SnapShot: Single-Molecule Fluorescence

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Choosing the Method

Single-molecule fluorescence has been widely used in the study of intra- and intermolecular dynamics in biological systems, in addition to binding and motion on extended substrates in vitro and in vivo. There are two complementary fluorescence techniques that differ in their excitation and detection modalities: total internal reflection fluorescence (TIRF) and confocal. TIRF is a wide-field technique in which an evanescent field is used to illuminate only the surface of the sample. TIRF is particularly suited for single-molecule tracking and is also suitable for measuring conformational dynamics, intermolecular interactions, and stoichiometry of immobilized protein complexes. Confocal florescence is a focal volume-limited technique suitable for measuring diffusion constants, association and dissociation kinetics, and conformational dynamics of freely diffusing biomolecules with faster timescales (< ms) compared to TIRF (> ms). Confocal detection can also be used to achieve higher time resolution and improved signal to noise in experiments with immobilized molecules, but this is a low-throughput approach. Variations and extensions of these two approaches have led to a wide array of techniques and associated acronymms.

Fluorescent Labeling

The first essential step is labeling the biomolecules of interest. The choice of fluorescent label depends on many factors, including photostability, brightness, size, environmental sensitivity, labeling efficiency, quantum yield, wavelength, linker size, and attachment chemistry. For Förster resonance energy transfer (FRET) measurements, the spectral overlap between the donor and acceptor dictates the characteristic length scale (r_0) and the range of separations that can be resolved ($\sim 0.1r_0 - 0.9r_0$).

Single-Molecule Fluorescence of Low-Affinity Interactions

Biomolecular interactions with $\sim\mu$ M or weaker affinities can be studied by employing nanovesicles or zero-mode waveguides (ZMW) to reduce the effective detection volume (<10⁻¹⁹ l) while increasing the local concentration ($\sim\mu$ M). Advantages of nanovesicle trapping include (1) surface immobilization, (2) minimization of nonspecific interactions, (3) approximation of cellular environment, and (4) suitability for studying membrane-associated proteins. However, this technique is not suitable for studying extended substrates that exceed the vesicle diameter. Furthermore, it is difficult to effectuate buffer exchange inside of vesicles. Some of these drawbacks can be overcome using zero-mode waveguides that are metal-clad wells or lanes fabricated on a silica substrate. Effective detection volume can be as low as ~10⁻²¹ l, whereas the effective concentrations of labeled biomolecules can be in the mM range. Advantages of ZMWs include straightforward exchange of buffer and suitability for studying extended substrates. Disadvantages are the potential changes in fluorophore properties due to metal surface and higher nonspecific binding.

Analysis of Single-Molecule Data

Extracting meaningful information from single-molecule fluorescence data, which is typically noisy and can be quite complex, is challenging. There is an ever-growing array of analysis techniques ranging from simple histograms to sophisticated hidden Markov and Bayesian approaches, each with their attendant advantages and limitations. Independent of the choice of analysis methods, simulations are an invaluable tool to determine how the combined effect of the analysis procedures and noise distort the underlying phenomenon being investigated. Simulations and models can provide a rigorous test of the conclusions drawn from the data and the analysis techniques used to extract the pertinent quantities on which the conclusions are based.

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