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REVIEW

# New insights into the role of cytochrome P450 reductase (POR) in microsomal redox biology

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#### **KEY WORDS**

Cytochrome P450; Squalene monooxygenase; Heme oxygenase; Cytochrome b<sub>5</sub>; Microsomes; 7-Dehydrocholesterol reductase Abstract Cytochrome P450 reductase (POR) is an essential electron transfer protein located on the endoplasmic reticulum of most cell types, and has long been appreciated for its role in cytochrome P450-mediated drug metabolism. Additional roles and electron acceptors for POR have been described, but it is largely with the recent availability of POR-null tissues that these supplemental roles for POR have been able to be explored. These studies have confirmed POR as the principal redox partner for the microsomal P450s responsible for drug and xenobiotic metabolism as well as cholesterol and bile acid synthesis, and for heme oxygenase, which catalyzes the initial step in the breakdown of heme. Surprisingly, these studies have revealed that squalene monooxygenase, an enzyme essential to cholesterol synthesis, has a second unknown redox partner in addition to POR, and that 7-dehydrocholesterol reductase, previously proposed to require POR as an electron donor, functions fully independently of POR. These studies have also helped define the role of cytochrome b<sub>5</sub> in P450 catalysis, and raise the question as to the extent to which POR contributes to b<sub>5</sub>-dependent redox pathways.

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## 1. Early identification of redox partners for cytochrome P450 reductase

The early history of cytochrome P450 reductase (POR) is described in a comprehensive review by Masters and Okita<sup>1</sup>. Cytochrome P450 reductase was initially identified as a TPNH(NADPH)-dependent cytochrome c reductase present in liver extracts, but subsequent studies demonstrated that cytochrome c, a mitochondrial protein, was not this microsomal enzyme's natural redox partner. The redox partner for POR remained unknown for over a decade, until the early 1960s when it was suggested that POR might be involved in drug and steroid oxidations by the newly discovered cytochrome P450 system. The observation that POR activity was inducible by drugs that increased microsomal P450 expression was undertaken. These studies have greatly facilitated by antibody inhibition studies that clearly showed that antibody to POR inhibited microsomal drug oxidations. The reconstitution of cytochrome P450 activity by Lu and Coon in 1968<sup>2</sup> from solubilized components, including a POR-containing fraction, established P450 as the first redox partner for POR.

Antibody inhibition studies were used to identify additional redox partners for POR, and led to the identification of heme oxygenase<sup>3</sup>, a microsomal enzyme that catalyzes the first step in heme degradation. Antibody inhibition was also used to show that steroid hydroxylations in the adrenal cortex<sup>4</sup>, placenta<sup>5</sup>, and testis<sup>6</sup> were dependent on POR, thus expanding the range of P450s that serve as POR partners to those involved in physiological biochemistry as well as drug and xenobiotic metabolism. Squalene monooxygenase (epoxidase) was identified as a redox partner for POR in 1977<sup>7</sup>, making it the second non-P450 enzyme, after heme oxygenase, to use POR as an electron source; squalene monooxygenase acts in the cholesterol synthesis pathway. The ability of POR to donate electrons to cytochrome b58 generated considerable interest as to the relevance of this pathway to P450 function, as  $b_5$  was able to donate the second of the two required electrons to cytochrome P450 in isolated and reconstituted preparations. Moreover, cytochrome b<sub>5</sub> is part of the fatty acid desaturation and elongation pathways as well as the postlanosterol sterol synthesis pathway, placing POR at the interface of drug and xenobiotic metabolism, steroid and cholesterol synthesis, and fatty acid metabolism. The last enzyme to be associated with POR is 7-dehydrocholesterol reductase, which catalyzes the final step in cholesterol synthesis; mutations in the gene for 7-dehydrocholesterol reductase are responsible for Smith-Lemli-Opitz syndrome<sup>9</sup>. Antibody inhibition studies again implicated POR as an electron donor to this enzyme, an idea further supported by reconstitution studies with partially purified enzyme preparations<sup>10</sup>. However, very recent studies from the author's laboratory have demonstrated that POR does not have a role in 7-dehydrocholesterol reductase function<sup>11</sup>.

#### 2. Studies with hepatic POR-null mice

The germline deletion of POR in mice results in embryonic lethality by day 14<sup>12</sup>, making whole-animal knock-out studies unfeasible. The lethality appears due to the loss of cholesterol synthesis necessary for neuronal development and to the loss of sterol modification of proteins necessary for

development<sup>13,14</sup>. To circumvent this problem the selective, tissue-specific deletion of POR expression was undertaken. These studies have greatly facilitated studies on the role of POR in drug metabolism, tissue and organ-specific toxicity of xenobiotics, and organismal development<sup>15,16</sup>.

#### 2.1. Heme oxygenase

In one of the two seminal studies on hepatic POR-null mice, Gu et al.<sup>15</sup> noted that the inducible form of heme oxygenase, HO-1, was induced 9-fold at the protein level in the livers of these mice, and vet heme oxygenase activity was essentially negligible in this tissue. The Wolf laboratory did not look at heme oxygenase protein or activity in their hepatic POR-null mice, but did note a modest increase (1.4 to 2-fold) in HO-1 mRNA levels in POR-null liver<sup>17</sup>. A microarray study from the Ding laboratory similarly found a 2.3-fold increase in HO-1 mRNA<sup>18</sup>. The expression of heme oxygenase-2, a constitutively expressed form present in normal liver, was not altered at the mRNA or protein level by the loss of POR expression. The lack of heme oxygenase activity in POR-null liver in the face of a significant increase in protein argues strongly that POR is the requisite and only electron transfer partner for this enzyme. Although there was some evidence for oxidative stress in the livers of these animals (evidenced by an increase in glutathione-S-transferase gene expression)<sup>18</sup> consistent with the increase in HO-1 expression, no direct evidence of heme toxicity was noted. Biliverdin and bilirubin levels were not measured in the livers or blood of these animals and the question of how heme turnover is handled in a hepatic POR-null liver remains to be determined.

#### 2.2. Squalene monooxygenase

Squalene monooxygenase catalyzes the first oxidative step in the synthesis of sterols, yielding 2,3-oxidosqualene which is then cyclized by 2,3-oxidosqualene cyclase to the first sterol in the pathway, lanosterol. Squalene monooxygenase is an FADdependent monooxygenase which is unusual in its requirement for an additional electron transfer partner. Early purification studies demonstrated that activity could be reconstituted with POR<sup>7</sup>, and it was not until hepatic POR-null microsomes became available that it could be shown that squalene monooxygenase retained partial activity in the absence of POR<sup>19</sup>. The second microsomal reductase, still unidentified, appears able to catalyze approximately 40% of the activity seen in POR-containing liver microsomes. Sterol analysis of the livers of hepatic POR-null mice revealed elevated levels of dihydrolanosterol, a metabolite of lanosterol formed by sterol 24-reductase, a downstream enzyme in cholesterol synthesis. This metabolite also accumulated in hepatocytes isolated from hepatic POR-null mice, demonstrating that squalene is converted to lanosterol via squalene monooxygenase and 2,3oxidosqualene cyclase in the absence of POR. Studies with rat hepatoma cells in which POR expression is suppressed by RNA interference (RNAi) similarly demonstrated the accumulation of lanosterol and dihydrolanosterol<sup>20</sup>, confirming that squalene monooxygenase activity was resilient to the loss of POR. Notably, sterol synthesis is blocked at lanosterol demethylase, resulting in the accumulation of lanosterol and dihydrolanosterol; lanosterol demethylase is a cytochrome P450 (CYP51) that is evidently fully dependent on POR for activity. Squalene monooxygenase protein levels are decreased by approximately 40% in POR-null liver despite a two-fold increase in mRNA levels. While this suggests that lanosterol or its metabolite act post-transcriptionally to decrease squalene monooxygenase expression (as is seen with HMG-CoA reductase<sup>21</sup>), Gill et al.<sup>22</sup>, have recently shown that the turnover of squalene monooxygenase is accelerated by cholesterol but not by lanosterol or dihydrolanosterol. In hepatic PORnull cells the inability to convert cholesterol to bile acids (a P450-dependent reaction) may result in the accumulation of sufficient cholesterol to promote the degradation of squalene monooxygenase, although cholesterol levels in these cells are not noticeably elevated (unpublished data).

Interestingly, the sterol synthesis pathway in Saccharomyces cerevisiae, which yields ergosterol, is not dependent on POR<sup>23</sup> despite the involvement of two P450s (CYP51 and CYP61), as well as squalene monooxygenase. The assumption is that the NADH-cytochrome  $b_5$  pathway supports CYP51 and CYP61 in yeast, but *S. cerevisiae* squalene monooxygenase activity cannot be supported by NADH in microsomes<sup>24</sup>, raising the possibility that that this yeast, like mammals, contains a second reductase capable of reducing squalene monooxygenase.

#### 2.3. Cytochrome b<sub>5</sub>

The earliest studies on the P450 system indicated a role for cytochrome b<sub>5</sub> in this pathway, but establishing the specifics of the interaction was contentious. Cytochrome  $b_5$  is reduced by NADH via cytochrome b<sub>5</sub> reductase, and there was good evidence that this NADH-dependent pathway could support modest P450 activity in microsomal preparations<sup>25</sup>. Later reconstitution studies with purified enzymes supported this observation for some, but not all P450 isoforms<sup>26,27</sup>, as did recombinant expression studies<sup>28</sup>. Nonetheless, the ability of POR to transfer electronsto  $b_5^8$  complicates the picture, and the ability of cytochrome b<sub>5</sub> to stimulate P450 activity allosterically without electron transfer adds further complexity. The hepatic deletion of POR has provided some insight as to the role the NADH-cytochrome b5 pathway plays in hepatic drug metabolism in vivo<sup>15,16</sup>. Drug metabolism by all microsomal P450s tested was greatly decreased (>90%) in hepatic POR-null microsomes, and in some cases nearly extinguished. It is thus clear from these studies that the NADH-b<sub>5</sub> pathway cannot support P450 activity to any significant extent in vivo in the absence of POR, a finding consistent with the inability of this pathway to support most P450s in reconstitution studies. There are two possible exceptions to this observation that microsomal P450 activity is lost in the absence of POR: the finding that approximately 10% of CYP3A-catalyzed testosterone- $6\beta$  hydroxylase activity<sup>16</sup> and 5% of CYP2E1-catalyzed chlorzoxazone hydroxylase activity<sup>29</sup> remains in POR-null microsomes and hepatocytes. These observations are consistent with reconstitution and recombinant expression studies which have shown that CYP3A4 and CYP2E1 are unique in their ability to accept both electrons from cytochrome  $b_5$  and retain activity in the absence of POR<sup>26-28</sup>.

Notably, studies with POR-null microsomes do not address the extent to which cytochrome  $b_5$  can donate the second electron to P450 catalysis (with the first electron coming from POR), an event that is much more facile than donation of the first electron, and is believed to occur with a greater number of P450 isoforms. This question is addressed by the deletion of cytochrome b<sub>5</sub> expression, and indeed, the elimination of cytochrome b<sub>5</sub> decreases the activity of a number of microsomal P450s by a remarkable 50–90%<sup>30,31</sup>. Thus, cytochrome b<sub>5</sub>, rather than playing a minor and auxiliary role in drug metabolism, is necessary for maximal activity with a wide range of P450 isoforms. The stimulation afforded by cytochrome b<sub>5</sub> may be either catalytic or allosteric, and likely depends on the P450 isoform; sorting this out may require the transgenic expression of redox-inactive forms of cytochrome b<sub>5</sub> in a b<sub>5</sub>-null animal. Perhaps most surprisingly, the germline deletion of cytochrome b5 was not embryonic-lethal, as was anticipated<sup>32</sup>. Because cytochrome  $b_5$  is the electron donor to two enzymes in the cholesterol synthesis pathway (sterol  $4\alpha$ methyl oxidase and lathosterol  $\Delta 5$ -desaturase), the loss of cvtochrome b<sub>5</sub> should have resulted in embryonic lethality due to the loss of cholesterol synthesis, as seen with germline PORnull animals. The ability of these animals to survive indicates that at least one alternative redox protein must be present in microsomes and is able to substitute for the loss of cytochrome b<sub>5</sub>. The possibility that this is POR seems unlikely but cannot be excluded, and a b5-null/hepatic POR null animal would be particularly interesting in this regard.

The remaining question is to what extent POR donates electrons to cytochrome b5 in vivo. This can best be tested with enzymes that utilize cytochrome b<sub>5</sub> - and not POR - as a redox partner, and would include the microsomal fatty acid desaturases and elongases, and sterol 4a-methyl oxidase and lathosterol  $\Delta$ 5-desaturase in sterol synthesis (noted above). The activity of these enzymes in POR-null liver might be reduced if POR is a significant contributor to the cytochrome b<sub>5</sub> redox steady-state and could be assessed with microsomes prepared from this tissue. An interesting alternative experiment would be to instead knock out cytochrome b<sub>5</sub> reductase expression, thereby removing the NADH pathway for b<sub>5</sub> reduction; remaining activity would presumably be due exclusively to POR-mediated electron transfer to cytochrome b<sub>5</sub>. As most of these enzymes demonstrate activity with NADPH in microsomal preparations, it is likely that POR contributes to their activity in vivo; the extent of the contribution may depend on relative NADH and NADPH levels in the cell and tissue.

#### 2.4. 7-Dehydrocholesterol reductase

7-dehydrocholesterol reductase (DHCR7) catalyzes the last step in cholesterol synthesis. The highly hydrophobic 55 kDa protein is proposed to contain 6–9 membrane-embedded segments that bear close similarity to the sterol sensing domains of HMG-CoA reductase and sterol cleavage activating protein (SCAP)<sup>33</sup>. The enzyme has been expressed in yeast and is active in microsomes in the presence of NADPH<sup>33,34</sup>; the enzyme has not been purified from native or yeast sources and has not been expressed in a prokaryotic organism, perhaps due to its highly hydrophobic structure. As a result, the possibility that accessory microsomal proteins are necessary for activity, including NADPH-dependent electron transfer proteins such as POR, has not been firmly established.



Figure 1 POR redox partners and pathways. Arrows indicate electron flow. HMOX, heme oxygenase (2 genes); SQLE, squalene monooxygenase; CYP, cytochromes P450 (51 microsomal forms); CYB5, cytochrome  $b_5$  (2 genes); MSMO, methylsterol monooxygenase; SC5DL, sterol-C5-desaturase; SCD, stearoyl-CoA desaturase (2 genes); ELOVL, fatty acid elongase (7 genes).

The absence of a canonical cofactor binding domain raises the possibility that a redox partner is required for activity and indeed, Nishino and Ishibashi<sup>10</sup> reported evidence that DHCR7 required POR for activity, based on antibody inhibition studies and partial purification and reconstitution studies. We<sup>11</sup> tested the requirement for POR by using microsomes from hepatic POR-null mice and were surprised to find that DHCR7 activity was greater in these preparations than in wild-type microsomes, and correlated with the two-fold higher levels of DHCR7 protein. Addition of POR to POR-null microsomes did not augment DHCR7 activity. Antibody to POR was not inhibitory to DHCR7 in our hands, and antibodies to each protein did not cross-react. We concluded that POR was not a required electron donor to 7-dehydrocholesterol reductase, and did not augment DHCR7 activity. Final proof will require, at a minimum, expression of a functional enzyme in a host system that lacks POR, or demonstration of activity with the purified protein.

#### 3. Conclusions and perspectives

Cytochrome P450 reductase is a ubiquitous microsomal electron transfer protein most often associated with drug and xenobiotic metabolism, but its role in cellular biochemistry is much larger than that (summarized in Fig. 1). POR is essential to steroid hormone synthesis, cholesterol homeostasis through bile acid synthesis, heme catabolism, and perhaps most importantly, cholesterol synthesis. Indeed, germline deletion of POR leads to fetal lethality due to loss of cholesterol synthesis. POR likely contributes to other redox pathways through its ability to reduce cytochrome  $b_5$ , allowing  $b_5$ -dependent biochemical pathways to draw on both NADH and NADPH pools for reducing equivalents. These pathways include fatty acid metabolism (desaturases, elongases) and downstream steps in cholesterol synthesis. Recent studies with POR-null and cytochrome  $b_5$ -null tissues have

revealed the presence of additional microsomal redox enzymes that may substitute for or augment POR and  $b_5$ -dependent pathways, and have elucidated the unexpected importance of cytochrome  $b_5$  to P450 biochemistry. Future studies are likely to be directed at identifying these additional microsomal electron transfer proteins and their role in microsomal redox biology.

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