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# EFFECT AND METABOLISM OF $1\alpha$ , 24-DIHYDROXYVITAMIN D<sub>3</sub> IN HEPATECTOMIZED RATS

Hiroyuki KAWASHIMA\*<sup>+</sup>, Kenji HOSHINA\*, Noriyuki SAITOH\*, Yoshinobu HASHIMOTO\*, Sachio ISHIMOTO\*, Teruhisa NOGUCHI\* and Hajime ORIMO\*\*

\*Teijin Institute for Biomedical Research, 4-3-2 Asahigaoka, Hino, Tokyo 191, Japan, and \*\*Section of Endocrinology, Tokyo Metropolitan Geriatric Hospital, Sakae-cho, Itabashi-ku, Tokyo 173, Japan

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### 1. Introduction

It is well established that vitamin  $D_3$  undergoes metabolic conversion before exerting its biological effects [1-3]. The liver produces 25-hydroxyvitamin  $D_3$  (25-OH- $D_3$ ), which the kidney then converts to 1 $\alpha$ ,25-dihydroxyvitamin  $D_3$  (1 $\alpha$ ,25-(OH)<sub>2</sub>- $D_3$ ) and 24,25-dihydroxyvitamin  $D_3$  (24,25-(OH)<sub>2</sub>- $D_3$ ). The bulk of experimental evidence suggests that 1 $\alpha$ ,25-(OH)<sub>2</sub>- $D_3$  is a major hormonally active form of vitamin  $D_3$ , responsible for increasing intestinal absorption of calcium and phosphorus, enhancing bone resorption, and preventing rickets [1-3].

In contrast, the role of 24-hydroxylation and functions of the resulting metabolites remain still obscure. In a previous report, we demonstrated that  $1\alpha$ ,24dihydroxyvitamin D<sub>3</sub> ( $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub>), a synthetic analog of  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub>, has a potent activity in

Abbreviations:  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub>,  $1\alpha$ ,24-dihydroxyvitamin D<sub>3</sub>;  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub>,  $1\alpha$ ,24(R)-dihydroxyvitamin D<sub>3</sub>;  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub>,  $1\alpha$ ,25-dihydroxyvitamin D<sub>3</sub>;  $1\alpha$ ,24,25-(OH)<sub>3</sub>-D<sub>3</sub>,  $1\alpha$ ,24,25-trihydroxyvitamin D<sub>3</sub>;  $1\alpha$ ,24(R),25-(OH)<sub>3</sub>-D<sub>3</sub>,  $1\alpha$ ,24(R),25-trihydroxyvitamin D<sub>3</sub>;  $1\alpha$ -OH-D<sub>3</sub>,  $1\alpha$ -hydroxyvitamin D<sub>3</sub>; 24,25-(OH)<sub>2</sub>-D<sub>3</sub>, 24,25-dihydroxyvitamin D<sub>3</sub>; 24(S)-<sup>3</sup>H- $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub>, 24(S)-<sup>3</sup>H- $1\alpha$ ,24(R)dihydroxyvitamin D<sub>3</sub>; <sup>3</sup>H- $1\alpha$ ,24(R),25-(OH)<sub>3</sub>-D<sub>3</sub>, <sup>3</sup>H- $1\alpha$ ,24(R),25-trihydroxyvitamin D<sub>3</sub>

\* Present address: Hormone Research Laboratory, Departmentof Pathology, University of Miami School of Medicine, P.O. Box 016960 Miami, FL 33101, USA

This is the second report on the Biological Activity of  $1\alpha$ ,24-Dihydroxyvitamin D<sub>a</sub> stimulating intestinal calcium absorption and calcium mobilization from bone, and in curing rickets, and also suggested the possibility that  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub> might act without being further metabolized [4]. To examine this, we studied biological activity and metabolism of  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub> in hepatectomized rats and compared the activity with that of  $1\alpha$ ,24,25trihydroxyvitamin D<sub>3</sub> ( $1\alpha$ ,24,25-(OH)<sub>3</sub>-D<sub>3</sub>) which is a metabolite of  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub>. We describe here the biological activity and metabolism of the *R*-isomer of  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub> ( $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub>) only, since the both isomers (*R*- and *S*-isomer) have shown no qualitatively different effects in rats except for the shorter duration of action of the *S*-isomer which might be due to its susceptibility to metabolism [4,5].

# 2. Materials and methods

Male Wistar rats, either normal or vitamin-Ddeficient [4], were used. Groups of five rats, which are either intact or hepatectomized, received vitamin  $D_3$  analogs intraperitoneally (in 95% ethanol) or orally (in corn oil). Rats were killed at the predetermined time after drug administration and intestinal calcium absorption and serum calcium concentration were measured. Intestinal calcium absorption assay was performed by the everted gut sac method [4] and calcium concentration was determined by the orthocresolphthalein complexone method [6]. To examine biological activity of vitamin  $D_3$  analogs in hepatectomized rats, male Wistar rats fed a normal diet were used, since the vitamin-D-deficient rats were not so strong as to survive several hours after the surgery. Hepatectomy was performed under ether anesthesia removing about 95% of the liver after ligation as near as possible to the blanchings of blood vessels which come into or out of the liver.

To examine metabolism of  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub>, 24(S)-<sup>3</sup>H-1α,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> (3.0 Ci/mmol) was orally administered (in saline containing 0.1% Triton X-100, 1  $\mu$ g/head) to either intact or hepatectomized vitamin-D-deficient rats. After 4 h (vitamin-D-deficient rats could not survive longer than 4 h after the surgery) rats were killed by bleeding from abdominal aorta. Plasma was extracted by chloroform-methanol (1/1, v/v) and chloroform layer was applied to Sephadex LH-20 column chromatography. Elution was performed by chloroform-n-hexane-methanol (75/23/2, v/v/v) and radioactivity of each fraction (3.5 ml each) was measured by liquid scintillation counter (Model 3330, Packard). The <sup>3</sup>H-1a,24(R),25- $(OH)_3$ -D<sub>3</sub> fractions were also applied to high pressure liquid chromatography (Hitachi, Model 635; column: Zorbax Sil, Du Pont) comparing with authentic sample.

 $1\alpha,24(R)-(OH)_2-D_3, 24(S)-^{3}H-1\alpha,24(R)-(OH)_2-D_3, 1\alpha,24(R),25-(OH)_3-D_3 and 1\alpha-OH-D_3 were chemically synthesized, and <sup>3</sup>H-1\alpha,24(R),25-(OH)_3-D_3 was obtained by the enzymatic conversion with chick kidney homogenates [1].$ 

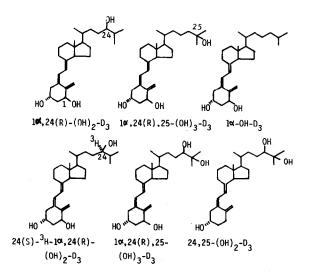


Fig.1. Chemical structures of vitamin D<sub>3</sub> analogs.

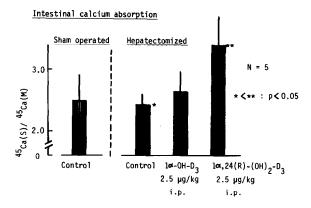


Fig.2. Effects of  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> and  $1\alpha$ -OH-D<sub>3</sub> on intestinal calcium absorption in hepatectomized rats.

#### 3. Results and discussion

First, biological activity of  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> and  $1\alpha$ -OH-D<sub>3</sub> were examined. In hepatectomized rats, 2.5  $\mu$ g/kg of  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> stimulated intestinal calcium absorption at 8 h after the administration, while  $1\alpha$ -OH-D<sub>3</sub> showed no effect (fig.2). These sterols showed almost equipotent effect in stimulating both intestinal calcium absorption and calcium mobilization from bone in intact rats [4,5].

Second, metabolism of  ${}^{3}H-1\alpha,24(R)-(OH)_{2}-D_{3}$ was studied both in intact and hepatectomized rats. Sephadex LH-20 column chromatograms of lipid extracts of rat plasma demonstrate that  ${}^{3}H-1\alpha,24(R)$ .  $(OH)_{2}-D_{3}$  was partly metabolized to  ${}^{3}H-1\alpha,24(R)$ ,  $25-(OH)_{3}-D_{3}$  in intact rats, while no  ${}^{3}H-1\alpha,24(R),25-(OH)_{3}-D_{3}$  was found in hepatectomized rats (fig.3). The  ${}^{3}H-1\alpha,24(R),25-(OH)_{3}-D_{3}$  fraction coincided with authentic  $1\alpha,24(R),25-(OH)_{3}-D_{3}$  on the chromatogram of high pressure liquid chromatography [5]. Similar results were obtained in lipid extracts of small intestine and liver (data is not shown).

These results clearly indicate that  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> functions without being further metabolized and that the liver has a major role, if not all, in the 25-hydroxylation of vitamin D as previously reported by others [8], although other organs such as small intestine have been known to have a similar function of 25-hydroxylation in chicks [9]. The fact that  $1\alpha$ -OH-D<sub>3</sub> did not stimulate intestinal calcium absorption in hepatectomized rats is correspondent to its low affinity to the intestinal receptor for  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> [1-3].

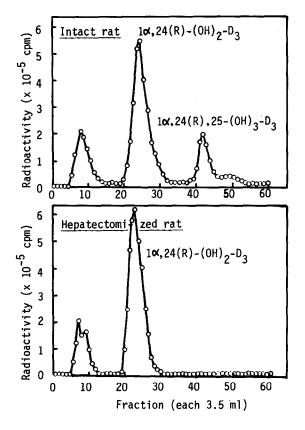


Fig.3. Sephadex LH-20 column chromatograms of lipid extracts of rat plasma after oral administration of  ${}^{3}\text{H-1}\alpha,24(\text{R})-(\text{OH})_{2}-\text{D}_{3}$ .

Third, it was shown that  $1\alpha,24(R)-(OH)_2-D_3$  is more potent than  $1\alpha,24(R),25-(OH)_3-D_3$  in stimulating both intestinal calcium absorption and calcium mobilization from bone in vitamin-D-deficient rats (fig.4), the latter is also one of the naturally occurring metabolites of vitamin  $D_3$ .

Our results strongly suggest that 24-hydroxyl is a good substitute for 25-hydroxyl concerning the wellknown biological functions of  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> as far as the sterol has a hydroxyl on its C-1 position, and that 24-hydroxylation may not always be the reduction of the biological activity of the sterol. Although it is clear that  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub> is a potent bioisomer of  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub> as described, the characterization of its effect, especially the difference from that of  $1\alpha$ ,25-(OH)<sub>2</sub>-D<sub>3</sub>, if any, remains a problem of future investigation. Recent studies on the biological func-

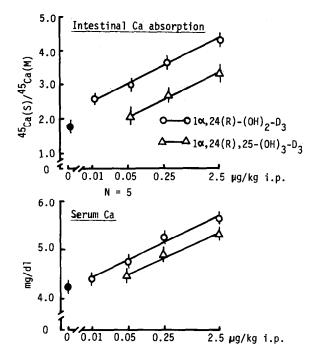


Fig.4. Effects of  $1\alpha$ ,24(R)-(OH)<sub>2</sub>-D<sub>3</sub> and  $1\alpha$ ,24(R),25-(OH)<sub>3</sub>-D<sub>3</sub> on intestinal calcium absorption and calcium mobilization from bone in vitamin-D-deficient rats.

tion of  $24,25-(OH)_2-D_3$  suggest that this metabolite has some important roles [9–13].

Considering these reports and our results mentioned above, further investigation on the biological activity and metabolism of  $1\alpha$ ,24-(OH)<sub>2</sub>-D<sub>3</sub> may provide fruitful insight into the physiological role of 24hydroxylation and the biological activities of the resulting metabolites.

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