

Biophysical Letter

α -Synuclein Reduces Tension and Increases Undulations in Simulations of Small Unilamellar Vesicles

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ABSTRACT Using coarse-grained molecular dynamics simulations we have explored the effect of α -Synuclein (α Syn) on the structural and mechanical properties of small unilamellar vesicles in the fluid-phase. The study is motivated by observations that a high density of membrane-bound α Syn inhibits the fusion of synthetic small unilamellar vesicles. By combining three-dimensional pressure tensor calculations with our recently developed spherical harmonics fluctuation analysis approach, we show a reduction in membrane surface tension and increased membrane undulations when α Syn is bound to the vesicle's outer leaflet at a 200:1 L/P. The protein effects these changes by decreasing the negative pressure in the headgroup region of the outer leaflet and increasing the positive pressure throughout the hydrocarbon core.

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Multiple *in vivo* studies have shown that membrane-bound α -Synuclein (α Syn), an amphipathic α -helix that associates with synaptic vesicles (SVs) (1), can disrupt SV trafficking (2). A recent *in vitro* study showed that α Syn inhibits fusion of small unilamellar vesicles (SUVs) (3), whose size closely matches that of SVs (~30–40 nm diameter). This effect was seen both in DPPC SUVs in the gel-phase and, importantly, in a more physiologically relevant quaternary lipid mixture in the fluid-phase (DOPC/DOPE/SM/Chol). This mixture is highly fusogenic and was originally conceived to closely mimic the lipid composition of synaptic vesicles (4). DeWitt and Rhoades (5) have recently shown that α Syn inhibits SNARE-mediated fusion of fluid-phase SUVs without interacting directly with those proteins.

Collectively, these findings have led to the hypothesis that α Syn inhibits fusion through direct alteration of the lipid bilayer's physical properties (2,3,5–7). Once biophysical mechanisms for these inhibitory effects are understood, the impact is expected to extend to other proteins with similar amphipathic characteristics. For example, apolipoprotein A-I, a related, but larger membrane binding protein that shares α Syn's amphipathic 11-mer repeat sequence, was also shown to inhibit vesicle fusion. On the other hand, a short (but still amphipathic) segment of α Syn has no inhibitory effect (3). Exactly what bestows α Syn with its antifusogenic activity, be it sequence-specific or a more generic feature of all amphipathic helices, remains unknown.

Because of their small size, SUVs are under high curvature stress, imparting an intrinsic driving force for fusion. In the case of gel-phase SUVs, thermodynamic measurements prompted the hypothesis that α Syn anneals defect

zones in the lipid matrix, thus inhibiting SUV fusion by relieving curvature stress (3,7). However, no direct experimental measurements to test this hypothesis have yet been made. Our early molecular dynamics (MD) simulations of α Syn bound to SDS micelles were consistent with this idea, showing that the protein relaxes the highly curved spherical micelle into an ellipsoidal shape (6).

Relatedly, multiple biophysical studies have demonstrated α Syn's capacity to induce membrane curvature in giant (flat and rigidless) vesicles, leading to tubules of diameter <40 nm (8). Using coarse-grained MD simulations, we recapitulated this finding, showing that α Syn induces positive mean curvature fields (~30–40 nm) in flat bilayers. This curvature-effect stems from the protein's specific insertion depth (1–4 Å beneath the headgroup phosphates (6,9,10)), a highly specific location that has been predicted to induce positive curvature (11,12). Of note, an amphipathic segment of apolipoprotein A-I has been shown to partition to the same approximate location (13). These findings leave open important questions: what impact does α Syn have, if any, on the curvature-related properties of a 30–40 nm vesicle? And, can these effects explain α Syn's inhibition of SUV fusion?

The goal of this study is to explore whether α Syn reduces curvature stress in fluid-phase SUVs, and if so what underlies this change. Using coarse-grained MD simulations, employing the MARTINI force field (14), we have examined DPPC SUVs (~35 nm in diameter) with and without α Syn

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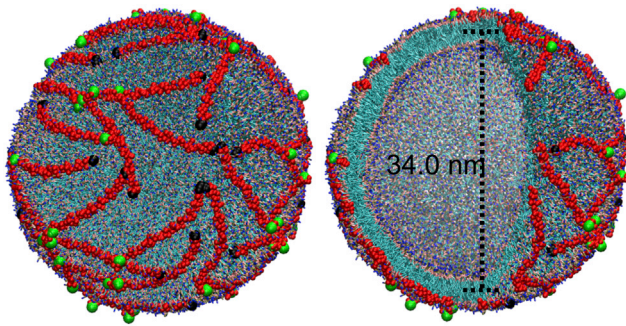


FIGURE 1 Snapshot of α Syn bound to a fluid-phase DPPC vesicle. α Syn (red); N-terminus (black); and C-terminus (green). Solvent beads were removed for clarity. To see this figure in color, go online.

prebound at the experimental lipid-protein ratio (200:1) (3). Details of the simulation methodology are provided in the [Supporting Material](#). The protein is simulated as a single, extended α -helix whose secondary structure is fixed. While conformational heterogeneity of the protein has recently been noted (15), we have shown that it has little effect on protein partition depth or membrane curvature (10). We have simulated DPPC vesicles in the fluid-phase, rather than the more complex quaternary mixture, for several reasons (discussed at length in the [Supporting Material](#)). Principally, this choice eliminates prohibitive equilibration issues in multicomponent mixtures that, given current computational limitations, preclude faithful reporting of tensions.

[Fig. 1](#) shows a snapshot from the simulations of the α Syn-bound vesicle that illustrates the surface density of the bound protein. Bilayer structural properties were determined using our recently developed algorithm (see the [Supporting Material](#) for details) (16). As expected, the headgroup density is higher in the inner leaflet due to compaction in the convex vesicle. The protein has very little effect on bilayer structure, partitioning to a similar depth as previous studies (6,9,10,17), with no notable change in bilayer thickness ([Fig. S1](#) in the [Supporting Material](#)). Additionally, α Syn increases the average acyl-chain order parameter by $\sim 5\%$ ([Fig. S2](#)), although the chains remain fluid.

[Fig. 2](#) shows the bilayer lateral pressure profiles, $P_{\text{Lat}}(r)$ (see Eq. S1 in the [Supporting Material](#)), determined using the three-dimensional pressure tensor method of Ollila et al. (18) (see the [Supporting Material](#) and [Fig. S3](#) for details). Integration of the lateral pressure profiles gives the membrane surface tension, γ (see Eq. S2 in the [Supporting Material](#)). Addition of α Syn causes a dramatic reduction in γ (from 149.2 to 46.3 mN/m, a drop of $\sim 70\%$; see [Fig. S4](#) and [Table S1](#) in the [Supporting Material](#)). While we note that these values, especially in the pure DPPC vesicle, are quite high (from an experimental stability perspective), the tensions do agree roughly with

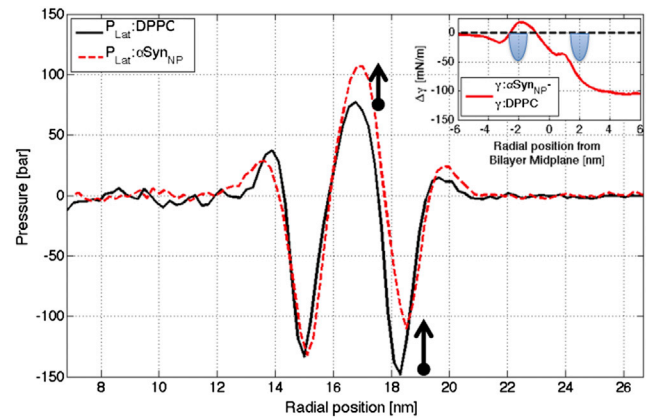


FIGURE 2 Lateral pressure profiles, P_{Lat} , for pure DPPC (black solid line) and α Syn_{NP} (red dashed line) systems. Surface tension differences ($\gamma_{\alpha\text{Syn}_{\text{NP}}} - \gamma_{\text{DPPC}}$) with lipid headgroups (inset). To see this figure in color, go online.

previous MARTINI results (18) (see Discussion in the [Supporting Material](#)).

Dissecting the differences in the lateral pressure profiles in [Fig. 2](#) reveals the source of this surface tension difference. Negative (compressive) pressure peaks in lipid bilayers reflect attraction in the headgroups, whereas the positive pressure peaks correspond to chain repulsion in the hydrocarbon core. Across a flat, tensionless bilayer these opposing pressures perfectly compensate. The positive surface tension in the pure DPPC vesicle arises from the following: 1) a substantial increase in the negative pressure in the outer leaflet headgroups relative to the inner leaflet headgroups (this predictability reflects the convexity of the curved bilayer in the SUV whereby the outer leaflet lipid head-head spacing is increased relative to the inner leaflet and thus experiences a larger, i.e., negative restoring force); and 2) a weak expansive pressure in the lipid chains that fails to offset the pressure in the headgroups.

Regarding the protein-induced reduction in γ , the data suggest important differences in both the headgroup region of the outer (protein-containing) leaflet and across the entirety of the hydrocarbon core (both leaflets). These changes are consistent with a recent investigation of a different peptide inserted in a lamellar bilayer (12). In the outer-leaflet headgroups, the pressure is less negative than in the inner leaflet headgroup region (thus reversing the trend seen in the pure vesicle). This likely reflects the fact that the protein fills the space between the stressed headgroups, thus relieving the restoring force between them. In the hydrocarbon core, the protein causes an increase in the positive pressure (chain-chain repulsion). This effect starts in the inner leaflet at the point where the inner leaflet's carbonyl density is zero, and extends outward throughout the outer-leaflet chains ([Figs. S1](#) and [S5](#)).

Changes in surface tension should be reflected in the mechanical properties of the SUV. Specifically, reduced γ should manifest as increased undulations in the vesicle. To test this, we analyzed bilayer fluctuation intensity using our spherical harmonics algorithm (see Methods in the Supporting Material for details) (16). Fig. 3 presents the fluctuations spectra, a_{lm} , for each system (see also Fig. S6). Lower degree fluctuations ($L < 25$ for a vesicle with a radius of 17 nm) correspond to long wave undulations that propagate along the surface of the sphere. In a tensionless system we have shown how to use these profiles to extract an experimentally quantified measure of membrane bending rigidity using Helfrich continuum theory (16,19). In the case of a vesicle with protein bound, no theory yet exists to reliably quantify the bending rigidity. Nonetheless, we can clearly see from the spectra that α Syn increases the undulation intensity relative to pure DPPC. Increased fluctuations suggest a floppier, less rigid vesicle. To quantify the spectra, we summed all undulation degrees, $\sum_{l=2}^{25} \langle |a_{lm}|^2 \rangle$, and show a near-threefold increase in fluctuations when α Syn is bound (Table S1).

We have provided a compelling correlation between α Syn's inhibition of SUV fusion and a reduction in surface tension and rigidity. The molecular composition of SV membranes is far more complex than any model systems that have been studied to date (20). The likelihood of an asymmetric distribution of phospholipids and cholesterol (determined by their individual spontaneous curvatures), and asymmetric (conical-shaped) membrane proteins, inevitably determines the energy stored to drive fusion. The seminal study of the DOPC/DOPE/SM/Chol mixture provides important evidence that SV lipids are stressed (4). However, the extent to which SVs in a neuron are actually stressed, and to what extent α Syn alters their mechanical properties, remains an important avenue of research.

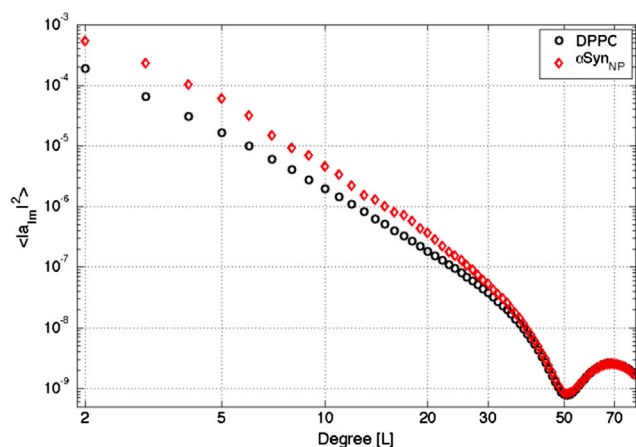


FIGURE 3 Fluctuations spectra, a_{lm} , for pure DPPC (black solid line) and α Syn_{NP} (red dashed line) vesicle systems. Increased a_{lm} intensity corresponds to a less rigid membrane. To see this figure in color, go online.

SUPPORTING MATERIAL

Supporting Materials and Methods, Supporting Discussion, six figures, and one table are available at [http://www.biophysj.org/biophysj/supplemental/S0006-3495\(15\)00290-8](http://www.biophysj.org/biophysj/supplemental/S0006-3495(15)00290-8).

AUTHOR CONTRIBUTIONS

A.R.B. and J.N.S. contributed equally in research design, analysis, and writing for this article.

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