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Treatment techniques for children, teens, and adults with cluttering

K. Scaler Scott[a] & D. Ward[b]

[a]Misericoridia University, USA
[b]University of Reading, UK

Abstract

Due to the lack of research regarding the efficacy of treatment approaches to cluttering, speech language therapists (SLTs) are lacking in information regarding how to approach cluttering clients. The purpose of this presentation is to present a new view of examining evidence-based techniques for treating cluttering in children and adults. Through interactive discussion, methods for managing children, teens, and adults with cluttering will be presented. Assessment and treatment principles will be covered. Specific activities for increasing effective communication in a variety of clients and the evidence base to these activities will be presented. After attending this seminar, SLTs should be able to: 1) state three principles of cluttering assessment; 2) state three principles of cluttering treatment; 3) state three sources of literature establishing evidence base of treatment methods; 4) state three activities to address cluttering in children, teens, and adults with cluttering. Data gathered during actual treatment sessions will be presented in case study format. Overcoming obstacles in managing clients with cluttering using evidenced- based approaches a will be discussed.

Keywords: Cluttering assessment; Therapy; Evidence

References

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