# Catalan and Apéry numbers in residue classes 

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#### Abstract

We estimate character sums with Catalan numbers and middle binomial coefficients modulo a prime $p$. We use this bound to show that the first at most $p^{13 / 2}(\log p)^{6}$ elements of each sequence already fall in all residue classes modulo every sufficiently large $p$, which improves the previously known result requiring $p^{O(p)}$ elements. We also study, using a different technique, similar questions for sequences satisfying polynomial recurrence relations like the Apéry numbers. We show that such sequences form a finite additive basis modulo $p$ for every sufficiently large prime $p$.


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## 1. Introduction

Let $p$ be an odd prime. In this paper, we study the distribution modulo $p$ of middle binomial coefficients

$$
b_{n}=\binom{2 n}{n}, \quad n=0,1, \ldots
$$

and Catalan numbers

$$
c_{n}=\frac{1}{n+1}\binom{2 n}{n}, \quad n=0,1, \ldots,
$$

where as usual we define $0!=1$.

[^0]We estimate the number of solutions of certain congruences with middle binomial coefficients and Catalan numbers. In particular, we show that both $b_{n}$ and $c_{n}$ take on all residue classes modulo a sufficiently large $p$.

These results are used to estimate, both "individually" and "on average", character sums

$$
\begin{aligned}
& S(\chi ; H, N)=\sum_{n=H+1}^{H+N} \chi\left(b_{n}\right), \\
& T(\chi ; H, N)=\sum_{n=H+1}^{H+N} \chi\left(c_{n}\right),
\end{aligned}
$$

where $\chi$ is a multiplicative character of $\mathbb{F}_{p}$.
The method we use is similar to that of $[8,9]$ to estimate character and exponential sums with $n!$. Accordingly, our bounds look very similar. However, using the Lucas theorem

$$
\begin{equation*}
b_{n} \equiv \prod_{i=0}^{m-1} b_{t_{i}}(\bmod p) \tag{1}
\end{equation*}
$$

where $n=t_{0}+\cdots+t_{m-1} p^{m-1}$ is the $p$-ary representation of $n$, we are able to get some results for $b_{n}$ and $c_{n}$ that are not known for $n!$ and are in fact not even likely to be true for $n!$. In particular, it is shown in [1] that for infinitely many primes $p$, at least $(\log \log p)^{1+o(1)}$ residue classes modulo $p$ are not represented by $n!(\bmod p)$ and it is conjectured in Section $\mathbf{F 1 1}$ in [11] that about $p / e$ residue classes are missing among the values $n!(\bmod p)$. Here, we show that each of the sequences $b_{n}$ and $c_{n}$ covers all residue classes modulo $p$ even with $n \leqslant p^{13 / 2}(\log p)^{6}$. This substantially improves the previously known result of Berend and Harmse [2] where the same statement is shown for integers $n \leqslant p^{m}$ with $m$ of order $p$.

Our proof also implies that for $1 \leqslant n \leqslant p^{7}$, the values of $b_{n}$ and $c_{n}$ fall in each nonzero residue class modulo $p$ asymptotically the same number of times, namely $\left(2^{-7}+o(1)\right) p^{6}$ times.

We also study the number of distinct residue classes modulo $p$ of a polynomially recurrence sequence ( $\mathbf{P R}$-sequence for short). Recall that a $\mathbf{P R}$-sequence $\left(u_{n}\right)_{n} \geqslant 0$ is a sequence of integers such that there exist a positive integer $\ell$ and $\ell+1$ polynomials $f_{i}(X) \in \mathbb{Z}[X]$ for $i=0, \ldots, \ell$, not all zero, such that the recurrence relation

$$
\begin{equation*}
\sum_{i=0}^{\ell} f_{i}(n) u_{n+\ell-i}=0 \tag{2}
\end{equation*}
$$

holds for all $n \geqslant 0$. We also say that $\left(u_{n}\right)_{n} \geqslant 0$ is a PR-sequence of type $(\ell, d)$ if it satisfies Eq. (2) with

$$
\max \left\{\operatorname{deg} f_{i}: i=0, \ldots, \ell\right\} \leqslant d
$$

We show that if $\left(u_{n}\right)_{n} \geqslant 0$ is a PR-sequence of type $(\ell, d)$ which is not a linear recurrence sequence for all sufficiently large $n$, then for any large prime $p$ the number of residue classes modulo $p$ represented by $\left(u_{n}\right)_{n} \geqslant 0$ exceeds $c p^{\beta}$, where $c>0$ is a constant depending on the sequence and $\beta>0$ is a constant depending only on $\ell$ and $d$.

We say that $\left(u_{n}\right)_{n} \geqslant 0$ has the Lucas property if for every prime $p$,

$$
\begin{equation*}
u_{n} \equiv \prod_{i=0}^{m-1} u_{t_{i}}(\bmod p) \tag{3}
\end{equation*}
$$

where

$$
n=t_{0}+\cdots+t_{m-1} p^{m-1}, \quad 0 \leqslant t_{0}, \ldots, t_{m-1} \leqslant p-1
$$

is the $p$-ary representation of $n$.
If $\left(u_{n}\right)_{n} \geqslant 0$ is a PR-sequence (which does not eventually become a linear recurrence sequence) which has the Lucas property, then we combine the above bound on the value set of $\left(u_{n}\right)_{n} \geqslant 0$ modulo $p$ with the ingenious result of Bourgain et al. [3] to study a variant of the Waring problem modulo $p$ for this sequence. We also show that these residue classes modulo $p$ represented by $\left(u_{n}\right)_{n \geqslant 0}$ are in some sense "densely" distributed.

In particular, we apply our results to study power sums of binomial coefficients

$$
b_{v, n}=\sum_{k=0}^{n}\binom{n}{k}^{v}, \quad n=0,1, \ldots
$$

where $v \geqslant 2$ is a fixed positive integer, as well as to the Apéry numbers

$$
a_{n}=\sum_{k=0}^{n}\binom{n}{k}^{2}\binom{n+k}{k}^{2}, \quad n=0,1, \ldots
$$

in residue classes modulo $p$. Note that $b_{2, n}=b_{n}$, so in a sense the study of the numbers $b_{v, n}$ modulo $p$ may be seen as an extension of the study of the numbers $b_{n}$ modulo $p$. We recall that both $\left(a_{n}\right)_{n} \geqslant 0$ and power sums of binomial coefficients $\left(b_{v, n}\right)_{n \geqslant 0}$ have the Lucas property. Indeed, for the case of the Apéry sequence this is shown in [10]. For the sequence of binomial coefficients $\left(b_{v, n}\right)_{n \geqslant 0}$ this can easily be verified by using a more general form of (1), namely

$$
\begin{equation*}
\binom{n}{k} \equiv \prod_{i=0}^{m-1}\binom{t_{i}}{s_{i}}(\bmod p) \tag{4}
\end{equation*}
$$

where $n=t_{0}+\cdots+t_{m-1} p^{m-1}$ and $k=s_{0}+\cdots+s_{m-1} p^{m-1}$ are the $p$-ary representations of $n$ and $k$ (here, we assume that $m$ is large enough so that the above representations hold; in particular, one of $t_{m-1}$ or $s_{m-1}$ may be zero). It can also be derived from the more general Theorem 3 of McIntosh [15].

Furthermore, $\left(a_{n}\right)_{n \geqslant 0}$ satisfies the recurrence

$$
\begin{equation*}
a_{n} n^{3}-a_{n-1}\left(34 n^{3}-51 n^{2}+27 n-5\right)+a_{n-2}(n-1)^{3}=0 \tag{5}
\end{equation*}
$$

for every $n=2,3, \ldots$, with the initial values $a_{0}=1, a_{1}=5$. It is known that for a fixed $v$ the sequence $\left(b_{v, n}\right)_{n} \geqslant 0$ satisfies a recurrence of the form (2) with $\ell=\lfloor(v+1) / 2\rfloor$ (see $\left.[6,17]\right)$. Unfortunately, no upper bound $d$ for the degrees of the polynomials $f_{i}(X)$ for $i=0, \ldots, \ell$ has ever been worked out specifically, although it may be possible to deduce it by a closer examination of the proofs in $[6,17]$.

Our results apply also to the case when the sequence $b_{v, n}$ is replaced by

$$
\widetilde{b}_{v, n}=\sum_{k=-n}^{n}(-1)^{k}\binom{2 n}{n+k}^{v}
$$

again for a fixed $v \geqslant 2$, as this sequence is both $\mathbf{P R}$ by the results from [14], and Lucas by the results from [15].

Throughout the paper, the implied constants in symbols ' $O$ ', '<<' and ' $>$ ' may occasionally, where obvious, depend on some integer parameters $m, r, s$ and $v$ and also on the particular sequence under consideration and are absolute otherwise. We recall that $U \ll V, V \gg U$ and $U=O(V)$ are all equivalent to the inequality $|U| \leqslant c V$ with some constant $c>0$.

## 2. Catalan numbers

### 2.1. Bounds of character sums

Let $\mathcal{X}$ denote the set of multiplicative characters of the multiplicative group $\mathbb{F}_{p}^{*}$ and let $\mathcal{X}^{*}=$ $\mathcal{X} \backslash\left\{\chi_{0}\right\}$ be the set of nonprincipal characters.

We start with estimating individual sums. It is clear that $b_{n} c_{n} \not \equiv 0(\bmod p)$ for $0 \leqslant n<p / 2$, so we start with estimating character sums over this interval.

Theorem 1. Let $H$ and $N$ be integers with $0 \leqslant H<H+N<p / 2$. Then the following bound holds:

$$
\max _{\chi \in \mathcal{X}^{*}}\{|S(\chi ; H, N)|,|T(\chi ; H, N)|\} \ll N^{3 / 4} p^{1 / 8}(\log p)^{1 / 4} .
$$

Proof. For any integer $k \geqslant 0$, we have

$$
S(\chi ; H, N)=\sum_{n=H+1}^{H+N} \chi\left(b_{n+k}\right)+O(k) .
$$

Therefore, for any integer $K$ with $1 \leqslant K<p / 2$, we have

$$
\begin{equation*}
S(\chi, H, N)=\frac{1}{K} W+O(K) \tag{6}
\end{equation*}
$$

where

$$
\begin{aligned}
W & =\sum_{k=0}^{K-1} \sum_{n=H+1}^{H+N} \chi\left(b_{n+k}\right)=\sum_{n=H+1}^{H+N} \sum_{k=0}^{K-1} \chi\left(2^{k} b_{n} \prod_{i=1}^{k} \frac{2 n+2 i-1}{n+i}\right) \\
& =\sum_{n=H+1}^{H+N} \chi\left(b_{n}\right) \sum_{k=0}^{K-1} \chi\left(2^{k} \prod_{i=1}^{k} \frac{2 n+2 i-1}{n+i}\right)
\end{aligned}
$$

(note that $1 \leqslant H+1<H+N+K<p$ so the above product is well-defined modulo $p$ ).
We recall that $|z|^{2}=z \bar{z}$ for any complex number $z$, and that $\bar{\chi}(a)=\chi\left(a^{-1}\right)$ holds for every integer $a \not \equiv 0(\bmod p)$, where $\bar{\chi}$ is the conjugate character of $\chi$. Therefore, applying the Cauchy inequality, we derive

$$
\begin{align*}
|W|^{2} & \leqslant N \sum_{n=H+1}^{H+N}\left|\sum_{k=0}^{K-1} \chi\left(2^{k} \prod_{i=1}^{k} \frac{2 n+2 i-1}{n+i}\right)\right|^{2} \\
& =N \sum_{k, m=0}^{K-1} \sum_{n=H+1}^{H+N} \chi\left(\Psi_{k, m}(n)\right), \tag{7}
\end{align*}
$$

where

$$
\begin{equation*}
\Psi_{k, m}(X)=2^{k-m} \prod_{i=1}^{k} \frac{2 X+2 i-1}{X+i} \prod_{j=1}^{m} \frac{X+j}{2 X+2 j-1} \tag{8}
\end{equation*}
$$

and $\Sigma^{*}$ means that the poles of $\Psi_{k, m}(X)$ are excluded from the summation.
Clearly, if $K<p$ then, unless $k=m$, the rational function $\Psi_{k, m}(X)$, has at least one simple root or pole, and thus is not a power of any other rational function modulo $p$.

For the $O(K)$ choices of $0 \leqslant k=m \leqslant K-1$, we estimate the sum over $n$ trivially as $N$.
For the other $O\left(K^{2}\right)$ choices of $0 \leqslant k, m \leqslant K-1$, using the Weil bound given in Example 12 of Appendix 5 of [18] (see also [12, Theorem 3 of Chapter 6], or [13, Theorem 5.41 and the comments to Chapter 5]), we see that, because $\chi \in \mathcal{X}^{*}$,

$$
\sum_{n=0}^{p-1} \chi\left(\Psi_{k, m}(n)\right) \mathbf{e}(n)=O\left(K p^{1 / 2}\right)
$$

where $\mathbf{e}(z)=\exp (2 \pi ı z / p)$ with $l=\sqrt{-1}$, and as before $\Sigma^{*}$ means that the poles of $\Psi_{k, m}(X)$ are excluded from the summation. Therefore, by the standard reduction of incomplete sums to complete ones (see [5]), we deduce

$$
\sum_{n=H+1}^{H+N}{ }^{*} \chi\left(\Psi_{k, m}(n)\right)=O\left(K p^{1 / 2} \log p\right)
$$

Putting everything together, we get

$$
|W|^{2} \ll N\left(K N+K^{3} p^{1 / 2} \log p\right)
$$

Therefore, by (6), we derive

$$
S(\chi, H, N) \ll N K^{-1 / 2}+K^{1 / 2} N^{1 / 2} p^{1 / 4}(\log p)^{1 / 2}+K
$$

Taking $K=\left\lfloor N^{1 / 2} p^{-1 / 4}(\log p)^{-1 / 2}\right\rfloor$, we obtain the desired bound for the sums $S(\chi, H, N)$.
The sums $T(\chi, H, N)$ can be estimated completely analogously.
We remark that it trivially follows from (7) that

$$
|W|^{2} \leqslant N \sum_{n=0}^{p-K}\left|\sum_{k=0}^{K-1} \chi\left(2^{k} \prod_{i=1}^{k} \frac{2 n+2 i-1}{n+i}\right)\right|^{2}
$$

Hence, we apply the Weil bound for complete sums which leads us to the estimate

$$
\sum_{n=0}^{p-K} \chi\left(\Psi_{k, m}(n)\right)=\sum_{n=0}^{p-1} \chi\left(\Psi_{k, m}(n)\right)+O(K)=O\left(K p^{1 / 2}\right)
$$

which in turn yields the bound

$$
|W|^{2} \ll N\left(K p+K^{3} p^{1 / 2}\right)
$$

Taking $K=\left\lfloor N^{1 / 2} p^{-1 / 4}\right\rfloor$, we derive

$$
\begin{equation*}
\max _{\chi \in \mathcal{X}^{*}}\{|S(\chi ; H, N)|,|T(\chi ; H, N)|\} \ll p^{7 / 8} \tag{9}
\end{equation*}
$$

which is a little better than the bound of Theorem 1 when $N$ is of order close to $p$.
We also need some estimates "on average".
Theorem 2. Let $H$ and $N$ be integers with $0 \leqslant H<H+N<p / 2$. For any integer $v \geqslant 1$ the following bound holds:

$$
\max \left\{\sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2 v}, \sum_{\chi \in \mathcal{X}}|T(\chi, H, N)|^{2 v}\right\} \ll p N^{2 v-1+2^{-v}} .
$$

Proof. We recall the identity

$$
\sum_{\chi \in \mathcal{X}} \chi(u)= \begin{cases}0 & \text { if } u \not \equiv 1(\bmod p)  \tag{10}\\ p-1 & \text { if } u \equiv 1(\bmod p)\end{cases}
$$

We remark that, by (10), we have

$$
\sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2 v}=(p-1) I_{v}(H, N),
$$

where $I_{v}(H, N)$ is the number of solutions to the congruence

$$
\prod_{i=1}^{v} b_{n_{i}} \equiv \prod_{i=v+1}^{2 v} b_{n_{i}}(\bmod p), \quad H+1 \leqslant n_{1}, \ldots, n_{2 v} \leqslant H+N .
$$

We prove by induction on $v$ that

$$
I_{v}(H, N) \ll N^{2 v-1+2^{-v}}
$$

The implied constant above depends on $v$. If $v=1$, then arguing as in the proof of Theorem 1 , we derive that for any integer $K$ with $1 \leqslant K<p / 2$, we have

$$
|S(\chi, H, N)|^{2} \ll K^{-2} N \sum_{k, m=0}^{K-1} \sum_{n=H+1}^{H+N} \psi\left(\Psi_{k, m}(n)\right)+K^{2},
$$

where $\Psi_{k, m}(X)$ is given by (8) and as before $\Sigma^{*}$ means that the poles of $\Psi_{k, m}(X)$ are excluded from the summation. Therefore,

$$
\sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2} \ll K^{-2} N \sum_{k, m=0}^{K-1} \sum_{n=H+1}^{H+N} \sum_{\chi \in \mathcal{X}} \chi\left(\Psi_{k, m}(n)\right)+p K^{2} .
$$

Then, from (10), we see that the sum over $\chi$ vanishes, unless

$$
\begin{equation*}
\Psi_{k, m}(n) \equiv 1(\bmod p), \tag{11}
\end{equation*}
$$

in which case it equals $p-1$. For the $K$ pairs $(k, m)$ with $k=m$ there are $N$ possible solutions to (11), while for the other $O\left(K^{2}\right)$ pairs there are $O(K)$ solutions to (11). Thus,

$$
\begin{aligned}
\sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2} & \ll K^{-2} N\left(K^{3}+K N\right) p+p K^{2} \\
& =\left(N K+N^{2} K^{-1}+K^{2}\right) p
\end{aligned}
$$

Taking $K=\left\lfloor N^{1 / 2}\right\rfloor$, we deduce

$$
I_{v}(H, N)=\frac{1}{p-1} \sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2} \ll N^{3 / 2}
$$

Assume now that $v \geqslant 2$ and that

$$
I_{v-1}(H, N) \ll p N^{2 v-3+2^{-v+1}}
$$

We fix some $K<N$ and note that by the Cauchy inequality, we have

$$
\begin{aligned}
\left|\sum_{n=H+1}^{H+N} \chi\left(b_{n}\right)\right|^{2} & =\left|\sum_{k=1}^{K} \sum_{H+(k-1) N / K<m \leqslant H+k N / K} \chi\left(b_{m}\right)\right|^{2} \\
& \leqslant K \sum_{k=1}^{K}\left|\sum_{H+(k-1) N / K<m \leqslant H+k N / K} \chi\left(b_{m}\right)\right|^{2} .
\end{aligned}
$$

Therefore,

$$
\begin{aligned}
\sum_{\chi \in \mathcal{X}}|S(\chi, H, N)|^{2 v} \leqslant & K \sum_{k=1}^{K} \sum_{\chi \in \mathcal{X}}\left|\sum_{H+(k-1) N / K<m \leqslant H+k N / K} \chi\left(b_{m}\right)\right|^{2} \\
& \times\left|\sum_{n=H+1}^{H+N} \chi\left(b_{n}\right)\right|^{2 v-2} \\
= & K \widetilde{I}_{v}(K, H, N)
\end{aligned}
$$

where $\widetilde{I}_{v}(K, H, N)$ is the number of solutions to the congruence

$$
b_{m_{1}} \prod_{i=1}^{v-1} b_{n_{i}} \equiv b_{m_{2}} \prod_{i=v}^{2 v-2} b_{n_{i}}(\bmod p)
$$

with $H+1 \leqslant n_{1}, \ldots, n_{2 v-2} \leqslant H+N$, and $H+(k-1) N / K<m_{1}, m_{2} \leqslant H+k N / K$ for some $k=1, \ldots, K$. For each of the $N$ pairs $\left(m_{1}, m_{2}\right)$ with $m_{1}=m_{2}$ there are exactly $I_{v-1}(H, N)$ solutions. We also see that if $n_{1}, \ldots, n_{2 v-2}$ are given then for each fixed value of $r=m_{1}-m_{2}$ there are no more than $|r|$ solutions in $m_{1}, m_{2}$ (because at least one of $m_{1}$ or $m_{2}$ satisfies a nontrivial polynomial congruence of degree $|r|)$. Certainly, $r=O(N / K)$. Putting everything together and using the induction assumption, we obtain

$$
\tilde{I}_{v}(K, H, N) \ll N I_{v-1}(H, N)+(N / K)^{2} N^{2 v-2}=N^{2 v-2+2^{-v+1}}+N^{2 v} K^{-2} .
$$

Therefore $I_{v}(H, N) \ll K N^{2 v-2+2^{-v+1}}+N^{2 v} K^{-1}$. Choosing $K=\left\lceil N^{1-2^{-v}}\right\rceil$, we obtain the desired bound for the sums $S(\chi, H, N)$.

The sums $T(\chi, H, N)$ can be estimated completely analogously.

### 2.2. Distribution in residue classes

Theorem 3. For all sufficiently large primes $p$ and every integer $\lambda$ there exist positive integers $r, s \leqslant p^{13 / 2}(\log p)^{6}$ such that $b_{r} \equiv c_{s} \equiv \lambda(\bmod p)$.

Proof. If $\lambda \equiv 0(\bmod p)$, we simply take $r=s=(p+1) / 2$.
We now assume that $\lambda \not \equiv 0(\bmod p)$.
We put $N=\left\lfloor p^{1 / 2}(\log p)^{6}\right\rfloor$ and consider the set $\mathcal{N}$ of positive integers $n$ whose $p$-ary representation is of the form

$$
\begin{equation*}
n=n_{0}+\cdots+n_{6} p^{6}, \quad 0 \leqslant n_{0}, \ldots, n_{5} \leqslant \frac{p-1}{2}, \quad 0 \leqslant n_{6} \leqslant N . \tag{12}
\end{equation*}
$$

Let $Q(N, \lambda)$ be the number of solutions to the congruence

$$
b_{n} \equiv \lambda(\bmod p), \quad n \in \mathcal{N} .
$$

By (10), we have

$$
Q(N, \lambda)=\frac{1}{p-1} \sum_{n \in \mathcal{N}} \sum_{\chi \in \mathcal{X}} \chi\left(\lambda^{-1} b_{n}\right)=\frac{1}{p-1} \sum_{\chi \in \mathcal{X}} \chi\left(\lambda^{-1}\right) \sum_{n \in \mathcal{N}} \chi\left(b_{n}\right)
$$

Separating the term

$$
\frac{\# \mathcal{N}}{p-1}=\frac{(N+1)(p+1)^{6}}{2^{6}(p-1)}
$$

corresponding to the principal character $\chi_{0}$, we obtain

$$
\left|Q(N, \lambda)-\frac{(N+1)(p+1)^{6}}{2^{6}(p-1)}\right| \leqslant \frac{1}{p-1} \sum_{\chi \in \mathcal{X}^{*}}\left|\sum_{n \in \mathcal{N}} \chi\left(b_{n}\right)\right| .
$$

We now see that, by (1),

$$
\sum_{n \in \mathcal{N}} \chi\left(b_{n}\right)=(S(\chi ; 0,(p-1) / 2)+1)^{6}(S(\chi ; 0, N)+1)
$$

(since $\left.\chi\left(b_{0}\right)=\chi(1)=1\right)$.
Hence, applying Theorem 1, and then Theorem 2 with $v=1$, we obtain

$$
\begin{aligned}
& \frac{1}{p-1} \sum_{\chi \in \mathcal{X}^{*}}\left|\sum_{n \in \mathcal{N}} \chi\left(b_{n}\right)\right| \\
& \quad \leqslant \frac{1}{p-1} \sum_{\chi \in \mathcal{X}^{*}}(|S(\chi ; 0,(p-1) / 2)|+1)^{6}(|S(\chi ; 0, N)|+1)
\end{aligned}
$$

$$
\begin{aligned}
\ll & \frac{1}{p-1} N^{3 / 4} p^{1 / 8}(\log p)^{1 / 4}\left(p^{7 / 8}(\log p)^{1 / 4}\right)^{4} \\
& \times \sum_{\chi \in \mathcal{X}^{*}}\left(|S(\chi ; 0,(p-1) / 2)|^{2}+1\right) \\
\ll & \frac{1}{p-1} N^{3 / 4} p^{1 / 8}(\log p)^{1 / 4}\left(p^{7 / 8}(\log p)^{1 / 4}\right)^{4} p^{5 / 2} \\
= & N^{3 / 4} p^{41 / 8}(\log p)^{5 / 4}
\end{aligned}
$$

Therefore,

$$
\begin{align*}
Q(N, \lambda) & =\frac{(N+1)(p+1)^{5}}{2^{6}}+O\left(N^{3 / 4} p^{41 / 8}(\log p)^{5 / 4}\right) \\
& =\frac{(N+1)(p+1)^{5}}{2^{6}}\left(1+O\left(N^{-1 / 4} p^{1 / 8}(\log p)^{5 / 4}\right)\right) \tag{13}
\end{align*}
$$

Recalling the choice of $N$, we see that $Q(N, \lambda)>0$ for sufficiently large $p$. Therefore $b_{r} \equiv$ $\lambda(\bmod p)$ for some positive integer $r \leqslant p^{6} N \leqslant p^{13 / 2}(\log p)^{6}$.

Similar arguments also show that $c_{s} \equiv \lambda(\bmod p)$ for some positive integer $s \leqslant p^{6} N \leqslant p^{13 / 2}$ $(\log p)^{6}$.

Since $b_{n} \not \equiv 0(\bmod p)$ if and only if the $p$-ary digits of $n$ are all less than $p / 2$, we see from (13) that for every $\lambda \not \equiv 0(\bmod p)$ the number of solutions of each of the congruences

$$
b_{n} \equiv \lambda(\bmod p) \quad \text { and } \quad c_{n} \equiv \lambda(\bmod p)
$$

for $0 \leqslant n \leqslant p^{7}-1$ is $2^{-7} p^{6}\left(1+O\left(p^{-1 / 8}(\log p)^{5 / 4}\right)\right)$. In fact, using (9), this can be slightly improved to $2^{-7} p^{6}\left(1+O\left(p^{-1 / 8}\right)\right)$.

## 3. PR-sequences

### 3.1. The set of residues

We start with the following property of $\mathbf{P R}$-sequences.
Lemma 4. Let $\left(u_{n}^{(j)}\right)_{n \geqslant 0}$, be PR-sequences of integers of type $\left(\ell_{j}, d\right)$, with $\ell_{j} \leqslant \ell$ for $j=$ $1, \ldots$, m. Let

$$
v_{n}=\sum_{j=1}^{m} \lambda_{j} u_{n}^{(j)}, \quad n=0,1, \ldots
$$

where $\lambda_{j}$ are arbitrary integers. Then $\left(v_{n}\right)_{n} \geqslant 0$ is a PR-sequence of integers of type ( $2 m \ell, 2 d m \ell$ ).
Proof. Assume that the sequences $\left(u_{n}^{(j)}\right)_{n} \geqslant 0$ satisfy the recurrences

$$
\begin{equation*}
\sum_{i=0}^{\ell_{j}} f_{i}^{(j)}(n) u_{n+\ell_{j}-i}^{(j)}=0 \tag{14}
\end{equation*}
$$

with $f_{i}^{j}(X) \in \mathbb{Z}[X]$ for $i=0, \ldots, \ell_{j}$, and where for each $j=1, \ldots, m$ not all polynomials $f_{i}^{(j)}(X), i=0, \ldots, \ell_{j}$, are zero. Furthermore, we assume that $\ell_{j} \leqslant \ell$ for $j=0, \ldots, m$, and that the degrees of all the polynomials $f_{i}^{(j)}$ are at most $d$.

Without loss of generality, we may assume that $\lambda_{j} \neq 0$ and that $f_{0}^{(j)}(X)$ is not the zero polynomial for $j=1, \ldots, m$.

It is enough to show that for $t=2 m \ell$ there exist $t+1$ polynomials $F_{i}(X) \in \mathbb{Z}[X]$, not all zero and of degrees at most $D=2 d m \ell$, such that

$$
\sum_{i=0}^{t} F_{i}(n) v_{n+t-i}=0, \quad n=0,1, \ldots
$$

By replacing the sequence $\left(u_{n}^{(j)}\right)_{n} \geqslant 0$ by the sequence $\left(\lambda_{j} u_{n}^{(j)}\right)_{n \geqslant 1}$, we may assume that $\lambda_{j}=1$ for all $j=1, \ldots, m$. We now show that for each $h \geqslant 0$, we have a relation of the form

$$
\begin{equation*}
u_{n+h}^{(j)}=\sum_{i=0}^{\ell_{j}-1} g_{i, j, h}(n) u_{n+i}^{(j)}, \tag{15}
\end{equation*}
$$

where $g_{i, j, h}(X)$ are rational functions with the same denominator such that both the numerator and denominator have degrees at most $\max \left\{0,\left(h-\ell_{j}+1\right) d\right\}$. Indeed, if $h \leqslant \ell_{j}-1$, we set $g_{i, j, h}(X)=1$ if $i=j$ and we set $g_{i, j, h}(X)=0$ otherwise. Then relations (15) are fulfilled. If $h=\ell_{j}$, we simply set $g_{i, j, \ell_{j}}(X)=-f_{\ell_{j}-i}^{(j)}(X) / f_{0}^{(j)}(X)$ and relation (15) is then a consequence of the recurrence (14). We now proceed by induction on $h$. Assuming that (15) holds for $h$, then

$$
\begin{aligned}
u_{n+h+1}^{(j)}= & \sum_{i=0}^{\ell_{j}-1} g_{i, j, h}(n+1) u_{n+1+i}^{(j)} \\
= & \sum_{i=0}^{\ell_{j}-2} g_{i, j, h}(n+1) u_{n+1+i}^{(j)}+g_{\ell_{j}-1, j, h}(n+1) u_{n+\ell_{j}}^{(j)} \\
= & g_{\ell_{j}-1, j, h}(n+1) g_{0, j, \ell_{j}}(n) u_{n}^{(j)} \\
& +\sum_{i=1}^{\ell_{j}-1}\left(g_{i-1, j, h}(n+1)+g_{\ell_{j}-1, j, h}(n+1) g_{i, j, \ell_{j}}(n)\right) u_{n+i}^{(j)}
\end{aligned}
$$

and so (15) holds for $h+1$ if we set

$$
g_{0, j, h+1}(X)=g_{\ell_{j}-1, j, h}(X+1) g_{0, j, \ell_{j}}(X)
$$

and

$$
g_{i, j, h+1}(X)=g_{i-1, j, h}(X+1)+g_{\ell_{j}-1, j, h}(X+1) g_{i, j, \ell_{j}}(X), \quad i=1, \ldots, \ell_{j}-1 .
$$

One can also see from the above formulas, that we may assume that for the same values of $j$ and $h$, the rational functions $g_{i, j, \ell_{j}}(X), i=1, \ldots, \ell_{j}-1$ have the same denominator.

The assertion about the degrees is now obvious.
Equipped with the representation (15), it follows that if $F_{i}(X) \in \mathbb{Z}[X]$ for $i=0, \ldots, t$ are any polynomials, then

$$
\begin{aligned}
\sum_{i=0}^{n} F_{i}(n) v_{n+t-i} & =\sum_{h=0}^{t} v_{n+h} F_{t-h}(n) \\
& =\sum_{j=1}^{m} \sum_{i=0}^{\ell_{j}-1}\left(\sum_{h=0}^{t} g_{i, j, h}(n) F_{t-h}(n)\right) u_{n+i}^{(j)}
\end{aligned}
$$

In order for the above expression to be zero, it suffices that

$$
\begin{equation*}
\sum_{h=0}^{t} g_{i, j, h}(X) F_{t-h}(X)=0 \tag{16}
\end{equation*}
$$

holds identically over $\mathbb{Z}[X]$, for all $j=1, \ldots, m$ and $i=0, \ldots, k_{j}-1$.
Assume that $F_{i}(X) \in \mathbb{Z}[X], i=0, \ldots, t$ are polynomials of degree at most $D$. Then the lefthand side of (16) is a rational function whose numerator is polynomial of degree at most $t d+D$. Thus, (16) leads to a homogeneous system of

$$
(t d+D+1) \sum_{j=1}^{m} \ell_{j} \leqslant(t d+D+1) m \ell
$$

linear equations in $t(D+1)$ variables. This system has a nontrivial solution provided that

$$
(t+1)(D+1)>(t d+D+1) m \ell .
$$

Recalling that $t=2 m \ell$ we see that $D=t d=2 d m \ell$ satisfies this inequality, which completes the proof.

Recall that $\left(u_{n}\right)_{n} \geqslant 0$ is a linear recurrence sequence if and only if $\left(u_{n}\right)_{n} \geqslant 0$ is a PR-sequence having a recurrence whose coefficients are constant polynomials (not all zero). We say that $\left(u_{n}\right)_{n} \geqslant 0$ is a proper $\mathbf{P R}$-sequence if it is a PR-sequence and there is no $n_{0}$, such that $\left(u_{n}\right)_{n} \geqslant n_{0}$ is a linear recurrence sequence.

Theorem 5. Let $\left(u_{n}\right)_{n} \geqslant 0$ be a proper $\mathbf{P R}$-sequence of integers of type $(\ell, d)$. For a prime number p we put

$$
\mathcal{V}(p)=\left\{u_{n}(\bmod p): n=0,1, \ldots\right\} .
$$

Then the estimate $\# \mathcal{V}(p) \gg p^{\beta}$ holds, where

$$
\beta=\frac{1}{2 d \ell(\ell+1)^{2}} .
$$

Proof. Write

$$
\sum_{i=0}^{\ell} f_{i}(n) u_{n+\ell-i}=\sum_{j=0}^{D} L_{j}\left(u_{n}, \ldots, u_{n+\ell}\right) n^{j}
$$

where $L_{j}\left(X_{0}, \ldots, X_{\ell}\right)$ are linear forms with integer coefficients. Since at least one of the polynomials $f_{i}(X)$ is nonzero, it follows that there exists $j_{0}$ such that $L_{j_{0}}$ is not the zero form. We write $v_{n}=L_{j_{0}}\left(u_{n}, \ldots, u_{n+\ell}\right)$ and apply Lemma 4 to deduce that there exists a recurrence

$$
\begin{equation*}
\sum_{i=1}^{t} g_{i}(X) v_{n+t-i}=0, \quad n=0,1, \ldots \tag{17}
\end{equation*}
$$

where $g_{i}(X) \in \mathbb{Z}[X]$ are polynomials for $i=0, \ldots, t \leqslant 2 \ell(\ell+1)$ of degrees not exceeding $D=$ $2 d \ell(\ell+1)$. We assume, without loss of generality, that $g_{0}(X) g_{t}(X)$, is not the zero polynomial. Let $n_{0}$ the largest positive integer root of $g_{0}(X) g_{t}(X)$ (if this polynomial does not have positive integer roots we take $n_{0}=0$ ), and let $\delta$ be such that the inequality $n<\delta y^{1 / D}$ implies that $\left|g_{t}(n)\right|<y$ holds for all $y \geqslant n_{0}+1$. Put $\mathcal{I}=\mathbb{Z} \cap\left[n_{0}+1, \delta p^{1 / D}-t\right]$, and assume that $p$ is a large enough prime so that $\mathcal{I}$ is not empty.

For each $n \in \mathcal{I}$, the recurrence (2) gives a relation for $n$ of the type

$$
\begin{equation*}
f_{0}(n) w_{0}+\cdots+f_{\ell}(n) w_{\ell} \equiv 0(\bmod p) \tag{18}
\end{equation*}
$$

where the vector $\left(w_{0}, \ldots, w_{\ell}\right) \equiv\left(u_{n+\ell}, \ldots, u_{n}\right)(\bmod p)$ is an element of $\mathcal{V}(p)^{\ell+1}$, so it can take at most $\# \mathcal{V}(p)^{\ell+1}$ values.

Whenever $\left(w_{0}, \ldots, w_{\ell}\right)$ is such that the above relation (18) is a nontrivial polynomial relation modulo $p$ for $n$, the number of values of $n$ which satisfy (18) is at most $D$. Hence, there are at most $D \# \mathcal{V}(p)^{\ell+1}$ values of $n \in \mathcal{I}$ for which the above polynomial relation (18) is nontrivial.

If the relation (18) is trivial, then the polynomial

$$
\sum_{j=0}^{D} L_{j}\left(w_{0}, \ldots, w_{\ell}\right) X^{j} \in \mathbb{Z}[X]
$$

is identically zero modulo $p$. In particular,

$$
\begin{equation*}
L_{j_{0}}\left(u_{n}, \ldots, u_{n+\ell}\right) \equiv 0(\bmod p) . \tag{19}
\end{equation*}
$$

Assume that (19) holds for $t$ consecutive values of $n \in \mathcal{I}$. Let those values of $n$ be $m+$ $1, \ldots, m+t$. Evaluating the formula (17) in $n=m$ and reducing modulo $p$, we get

$$
g_{t}(m) v_{m} \equiv 0(\bmod p)
$$

Since $m \in \mathcal{I}$, it follows that $\left|g_{t}(m)\right|<p$ and $g_{t}(m) \neq 0$. Hence, the above congruence implies that $v_{m} \equiv 0(\bmod p)$. Continuing in this way, we see that $v_{i} \equiv 0(\bmod p)$, for all integers $n_{0}<i \leqslant m$. In particular, assuming that $p$ is large enough, we see that in this case $v_{i}=0$ for $i=n_{0}+1, \ldots, n_{0}+t-1$. However, this implies that $v_{i}=0$ for all $i>n_{0}$, which means that $\left(u_{n}\right)_{n} \geqslant n_{0}+1$ is a linear recurrence sequence, contradicting our assumption. Thus, the congruence (19) cannot hold for $t$ consecutive values of $n \in \mathcal{I}$. This shows that one out of every $t$ elements in $\mathcal{I}$ has the property that its associated congruence (18) is not trivial. In turn, this shows that

$$
D \# \mathcal{V}(p)^{\ell+1} \geqslant\left\lfloor\frac{\# \mathcal{I}}{t}\right\rfloor \gg p^{1 / D}
$$

giving the claimed result.

Remark 6. In some instances, one may deduce a better inequality. For instance, assume that $\left(u_{n}\right)_{n \geqslant 0}$ satisfies the recurrence (2) where the polynomials $f_{0}(X), \ldots, f_{\ell}(X)$ are linearly independent over $\mathbb{Q}$. Here, we no longer assume that $\left(u_{n}\right)_{n} \geqslant 0$ is a proper $\mathbf{P R}$-sequence. It is then clear that they remain linearly independent over the finite field with $p$ elements $\mathbb{Z}_{p}$ if $p$ is sufficiently large. Furthermore, in this case the relation (18) cannot be trivial. The above argument now easily yields a stronger and more general bound

$$
\# \mathcal{V}(N ; p) \gg(\min \{p, N\})^{1 /(\ell+1)}
$$

where

$$
\mathcal{V}(N ; p)=\left\{u_{n}(\bmod p): n=0, \ldots, N-1\right\} .
$$

Using recurrence (5) and observing that the three polynomials $f_{0}(X)=X^{3}, f_{1}(X)=34 X^{3}-$ $51 X^{2}+27 X-5, f_{2}(X)=(X-1)^{3}$ are linearly independent over $\mathbb{Q}$, one uses the argument of Remark 6 to derive the inequality

$$
\# \mathcal{V}(p, N) \geqslant\left(\frac{N-2}{3}\right)^{1 / 3}
$$

if $N \leqslant p$ for the case of the Apéry numbers.
In order to be able to deal with the sequences $\left(b_{v, n}\right)_{n \geqslant 1}$ and $\left(\widetilde{b}_{v, n}\right)_{n \geqslant 0}$, it suffices to show that they are not linear recurrence sequences from some point on. Note that we need that $v \geqslant 2$, otherwise $b_{1, n}=2^{n}$ and $\widetilde{b}_{1, n}=0$. When $v=2$, we have $b_{2, n}=b_{n}$, thus Remark 6 applies again (in any case for this sequence, stronger results are obtained in Section 2). Assume now that $v \geqslant 3$.

Since

$$
\binom{n}{k} \leqslant\binom{ n}{\lfloor n / 2\rfloor} \sim \frac{2^{n}}{n^{1 / 2}}, \quad k=0, \ldots, n,
$$

it follows easily that

$$
\frac{2^{v n}}{n^{v / 2}} \ll b_{v}(n) \ll \frac{2^{v n}}{n^{v / 2-1}} .
$$

Furthermore,

$$
\widetilde{b}_{v, n} \sim \frac{(2 \cos (\pi / 2 v))^{2 n v+v-1}}{\sqrt{v} 2^{v-2}(\pi n)^{(v-1) / 2}}
$$

if $N \leqslant p$ for $v \geqslant 2$ (see [4]).
Now the fact that $\left(b_{v, n}\right)_{n} \geqslant 1$ and $\left(\widetilde{b}_{v, n}\right)_{n} \geqslant 0$ are not linear recurrence sequences from some point on follows immediately from Theorem 2.6 of Everest et al. [7].

### 3.2. The Waring problem and distribution of residues

As we have remarked, Apéry numbers $\left(a_{n}\right)_{n} \geqslant 0$ as well as sums of powers of binomial coefficients $\left(b_{v, n}\right)_{n} \geqslant 1$ and $\left(\widetilde{b}_{v, n}\right)_{n \geqslant 0}$ are proper PR-sequence which also have the Lucas property. Here we show that all such sequences form a finite additive basis modulo $p$ for every sufficiently large prime $p$.

Theorem 7. Let $\left(u_{n}\right)_{n} \geqslant 0$ be a proper PR-sequence of integers of type $(\ell, d)$ with the Lucas property. There exists an absolute constant $c>0$ such that for $m=\left\lceil(d \ell)^{c}\right\rceil$, $s=\left\lceil\exp \left((d \ell)^{c}\right)\right\rceil$, and every sufficiently large prime $p$, the congruence

$$
u_{n_{1}}+\cdots+u_{n_{s}} \equiv \lambda(\bmod p)
$$

has a solution for any integer $\lambda$ in some nonnegative integers $n_{1}, \ldots, n_{s}<p^{m}$.
Proof. Let $\mathcal{T}$ be a set of the largest possible cardinality of positive integers $t \leqslant p$, such that $u_{t}$ with $t \in \mathcal{T}$ are pairwise distinct. By Theorem 5, we have $\# \mathcal{T} \gg p^{\beta}$, where $\beta=1 / 2 d \ell(\ell+1)^{2}$. Therefore, by the result of Bourgain et al. [3], there are some positive constants, $c_{1}, c_{2}, c_{3}$ such that for any $m>\left\lceil\beta^{c_{1}}\right\rceil$ and $\gamma=\exp \left(-c_{2} \beta^{-c_{3}}\right)$, the bound

$$
\max _{\operatorname{gcd}(a, p)=1}\left|\sum_{t_{0}, \ldots, t_{m-1} \in \mathcal{T}} \mathbf{e}\left(a u_{t_{0}} \ldots u_{t_{m-1}}\right)\right| \ll(\# \mathcal{T})^{m} p^{-\gamma}
$$

holds, where, as before, $\mathbf{e}(z)=\exp (2 \pi i z / p)$ and $t=\sqrt{-1}$.
Denoting by $\mathcal{N}$ the set of positive integers $n$ whose $p$-ary expansion is of the form $n=t_{0}+\cdots+t_{m-1} p^{m-1}$ with $t_{0}, \ldots, t_{m-1} \in \mathcal{T}$, we see, by (3), that the previous bound is equivalent to

$$
\begin{equation*}
\max _{\operatorname{gcd}(c, p)=1}\left|\sum_{n \in \mathcal{N}} \mathbf{e}\left(c u_{n}\right)\right| \ll \# \mathcal{N} p^{-\gamma} \tag{20}
\end{equation*}
$$

From the identity

$$
\sum_{c=0}^{p-1} \mathbf{e}(c u)= \begin{cases}0 & \text { if } u \not \equiv 0(\bmod p), \\ p & \text { if } u \equiv 0(\bmod p)\end{cases}
$$

we deduce that the number $Q(\lambda)$ of solutions of the congruence of the theorem with $n_{1}, \ldots, n_{s} \in$ $\mathcal{N}$ can be expressed as

$$
\begin{aligned}
Q(\lambda) & =\frac{1}{p} \sum_{c=0}^{p-1} \sum_{n_{1}, \ldots, n_{s} \in \mathcal{N}} \mathbf{e}\left(c\left(u_{n_{1}}+\cdots+u_{n_{s}}-\lambda\right)\right) \\
& =\frac{1}{p} \sum_{c=0}^{p-1} \mathbf{e}(-c \lambda)\left(\sum_{n \in \mathcal{N}} \mathbf{e}\left(c u_{n}\right)\right)^{m}
\end{aligned}
$$

Separating the term $(\# \mathcal{N})^{s} p^{-1}$ corresponding to $c=0$ and using (20) for the other terms, we derive

$$
Q(\lambda)=(\# \mathcal{N})^{s} p^{-1}+O\left((\# \mathcal{N})^{s} p^{-\gamma s}\right)
$$

Thus, for any $s>\left\lfloor\gamma^{-1}\right\rfloor+1$, we see that $Q(\lambda)>0$ for all sufficiently large $p$. Since $\beta^{-1}=$ $2 d \ell(\ell+1)^{2} \leqslant 8 d \ell^{3} \leqslant d^{4} \ell^{3}$, we obtain the desired result for an appropriate value of $c$.

Very similar ideas also lead to the following result:
Theorem 8. Let $\left(u_{n}\right)_{n} \geqslant 0$ be a proper PR-sequence of integers of type $(\ell, d)$ with the Lucas property. There exists an absolute constant $c>0$, such that for $m=\left\lceil(d \ell)^{c}\right\rceil, \alpha=\exp \left(-(d \ell)^{c}\right)$, and every sufficiently large prime $p$, the congruence

$$
u_{n} \equiv \lambda+\eta(\bmod p)
$$

has a solution for every integer $\lambda$ in some nonnegative integers $n<p^{m}$ and $\eta \leqslant p^{1-\alpha}$.
Proof. The proof follows from (20) with any $\alpha<\gamma$ by standard arguments relating exponential sums and the uniformity of distribution properties of sequences (see, for example [16, Corollary 3.11]).

We see that both Theorems 7 and 8 apply to Apéry numbers $\left(a_{n}\right)_{n} \geqslant 0$ and sums of powers of binomial coefficients $\left(b_{v, n}\right)_{n} \geqslant 1$ and $\left(\widetilde{b}_{v, n}\right)_{n} \geqslant 0$.

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