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In vitro cancer cell-ECM interactions inform in vivo cancer treatment*

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ABSTRACT

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Keywords: Extracellular matrix (ECM) Chemotherapy Chemoresistance Metastasis Tumor microenvironment Ligands The general progression of cancer drug development involves *in vitro* testing followed by safety and efficacy evaluation in clinical trials. Due to the expense of bringing candidate drugs to trials, *in vitro* models of cancer cells and tumor biology are required to screen drugs. There are many examples of drugs exhibiting cytotoxic behavior in cancer cells *in vitro* but losing efficacy *in vivo*, and in many cases, this is the result of poorly understood chemoresistant effects conferred by the cancer microenvironment. To address this, improved methods for culturing cancer cells in biomimetic scaffolds have been developed; along the way, a great deal about the nature of cancer cell-extracellular matrix (ECM) interactions has been discovered. These discoveries will continue to be leveraged both in the development of novel drugs targeting these interactions and in the fabrication of biomimetic substrates for efficient cancer drug screening *in vitro*.

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Contents

1.	Introduction	270			
2.	The physical relationship between cancer cells and the extracellular matrix <i>in vitro</i>	271			
	2.1 Stiffness	271			
	2.2 Ligand accessibility	272			
	23 Dimensionality	272			
	24 Topography 2	272			
	2.5 Outside in' forces: Interstitial fluid pressure, cyclic strain and chear stress	272			
n	2.3. Outstuc-in forces, interstitual nuturpressure, cyclic strain and shear stress	275			
3.	Evidence for the ECM altering drug treatment	273			
	3.1. Physical barriers to treatment	273			
	3.2. Adhesion-conferred drug resistance	273			
4.	ECM-based cancer treatments	274			
	4.1. Integrin-targeted drugs	274			
	4.2. Drugs targeting ECM synthesis and degradation	275			
	4.3. Drugs targeting physical barriers to chemotherapy	275			
	4.4. Matrix-based tumor immune therapy	275			
5.	Future outlook and conclusions	276			
Acknowledgements					
Refe	References				

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1. Introduction

The diverse nature of cancer evinces the great variety of relevant biochemical pathways—the loss of differentiation in cancer cells in many ways shares functional characteristics with stem cells and development. A number of strategies have been pursued to both prevent and treat cancer, each relying on a different facet of the disease. Of the

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approximately 175 individual cancer drugs currently approved by the FDA, the majority are targeted toward DNA replication and repair pathways (e.g. alkylating agents, antimetabolites, anthracyclines, topoisomerase inhibitors, or mitotic inhibitors [1]). A number of recently approved drugs are angiogenesis inhibitors [2], but to date, a drug targeting a cancer cell's interactions with the extracellular environment has not been approved, despite the fact that cancer's relationship with the extracellular matrix (ECM) has received increasing scrutiny in the lab. Specifically, the ways in which cancer cells interact with the physical properties of the ECM, how cancer cell-ECM attachment can directly affect treatment efficacy, and the development of modern drug strategies taking advantage of the cancer-ECM relationship are all gaining importance. The goal of this review is to provide a comprehensive overview of A) important breakthroughs in the understanding of physical cancer-ECM interactions in vitro, B) the increasing evidence that these interactions can abrogate the effects of chemotherapeutic intervention, and C) the current state of cancer-ECM-based drug discovery and development, with a special focus on how basic science discoveries have informed this pipeline.

2. The physical relationship between cancer cells and the extracellular matrix *in vitro*

The extracellular matrix (ECM) is a highly complex fibrous mesh composed of proteins (e.g. collagen, laminin, fibronectin, elastin), glycosaminoglycans (e.g. hyaluronic acid, heparin), proteoglycans (e.g. perlecan, syndecan), and sequestered growth factors. The ECM not only plays an important role in providing support to tissues but also directs a diverse set of functions in individual cells. Physical properties of the extracellular matrix like stiffness, topography, and ligand presentation have been shown to affect a variety of cellular responses [3-5]. Adhesion of cells via specific receptors, mainly integrins, to the ECM stimulates signaling pathways that regulate survival, proliferation, migration, polarity, and differentiation [6-8]. Each of these properties of cancer cell-ECM interaction can and have been modeled by researchers in vitro (Fig. 1) in the pursuit of a more faithful mimic of the in vivo tumor microenvironment [9-12] As both chemical and physical characteristics of the ECM influence cell behavior, and these specific properties can be altered in cancer, a better understanding of cancer ECM composition and subsequent cellular responses are required [13–15]. The wellcharacterized action of matrix metalloproteinases (MMPs) bear mentioning despite being beyond the scope of this review; examinations of both *in vitro* basic research and MMP-centered clinical trials can be found in several excellent reviews [16–18].

2.1. Stiffness

Matrix rigidity has been shown to influence cellular migration [19–22], adhesion [23–25], proliferation [26–28], and differentiation [29,30]. Cellular sensing of rigidity is a complex process integrating multiple mechanosensitive pathways [31]; thus, the use of substrates in which rigidity can be precisely tuned to mimic that of both healthy and cancerous tissue is important in presenting physiologically relevant properties to cells *in vitro* [32].

In the context of cancer biology, ECM stiffness and cellular stiffness, i.e. the elastic moduli of individual cells, are intertwined, as the difference between these two material properties can define the nature of their interaction. Metastatic cancer cells have consistently been shown to be softer than benign cells, with some cell types exhibiting stiffnesses an order of magnitude lower than their healthy counterparts [33–36]. This could be the result of impaired keratin organization observed in a number of cancer cell types [37], as keratin reorganization prompts a sharp drop in individual cell stiffness [38]. This is in contrast to tumorassociated ECM, which has been found to be generally stiffer than surrounding healthy tissue [39–42]. There are a number of contributing factors potentially at play in malignant matrix stiffening, including fibrosis [43,44] and the increase in interstitial pressure due to tumor growth and chaotic microvasculature [45]. Additionally, collagen networks have been shown to stiffen in breast cancer (BC) [46], which is likely due to the crosslinking role of the enzyme lysyl oxidase (LOX). LOX has been found to be upregulated in breast tumors and may play a role in focal adhesion kinase (FAK) activation and cell-matrix adhesion [47]. Increases in collagen network deposition and/or stiffness have been shown to stimulate integrin signaling and cancer cell proliferation [44,48], further reinforcing the role of substrate mechanics in cancer progression.

There are a number of ways in which researchers can study the effects of substrate stiffness on cancer cells *in vitro*. The use of ECM-based natural biomaterials like collagen gels, hyaluronic acid (HA), and Matrigel allows for a degree of biomimicry, and each has its own protocol for controlling stiffness. For instance, collagen gels can be attached to a stiff substrate or used free-floating [48], combined with



Fig. 1. Tumor/cancer cell–ECM interactions in vivo that can be modeled in vitro. In the tumor microenvironment, a number of physical characteristics of the ECM can influence cancer cell or tumor behavior. In tumor microenvironments, the ECM tends to be stiffer, usually as a result of increased collagen crosslinking. Deposition of ECM fibers like collagen contributes to the topography of the ECM, as well as dictates which ligands will be accessible to the cells. Interstitial pressure also rises due to poorly functioning lymphatics and chaotic microvasculature caused by enhanced angiogenesis. Cells can be exposed to three-dimensional ECM in the stroma and two-dimensional ECM upon intravasation into the circulatory system, where they are also subject to shear forces and cyclic strain.

different levels of agarose [49], or simply fabricated with more or less collagen fibers [50] to control the level of elasticity felt by the cells.

Synthetic hydrogels composed of polyacrylamide (PA), polyethylene glycol (PEG), or polydimethylsiloxane (PDMS), while not as biomimetic as natural materials, allow for more precise control over substrate stiffness. The stiffness of PA gels can be varied by altering the ratio of crosslinker to monomer [19,51]. PEG gels also take advantage of crosslinker to monomer ratios and/or photoinitiator systems to control stiffness and have been used in 2D or 3D formats to analyze stiffness-dependent cancer cell drug responses and migration patterns [52,53]. PDMS stiffness can be tuned by altering the ratio of base to curing agent and has also been used to analyze cancer cell behavior in response to different elasticities [54]. One current limitation of *in vitro* models for substrate stiffness is the fact that stiffness *in vivo* can be heterogeneous over nano- and micro-scales [55], likely due to heterogeneous matrix deposition at focal regions of tissue.

2.2. Ligand accessibility

Cell adhesion and behavior have been shown to be sensitive to ligand presentation at the nano-scale (i.e. chemistry, density, geometry) [56–60]. Specific ligands presented to cells in the tumor microenvironment depend on the protein composition of the ECM. This composition has been shown to control cell proliferation, migration, adhesion, and viability [61], as well as the expression of pro-survival pathways, allowing cells to escape drug-based treatment [62]. Tumor development is often associated with the upregulation of different ECM proteins; collagen VI expression, which correlates with tumor grade in ovarian cancer patients, has been shown to be upregulated in drugresistant cancer cells, which can subsequently remodel the ECM to further promote chemoresistance [63].

By controlling the ECM composition in vitro, important observations on the nature of ligand interactions can be made. Nanostructured, flexible materials are useful for examining adhesive properties and resultant cellular responses in cancer cells and can be synthesized via a block copolymer micelle nanolithography (BCML) technique, followed by transfer nanolithography onto soft substrates, which have been extensively described in a variety of systems [64–67]. This system allows for the direct control of ligand composition and spacing, and ongoing research is focusing on the relationship between ECM ligand motifs and chemoresistance. Directly coating glass surfaces with biotin allows for direct conjugation of ECM ligands; this system has been employed to better understand the relationship between RGD (arginylglycylaspartic acid) and EGF (epidermal growth factor) ligands. By controlling the proportion of the two motifs, it has been shown that EGF directly affects cancer cell focal adhesions, suggesting a connection between integrin attachment and EGF receptor signaling [68].

Ligands can also be presented in a less controlled manner by adjusting the proportion of different ECM proteins available for cancer cells to interact with. When cells are plated in three-dimensional matrices composed of the ECM protein laminin, an increase in DNA methylation is observed, resulting in a more invasive cancer cell phenotype [69]. Hyaluronic acid hydrogels supplemented with fibronectin, laminin, or cyclic-RGD have been used to illustrate this effect, as laminin-rich gels conveyed resistance to ERK (extracellular-signal-regulated kinase) inhibition and fibronectin-rich gels conveyed resistance to BRAF (proto-oncogene B-rapidly accelerated fibrosarcoma) inhibition [62]. The availability of collagen or fibronectin in the in vitro microenvironment has also been shown to alter cancer cell stiffness, suggesting a level of crosstalk between ligand accessibility and cell mechanics [70]. Other systems have been built that allow for combinatorial analysis of variable ECM composition and thus ligand composition [71], showing the first steps towards a truly high throughput biomimetic drug screening platform.

2.3. Dimensionality

While the majority of *in vitro* cancer cell experimentation has been performed on two-dimensional substrates, recent advances in biomaterials have allowed for increasing investigation of the behavior of cancer cells and tumors in three-dimensional scaffolds. Cancer cells can be distinguished from normal cells in three-dimensional culture by their growth rates and morphologies; while normal cells reduce their rate of proliferation and maintain their spatial position, malignant cells generally will grow rapidly and invade into surrounding regions [72], to the point where morphology in some 3D scaffolds can predict malignant potential [73]. Even among cancer cells, a morphological and behavioral gradient exists, with more highly malignant cell lines exhibiting stellate morphology and invasive processes compared to grape-like morphology in less malignant lines [74]. Clusters of cancer cells known as multicellular tumor spheroids (MCTs) cultured in these matrices can be used as in vitro models for early tumor architecture, tumorigenic gene expression, and drug response, with invasion out of MCTs into the surrounding 3D scaffold mirroring early metastatic events [75]. Genes expressed in these reproductions of early tumor structure have been correlated with genes upregulated by cancer cells *in vivo*, validating the mimetic nature of such models and shedding new light on difficult-to-observe events during tumorigenesis in vivo [76].

In order to study the nature of 3D ECM-cancer cell interactions, sufficiently biomimetic substrates must be fabricated. A number of strategies have been pursued, including the use of the 3D scaffold Matrigel [75], a basement membrane preparation extracted from mouse sarcoma cells in vitro. 3D scaffolds composed of collagen type I have been used to present stiffness gradients to cancer cells in vitro, allowing for the observation that cancer cells infiltrate more extensively into soft 300 Pa regions than into stiffer 1.2 or 6.0 kPa regions [77]. Distinctly different phenotypes of cancer cell invasion have been observed on 2D and 3D substrates, with cells in unconfined lines exhibiting 'push-and-pull' behavior characteristic of mesenchymal invasion, and cells in confined microchannels moving in an amoeboid-like sliding fashion [78]. Three-dimensional silk sponges have also been used to analyze cancer cell behavior in vitro, with significant differences observed in the expression of angiogenic factors compared to two-dimensional substrates [79]. Controlled comparisons between 2D and 3D substrates have also been performed with fibronectin matrices, allowing for the observation that integrin binding and MT1-MMP activity are required in two dimensions, but not in three, illustrating the purported switch from mesenchymal to amoeboid cancer invasion [80]. Pseudo-3D substrates sandwiching cancer cells in between two 2D substrates allow for precise control over ligand presentation, making detailed analysis of focal adhesion complexes and migration speed possible [81]. While the field has recognized that 3D scaffolds generally present a more biomimetic environment necessary for modeling cancer cell-ECM interactions and screening cancer cell-drug outcomes, 2D substrates have not lost all of their usefulness. In vivo, several cancer-relevant microenvironments are better modeled by 2D substrates, most notably the boundary between ECM and the circulatory system, but also including any 2D interface in which a cell will preferentially bind to a flat surface.

2.4. Topography

Surface topography refers to the nanometer or micrometer-scale orientation of ECM components, including fibrils and other supramolecular structural patterns [82,83]. These patterns have been shown to guide cancer cell migration in the tumor microenvironment, as analysis of breast cancer explants shows that tumor cells and cancer-associated stromal cells migrate along reassembled collagen fiber 'highways' exhibiting macroscopic topography [84]. Changes in the native meshlike topography of collagen ECM into radially aligned fibers have been observed *in vivo* [85], and *in vitro* experimentation has confirmed that outwardly radiating collagen fiber patterns can promote invasive behavior while randomly aligned fibers reduces it [86]. It has been speculated that ECM topography is linked to intracellular signaling in cancer cells, likely through the physical arrangement of key integrin receptors and focal adhesions [87]. ECM porosity, often represented as the average cross-sectional diameter of the gaps in the fibers comprising the ECM, is another form of topography that plays a role in cancer migration and invasion [88]. When matrix pore size is smaller than the width of the cell, ECM degradation is triggered in order to alter the matrix topography, thereby allowing invasion and migration [89]. Like other forms of topography, porosity is a direct result of patterns in ECM protein deposition, and thus has a great deal of overlap with studies examining ligand accessibility as a function of protein deposition [50,90].

2.5. 'Outside-in' forces: Interstitial fluid pressure, cyclic strain and shear stress

The nature of forces that act upon cancer cells, or 'outside-in' forces. is also altered compared to healthy tissue. Interstitial fluid pressure (IFP) in the tumor microenvironment, which is predictive of patient outcome [91] (although conflicting results addressing whether increased IFP is associated with increased or decreased long-term survival have been reported, perhaps due to tissue type [91,92]), can be at least an order of magnitude higher than normal tissue due to abnormal microvasculature and poorly functioning lymphatics [45]. Individual cancer cells have been exposed to different levels of hydrostatic pressure in the lab, leading to the discovery that increased interstitial fluid pressure in vitro is sufficient to alter angiogenic gene expression, a key regulator of the chaotic microvasculature responsible for aberrant IFP in vivo [93,94], with certain cell lines displaying an increased sensitivity to chemotherapeutic drugs while exposed to pathological IFP [92], suggesting that the physical barrier to drug penetration is the driving factor in IFP-induced chemoresistance [95]. Collagen gels under volumetric compaction have also been used to mimic increased IFP [96] and monitor subsequent changes in signaling pathways.

Shear stress, imposed onto cancer cells during intravasation into the circulatory system after escaping the tumor microenvironment, is another example of a physiological force acting on cancer cells [97]. During this process, invasive cancer cells must adhere to vessel walls; otherwise, they will continue to recirculate and be susceptible to death by shear stress [98]. This process must be more closely examined to better understand why so many intravasating cells fail to extravasate, a phenomenon thought to contribute to the aggressive nature of cancer cells that survive the circulatory system [99]. To mimic these conditions in vitro, cancer cells can be plated onto flat substrates and spun at 60 rotations per minute [98]. Microfluidic devices and Darcy flow chambers have been used extensively to provide both shear stress and chemoattractant gradients, revealing different patterns of cancer cell migration in response to different magnitudes of shear force [100,101]. Cone and plate viscometers have also been used to demonstrate that shear stress can affect the sensitivity of circulating cancer cells to drug treatment [102].

The cyclic forces present in the circulatory system, which have historically been an important focus of research due to the strong role of angiogenesis in tumor growth, have also been shown to contribute to mechanosensitive processes in cancer cells. Tumor-derived endothelial cells have been examined under 10% uniaxial cyclic strain and found to exhibit aberrant Rho-mediated mechanosensitivity, likely due to reprogramming caused by exposure to the tumor microenvironment [103].

Taken together, it is clear that there are a wide variety of interactions and forces that cancer cells experience *in vivo*. Recently, an increasing number of groups are taking advantage of this knowledge and applying *in vivo* principles to the engineering design of *in vitro* scaffolds and systems. Ultimately, near-perfect reconstruction of these *in vivo* conditions will allow researchers to more accurately conceive, design, and test strategies for treating cancer. However, due to the current use of lessthan-ideal materials, we are learning more about the unforeseen outcomes of chemotherapeutic treatment *in vivo*.

3. Evidence for the ECM altering drug treatment

There are multiple ways in which a cancer cell or tumor can obtain resistance to drug treatment, including gene mutations, gene amplification, or epigenetic alterations that impact how cells interact with various drug compounds [104]. Several types of cancer cells have been shown to utilize their interactions with the surrounding environment to acquire drug resistance, either within the primary tumor (e.g. multiple myeloma cells within the bone marrow), or within the context of disseminating metastases to distant organs (e.g. metastasis of breast or prostate cancer cells to bone) [105–110]. These interactions can be loosely grouped into physical barriers to treatment (hypoxia, pH, and interstitial fluid pressure) and cell-adhesion-based drug resistance (ECM organization and protective ligand binding) (Fig. 2).

3.1. Physical barriers to treatment

In many cases, drug delivery in the interstitial spaces in and around a tumor relies on diffusion and pressure-driven convection [111]. As a result of this, cancer cell-driven remodeling of the ECM provides the simplest resistance to treatment in the form of physical barriers that delay or abrogate drug delivery [112]; indeed, most anticancer drugs show limited penetration into solid tumors [104,113]. A number of strategies have been proposed to mitigate the barrier-like effects of the ECM in cancer drug delivery [95].

The tumor microenvironment is extremely heterogeneous, with gradients in the degree of hypoxia, pH, and ECM composition, all of which can influence the efficacy of drug treatment for several independent reasons [104]. Hypoxia results from the limited vasculature supply to the interior of the tumor, causing cells to proliferate at varying rates [114,115]. Many chemotherapeutic drugs are most effective on proliferating cells, allowing quiescent cells in the interior to evade treatment [116]. Hypoxia can also induce the activation of cell survival or proangiogenic genes, leading to certain populations of cells that become drug-resistant [117,118]. Additionally, drugs that rely on an oxygenbased free-radical mechanism cannot function on cells in a hypoxic (i.e. oxygen low) environment [119]. pH is also low in the extracellular space of hypoxic tumors, causing weakly basic drugs to become protonated, hindering their ability to cross the cell membrane [120].

Due to the lack of a fully functional vasculature system, fluid cannot be properly removed from the tumor through lymphatic vessels; therefore, IFP is often higher in tumors than in healthy tissues. This increased pressure inhibits the convection of macromolecules into the tissue [121, 122]. Composition and organization of the tumor ECM can also determine whether drugs can penetrate into the tumor. For example, collagen, which is often upregulated in tumor microenvironments [63], has been shown to contribute to drug transport resistance in the interstitial space, possibly in conjunction with GAG binding [121]. In vitro studies of breast cancer cells in 3D collagen matrices revealed that cells in softer regions were more susceptible to paclitaxel treatment compared to those in stiffer regions, suggesting that tissue stiffness barriers can provide a degree of chemoprotection [77]. Organized protein structures and tightly packed tumors can also inhibit drug penetration [121,123]. Additionally, in certain types of mucinous cancers, an upregulation in mucin production provides individual cells with a physical barrier against drug treatment. This mucous layer makes the cells measurably stiffer and reduces the cytotoxic effects of applied chemotherapeutic agents [124].

3.2. Adhesion-conferred drug resistance

Adhesion to the ECM and other cells has been shown to confer chemoresistance to cancer cells through the activation of various pro-



Fig. 2. ECM-conferred barriers to treatment. A) Hypoxic conditions due to poor vascularization of the tumor result in poor proliferation of cells in the interior. As many chemotherapuetic drugs target proliferating cells, more quiescent cells can survive treatment. B) Waste products from the rapidly dividing cancer cells contribute to low pH in the tumor microenvironment, which can protonate weakly basic drugs, preventing their passage through the cell membrane. C) Interstitial fluid pressure is higher in tumors, providing a physical barrier to drug diffusion. D) Tumor-directed, highly organized ECM structures inhibit drug penetration. E) The binding of certain integrins to the ECM conveys chemoresistance by activating pro-survival pathways.

survival pathways [13,125,126]. Cell survival pathways such as PI3K/ Akt, p53 MAPK, ERK/MAPK, and Rho/ROCK have been shown to be activated upon binding to the ECM, and have thus become a major focus of anticancer therapies [127–131].

In multiple myeloma (MM), the malignant plasma cells in the bone marrow attach to stromal elements using several adhesion receptors, directly affecting their proliferation and survival, specifically in response to chemotherapeutic agents such as glucocorticoids (e.g. prednisone, dexamethasone), alkylating agents (melphalane), Velcade™, Thalidomide™ and imatinib mesylate (Gleevec[™]) [110,132–138]. Despite conventional high-dose therapies and novel treatments, MM remains an incurable disease as almost all patients relapse and develop some form of drug resistance [132,139]. Even in early stages, when the malignant cells may not harbor genetic lesions that could confer constitutive drug resistance, the epigenetic protection provided by the stromal microenvironment may enable some cells to survive within the bone marrow. This sub-clinical period may endure long enough for the development of additional genetic events that may be required for the emergence of clinical resistance and relapse of the MM tumor population after an apparent clinical remission. Integrin-mediated adhesion has been described in several MM cell lines in vitro, as well as in MM cells from patients. Both cultured MM cell lines and patient-derived MM cells adhere to vitronectin and fibronectin via the $\alpha_{\nu}\beta_{3}$ integrin, or to VCAM-1 via the $\alpha_{4}\beta_{1}$ integrin [140–142]. β_{1} integrinmediated adhesion of MM cells to fibronectin confers protection against druginduced apoptosis, and triggers NFkB-dependent transcription and secretion of IL-6, a major MM growth and survival factor [143]. Additionally, hyaluronan, acting via the cell surface receptor CD44, has been shown to confer survival against IL-6 starvation or dexamethasone-induced apoptosis of human MM cells [144,145].

In breast cancer, clinical prognosis in patients is tightly linked to specific gene expression profiles, many of which are dominated by genes controlling ECM expression [146]. For instance, resistance to chemotherapeutic agents 5-fluorouracil, epirubicin, and cyclophosphamide are dependent on the protein composition of the stromal ECM [147]. Several studies have shown that BC cell adhesion to the ECM plays an important role in cancer cell survival post-chemotherapy treatment, identifying specific targets such as collagen [148,149], HA [150,151], and fibulin-1 [152]. An examination of many BC cells has indicated that they display diverse alterations in the expression of different integrins, including $\alpha_6\beta_4$, $\alpha_6\beta_1$, $\alpha_{\nu}\beta_3$, as well as the Thomsen-Friedenreich antigen (TF-Ag) and E-cadherin [107,108,153]. *In vitro*, 3D hydrogels containing laminin or fibronectin were found to convey chemoresistance to ERK inhibition or BRAF inhibition, respectively, further illustrating the importance of cell-ECM protective adhesion [62].

4. ECM-based cancer treatments

Most conventional chemotherapeutic interventions available today rely on inhibiting cancer cell proliferation. While this is an important aspect of the disease to target, most patients ultimately die from their metastases, not their primary tumors. Thus, there is a pressing need for novel interventions that can prevent the further dissemination of cancer cells after treatment. As ECM interactions play an important role in cancer cell survival and behavior, ECM-targeted therapies provide a promising approach to this need, either in preventing ECM-conferred chemoresistance or by altering the extracellular environment such that current therapies can overcome physical treatment limits. Many ECM-targeted chemotherapeutic drugs have been developed that attempt to inhibit specific integrin interactions, matrix metalloproteinase (MMP) activity, or the synthesis/degradation of the ECM, all of which will be described in the following sections.

4.1. Integrin-targeted drugs

Interventions that target specific integrin interactions aim at preventing protective downstream signaling effects conferred by the ligation of certain receptors (see Table 1). ATN-161 is a noncompetitive inhibitor of the fibronectin PHSRN sequence (the synergy sequence that enhances RGD binding) and is unique in that it does not block integrin-dependent adhesion, but rather targets downstream signaling via the $\alpha_5\beta_1$ and $\alpha_{\nu}\beta_3$ integrins [154–156]. When used in combination with traditional chemotherapy, ATN-161 reduced tumor cell proliferation and improved survival in a colon cancer model due to its antiangiogenic and anti-pro-survival properties [155]. In patients with advanced solid tumors, one third of patients exhibited prolonged stable disease [157], and further phase II studies are currently being performed [158]. Also targeting the $\alpha_{v}\beta_{3}$ integrin is Etaracizumab (Abergrin/MEDI-522, a variant of previous Vitaxin/MEDI-523), a humanized monoclonal antibody engineered from LM609. While preclinical studies for this drug were promising, phase II studies with patients exhibiting stage IV metastatic melanoma showed no clinical improvement [159].

Other integrin-targeted inhibitors have also attempted to target adhesions promoting tumor-induced angiogenesis and cell survival. First described by the Kessler group, Cilengitide, a cyclic-RGD pentapeptide, aimed at inhibiting invasive, pro-angiogenic endothelial cells from binding to the $\alpha_V\beta_3$ integrin, thereby inducing apoptosis and hindering cell migration [160]. In glioblastoma patients, this drug aimed to inhibit both $\alpha_V\beta_3$ and $\alpha_v\beta_5$, but after strong phase II trials, fell short in phase III

Table 1

Examples of integrin-targeted chemotherapeutic drugs.

Drug	Targeted integrin(s)	Clinical trial state [†]
Cilengitide	$\alpha_{v}\beta_{5} / \alpha_{v}\beta_{3} / \alpha_{5}\beta_{1} / \alpha_{IIb}\beta_{3}$	Phase III
ATN-161	$\alpha_5\beta_1/\alpha_{\nu}\beta_3$	Phase II
Etaracizumab (Abegrin, MEDI-522)*	$\alpha_{v}\beta_{3}$	Phase II
Intetumumab (CNTO 95)	α_v	Phase II
Volociximab (M200)	$\alpha_5\beta_1$	Phase II
E7820	α ₂	Phase II
17E6 (EMD 525797)	α_v	Phase II
Abituzumab (EMD 525797)	α_v	Phase I/II
SC-68448	$\alpha_v\beta_3/\alpha_{IIb}\beta_3$	Phase I
GLPG 0187	$\alpha_{\nu}\beta_{1}/\alpha_{\nu}\beta_{3}/\alpha_{\nu}\beta_{5}/\alpha_{\nu}\beta_{6}/\alpha_{5}\beta_{1}$	Phase I
Abciximab (ReoPro, C7E3)** [207]	$\alpha_{IIb}\beta_3/\alpha_v\beta_3/\alpha_M\beta_2$	Pre-clinical
S137 and S247	$\alpha_{v}\beta_{3}$	Pre-clinical
SB 265123 [178]	$\alpha_{v}\beta_{5}/\alpha_{v}\beta_{3}$	Pre-clinical
SM256 [208]	$\alpha_v\beta_3$	Pre-clinical
SD983 [208]	$\alpha_{v}\beta_{3}$	Pre-clinical
SCH221153 [209]	$\alpha_{\nu}\beta_{5}/\alpha_{\nu}\beta_{3}$	Pre-clinical

References are indicated for drugs not mentioned in the text.

* Derived from Vitaxin/MEDI-523.

** Currently on the market for acute coronary syndrome.

[†] Ongoing, or last reported highest-level state.

[161]. Intetumumab (formerly CNTO 95), a human monoclonal antibody to the α_v integrin, unfortunately showed a decrease in both progression-free survival and overall survival in phase II trials of meta-static castration-resistance prostate cancer [162].

Still, there are multiple promising interventions currently undergoing clinical trials. Volociximab, an $\alpha_5\beta_1$ inhibiting antibody, has completed a phase Ib safety and pharmacokinetic study, in combination with carboplatin and paclitaxel, for advanced non-small-cell lung cancer [163]. An α_v -targeting monoclonal antibody, Abituzumab (EMD 525797), has also shown promise in a randomized phase I/II POSEIDON trial when combined with Cetuximab and Irinotecan in KRAS wild-type metastatic colorectal cancer [164]. While the progression-free survival target was not met, patients with tumors exhibiting high $\alpha_v\beta_6$ expression benefited from the treatment [164]. In preclinical trials, S137 and S247, small RGD-peptidomimetic antagonists, were able to inhibit lung metastasis in mice [12,165]. Phase I studies have been completed in patients with advanced malignancies using E7820, an anti-angiogenic oral inhibitor of integrin α_2 expression, and it is currently under investigation in phase II trials [166].

Human specific antibody 17E6 (EMD 525797) has been shown to block *in vivo* tumor growth of xenografts expressing $\alpha_v\beta_3$ in 6 different human melanomas and 5 carcinomas, but did not affect $\alpha_v\beta_3$ -negative tumors. Furthermore, the effect was determined to be directly related to anti-tumor activity and not due to anti-angiogenic activity of α_v -integrin antagonists [167]. Currently, this drug is under investigation in phase II clinical trials [168]. Another oral compound in Phase I clinical trials s SC-68448, an RGD-peptidomimietic antagonist. In preclinical studies, this compound inhibited rat Leydig cell tumor growth in mice by up to 80% and completely blocked the development of hypercalcemia [169,170]. Another drug targeting RGD integrins is GLPG 0187, which inhibits $\alpha_v\beta_1$, $\alpha_v\beta_3$, $\alpha_v\beta_5$, $\alpha_v\beta_6$ and $\alpha_5\beta_1$, and is currently in phase Ib trials [171].

4.2. Drugs targeting ECM synthesis and degradation

Other ECM-based approaches include drugs targeting ECM synthesis via cytokine inhibitors (i.e. TGF- β inhibitors) and drugs targeting ECM degradation (i.e. MMP and proteinase inhibitors). TGF- β -targeting drugs hinder TGF- β -promoted secretion and processing of ECM proteins, such as collagen and fibronectin [172]. Fresolimumab (GC1008) is one such example; however, few clinical effects were seen in phase I trials [173–177]. As this subset of drugs is cytokine-based, the topic

will not be covered here in detail, but can be found reviewed excellently elsewhere [178].

MMP inhibitors make up a large majority of ECM-targeted therapeutic approaches and are reviewed elsewhere [178]. Despite early failures [18], they remain a promising set of drugs due to their potential ability to hinder extravasation of tumor cells into different tissues during early stages of cancer progression. Endostar, a novel recombinant human endostatin, has shown promising results in a variety of trials. While the mechanism of action remains unclear, one study suggests that it acts by suppressing activity of MMPs-2 and -9 [179]. For the treatment of osteosarcoma patients, it showed an enhancement in event-free survival and decreased occurrence and progression of metastases [180]. For non-small-cell lung cancer in phase III trials, Endostar, in combination with platinum-based chemotherapy, resulted in significant clinical and survival benefits [181].

Heparanase, an enzyme responsible for degrading and remodeling the ECM, has been shown to be upregulated in multiple tumor types and in conjunction with distant metastases [182], making its inhibition an attractive target [61]. Adjuvant heparanase inhibitor PI-88 therapy for the treatment of hepatocellular carcinoma has shown positive results in phase II trials, with a 13% increase in recurrence-free rate and a postponement in time to recurrence of 78% [183]. Proteoglycans are also a potential target as these molecules can affect angiogenesis and cancer growth [184], and it has been shown that by inhibiting the glycosaminoglycan (GAG) component using 5-hexyl-2'-deoxyuridine (HUdR), GAG incorporation can be reduced. When intracardially transplanted tumor cells were treated with HUdR in mice, the number of metastatic nodules were decreased in an organ-specific manner [185].

4.3. Drugs targeting physical barriers to chemotherapy

As mentioned earlier, one major obstacle in effective drug delivery is the physical constraints imposed by the tumor microenvironment. Thus, combining cancer cell-killing drugs with ECM-degrading drugs could prove to be an effective strategy. In preclinical studies of high prostate PC3 tumors in mice, PEGPH20, a pegylated variant of the HAdegrading enzyme rHuPH20, when delivered in combination with chemotherapy (Docetaxel and Liposomal Doxorubicin), induced an antitumor response, inhibiting growth by 70% [186]. Effective ECMremodeling was observed through decreased tumor IFP and water content, decompressed tumor vessels, and increased tumor vascular area, all of which likely enhance drug perfusion [186]. Other methods to reduce IFP, e.g. collagenase [187] and Paclitaxel pretreatment [188], have been explored, resulting in enhanced uptake of small molecules.

Hypoxia can be addressed with the use of nontoxic prodrugs that become activated under hypoxic conditions. One such example, Tirapazamine (SR-4233), a potent and selective killer of hypoxic cells [189], has been examined in combinatorial treatments. While earlier phase III trials showed promising results [190], a successive trial failed to produce positive outcomes [191]; confounding results could be due to the reduced ability of the drug to penetrate the tumor [192].

In order to overcome the acidic tumor microenvironment, raising the local pH with small molecules or creating pH-sensitive nanodrugs have been explored. By raising endosomal pH with various agents, uptake of the basic drugs doxorubicin and mitoxantrone is enhanced, improving their potential therapeutic effectiveness [193]. Ionizable pHsensitive drug delivery systems, nanosystems containing acid-labile chemical bonds, and gas-generating pH-sensitive nanosystems are promising new techniques being explored to harness the inherent properties of the acidic interstitial space [194].

4.4. Matrix-based tumor immune therapy

One recent and exciting area of exploration has been the development of specific matrix molecules to target the activation of antitumor immune cells in the tumor microenvironment. Adoptive cell therapy (ACT) aims to treat cancer with ex vivo generated T lymphocytes [195], and thus requires large numbers of activated T cells. In vivo, T cells are activated upon binding to specific ligands on the surface of antigen presenting cells [196]. To activate T cells in vitro, artificial antigen presentation has been developed [197]. A number of strategies to optimize this process exist, including identification of the required ligand density for T cell activation [198] and the presentation of anti-CD3 monoclonal antibodies in synthetic nanoarrays for control over T cell activation and subsequent expression of desired cellular responses [199]. Future research in this vein will focus on the optimization of high throughput T cell activation and expansion, most likely in parallel with microfluidic systems capable of mimicking the 3D interactions between T cells and synthetic antigen presenting cells [200], with the ultimate goal of treating cancer cells in vivo with T cells that have been prepared ex vivo. This strategy can be employed in conjunction with bioengineered growth factors that target the cancer ECM with superaffinity, allowing for more complete control over the regions to which cancer cells or immune cells attach [201].

5. Future outlook and conclusions

The phenomenon whereby malignant cells reach protective niches in the body and subsequently acquire resistance to chemotherapy via specific, adhesion-mediated signaling processes is still poorly characterized at the molecular level, but understanding this process could be the key to discovering why chemotherapy fails to provide a long-term cure in many cases. Due to the ubiquitous nature of the ECM in healthy tissue, it is of great importance to consider the specificity of ECMtargeted drugs, as off-target effects could prove detrimental to the body. Adverse bleeding events are associated with the use of $\alpha_{IID}\beta_3$ antagonists, as they can also alter platelet response [202]. Therefore, the goal of systemic administration should be to enhance cancer celldirected recognition.

The primary obstacle in interpreting the limited data available on adhesion-dependent drug resistance arises from the enormous molecular complexity of the cellular adhesive environment, making it very difficult to identify the specific epitopes responsible for protective effects. Moreover, studies in recent years have shown that adhesion-mediated signaling is affected not only by the chemical nature of the adhesive environment but also by multiple physical features of the matrix, including the spatial patterning of the adhesive epitopes available for cell binding, the topography of the surface and the rigidity of the substrate [203]. Additionally, as the tumor microenvironment has been put into the spotlight as a major mediator of cancer cell fate, the need for a proper 3D model has arisen, in which cell-cell, cell-matrix and organizational properties can all be precisely controlled. To do this, the ECM microenvironment for each diverse cancer type must be precisely determined. A novel approach aimed at controlling and defining the adhesive mechanisms underlying protective signaling and metastasis in cancer cells in 3D, and subsequently altering these adhesions to confer chemosensitivity to resistant cells, is of great importance and need.

New approaches to leveraging the relationship between cancer cells and the ECM have emerged very recently with the experimental implantation of cancer 'traps'—synthetic substrates designed to encourage cancer cells to enter but not leave [204]. These devices can be used as diagnostic tools to identify the presence of circulating tumor cells, but also have the potential for removal of invasive tumor cells from the body by simply out-'competing' tumor niches for circulating cancer cells.

Recent observations of the relationship between cell–ECM adhesion and malignant phenotypes suggest that simple, low-cost, label-free, image-analysis-based characterization of adhesion signatures may play a role in clinical diagnostics [205,206]. The continued development of 3D perfusion systems that accurately recapitulate the force basis of cancer cell/tumor ECM interactions will play a key role in streamlining the drug discovery process considering the sometimes major differences in drug efficacy on 2D and 3D substrates. As the transition to high throughput cell culture and image analysis techniques led to a new age in drug discovery, the development of high throughput 3D ECM systems in the coming decade will prove financially valuable by drastically lowering the rate of false positives. In many cases combinatorial drug treatments have been found to be more effective against cancer than single drugs, and thus eliminating false positives from these cocktails will only enhance the efficiency of combinatorial testing.

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