

## Excitation Wave Propagation as a Possible Mechanism for Signal Transmission in Pancreatic Islets of Langerhans

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**ABSTRACT** In response to glucose application,  $\beta$ -cells forming pancreatic islets of Langerhans start bursting oscillations of the membrane potential and intracellular calcium concentration, inducing insulin secretion by the cells. Until recently, it has been assumed that the bursting activity of  $\beta$ -cells in a single islet of Langerhans is synchronized across the whole islet due to coupling between the cells. However, time delays of several seconds in the activity of distant cells are usually observed in the islets of Langerhans, indicating that electrical/calcium wave propagation through the islets can occur. This work presents both experimental and theoretical evidence for wave propagation in the islets of Langerhans. Experiments with Fura-2 fluorescence monitoring of spatiotemporal calcium dynamics in the islets have clearly shown such wave propagation. Furthermore, numerical simulations of the model describing a cluster of electrically coupled  $\beta$ -cells have supported our view that the experimentally observed calcium waves are due to electric pulses propagating through the cluster. This point of view is also supported by independent experimental results. Based on the model equations, an approximate analytical expression for the wave velocity is introduced, indicating which parameters can alter the velocity. We point to the possible role of the observed waves as signals controlling the insulin secretion inside the islets of Langerhans, in particular, in the regions that cannot be reached by any external stimuli such as high glucose concentration outside the islets.

### INTRODUCTION

Nonlinear processes of generation and propagation of excitation pulses play a key role in controlling various systems of a living organism. Examples are the directed flows of electric nerve pulses providing consistent exchange and processing of information in neural networks, waves of intracellular calcium concentration participating in many cellular signaling events, and electric excitation waves in the heart, the propagation of which induces the influx of  $\text{Ca}^{2+}$  ions into cardiac cells and a following cascade of biochemical reactions leading to heart contractions.

The latter example illustrates the connection between electrical processes at cell membranes with biochemical reactions flowing within the cells. Another example of such a connection is insulin secretion by pancreatic  $\beta$ -cells. The secretion process is induced by  $\text{Ca}^{2+}$  ions flowing into the cells upon generation of electric pulses, action potentials (APs), at the cell membranes (Ashcroft and Rorsman, 1989; Hellman et al., 1994; Henquin et al., 1998). The form of these APs differs from those in the nervous system and in the heart. The AP's plateau in the  $\beta$ -cells is not smooth, but is characterized by rapid oscillations of the electric potential, known as bursts (Atwater et al., 1978; Satin and

Smolen, 1994; Sherman, 1997). Bursts are generated in  $\beta$ -cells periodically in response to the increase of glucose concentration in the external medium. They initiate pulsatile insulin signals responsible for utilization of glucose by the target tissues (e.g., liver and muscles), thus maintaining the normal blood glucose concentration. Disturbances in the periodic performance of  $\beta$ -cells lead to increasing blood glucose concentration and development of the metabolism derangement known as diabetes mellitus (see Tornheim, 1997).

In the pancreas,  $\beta$ -cells are organized in clusters containing several thousand cells connected through gap junctions (Meda et al., 1984; Perez-Armendariz et al., 1991; Andreu et al., 1997). Such clusters, called the islets of Langerhans, hence, represent a functional syncytium of interconnected  $\beta$ -cells (Meissner, 1976; Bonner-Weir et al., 1989; Valdeolillos et al., 1996). Because  $\beta$ -cells are excitable (e.g., electrically), the islets of Langerhans can be interpreted in terms of the theory of nonlinear systems as excitable media (see Tyson and Keener, 1988; Holden et al., 1991; Scott, 1999).

Until recently, the bursting activity of  $\beta$ -cells in a single islet appearing as periodic AP generation (and corresponding oscillations of intracellular calcium concentration) has been assumed synchronized due to the electric coupling between the cells (Meda et al., 1984; Eddlestone et al., 1984; Santos et al., 1991; Bergsten et al., 1994; Valdeolillos et al., 1996). This empirical proposition was based on the fact that the experimentally observed time delay  $\Delta t \approx 1$  s between the emergence of similar bursts at opposite sides of the islet is an order of magnitude less than the

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period of bursting  $T \approx 10$  s, which gives a small value for the relative desynchronization  $\Delta t/T \approx 0.1$ .

However, it is known that the small desynchronization can also be implemented in the case when activity of an excitable medium is sustained not by quasi-periodic firing, but due to periodic propagation of excitation waves through the medium (see, e.g., Bonke et al., 1987; Holden et al., 1991; Scott, 1999). The heart is a common example of such a medium.

The functioning of the heart is essentially related to periodic AP propagation from atria to ventricles, which provides the correct sequence of contractions of these chambers. The velocity of AP propagation through the heart tissues has the characteristic value of  $v = 1$  m/s (see Bonke et al., 1987; Zipes and Jalife, 1994); hence the time delay  $\Delta t$  upon AP propagation along the tissue with the characteristic linear dimensions  $L = 10$  cm is  $\Delta t = L/v = 0.1$  s. Taking into account that the period of AP generation in the heart is about  $T = 1$  s, one can obtain the same value  $\Delta t/T = 0.1$  for the relative desynchronization as in the case of the islets of Langerhans.

The example considered shows that the time delays in bursting activity, observed in the islets of Langerhans, can be explained by AP propagation through cells of the islet. Recently, several authors (Palti et al., 1996; Cao et al., 1997; Bertuzzi et al., 1999) have pointed to the possibility of wave-like activity in the islets.

This work presents both experimental and theoretical evidence for propagation of electric and/or calcium waves in the islets of Langerhans. First, experimental results on monitoring the calcium dynamics in cultured clusters of  $\beta$ -cells are described. These experiments reveal asynchronous spatiotemporal calcium oscillation reflecting wave activity in the clusters. Then numerical simulations of an up-to-date model of electrical/calcium dynamics in coupled  $\beta$ -cells are performed to support the view that the wave propagation mechanism is apparently based on the AP propagation to which calcium influx into the cells is connected. Based on the model equations, an approximate analytical expression for the wave velocity is introduced, suggesting which parameters can alter the velocity. The paper concludes with a discussion of the possible implications of the obtained results and the possible role of the observed waves as signals controlling the insulin secretion inside the islets of Langerhans, in the regions that cannot be reached by any external stimuli such as high glucose concentration outside of the islet.

## MATERIALS AND METHODS

### Preparation and solutions

Pancreatic islets were isolated from NMRI mice by standard collagenase digestion, as previously described (Lernmark, 1974). Once isolated, islets were individually transferred into chambers of LabTek eight-well glass coverslips coated with extracellular matrix (ECM). ECM presents a mix-

ture of adhesion compounds produced by bovine corneal endothelial cells, which, when coated on the coverslips, improves the ability of the islet cells to attach and spread into a flattened structure. Details of the ECM preparation procedure, as well as a justification of the culture method with regard to functionality of the islets, are described elsewhere (Arkhammar et al., 1998). In particular, the culturing conditions are shown to prolong the survival of cells, so that no necrotic zones are formed in the islets even after several weeks of culturing. The experiments were performed with islets cultured on ECM for 1–2 weeks in 400  $\mu$ l of RPMI 1640 medium supplemented with 11 mM glucose and 10% fetal calf serum (FCS).

The extracellular solution used in the experiments was a modified Krebs-Ringer buffer, KRW buffer, containing (in mM): 140 NaCl, 3.6 KCl, 0.5  $\text{NaH}_2\text{PO}_4$ , 0.5  $\text{MgSO}_4$ , 2.0  $\text{NaHCO}_3$ , 1.5  $\text{CaCl}_2$ , 10 HEPES, 3 glucose, pH 7.4. For the experiments, the islets were incubated in this KRW buffer in the presence of 1  $\mu$ M final concentration of Fura-2 acetoxy-methyl ester (Molecular Probes, Eugene, OR). The incubation time was 30 min at 37°C. Note that both before and after the incubation the islets were washed three times with KRW. Finally, the islets were allowed to equilibrate for 5 min in 400  $\mu$ l of KRW buffer.

To start the activity in  $\beta$ -cells during the experiment, 10 mM glucose was gently administered. Half of the KRW buffer (200  $\mu$ l) was removed from the chamber and mixed with the glucose, and then the mixture was carefully added back.

### Fluorescent imaging

For recording and visualization of the calcium activity in islets, we used an inverted epifluorescent microscope (Diaphot 300, Nikon, Copenhagen, Denmark) equipped with a computer-controlled xenon-lamp-based monochromator (TILL Photonics, Planegg, Germany), capable of exciting in a range from 250 to 600 nm, 12-nm bandwidth. The emitted light passed through a 400-nm dichroic mirror and was filtered at 510 nm. The fluorescence images were collected with a cooled two-generation intensified video CCD camera, model CXTI (Photonics Science, Robertsbridge, UK). The images were grabbed and transferred digitally to the memory of a computer using a Raptor frame grabber. The computer, a Micron Millennium, Pentium 133 MHz, 128 MB RAM, controlled the monochromator via a National Instruments data acquisition I/O ISA board (NI-16). The image acquisition was performed at the rate of one image per second.

Calcium concentration was measured by the ratio  $R = I_{340}/I_{380}$ , where  $I_{340}$  is the fluorescence intensity from calcium-bound Fura-2 observed at the excitation wavelength 340 nm, and  $I_{380}$  is the fluorescence intensity of free Fura-2 observed at the excitation wavelength 380 nm. As fluorescence is dependent on concentration of the Fura-2, using such a ratio eliminates problems with uneven loading and difference in concentration of Fura-2 within a cell or islet.

A coverslip chamber with the islet, placed on the microscope stage, was surrounded by a Nikon incubator box, thermostatically controlled and kept at 37°C by a Nikon incubation warmer model ITC-32. The recording was performed from the bottom surface of the glass coverslip, so that a spatially two-dimensional picture in the base cross section of a flattened islet was observed.

### Mathematical model

In the numerical simulations we used one of the Hodgkin-Huxley-type models of bursting activity in coupled  $\beta$ -cells proposed by Sherman (1997). The model accounts for the dynamics of electric potential and ionic currents at the cell membranes as well as the changes in the intracellular calcium concentration. The gap junctions are modeled as linear electric conductors between pairs of cells (Sherman and Rinzel, 1991), in the same way as in other syncytia with electrical coupling, such as myocardium (Zykov, 1987; Winslow et al., 1993). The resulting model equations are as

follows:

$$C \frac{dV_i}{dt} = g_c(V_{i+1} + V_{i-1} - 2V_i) - I_{\text{ion}}(V_i, \vec{z}_i) \quad (0 < i < N),$$

$$C \frac{dV_0}{dt} = g_c(V_1 - V_0) - I_{\text{ion}}(V_0, \vec{z}_0), \quad \text{and} \quad (1)$$

$$C \frac{dV_N}{dt} = g_c(V_{N-1} - V_N) - I_{\text{ion}}(V_N, \vec{z}_N);$$

$$I_{\text{ion}} = I_s + I_K + I_{Ca} + I_{K(\text{ATP})} + I_{K-Ca} + I_{\text{CRAC}},$$

$$\vec{z}_i = (n, s, Ca_i, Ca_{\text{er}})_i \quad (0 \leq i \leq N). \quad (2)$$

Here  $V_i$  is the transmembrane electric potential of the  $i$ th cell in a linear chain consisting of  $N + 1$  cells,  $C$  is the membrane capacity, and  $t$  is time. The parameter  $g_c$  is the conductance of intercellular connections via gap junctions, and  $I_{\text{ion}}$  is the total transmembrane current.  $I_s$  is a slow current responsible for the depolarization of the membrane and for generation of the AP's active phase (plateau).  $I_{Ca}$  and  $I_K$  are voltage-dependent inward calcium and outward potassium currents, respectively, whose interaction is responsible for the fast oscillations during the active phase.  $I_{K(\text{ATP})}$  is the ATP-regulated outward potassium current that is increased at low ATP/glucose concentrations and decreased at high ATP/glucose concentrations, thus describing external control of the electrical activity by glucose metabolism.  $I_{K-Ca}$  is the outward calcium-activated potassium current, which is thought to participate in termination of the plateau and repolarization, but does not contribute much in the particular model used here.  $I_{\text{CRAC}}$  is the calcium-release-activated current, whose conductance is increased as the calcium stores in the endoplasmic reticulum (ER) empty.  $\vec{z}_i$  is the vector of the dynamic variables participating in expressions for various ionic currents.  $n$  is a fast gating variable of activation of the potassium current  $I_K$  and  $s$  is a slow gating variable of activation of the current  $I_s$ .  $Ca_i$  is the intracellular calcium concentration activating the current  $I_{K-Ca}$ , and  $Ca_{\text{er}}$  is the calcium concentration in the ER calcium stores on which the current  $I_{\text{CRAC}}$  is dependent.

The equation for intracellular calcium dynamics is as follows:

$$\frac{dCa_i}{dt} = f(\alpha I_{Ca}(V) - k_c Ca_i) + (J_{\text{out}} - J_{\text{in}}). \quad (3)$$

In this description the intracellular calcium concentration  $Ca_i$  is altered by three processes: the calcium influx with the electric current  $I_{Ca}$  ( $\alpha$  is a factor to convert current to concentration changes), active pumping of calcium from the cells  $k_c Ca_i$ , and the calcium fluxes  $J_{\text{out}}$  and  $J_{\text{in}}$  flowing out of and into the calcium stores in the endoplasmic reticulum. Here  $f$  is the fraction of free intracellular calcium.

Other equations for the dynamic variables and full expressions for all ionic currents are presented in Appendix A. All parameters of the described model were set to the standard values (Sherman, 1997), which are also listed in Appendix A. For the coupling conductance we chose the value  $g_c = 100$  pS, which is consistent with the range of values found experimentally by Perez-Armendariz et al. (1991) and used by Sherman and Rinzel (1991) to model synchronization phenomena in small clusters of stochastically firing  $\beta$ -cells.

The linear cluster of connected excitable cells, described by Eqs. 1, is expected to display collective behavior similar to that observed in reaction-diffusion systems (Zykov, 1987; Holden et al., 1991; Winslow et al., 1993). Indeed, by transition to a continuum limit Eqs. 1 can be rewritten as the following reaction-diffusion equation (see Appendix B) describing a continuous excitable medium formed by connected  $\beta$ -cells:

$$\frac{\partial V}{\partial t} = D \frac{\partial^2 V}{\partial x^2} - \frac{1}{C} I_{\text{ion}}(V, \vec{z}) \quad (0 \leq x \leq L). \quad (4)$$

Here  $D$  is the diffusion coefficient  $D = g_c \Delta x^2 / C$ ,  $\Delta x$  is the diameter of a  $\beta$ -cell, and  $x$  is the spatial coordinate along the medium related to the cell number  $i$  in Eqs. 1 as  $x = i \Delta x$ , where  $L = N \Delta x$  is the length of the medium. By definition, the voltage  $V(t, x) = V(t, i \Delta x) = V_i(t)$  and  $\vec{z}(t, x) = \vec{z}(t, i \Delta x) = \vec{z}_i(t)$ .

Under appropriate initial and boundary conditions, the latter system is expected to describe nonlinear wave propagation in a one-dimensional excitable medium formed by linearly connected  $\beta$ -cells. Both the ordinary Eqs. 1 and the initial boundary value problem for the partial differential Eq. 4 can be integrated numerically, the forward finite difference scheme for the latter being similar to the spatially discrete system (Eqs. 1) (see Zykov, 1987). From here on, we will use the discrete Eqs. 1 for the numerical simulations and Eq. 4 for the qualitative estimations for wave solutions of the reaction-diffusion system.

## RESULTS

### Experiments

In this section the experimental results concerning wave-like activity in the islets of Langerhans are described. First, published data giving evidence for wave propagation phenomena in the islets is considered, and then our own experiments carried out directly to show the wave propagation in cultured clusters of  $\beta$ -cells are presented.

We shall first address the question whether electric/calcium oscillations in islets of Langerhans are synchronous or asynchronous. In several papers, oscillations in islets have been reported to be synchronous throughout the islet, mainly due to observations of the similar shape and frequency of the oscillations at different sites of the islet (Meda et al., 1984; Eddlestone et al., 1984; Santos et al., 1991; Valdeolmillos et al., 1996). However, none of these works stated that the oscillations occur simultaneously, i.e., with the same phase. On the other hand, all authors reported that by increasing the distance between two recorded cells, an increasing phase shift (equivalent to time delay) in their activity had been observed, for the distance of  $\sim 100$   $\mu\text{m}$ , with the time delay being usually 1–2 s. The same value of the time delay  $\Delta t = 1$  s was observed by Palti et al. (1996) who recorded electric potential oscillations in two cells 100  $\mu\text{m}$  apart; only the latter authors concluded that electrical activity had propagated through the islet as an excitation wave with the velocity  $v = 100$   $\mu\text{m/s}$ .

Although perfect synchrony was reported in many works on imaging the  $\text{Ca}^{2+}$  dynamics in islets of  $\beta$ -cells (Bergsten et al., 1994; Gilon and Henquin, 1995; Henquin et al., 1998), time resolution here generally exceeded several seconds, which was not enough to resolve small time delays. Paradoxically, Santos et al. (1991) and Gylfe et al. (1991) also reported no asynchrony, although when improving the time resolution by reducing sampling rate the authors observed phase lags of 1–2 s in oscillations at different regions of the islet. Only recently were calcium waves in the islets of Langerhans documented (Cao et al., 1997; Bertuzzi et al., 1996, 1999).

Thus, the question stated in the beginning of the section can be answered in favor of the asynchronous oscillations,



although almost no one has to date paid due attention to this fact. The main purpose of this section is to present direct evidence for wave propagation in pancreatic islets of Langerhans from experiments with cultured islets using fluorescence video-microscopy methods. Let us proceed to the description of the experimental results.

In Fig. 1, typical patterns of activity recorded from a cultured islet of  $\beta$ -cells after glucose application is presented. In the figure we can see a calcium wave, which initially emerges at the right edge of the islet and then travels leftward, ending at the right-bottom edge. Such waves have been observed in 85% of the approximately 100 conducted experiments (in the rest of the experiments islets exhibited uniform oscillations), the activity generally emerging at the islet periphery. The latter fact can be explained simply by the fact that glucose, which starts bursting oscillations in  $\beta$ -cells (see Atwater et al., 1978; Ashcroft and Rorsman, 1989; Hellman et al., 1994), first penetrates the islet from the external medium at the edges. Note that the picture shown in Fig. 1 is repeated in time periodically; we see in the experiments not single waves, but waves periodically emitted from the oscillating edge cells. Such periodic wave activity was observed during the whole time of the experiments (30 min).

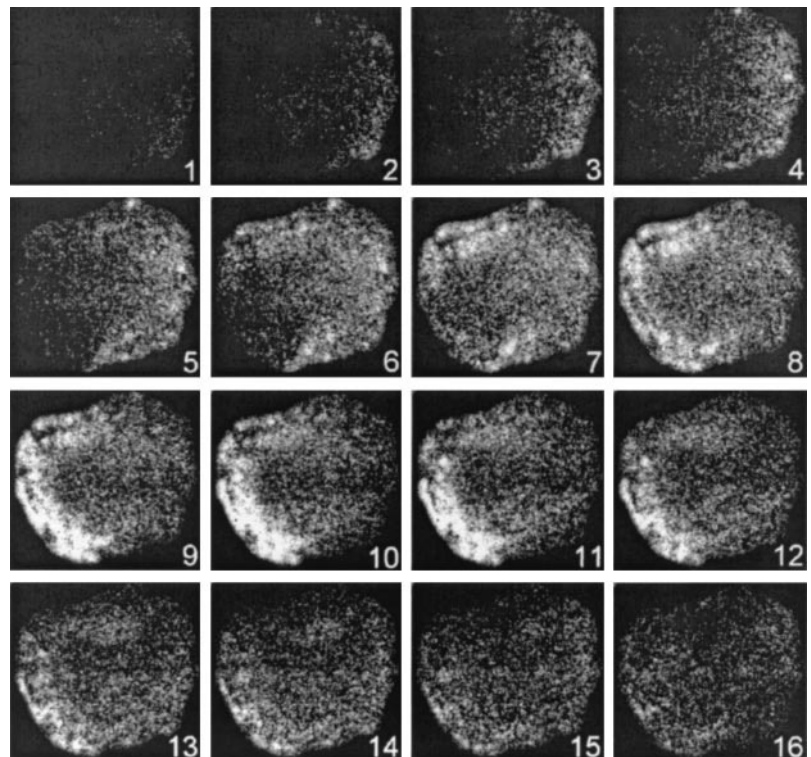
Note also that the observed wave pattern is asymmetric; waves emerge not all along the periphery, but at distinct sites of the islet edge, which can be explained by non-uniform distribution of cell parameters in the islet, e.g., by the existence of cells with low glucose response threshold.

Heterogeneity of the glucose response threshold can also explain emergence of waves from the inner regions of the islet, observed in some experiments. Similar observation was made by Meda et al. (1984), who showed that oscillations in the inner cells are leading with respect to those at the edge (however, here it could be due to the perfusion procedure).

We should point to the difference between the conditions of our experiments and those experiments reported in other studies. Namely, the external  $\text{Ca}^{2+}$  concentration was 1.5 mM in our experiments, whereas in most studies of the oscillations in the islets of Langerhans the value 2.5 mM was used. It would appear that this lower  $\text{Ca}^{2+}$  concentration favors wave generation in our experiments, as Palti et al. (1996) also used a lower external calcium concentration to observe wave-like activity. Anyway, the value 1.5 mM is closer to the physiological range of external  $\text{Ca}^{2+}$  concentrations than 2.5 mM, which can be used as an argument corroborating our conclusions. It is also important to note that this difference in the experimental conditions should be kept in mind when comparing our results with the results reported in the literature.

We measure the velocity of the observed waves by the time delay  $\Delta t$  in the onset of activity at various locations of the islet, e.g., between the edge point where the wave initially started and the opposite edge point where it finally decayed (see Fig. 2 A). In Fig. 2 B time courses of the ratio  $R$  (see Materials and Methods) recorded for two such points are presented, clearly showing a time delay  $\Delta t = 5$  s

FIGURE 1 Spatiotemporal calcium dynamics in the base cross section of a cultured islet of Langerhans. Images are acquired from Fura-2 experiments at 380-nm wavelength excitation with a time lag of 1 s, which corresponds to the time interval between frames. First derivatives of the original images are shown to elucidate the temporal intensity changes. White color corresponds to high intercellular  $\text{Ca}^{2+}$  concentration. A calcium wave starting at the right edge travels leftward and decays at the lower left edge.



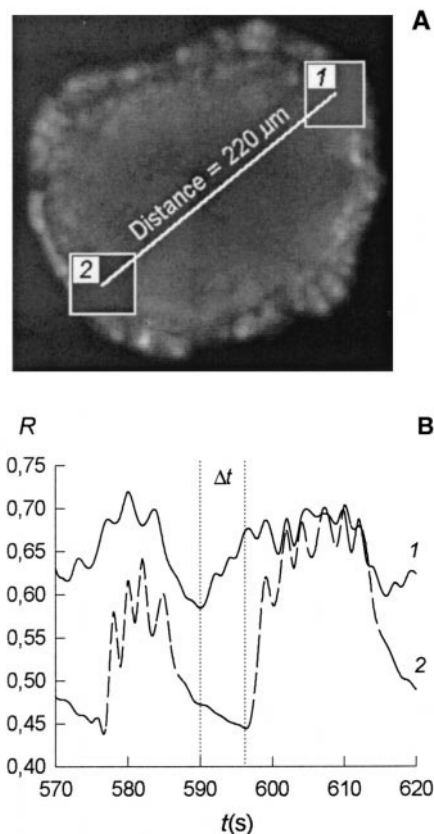


FIGURE 2 Time delay in activity of two edge regions of a cultured islet of Langerhans. (A) A fluorescence image showing location of two regions of interest, from which the activity was recorded; (B) Time courses of the ratio  $R$  recorded from the regions of interest. The correspondence between the regions and the recordings is indicated by the numbers 1 and 2. The time delay ( $t = 5$  s in activity of the regions) is indicated by vertical dotted lines.

between them. Taking into account that the distance  $L$  between the recorded points is  $220 \mu\text{m}$ , we get the wave propagation velocity in this experiment  $v = L/\Delta t = 220 \mu\text{m}/5 \text{ s} = 44 \mu\text{m}/\text{s}$ . In other experiments the velocity values range from 30 to  $100 \mu\text{m}/\text{s}$ , the velocity increases with time, presumably reflecting an increase of the glucose concentration inside the islets due to the glucose diffusion from the external solution (see below). These observations agree with the results of independent experiments with electric potential recordings at different sites of the islets (Eddlestone et al., 1984; Palti et al., 1996).

Note that  $\text{Ca}^{2+}$  signals are not likely to propagate through non- $\beta$ -cells in the islets of Langerhans. Resolving the whole spatiotemporal picture we see wave propagating from region 1 to region 2 in Fig. 2, the activity involving all cells in the cluster. It is known that  $\beta$ -cells form up to 80% of the islets, so that there are very few non- $\beta$ -cells inside; besides, the non- $\beta$ -cells are not generally connected to each other. Hence, non- $\beta$ -cells in the islet could not form a pathway in the islet capable of conducting the waves to the distance of

$200 \mu\text{m}$ . Second, the non- $\beta$ -cells are known to exhibit totally asynchronous oscillations (Nadal et al., 1999), whereas in our experiments oscillations at the edge regions 1 and 2 have similar frequency and shape, and only a persistent phase shift between the oscillations is observed, corresponding to the time of wave propagation through the islet.

Thus, calcium activity in the islets of Langerhans is essentially asynchronous, appearing as periodic waves propagating from the islet edges. However, the mechanism of the propagation remains unclear. One can suppose such calcium waves to be connected to propagation of electric pulses, because 1) the use of simultaneous recordings of intracellular calcium and membrane potential shows that the calcium dynamics in  $\beta$ -cells is synchronized with the bursting electrical activity (Santos et al., 1991), and 2) electrical current flowing between cells through gap junctions represent the most common way for wave propagation. Indeed, blocking the gap junction by application of  $100 \mu\text{M}$  glycyrrhetic acid (GA) almost always totally eliminates wave propagation in our experiments (Skyggebjerg, 1999), indicating the importance of the electrical coupling between the  $\beta$ -cells; however, the latter result should be treated carefully, because GA is not only a specific inhibitor of gap junctions, but also affects the activity of single cells as well (Jonkers et al., 1999). Thus we carry out numerical simulations of electrical and calcium activity in a cluster of coupled  $\beta$ -cells, reported in the next section.

## Numerical simulations

Before describing the simulations, note first that although the experimental patterns presented in the previous section are two-dimensional, we use a one-dimensional model, because description of a plane wave in two dimensions coincides with that of a one-dimensional propagating pulse (see e.g., Scott, 1999). We realize that experimental wave fronts are not actually planes, but they do not have a unique curvature that can be accounted for in the model. The fronts usually have both concave and convex regions and on average can be approximately considered as planes. Besides, we simulate only single waves instead of repetitive waves observed in the experiments, assuming that the periodic waves are identical to each other.

As expected, numerical simulations of the model (Eqs. 1–3) showed propagation of nonlinear waves through the  $\beta$ -cell cluster (Fig. 3). In Fig. 3, *A* and *B*, spatial profiles of a propagating AP and the corresponding profiles of calcium concentration  $\text{Ca}_i$  are presented, respectively. The latter shows wave-like activity, calcium waves being due to the calcium influx with the current  $I_{\text{Ca}}$  during the AP plateau. Such waves are analogous to those in the heart, where AP propagation also involves  $\text{Ca}^{2+}$  influx into cardiac cells. These cannot propagate independently of electrical pulses, in contrast to calcium waves observed in various types of cells, where propagation is defined only by processes of

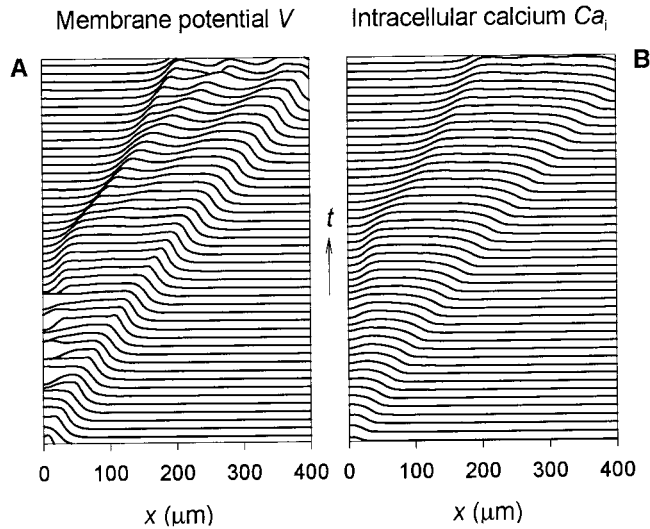


FIGURE 3 Wave propagation in the model of coupled  $\beta$ -cells (Eqs. 1–3). Propagating AP with complex phase dynamics at the plateau (A) evokes calcium influx into the cells appearing as a propagating calcium wave (B). Spatial profiles of the membrane electric potential  $iV$  (A) and intracellular calcium concentration  $Ca_i$  (B) at subsequent time moments  $t = 100, 200, \dots, 5000$  ms are shown.  $\bar{g}_{K(ATP)} = 140$  pS and  $g_c = 100$  pS.

intracellular calcium/inositol-3-phosphate diffusion and activated calcium efflux off ER calcium stores (Dupont and Goldbeter, 1994; Clapham, 1995). In our opinion, calcium waves reported in the previous section should be waves of the first type, i.e., connected to AP propagation, and not purely calcium waves, because intracellular calcium

dynamics in  $\beta$ -cells are known to be synchronized with the electric potential changes (Santos et al., 1991).

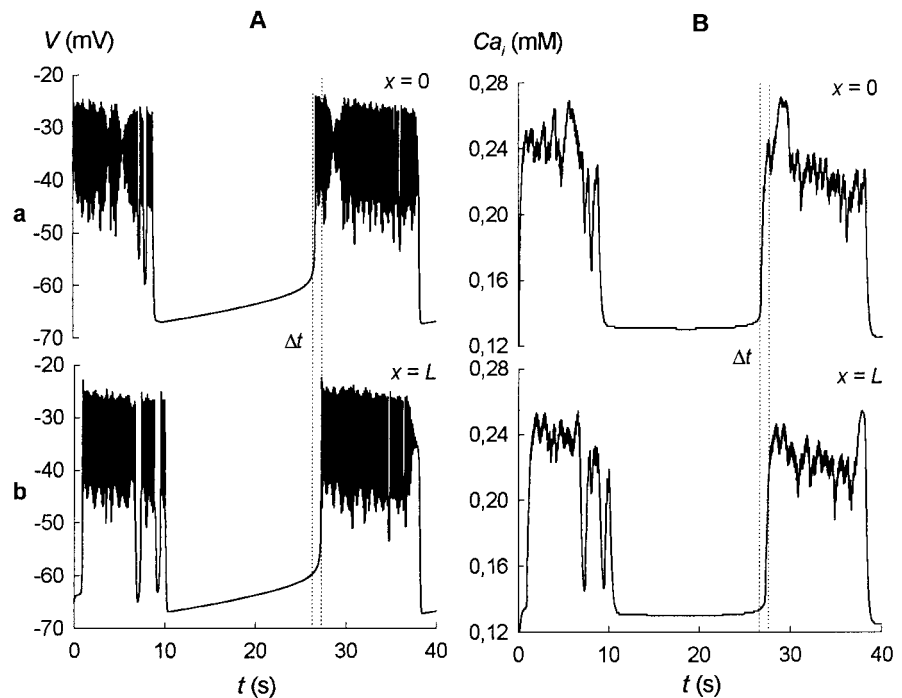
One way to compare waves observed experimentally with those obtained in numerical simulations is to measure their respective propagation velocities. If the velocity  $v$  of electric/calcium waves in simulations demonstrates values close to the experimental range  $v = 30\text{--}100$   $\mu\text{m/s}$ , this would suggest that calcium waves seen in experiments are, actually, due to  $Ca^{2+}$  influx reflecting AP propagation.

Before describing the wave velocity measurements, note that in Fig. 3 we can observe two kinds of waves, propagation of a distinct nonlinear wave front and complex dynamics of low-amplitude phase waves (see Holden et al., 1991) behind it, reflecting fast oscillations at the pulse plateau. Here we shall concentrate on the wave front propagation, resolvable in real experiments.

As in the experiments, we measure here the front velocity  $v$  by the time delay between emergence of electric/calcium activity at opposite sides of the cluster of  $\beta$ -cells:  $v = L/\Delta t$ , where  $L$  is the size of the cluster and  $\Delta t$  is the time delay (see Fig. 4). At the standard set of the model parameter values used by Sherman (1997) we obtain the time delay  $\Delta t = 1$  s in activity between the spatial points  $x = 0$  and  $x = L$  (cells with numbers  $i = 0$  and  $i = N$ ) in the cluster of length  $L = 200$   $\mu\text{m}$ , giving the velocity value  $v = 200$   $\mu\text{m/s}$ . This value is greater than the experimentally observed values of  $30\text{--}100$   $\mu\text{m/s}$ , which can be explained as follows.

Above it was indicated that the external control of the electrical activity of  $\beta$ -cells by glucose metabolism is ac-

FIGURE 4 Time delays in activity of two edge cells of a linear chain of coupled  $\beta$ -cells (described by Eqs. 1–3). Time courses of the membrane potential  $V$  (A) and the intracellular calcium concentration  $Ca_i$  (B) are presented. Top figures correspond to the first cell in the chain of  $L$  length ( $x = 0$ ); bottom figures correspond to the last cell ( $x = L$ ). The time delay  $\Delta t = 1$  s in activity of the cells is indicated by vertical dotted lines.  $\bar{g}_{K(ATP)} = 120$  pS,  $g_c = 100$  pS, and  $L = 200$   $\mu\text{m}$ .



counted for in the model by including the current  $I_{K(ATP)} = \bar{g}_{K(ATP)}(V - V_K)$ ;  $\bar{g}_{K(ATP)}$  is the conductance of the current and  $V_K$  is the potassium equilibrium potential. The conductance  $\bar{g}_{K(ATP)}$  is high in the absence of glucose and decreases when the glucose is added and ATP concentration is raised due to the glucose metabolism (Detimary et al., 1998). Sherman (1997) used for this conductance the value  $g_{K(ATP)} = 120$  pS providing burst generation by the model and, thus, corresponding to the situation when glucose is present. It is known, however, that glucose penetrates into the islets of Langerhans slowly, initially being high only at the edge of the islet (Bertram and Pernarowski, 1998). Thus, inner regions of the islet are not reached by glucose for a long time and here the conductance  $\bar{g}_{K(ATP)}$  should be relatively high. If we increase the value of  $\bar{g}_{K(ATP)}$  in our simulations from the standard value 120 pS to the value 140 pS we observe that the dynamics of the modeled  $\beta$ -cells is no longer oscillatory but becomes excitable; all cells have a steady resting state but can be excited and generate single bursts in response to external stimuli (e.g., current injection). Such dynamics should be natural for  $\beta$ -cells located inside the islets of Langerhans and not reached by glucose.

If we now simulate wave propagation at  $\bar{g}_{K(ATP)} = 140$  pS, we observe that the propagation velocity is decreased to the value  $v = 90 \mu\text{m/s}$ , which is already within the experimental range. A further increase of  $\bar{g}_{K(ATP)}$  to 150 pS decreases the propagation velocity down to  $20 \mu\text{m/s}$ . We can plot the dependence of the velocity on the parameter  $\bar{g}_{K(ATP)}$  and see most values giving velocities comparable with the experimental ones (Fig. 5 A). Thus, coincidence between propagation velocities of calcium waves, observed experimentally, and simulated APs supports our view that waves in the islets of Langerhans are electric in nature.

Note that the propagation velocity in the reaction-diffusion systems (Eq. 4) should depend on the diffusion coefficient  $D = g_c \Delta x^2 / C$ . Thus, another parameter essentially influencing the value of the velocity in Eqs. 1 is the coupling conductance  $g_c$ . Dependence of the velocity on this parameter is known and can be analytically expressed as  $v = \text{const}_1 \sqrt{D} = \text{const}_1 \sqrt{g_c}$  (see e.g., Frank-Kamenetsky, 1967), so that knowing the velocity  $v(g_c^{(1)})$  for the chosen value of  $g_c^{(1)}$  we can calculate analytically the velocity for any other value  $g_c^{(2)}$  as  $v(g_c^{(2)}) = \sqrt{g_c^{(2)}/g_c^{(1)}} v(g_c^{(1)})$ . In Fig. 5 several curves corresponding to various values of  $g_c$  are presented, illustrating that a decrease of  $g_c$  leads to an associated decrease of the velocity  $v$ . For instance, we can keep the parameter  $\bar{g}_{K(ATP)}$  at the standard value 120 pS and decrease the wave propagation velocity to the value of  $90 \mu\text{m/s}$  just by decreasing the gap junction conductance from 100 to 20 pS. Note here that glucose is known to influence the gap junction conductance; in particular, the conductance is lower in the absence of glucose (Eddlestone et al., 1984; Michaels et al., 1987; Gylfe et al., 1991), justifying a decrease of the parameter  $g_c$  in our numerical simulations.

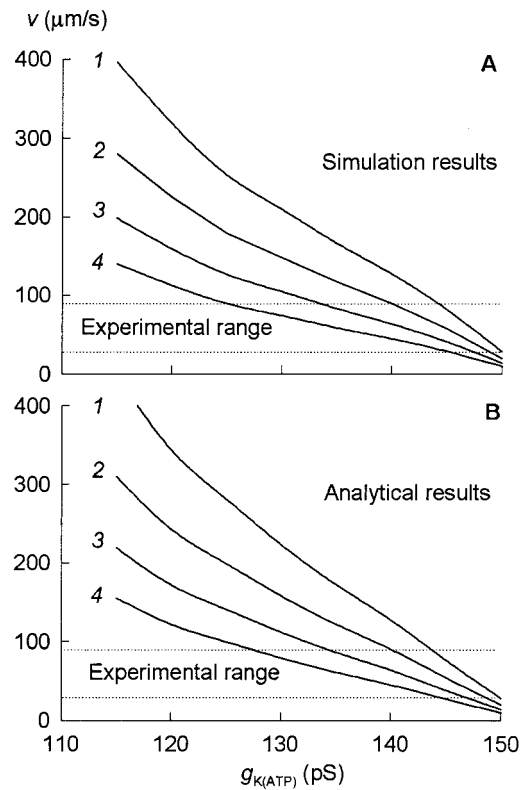


FIGURE 5 Dependencies of the wave propagation velocity  $v$  on the parameters  $\bar{g}_{K(ATP)}$  and  $g_c$ , obtained in numerical simulations of the model (Eqs. 1–3) (A) and analytically using the formula (Eq. 7) (B).  $g_c = 100, 75, 50,$  and  $25$  pS (curves 1, 2, 3, and 4, respectively). The range of experimentally observed velocities is indicated by horizontal dotted lines.

The answer to the question why increasing of the parameter  $\bar{g}_{K(ATP)}$  leads to decreasing wave propagation velocity is not so obvious and is discussed in the next section.

### Wave velocity formula

In this section, we present an analytical expression allowing estimation of the velocity of stationary moving APs, using a kinetic function of the reaction-diffusion equation describing its propagating wave front. Before proceeding to the implementation of the expression for the wave velocity, note that the reaction-diffusion system (Eqs. 2–4) is too complicated to be used for analytical estimations; thus, we need to make some simplification. Following Sherman (1997), we will exclude the two additive currents  $I_{K-Ca}$  and  $I_{CRAC}$ , which depend on the calcium concentrations  $Ca_i$  and  $Ca_{er}$ , respectively, from the total ionic current  $I_{ion}$  in the expression Eq. 2. As the result of such simplification,  $I_{ion}$  is no longer dependent on the variables  $Ca_i$  and  $Ca_{er}$ , and the vector of kinetic variables  $\vec{z}$  takes the form of a two-component vector  $\vec{z} = (n, s)$ . The reaction-diffusion system (Eqs. 2–4) hereby becomes a generic three-variable model (the variables are  $V, n,$  and  $s$ , the equations for  $Ca_i$  and  $Ca_{er}$



being decoupled), which is representative of a great variety of  $\beta$ -cell models developed since the original work of Chay and Keizer (1983).

As numerical simulations show, the simplifications made do not greatly affect the velocity of the wave propagation described by Eqs. 2–4. This is not surprising because the currents neglected are switched on after the wave front is generated. Thus, we shall use the simplified three-variable model for the analytical estimation of the propagation velocity of waves described by the full system (Eqs. 2–4).

Now we proceed to qualitative reasoning. It is clear that the velocity of a nonlinear pulse propagation is defined by the velocity of its front. Thus, for measuring the pulse velocity we can reduce the description of the pulse to the description of its front only. Such reduction is based on the fact that the variable  $n$  is fast and the variable  $s$  is slow in comparison with the rate of the electric potential changes at the wave front. Although the electric potential  $V$  at the wave front is changing, the value of the variable  $n$  is close, at each moment of time, to the stationary value  $n_\infty(V)$ , whereas the value of the variable  $s$  remains close to the initial resting value  $s_0$ . This fact allows great simplification of the mathematical description of the wave-front motion. At the time scale of the front the variables  $n$  and  $s$  in Eqs. 2–4 can be replaced with  $n_\infty(V)$  and  $s_0$ , respectively, and Eq. 4 takes the form of a scalar nonlinear diffusion equation:

$$\frac{\partial V}{\partial t} = D \frac{\partial^2 V}{\partial x^2} + F(V); \quad (5)$$

$$F(V) = -\{\bar{g}_{Ca}m_\infty(V)(V - V_{Ca}) + \bar{g}_K n_\infty(V)(V - V_K) + \bar{g}_s s_0(V - V_K) + \bar{g}_{K(ATP)}(V - V_K)\}/C, \quad (6)$$

which describes the dynamics of the front of the AP asymptotically. Expressions for the functions  $m_\infty(V)$  and  $n_\infty(V)$  are presented in Appendix A. Note that the procedure of setting some kinetic variables to their stationary values is not unusual and has been successfully applied for qualitative estimations of dynamic properties of the nerve axon (Scott, 1975) and  $\beta$ -cell (Chay and Keizer, 1983; Rinzel, 1985; Sherman, 1997) models.

The basic properties of Eq. 5 are well known (see, e.g., Scott, 1999). They are governed by the kinetic function  $F(V)$ , which in our case depends on the parameter  $\bar{g}_{K(ATP)}$ . A family of the functional dependencies  $F(V)$  plotted for several values of the parameter  $\bar{g}_{K(ATP)}$  is presented in Fig. 6. It can be seen that such functions have the form of N-shaped curves with three zero-crossings, typical for bistable excitable media with two stable steady states. In our case these states are defined by coordinates of the left ( $V_0$ ) and the right ( $V_A$ ) zero-crossings of the kinetic function  $F(V)$ , respectively, the value  $V_0$  corresponding to the resting potential of  $\beta$ -cells and the value  $V_A$  corresponding to the maximum of the electric potential at the wave front. The state  $V^*$  corresponding to the third zero-crossing is unstable

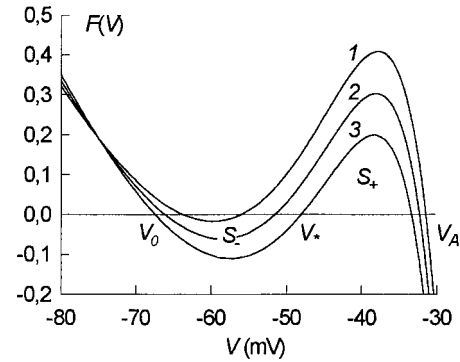


FIGURE 6 Kinetic function of Eq. 4. Graphs of the function  $F(V)$  are presented for different values of the parameter  $\bar{g}_{K(ATP)}$ .  $\bar{g}_{K(ATP)} = 120, 135,$  and  $150$  pS (curves 1, 2, and 3, respectively).  $S_-$  (and  $S_+$  are the areas limited by the graphs and the segments  $(V_0, V^*)$  and  $(V^*, V_A)$ , respectively.

and can be considered as a threshold. In the framework of the reduced description (Eqs. 5 and 6), stationary propagation of APs along a one-dimensional chain of  $\beta$ -cells presents a depolarization front, switching the cells from the resting state  $V_0$  to the excited one with potential  $V_A$ . Dependence of the potential  $V$  on  $x$  and  $t$  at the front propagating along the  $x$  axis with a constant velocity  $v$  is given by the solution  $V(x - vt)$  of Eq. 5, the form of this solution and the velocity value  $v$  being uniquely defined by the kinetic function  $F(V)$ . Thus, shift of the function by increasing the parameter  $\bar{g}_{K(ATP)}$ , seen in Fig. 6, should change the propagation velocity in a distinct way.

To support the latter statement, we should know the analytical expression connecting the propagation velocity  $v$  with the function  $F(V)$ . The exact expressions for the velocity and the front profile  $V(x - vt)$  are known only for some special nonlinear functions  $F(V)$  (see Scott, 1975, 1999; Tyson and Keener, 1988). However, using local variational principles developed recently for a broad class of nonlinear dissipative systems (see Mornev, 1998) allows us to obtain approximated expressions for the wave velocity  $v$  for any given N-shaped function  $F(V)$ . The expression for the front propagation velocity is as follows (Mornev, 1998):

$$v = 1.5 \sqrt{\frac{D}{2\langle \Pi \rangle + \Delta S} \frac{\Delta S}{(V_A - V_0)}}, \quad (7)$$

where  $\langle \Pi \rangle$  and  $\Delta S$  are defined by the formulas

$$\langle \Pi \rangle = -\frac{1}{V_A - V_0} \int_{V_0}^{V_A} \int_{V_0}^V F(V') dV' dV \quad (8)$$

and

$$\Delta S = \int_{V_0}^{V_A} F(V) dV.$$



Note that to achieve better correspondence with the results from the numerical simulations a factor 1.5 is introduced in Eq. 7, which is absent in the original paper (Mornev, 1998). Introduction of this factor is not artificial because Eq. 7 was obtained using a variational method giving an approximation with an accuracy up to a constant factor of order unity.

The parameter  $\Delta S$  in Eqs. 7 and 8 has a simple geometrical meaning. From Eq. 8 we see that it equals the difference

$$\Delta S = S_+ - S_-, \quad (9)$$

where  $S_- = |\int_{V_0}^{V^*} F(V)dV| = -(\int_{V_0}^{V^*} F(V)dV)$  and  $S_+ = \int_{V_0}^{V_A} F(V)dV$  are the absolute values of the areas bounded in Fig. 6 by the curve  $F(V)$  and the segments  $(V_0, V^*)$  and  $(V^*, V_A)$ , respectively.

The following remark allows us to get an intuitive understanding of the interrelation between the velocity  $v$  and the conductance  $\bar{g}_{K(ATP)}$ . If the kinetic function  $F(V)$  has such a form that  $S_+ > S_-$  (see curve 1 in Fig. 6), then the difference (Eq. 9) is positive, and the solution  $V(x - vt)$  describes a wave front propagating along the spatial  $x$  axis with finite positive velocity  $v$ . Now, if the function  $F(V)$ , presented in Fig. 6 by curve 1, is shifted down to more negative values (see curves 1–3 in Fig. 6), then the value  $S_+$  will be decreased, and the value  $S_-$  will be increased, both diminishing the difference  $\Delta S = S_+ - S_-$ . The value  $\Delta S = 0$  corresponds to blocking the wave-front propagation because in this case the velocity  $v$  vanishes. Decreasing  $\Delta S$  down to zero leads to an associated decrease in the front velocity  $v$  according to Eq. 7. Finally, note that the downshift of the function  $F(V)$  (see Fig. 6), leading to a decrease of the value  $\Delta S$  and the wave-front velocity  $v$ , results from increasing the parameter  $\bar{g}_{K(ATP)}$ . Indeed, such an operation leads to an increase of the positive term  $I_{K(ATP)} = \bar{g}_{K(ATP)}(V - V_K)$  participating in the expression Eq. 6 with the minus sign (of course, the current  $I_{K(ATP)}$  is positive because we consider only the range  $V > V_0 > V_K$ ). Besides, the downshift of the  $F(V)$  leads to an increase of the value  $V_A - V_0$  (Fig. 6), which also decreases the propagation velocity according to Eq. 7. That explains the dependence of the velocity  $v$ , defined by Eq. 7, on the parameter  $\bar{g}_{K(ATP)}$ , answering the question stated at the end of the previous section.

Note that the expression Eq. 7 also accounts for the known dependence of the propagation velocity on  $\sqrt{D} \approx \sqrt{g_c}$ . In Fig. 5 B several curves are plotted, showing the dependencies of the velocity  $v$  on the parameter  $\bar{g}_{K(ATP)}$ , calculated numerically with the formula Eq. 7 for different values of  $g_c$ . One can see that the curves are quantitatively similar to that calculated in our simulations and shown in Fig. 5 A.

Both parameters considered here, which influence the wave propagation velocity  $v$ , are known to be naturally dependent on glucose. In particular, at low glucose concentration the value of  $g_c$  is decreased (Michaels et al., 1987;

Gylfe et al., 1991) and the value of  $\bar{g}_{K(ATP)}$  is increased (Detimary et al., 1998), both factors decreasing the wave velocity. This influence of glucose on the wave velocities (or time delays) observed in the islets of Langerhans has long been known. At low glucose concentration inside the islets, right after the glucose administration, the velocity is low (the time delay is several seconds), whereas long-lasting equilibration with glucose increases the velocity (Eddlestone et al., 1984; Palti et al., 1996). However, the exact character of the velocity dependence on glucose is not established and should be the subject for further experimental research.

## DISCUSSION

The main purpose of this paper has been to point out the possibility of wave propagation in pancreatic islets of Langerhans. Experiments with fluorescent monitoring of calcium dynamics in the islets clearly show such wave propagation. Additional numerical simulations of the model describing a cluster of electrically coupled cells support our view that the experimentally observed calcium waves are due to the electric pulse propagation through the cluster. The view is also supported by independent experimental results (Eddlestone et al., 1984; Santos et al., 1991; Palti et al., 1996; Cao et al., 1997; Bertuzzi et al., 1999).

### Propagation mechanisms

Electrical coupling has long been considered as the most likely mechanism of coordination of the  $\beta$ -cells in the pancreatic islets (Meissner, 1976; Sherman and Rinzel, 1991; Valdeolmillos et al., 1996). It was shown, however, that the electrical and calcium signals cannot be transmitted between the cells by passive diffusion (Eddlestone et al., 1984; Meda et al., 1986). Local injections of external currents in a silent islet had decayed within a few cell diameters ( $\sim 30 \mu\text{m}$ ), whereas synchrony in frequency had been demonstrated between bursting cells up to  $400 \mu\text{m}$  apart. In this situation, amplification and transmission of electric signals between neighboring cells by nonlinear waves seems to be a plausible mechanism.

However, the mechanism of wave propagation is not likely to be unique. On one hand, there is strong evidence that electrical and calcium oscillations in the islets of Langerhans are synchronized to each other (Santos et al., 1991; Henquin et al., 1998), supporting our point of view that calcium waves are due to the  $\text{Ca}^{2+}$  influx upon AP propagation through the islet. Upon such propagation electrical current is transmitted between the cells through conductive gap junctions.

On the other hand, some results (Cao et al., 1997; Bertuzzi et al., 1996, 1999) show that calcium waves in the islets do not require gap junction coupling between the cells and cannot have an electric nature. Thus, at least two

pathways for wave propagation exist in the islets: an AP-propagation-based mechanism, dependent on the presence of gap junctions between  $\beta$ -cells and another one based on the spread of some diffusible intercellular mediators. The most likely candidates for the mediators are  $\text{Ca}^{2+}$  itself and inositol-3-phosphate ( $\text{IP}_3$ ).

Propagation of purely calcium waves, based on the diffusion of  $\text{Ca}^{2+}$  and  $\text{IP}_3$  and activated release of  $\text{Ca}^{2+}$  from intracellular stores is well known for various cell types (see Dupont and Goldbeter, 1994; Clapham, 1995). Such a mechanism was likely observed by Cao et al. (1997) who studied calcium wave propagation in islets of Langerhans with defective gap junctions. They showed that inhibiting the  $\text{IP}_3$  effects on intracellular stores (either by blocking the  $\text{IP}_3$  receptor or by depleting intracellular calcium stores by addition of thapsigargin) stopped the propagation. The authors concluded that the calcium waves in their experiment propagated through the cells by an  $\text{IP}_3$ -dependent mechanism, whereas they were transmitted between the cells by ATP secretion acting on purinergic receptors. Interestingly, when  $\beta$ -cells were transfected with the gap junction protein connexin43 (and, thus, the gap junction connections were restored), AP-dependent, but  $\text{IP}_3$ -independent waves could now be observed. It is likely that both types of waves, electrically induced and purely calcium, can emerge in the islet, likewise in the heart where both AP-connected (see, e.g., Zipes and Jalife, 1994) and calcium waves (Dupont and Goldbeter, 1994) are common. We have investigated only one possibility, whereas another is a matter for future research.

There are indications for the presence of a third mechanism. To show calcium wave propagation in uncoupled  $\beta$ -cells, Bertuzzi et al. (1999) used glycyrrhetic acid as the gap junction inhibitor. This resulted in disappearance of fast (presumably AP-mediated) waves, propagating with the velocity of  $\sim 50 \mu\text{m/s}$ . Instead, slow waves emerged propagating at  $10 \mu\text{m/s}$ . The latter waves are unlikely to be  $\text{IP}_3$  driven, because addition of thapsigargin did not stop the propagation. Thus, another mechanism in addition to those indicated above should be involved here.

Another mediator of the depolarization spread in excitable tissues can be extracellular  $\text{K}^+$  ions (see Tuckwell and Miura, 1978; Spira et al., 1984). The corresponding mechanism is the following. If one cell in the tissue is excited and, hence, depolarized, the repolarizing potassium current starts to flow out of the cells leading to accumulation of  $\text{K}^+$  ions in the extracellular space. As a result, the potassium equilibrium potential of neighboring cells is decreased, which initiates depolarization of these cells and, in turn, outflow of  $\text{K}^+$  ions into the extracellular space. Note that extracellular potassium diffusion has already been considered as a mechanism for coordination of  $\beta$ -cells without gap junction coupling (Perez-Armendariz et al., 1985; Stokes and Rinzel, 1993).

In summary, more than one mechanism for wave propagation in the islets of Langerhans can and does probably exist. A variety of such mechanisms shows only that waves in the

islets of Langerhans are not unusual and should be accounted for to understand the coordination mechanisms in the islets.

### Glucose effects

Because glucose is the most important initiator of the bursting activity in the islets of Langerhans, it should influence the wave propagation regimes as well. Indeed, the basic assumption in our simulations of the wave velocity was that the glucose concentration is low inside the islet. The assumption is supported by simulation results of Bertram and Pernarowski (1998), who studied a realistic model of glucose diffusion into the islets of Langerhans. Their main result is the following: it can take tens of minutes for glucose to diffuse from the external media into the inner central regions of the islet and start electric activity here. Such a slow rate of glucose penetration is explained by the fact that the glucose does not simply diffuse into the islet but also is consumed by those islet cells that are close to the edge.

In several experimental works heterogeneity of glucose distribution in the islets was also shown (see, e.g., Pipeleers et al., 1994). In contrast, Bennett et al. (1996) have shown that glucose-induced NAD(P)H fluorescence signals equilibrate in the islet in less than 1 min. However, these results do not contradict the results of simulations of the glucose diffusion model by Bertram and Pernarowski (1998). Results reported in the work (Bennett et al., 1996; see Fig. 3) concern small islets of radius  $60 \mu\text{m}$ ; besides, the NAD(P)H fluorescence is measured not at the islet center but at the optical cross section  $40 \mu\text{m}$  inside the islet. Assuming that most the dramatic changes of the glucose concentration occur close to the edge (within the region of  $\sim 50 \mu\text{m}$  depth), it is not surprising that Bennett et al. (1996) observed a fast NAD(P)H glucose response in this region. In fact, Bertram and Pernarowski (1998) have shown that their model applied for the same geometry (islet radius  $60 \mu\text{m}$ , the glucose concentration measured  $40 \mu\text{m}$  from the edge) allows simulation of the experiments on NAD(P)H fluorescence: within such geometry the glucose concentration reaches the  $5\text{-}\mu\text{m}$  threshold for the metabolism activation in the islet in less than 1 min. However, if one preserves values for all the model parameters, increasing only the islet radius up to  $200 \mu\text{m}$ , the glucose is not equilibrated in the islet before 10 min. Note also that Bennett et al. (1996) studied glucose diffusion into intact islets of Langerhans, where the substance can diffuse not only in the extracellular space but through the blood vessels as well.

Thus, there is only sufficient glucose concentration at the periphery of the islet to initiate activity, at least in *in vitro* conditions. If this is the case, one should observe in experiments bursting activity emerging at the edge of the islets and then propagating as a wave toward the center, and this is usually seen in our experiments (see Fig. 1). Furthermore, the glucose concentration should be low for a long time in the inner regions, giving here a lower ATP concentration

and hence a higher value of  $\bar{g}_{K(ATP)}$  and comparatively low wave propagation velocity. The results of Bertram and Pernarowski therefore not only support our assumption of a low glucose concentration inside the islets of Langerhans but also show that in response to an increase in extracellular glucose the bursting activity of the  $\beta$ -cells in vitro can start only in peripheral regions, whereas the inner regions will stay silent for a long time. During this time, a mechanism for transmission of signals from the external medium into the center of the islets, faster than glucose diffusion, is needed. Wave propagation seems to be a fair candidate.

### Oscillations or waves?

In most works, both experimental and theoretical, oscillations in the islets of Langerhans are reported to be synchronous. Our results on the regimes of wave propagation in the islet do not refute this conclusion, indicating only the possibility of alternative behavior. Here we discuss conditions defining the choice between the oscillatory and the wave dynamics in the islets of Langerhans.

The choice between conditions for synchronous oscillations and excitation wave propagation could be defined by the degree of glucose effect on the islet. Islets with all cells equally effected by high glucose concentration should exhibit almost synchronous oscillations. In the islets with non-uniform glucose distribution, waves are likely to be emitted from bursting cells to the silent, but excitable, regions. Thus, in vivo, when the islets are penetrated by blood vessels supplying them with glucose, synchronous oscillations should be dominant, whereas in vitro, in particular upon static incubation, when glucose is diffusing slowly into the islet from the edges, waves should start from the islet periphery and propagate inside. However, after long-term incubation with glucose, oscillations in the islets in vitro can also become synchronous (see Eddlestone et al., 1984), when glucose is equilibrated inside the islets.

Note also that there is a discrepancy in using the term synchronous in most experimental works: oscillations at different sites of the islets are reported as synchronous if they have the same frequency, even if they have slightly different phases (e.g., if there is a time lag of  $\sim 1$  s). From this point of view, periodic waves propagating through the islet in our study also provide a synchronous regime, because oscillation at each of the two sites of the islet have the same frequency, corresponding to the frequency of wave emission from the edge. Only by resolving the whole spatiotemporal picture (which is not done in most of the experiments) can one see that the activity in the islet is, actually, asynchronous, which is due to wave propagation through the islet.

Speaking about the numerical simulations, we should stress that generally the dynamics of activity in the islets of Langerhans is not likely to be excitable rather than oscillatory, as observed in some of our simulations. Once again, we indicate only the possibility of the existence of the

excitable regime along with the oscillatory one, the difference between them being defined by the absence/presence of the stimulating glucose concentration. In the simulations we observed single excitation waves assuming that the glucose concentration is low throughout the islet. If we account for the glucose effects by connecting our model with the glucose diffusion model of Bertram and Pernarowski (1998), then the non-uniform glucose distribution in the islet provides a natural way of emergence of periodic waves from the edges, where the glucose penetrates the islet. Hence, the cells inside the islet are still excitable like in our present simulations, but the whole islet oscillates with the frequency of the wave emission from the edges (the results hold for the three-dimensional geometry as well). These results will be published elsewhere.

Note that our present model is very similar to that used by Sherman and Rinzel (1991) for study of the noise-induced asynchrony in the islets. The major difference is how the activity was started. In that work (Sherman and Rinzel, 1991), bursting oscillations in  $\beta$ -cells were initiated by intrinsic noise, resulting in all the cells starting the oscillatory activity. In our work, we set the initial conditions in all the inner cells, corresponding to the resting steady state, and applied an external perturbation (thus, simulating the activating glucose effect) at the edge of the islet. This resulted in initiation of the bursting activity at the islet periphery only; afterwards the activity propagated into the inner region forming a wave. If we consider the model of Sherman and Rinzel (1991) with the initial conditions set similarly to that in our study, the models can also exhibit wave propagation regimes. Note that wave-like activity was actually observed by the authors of the cited work.

In summary, there is no advantage in interpretation of the islets as excitable rather than oscillatory. Both wave propagation and oscillatory regimes can be expected in the islets of Langerhans; moreover, from our point of view the oscillatory regime should be dominant, occurring in most of the natural situations.

### Wave velocity

We can estimate wave velocities observed in independent experiments within the islets Langerhans by dividing the distance between regions from which the activity was recorded to the observed time delays. The works on the electric potential recordings give either 25  $\mu\text{m/s}$  (Eddlestone et al., 1984) or 100  $\mu\text{m/s}$  (Palti et al., 1996); in experiments on calcium imaging, the velocities 60–120  $\mu\text{m/s}$  (Santos et al., 1991) or 10–50  $\mu\text{m/s}$  (Bertuzzi et al., 1999) were observed. The results are in perfect agreement with our own experimental estimates of the velocity: 30–100  $\mu\text{m/s}$  in various experiments.

However, in numerical simulations the velocity tends to be somewhat higher:  $\sim 200$   $\mu\text{m/s}$ . To obtain more realistic velocities additional assumptions should be involved. In

particular, as the numerical simulations reveal, wave propagation with the velocities comparable to experimental values can occur provided the glucose/ATP concentration is low inside the islet and, hence,  $I_{K(ATP)}$  current is activated. This repolarizing current drives the transmembrane potential to its resting value, decreases excitability of the  $\beta$ -cells, therefore decreasing the wave propagation velocity. The latter statement can be formulated more rigorously: decreasing the excitability in terms of a reaction-diffusion model means downshift of its kinetic function (Eq. 6), resulting in a decrease of the integral (Eq. 8), which, in turn, leads to a decrease of the propagation velocity according to the formula Eq. 7. Thus, to decrease the velocity in the simulations we increased the conductance  $\bar{g}_{K(ATP)}$  (Eq. 6).

Note that along with the parameter  $\bar{g}_{K(ATP)}$  the wave velocity is dependent on several other parameters, which can be seen from Eq. 6. Although the model parameters are fixed, the initial value  $s_0$  is chosen arbitrarily and can affect the wave velocity. However, changes of the velocity due to variation of  $s_0$  can always be compensated by corresponding variation of the parameter  $\bar{g}_{K(ATP)}$ , which also follows from Eq. 6, and can be confirmed by numerical simulations. In particular, if we change  $s_0$  in Eq. 6 to the new value  $s_0^{(1)}$ , we can always choose the new value  $g_{K(ATP)}^{(1)} = g_{K(ATP)} + \bar{g}_s(s_0 - s_0^{(1)})$ , such that the function Eq. 6 is preserved unchanged. Now, to get the velocity dependence on the K-ATP conductance for the new initial value  $s_0^{(1)}$ , we should shift only the abscissa axis in Fig. 5 by the value  $\bar{g}_s(s_0 - s_0^{(1)})$ . For example, if we set  $s_0^{(1)} = 0.2$  instead of  $s_0 = 0.4$ , the shift will constitute 40 pS; the latter value should be added to the values at the abscissa axis in Fig. 5. Thus, we get a new dependence of the velocity on the K-ATP conductance for the new initial value of  $s$ . It does not differ from the old one in any respect, except of the scale at the abscissa axis.

We can also set  $s_0$  to a steady-state value of the variable  $s$  for the given value of  $\bar{g}_{K(ATP)}$ :  $s_0 = s_\infty(V_0; \bar{g}_{K(ATP)})$ . In this case, if we preserve all the parameter values as indicated in Appendix A, we can get, e.g., for  $V_0 = -67$  mV,  $\bar{g}_{K(ATP)} = 185$  pS, the velocity  $v$  of  $\sim 70$   $\mu\text{m/s}$ .

The more realistic method of simulation is to include description of the non-uniform glucose dynamics (Bertram and Pernarowski, 1998) in the model, providing a natural way of emergence of waves emitted periodically from the islet edges. In this case we should introduce the dependence of  $\bar{g}_{K(ATP)}$  on the glucose concentration in order to connect the electrical and the glucose models. Such dependence can be chosen quite realistically and at the same time appropriate to provide acceptable wave velocities for the repetitive waves. These results will be published elsewhere.

Note that the variable  $s$  has no obvious physical meaning, and it is not clear what initial value should be used for it and to what physiological situation it would correspond. Because the changes of  $s_0$  can be compensated by appropriate changes of  $\bar{g}_{K(ATP)}$ , it seems reasonable to fix  $s_0$  at some value and vary the physical parameter  $\bar{g}_{K(ATP)}$ .

In summary, we realize that wave velocities provided by the model generally tend to be higher than that observed experimentally, but we try to find ways of controlling the velocity by the model parameters having physical and physiological meaning. Such parameters are  $\bar{g}_{K(ATP)}$  and  $g_c$ , and we demonstrate the way in which they can decrease the velocity. Of course, the velocity can be altered by some other parameters as well, and we should keep this possibility in mind.

## Perspectives

In conclusion, we outline the possible physiological role of wave propagation in the islets of Langerhans and perspectives of their investigation.

Islets of Langerhans are known to be heterogeneous in sense of the  $\beta$ -cells having various glucose-response thresholds (Pipeleers et al., 1994; Gilon and Henquin, 1995). Therefore, after raising the glucose level, all the cells cannot start bursting activity and insulin secretion at the same time. Thus, the possible physiological role of waves in the living islets is obvious: at the initial stages of the  $\beta$ -cell response to glucose stimulation, such waves can provide an optimal way for transmission of electrical/calcium signals for insulin secretion from the bursting cells to the silent ones, initiating the secretion process in regions lacking glucose and not yet active. Note that it was proposed a long time ago that the overall activity in the islets can be governed by some pacemaker cells located close to blood capillaries supplying the islets with glucose (Meissner, 1976). In this context it can also be speculated that defects of gap junctions are known to lead to a decrease in insulin release by islets of Langerhans (Pipeleers et al., 1982; Vozzi et al., 1995), but we cannot be sure that this is due to blocking of electrical signals inside the islets and not to any other reason, e.g., lack of synchronization of stochastic activity in coupled cells (Sherman and Rinzel, 1991).

The principal possibility of excitation wave propagation in islets of Langerhans points to the fact that a wide spectrum of previously unrecognized phenomena, generic to excitable media of any nature, should exist here. They are wave blocking at cell nonhomogeneities, initiation of wave breaks and spiral waves (see Holden et al., 1991; Zipes, Jalife, 1994), soliton-like reflection of colliding excitation pulses (Aslanidi and Mornev, 1997), and following regimes of quasi-chaotic activity. Our preliminary numerical simulations corroborate the existence of such regimes in models of coupled  $\beta$ -cells (spiral waves were also independently simulated by Sherman, personal communication). Note that all the mentioned phenomena in biological excitable media (e.g., in the heart) are considered disordering the normal periodic performance of the corresponding systems of the organism. Whether or not emergence of similar phenomena in the pancreas is possible and what could be their influence on the normal pulsatile insulin secretion process is in question and constitutes a matter for further research.



In summary, our results reveal the existence and a possible mechanism of wave propagation emerging upon glucose treatment of the islets of Langerhans during in vitro experiments. Whether or not the same behavior takes place in vivo is arguable, because glucose in this case can be transported into the islets not only by simple diffusion, but also through blood vessels penetrating the islets. However, our results show that the mechanism supporting wave propagation exists in the islets of Langerhans, capable of activating silent  $\beta$ -cells that cannot immediately be reached by glucose. Thus, we point to the existence of a previously unrecognized mechanism for signal transmission in the islets, which can also play a role in initiation of the insulin secretion process.

## APPENDIX A

Given here is a full description of all ionic currents and fluxes used in Eqs. 1–3 together with the parameter values.

### Ionic currents

$$I_{\text{ion}} = I_s + I_{\text{Ca}} + I_K + I_{\text{K(ATP)}} + I_{\text{K-Ca}} + I_{\text{CRAC}}$$

$$I_s = \bar{g}_s s (V - V_K)$$

$$I_{\text{Ca}} = \bar{g}_{\text{Ca}} m_\infty (V) (V - V_{\text{Ca}})$$

$$I_K = \bar{g}_K n (V - V_K)$$

$$I_{\text{K(ATP)}} = \bar{g}_{\text{K(ATP)}} (V - V_K)$$

$$I_{\text{K-Ca}} = \bar{g}_{\text{K-Ca}} \frac{\text{Ca}_i^5}{\text{Ca}_i^5 + k_d^5} (V - V_K)$$

$$I_{\text{CRAC}} = \bar{g}_{\text{CRAC}} z_\infty (\text{Ca}_{\text{er}}) (V - V_{\text{CARC}})$$

### Gating variables

$$\frac{ds}{dt} = \frac{s_\infty(V) - s}{\tau_s}$$

$$\frac{dn}{dt} = \frac{n_\infty(V) - n}{\tau_n}$$

$$m_\infty(V) = \frac{1.0}{1.0 + \exp(-(V - V_m)/s_m)}$$

$$s_\infty(V) = \frac{1.0}{1.0 + \exp(-(V - V_s)/s_s)}$$

$$n_\infty(V) = \frac{1.0}{1.0 + \exp(-(V - V_n)/s_n)}$$

$$z_\infty(\text{Ca}_{\text{er}}) = \frac{1.0}{1.0 + \exp(-(\text{Ca}_{\text{er}} - \bar{\text{Ca}}_{\text{er}})/s_z)}$$

## Endoplasmic reticulum calcium dynamics

$$\frac{d\text{Ca}_{\text{er}}}{dt} = \frac{1}{\sigma} (-J_{\text{out}} + J_{\text{in}})$$

$$J_{\text{in}} = \frac{1}{\mu} v_p \frac{\text{Ca}_i^2}{\text{Ca}_i^2 + k_p^2}$$

$$J_{\text{out}} = \frac{1}{\mu} (p_1 + p_{\text{ip3}}) (\text{Ca}_{\text{er}} - \text{Ca}_i)$$

## Parameter values used throughout

$C = 5300$  fF;  $g_c = 100$  pS;  $\Delta x = 10$   $\mu\text{m}$ ;  $\bar{g}_s = 200$  pS;  $\bar{g}_{\text{Ca}} = 1000$  pS;  $\bar{g}_K = 2700$  pS;  $\bar{g}_{\text{K(ATP)}} = 120$  pS;  $\bar{g}_{\text{K-Ca}} = 1000$  pS;  $\bar{g}_{\text{CRAC}} = 40$  pS;  $V_K = -75$  mV;  $V_{\text{Ca}} = 25$  mV;  $V_{\text{CRAC}} = -30$  mV;  $V_s = -52$  mV;  $V_n = -16$  mV;  $V_m = -20$  mV;  $s_s = 5$  mV;  $s_n = 5.6$  mV;  $s_m = 12$  mV;  $s_z = 1$   $\mu\text{M}$ ; ( $\tau_s = 20,000$  ms; ( $\tau_n = 20$  ms;  $k_d = 0.6$   $\mu\text{M}$ ;  $f = 0.01$ ;  $\alpha = -4.5 \times 10^{-6}$   $\mu\text{M} \times (\text{fA} \times \text{ms})^{-1}$ ;  $k_c = 0.2$   $\text{ms}^{-1}$ ;  $\mu = 250$  ms;  $\sigma = 5$ ;  $\bar{\text{Ca}}_{\text{er}} = 4$   $\mu\text{M}$ ;  $v_p = 0.24$   $\mu\text{M}$ ;  $k_p = 0.1$   $\mu\text{M}$ ;  $p_1 = 0.02$ ;  $p_{\text{ip3}} = 0$ ).

## APPENDIX B

### Transition to the continuous model

Before performing the transition to the continuum limit of the spatially discrete Eqs. 1, note that the coupling conductivity  $g_c$  may be related to the diffusion coefficient  $D$  by the expression  $D = g_c \Delta x^2 / C$ , where  $\Delta x$  is the characteristic spatial dimension, i.e., the diameter of a  $\beta$ -cell. To proceed to the continuum limit, we let  $V_i(t) = V(t, i\Delta x) = V(t, x)$  in the first equation in Eqs. 1, so that, e.g.,  $V_{i+1}(t) = V(t, x + \Delta x) = V(t, x) + (\partial V / \partial x) \Delta x + (\partial^2 V / \partial x^2) \Delta x^2 + \dots$ . Substituting the respective expressions for  $V_{i-1}$ ,  $V_i$ , and  $V_{i+1}$  and the value  $g_c / C = D / \Delta x^2$  into the first equation of Eqs. 1 and taking the limit  $\Delta x \rightarrow 0$ , we convert from the discrete operator  $D(V_{i+1} + V_{i-1} - 2V_i) / \Delta x^2$  to the Laplacian operator  $D \partial^2 V / \partial x^2$  describing the diffusion phenomena. Thus, in the continuum limit we obtain the reaction-diffusion Eq. 4.

To solve Eq. 4 we must set appropriate boundary conditions. A natural choice is the zero-flux conditions:

$$\partial V(t, 0) / \partial x = \partial V(t, L) / \partial x = 0,$$

which are similar to the latter two equations in Eqs. 1. For example, in the discrete situation at the boundary  $x = 0$  corresponding to the cell with number  $i = 0$ , we can formally rewrite the first of Eqs. 1 as  $C dV_0 / dt = g_c (V_{-1} + V_1 - 2V_0) - I_{\text{ion}}$ , where, by definition,  $V_{-1}(t) = V(t, -\Delta x) = V(t, 0) - \partial V(0, t) / \partial x \Delta x + \dots$ . The condition  $\partial V(t, 0) / \partial x = 0$  gives us  $V_{-1}(t) = V(t, 0) = V_0(t)$ , which in turn transforms to the equation for  $V_0$  in the system of Eqs. 1.

The initial conditions for the wave propagation should be set in Eqs. 1 and 4 as a step of electric potential near one of the boundaries (see, e.g., Aslanidi and Mornev, 1997):  $V_0(0) = V_1(0) = -40$  mV,  $V_i(0) = V_0 = -65$  mV for  $2 \leq i \leq N$ ;  $\text{Ca}_i(0) = 0.1$   $\mu\text{M}$ ,  $\text{Ca}_{\text{er}}(0) = 10$   $\mu\text{M}$ ,  $n(0) = 0.0001$ ,  $s(0) = s_0 = 0.4$  for all cells (if it is not particularly stated in the text,  $V_0 = -65$  mV,  $s_0 = 0.4$ ). In the numerical simulations we used the forward explicit method with the spatial step  $\Delta x = 10$   $\mu\text{m}$  (which corresponds to the size of a  $\beta$ -cell) and the time step  $\Delta t = 0.05$  ms.

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