

# Signals from intra-abdominal fat modulate insulin and leptin sensitivity through different mechanisms: Neuronal involvement in food-intake regulation

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## Summary

**Intra-abdominal fat accumulation is involved in development of the metabolic syndrome, which is associated with insulin and leptin resistance. We show here that ectopic expression of very low levels of uncoupling protein 1 (UCP1) in epididymal fat (Epi) reverses both insulin and leptin resistance. UCP1 expression in Epi improved glucose tolerance and decreased food intake in both diet-induced and genetically obese mouse models. In contrast, UCP1 expression in Epi of leptin-receptor mutant mice did not alter food intake, though it significantly decreased blood glucose and insulin levels. Thus, hypophagia induction requires a leptin signal, while the improved insulin sensitivity appears to be leptin independent. In wild-type mice, local-nerve dissection in the epididymis or pharmacological afferent blockade blunted the decrease in food intake, suggesting that afferent-nerve signals from intra-abdominal fat tissue regulate food intake by modulating hypothalamic leptin sensitivity. These novel signals are potential therapeutic targets for the metabolic syndrome.**

## Introduction

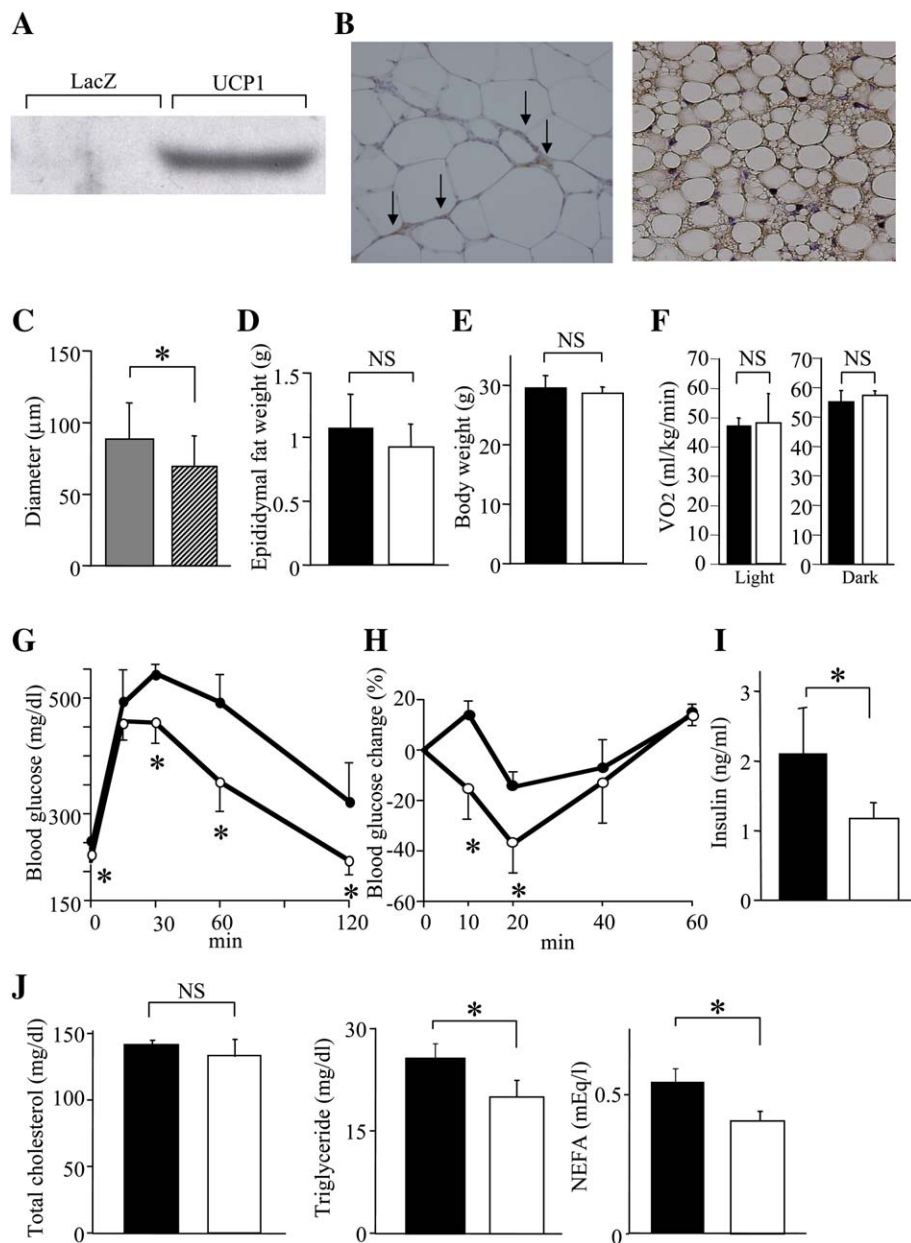
The explosive increase in obesity has become a major public health concern in most industrialized countries (Flier, 2004; Friedman, 2003). Insulin resistance is a fundamental contributor to the metabolic syndrome associated with type 2 diabetes, hypertension, hyperlipidemia, and atherosclerosis. Major advancements in this field include the discoveries of adipocyte-derived humoral factors, such as leptin (Friedman and Halaas, 1998). Leptin conveys energy-storage information from adipose tissue to the central nervous system, leading to food-intake suppression. However, in patients with ordinary obesity, serum leptin levels are increased in proportion to body fat (Considine et al., 1996), but the responses to leptin are impaired (Heymsfield et al., 1999), which defines a state of leptin resistance. Leptin resistance also contributes to the development of obesity and obesity-related metabolic disorders.

Fat accumulation in intra-abdominal fat tissue is involved in development of the metabolic syndrome (Bjorntorp, 1992; Matsuzawa et al., 1995) associated with insulin and leptin resistance (Friedman, 2003). Therefore, in this study, to examine whether the metabolic changes in intra-abdominal fat tissue affect insulin and leptin resistance as well as systemic glucose metabolism, we attempted to express uncoupling protein 1 (UCP1), which functions to dissipate energy as heat (Kling-

berg and Huang, 1999), in epididymal fat tissue (Epi) in mice with obesity and diabetes.

## Results and discussion

C57BL/6 mice were subjected to direct injection of the UCP1 adenovirus vector into Epi (UCP1 mice) after the development of diabetes associated with obesity in response to high-fat chow preloading for 4 weeks. Mice given the LacZ adenovirus were used as controls (LacZ mice). Immunoblotting detected adenovirus-mediated UCP1 expression in Epi (see Figure S1A in the Supplemental Data available with this article online), and this expression was restricted to Epi (Fig. S1A). UCP1 expression in Epi was detectable on the first day after adenoviral injection and was increased on day 3 but had fallen to very low levels by day 7 (Figure S1B). However, expression levels were far below those of endogenous protein in BAT: on day 3, approximately 5% per unit weight protein (Figure S1B). UCP1 expression was restricted to very limited portions of the tissue (left panel of Figure 1B). Judging from the intensity of immunostaining, UCP1 expression levels in UCP1-expressing white adipocytes did not reach those in brown adipocytes (right panel of Figure 1B). UCP1-expressing adipocytes were significantly smaller than UCP1-nonexpressing adipocytes in the same tissue (Figure 1C), suggesting enhanced metabolism in the former.



**Figure 1.** UCP1 expression in Epi improved glucose tolerance and insulin sensitivity

**A)** Immunoblotting, with anti-UCP1 antibody, of Epi extracts from LacZ and UCP1 mice on day 3 after adenoviral administration.

**B)** Immunohistochemistry, with anti-UCP1 antibody, of Epi (left panel) and BAT (right panel) sections from a UCP1 mouse on day 3 after adenoviral administration. These two samples were immunostained under the same conditions.

**C)** Diameters of UCP1-nonexpressing (gray bar) and UCP1-expressing (hatched bar) adipocytes in Epi from UCP1 mice on day 3 after adenoviral administration.

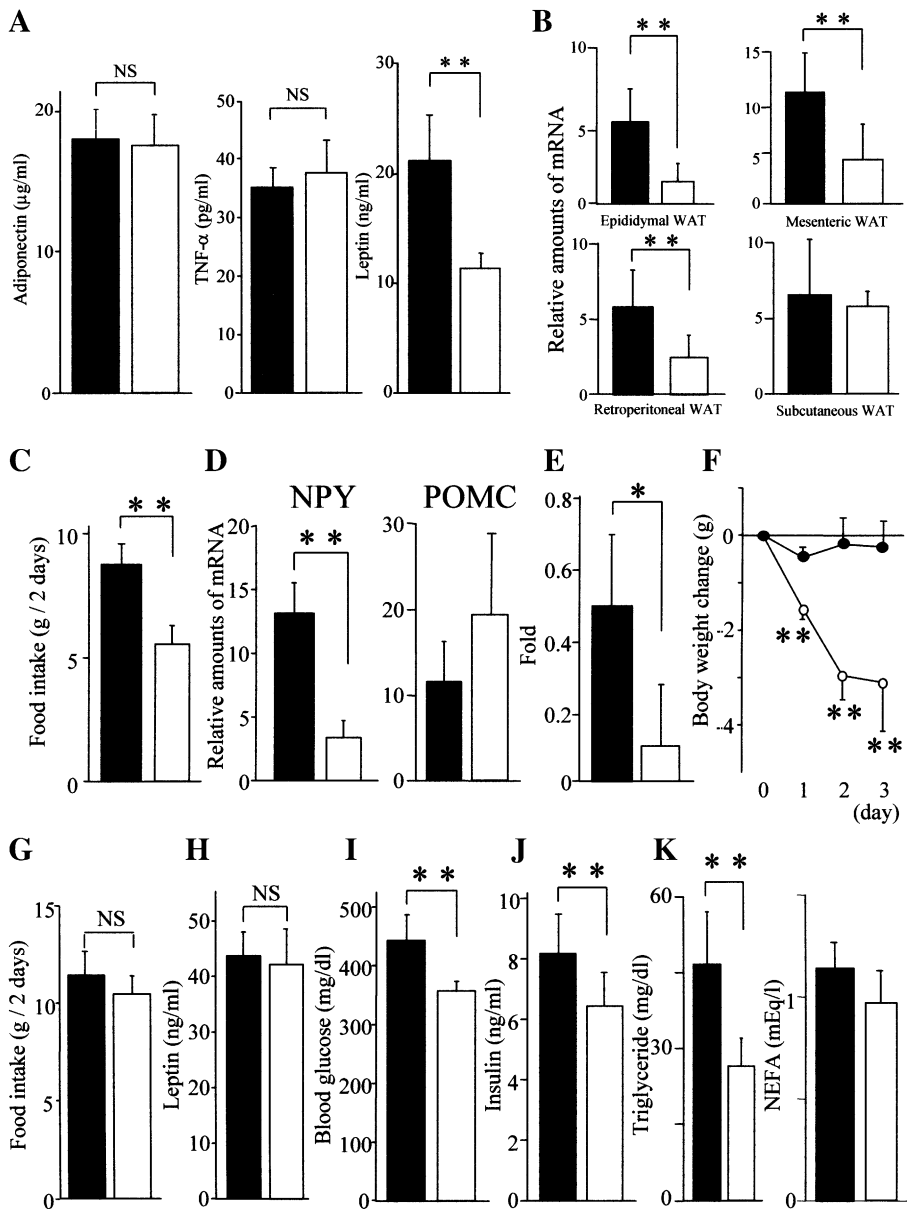
**D–J)** Epididymal fat weights (**D**), body weights (**E**), resting oxygen consumption during light and dark phase (**F**), and metabolic parameters (**G–J**) of LacZ mice (black bars) and UCP1 mice (white bars) on day 3 after adenoviral administration. Glucose-tolerance (**G**) and insulin-tolerance tests (**H**) were performed on day 3. Data in (**H**) are expressed as percentages of the blood glucose levels immediately before intraperitoneal insulin loading. Serum insulin levels (**I**) and serum lipid parameters (**J**; left: total cholesterol, middle: triglyceride, right: free fatty acids) were measured after a 10 hr fast (n = 6 per group). Data are presented as means ± SD (n = 6 per group). \*p < 0.05 by unpaired t test.

We further confirmed enhanced metabolism by adenoviral UCP1 expression using 3T3-L1 adipocytes. UCP1 expression decreased intracellular ATP concentrations (Figure S1C) and increased levels of peroxisome proliferator-activated receptor  $\gamma$  coactivator (PGC) 1 $\alpha$  and cytochrome c expression (Figure S1D). Thus, exogenous UCP1 was functionally active, resulting in increased mitochondrial biosynthesis in adipocytes.

However, neither total Epi weights nor body weights differed between LacZ and UCP1 mice on day 3 after adenoviral administration (Figures 1D and 1E). Oxygen consumption was not affected by UCP1 expression in Epi during either the light or the dark phase (Figure 1F), also reflecting the very limited UCP1 expression. Therefore, to avoid the secondary effects of body-weight change, we analyzed metabolic parameters on day 3. To our surprise, however, even very limited UCP1 expression in Epi resulted in marked changes in metabolic phenotype.

Glucose- and insulin-tolerance tests indicated marked improvements in glucose tolerance and insulin sensitivity (Figures 1G and 1H). Fasting blood glucose (Figure 1G) and insulin (Figure 1I) levels were significantly lower in UCP1 mice, further confirming improved insulin sensitivity. In addition, serum lipid parameters, including triglycerides and free fatty acids (Figure 1J), were also improved with UCP1 expression in Epi. Thus, limited regional expression of UCP1 in Epi markedly improved systemic insulin resistance, resulting in improvement of diabetes and dyslipidemia.

Next, we measured serum adipocytokine levels (Figure 2A). Adiponectin and tumor necrosis factor  $\alpha$  levels were not significantly altered. In contrast, serum leptin was markedly decreased, by 46%, with UCP1 expression in Epi. Although intra-abdominal fat-tissue weights were unaltered or only very slightly decreased in UCP1 mice (Figure 1D and Figure S1E),



**Figure 2.** UCP1 expression in Epi improved leptin sensitivity

**A–F)** LacZ (black bars) or UCP1 (white bars) adenovirus was injected into Epi of mice with dietary obesity.

**A)** Serum adipocytokine levels (left: adiponectin, middle: TNF $\alpha$ , right: leptin) in LacZ mice and UCP1 mice after a 10 hr fast on day 3 after adenoviral administration.

**B)** Relative amounts of leptin mRNA in adipose tissues.

**C)** Total food intakes on days 2 and 3 after adenoviral administration.

**D)** Relative amounts of neuropeptide Y (left) and proopiomelanocortin (right) mRNA were measured by quantitative RT-PCR using total RNA obtained from the hypothalamus on day 2 after adenoviral administration. Data were corrected with  $\beta$ -actin as the standard (**B** and **D**).

**E and F)** Leptin-tolerance tests were performed on day 3 after adenoviral administration. Data were expressed as ratios to the food intakes of vehicle-treated mice (**E**). Mice were weighed at 12 hr after each daily injection of leptin or vehicle (**F**).

**G–K)** LacZ (black bars) or UCP1 (white bars) adenovirus was injected into Epi of db/db mice.

**G)** Total food intakes on days 2 and 3 after adenoviral administration are presented.

**H–K)** Blood leptin (**H**), glucose (**I**), and insulin (**J**) levels and serum lipid parameters (**K**): left: triglyceride, right: free fatty acids) of db/db mice were measured after a 10 hr fast. Data are presented as means  $\pm$  SD (n = 8 per group). \*p < 0.05; \*\*p < 0.01 by unpaired t test.

leptin mRNA expression was markedly decreased in intra-abdominal fat tissues (Figure 2B). Thus, the effects of UCP1 expression in Epi are also exerted in fat tissues other than those injected with the adenovirus. Food intake was significantly suppressed (Figure 2C), indicating that hypothalamic leptin sensitivity was markedly improved despite the lack of significant changes in body weights. Decreased leptin expression in several adipose tissues suggests efferent sympathetic nerve activation, which also supports leptin signal enhancement.

Administration of green fluorescent protein-adenovirus exerted minimal metabolic effects (Figures S1F–S1J). On day 7, when adenoviral UCP1 expression was markedly decreased (Figure S1B), blood glucose, insulin, and leptin levels did not differ between the UCP1 and LacZ mice (Figure S2). In addition, we confirmed the metabolic effects of UCP1 expression in Epi using three other obese models: AKR mice on high-fat chow and KK mice and KK-Ay mice on normal chow. In these three models, similar metabolic impacts were observed with UCP1 adenovirus

administration into Epi (Figure S3). Thus, UCP1 expression in Epi exerts acute, beneficial metabolic effects in both diet-induced and genetically obese models.

Increased leptin signals in the hypothalamus induced by UCP1 expression in Epi were further confirmed by changed levels of hypothalamic neuropeptide expression in UCP1 mice on day 3 after adenoviral administration. Real-time RT-PCR revealed adipose UCP1 expression to significantly decrease expression of neuropeptide Y, an orexigenic neuropeptide, while tending to increase that of proopiomelanocortin, a precursor of an anorexigenic neuropeptide, in the hypothalamus (Figure 2D).

To directly test whether leptin sensitivity was improved, we performed leptin-tolerance tests. When leptin was injected intraperitoneally into fasting mice on day 3, leptin-induced food-intake inhibition was far more profound in UCP1 mice than in LacZ mice (Figure 2E). In addition, when leptin was given daily, body weights were significantly decreased (Figure 2F). Thus,

even very limited UCP1 expression in Epi exerts a remote therapeutic effect on hypothalamic leptin resistance, which had already developed in response to preloading with high-fat chow. Transgenic overexpression of UCP1 (Kopecky et al., 1995) and rather minor induction of UCP1 in white adipose tissue (Cederberg et al., 2001; Leonardsson et al., 2004; Tsukiyama-Kohara et al., 2001; Um et al., 2004) result in resistance to high-fat-diet-induced obesity but do not reportedly cause hypophagia. In this study, however, we expressed UCP1 after the development of obesity and leptin resistance and were thus able to observe acute, beneficial effects, i.e., improved leptin sensitivity, which would be difficult to detect using congenitally UCP1-overexpressing mice.

Increased leptin sensitivity is likely to be involved in the phenotype of UCP1 mice. If this is the case, at least some of the phenotypic features of UCP1 mice would presumably be absent in mice lacking the hypothalamic leptin signal. To test this, UCP1 or LacZ adenovirus was injected into Epi of db/db mice, leptin-receptor Ob-Rb mutants. Food intake (Figure 2G) and serum leptin (Figure 2H) did not differ between LacZ-expressing and UCP1-expressing db/db mice. These findings confirm that the effect of UCP1 expression in Epi on food intake is leptin-signal dependent. On the other hand, UCP1 expression in Epi of db/db mice caused small but significant decreases in blood glucose (Figure 2I), insulin (Figure 2J), and triglyceride (Figure 2K) levels, as well as tending to decrease serum free-fatty-acid levels (Figure 2K). These findings demonstrate that UCP1 expression in Epi improves insulin sensitivity, in part, independently of leptin signaling.

To eliminate the secondary effects of reduced food intake, pair-feeding experiments were performed using C57BL/6 wild-type mice (Figure S4). Pair feeding did not significantly alter the body weights of LacZ mice. Fasting blood glucose did not differ between UCP1 mice and pair-fed LacZ mice, but after glucose loading, blood glucose levels were significantly lower in UCP1 mice. In addition, serum insulin and leptin levels were significantly lower in UCP1 mice than in pair-fed LacZ mice. Taken together with the results obtained using db/db mice, the improved insulin sensitivity induced by UCP1 expression in Epi appears not to be mediated solely by decreased food intake.

The same amounts of recombinant adenovirus encoding UCP1 were directly injected into subcutaneous fat tissues in the flank of C57BL/6 mice with dietary obesity and diabetes. UCP1 expression levels were similar to those obtained by injection into Epi (data not shown). Food intake was significantly decreased by UCP1 expression, as compared with LacZ expression, in subcutaneous fat (Figure 3A), but the effects were much smaller than those produced by UCP1 expression in Epi (Figure 2C). Furthermore, there were no statistically significant decreases in blood glucose (Figure 3B), insulin (Figure 3C), or leptin (Figure 3D) levels. Thus, exogenous UCP1 expression in subcutaneous fat was far less effective in improving insulin and leptin resistance than that in intra-abdominal fat tissue. These findings suggest the anatomical location of the manipulated adipose tissue to be involved in the observed therapeutic effects, which would appear to be important for understanding the metabolic differences between visceral fat-dominant and subcutaneous fat-dominant obesity.

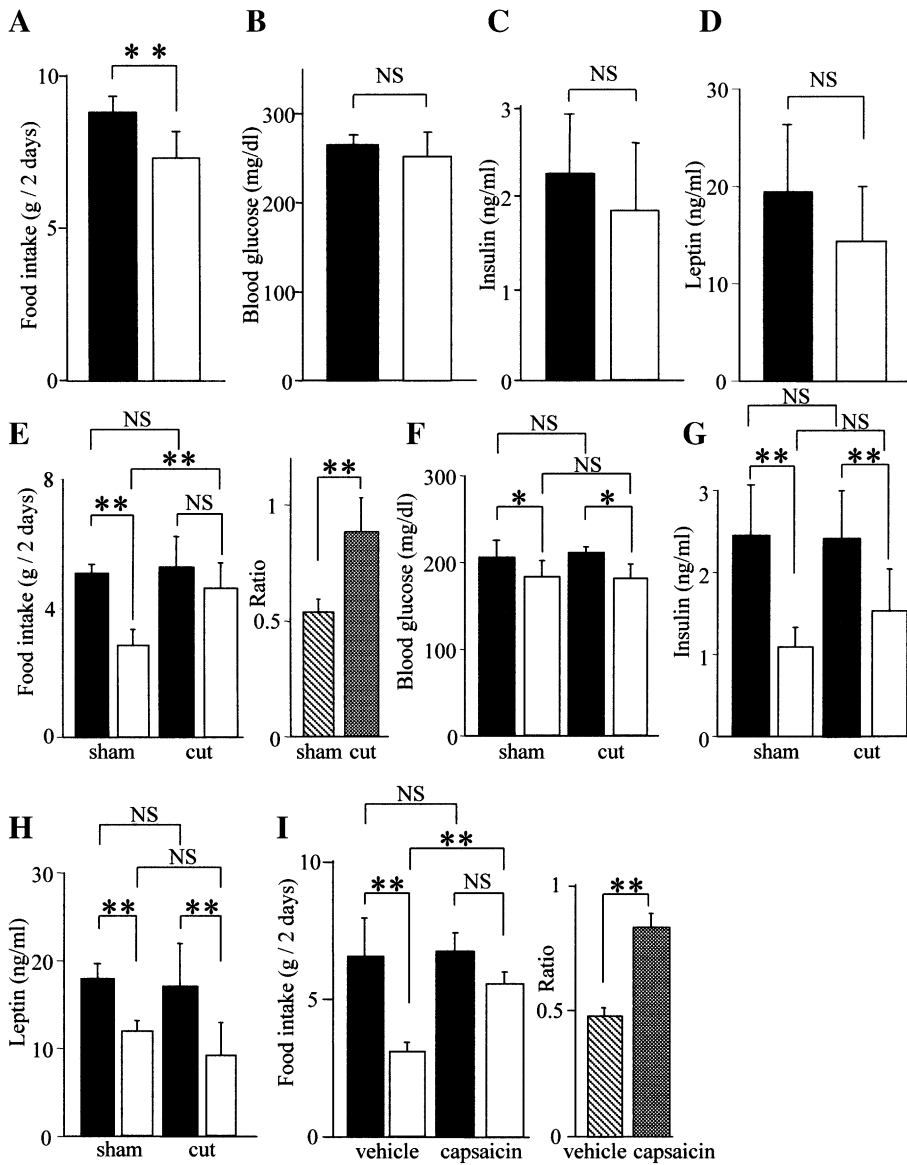
How does the signal (or signals) from intra-abdominal fat tissue exert these remote effects? The importance of anatomical fat-tissue location suggests the involvement of neuronal signal-

ing. The afferent activity from Epi is reportedly transmitted through the nerve bundle, which runs alongside blood vessels supplying Epi, in rats (Niijima, 1998). To study the possible involvement of neuronal signals from Epi, we dissected this nerve bundle in mice with dietary obesity and diabetes. Ten days after bilateral nerve-bundle dissection, adenoviruses were injected into Epi. No significant differences in body weights or Epi weights were observed between sham-operated and nerve-dissected mice (data not shown). While UCP1 adenoviral administration significantly decreased food intake in sham-operated mice, nerve dissection blunted this decrease in food intake such that it was no longer statistically significant (Figure 3E). Similarly, nerve dissection blunted a decrease in hypothalamic NPY mRNA expression, rendering it statistically insignificant (NPY; LacZ versus UCP1:  $12.06 \pm 6.16$  versus  $6.39 \pm 3.10$ ;  $p = 0.15$ ). These findings suggest that neuronal signals from intra-abdominal fat tissue are involved in food-intake regulation. In contrast, in nerve-dissected mice, blood glucose (Figure 3F) as well as serum insulin (Figure 3G) and leptin (Figure 3H) levels were significantly suppressed in a fashion similar to in sham-operated mice. Thus, improved insulin resistance is largely independent of this neuronal pathway.

To confirm that afferent-nerve signals are involved in UCP1-expression-mediated suppression of food intake, we next examined the effects of functional deafferentation by administering capsaicin (Fu et al., 2003), a selective neurotoxin for unmyelinated C fibers. In LacZ mice, food intake was not altered by capsaicin treatment 10 days prior to adenoviral administration. In contrast, capsaicin pretreatment significantly reversed the food-intake suppression induced by UCP1 expression in Epi (Figure 3I). The inhibitory effect of capsaicin pretreatment was very similar to that of local-nerve dissection (Figure 3E). Taken together, these observations suggest that afferent-nerve signals from Epi are involved in food-intake regulation. To elucidate the molecular mechanism whereby UCP1 expression in Epi modulates neuronal activity, we searched for genes upregulated by adipose UCP1 expression. Using the DNA microarray technique, gene expressions were examined in LacZ- and UCP1-adenovirus-treated Epi (Table S1) and in 3T3-L1 adipocytes (Table S2). With the exception of UCP1, however, there was no overlap in genes showing significantly increased expression. Although further expression profiling including proteomic approaches might elucidate the underlying mechanisms, the apparent lack of genes showing increased expression raises the possibility that the activation of afferent nerves does not involve gene-expression alterations. For instance, UCP1 generates heat, and a capsaicin receptor, TRPV1, is activated by a slightly above normal body temperature (Caterina et al., 1997). Capsaicin treatment affected UCP1-induced food-intake suppression (Figure 3I), raising the possibility that UCP1 expression activates capsaicin-sensitive nerves via TRPV1 activation. Another possibility is involvement of reactive oxygen species, which are affected by mitochondrial uncoupling (Bernal-Mizrachi et al., 2005; Jezek et al., 2004) and reportedly regulate capsaicin-sensitive afferent fibers (Ruan et al., 2005). Further studies are required to examine these hypotheses.

In this study, very limited UCP1 expression in Epi markedly improved insulin and leptin resistance, thereby improving glucose tolerance and decreasing food intake. UCP1 mice were more insulin sensitive than pair-fed LacZ mice. In addition, in db/db mice, despite no food-intake suppression, blood glucose





**Figure 3.** Neuronal signals are likely to be involved in food-intake regulation

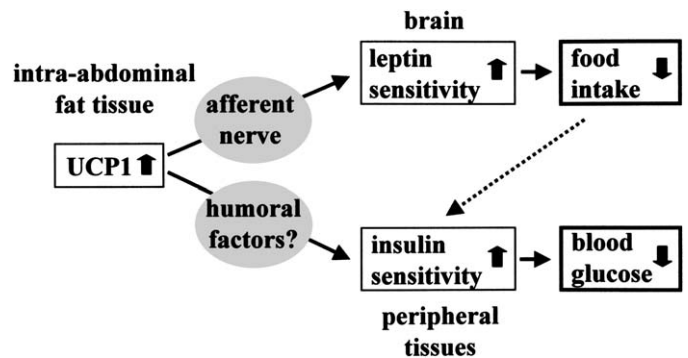
**A–D)** LacZ (black bars) or UCP1 (white bars) adenovirus was injected into subcutaneous fat, and metabolic markers were measured. Total food intakes on days 2 and 3 after adenoviral administration are presented. Blood glucose (**B**), insulin (**C**), and leptin (**D**) levels were determined after a 10 hr fast on day 3 after adenoviral administration. \*\**p* < 0.01 by unpaired *t* test.

**E–H)** Mice were subjected to local-nerve dissection 10 days prior to adenoviral injection into Epi. Total food intakes of sham-operated (sham) and nerve-dissected (cut) mice (**E**) on days 2 and 3 are presented graphically. Blood glucose (**F**), serum insulin (**G**), and leptin (**H**) levels were determined on day 3. **I)** Mice were treated with capsaicin or vehicle 10 days prior to adenoviral injection into Epi. Total food intakes on days 2 and 3 after administration of LacZ (black bars) or UCP1 (white bars) adenovirus are presented. In (**E**) and (**I**), the food intakes of UCP1 mice are expressed in the right graph as ratios to those of LacZ mice. \*\**p* < 0.01 assessed by one-factor ANOVA. Data are presented as means ± SD.

and insulin levels were modestly but significantly decreased by UCP1 expression in Epi. Thus, the mechanism underlying improved insulin sensitivity with UCP1 expression in Epi is, in part, independent of leptin signaling and food-intake suppression (Figure 4). Dissection of the nerve bundle from Epi did not alter the decreases in blood glucose and insulin levels. Taken together with the findings that UCP1 expression in subcutaneous fat did not significantly decrease blood glucose or insulin levels, our observations indicate that nonneuronal signals including humoral factors from intra-abdominal adipose tissue possibly participate in systemic improvement of insulin resistance. Since UCP1 expression was observed in a very limited population of adipocytes in Epi, suppression of insulin-resistant adipocytokine secretion is unlikely to explain the beneficial effects. Serum adiponectin levels were not altered, suggesting involvement of other unknown insulin-sensitizing factor (or factors).

On the other hand, decreased food intake is likely to be, at least partially, mediated by afferent-nerve signals from Epi (Figure 4). Afferent-nerve signals from Epi to the central nervous

system reportedly result in a reflex from epididymal fat to white adipose tissues via efferent sympathetic-nerve activation (Nii-jima, 1998; Tanida et al., 2000). In addition, vagal afferent



**Figure 4.** The proposed mechanism whereby UCP1 expression in Epi decreases food intake and improves glucose tolerance

neuronal signals from intra-abdominal tissues, including the gut (Fu et al., 2003; Smith et al., 1981) and the liver (Friedman, 1998; Scharrer, 1999), are known to play a part in regulating food intake. We also reported that UCP1 gene administration into the liver modulates food intake (Ishigaki et al., 2005). Herein we report that intra-abdominal fat tissue is likely to convey metabolic signals to the brain via a neuronal pathway, in addition to via the circulation, resulting in modulation of food intake. Although the precise molecular mechanism remains to be elucidated, this neuronal pathway might play a role in development of the metabolic syndrome, making it a potentially novel therapeutic target.

## Experimental procedures

### Preparation of recombinant adenovirus

Recombinant adenovirus containing murine UCP1 cDNA (Ishigaki et al., 2005) was constructed as described previously (Katagiri et al., 1996). Recombinant adenoviruses bearing the bacterial  $\beta$ -galactosidase gene (*Adex1CALacZ*) and green fluorescent protein (*AdCMV-GFP*) were used as controls.

### Animals and in vivo adenovirus injection into fat pad

Animal studies were conducted in accordance with the institutional guidelines for animal experiments at Tohoku University. Male C57BL/6N and AKR/N mice were housed individually, and high-fat-chow feeding (32% safflower oil, 33.1% casein, 17.6% sucrose, and 5.6% cellulose) (Ishigaki et al., 2005) was initiated at 5 weeks of age. After 4 weeks of high-fat-chow loading, body-weight-matched mice were anesthetized prior to dissection of the skin and body wall. The adenoviral preparation ( $1 \times 10^8$  plaque-forming units in a volume of 20  $\mu$ l) was injected at two points each on each side of the epididymal fat pad or subcutaneous fat tissues in the flank, i.e., a total of four points. KK mice and KK-Ay mice maintained on a standard diet (65% carbohydrate, 4% fat, 24% protein) were similarly administered adenoviruses at 9 weeks and 5 weeks of age, respectively.

### Immunoblotting

Tissue protein extracts (250  $\mu$ g total protein) were boiled in Laemmli buffer containing 10 mM dithiothreitol, subjected to SDS-polyacrylamide gel electrophoresis, and transferred onto nitrocellulose filters. The filters were incubated with anti-UCP1 antibody (Santa Cruz Biotechnology, Santa Cruz, California) and then with anti-goat immunoglobulin G coupled to horseradish peroxidase. The immunoblots were visualized with an enhanced chemiluminescence detection kit (Amersham, Buckinghamshire, UK). The intensities of bands were quantified with the NIH Image 1.62 program.

### Histological analysis

Mouse epididymal fat and BAT were immunostained as previously reported (Ishigaki et al., 2005). Mature white adipocytes were identified by their characteristic unilocular appearance. Diameters of 100 or more white adipocytes per mouse in each group were traced manually and analyzed.

### Oxygen consumption

Oxygen consumption was measured as previously reported (Ishigaki et al., 2005).

### Pair-feeding experiments

Pair-feeding experiments were performed as previously described (Ishigaki et al., 2005).

### Blood analysis

Blood glucose and serum insulin, leptin, adiponectin, TNF $\alpha$ , total cholesterol, triglyceride, and free-fatty-acid levels were determined as previously described (Ishigaki et al., 2005).

### Measurement of quantitative RT-PCR-based gene expression

The skull was reflected from the brain and the hypothalamus was isolated by snap freezing in liquid nitrogen as previously reported (Bjorbaek et al., 1998).

Total RNA was isolated from mouse hypothalamus, fat tissues, or 3T3-L1 adipocytes with ISOGEN (Wako Pure Chemical Co., Osaka, Japan), and cDNA synthesized from total RNA was evaluated with a real-time PCR quantitative system (Light Cycler Quick System 350S; Roche Diagnostics GmbH, Mannheim, Germany). The relative amount of mRNA was calculated with  $\beta$ -actin mRNA as the invariant control. The primers used are shown in Table S3.

### Glucose-, insulin-, and leptin-tolerance tests

Glucose-tolerance tests were performed on fasted (10 hr, daytime) mice. Mice were given glucose (2 g/kg of body weight) intraperitoneally, followed by measurement of blood glucose levels. Insulin-tolerance tests were performed on ad libitum-fed mice. Mice were intraperitoneally injected with human regular insulin (0.75 U/kg of body weight; Eli Lilly Co., Kobe, Japan).

Leptin-tolerance tests were carried out as described in a previous report (Igel et al., 1997), with slight modification. Fasted (12 hr) mice were injected with mouse leptin (7.2 mg/kg of body weight; R&D Systems, Inc.) intraperitoneally, and food intakes were monitored for 12 hr after the injection. To examine effects on body-weight change, these two groups of mice were given leptin daily starting on the day of adenoviral administration. Each mouse was then weighed.

### Capsaicin treatments

Capsaicin treatment was performed as described in a previous report (Fu et al., 2003), with minor modification. Mice were anesthetized prior to subcutaneous injection of capsaicin solution (50 mg/kg, 12.5 mg/ml dissolved in vehicle). The control group received vehicle treatment (10% Tween 80, 10% ethanol, and 80% saline) under identical administration conditions. Adenoviral administration into Epi was carried out 10 days later.

### Local-nerve dissection

The small nerve bundle which runs along side blood vessels supplying Epi was dissected as previously reported (Nijima, 1998). Ten days after bilateral dissection of this nerve bundle, adenoviruses were injected into epididymal fat pad.

### Measurement of ATP

Fully differentiated 3T3-L1 adipocytes were infected with recombinant adenoviruses as previously described (Katagiri et al., 1996). Intracellular ATP levels were measured using an ATP determination kit (TOYO B-Net, Tokyo, Japan).

### Microarray experiments

Total RNA from epididymal fat or 3T3-L1 adipocytes was used to synthesize cRNA, which was then hybridized to an HG-U133A oligonucleotide array (Affymetrix, Santa Clara, California) according to standard protocols, as described previously (Hippo et al., 2002).

### Statistical analysis

All data were expressed as means  $\pm$  SD. The statistical significance of differences was assessed by the unpaired t test and one-factor ANOVA.

### Supplemental data

Supplemental Data include four figures and three tables and can be found with this article online at <http://www.cellmetabolism.org/cgi/content/full/3/3/223/DC1/>.

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