid-state NMR measurements also showed that Trp¹²⁶ and Trp²⁶⁵ interact more weakly with retinal in the active state (87). In addition, the NMR data showed that both the side chain of Glu¹²² and the backbone carbonyl of His²¹¹ are disrupted by the orientation of the β -ionone ring of all-*trans* retinal in Meta II (87). Patel and co-workers (87) further proposed that the contact of the ionone ring with H5 near His²¹¹ moves H5 to an active-state orientation.

The orientation and stereochemistry of retinal have been explored in several other computational and experimental studies (35–37,88–90). Solid-state ²H NMR spectroscopy has been used to study conformational changes of retinal after isomerization. Although these studies are carried out before helical rearrangements accompanying the activation of rho-

dopsin, they give information on the conformations of retinal in the chromophore binding pocket. They suggested the following values for the dihedral angle C5-C6-C7-C8: ± 15 , $\pm 28, \pm 32, \pm 57, \pm 96, \pm 116, \pm 155, \text{ and } \pm 158^{\circ}$. Addition of further constraints showed that the most probable dihedral angle is $-32 \pm 7^{\circ}$ (90,91). We have examined the distribution of the dihedral angle C5-C6-C7-C8 observed in this study. During the simulations starting from the structure taken at 212 ps after isomerization (all-trans conformer before the flip of the β -ionone ring (see Methods)), the dihedral angle shows a distribution centered around -40° with peaks around -42° and -34° . During the simulations starting from the structure taken at 495 ps after the isomerization, this dihedral was -170° initially and stabilized around -155° later in the simulations. It is interesting that the same pattern of structural changes was observed in all simulations of ANMrestrained MD. The interaction of the β -ionone ring with H6, which plays an important role in keeping rhodopsin in the inactive conformation, was lost and similar new interactions with H4 and H5 were established in both simulation systems. In particular, most of the interactions with Trp²⁶⁵ on H6 were lost. Cys¹⁶⁷ on H4 was in the vicinity of the β -ionone ring, interacting with the C3-C5 and C18 atoms, whereas Phe²⁰³ and His²¹¹ on H5 interacted with atoms C2-C4 and C18. Most differences between the simulations with two different conformations of retinal resided in the neighborhood of C16–C18 of the β -ionone ring. These atoms underwent the largest changes in their spatial positions as a function of the β -ionone-ring rotational angle. Although C18 was stabilized by Thr¹¹⁸, Cys¹⁶⁷, and Met²⁰⁷ in all simulations, the interatomic interactions were redistributed. In particular, C16 and C17 exchanged their interacting residues. During the simulations with the 495-ps starting structure, C16 was the only

atom interacting with Trp^{265} . In contrast, C17 was interacting with Trp^{265} , and C16 is further stabilized by Met^{207} and Phe^{208} during the simulation with the 212-ps starting structure.

Glu¹⁸¹ stabilizes both the dark and active states of rhodopsin

Various counterion switch models have been proposed in which new roles for Glu¹⁸¹ in the chromophore binding pocket have been introduced. First, based on ultravioletvisible and resonance Raman spectroscopic studies of rhodopsin mutants of Glu¹⁸¹, it was proposed that Glu¹⁸¹ is protonated (neutral) in the dark state and that the Schiff-base counterion would switch from Glu¹¹³ to Glu¹⁸¹ by a proton transfer (92). Hence, Glu¹⁸¹ would serve as the primary counterion until rhodopsin reached the active-state Meta II (before the deprotonation of the Schiff base). In this model, it was also suggested that Ser¹⁸⁶ and two water molecules could stabilize the molecule during the switch. Later, Fouriertransform infrared (FTIR) studies were used to detect the protonation states of the acidic residues Glu¹¹³ and Glu¹⁸¹ (93). In contrast to previous measurements, FTIR spectroscopic data were more consistent with a deprotonated (charged) Glu¹⁸¹ in the dark state, which did not change during structural transitions. In light of these findings, a refinement of the counterion switch model, in which both Glu¹¹³ and Glu¹⁸¹ participate in a complex counterion to the protonated Schiff base in Meta I, was proposed (93). Using FTIR spectroscopy, Vogel et al. (93) also suggested that the region around the protonated Schiff base and the adjacent H-bonded network including Glu¹¹³ and Glu¹⁸¹ could serve as an interface that allosterically links the conformational changes in one part of the protein to those in other parts. The authors also proposed that this hydrogen-bond network could be coupled to that between the H1, H2, and H7 helices. The release of the constraint between the Schiff base and the protein counterion allows the interaction between H1, H2, and H7 to decouple from others in the networks of hydrogen bonds. Our model strongly supports the allosteric role of the hinge residues (including Glu¹⁸¹) located at the chromophore binding site in communicating the local conformational changes to the CP region of rhodopsin.

We also note that during the simulations, Glu¹⁸¹ makes new interactions with retinal's polyene chain atoms closer to the Schiff base. The most flexible atom of the polyene chain, C20, which initially interacts with Trp²⁶⁵ and Tyr²⁶⁸, switches to a closer interaction with Glu¹⁸¹. In both our previous study (58) and the simulations described here, Glu¹⁸¹ is found to occupy hinge positions along with Ser¹⁸⁶, consistent with its key role in mediating the conformational changes required for activation. The mutants of Glu¹⁸¹, investigated by Meta II decay rate experiments (94), were shown in 15 of 20 cases to affect the Meta II decay rate, lending further support to the central role of Glu¹⁸¹.

Role of H3–H6 CP ends and loops CL2 and CL3 for G-protein binding and activation

To understand the conformational changes accompanying the activation of rhodopsin, extensive Cys scanning mutagenesis experiments were conducted in combination with site-directed spin labeling followed by electron paramagnetic resonance analysis of mobility, accessibility, spin-spin interactions, sulfhydryl reactivity, and disulfide cross-linking rates (10,13,95–102). Upon isomerization, the mobility of spin-labeled side chains at the buried surfaces of H1-H3, H6, and H7 were found to increase. Furthermore, experiments suggest that the CP ends of helices, especially H3, H5, and H6, need to be highly flexible to bind and activate the G-protein (10). Fig. 8 A shows the top view of rhodopsin, and Fig. 8 B the side view of helices close to the ERY motif. The final conformation reached (opaque) in the simulations described here is superimposed on the dark state (transparent). The motions of helices are indicated by arrows. The CP ends of H3-H6, and the connecting loops CL2 and CL3 at the CP region, are highly mobile, which is evident from their high RMSD values, in agreement with spin labeling and crosslinking experiments (10,25,86,100,103). The surface accessibility of the G-protein contact site near the ERY motif is found to increase during the simulations. The surface accessibilities of Glu¹³⁴, Arg¹³⁵, and Tyr¹³⁶ forming this motif increase from 41.9 Å² to 54 Å², from 23.5Å² to 33.3 Å², and from 57.9 Å² to 63.5 Å², respectively. The increased accessibility of Val²⁵⁰ and Thr²⁵¹ upon activation (95) and the changes in the spin-spin distances with respect to Val¹³⁹Cys (100) were attributed to the movement of H6 away from the helical bundle such that its interaction with H3 and H7 was weakened. We have previously shown that the first two global modes of ANM drive the relative rearrangements of helices H3-H6 (58); the simulations described here closely reproduce these modes at the CP ends of these helices. On the other hand, the CP ends of H1, H2, and H7 are at present found to closely maintain their dark-state structure (Fig. 8 A), consistent with the relatively smaller conformational changes observed experimentally in this region (96,97,101,104–107).

The largest RMSDs from the starting structure are found for the CP loop and the C-terminus, in both the simulations presented here and in our earlier ANM analysis (58), in agreement with the results from Grossfield et al. (44). The EC loops, on the other hand, show lower mobility, along with the N-terminus that maintains its fold throughout the simulations (Fig. 4). This suggests that retinal isomerization induces a larger conformational change in the CP region than the EC region. Note that the CP loops bind and activate the G-protein, and this higher mobility is consistent with the function of rhodopsin. The effect of retinal isomerization on the C-terminus is also consistent with the fact that the C-terminus contains two residues that are phosphorylated by rhodopsin kinase in Meta II, where arrestin binds to terminate the signal. On the other hand, the N-terminus should be less mobile for its



FIGURE 8 Comparison of the dark state (initial) and the resulting conformation of the CP end of the helical bundle (*A*) near the ERY motif (shown as sticks) on H3 (*B*). The transparent and opaque ribbon diagrams correspond to the initial and final conformations, respectively. Arrows indicate the displacements of the helices from the initial to the final conformation. Arrangements of H3–H6, along with loops CL2 and CL3, result in the exposure of the ERY motif on H3. The surface accessibility of the ERY motif residues Glu¹³⁴, Arg¹³⁵, and Tyr¹³⁶ increases from 41.9 Å² to 54 Å², from 23.5Å² to 33.3 Å², and from 57.9 Å² to 63.5 Å², respectively, between the initial and final conformations. Compared to the rest of the helical bundle, H1, H2, and H7 undergo relatively small fluctuations at the CP region.

role in the stability of the molecule (80). Considering the high fluctuations in the CP region and the associated nonlinear effects, we chose to take very conservative steps while perturbing the structure in each SMD run, and let the highly flexible loops and the C-terminus in this region relax during the energy minimization cycles. We note that the C-terminal conformation shows poor convergence in the 100-ns simulations conducted for the dark state of rhodopsin (44).

Refinements in the previous model inferred from simulations in this study

In our previous work (58), the side-chain conformations were generated by assuming that they accompany the backbone motion, and then, to correct for possible unrealistic distortions in bond length and bond angles, the conformations were subjected to a short energy minimization in vacuum (58). In this study, using ANM modes in SMD, we were able to generate conformations favored by a detailed atomic force field. Some residues identified in our previous work to act as global hinges maintained the same character here. These are all residues close to the chromophore: Ala^{124} and Ile^{125} on H3; Trp^{161} on H4; Phe²¹² on H5; and Pro¹⁸⁰ and Cys¹⁸⁷ on the β -sheet of the EC2. We also observed that the hinge site broadened in two directions, to include Cys^{167} on H4; Glu¹⁸¹ and Ser¹⁸⁶ on the β -sheet of the EC2; Met²⁰⁷ and His²¹¹ on H5; Trp²⁶⁵ and Tyr²⁶⁸ on H6; and Tyr²⁹² and Ala²⁹⁵ on H7. Previously, we detected steric clashes between Cys¹⁶⁷ and the C1, C2, and C16 atoms of all-trans retinal in the dark state. Here, this residue is in close contact with retinal and is positioned at the hinge region. The hinge residues at H1, H2, and H7 are relatively closer to the CP region, where two water molecules are found to further stabilize the hinge site. Inclusion of explicit water in our model thus contributed to refine the precise location of the global hinge region, as well as to identify a hydrogenbond network consolidated by water molecules. The conserved N-D pair (Asn⁵⁵ and Asp⁸³) also takes part in this network and is connected to Asn³⁰² through a bridging water molecule.

Stability of the conformations obtained by simulations

To test the stability of the final rhodopsin conformation attained by our simulations, the final structure was subjected to two independent 5-ns unrestrained MD simulations. The protein exhibited an RMSD of only 1.75 Å from the starting conformation (i.e., the end structure obtained by our ANMrestrained MD). We did not include the C-terminus in these RMSD calculations, since this end of the molecule is highly flexible, as also pointed out previously (44). The critical interactions derived from the ANM-restrained MD simulations were confirmed to be stable, as illustrated in Fig. 9 (see Figs. 2S and 3S in the Supplementary Material, Data S1, for the relevant RMSD profiles). By the end of the unrestrained MD, Cys¹⁶⁷ on H4 and Phe²⁰³ on H5 continued to be part of the chromophore binding site. The stronger interactions with H5



FIGURE 9 Stability of the chromophore binding pocket. The figure compares the end structure of the ANM-restrained MD (*green*) and that after an additional 5 ns unrestrained MD (*cyan*). The critical residues whose interactions with the chromophore were lost during the ANM-restrained MD simulations are labeled in red. Those residues that started to stabilize the chromophore during the ANM-restrained MD simulations are labeled black. These critical interactions are all maintained during the 5-ns unrestrained MD simulations.

observed during ANM-restrained MD remained unchanged. NMR data shows that both the side chain of Glu¹²² and the backbone carbonyl of His²¹¹ are disrupted by the reorientation of the β -ionone ring of all-*trans* retinal in the Meta II state (87). These residues exhibited new interactions during the ANM-restrained MD simulations, which were retained during the unrestrained MD simulations. There were a number of interactions between the residues that stabilize the chromophore binding pocket in the dark state, which were lost during the ANM-restrained MD simulations and not restored in the unrestrained MD runs. These interactions mainly involved residues from H6, such as Trp²⁶⁵ and Ala²⁶⁹, consistent with previous cross-linking (25,86) and NMR experiments (87). These analyses suggest that the structure reached by the end of ANM-restrained MD is stable, especially near the chromophore binding pocket, whereas the C-terminus and the CP loops are very flexible and sample different conformations during the unrestrained MD.

CONCLUSION

In this study, we took advantage of the normal modes generated by the ANM to sample global conformational changes during MD simulations of rhodopsin. A major advantage of adopting such an ANM-restrained MD protocol is the ability to observe the global cooperative changes in full atomic detail in the presence of explicit water and membrane. SMD implements a force, or acceleration, along predefined directions. In this study, we take advantage of normal modes calculated for rhodopsin to identify the directions along which SMD forces will act, i.e., we "bias" the system along its inherent motions as calculated by the ANM analysis. Not knowing the conformation of the end point (activated state), we limited the structural changes to within 3.5 Å RMSD in backbone coordinates from the original state, using the most robust modes of motion, which have been updated as the structure was reconfigured.

We note that our simulations were performed at physiological temperature, i.e., there was no need to activate transitions using high temperatures, which is another advantage of adopting ANM restraints. Furthermore, ANM does not necessitate the generation of a trajectory, in contrast to ED analysis, or optimal superimposition of appropriate domains before PCA (108,109). Consequently, ANM restraints are not affected by convergence or inadequate sampling problems that may affect PCA-based analyses of MD trajectories (57). Knowledge of one (equilibrium) structure is sufficient to predict the most likely (lowest-energy ascent) directions of deformations (as the slowest modes) away from that local minimum. However, a limitation is the lack of knowledge of the size of motions, which are now being defined by the force fields that control the MD simulations and energy minimization steps. We note that our ANM-steered MD simulations can be readily extended to explore a larger portion of the conformational energy space in the neighborhood of the starting conformation, and sample multiple local minima. We have terminated here our runs after 10 cycles in view of the favorable comparison with experimental data on site-directed spin labeling, sulfhydryl reactivity, and disulfide cross-linking (10,12,13) observed at this stage.

Finally, the method explored here is easily implemented using the ANM modes in Nanoscale Molecular Dynamics (NAMD) (110). We have recently developed a fully automated server that releases these modes for any Protein Data Bank structure with known C^{α} coordinates (or any model submitted as query in Protein Data Bank format) (75,111). The incorporation of ANM restraints in MD packages such as NAMD is straightforward and flexible. In future work, ANM-restrained MD can be implemented as an option in NAMD or relevant MD software packages.

Although a wide range of information on both the dark and active states of rhodopsin exists, the details of the activation mechanism remain unclear. Here, we gained insights about the global motions that cooperatively propagate the local motions in the neighborhood of the isomerizing chromophore to the G-protein binding sites on the CP surface. Two global hinge centers have been identified that ensure this functional communication between distant positions. The first contains specific residues on H3–H6 that directly sense the local conformational changes induced by retinal isomerization. Some of these residues stabilize 11-*cis* retinal in the dark state (e.g., Trp²⁶⁵ and Tyr²⁶⁸ on H6), whereas others interact with all-*trans* retinal in the resulting structure (e.g., Cys¹⁶⁷, Met²⁰⁷, and His²¹¹). In particular, the new contact found between Cys¹⁶⁷ on H4 and all-*trans* retinal support findings from our previous study showing the significant effect of the Cys¹⁶⁷Ser mutation on the Meta II decay rate (58). The second hinge, on the other hand, is located close to the CP end of helices H1, H2, and H7, and includes the NPXXY motif.

In the dark state, H6 is highly constrained by 11-cis retinal. The aromatic ring of Trp²⁶⁵ makes several contacts with the β -ionone ring. Isomerization to the *trans* form releases the constraints imposed on H6. In contrast, H4 and H5 form new contacts, and those made with H3 residues are redistributed. To accommodate these alterations in the chromophore binding site, H3-H6 undergo conformational changes that manifest themselves mainly at the CP ends of the helices. The local rearrangements of these helices near the chromophore binding packet efficiently propagate to these distal points due to the tight packing at the retinal-binding pocket, and the internal rigidity (like a moment arm) of helices. The enhanced ability of secondary structural elements-including, in particular, helices-to efficiently transmit signals to distant loci was pointed out in a recent study (112). It is interesting that some residues in the chromophore binding area (e.g., a disulfide bridge, Cys¹¹⁰-Cys¹⁸⁷) are particularly rigid, as evidenced by their minimal RMSD by the end of our runs. The motions are even accentuated at the CP loops connecting helices H3-H6, leading to the exposure of the ERY motif crucial for G-protein binding (Fig. 4). It is worthy of note that in the activated structure, water molecules span the TM domain from the EC to the CP region. In addition to those detected by x-ray crystallography, new water molecules are located in the vicinity of highly conserved residues such as those in the cavity between Asn^{55} , Asp^{83} , and Asn^{302} (Fig. 6 A).

SUPPLEMENTARY MATERIAL

To view all of the supplemental files associated with this article, visit www.biophysj.org.

Part of this work was completed during the visit of Dr. Isin to the Theoretical and Computational Biophysics (TCB) Group, University of Illinois at Urbana-Champaign. Dr. Isin thanks all members of TCB group, especially J. C. Gumbart, Barry Isralewitz, and Chakra Chennubhotla (University of Pittsburgh) for useful discussions. We thank Judith Klein-Seetharaman (Department of Structural Biology, University of Pittsburgh) for helpful discussions throughout the course of this work and for critical reading of the manuscript.

Support from National Institutes of Health grants 5R33GM068400 (I.B.) and P41RR05969 and R01GM067887 (K.S. and E.T.) is gratefully acknowledged.

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