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Effects of the glutamate carboxypeptidase II (GCP2 1561C>T) and reduced folate carrier (RFC1 80G>A) allelic variants on folate and total homocysteine levels in kidney transplant patients

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Background. The effect of the glutamate carboxypeptidase II *GCP2* 1561C>T and the reduced folate carrier 1 *RFC1* 80G>A polymorphisms on folate and total homocysteine (tHcy) plasma levels of kidney transplant patients are unknown.

Methods. In a cross-sectional study of 730 kidney allograft recipients, *GCP2* 1561C>T, *RFC1* 80G>A, folate, and tHcy plasma levels were analyzed using linear regression models that allowed dependent covariates to follow a gamma distribution for univariate and multivariate analyses.

Results. The allele frequency for *GCP2* 1561C>T was 0.05, and 0.43 for *RFC1* 80G>A. Heterozygosity or homozygosity for *GCP2* 1561C>T was associated with higher folate plasma levels compared to patients without mutation (P < 0.0001), while *RFC1* 80G>A showed no influence. Multiple testing, also including *MTHFR* 677C>T and *MTHFR* 1298A>C, revealed no interaction between the different genotypes and the folate plasma concentration. Neither *GCP2* 1561C>T nor *RFC1* 80G>A showed an association with tHcy plasma levels. *Conclusion.* We conclude that *GCP2* 1561C>T is associated

with elevated folate levels. *GCP2* 1561C>T and *RFC1* 80G>A are no major determinants of tHcy plasma levels in kidney transplant patients.

Elevated plasma levels of total homocysteine (tHcy) are associated with several adverse outcomes such as cardiovascular disease or neural tube defects in the general population [1]. The relevance of tHcy as a risk factor

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is even more pronounced in patients with chronic kidney disease on renal replacement therapy due to an altered homocysteine metabolism in such patients. [2] Over the past decade, several contributions have shown that genetic polymorphisms might determine plasma tHcy levels, either directly, or by affecting plasma folate levels. Mutations of the 5,10-methylenetetrahydrofolate reductase gene (MTHFR) have been studied extensively in a variety of populations and found to be associated with low folate levels and elevated tHcy plasma concentrations [3]. More recently, two more polymorphisms have been discovered and hypothesized to influence tHcy plasma levels: a 80G>A exchange within the reduced folate carrier 1 gene (*RFC1*; HUGO gene symbol: *SLC19A1*; solute carrier family 19, member 1) [4] and a 1561C>T transition of the glutamate carboxypeptidase II gene (GCP2: HUGO gene symbol: FOLH1; folate hydrolase 1) [5]. The GCP2 1561C>T mutation (H475Y) is located in exon 13 at the putative catalytic domain of the enzyme and is associated with a 53% reduction of enzyme acitivity [5]. RFC1 80G>A (R27H) occurs in exon 2 [4]. The functional consequence of this polymorphism on the encoded protein is currently unknown.

The *RFC1* gene product consists of 591 amino acid residues with a predicted molecular mass of 65 kD and is termed human folate transporter (FOLT). Alternative titles and symbols are placental folate transporter 1; reduced folate carrier protein (RFC); and intestinal folate carrier (IFC-1), which belongs to the SLC19A family of transporters. The human FOLT is an integral membrane protein. Transfection experiments with human *RFC1* cDNAs revealed an increased uptake of 5-methyltetrahydrofolate [6] and 5-methyltetrahydrofolic acid [7], suggesting involvement of the *RFC1* gene product in internalization of folates into cells. In mice, a 58 kD protein has been detected in the brush-border membrane

Key words: *GCP*, *RFC1*, genetic polymorphism, mutation, folate, homocysteine, kidney transplants.

The GCP2 gene product consists of 750 amino acid residues with an apparent molecular weight of 100 kD and is termed folylpoly- γ -glutamate carboxypetidase (FGCP). Alternative titles and symbols are prostate-specific membrane antigen (PSM); *N*-acetylated- α -linked acidic dipeptidase (NAALADase); folate hydrolase 1 (FOLH) [10]. Folylpoly-y-glutamate carboxypetidase is an exopeptidase that is anchored to the apical brush-border membrane and shows folate hydrolase and N-acetylated- α linked acidic dipeptidase activity. Folylpoly-y-glutamate carboxypetidase hydrolyses the terminal glutamate residues of dietary folylpoly-y-glutamates before absorption. Thereafter, the monoglutamyl folate derivatives are transported through the membrane via the folate transporter. Therefore, folylpoly- γ -glutamate carboxypetidase possibly regulates the availability of dietary folates [11].

The effect of *GCP2* 1561C>T and *RFC1* 80G>A on tHcy and folate plasma level has only been studied in a limited way, and the results are conflicting [12]. It was the purpose of this study to describe the respective frequencies of the *GCP2* 1561C>T and the *RFC1* 80G>A allelic variants in a large cohort of patients with a functioning kidney transplant and to test the hypothesis whether these genetic characteristics were independently associated with folate or tHcy plasma levels. Furthermore, we sought to test interactions among the various allelic variants of the *MTHFR*, *GCP2* and *RFC1* genes on folate and tHcy plasma levels.

METHODS

Study population

To assess the association between folate and tHcy plasma levels, and *RFC1* and *GCP2* genotype status, we conducted a cross-sectional study of 733 kidney allograft recipients who received routine follow-up at our institution. The detailed rules for study inclusion have been published elsewhere [13]. Material for genetic analysis was unavailable for three individuals, which left a final study population of 730 patients. None of the patients received routine folic acid or vitamin B supplementation. Important patient characteristics are shown in Table 1. The Institutional Review Board at the University of Vienna gave study approval. All patients provided written informed consent according to the Declaration of Helsinki and the Austrian Law on Gene Technology.

Biochemical methods

Fasting citrated blood was immediately placed on ice, and centrifuged at $2000 \times g$ at 4°C (20 minutes) within 60 minutes. Plasma aliquots and 500 µL of citrated blood

Table 1. Characteristics of 730 kidney graft recipients

Variable	Mean (SD) or %
Age years	51.8 (±13.1)
Gender female/male	292/438
Body mass index kg/m^2	25.4 (±4.3)
Estimated glomerular filtration rate <i>mL/min</i>	56.0 (±20.1)
Time since transplantation years	5.0 (±4.1)

for isolation of DNA were snap-frozen and stored at -70°C. Plasma concentrations of tHcy (free plus proteinbound Hcy) [14] were determined by automated highperformance liquid chromatography (HPLC) with reversed-phase separation and fluorescence detection using tri-n-butylphosphine as a reducing agent. Hyperhomocysteinemia was defined as tHcy levels above 15 µmol/L [14]. Intra-assay variability was between 1.4% and 1.7% and interassay variability was between 1.5% and 1.9% for tHcy concentrations of 15.9 and 6.9 µmol/L, respectively. Folate and vitamin B₁₂ plasma levels were measured with a radioassay (SimulTRAC-SNB, ICN Pharmaceuticals, Inc., Costa Mesa, CA, USA). Folate deficiency was defined as a plasma concentration of less than 3.4 nmol/L, and vitamin B₁₂ deficiency was defined as a plasma concentration of less than 118 pmol/L, respectively. Interassay variability was 4% to 5% for folate measurements and 4% to 6% for vitamin B_{12} levels. The creatinine clearance was calculated using the equation of Cockcroft and Gault [15].

RFC1 80G>A was analyzed by restriction fragment length polymorphism (RFLP) analysis of a 230 bp polymerase chain reaction (PCR) product that had been amplified with the primer pair RFC1 (5'-AGTGTCA CCTTCGTCCC-3'; nucleotide 51-70, GenBank accession number: U19720) and RFC2 (5'-TCCCGCGTGAAG TTCTTG-3'; nucleotide 263-280, GenBank accession number: U19720). In the presence of the G allele, cleavage with Cfo I produced three fragments of 125 bp, 37 bp, and 68 bp. The mutant A allele diminished a restriction site resulting in two fragments of 162 bp and 68 bp, respectively. The RFLP system for determination of GCP2 1561C>T included GCP1 (5'-GGTGAGAATG ATGGACTTTAC-3'; nucleotide 46235-46255, GenBank accession number: AF007544) and GCP2 (5'-CTTTG AGCTCAGTTTCACTG-3'; nucleotide 46713-46732, GenBank accession number: AF007544) producing a 498 bp fragment that remained uncleaved by Acc I in the presence of the C allele. The mutant T allele was cut by Acc I into two fragments of 218 bp and 280 bp. Identification of the 677C>T transition and of the 1298A>C transversion in *MTHFR* was performed by RFLP [16, 17].

Statistical analyses

The SAS for Windows (release 8.2) statistical software was used for all analyses (SAS Institute, Inc., Cary, NC).

Table 2.	Vitamin status and total homocysteine (tHcy)	plasma	levels
	of 730 kidney graft recipients		

	Median (25th/75th percentile)
Plasma vitamin B ₁₂ pmol/L	220 (170/308)
Plasma folate nmol/L	13.0 (10.0/16.9)
Plasma tHcy µmol/L	15.0 (11.9/19.8)

Table 4. Plasma folate and total homocysteine (tHcy) levels of 730 kidney graft recipients according to RFC1 genotypes (mean \pm SD)

	RFC	RFC1 80G>A genotype			
	GG	GA	AA		
Number	243	352	135		
Plasma folate nmol/L	15.2 ± 16	14.8 ± 11.9	14.4 ± 6.8		
Plasma tHcy µmol/L	17.7 ± 10.2	16.8 ± 8.3	16.7 ± 6.8		

Table 3. Plasma folate and total homocysteine (tHcy) levels of 730 kidney graft recipients according to GCP2 genotypes (mean \pm SD)

	GCP	GCP2 1561C>T genotype			
	CC	СТ	TT		
Number	654	74	2		
Plasma folate nmol/L	14.7 ± 13.2	15.6 ± 7.1	24.7 ± 12.8		
Plasma tHcy $\mu mol/L$	17.0 ± 8.6	17.6 ± 10.6	13.5 ± 4.9		

We described important patient characteristics using mean values and standard deviations for continuous variables and percentages for categorical variables. As the distribution of plasma tHcy and folate levels was found to be skewed to the right, and therefore nonnormally distributed, we used a special case of general linear models for all advanced analyses. The link function was chosen to be linear and spread was determined to follow a gamma distribution (in SAS: PROC GENMOD, LINK = IDENTITY, DIST = GAMMA). Such an approach provides unbiased estimates of effect for positively skewed data without the need to conduct data transformation (e.g., to a logarithmic scale) [18, 19]. We used such models both for univariate and multivariate analyses. One set of analyses used plasma level of folate as the dependent covariate, a second set modeled plasma tHcy concentration. Independent covariates included patient age (in decades), gender, time since kidney transplantation (<2 vs. ≥ 2 years), and categories of underlying kidney disease (diabetic nephropathy, glomerulonephritis, interstitial nephritis, polycystic kidney disease, miscellaneous other defined, and kidney disease not otherwise defined). We calculated each patient's body mass index (BMI), categorized in quintiles as the weight in kilograms divided by the squared height in meters and defined quintiles of the plasma levels of folate and vitamin B_{12} , respectively. For each patient, we estimated the creatinine clearance/glomerular filtration rate (GFR) using the Cockcroft-Gault approximation [15] and then staged renal function in accordance with the recent guidelines of the National Kidney Foundation (NKF) (>90, 60 to 90, 30 to 60, <30mL/min/1.73 m²) [20]. We created dummy covariates for all allelic combinations of nucleotides 677 and 1298 of MTHFR, as well as for heterozygosity and homozygosity of *RFC1* 80G>A. Patients with any mutation for the GCP2 gene at nucleotide 1561 were put into one single category because there were only two

Table 5.	Plasma folate and total homocysteine (tHcy) levels
of 730	kidney graft recipients according to MTHFR 677
	genotypes (mean \pm SD)

	MTH	MTHFR 677C>T genotype		
	CC	СТ	TT	
Number	344	307	79	
Plasma folate nmol/L	15.3 ± 6.3	15.2 ± 17.8	11.7 ± 8.6	
Plasma tHcy $\mu mol/L$	15.8 ± 7.1	17.1 ± 7.9	22.5 ± 14.7	

patients who were homozygous. All two-way interactions between these dummy covariates were then tested for significance. However, such an approach raises a multipletesting problem, where some interactions will be found significant by chance alone. Therefore, we used the approach described by Bonferroni to adjust the appropriate significance threshold (α level) for multiple testing [21].

RESULTS

Patients, vitamin status, and genotypes

The characteristics of all study participants are indicated in Table 1. The mean age in the cohort was 51.8 years, 60% were male, and more than half of the patients were obese or overweight (i.e., BMI >25 kg/m²). Table 2 depicts vitamin status and plasma tHcy levels of all 730 kidney graft recipients. Exactly half of the patients had elevated tHcy (>15 µmol/L), only two patients (0.3%) were below normal for plasma folate (<3.4 nmol/L), and 66 patients (9.0%) had vitamin B₁₂ levels below the normal threshold (<118 pmol/L).

The allele frequency of GCP2 1561C>T was 0.05; 74 patients (study population prevalence 9.8%) were heterozygous and two patients (0.3%) were homozygous for the mutation (Table 3). Because of the small number of homozygous patients, we combined those with the heterozygous patients for further analysis. The allele frequency of *RFC1* 80G>A was 0.43; 352 patients (48.2%) were heterozygous and 135 patients (18.5%) were homozygous for this variant (Table 4). The allele frequency of MTHFR 677C>T was 0.32; 307 patients (42.1%) were heterozygous and 79 patients (10.8%) were homozygous for this variant (Table 5).

Covariate	Univariate results			Multivariate results ^a		
	Estimate ΔFA in nmol/L	95% CI	P value	Estimate ΔFA in nmol/L	95% CI	P value
RFC1 genotypes						
80GG	_	(Referent)	_	_	(Referent)	
80GA	-0.46	(-1.62; 0.71)	0.443	-0.32	(-1.40; 0.76)	0.560
80AA	-0.77	(-2.24; 0.70)	0.304	-0.08	(-1.42; 1.26)	0.907
GCP2 genotypes						
1561CC	_	(Referent)	_		(Referent)	
1561CT or 1561TT	1.09	(-0.68; 2.87)	0.226	2.01	(0.36; 3.65)	0.017
MTHFR genotypes						
677CC/1298AA	_	(Referent)	_		(Referent)	
677CC/1298AC	-1.39	(-3.24; 0.47)	0.143	-1.05	(-2.80; 0.70)	0.241
677CC/1298CC	-0.03	(-2.40; 2.35)	0.983	-0.08	(-2.32; 2.17)	0.948
677CT/1298AA	-0.48	(-2.43; 1.46)	0.626	-0.49	(-2.32; 1.34)	0.597
677CT/1298AC	-1.30	(-3.22; 0.62)	0.185	-2.15	(-3.93; -0.38)	0.018
677TT/1298AA	-4.40	(-6.38; -2.42)	< 0.0001	-5.19	(-7.06; -3.32)	< 0.0001

Table 6. Estimated univariate and multivariate linear associations between genotypes and plasma folate (FA) levels

^a All multivariate models simultaneously account for age, gender, body mass index, estimated glomerular filtration rate, plasma levels of vitamin B₁₂, time since transplantation, underlying kidney disease, and all genotypes of *MTHFR*, *RFC1*, and *GCP2*

Effect of *GCP2* and *RFC1* genotypes on plasma folate concentrations

Mean plasma levels of folate stratified by GCP2, RFC1, and MTHFR 677 genotypes are shown in Tables 3, 4, and 5. We tested whether GCP2 or RFC1 were associated with folate plasma levels using general linear models. In univariate analyses, we did not find any associations between the allelic variants of the RFC1 or GCP2 genes and plasma folate levels (Table 6). However, in a multivariate model controlling for age, gender, renal function, BMI, underlying renal disease, time since transplantation, and indicators for allelic status of MTHFR 677C>T and 1298A>C, we found that individuals with the heterozygous or homozygous variants of the GCP2 gene had a plasma folate concentration that was, on average, 2.01 nmol/L higher compared to patients with the GCP2 wild-type sequence (95% CI 0.36 to 3.65; P =0.012). Plasma folate levels among RFC1 allelic variants did not differ in multivariate models (Table 6).

When testing for combined effects of various allelic variants of the MTHFR, RFC1, and GCP2 genes on plasma folate (i.e., effect modification), we found two specific combinations to be of potential relevance. Patients who had any mutation of the GCP2 gene and were heterozygous in either the MTHFR gene at nucleotide 677 (N = 9; effect estimate of the interaction term -5.08nmol/L; 95% CI -9.64; -0.53; non-Bonferroni adjusted, P = 0.03) or the MTHFR nucleotide 1298 (N = 21; effect estimate of the interaction term -3.95 nmol/L; 95% CI -7.51; -0.39; non-Bonferroni adjusted, P = 0.03). These findings would indicate that the association found between nonhomozygosity in the GCP2 gene and elevated folate was not present in patients who were heterozygous for either of the two polymorphisms of MTHFR under study. However, using Bonferroni's adjustment for multiple testing, we found that neither of the interactions remained significant [21].

Effect of *GCP2* and *RFC1* genotypes on plasma tHcy concentrations

Mean tHcy plasma levels according to *GCP2*, *RFC1*, and *MTHFR* 677 genotypes are indicated in Tables 3, 4, and 5. When testing whether *GCP2* 1561C>T or *RFC1* 80G>A were associated with tHcy plasma levels in regression models, we did not detect any significant associations between any of the allelic variants and tHcy plasma levels both in univariate and in multivariate analyses (Table 7).

When testing for combined effects of various allelic variants of *MTHFR*, *RFC1*, and *GCP2* on tHcy, we again found two specific combinations to be significant before adjustment for multiple testing: patients who had any mutation of the *GCP2* gene and were compound-hetero-zygous for both *MTHFR* polymorphisms or homozygous for the *MTHFR* 1298A>C mutation. As before, neither of the interactions remained significant after Bonferroni adjustment [21].

DISCUSSION

In this study of 730 kidney transplant recipients, we analyzed whether allelic variants of two recently discovered genes, *RFC1* and *GCP2*, were associated with plasma levels of folate and tHcy. This population is the largest thus far to be studied with regard to this specific research question. Using general linear models and accounting for the skewed distribution of the outcomes variables we did not find any associations between *RFC1* genotype and plasma folate or tHcy, respectively. These findings arose from multivariate models that accounted for important potential confounders and predictors of the outcomes.

Similarly, we could not detect an association between plasma tHcy levels and either hetero- or homozygosity of the GCP2 1561C>T mutation. However, plasma fo-

	Univariate results			Multivariate results ^a		
Covariate	Estimate $\Delta t H cy$ in $\mu mol/L$	95% CI	P value	Estimate $\Delta t H cy$ in $\mu mol/L$	95% CI	P value
RFC1 genotypes						
80GĞ	(1.0)	(Referent)	_	(1.0)	(Referent)	_
80GA	-0.87	(-2.04; 0.29)	0.142	0.06	(-0.77; 0.88)	0.890
80AA	-0.93	(-2.41; 0.56)	0.221	-0.33	(-1.36; 0.69)	0.523
GCP2 genotypes		· · · · ·				
1561CC	(1.0)	(Referent)	_	(1.0)	(Referent)	_
1561CT or 1561TT	0.45	(-1.26; 2.16)	0.609	0.11	(-1.08; 1.29)	0.860
MTHFR genotypes						
677CC/1298AA	(1.0)	(Referent)	_	(1.0)	(Referent)	_
677CC/1298AC	1.27	(-0.27; 2.82)	0.106	0.37	(-0.75; 1.49)	0.518
677CC/1298CC	1.56	(-0.43; 3.55)	0.123	0.74	(-0.73; 2.22)	0.323
677CT/1298AA	2.39	(0.75; 4.04)	0.004	0.91	(-0.30; 2.12)	0.142
677CT/1298AC	2.10	(0.46; 3.74)	0.012	0.87	(-0.33; 2.07)	0.154
677TT/1298AA	7.63	(5.30; 9.97)	< 0.0001	3.65	(1.84; 5.45)	< 0.0001

Table 7. Estimated univariate and multivariate linear associations between genotypes and plasma total homocysteine (tHcy) levels

^a All multivariate models simultaneously account for age, gender, body mass index, estimated glomerular filtration rate, plasma levels of folate, plasma levels of vitamin B₁₂, time since transplantation, underlying kidney disease, and all genotypes of *MTHFR*, *RFC1*, and *GCP2*

late was found to be elevated in patients with these allelic variants compared to individuals without mutation (effect estimate +2.01 nmol/L; 95% CI 0.36 to 3.65; P = 0.017).

Regarding the RFC1 allelic variants, these findings are consistent with the existing literature. Födinger et al [22] showed no major effect of RFC1 80G>A on tHcy or folate concentrations in a cross-sectional group of 120 chronic dialysis patients. The RFC1 80G>A variant did not demonstrate any association with folate status or tHcy plasma concentration among 169 French healthy adults, either [4]. In this study, however, Chango et al [4] showed that the RFC1 80GG/MTHFR 677TT genotype was associated with moderately higher tHcy plasma concentrations as compared to 80GG/677CC or 80GG/677CT genotype patients. Subjects with 80AA/677CT genotype showed higher plasma folate levels as compared to 80GG/677CT patients. There was no other effect of the RFC1 polymorphism on plasma or red blood cell folate levels as measured by a microbiologic assay.

Devlin et al [5] found low levels of serum folate and elevated homocysteine to be related to the 1561C>T polymorphism of GCP2 (H475Y) in 75 healthy Caucasians. [5] This observation was explained by a diminished activity of folypoly- γ -glutamate carboxypeptidase in H475Y-transfected COS-7 cells. Thus, this study suggested that the presence of the mutated GCP2 allele impaired the intestinal absorption of dietary folates, resulting in relatively low blood folate levels and consequent hyperhomocysteinemia. Our findings that the 1561C>T mutation of the GCP2 gene was associated with higher plasma folate levels in multivariate analyses are at odds with the observations of Devlin et al [5], and in better congruence with a previous study at our institution that showed similar plasma folate levels, but somewhat higher red blood cell folate and lower tHcy plasma levels among dialysis patients carrying a mutated T allele [22]. Similar to the present results, there was no effect of GCP2 variants on homocysteine metabolism of dialysis patients in a multivariate analysis after controlling for some of the most important modifiers of the tHcy plasma level [22]. Vargas-Martinez et al [23] studied the associations between GCP2 variants, and folate status and tHcy levels. In participants from the Framingham Offspring Study, they found GCP2 1561C>T to be associated with elevated plasma folate levels, but without effect on tHcy levels. We confirm these findings in renal transplant patients.

We did not find any interactions on folate or tHcy plasma levels among the allelic variants under study after Bonferroni adjustment for multiple testing. However, the present example illustrates how failure to account for multiple comparisons may lead to erroneous conclusions, especially in genetic studies where multiple comparisons are often inevitable [21].

While not the centerpiece of the study, we confirmed that homozygosity for *MTHFR* 677C>T was the most important genetic correlate of decreased plasma folate (both by significance and effect size), while compound heterozygosity for both the *MTHFR* 677T and 1298C also seemed to be modestly associated with lower plasma folate levels (Table 6). Clearly, homozygosity for *MTHFR* 677C>T remained the only genetic variant described thus far to be independently associated with increased tHcy (Table 7).

The present study has certain limitations. Findings from a population of renal transplant patients may not be representative of other populations. The cross-sectional design makes it possible that time-related biases are operational, most importantly survival bias. Certain genotype combinations might affect eligibility for transplantation or patient survival so that such patients are less likely to be represented in the analysis. However, such a bias would solely influence prevalence estimates of various genotypes, but not necessarily associations between allelic variants and folate or tHcy plasma levels. Furthermore, a previous study has failed to detect an association between GCP2 1561C>T and survival in a high-risk population [24]. We did not assess dietary intake of folate, which should not be an issue, because none of the patients received folic acid or multivitamin supplements and so dietary folate intake can be assumed to be within a relatively narrow range. Finally, we neither used a microbiologic assay for estimation of folate supply, nor was red blood cell folate measured.

CONCLUSION

From a large population, we provide compelling evidence that the recently described *RFC1* 80G>A and *GCP2* 1561C>T allelic variants are not major determinants of plasma homocysteine levels in patients with a functioning kidney graft. Therefore, we confirm similar findings from a smaller study of 120 dialysis patients [22] and from a case-control study nested in the Framingham Offspring Study Cohort [23]. Further research in other populations is necessary to ensure generalizability of these findings.

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