# Osteoarthritis and Cartilage



# Cartilage-specific ablation of XBP1 signaling in mouse results in a chondrodysplasia characterized by reduced chondrocyte proliferation and delayed cartilage maturation and mineralization



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### ARTICLE INFO

Article history: Received 21 July 2014 Accepted 4 January 2015

Keywords: Chondrodysplasia Endochondral ossification ER stress Growth plate XBP1

### SUMMARY

*Objective:* To investigate the *in vivo* role of the IRE1/XBP1 unfolded protein response (UPR) signaling pathway in cartilage.

*Design: Xbp1*<sup>flox/flox</sup>.*Col2a1-Cre* mice (*Xbp1*<sup>Cart/dEx2</sup>), in which XBP1 activity is ablated specifically from cartilage, were analyzed histomorphometrically by Alizarin red/Alcian blue skeletal preparations and X-rays to examine overall bone growth, histological stains to measure growth plate zone length, chondrocyte organization, and mineralization, and immunofluorescence for collagen II, collagen X, and IHH. Bromodeoxyuridine (BrdU) and terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) analyses were used to measure chondrocyte proliferation and cell death, respectively. Chondrocyte cultures and microdissected growth plate zones were analyzed for expression profiling of chondrocyte proliferation or endoplasmic reticulum (ER) stress markers by Quantitative PCR (qPCR), and of *Xbp1* mRNA splicing by RT-PCR to monitor IRE1 activation.

*Results:* Xbp1<sup>CartΔEx2</sup> displayed a chondrodysplasia involving dysregulated chondrocyte proliferation, growth plate hypertrophic zone shortening, and IRE1 hyperactivation in chondrocytes. Deposition of collagens II and X in the Xbp1<sup>CartΔEx2</sup> growth plate cartilage indicated that XBP1 is not required for matrix protein deposition or chondrocyte hypertrophy. Analyses of mid-gestation long bones revealed delayed ossification in  $Xbp1^{Cart\DeltaEx2}$  embryos. The rate of chondrocyte cell death was not significantly altered, and only minimal alterations in the expression of key markers of chondrocyte proliferation were observed in the  $Xbp1^{Cart\DeltaEx2}$  growth plate. IRE1 hyperactivation occurred in  $Xbp1^{Cart\DeltaEx2}$  chondrocytes but was not sufficient to induce regulated IRE1-dependent decay (RIDD) or a classical UPR.

*Conclusion:* Our work suggests roles for XBP1 in regulating chondrocyte proliferation and the timing of mineralization during endochondral ossification, findings which have implications for both skeletal development and disease.

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http://dx.doi.org/10.1016/j.joca.2015.01.001

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#### Introduction

Endochondral ossification is regulated in the cartilage growth plate, where chondrocytes secrete an elaborate extracellular matrix (ECM) and differentiate by proliferation and hypertrophy to drive longitudinal bone growth. Owing to the burden placed on the endoplasmic reticulum (ER) by the production of cartilage ECM components, chondrocytes rely on the unfolded protein response (UPR) to maintain ER homeostasis<sup>1,2</sup>.

The UPR is regulated by ER membrane-spanning proteins including IRE1, ATF6, and PERK. These ER stress sensors reduce ER protein load by activating molecular pathways that increase the capacity of the ER to fold nascent proteins correctly and to eradicate chronically misfolded proteins, and reduce the overall rate of protein translation<sup>3</sup>. Several other ER sensors that are structurally and functionally homologous to ATF6 have also been described<sup>1</sup>. For cartilage development, the most important of these appears to be BBF2H7. Deletion of *Bbf2h7* causes a severe chondrodysplasia resulting from chondrocyte ER stress caused by impaired intracellular trafficking of secreted proteins<sup>2</sup>. Also important is ATF4, a transcription factor expressed following ER stress-induced activation of PERK, ATF4 controls chondrocyte proliferation and growth plate mineralization by regulating expression of IHH, and like BBF2H7 its ablation results in a dramatic chondrodysplasia<sup>4</sup>. Together these studies emphasize the importance of chondrocyte ER homeostasis for cartilage development. IRE1 signaling in cartilage development *in vivo* has not been investigated. IRE1 activation by ER stress results in the unconventional splicing of XBP1 mRNA to encode a transcription factor that drives the expression of UPR target genes. IRE1 also acts independently of XBP1 in a rapid response to ER stress known as regulated IRE1-dependent decay (RIDD), degrading a subset of transcripts encoding proteins normally processed via the ER<sup>5</sup>.

XBP1 regulates several developmental processes involving professional secretory cells<sup>6</sup>, and may also regulate cartilage development<sup>7</sup>. It was reported recently that spliced XBP1 (XBP1<sub>S</sub>) was expressed in the mouse growth plate and during chondrogenic differentiation *in vitro*. Moreover, over-expression of XBP1<sub>S</sub> in these studies accelerated chondrocyte hypertrophy and the expression of *Ihh, Col10a1*, and *Runx2*, as well as *Pthrp*, while knockdown abolished hypertrophy and the expression of these genes. These data suggested that XBP1 may be required for chondrocyte hypertrophy by affecting IHH/PTHrP signaling and acting as a co-factor of RUNX2<sup>7</sup>.

To determine if the XBP1 pathway controls chondrocyte hypertrophy *in vivo* we generated and characterized mice in which XBP1 was functionally inactivated by deletion of exon 2 in cartilage  $(Xbp1^{Cart\Delta Ex2})$ . We demonstrate that cartilage-specific ablation of XBP1 activity does not prevent chondrocyte hypertrophy *in vivo*, in contrast to predictions from *in vitro* data<sup>7</sup>, but causes a chondrodysplasia phenotype involving shortening of endochondral bones and delayed endochondral ossification during development, but which resolves by skeletal maturity. Moreover  $Xbp1^{Cart\Delta Ex2}$  growth plates are marked by shortening of the growth plate hypertrophic zone and dysregulated chondrocyte proliferation. This is the first study to implicate the IRE1/XBP1 signaling pathway in cartilage development *in vivo*, and suggests hitherto unknown physiological functions for IRE1/XBP1 signaling in development.

#### Methods

#### Generation of mice with cartilage-specific Xbp1 inactivation

Mice harboring *loxP* sites flanking exon 2 of  $Xbp1^8$  were crossed with a transgenic mouse expressing Cre recombinase driven by the *Col2a1* promoter<sup>9</sup> to generate  $Xbp1^{flox/flox}.Col2a1-Cre (Xbp1^{Cart\Delta Ex2})$ , in which Xbp1 mRNA is inactivated by Cre recombinase-mediated deletion of exon 2 in chondrocytes. *Xbp1* exon 2 deletion results in complete ablation of XBP1 protein but does not prevent IRE1induced *Xbp1* mRNA splicing as an ER-stress reporter<sup>10</sup>. These mice were viable and bred normally, and were housed under pathogen-free conditions. Studies were performed with Institutional Ethics Committee approval and according to NIH guidelines for humane animal use. Genomic DNA (gDNA) was extracted by Proteinase K digestion of tail clips for genotyping, and purified by isopropanol precipitation. Genotyping was performed by PCR using primers to detect the presence of floxed *Xbp1* or *Col2a1*-Cre recombinase (PCR details available on request). To assess *Xbp1* inactivation in *Xbp1<sup>CartΔEx2</sup>* cartilage, RT-PCR was performed on wildtype and mutant epiphyseal cartilage cDNA with primers flanking *Xbp1* exon 2. PCR products were sequenced using the BigDye Terminator v3.1 Cycle Sequencing Kit (Life Technologies) to confirm deletion of *Xbp1* exon 2 in *Xbp1<sup>CartΔEx2</sup>* chondrocytes.

#### Skeletal preparations and morphometry

Mouse skeletons were analyzed morphometrically following Alcian blue and Alizarin red staining as described<sup>11</sup>. Femoral and tibial lengths were used to indicate endochondral bone growth, and intercanthal distance (ICD) to measure intramembranous bone growth<sup>12</sup>. X-ray images were prepared as described<sup>12</sup>.

#### Immunofluorescence and histology

Immunofluorescence and histology was performed on PFA-fixed 10 µm cryosections or 5 µm paraffin-embedded sections of proximal tibial epiphyses from  $Xbp1^{Cart \Delta Ex2}$  or wildtype mice. Immunofluorescence was performed using mouse anti-mouse collagen II (6B3, Neomarkers) rabbit anti-human collagen X, or rabbit antihuman IHH (EP1192Y, Abcam) and appropriate fluorescent secondary antibodies (10 µg/ml; Molecular Probes, Life Technologies). Rabbit polyclonal collagen X antibodies were produced using His<sub>6</sub>tagged full length human collagen X cDNA purified from transfected 293-EBNA cells<sup>13</sup>. Prior to antigen retrieval, all sections were incubated for 10 min at room temperature in PBS. 0.2% Triton X-100 (Sigma-Aldrich). For collagen II antigen retrieval, sections were digested for 10-15 min at 37°C in 2 mg/ml porcine pepsin (Sigma Aldrich). For collagen X antigen retrieval, sections were digested for 10-15 min at 37°C in 2 mg/ml bovine hyaluronidase (Sigma Aldrich). Collagen II staining was performed using reagents from the VECTOR M.O.M. Immunodetection Basic Kit (Vector Laboratories, Inc). All immunofluorescence sections were counterstained and mounted using VECTASHIELD Mounting Medium with DAPI (Vector Laboratories, Inc), and visualized using an Axio Imager M1 fluorescent microscope (Zeiss). Hematoxylin and eosin (H&E) staining was performed following a standard protocol involving staining in hematoxylin for 5 min and eosin for 1 min. Toluidine blue staining was performed using a standard protocol involving 10 min immersion in Toluidine blue and a 3 min counterstain in Fast Green. Staining for tissue mineralization was performed using standard protocols for Alizarin Red or Von Kossa stains.

#### Cell death and proliferation assays

Bromodeoxyuridine (BrdU) labeling analysis was performed by injecting Cell Proliferation Labeling Reagent (Amersham) peritoneally to detect growth plate chondrocyte proliferation<sup>14</sup>. Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) was performed with the In Situ Cell Death Detection Kit, Fluorescein (Roche) to detect DNA fragmentation in cells undergoing programmed cell death<sup>14</sup>.

#### Primary chondrocyte cultures

Primary chondrocytes from femoral and tibial condyles of 3 day old  $Xbp1^{Cart\Delta Ex2}$  mice were isolated as described<sup>15</sup> and cultured overnight at a concentration of approximately  $1.0 \times 10^5$  cells/cm<sup>2</sup> in Dulbecco's modified Eagle's medium (DMEM), 10% fetal bovine serum (Thermo Fisher Scientific) supplemented with 1 mg/ml penicillin and 0.1 mg/ml streptomycin (Sigma Aldrich) at 37°C under 95% air, 5% CO<sub>2</sub>. Media was replaced the following day with fresh media, with or without 2.5 ng/ml tunicamycin (Sigma Aldrich), and cultures were incubated for a further 4 h. RNA was extracted using the RNeasy Mini Kit (Qiagen).

# Microdissection of growth plate zones, RNA isolation and amplification

Growth plate zones were microdissected from one proximal tibial growth plate from each of three 2 week old *Xbp1<sup>CartΔEx2</sup>* and wildtype mice as described previously<sup>16</sup>. RNA was extracted from microdissected tissues using TRIzol reagent (Invitrogen). All total RNA samples were subjected to two rounds of linear amplification using the RNA ampULSe Amplification Kit (Kreatech). We have previously validated that this method preserves the relative abundance of transcripts present in cartilage total RNA samples<sup>16–18</sup>. Purity and integrity of all RNA samples were



**Fig. 1.** Genetic and morphometric characterization of  $Xbp1^{CartdEx2}$  mice. (A,B) cDNA from wildtype (Wt) and  $Xbp1^{CartdEx2}$  femoral head cartilage analyzed by (A) RT-PCR to detect the full-length form of Xbp1 (FL) or the inactive form of Xbp1 lacking exon 2 (dEx2), and (B) sequencing to confirm the deletion of exon 2 from Xbp1 in  $Xbp1^{CartdEx2}$  cartilage. (C,D) Overall skeletal development assessed by (C) whole mount Alizarin red S/Alcian blue staining of skeletal preparations from 3 day old, 1 week, and 2 week Wt and  $Xbp1^{CartdEx2}$  mice, and (D) X-ray analysis of 3 week Wt and  $Xbp1^{CartdEx2}$  mice. (E) Measurements of femoral and tibial length, and intercanthal distance (ICD) from 2 week Wt and  $Xbp1^{CartdEx2}$  mice – Wt, N = 8;  $Xbp1^{CartdEx2}$ , N = 9.



**Fig. 2.** XBP1 controls growth plate structure and mineralization. (A–F) Tibial epiphyseal cryosections from 2 week wildtype (Wt) and *Xbp1<sup>CartdEx2</sup>* mice stained (A,B) with hematoxylin and eosin (H&E) and by immunofluorescence for (C,D) collagen II and (E,F) collagen X. (G) Quantitative analysis of growth plate zone lengths from H&E-stained tibial cryosections of 2 week Wt and *Xbp1<sup>CartdEx2</sup>* mice. (H–K) Tibial epiphyseal cryosections from 2 week Wt and *Xbp1<sup>CartdEx2</sup>* mice stained or (J,K) Von Kossa stain. (L–S) Tibial cryosections from E15.5 Wt and *Xbp1<sup>CartdEx2</sup>* embryos stained with (L,M) H&E, (N,O) Toluidine Blue, (P,Q) Alizarin Red, or (R,S) by immunofluorescence for collagen X. B – bone, HZ – hypertrophic zone, PZ – proliferative zone, RZ – resting zone, SCO – secondary center of ossification.

validated by electrophoresis with a 2200 TapeStation using a High Sensitivity R6K Screen Tape Kit (Agilent Technologies).

### Quantitative PCR (qPCR) analysis

For *Xbp1* splicing, RT-PCR was performed on equal quantities of cDNA using primers flanking the ER stress-responsive *Xbp1* splice site. qPCR was performed on equal quantities of cDNA using the LightCycler 480 Probes Master Kit on a LightCycler 480 II qPCR machine (Roche Applied Science) as described<sup>16</sup>. All primer sequences are available on request.

#### Statistical methods

All quantitative data were generated using biological replicates in triplicate, unless stated otherwise, and are expressed as the mean plus 95% confidence interval. In each case, *P* values were determined using the unpaired Student's *t* test. All analyses were conducted using GraphPad QuickCalcs software (La Jolla, CA, USA).

#### Results

## $Xbp1^{Cart \Delta Ex2}$ mice exhibit mild dwarfism and delayed ossification

RT-PCR analysis and sequencing confirmed deletion of exon 2 from *Xbp1* mRNA in *Xbp1*<sup>CartdEx2</sup> but not wildtype cartilages [Fig. 1(A),(B)]. When *Xbp1*<sup>CartdEx2</sup> and wildtype mice were compared by Alcian blue/Alizarin red staining of skeletal preparations or Xrays, the mutants exhibited mild dwarfism [Fig. 1(C),(D)]. At 2 weeks of age, endochondral bones in mutant mice were shortened by approximately 13% compared with wildtype, but no difference was observed in ICD between mutant and wildtype [Fig. 1(E)], indicating that intramembranous bone formation was unaffected. By 7 weeks of age, no difference was observed between wildtype and  $Xbp1^{Cart-}^{4}Ex2$  in the length of endochondral bones (Fig. S1(A)). Thus  $Xbp1^{Cart \Delta Ex2}$  mice exhibited a mild chondrodysplasia during development that resolved by skeletal maturity.

Histological analysis of endochondral ossification revealed important clues to the  $Xbp1^{Cart \Delta Ex2}$  phenotype. H&E staining of 2 week growth plates suggested delayed development of the secondary ossification center and hypertrophic zone shortening in mutant vs wildtype [Fig. 2(A),(B)]. Hypertrophic zone shortening was confirmed by collagen X immunofluorescence in adult [Fig. 2(E),(F)] and embryonic tissues [Fig. 2(R),(S)]. Growth plate zone lengths were also quantified in 2 week old mice using H&Estained tissues. This revealed an approximately 45% reduction in hypertrophic zone length and a modest reduction in resting zone length in  $Xbp1^{Cart \Delta Ex2}$  vs wildtype at 2 weeks of age [Fig. 2(G)]; no differences were apparent in growth plate zone length between wildtype and mutant at 7 weeks of age (Fig. S1(B)). Delayed mineralization of  $Xbp1^{Cart \Delta Ex2}$  endochondral bones during development was confirmed in 2 week old [Fig. 2(H)-(K)] and embryonic tissues [Fig. 2(P),(Q)] by Alizarin Red or Von Kossa staining. Finally, that no apparent difference in the secretion or deposition of either collagen II or collagen X was apparent by immunofluorescent analysis of  $Xbp1^{Cart \Delta Ex2}$  cartilage vs wildtype [Fig. 2(C)–(F)] suggests that neither cartilage matrix assembly, nor chondrocyte hypertrophy depend on XBP1 signaling in cartilage development.

# Chondrocyte proliferation is dysregulated in the Xbp1<sup>Cart $\Delta$ Ex2</sup> growth plate but cell death is not

H&E staining of 2 week tibial growth plate sections revealed architectural differences between the *Xbp1*<sup>Cart ΔEx2</sup> and wildtype proliferative zones, with longer chondrocyte columns and increased prevalence and size of areas of hypocellularity in the



**Fig. 3.** XBP1 regulates proliferative zone architecture and chondrocyte proliferation. (A) Representative images of hematoxylin and eosin (H&E) staining to assess chondrocyte column length in wildtype (Wt) and *Xbp1<sup>Cart\_dEx2</sup>* proliferative zones. Arrows in (A) indicate areas of hypocellularity. (B) Quantification of chondrocyte column length analysis represented in (A). (C) Representative images of BrdU analysis to assess chondrocyte proliferation in Wt and *Xbp1<sup>Cart\_dEx2</sup>* growth plates. (D) Quantification of BrdU analysis represented in (C). HZ – hypertrophic zone, PZ – proliferative zone, RZ – resting zone, SCO – secondary center of ossification.

mutant vs wildtype, indicating dysregulated chondrocyte proliferation in the mutant [Fig. 3(A),(B)]. BrdU analysis of  $Xbp1^{Cart\Delta Ex2}$  and wildtype growth plates demonstrated a modest reduction in chondrocyte proliferation in the  $Xbp1^{Cart\Delta Ex2}$  proliferative zone compared with wildtype (P = 0.026; Fig. 3(C),(D)).

To investigate the proliferative defect at the transcriptional level, we microdissected proliferative and hypertrophic zones from  $Xbp1^{Cart\Delta Ex2}$  and wildtype mice. Expression profiling was performed by qPCR for the following genes implicated in chondrocyte proliferation:  $Atf2^{19}$ ,  $Atf3^{20}$ ,  $Ccna2^{21}$ ,  $Ccnd1^{22}$ ,  $Fgfr3^{23}$ , and *lhh*, which regulates chondrocyte proliferation from its site of expression in the hypertrophic zone<sup>24</sup> [Fig. 4(A)–(F)]. None of these genes were differentially expressed between  $Xbp1^{Cart\Delta Ex2}$  and wildtype except for Ccnd1, which appeared to be uprgulated approximately 2-fold in the proliferative zone of  $Xbp1^{Cart\Delta Ex2}$  compared to wildtype (P = 0.038). Since IHH regulates both chondrocyte proliferation and bone collar formation<sup>25</sup>, both of which were dysregulated in  $Xbp1^{Cart\Delta Ex2}$ , we confirmed IHH expression in the mutant by immunofluorescence [Fig. 4(G)–(J)]. IHH was detected at comparable levels in proliferating chondrocytes in wildtype vs mutant in both E15.5 tibiae and 2 week tibial growth plates. IHH was also

detected in the developing bone collar of wildtype E15.5 tibiae, which was absent from E15.5  $Xbp1^{Cart \Delta Ex2}$  tibiae.

TUNEL analysis was performed on  $Xbp1^{Cart\Delta Ex2}$  and wildtype growth plates (Fig. S2) to examine chondrocyte cell death in the mutants. No significant changes in the ratio of TUNEL-positive cells:DAPI-stained nuclei were apparent in the  $Xbp1^{Cart\Delta Ex2}$ resting, proliferative, or hypertrophic zones by comparison with their corresponding wildtype zones. Thus cell death is unlikely to contribute to the mutant phenotype.

### A classical UPR is not activated in the $Xbp1^{Cart \Delta Ex2}$ growth plate

We investigated the UPR in  $Xbp1^{Cart\Delta Ex2}$  chondrocytes by testing their response to ER stress *in vitro*, and by performing expression profiling using the microdissected  $Xbp1^{Cart\Delta Ex2}$  and wildtype growth plate zones (Fig. 5). Increased Xbp1 splicing and *BiP* upregulation were observed in primary  $Xbp1^{Cart\Delta Ex2}$  chondrocytes cultured in tunicamycin compared to control cultures, demonstrating that the UPR is not intrinsically compromised in  $Xbp1^{Cart\Delta Ex2}$  cartilage [Fig. 5(A),(B)]. In the growth plate, sentinel markers of the chondrocyte UPR<sup>16</sup> were examined. *BiP* was modestly upregulated in the



**Fig. 4.** Expression profiling of chondrocyte proliferation markers in developing Wt and  $Xbp1^{Cart\Delta Ex2}$  long bones. (A–F) qPCR performed on cDNA derived from microdissected wildtype (Wt) and  $Xbp1^{Cart\Delta Ex2}$  growth plate zones as indicated, using primers specific for (A) Atf2, (B) Atf3, (C) Ccna2, (D) Ccnd1, (E) Fgfr3, and (F) Ihh. (G–J) IHH immunofluorescence in (G,H) E15.5 Wt and  $Xbp1^{Cart\Delta Ex2}$  proximal tibial epiphyses, and in (I,J) two week Wt and  $Xbp1^{Cart\Delta Ex2}$  tibial growth plates. Dashed lines in (G) and (H) indicate relative positions of original images used to generate composite images as shown. B – bone, BC – bone collar, HZ – hypertrophic zone, PZ – proliferative zone, RZ – resting zone, SCO – secondary center of ossification.



**Fig. 5.** XBP1 is not required by chondrocytes to maintain ER homeostasis. (A) RT-PCR performed on cDNA derived from primary *Xbp1*<sup>CartdEx2</sup> chondrocytes following culture with (+Tm) or without (-Tm) tunicamycin to detect the unspliced (*Xbp1*<sub>U</sub>) and spliced (*Xbp1*<sub>S</sub>) forms of *Xbp1* in response to ER stress. *Xbp1*<sub>H</sub> denotes a heteroduplex product comprised of both *Xbp1*<sub>U</sub> and *Xbp1*<sub>S</sub> strands. (B) qPCR performed on the +Tm and -Tm cDNA described in (A) to assess differential expression of *BiP* in *Xbp1*<sup>CartdEx2</sup> cartilage following induction of ER stress. (C–F) qPCR performed on cDNA derived from microdissected wildtype (Wt) and *Xbp1*<sup>CartdEx2</sup> growth plate zones, using primers specific for (C) *BiP*, (D) *Creld2*, (E) *Derl3*, and (F) *Luman*. PZ – proliferative zone, HZ – hypertrophic zone.

*Xbp1<sup>CartΔEx2</sup>* proliferative zone vs wildtype (P = 0.013) but not the hypertrophic zone [Fig. 5(C)]. Differential expression was not observed however for *Creld2* [Fig. 5(D)] or *Derl3* [Fig. 5(E)] in either zone between mutant and wildtype. *Luman* was upregulated in *Xbp1<sup>CartΔEx2</sup>* vs wildtype in both the proliferative and hypertrophic zones [Fig. 5(F)]. Thus *Xbp1<sup>CartΔEx2</sup>* chondrocytes can respond to ER stress, however ablation of XBP1 activity does not result in activation of a classical UPR *in vivo*.

# IRE1 is hyperactivated in the Xbp1<sup>Cart $\Delta$ Ex2</sup> growth plate but does not cause RIDD

*Xbp1* splicing analysis of *Xbp1*<sup>CartΔEx2</sup> primary chondrocytes indicated that significant *Xbp1* splicing occurs in untreated cells [Fig. 5(A)], revealing that IRE1 hyperactivation via a feedback loop previously reported in XBP1-deficient pancreatic β-islet cells<sup>26</sup> also occurs in *Xbp1*<sup>CartΔEx2</sup> chondrocytes *in vitro*. To confirm whether IRE1 is hyperactivated in the *Xbp1*<sup>CartΔEx2</sup> growth plate, we investigated *Xbp1* splicing in *Xbp1*<sup>CartΔEx2</sup> and wildtype growth plate zones [Fig. 6(A)]. In the wildtype proliferative zone, most *Xbp1* transcripts were *Xbp1*<sub>U</sub>, however low levels of *Xbp1*<sub>S</sub> were also detectable. In the wildtype hypertrophic zone, only *Xbp1*<sub>U</sub> transcripts were detectable. In *Xbp1*<sup>CartΔEx2</sup>, most *Xbp1* transcripts in both zones were *Xbp1*<sub>S</sub>, confirming *in vivo* hyperactivation of IRE1 in *Xbp1*<sup>CartΔEx2</sup> chondrocytes.

To determine whether IRE1 hyperactivation induces RIDD, we assayed RIDD by qPCR using four established mammalian RIDD marker genes<sup>5</sup>: *Scara3*, *Hgsnat*, *Blos1* and *Pdgfrb*. Firstly, we interrogated primary  $Xbp1^{Cart\Delta Ex2}$  chondrocytes cultured with or without tunicamycin [Fig. 6(B)–(E)], to confirm whether RIDD is induced in  $Xbp1^{Cart\Delta Ex2}$  chondrocytes under ER stress. *Scara3* was significantly downregulated in tunicamycin-treated  $Xbp1^{Cart\Delta Ex2}$ 

chondrocytes compared to untreated controls. Downregulation of Hgsnat (P = 0.017) and Blos1 (P = 0.053) was also apparent in tunicamycin-treated  $Xbp1^{CartAEx2}$  chondrocytes compared to untreated controls, but only modestly so. This however, is broadly consistent with previous work indicating that the scale of transcript degradation resulting from chemically induced ER stress in mammalian cells is frequently substantially smaller than has been observed in *Drosophila* cells<sup>5</sup>. We could not detect differential expression of *Pdgfrb* in tunicamycin-treated  $Xbp1^{CartAEx2}$  chondrocytes compared with untreated controls. Overall however, these results suggest that  $Xbp1^{CartAEx2}$  chondrocytes are capable of activating RIDD and degrading target transcripts.

qPCR was performed for our panel of RIDD markers on wildtype or *Xbp1<sup>CartΔEx2</sup>* proliferative zones [Fig. 6(F)–(I)] as well as wildtype or *Xbp1<sup>CartΔEx2</sup>* hypertrophic zones [Fig. 6(J)–(M)]. Except for *Blos1* in the hypertrophic zone, we could not detect depletion of any of the transcripts in either growth plate zone from *Xbp1<sup>CartΔEx2</sup>* compared with the corresponding zone from wildtype. Thus, while *Xbp1<sup>CartΔEx2</sup>* chondrocytes can induce RIDD, they appear not to do so as a consequence of IRE1 hyperactivation. Therefore, we could exclude RIDD-mediated dysregulation of growth plate gene expression as a factor contributing to the *Xbp1<sup>CartΔEx2</sup>* phenotype.

#### Discussion

We analyzed *Xbp1*<sup>Cart</sup> mice, in which XBP1 activity is ablated from cartilage. Previous studies involving differentiation of chondrogenic cell lines *in vitro* suggested an essential role for XBP1 in controlling chondrocyte hypertrophy by acting co-ordinately with RUNX2 and regulating *Pthrp*, *Ihh*, *Runx2*, *Col2a1*, and *Col10a1* expression<sup>7</sup>. Our studies show that in the more complex situation of cartilage development *in vivo*, XBP1 is not required for chondrocyte



**Fig. 6.** RIDD is activated in *Xbp1*<sup>CartdEx2</sup> chondrocytes in response to ER stress but not IRE1 hyperactivation. (A) RT-PCR performed on cDNA derived from growth plate zones microdissected from two week wildtype (Wt) and *Xbp1*<sup>CartdEx2</sup> tibiae to detect the unspliced (*Xbp1*<sub>U</sub>) and spliced (*Xbp1*<sub>S</sub>) forms of *Xbp1* in response to ER stress. *Xbp1*<sub>H</sub> denotes a heteroduplex product comprised of both *Xbp1*<sub>U</sub> and *Xbp1*<sub>S</sub> strands. (B–M) qPCR performed using primers specific for (B,FJ) *Scara3*, (C,G,K) *Hgsnat*, (D,H,L) *Blos1*, and (E,I,M) *Pdgfrb*, on cDNA derived from (B,C,D,E) primary *Xbp1*<sup>CartdEx2</sup> chondrocytes following culture with (+Tm) or without (–Tm) tunicamycin, (F,G,H,I) microdissected Wt and *Xbp1*<sup>CartdEx2</sup> proliferative zones, and (J,K,L,M) microdissected Wt and *Xbp1*<sup>CartdEx2</sup> hypertrophic zones. HZ – hypertrophic zone, PZ – proliferative zone.

hypertrophy. Nevertheless, *Xbp1<sup>Cart ΔEx2</sup>* exhibits a chondrodysplasia during skeletal development involving disorganized proliferative zone architecture, hypertrophic zone shortening, and delayed mineralization of endochondral bones.

Although we could not detect a significant difference between the length of the proliferative zone in  $Xbp1^{Cart \Delta Ex2}$  and wildtype, the chondrocyte columns of the proliferative zone were significantly longer in the mutant than in wildtype at 2 weeks of age, hinting at a role for the XBP1 pathway in chondrocyte proliferation. This was confirmed by BrdU analysis showing mild impairment of chondrocyte proliferation in the Xbp1<sup>Cart DEx2</sup> growth plate. PTHrP inhibits chondrocyte differentiation and promotes chondrocyte proliferation in the growth plate in a feedback loop involving IHH<sup>24</sup>. Thus, defective IHH/PTHrP signaling could explain the reduced chondrocyte proliferation we observed in the  $Xbp1^{Cart \Delta Ex2}$  growth plate. However, differential expression consistent with reduced chondrocyte proliferation was not detected for key markers of this process, including IHH. The only chondrocyte proliferation marker found to be significantly differentially expressed was *Ccnd1*, which appeared to be modestly upregulated in the mutant proliferative zone. Previous work however, suggests that increased expression of *Ccnd1* in chondrocytes promotes, rather than inhibits their proliferation<sup>22</sup>. Alternatively, our data may point to a role for XBP1 in regulating the activity of integrins or integrin-linked kinase, since disruption to integrin-dependent interactions between chondrocytes and the growth plate matrix are known to result in chondrodysplasias characterized by disrupted proliferative zone architecture<sup>27,28</sup>. Regardless of the precise mechanism involved, our data emphasize for the first time the importance of the XBP1 pathway in regulating the organization and function of growth plate proliferative chondrocytes.

IRE1 was hyperactivated in  $Xbp1^{Cart\Delta Ex2}$  chondrocytes, raising the possibility that the  $Xbp1^{Cart\Delta Ex2}$  phenotype may result from loss of XBP1 activity, IRE1 hyperactivation, or both. A potential consequence of IRE1 hyperactivation in  $Xbp1^{Cart\Delta Ex2}$  is dysregulation of growth plate gene expression through RIDD<sup>5,29</sup>. Analysis of mammalian markers of RIDD<sup>5</sup> revealed that while ER stress is sufficient to trigger RIDD in  $Xbp1^{Cart\Delta Ex2}$  chondrocytes, IRE1 hyperactivation alone is not, excluding RIDD from the  $Xbp1^{Cart\Delta Ex2}$ growth plate pathology. These data also indicate differences in the activation of IRE1 by ER stress vs hyperactivation, exposing a further layer of complexity in IRE1 activation to that already reported<sup>5</sup>.

 $Xbp1^{Cart\Delta Ex2}$  chondrocytes activated a UPR in response to ER stress, although a classical UPR was not observed in the  $Xbp1^{Cart\Delta Ex2}$ growth plate. Intriguingly, *Luman* was upregulated strongly in both the mutant proliferative and hypertrophic zones compared with wildtype. LUMAN is structurally and functionally homologous to ATF6<sup>30</sup>, and can upregulate UPR target genes in response to ER stress<sup>31</sup>. The significance of *Luman* upregulation in  $Xbp1^{Cart\Delta Ex2}$ chondrocytes is unclear. Our work implies however, that it does not depend on classical ER stress. Rather, *Luman* expression may be induced by IRE1 in an XBP1-independent manner following either ER stress or IRE1 hyperactivation.

The chondrodysplasia in *Xbp1<sup>CartAEx2</sup>* mice is mild, involving a generalized delay in endochondral ossification rather than the complete blockage in chondrocyte hypertrophy predicted by recent *in vitro* studies<sup>7</sup>. Indeed, by 7 weeks of age no difference was apparent between wildtype and *Xbp1<sup>CartAEx2</sup>* in terms of the length of endochondral bones or growth plate morphology. This implies a role for XBP1 in regulating the timing of endochondral ossification rather than directing chondrocyte differentiation *per se*. In contrast, the dwarfism phenotype is severe in both the *Bbf2h7* and *Atf4* null mice, due to disrupted protein trafficking and IHH signaling, respectively<sup>2,4</sup>. These differences highlight how endochondral ossification may be regulated by components of ER stress-responsive pathways through a variety of mechanisms.

Finally, we note that activation of XBP1 signaling has been reported as a component of the pathological destruction of cartilage in human and animal models of osteoarthritis  $(OA)^{32,33}$ , a disease characterized by re-activation of chondrocyte proliferation, differentiation and hypertrophy programs<sup>34</sup>. Our work provides links between XBP1 and each of these aspects of chondrocyte biology *in vivo*, by implying that it promotes chondrocyte proliferation and regulates the timing of cartilage maturation and biomineralization. Future studies will address the role of the XBP1 pathway in the pathology of OA by investigating the progression of joint pathology in *Xbp1*<sup>Cart\_AEx2</sup> mice following destabilization of the medial meniscus.

In conclusion, we have demonstrated that XBP1 regulates chondrocyte proliferation and the timing of cartilage maturation and matrix mineralization during endochondral ossification. This study is the first to analyze the function of XBP1 in growth plate cartilage, and extends our understanding of how key UPR components interact with molecular pathways controlling physiological development.

#### **Author contributions**

Study design: TLC, ILG, KMB, KAP, RPB-H, LHG, MDB, JFB. Study conduct: TLC, ILG, KMB, CLH, LS, EMS, RW, KAP, JE. Data analysis: TLC, ILG, KMB, KAP, RW, JE, LGH, MDB, JFB. Data interpretation: TLC, ILG, KMB, KAP, JE, LGH, MDB, JFB. Drafting manuscript: TLC, JFB. Approving final version of manuscript: All authors.

#### Role of funding source

- 1. This work was funded by the National Health and Medical Research Council of Australia grant #607398 (JFB), the Victorian Government's Operational Infrastructure Support Program, and NIH Grant HD055601 (LHG).
- 2. These funding sources had no role in study design, collection, analysis or interpretation of data, or writing the manuscript, or decision to submit the manuscript.

#### **Conflict of interest statement**

The authors had no financial or personal relationships with people or organizations that could inappropriately bias the presented work.

#### Acknowledgments

The authors thank Dr Susan Donath (Murdoch Childrens Research Institute, Data Sciences Core) for statistical advice. MDB is the recipient of a Wellcome Trust Senior Research Fellowship in Basic Biomedical Science; Grant 084353/Z/07/Z.

### Supplementary data

Supplementary data related to this article can be found at http://dx.doi.org/10.1016/j.joca.2015.01.001.

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