Original Report

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Strain Variation in *Mycobacterium avium*: Polymorphism of IS*1110*-Related Sequences

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ABSTRACT

Objectives: To determine the occurrence and distribution of IS*1110* in a sample of clinical isolates; to investigate the polymorphism detected with IS*1110*-derived probes, and the stability of such patterns; and to evaluate IS*1110*-based probes, in comparison with other methods, for differentiation of *Mycobacterium avium* isolates.

Design: Fifty *M. avium* complex strains used for evaluation of the IS1110 probe originated from the Memorial Sloan-Kettering Cancer Center, New York.

Results: IS1110 hybridizes to a highly polymorphic element in most *M. avium* strains. Most banding patterns were found to be unique, but four groups of identical strains were identified. One group, from non-AIDS subjects, was associated with colonization rather than dissemination or invasion. Combining pMB22 and IS1110 typing yielded higher discrimination than either probe alone. Comparison of IS1110 and pMB22 polymorphisms with multilocus enzyme electrophoresis indicated that the three methods were essentially independent.

Conclusions: IS1110 provides a convenient method for differentiating *M. avium* isolates for epidemiologic purposes.

Key Words: *AIDS, epidemiology, insertion sequence,* Mycobacterium avium, *polymorphism, typing*

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Infections due to mycobacteria occupy an important place in patients with acquired immunodeficiency syndrome (AIDS); of these, the *Mycobacterium avium* complex is predominant in AIDS patients from developed countries. Little is known concerning the source or mode of transmission of *M. avium* complex disease in AIDS patients.

The *M. avium* complex can be divided into *M. avium* or *Mycobacterium intracellulare* by commercially available DNA probes. The use of these probes has demonstrated that almost all AIDS-associated *M. avium* complex strains are identifiable specifically as *M. avium*. However, not all serovars of *M. avium* are equally represented: AIDS-associated strains are more commonly serovars 4, 6, and 8; whereas strains found in animals and birds tended to be serovars 1 to 3.¹⁻³ The insertion sequence IS901 is not found in AIDS-associated strains.⁴

Serotyping is insufficiently discriminatory for many purposes, especially as most strains from AIDS patients belong to a limited spectrum of serotypes. Whole genome fingerprinting using pulsed-field gel electrophoresis (PFGE) and multilocus enzyme electrophoresis (MLEE) have been shown to divide clinical M. avium strains into a number of types,⁵⁻⁸ and PFGE has been used to demonstrate mixed infections.9 Strains of the M. avium complex also have been differentiated on the basis of the sequence of the 16s-23s rDNA internal transcribed spacer region.^{10,11} However, these techniques are not readily applied to large numbers of isolates. Previous studies have shown that the probe pMB22 can be used for restriction fragment length polymorphism (RFLP) typing strains of M. avium, but the limited extent of the polymorphism seen with pMB22 restricts its usefulness for epidemiologic studies.12-14

Insertion sequences have been widely used for characterization of bacterial strains; in particular, IS6110/IS986 has proven invaluable for epidemiologic studies of *Mycobacterium tuberculosis* infections.¹⁵ The authors have recently reported a highly mobile insertion sequence, IS1110, in *M. avium*; this element is related to (but does not cross-hybridize with) IS900 and IS901/IS902. Preliminary studies with this insertion sequence indicated that it was found in only a small number of *M. avium* strains.¹⁶ However, prolonged exposure of Southern blots disclosed the presence of weakly hybridizing bands in many of the isolates tested, suggesting the presence of another insertion sequence partly related to IS1110. Furthermore, the banding patterns obtained exhibited extensive polymorphism, even between strains that had identical RFLP patterns with the pMB22 probe. These results prompted investigators to examine the occurrence and distribution of IS1110 in *M. avium* and establish the extent of the polymorphism seen with IS1110. An unrelated insertion sequence, IS1245, has also recently been shown to be useful in analyzing the relatedness of strains of *M. avium*.^{17,18}

MATERIAL AND METHODS

Source of *Mycobacterium avium/Mycobacterium intracellulare* Isolates

The M. avium/M. intracellulare isolates used for the evaluation of the IS1110-derived probe were obtained from the Memorial Sloan-Kettering Cancer Center, New York. After elimination of nonviable isolates and apparently identical isolates originating from the same patient, 50 isolates were tested (32 from AIDS patients and 18 from non-AIDS subjects). Of these, four strains were identified, using Gen-Probe (Gen-Probe Inc, San Diego, CA, USA), as M. intracellulare, all from non-AIDS sources, the remainder being M. avium. This distinction was confirmed by serotyping and by RFLP analysis with pMB22.12 Multilocus enzyme electrophoresis was performed using six enzymes: malate dehydrogenase, phosphogluconate dehydrogenase, benzyl alcohol dehydrogenase, esterase, leucine aminopeptidase, and phosphoglucose isomerase. Enzymes were separated on 11% starch gels and stained as described previously.8 Allele numbers were assigned in ascending order, based on increased migration toward the anode. An electrophoretic type (ET) was assigned to each strain, based on its combination of allele numbers.

The sources were classified as colonization, invasive, or disseminated as follows. Colonization indicates the specimen came from an anatomic site (usually lung or gastrointestinal tract) that does not suggest tissue invasion, no other isolates from that patient suggested tissue invasion, absence of a clinical syndrome compatible with invasion, and absence of *M. avium* cultures from the same site on different days. Invasion was determined by histopathology (or clinical evidence of compatible disease, but without evidence of dissemination). Dissemination was indicated by positive cultures from blood or bone marrow.

Characteristics of Strains Tested

The most common serotypes were 4 and 8 (25% and 21%, respectively) with serotypes 1, 2, and 6 contributing 11%, 5%, and 12%, respectively. Serotype 8 appeared to be more prevalent among the AIDS isolates, but the

difference was not statistically significant. These results are broadly in line with previous reports.²⁻⁴

DNA Extraction and Restriction Fragment Length Polymorphism Analysis

Total mycobacterial DNA extraction was carried out as previously described.¹² DNA samples (0.5-1 µg) were digested with *Pvu*II, subjected to agarose gel electrophoresis and Southern blotted using Hybond N membranes (Amersham International, Aylesbury, UK). The pMB22 probe was obtained by *Bam*HI digestion of pMB22 and labelled with ³²P-dCTP by random priming (Amersham Multiprime kit); the IS*1110* probe was generated by polymerase chain reaction (PCR) amplification, using the plasmid pUS34 (which carries the full length element plus 2.3 kb of flanking sequence, cloned in pUC18) with primers E and F (Figure 1) and labelled by random priming using digoxigenin (Boehringer Mannheim, Mannheim, Germany).

Restriction fragment length polymorphism analysis with pMB22 was carried out using low stringency washes $(1 \times SSC, 0.1\%$ sodium dodecyl sulfate (SDS), 65° C). $(1 \times SSC = 0.15M$ NaCl, 0.15M sodium citrate, pH 8.) Other hybridizations were carried out with high stringency washes $(0.1 \times SSC, 0.1\%$ SDS, 65° C). Digoxigeninlabelled probes were detected as recommended by the manufacturers, using a chemiluminescent procedure. IS*1110* hybridization patterns were analyzed using GEL-COMPAR software (Applied Maths Kortrijk, Belgium), and statistical analyses were performed using SPSS (SPSS Inc, Chicago, IL, USA) software.

The index of discrimination (D) was calculated according to Hunter and Gaston,¹⁹ by the following equation:

$$D = 1 - \frac{1}{N(N-1)} \sum_{j=1}^{S} n_j (n_j - 1),$$

where N is the number of strains in the sample population, *s* is the number of types described, and n_j is the number of strains belonging to type *j*.

Polymerase Chain Reaction Conditions

Briefly, the PCR conditions for amplification of IS1110 consisted of a 33-cycle reaction that included an initial denaturation step at 95°C for 60 seconds. This was followed by cycles of annealing (55°C, 30 s), extension (72°C, 150 s), and denaturation (95°C, 30 s). The final cycle consisted of an annealing step (65°C, 120 s) followed by extension (72°C, 300 s).

Stability of IS1110 Banding Patterns

Three different isolates (two with single copies, and one multiple copy isolate) were plated out and single colonies



Sequence of PCR primers

Ξ	5 '	TCCTTAAGTTCGTAGGTGCAG 3'	15-35	
в	5′	CGGGTGAGGCTGCATCGCT 3'	64-82	
A	5'	TGGGTCAGTTGGGCAACGCG 3'	761-742	
F	5'	AAGGACTCTCAATGAAGATG 3'	1481-1462	
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Positions shown are numbered as in Hernandez ${\sf Perez}^{\rm 6}$ in which IS1110 extends from 15 to 1481, including direct repeats of TCCTT.



used to inoculate 7H9 broth. After 1 week, DNA was extracted from these cultures and kept for subsequent analysis; at the same time, a sample was spread on a 7H11 agar plate to obtain single colonies. One colony from each strain was then inoculated into 7H9 broth and incubated. This procedure was repeated five times altogether, over a period of 13 weeks, after which time each of the five DNA preparations was fingerprinted using the IS*1110* probe.

RESULTS

Restriction Fragment Length Polymorphism Typing with pMB22

The results of RFLP analysis using the probe pMB22 are shown in Table 1. Previous reports have shown that the majority of strains from AIDS patients are related in their RFLP patterns.^{12,14} This pattern has been designated type A.^{1,13,20} All the AIDS-derived strains in this study were

Table 1.	Distribution	of	pMB22	RFLF	7vpes
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	Number of Isolates ($n = 50$)		
RFLP Type	AIDS (n = 32)	Non-AIDS ($n = 18$)	
A3.2 (n = 5)	3	2	
A4 (n = 1)	1	0	
A4.1 (n =19)	10	9	
A5 (n = 3)	2	1	
A6 (n = 16)	14	2	
M(n = 1)	0	1*	
X (unique) $(n = 2)$	0	2*	
Not done $(n = 3)$	2	1*	

*M, intracellulare

RFLP = restriction fragment length polymorphism.

RFLP type A, which is in agreement with findings of Hampson et al.¹³ These strains can be further subdivided, using the nomenclature of McFadden et al.²⁰ Sub-type A6 was significantly more common in AIDS patients than among isolates from patients without AIDS (P < 0.02).

IS1110 Typing

The authors' original studies with IS*1110* employed a probe that was derived from a part of the IS*1110* sequence, generated by PCR with primers A and B (see Figure 1).¹⁶ Although only a small proportion of strains exhibited strong hybridization with this probe, weaker bands were detected with a number of other isolates, indicating the presence of related elements that are only partly homologous to IS*1110*. For further testing, a full length IS*1110* probe was used, generated by PCR with primers E and F (see Figure 1). With this probe, hybridization was observed with 70% of the strains tested.

The insertion sequence IS901, which is related to IS1110, has been reported to be absent from AIDSderived *M. avium* isolates, whereas the related element IS900 is confined to *Mycobacterium paratuberculosis*.^{4,21} In contrast, the sequences detected by IS1110 are found in strains from both patients with AIDS and non-AIDS subjects (Table 2), although relatively less often among the AIDS strains (P < 0.05). Sequences related to IS1110 also have been detected in isolates from veterinary and environmental sources (results not shown). Three of four *M. intracellulare* isolates were positive with this probe, in contrast to the unrelated insertion sequence IS1245, which appears to be confined to *M. avium*.¹⁷

It is apparent from Figure 2 that there is considerable variation between isolates in both the number and

	Number of Isolates			
IS1110 Group	AIDS	Non-AIDS		
Group 1 (n = 6)	1	5 (1*)		
Group 2 (n = 3)	3	0		
Group 3 (n = 2)	2	0		
Group 4 $(n = 4)$	3	1		
Unique strains $(n = 16)$	8	8 (2*)		
No bands detected $(n = 15)$	13	2 (1*)		

Table 2. Distribution of IS1110 Groups

*M. intracellulare.

DNA from four other strains (2 AIDS, 2 non-AIDS) hybridized to IS1110 but appeared to be imperfectly cut with *Pvull*; these are excluded from the table.

pattern of bands detected with the IS1110 probe. After elimination of unreadable and negative results, nearly 40% of the remainder had a single band and over 30% had five or more copies.

The banding patterns were analyzed using GEL-COMPAR and are summarized diagrammatically in Figure 3. This shows that over 50% of the isolates analyzed, including all 11 isolates with four or more copies, were unique in their banding pattern. Four small clusters with identical or highly related patterns could be identified among the low copy number isolates: groups 1 and 2 showed a single band only; group 3 had three bands; the fourth group consisted of four strains with two copies and a fifth strain with an additional band, but otherwise identical. The relative ease of clustering of low copy number isolates is similar to the results obtained when nonepidemiologically related isolates of M. tuberculosis are fingerprinted with IS6110, and presumably arises from a low mobility of the element in some strains causing both low copy number and relatively little variation.

6 7 8

5

2

з

1

2.3

The distribution of these groups between patients with AIDS and non-AIDS subjects is shown in Table 2. It can be seen that group 1 was overrepresented among the non-AIDS isolates (P = 0.067, Fisher's exact test, twotailed). Of the isolates in this group (Table 3), five of six were serotype 4 and RFLP type A4.1; the remaining strain, SK053, was serotype 9A and RFLP type X (unclassifiable), and was shown by Gen-Probe test to be an M. intracellulare. Furthermore, in the same five cases (i.e., excluding SK053), the associated disease was classified as colonization (as opposed to disseminated or invasive); in contrast only 20% of other isolates were associated with colonization (P = 0.007, Fisher's exact test, two-tailed). However, this group was not homogeneous with respect to electrophoretic type, consisting of two members of ET5 and one each of ETs 3, 6, and 8.

In other respects, the IS groups appeared to be distributed randomly among the pMB22 types. The majority of the remaining isolates from the two most common pMB22 types (A4.1 and A6) were readily differentiated by typing with IS*1110*. Similarly, there was no apparent correlation between electrophoretic type and either pMB22 type or IS*1110* type; the three methods appear to act independently.

Comparison of Discrimination

To compare the discriminatory power of IS1110 with that of pMB22 typing and MLEE, the index of discrimination (D), as defined by Hunter and Gaston,¹⁹ is applied to those isolates for which data from all three methods was available (n = 38). For IS typing, defining nonhybridizing strains as a single type, the value of D was 0.80 (i.e., if two strains from this set were taken at random,

23.1 9.4 6.6 4.4

9 10 11 12 13 14 15 16 17 18

Figure 2. Polymorphism exhibited using IS7170 probe. Lane 1: lambda *Hin*dill digest; lanes 2–18: *M. avium Pvull* digests, probed with IS7110; 2, SK087; 3, SK002; 4, SK081; 5, SK080; 6, SK052; 7, SK027; 8, SK033; 9, SK011; 10, SK073; 11, SK061; 12, SK061; 13, SK017; 14, SK049; 15, SK030; 16, 12.4 (European strain, not included in analysis); 17, SK063; and 18, SK059.



Figure 3. Summary of banding patterns observed with IS1110 probe.

there would be an 80% chance of them being differentiated). If the analysis was limited to those strains showing hybridization to IS1110, the discrimination was considerably higher (D = 0.96). The corresponding values for pMB22 and MLEE were 0.73 and 0.93, respectively. Combining the pMB22 and IS1110 data provides discrimination (D = 0.96) comparable to that achieved with MLEE.

Stability of Banding Patterns

IS*1110* previously has shown exceptional mobility, in that DNA from individual colonies of the original strain LR541 varied in their banding patterns.¹⁶ However the banding patterns disclosed by the IS*1110* probe in the

Table 3. IS1110 Group 1 Isolates

Strain	RFLP	Disease Type	Serotype	MLEE
SK014	A4.1	Colonization	4	8
SK032	A4.1	Colonization	4	5
SK053	Х	Disseminated	9A	ND
SK058	A4.1	Colonization	4	5
SK061	A4.1	Colonization	4	3
SK093	A4.1	Colonization	4	6

RFLP = restriction fragment length polymorphism; MLEE = multilocus enzyme electrophoresis; X = unclassified.

clinical isolates used in this study appeared to be stable; in particular, there was no change in the patterns from three selected strains after five serial passages over 13 weeks (Figure 4).

The stability of the banding patterns was also investigated by examining multiple isolates from individual patients. In two cases, isolates from different sites, taken 2 or 4 months apart, were identical in their IS1110 hybridization pattern, as well as by MLEE, pMB22 type, and serotype. This indicates that, in these cases, the elements detected by the IS1110 probe were not mobile to such an extent as to interfere with its use for differentiating *M. avium* strains.

Different IS1110 hybridization patterns were shown by repeated isolates from two other patients; in one case, two isolates were obtained 9 months apart, and in the other, three isolates from different sites were obtained over a 9-day period. However, in each case the isolates could also be distinguished by one or more of the other procedures used (serotype, pMB22 type, or MLEE), indicating that the variation in IS1110 banding pattern was not due to mobility of the element but to polyclonal infection or, in the first case, re-infection with a different strain. Polyclonal infections of individual AIDS patients previously have been reported.^{5,9}



Figure 4. Stability of IS*1110* banding patterns. Lane 1: lambda *Hind*III marker. Lanes 2–6: sequential subcultures of SK002. Lanes 7–11: sequential subcultures of SK029. Lanes 12–16: sequential subcultures of SK075.

DISCUSSION

Previous reports have indicated that insertion sequences related to IS900 have a limited distribution in M. avium and related mycobacteria, with IS900 itself being confined to M. paratuberculosis and IS901/IS902 occurring only in a limited set of M. avium strains that does not include strains derived from AIDS patients. The finding that sequences hybridizing to IS1110 are present in a majority of the human strains tested in this study, including some M. intracellulare isolates, indicates that this unusual group of insertion sequences is more widespread than previously thought. The three characterized elements of this group (IS900, IS901/IS902, and IS1110) differ considerably in their sequence, and the hybridization results reported here and previously suggest further variation in the elements detected, which are as yet uncharacterized.¹⁶ This is in marked contrast to the IS6110/IS986 elements in M. tuberculosis, which appear to be virtually identical in all strains; this can be taken to indicate that whereas *M. tuberculosis* is essentially clonal, the M. avium group of organisms is non-clonal, involving relatively frequent recombination with DNA from other sources.

Although IS1110 itself is a highly mobile element, the related sequences that are detected with this probe do not show this degree of mobility, and this probe is therefore potentially useful for analyzing the relatedness of *M. avium* strains. Although techniques such as MLEE and PFGE have been shown to be valuable for typing *M. avium*, the use of a polymorphic probe such as IS1110 provides a procedure that is more easily applied to large numbers of strains, as has been used so successfully with IS6110/IS986 for *M. tuberculosis*.²² However, the effects of the high degree of polymorphism with IS1110 are counteracted by the existence of a proportion of strains that appear to lack IS1110-related sequences, and are hence non-typable. The data presented are conservative in this respect, as the use of alternative probes and/or hybridization conditions may increase the proportion of strains that are typable. However, at present, the discriminatory power of IS1110 is less than that achieved with MLEE, unless IS1110 typing is combined with pMB22.

The lack of correlation between the three typing methods used, indicating that the three methods act essentially independently, may provide further support for the non-clonal nature of M. avium. Results obtained using one typing method alone therefore have to be interpreted with care. The results with the IS1110 group 1 isolates are an exception, in that five isolates were also identical in serotype and pMB22 type; although four ETs were represented in this group, three of them differed in the mobility of only one enzyme from the pattern (ET5) shown by the remaining two isolates. These five isolates, which were associated with colonization rather than invasion or disseminated infection, may constitute a biologically or epidemiologically distinct group of strains, such as multiple isolates of an environmental strain contaminating the water supply.

Two further insertion sequences, not related to IS1110, have recently been reported to show

polymorphism with *M. avium* isolates: IS1245 and IS1311.^{17,23} These two elements show 85% DNA homology. The discriminatory power of IS1245 and IS1110 is similar if only the IS1110-positive strains are considered, although the occurrence of a minority of *M. avium* isolates that do not hybridize with the current probe reduces its discriminating power. On the other hand, IS1110 is potentially applicable to *M. intracellulare* as well as *M. avium*, although only a few *M. intracellulare* isolates have been tested, whereas IS1245 was not found in *M. intracellulare*.

However, as the two studies involve a different set of strains, the values of the discrimination indices are not strictly comparable, and a direct comparison is needed to assess not only the relative discrimination of the two insertion sequences, but also the consistency of typing between the available methods. This would shed further light on the possibly non-clonal nature of the variation in the *M. avium-intracellulare* complex.

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