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Original Research Paper

Pharmacokinetic performance of the nitrendipine intravenous submicron emulsion in rats



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ABSTRACT

To compare pharmacokinetic behaviors of nitrendipine submicron emulsion with nitrendipine solution following intravenous administration in rats. The plasma concentrations were analyzed by ultra-performance liquid chromatography coupled with tandem mass spectrometry detection (UPLC-MS/MS) through a new validated method. The pharmacokinetic parameters of the nitrendipine submicron emulsion and nitrendipine solution were as follows: AUC_{0-t} 900.76 \pm 186.59 versus 687.08 \pm 66.24 ng h/ml, C_{max} 854.54 \pm 159.48 versus 610.59 \pm 235.99 ng/ml, t_{1/2} 2.37 \pm 1.99 versus 2.80 \pm 2.69 h. The relative bioavailability of nitrendipine submicron emulsion to nitrendipine solution was 131.4 \pm 11.3%. The developed methods could meet the requirements of bioanalysis. Compared to the solution injection, intravenous submicron emulsion presents higher systematic exposure which can help to improve the therapeutic efficacy.

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1. Introduction

Nitrendipine (NTD) is a widely used calcium channel blocker belonging to the dihydropyridine class compounds that is being developed for the treatment of hypertension [1,2]. With its mild and persistent antihypertensive effect, it was preferred drug for elderly hypertensive patients. The molecular structure of NTD is showed in Fig. 1.

Due to its low solubility in water (about 2 μ g/ml) [3], slow dissolution rate, and high first-pass effect [4,5], NTD exhibits

low and irregular bioavailability following oral administration. To improve the solubility, various techniques have been applied, such as self-microemulsifying drug-delivery system [6], solid dispersion [7], solid lipid nanoparticles [8,9], nanosuspensions [10] and inclusion complexation [11]. However, the commercial dosage forms of NTD are still usual tablets and capsules only which all display low oral bioavailability.

In recent years, submicron emulsion was applied to improve the solubility and bioavailability of NTD as a new drug-delivery system. Composed of well-tolerated excipients, this drug-delivery system has many advantages including: (1)

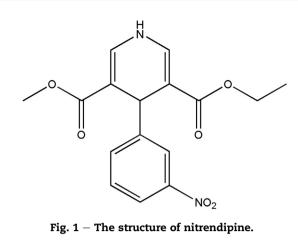
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enhancing the solubility of many hydrophobic drugs and meanwhile avoiding the use of conventional co-solvent systems; (2) preventing drug hydrolysis and enhancing drug stability by incorporating it into the interior oil phase; (3) providing the possibility of sustained-release and targeted delivery of drugs [12].

The preparation of NTD submicron emulsion has been described in details by Nana Zhao et al. [13] in her research. But there is still no study on the intravenous pharmacokinetic behaviors of nitrendipine submicron emulsion. This paper established the analysis method of NTD in vitro and got validations. Then a pharmacokinetic study on rats was preformed to evaluate whether the bioavailability of NTD was significantly improved following intravenous injection of nitrendipine submicron emulsion.

2. Materials and methods

2.1. Materials

Nitrendipine was purchased from Shanxi Sciphar Biotechnology Co., Ltd. (Shanxi, China). Egg lecithin was purchased from Shanghai advanced vehicle technology pharmaceutical Ltd. (Shanghai, China). Soybean oil and medium-chain triglyceride was supplied by Tieling Beiya Pharmaceutical Co., Ltd. (Tieling, China). Oleic acid was purchased from Lipoid GmbH Pharmaceutical Co., Ltd. (Germany). Nimodipine was purchased from Jinan Dongfeng Pharmaceutical Co., Ltd. (Jinan, China). Acetonitrile and methanol (HPLC-grade) were purchased from Fisher Scientific (Pittsburgh, PA, USA). Diethyl ether was purchased from Tianjin Fuyu Commerce & Trade Co., Ltd (Tianjin, China), Hexane was purchased from Tianjin Bodi Commerce & Trade Co., Ltd (Tianjin, China).

2.2. Bioavailability and pharmacokinetic studies of injection

2.2.1. Drug preparation and administration

The NTD submicron emulsion was prepared using egg lecithin, soybean oil, medium-chain triglyceride and oleic acid. They were mixed evenly and processed by homogenization. NTD solution: the drug was dissolved by water for injection with sodium metabisulfite, niacinamide, propanediol and ethanol which was mentioned by Nana Zhao et al. [13].

The animal experiments were approved by the Animal Experiment Ethics Committee of Shenyang Pharmaceutical University. The in vivo studies were conducted in male Sprague-Dawley rats with body weights ranging from 190 g to 210 g which were group-housed (6 animals per cage) with free access to food and water for at least one week before the pharmacokinetic study and then the rats were fasted for approximately 12 h prior to dosing. Each animal was weighed to ensure that an accurate dose was given. Nitrendipine submicron emulsion injections were used as tests and nitrendipine solution injections as references. According to clinical dosage of NTD regimen for human, the drug was injected into the tail vein at a dose of 3.15 mg/kg which was translated from human to rat by the method of BSA. Blood samples (300 μ l) were collected from the orbital plexus and put into heparinized plastic tubes at the following time after dosing: 5, 15, 30, 45 min, 1, 2, 4, 6, 8, 12 and 24 h. Then the blood was centrifuged at 3500 rpm for 10 min and stored at -20 °C until assay.

2.2.2. UPLC-MS/MS conditions

Liquid—liquid extraction technique was used to extract the drug from plasma samples and nimodipine was used as internal standard. Generally, 50 μ l of the plasma sample was mixed with 50 μ l of internal standard solution (100 ng/ml) and 50 μ l of acetonitrile—water (70:30, v/v), then 1 ml of hexanediethyl ether was added and vortexed for 3 min followed by centrifugation at 3500 rpm for 5 min. Then, the upper layer was collected and dried at 37 °C under a stream of nitrogen. The residue was reconstituted in 100 μ l mobile phase by vortex mixing (1 min) followed by centrifugation at 15,000 rpm for 10 min. Then the upper layer was used for analysis and 5 μ l was injected into UPLC—MS/MS system.

The analyses were performed on a triple-quadrupole mass spectrometer equipped with an ESI source in positive mode. The capillary voltage was 3.3 kV, and the cone voltage was 26 V for nitrendipine. The source temperature was 120 °C and the desolvation temperature was 380 °C. The cone gas flow was 50 l/h and the desolvation gas flow was 550 l/h. Quantification was carried out in the multiple reaction monitoring mode. The fragmentation transitions were m/z 361 \rightarrow 315 and 419 \rightarrow 343 for nitrendipine and nimodipine, respectively. The separation was performed on an ACQUITY UPLC[™] BEH C₁₈ column (50 mm \times 2.1 mm, 1.7 μm , Milford, MA, USA) with acetonitrile-water (70:30, v/v) as the mobile phase at a flow rate of 0.2 ml/min. The column temperature was set at 40 °C. All data were acquired and processed using MassLynx 4.1 software with the QuanLynx program (Waters Corp., Milford, MA, USA).

2.2.3. Method validation

Validation of UPLC–MS/MS method was evaluated by limit of quantification, linearity, precision, accuracy and stability. The limit of quantification (LLOQ) was defined as the concentration with a peak to peak signal-to-noise ratio of 10. A $1/x^2$ -weighted least-squares linear regression was applied to the calibration standards using the peak area ratio of analyst to internal standard. Intra- and inter-day precision and accuracy were evaluated as the relative standard deviation (RSD) by

analysis of low, medium and high QC samples (n = 6) on 3 consecutive d. The absolute recovery was determined by comparing the mean peak areas of six extracted samples at low, medium, and high QC concentrations with the mean peak areas of the corresponding standard samples. The post-preparative stability of extracted samples in the autosampler rack at room-temperature for 12 h, the room-temperature stability (22 °C for 4 h) and freeze-thaw stability (-20 °C-22 °C) were evaluated by analyzing low, medium and high QC samples (n = 3).

2.2.4. Pharmacokinetic and statistical analysis

The pharmacokinetic parameters were analyzed by using a pharmacokinetic program DAS 2.0. The mean peak concentration (C_{max}) and peak time (T_{max}) were obtained directly from the concentration-time curve. The elimination rate constant (k_e) was obtained from the linear fitted log-linear of the plasma concentration-time profile. The elimination half life ($t_{1/2}$) was calculated as $0.693/k_e$. The area under the concentration-time curve to the last time point (AUC_{0-t}) was estimated according to the linear trapezoidal rule.

The statistical analysis was performed using analysis of variance (ANOVA) at a significance level of P < 0.05.

3. Results and discussion

3.1. Mass spectrometry

The ion scan spectra of nitrendipine are shown in Fig. 2. The main mass spectrometry parameters, such as the source temperature, the capillary voltage, cone voltage and collision energy were optimized to get the sensitive response.

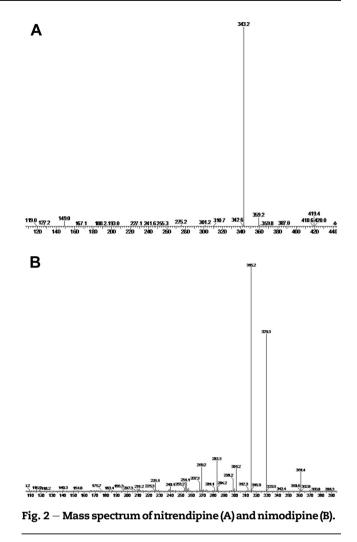
3.2. Extraction solvent

In order to choose a suitable solvent to extract the drug from plasma, several solvents were investigated by comparing the extraction recoveries. These solvents included diethyl ether, ethyl acetate, cyclohexane and isopropyl alcohol which were employed in other earlier methods [14–17]. But these solvents showed a low extraction recovery (about 20%–60%). By using a binary solvent of hexane-diethyl ether (1:1), a high extraction recovery (above 84%) was obtained. So hexane-diethyl ether (1:1) was chosen to extract the drug from plasma.

3.3. Method validation

Fig. 3 shows the typical chromatograms of blank plasma, plasma spiked with analyte and IS and a plasma sample from a rat after injection. It shows that no significant interferences from the endogenous plasma components were observed at the retention times of the analyst and the IS.

The calibration curve of nitrendipine shows a good linearity over the concentration range of 5–1250 ng/ml (r = 0.9975). The typical equations of the calibration curves using linear regression analysis were as follows: y = 4.3x + 29.19, where y is the peak area ratio of nitrendipine to the IS and x is the concentration of nitrendipine added to the plasma. The lowest limit of quantitation (LLOQ) was 5 ng/



ml. The precision at the corresponding LLOQ level was less than 15% and the accuracy was in the range of 80%–120%.

The recoveries of nitrendipine in three QC concentration levels (10, 250 and 1000 ng/ml) were shown in Table 1. The mean recoveries were 84.1 \pm 8.18%, 97.1 \pm 3.07% and 97.4 \pm 2.96%, respectively. The mean absolute recovery of the internal standard was 97.6 \pm 2.79%. All recoveries had a RSD less than 9.73% at three different concentrations, showing good assay consistency, precision and reproduction.

The intra- and inter-day precision and accuracy were within the acceptable range of $\pm 15\%$ and these results indicated that the method is accurate and precise. Stability results showed good stability of nitrendipine in rat plasma under the indicated conditions.

When this method is used, the analysis time for a single injection is just 4 min, therefore, the current UPLC-MS/MS method was considered as an appropriate method for the simple, sensitive and rapid determination of nitrendipine in plasma.

3.4. Pharmacokinetics

The mean plasma concentration-time curves and the key pharmacokinetic parameters are shown in Fig. 4 and Table 2,



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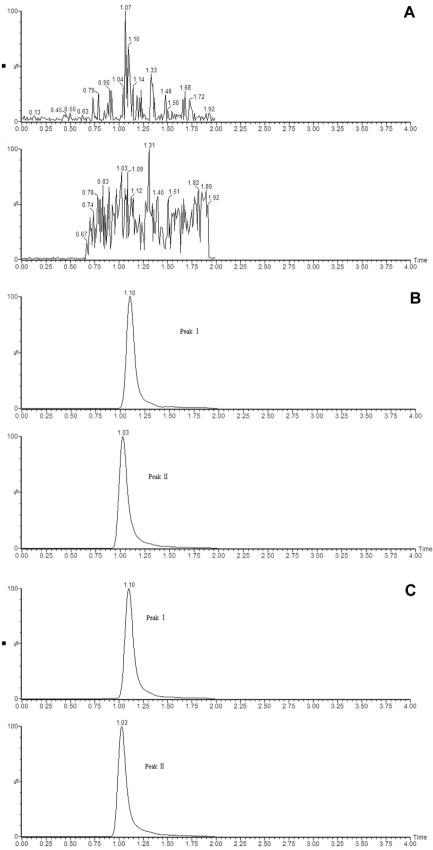


Fig. 3 – (A) A blank rat plasma; (B) a blank rat plasma spiked with nitrendipine at 500 ng/ml and internal standard (nimodipine, 100 ng/ml); (C) rat plasma obtained from a rat 15 min after administration of nitrendipine. Peak |, nimodipine; Peak ||, nitrendipine.

Table 1 – The recovery data of nitrendipine from rat plasma ($n = 6$).					
C (ng/ml)	/ml) Nitrendipine			Nimodipine	
	10	250	1000	100	
Mean ± SD (%)	84.1 ± 8.18	97.1 ± 3.07	97.4 ± 2.96	97.6 ± 2.79	
RSD (%)	9.73	3.16	3.03	2.86	

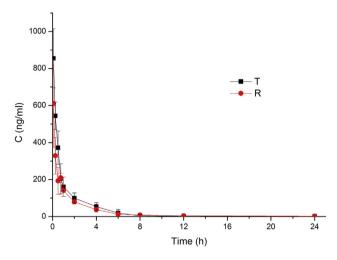


Fig. 4 – Mean concentration-time curves after administrating the test and reference formulations.

respectively. These results showed that the $C_{\rm max}$ and AUC of the submicron emulsion were significantly increased (P < 0.05) compared with that of usual solution. The $C_{\rm max}$ was about 854.54 and 610.59 ng/ml for nitrendipine submicron emulsion and nitrendipine solution, respectively. This similar finding as Kun Gao et al. [18] suggested that incorporation of durg into lipid emulsion may increase its effective plasma concentration. The AUC_{0-t} for nitrendipine submicron emulsion was 900.76 ng h/ml, about 1.3-fold higher than that of nitrendipine solution. In summary, the submicron emulsion showed a faster and better pharmacokinetic profile than the solution.

The plasma concentration-time curves revealed that the submicron emulsion shows a significantly higher plasma concentration after 45 min of injection than solution formulation. This phenomenon can be explained by the state of nitrendipine in the two formulations. In the solution, nitrendipine existing as the molecule state can be eliminated from

Table 2 – Pharmacokinetic parameters of nitrendipine
after i.v. administration (data were expressed as
mean \pm SD., $n = 6$).

$\begin{array}{ccc} C_{max} \left(ng/ml \right) & 854.54 \pm 159.48^{*} & 610.59 \pm 235.99 \\ t_{1/2} \left(h \right) & 2.37 \pm 1.99 & 2.80 \pm 2.69 \\ AUC_{0-t} \left(ng \cdot h/ml \right) & 900.76 \pm 186.59^{*} & 687.08 \pm 66.24 \\ 121.4 \pm 11.2 & 100 \\ \end{array}$	Pharmacokinetic parameters	Nitrendipine submicron emulsion	Nitrendipine solution
	t _{1/2} (h)	2.37 ± 1.99	2.80 ± 2.69
r (/o) 151.4 ± 11.5 100	AUC _{0-t} (ng·h/ml) F (%)	$900.76 \pm 186.59^{*}$ 131.4 ± 11.3	687.08 ± 66.24 100

^{*}P < 0.05 versus nitrendipine solution injections as controls.

plasma rapidly. But in the submicron emulsion, nitrendipine was entrapped into the interior oil phase, so it was slowly for the drug to release from the carrier. This result attributed to the effect of sustained-release, which was in agreement with the report [19,20]. And it did not have dose dumping phenomenon in vivo. This result meant that the NTD submicron emulsion also had good stability in vivo compare with the results of stability studies in vitro from Nana Zhao et al. [13].

4. Conclusion

This paper established a rapid, sensitive and accurate UPLC-MS/MS method to study the pharmacokinetics of netrendipine submicron emulsion in rats. The submicron emulsion showed a better absorption than the solution. The results suggest that it is a promising way to improve the bioavailability of poorly soluble drugs by the application of submicron emulsion.

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