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## Study of ITO glass electrode modified with iron oxide nanoparticles and Nafion for glucose biosensor application

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### Abstract

In this study, we report the fabrication of the indium tin oxide (ITO) glass electrode modified with iron oxide nanoparticles (IONPs) and nafion for glucose biosensor applications. The IONPs was synthesized using the precipitation method and functionalized with citric acid (CA) to provide hydrophilic surface and functional group for glucose oxidase (GOx) enzyme immobilization. The structural and morphological studies of CA-IONPs were characterized using X-ray diffractometer (XRD) and transmission electron microscope (TEM). The size of the IONPs measured from TEM image was ~ 17 nm. The bioelectrode designated as Nafion/GOx/CA-IONPs/ITO was developed by drop casting of the CA-IONPs, GOx and nafion on the ITO glass. The Nafion/GOx/CA-IONPs/ITO bioelectrode showed good electrochemical performance for glucose detection. The functionalized CA-IONPs acted as the catalyst and help to improve the electron transfer rate between GOx and ITO electrode. In addition, thin nafion film was coated on the electrode to prevent interference and improve chemical stability. The Nafion/GOx/CA-IONPs/ITO bioelectrode showed high sensitivity of  $70.1 \mu\text{A} \text{mM}^{-1} \text{cm}^{-2}$  for the linear range of 1.0-8.0 mM glucose concentrations.

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### Nomenclature

ITO indium tin oxide

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IONPs	iron oxide nanoparticles
CA	citric acid
GOx	glucose oxidase
FeCl	iron (II) chloride
NaOH	sodium hydroxide
H <sub>2</sub> O <sub>2</sub>	hydrogen peroxide
PBS	phosphate buffer saline
RCA	Radio Corporation America
XRD	X-ray diffraction pattern
TEM	transmission electron microscopy
CV	cyclic voltametry

## 1. Introduction

Diabetes is a world-wide public health problem that is a leading cause of death and disability in the world. The diagnosis and management of diabetes mellitus require a tight monitoring of blood glucose<sup>1</sup>. Therefore, a simple and low-cost method that can be used at home to monitor blood glucose level is required. For that, glucose electrochemical biosensors are widely used. Generally, the glucose biosensor is based on the GOx enzyme. The glucose can be detected through measuring the increment of the anodic current during the oxidation of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) produced from the oxidation of glucose by dissolved oxygen in the presence of GOx enzyme<sup>1-2</sup>. However, it is difficult for an enzyme (protein) to exchange electrons directly with bare solid electrodes due to its insulation-shelled redox center<sup>2-4</sup>. Therefore, enzymes were incorporated with metal nanoparticles to allow direct electron transfer.

Among various metal nanoparticles, IONPs have recently gained interest in glucose biosensor applications due to their properties of chemically and biological inert, low toxicity and super paramagnetic. It was observed the existing problems of IONPs are the agglomeration due to high volume to surface area of the IONPs that tend to attract them together in order to minimize their high surface energies<sup>4</sup>. The agglomeration can be prevented by functionalization of the IONPs with organic, inorganic and biopolymeric material such as chitosan, silica, polymers and carbon<sup>5</sup>. Among them, small molecules like citric acid and oxalic acid could be more suitable for IONPs functionalization due to their short chain tricarboxylic acid<sup>6</sup>. The carboxylate group presence may prevent particles agglomeration, provide surface hydrophilic and provide functional group for biomolecule attachment<sup>6-8</sup>. Deb et al.<sup>7</sup> have fabricated citric acid functionalize IONPs by using the co-precipitation method. IONPs produced showed less aggregation and contained anti-platelet activity to be used as the drug carriers in the treatment hyperactive platelets. Recently Sharma et al.<sup>8</sup> reported the efficient immunosensor for diarrhea and acidosis by utilizing IONPs functionalized CA for electrode modification. The CA-IONPs provided more specific surface area for larger biomolecule binding and the magnetic force attraction has improved the biosensing properties. Nafion encapsulation of enzyme is a common practice to prepare biosensors. Nafion is a sulfonatedtetrafluorethylene copolymer that has been widely used as a proton conductor for proton exchange membrane in biosensor applications. The main advantages of Nafion in biosensor applications are its biocompatibility, excellent thermal and mechanical stability, mechanical strength, and antifouling properties.

In this work, the sensing performance of IONPs functionalized with CA for glucose sensing application was evaluated. CA-IONPs were synthesized and drop casted on the ITO glass electrode. To the best of our knowledge, there is no work reported on the CA-IONPs used in electrode modification for glucose sensing. Here, the electrochemical and electrocatalytic performance of the Nafion/GOx/CA-IONPs/ITO bioelectrode in glucose sensing was evaluated. The surface functionalization of CA on the IONPs prepared the favourable microenvironment for biomolecule loading, prevent agglomeration between IONPs and increase electron mobility between the analyte and bioelectrode.

## 2. Materials and Methods

### 2.1. Synthesis of CA-IONPs

The precipitation of IONPs was carried out in a reactor. 0.3 M iron (II) chloride ( $\text{FeCl}_2$ ) and 1 M sodium hydroxide ( $\text{NaOH}$ ) were pumped in simultaneously into 600 ml of water over 10 minutes with continuous stirring under nitrogen gas atmosphere<sup>9</sup>. The pH of the solution was maintained at pH 8.0 throughout the reaction by using a titrator. The precipitates formed were oxidized using 0.4 M hydrogen peroxide ( $\text{H}_2\text{O}_2$ ). The colour of solution changed from milky green to black indicating the formation of IONPs. The precipitates then were allowed to crystallize completely for another 2 hours under mechanical stirring. Then, the precipitates were collected using a magnet and the supernatant was discarded. The precipitates were washed with 1 litre water and peptized overnight using 1.25 M CA. Second peptization was carried out for 3 hours using 1.25 M CA and finally washed with distilled water. The CA-IONPs produced were collected, dispersed in water and pH was adjusted to ~ pH7. The ferrofluids produced were characterized using X-ray diffractometer (XRD) (P8Advan-Bruker with  $\text{Cu-K}_\alpha$  radiation source) to determine phase's presence. Transmission electron microscope (TEM) (Philips CM12.Version 3.2) was used to determine the size and distribution of IONPs.

### 2.2. Fabrication Nafion/GOx/CA-IONPs/ITO

ITO glasses were cut and cleaned using alkaline Radio Corporation America (RCA) to improve the wettability. The ITO glass was immersed in ammonium hydroxide ( $\text{NH}_4\text{OH}$ ),  $\text{H}_2\text{O}_2$  and distilled water in a ratio of 1:4:20 at 60 °C for 20 min, and then rinsed with distilled water. In order to eliminate water traces, Isopropyl alcohol was used and dried in a nitrogen gas flow<sup>10</sup>. Then, 100  $\mu\text{L}$  CA-IONPs (1 mg/ml) was dropped on the ITO glass and dried in an oven at 80 °C for 2 hours. After that, 20  $\mu\text{L}$  GOx (1 mg/ml) was immobilized and kept at 4 °C overnight. Finally, 10 $\mu\text{L}$  of 5% nafion was dropped on the biosensor to protect the enzyme layer and to provide good electrical conductivity. All prepared bioelectrodes were stored in dry condition at 4 °C when not in use. The electrochemical performance (cyclic voltammetry (CV) measurements) of the bioelectrode were conducted using an Autolab Potentiostat/Galvanostat with three-electrode cell where samples were used as working electrode, platinum electrode as the auxiliary electrode and Ag/AgCl as the reference electrode in 0.1 M phosphate buffer saline (PBS) (pH 7.0) as the redox probe. All the measurements were performed at room temperature.

## 3. Result and Discussion

### 3.1 Characterization of synthesized IONPs

Fig. 1 shows the XRD pattern of the as synthesized IONPs and CA-IONPs corresponded to the peaks of spinel cubic lattice of maghemite ascribed to cubic  $\gamma\text{-Fe}_2\text{O}_3$  (JCPDS No.: 00-039-1346). This result was expected due to the oxidation process conducted using hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) and the peptization process of IONPs using acids. In the presence of acid, maghemite was obtained instead of magnetite due to the oxidation of  $\text{Fe}^{2+}$  ions to  $\text{Fe}^{3+}$  ions and left behind the lattice vacancy<sup>11</sup>. Extra vacancies in the  $\gamma\text{-Fe}_2\text{O}_3$  structure are thought to be found in octahedral positions. No additional peaks were observed, indicating the formation of a pure and single phase without impurities that remained from the un-reacted precursors.

Fig. 2 shows the TEM image of the CA-IONPs and their size distribution. The CA-IONPs produced through the precipitation of ferrous salt were slightly spherical in shape with mode particle size of 17.3 nm. This was most likely due to the fact that the nucleation rate per unit area was isotropic at the interface between the magnetic nanoparticles<sup>11</sup>. Nucleation occurs when the concentration of iron (II) reaches the supersaturation and then proceeds with the growth of the nuclei through the diffusion of solutes from the solution to their surface until the final size is attained.

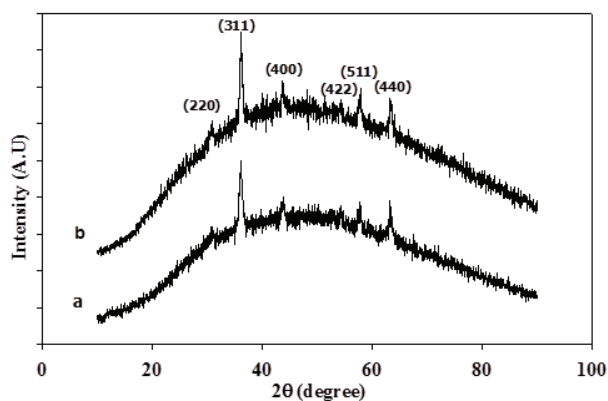


Fig.1. (a) as synthesized IONPs (b) CA-IONPs

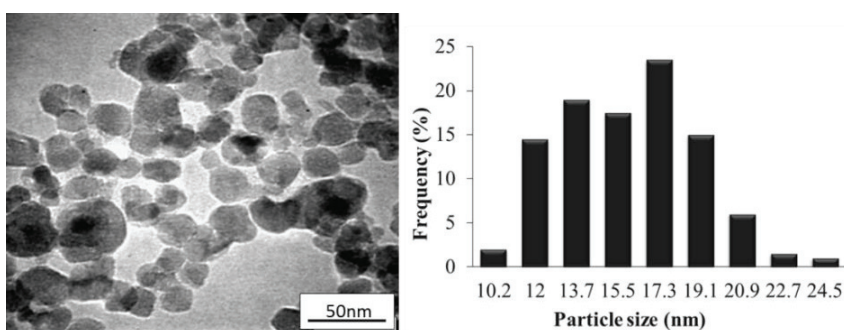


Fig. 2. TEM image of CA-IONPs and their size distribution

### 3.2 Electrochemical behavior of bioelectrode

CV analysis was used to investigate the electrochemical characteristics of the electrodes because the electron transfer between the electrolyte and electrode must occur by tunnelling through either barrier or defects. Fig. 3 shows the CVs of modified ITO electrodes in the potential range -0.8 to 0.4 V in 0.1 M PBS (pH7.0) with a scan rate of 100 mV/s. At the GOx/ITO (Fig. 3 (a)), there is no oxidation or reduction peak observed due to the embedded enzyme redox center for electron transfer. When the ITO electrode was modified with CA-IONPs, a well defined redox anodic and cathodic peak was observed (Fig. 3 (b)). CA-IONPs has increased electron mobility at the electrode surface resulting in enhanced electron transfer. However, when GOx enzyme and nafion incorporated in the bioelectrode Nafion/GOx/CA-IONPs/ITO (Fig. 3 (c)) peak current decreased. This occurs due to the non conductive enzyme molecules and semi permeable properties of nafion that obstruct the transfer of electrons from electrolyte to electrode surface. This result is in agreement with Sharma et al.<sup>8</sup> and Chen et al.<sup>1</sup>.

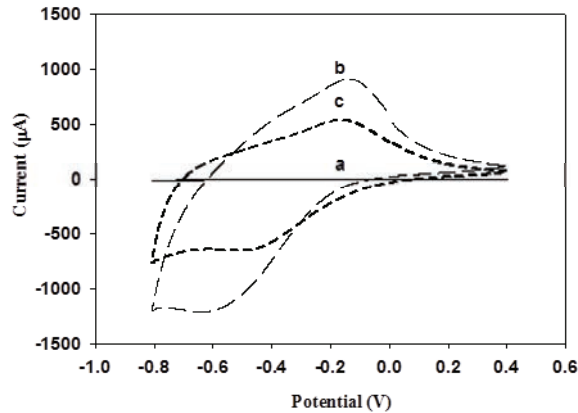


Fig. 3. CVs of (a) GOx/ITO, (b)CA-IONPs/ITO, (c)Nafion/GOx/CA-IONPs/ITO electrodes in 0.1 M PBS (pH7) at scan rate of 100 mV/s

Fig. 4 shows the CVs of CA-IONPs/ITO (Fig.4 (a)) and Nafion/GOx/CA-IONPs/ITO (Fig.4 (b)) electrode in 0.1 M PBS at various scan rates (30-250 mV/s). It was observed in all the electrodes that both the anodic ( $I_{pa}$ ) and cathodic ( $I_{pc}$ ) peaks current increases with increasing scan rate, suggesting that the electrochemical reaction is a diffusion-controlled process. The surface concentrations of the CA-IONPs/ITO and Nafion/GOx/CA-IONPs/ITO bioelectrode were calculated using Brown–Anson model by the following equation<sup>13</sup>:

$$I_p = \frac{n^2 F^2 I^* A V}{4RT} \quad (1)$$

where  $n$  is the number of electrons transferred which is 2 in this case,  $F$  is the Faraday constant ( $96,485 \text{ C mol}^{-1}$ ),  $I^*$  is the surface concentration of the ionic species of the bioelectrode ( $\text{mol cm}^{-2}$ ),  $A$  is the surface area of the electrode ( $1 \text{ cm}^2$ ),  $R$  is the gas constant ( $8.314 \text{ J mol}^{-1} \text{ K}^{-1}$ ),  $T$  is the absolute temperature ( $298 \text{ K}$ ) and  $I_p/V$  is the slope of the calibration plot. The surface concentration of CA-IONPs/ITO and Nafion/GOx/CA-IONPs/ITO bioelectrodes was found to be  $1.27 \times 10^{-10} \text{ M cm}^{-2}$  and  $2.36 \times 10^{-11} \text{ M cm}^{-2}$  respectively. The results indicate that after immobilization of GOx enzyme and nafion film, the surface concentrations decrease which confirms the presence of the enzyme and nafion on the ITO bioelectrode.

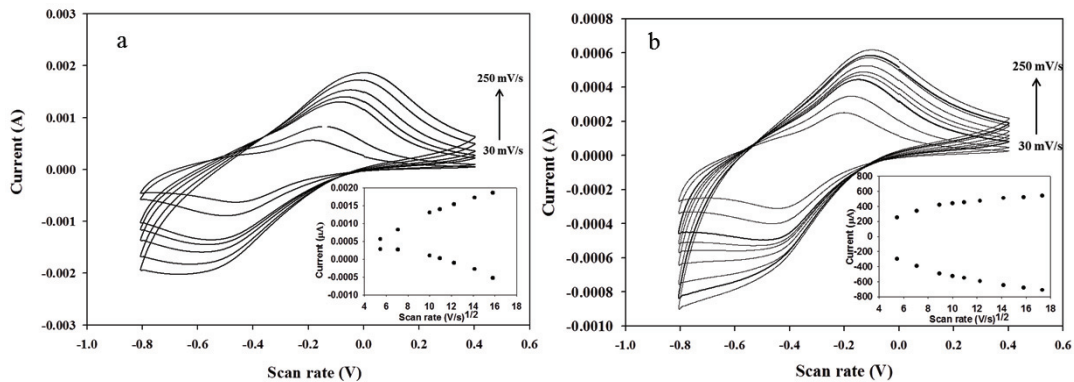
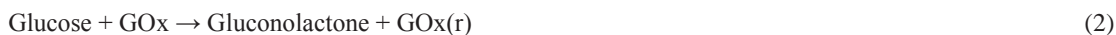


Fig. 4. CVs of (a) CA-IONPs/ITO (b) Nafion/GOx/CA-IONPs/ITO electrodes in 0.1 M PBS (pH7) at scan rate from 30-250 mV/s. The inset shows the calibration curve of current vs scan rate <sup>1/2</sup>

### 3.3 Electrocatalytic oxidation of glucose at modified bioelectrode

Fig. 5 shows results of the CV studies carried out to investigate the activity of the Nafion/GOx/CA-IONPs/ITO bioelectrode as a function of glucose concentration (0-8 mM) in 0.1 M PBS buffer (pH 7) at a scan rate of 100 mV s<sup>-1</sup>. In the absence of glucose (curve a), typical oxidation and reduction peaks was observed. In 1 mM of glucose (curve b), the oxidation current peak increases displaying a pronounce of electrocatalytic behavior of the GOx enzyme presence on the electrode. The mechanisms of electrochemical behavior of the Nafion/GOx/CA-IONPs/ITO bioelectrode are summarized as follow:



During the reoxidation of GOx after enzymatic reaction, the CA-IONPs accept electrons from the reduced enzyme, thereby causes increment in the oxidation current. The magnitude of the oxidation peak increases linearly with the increase in the glucose concentration (Fig. 5). It is revealed that Nafion/GOx/CA-IONPs/ITO bioelectrode (inset of Fig. 5) can be used to estimate glucose from 1.0 – 8.0 mM. The sensitivity of the Nafion/GOx/CA-IONPs/ITO bioelectrode calculated from the slope of curve was found to be 70.1  $\mu\text{A mM}^{-1}\text{cm}^{-2}$  with linear regression 0.97. This result is comparable to other work, which commonly used composite to modify the glucose biosensor electrode<sup>1, 14-16</sup>.

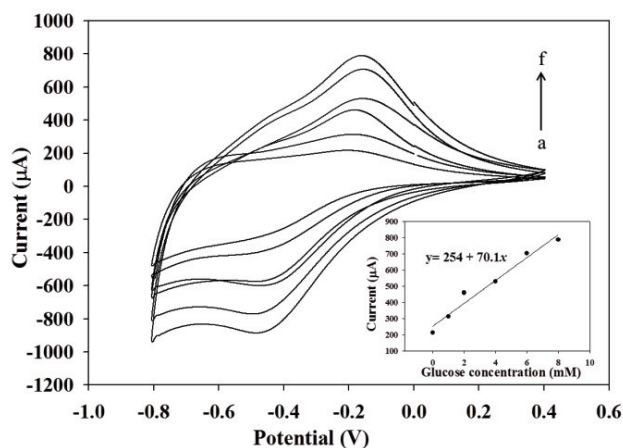


Fig. 5. CVs of Nafion/GOx/CA-IONPs/ITO bioelectrode (a) in absence of glucose (b-f) in 1, 2, 4, 6 and 8 mM glucose into 0.1 M PBS (pH7.0) at scan rate 100 mV/s. Inset: Calibration curve of current obtain as function of glucose concentration

## 4. Conclusion

GOx enzyme, CA-IONPs and nafion were successfully modified the ITO bioelectrode for glucose sensing. CA prevented the aggregation of IONPs without changing its optical and electrical properties. The immobilized GOx displayed excellent catalytic property to glucose and CA-IONPs in the biosensing interface offered not only friendly

environment to immobilize GOx but also improved the electron transfer between analyte (glucose) and CA-IONPs/ITO electrode surface. Nafion/GOx/CA-IONPS/ITO bioelectrode showed high sensitivity to glucose sensing but further testing related to the bioelectrode stability, interference and reproducibility were required. Because of its convenient preparation and good properties, this proposed method could be extended to other enzymes and bioelectrode development for biosensing applications.

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