Influence of operative strategy for the aortic arch in DeBakey type I aortic dissection: Analysis of the German Registry for Acute Aortic Dissection Type A

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Objective: Patients treated with an extensive approach including total aortic arch replacement for acute aortic dissection type A may have a favorable long-term prognosis by treating the residual false lumen. Our goal was to analyze the operative strategy for treatment of type I DeBakey aortic dissection from the German Registry for Acute Aortic Dissection Type A (GERAADA) data.

Methods: A total of 658 patients with type I DeBakey aortic dissection and entry only in the ascending aorta were identified in the GERAADA. Patients in group A underwent replacement of the ascending aorta with hemiarch replacement. Patients in group B received extensive treatment with total arch replacement or conventional or frozen elephant trunk.

Results: A total of 518 patients in group A and 140 patients in group B were treated. There was an overall 30-day mortality of 20.2% (n = 133). Group A had a slightly lower rate of mortality with 18.7% (n = 97) compared with 25.7% for group B (n = 36), but with no statistical significant difference (P = .067). The onset of new neurologic deficit (13.6% in group vs 12.5% in group B, P = .78) and new malperfusion deficit (8.4% in group A vs 10.7% in group B, P = .53) showed no statistical difference.

Conclusions: On analysis of the GERAADA data, it seems that a more aggressive approach of aortic arch treatment can be applied without higher perioperative risk even in the onset of acute aortic dissection type A. Long-term follow-up data analysis will be necessary to offer the optimal surgical strategy for different patient groups. (J Thorac Cardiovasc Surg 2012;144:617-23)

Acute aortic dissection type A (AADA) remains a challenging condition to manage. Despite improvements in preoperative diagnosis, surgical technique, and patient care, early mortality and morbidity remain high.¹ Conventional treatment for acute dissection is replacement of the ascending aorta often combined with a hemiarch replacement; however, this treatment leaves the downstream aorta untouched, and a residually dissected aorta has been demonstrated in up to 70% of patients.²⁻⁶ Because the residual dissection of the descending aorta carries the risk of progressive aneurysmal dilation,⁷ subsequent aortic reintervention of the descending aorta may be necessary, influencing the long-term benefits of the initial surgery.⁸⁻¹⁰ A more aggressive initial

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treatment with total arch repair, possibly with adjunct therapy of the descending aorta obliterating the false lumen, is propagated by several groups to decrease the incidence of late aortic complications.¹¹⁻¹³ However, other groups have demonstrated an increased risk of morbidity and mortality with extensive surgery of the downstream aorta, thus recommending a more conservative strategy limited to the ascending aorta and proximal arch.¹⁴⁻¹⁶

The German Registry for Acute Aortic Dissection Type A (GERAADA) is a web-based registry, initiated by the Working Group for Aortic Surgery and Interventional Vascular Surgery of the German Society for Thoracic and Cardiovascular Surgery. The GERAADA is presently the largest registry worldwide documenting patients undergoing surgery for AADA.¹⁷⁻²⁰ Analysis of the GERAADA gave us the opportunity to perform large cohort analyses of patients treated for DeBakey type I aortic dissection to compare the surgical outcome of patients treated by total arch replacement with those of hemiarch replacement with respect to early mortality and onset of new neurologic and malperfusion deficit.

MATERIALS AND METHODS Patients

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Disclosures: Authors have nothing to disclose with regard to commercial support. Jerry Easo and Ernst Weigang contributed equally to the article.

Received for publication June 4, 2011; revisions received July 13, 2011; accepted for publication July 27, 2011; available ahead of print Nov 18, 2011.

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We analyzed all patients with AADA enrolled between July 2006 and June 2010 in the GERAADA. The structure of this web-based registry has

Abbreviations and Acronyms			
AADA	= acute aortic dissection type A		
FET	= frozen elephant trunk		
GERAADA	= German Registry for Acute Aortic		
	Dissection Type A		
ICU	= intensive care unit		

been described.^{17,18} All patients with DeBakey type I aortic dissection were included, that is, a dissection of the ascending aorta extending over the aortic arch and involving the descending aorta. The localization of the intimal entry tear had to be limited to the ascending aorta. Patients demonstrating a tear (entry or reentry) of the transverse arch requiring a total or subtotal arch replacement were excluded from this cohort analysis. These patients were then divided into 2 groups. Group A had conventional treatment with replacement of the ascending aorta performed resecting the intimal tear. If necessary, treatment of the aortic valve was performed by valve resuspension, root reconstruction, or valve replacement. Hemiarch replacement was performed in a period of circulatory arrest with an open distal anastomosis. Group B had a more extensive surgery performed with total arch replacement, possibly in combination with an elephant trunk or frozen elephant trunk (FET) procedure.

Definition

Total arch replacement was defined as involving the total aortic arch with reimplantation of the supra-aortic vessels as an island or as individual branch grafts. Hemiarch replacement included the aortic arch beyond the level of the innominate artery with or without reimplantation of the arch vessels.

Neurologic deficit was defined as the presence of stroke, hemiparesis, paraparesis, aphasia, or coma. Malperfusion deficit was defined as signs attributable to disturbed blood flow to end-organ systems, such as myocardial, visceral, or peripheral limb malperfusion. Excessive bleeding was defined as more than 1000 mL over the initial 24-hour period.

Data Collection

Data were acquired by use of a standard online questionnaire developed by the GERAADA principal investigator. Data collected included patient demographics, preoperative and intraoperative status, postoperative complications, early results, and date of death. Data forms were delivered to the registry on the German Society for Thoracic and Cardiovascular Surgery homepage (available at: http://www.dgthg.de).

Statistical Analysis

Statistics are summarized as frequencies and percentages for categoric variables and as mean and standard deviation for continuous variables. Differences in baseline characteristics between patients who underwent total arch replacement or hemiarch replacement were compared using the t test or the Mann–Whitney U test for continuous variables and the chi-square test or Fisher exact test for categoric variables as appropriate. The descriptive statistics and tests have been analyzed referring to cases without missing values (complete case analysis). Influence of risk factors onto 30-day mortality, new neurologic deficit, and new malperfusion deficit were analyzed using logistic regression analysis. These factors included age; presence of aortic aneurysm; clinical presentation, such as necessary inotrope medication, preoperative cardiopulmonary resuscitation, pericardial tamponade, preoperative data, such as length of cardiopulmonary bypass, aortic clamp time, length of circulatory arrest, and cerebral perfusion.

RESULTS

Between July 2006 and June 2010, 50 centers participating in the GERAADA reported on 2137 patients. From this complete patient cohort, a subgroup of 658 patients was identified with a DeBakey type I aortic dissection and entry limited to the ascending aorta. All patients with an entry or reentry in the transverse arch or proximal descending aorta were excluded from the study. A total of 518 patients had replacement of the ascending aorta performed with a hemiarch replacement, and 140 patients had a more extensive and radical approach with total arch replacement, some with treatment of the descending aorta with the elephant trunk or FET procedure. Table 1 describes patient demographics, cause, clinical presentation, and imaging of patients with AADA. A total of 172 patients presented with an existing neurologic deficit preoperatively (26.1%; group A, 24.7% vs group B, 31.4%), and 261 patients presented with a preoperative malperfusion deficit (39.7%; group A, 38.2% vs group B, 46.4%).

The mean age of group A was 59.1 ± 13.3 years, similar to group B with a mean age of 58.3 ± 11.9 years. In group A, 62.6% were male, and in group B, 61.4% were male. Connective tissue disorders were rare, most patients presented with arterial hypertension, 26.5% of group A had an aortic aneurysm, 35.7% of group B presented with an aortic aneurysm (P = .03). Patients in group B had a higher frequency of cardiopulmonary resuscitation (P = .04); otherwise, the patients presented with relatively similar clinical conditions. Most patients were diagnosed by computed tomography and echocardiography; significantly more patients in group B had a diagnosis performed by echocardiography (P = .007) and angiography (P = .014).

All patients underwent surgery via a median sternotomy and cardiopulmonary bypass. The operative procedure was significantly shorter with hemiarch replacement (318.1 \pm 104.4 minutes) than with total arch replacement (390.4 \pm 137.3 min, *P* <.001), and the mean time of circulatory arrest was shorter for group A than for group B (24.3 \pm 14.4 minutes vs 44.8 \pm 29.7 minutes, *P* <.001). Further details are demonstrated in Table 2. The postoperative outcome showed a higher rate of rethoracotomy for group B (18.5% vs 28.6%, *P* = .013) and a higher rate of bleeding (22.3% vs 35.7%, *P* = .002). In group B, the postoperative intensive care unit (ICU) length of stay was longer (8.1 \pm 11.3 days vs 10.3 \pm 13.8 days, *P* <.001) and the hospital stay was longer (16.3 \pm 14.6 days vs 17.1 \pm 16.1 days, *P* <.001).

The onset of new neurologic deficit showed no difference between the 2 groups (13.6% vs 12.5%, P = .78). Patients with a preexisting neurologic deficit (n = 128 in group A and n = 44 in group B) were excluded from this analysis. The preoperative neurologic condition showed no influence on the type of surgery performed (24.7% vs 31.4%,

	Group A	Group B	
Variable	n = 518	n = 140	Р
Clinical characteristics			
Age (y)	59.1 ± 13.3	58.3 ± 11.9	
Gender: male	324 (62.6%)	86 (61.4%)	.84
Cause			
Arterial hypertension	283 (54.6%)	88 (62.9%)	.08
Aortic aneurysm	137 (26.5%)	50 (35.7%)	.03
Clinical presentation			
Cardiac tamponade	101 (19.5%)	36 (25.7%)	.12
Cardiopulmonary resuscitation	26 (5.1%)	14 (10%)	.04
Intubated by admission	87 (16.8%)	23 (16.4%)	1
Hemiplegia or hemiparesis	50 (9.7%)	14 (10%)	.87
Paraplegia or paraparesis	24 (4.63%)	12 (8.6%)	.09
Aphasia	13 (2.5%)	2 (1.4%)	.74
Diagnostic imaging			
Computed tomography	465 (89.8%)	123 (87.7%)	.54
Echocardiography	232 (44.8%)	81 (57.9%)	.007
Angiography	35 (6.7%)	19 (13.6%)	.014
Magnetic resonance	11 (2.1%)	4 (2.9%)	.53

TABLE 1.	Demographics, cau	se, clinical	presentation, a	and diagnostic
imaging				

P = .11). The presence of preoperative neurologic deficit showed no difference in postoperative mortality (32.8% vs 29.5%, P = .69); however, if patients underwent surgery without a preexisting neurologic deficit, group A demonstrated a lower risk of mortality than group B with the more extensive procedure (14.1% vs 24%, P = .02). A McNemar's test was performed investigating the influence of surgical procedure on the reduction of existing preoperative neurologic deficits; however, there were no significant differences to be seen.

Likewise, the analysis was performed for malperfusion. The onset of new malperfusion showed no significant difference (8.4% vs 10.7%, P = .53). Postoperative mortality in patients with preoperative malperfusion was similar (25.5% vs 33.8%, P = .19); in the absence of preoperative malperfusion, there was no significant difference (14.6% vs 18.7%, P = .37)

Overall mortality was 133 patients (20.2%), with a tendency to a lower rate of mortality in group A (18.7%) than in group B (25.7%), but without significant statistical difference (P = .07).

Logistic regression analysis of clinical presentation and surgery on 30-day mortality showed age (P = .0072), preoperative resuscitation (P = .041), length of cerebral perfusion (P = .0122), and length of circulatory arrest (P = .041) to be significant risk factors for early postoperative mortality (Table 3). Regression analysis investigating the influence of the type of surgery chosen demonstrated more extensive surgery with total arch replacement, but this was not a significant risk factor for the 30-day mortality (P = .11). Logistic regression analysis of clinical presentation and surgery for the onset of new neurologic deficit

	Group A	Group B	
Variable	n = 518	n = 140	Р
Surgical procedures			
Mean operative time (min)	318.1 ± 104.4	390.4 ± 137.3	<.001
Mean circulatory arrest time (min)	24.3 ± 14.4	44.8 ± 29.7	<.001
Degree of hypothermia (°C)	23.1 ± 4.1	23 ± 3.8	
Selective cerebral perfusion	347 (67%)	118 (84.2%)	<.001
Ascending aortic replacement	367 (70.9%)	89 (63.6%)	.09
Composite graft replacement	110 (21.2%)	39 (27.9%)	.11
David operation	33 (6.4%)	12 (8.6%)	.34
Yacoub operation	10 (1.9%)	5 (3.6%)	.33
Elephant trunk	0	48 (34.3)	<.001
CABG	49 (9.5%)	15 (10.7%)	.63
Valve replacement/repair	113 (21.8%)	41 (29.2%)	.07
Outcome			
Rethoracotomy	96 (18.5%)	40 (28.6%)	.013
Bleeding (>1000 mL)	116 (22.3%)	50 (35.7%)	.002
New incidence of neurology	53 (13.6%)	12 (12.5%)	.78
New incidence of malperfusion	27 (8.4%)	8 (10.7%)	.53
ICU length of stay (d)	8.1 ± 11.3	10.3 ± 13.8	<.001
Hospital length of stay (d)	16.3 ± 14.6	17.1 ± 16.1	<.001

TABLE 2. Surgical procedure and early postoperative outcome

CABG, Coronary artery bypass grafting.

showed no significant risk factors (Table 3). A logistic regression analysis for the onset of new malperfusion deficit demonstrated aortic aneurysm (P = .023), length of cerebral perfusion (P = .0064), and length of circulatory arrest (P = .021) to be risk factors (Table 3).

DISCUSSION

The long-term benefits of the surgical treatment for AADA may be influenced by the presence of a patent false lumen of the untreated descending aorta, seen in up to 70% of patients treated for AADA.¹ The residually dissected downstream aorta has been shown to be a significant risk factor for descending aortic aneurysm formation.⁷ Because anastomotic leakage or small tears in the descending aorta can exist after replacement of the ascending aorta or hemiarch, the false lumen is susceptible to dilation because of shear stress acting on the proximal descending aorta.¹³ In previous studies, aneurysmal dilation occurred in 15% to 60% within 10 years,^{2,5,6} and as many as 25% required second surgery within 5 to 10 years.^{3,4,21}

Several groups propagate a more extensive approach for the treatment of AADA with total arch replacement to decrease the prevalence of a patent false lumen by maximizing the resection of entry tears.^{11,22-24} Kazui and colleagues¹¹ reported subsequent dilation of the most susceptible parts of the false lumen to be prevented when the descending aorta was repaired up to the mid-portion using the elephant trunk technique. The clinical data presented show excellent

Variable	OR	95% CI	Р
30-d mortality for all patients			
Age*	1.05	1.01-1.08	.0072
Aortic aneurysm	0.74	0.32-1.72	.48
Preoperative resuscitation	4.99	1.07-23.20	.04
Preoperative inotrope medication	1.21	0.41-3.58	.74
Pericardial tamponade	2.12	0.8-5.65	.13
Gender	1.15	0.53-2.51	.71
Operative time [†]	1.01	0.99-1.01	.11
Cardiopulmonary bypass time [†]	1.01	0.99-1.01	.18
Aortic clamp time [†]	1.01	0.99-1.01	.69
Length of cerebral perfusion [†]	0.95	0.92-0.99	.01
Length of circulatory arrest	1.04	1.00 - 1.07	.04
Hemiarch replacement	0.49	0.20-1.2	.11
New neurologic deficit			
Age*	1	0.97-1.03	.73
Aortic aneurysm	0.38	0.15-0.99	.05
Preoperative resuscitation	2.58	0.57-11.67	.22
Preoperative inotrope medication	1.36	0.47-3.95	.58
Pericardial tamponade	1.02	0.36-2.88	.97
Gender	1.29	0.63-2.66	.49
Operative time [†]	1.00	0.99-1.01	.54
Cardiopulmonary bypass time [†]	0.99	0.99-1.01	.62
Aortic clamp time [†]	1.0	0.99-1.01	.44
Length of cerebral perfusion [†]	1.0	0.98-1.02	.90
Length of circulatory arrest ⁺	0.99	0.97-1.02	.56
Hemiarch replacement	1.16	0482.79	.73
New malperfusion deficit			
Age*	1.02	0.99-1.06	.24
Aortic aneurysm	0.26	0.083-0.084	.02
Preoperative resuscitation	3.75	0.59-23.96	.16
Preoperative inotrope medication	0.59	0.15-2.27	.43
Pericardial tamponade	3.03	0.99-9.26	.05
Gender	1.14	0.47-2.79	.77
Operative time ⁺	1.01	1.00-1.01	.10
Cardiopulmonary bypass time†	1.0	1.00-1.01	.33
Aortic clamp time [†]	0.99	0.98-1.0	.06
Length of cerebral perfusion [†]	0.93	0.88-0.98	.006
Length of circulatory arrest	1.06	1.01-1.12	.02

TABLE 3. Binary logistic regression analysis for 30-day mortality, new neurologic deficit, and new malperfusion deficit

OR, Odds ratio; CI, confidence interval. *OR calculated over a 5-year time interval. †OR calculated over 60-minute time intervals

0.3

0.10 - 0.86

.02

Hemiarch replacement

operative results with a low rate of mortality. Patients who underwent total arch replacement showed a more favorable outcome in terms of progressive aortic enlargement than those with only ascending aorta and hemiarch replacement.¹³ Other surgeons advocated insertion of a small elephant trunk during replacement of the aortic arch to exclude small intimal tears adjacent to the anastomosis.²⁵ Complete thrombosis of the false lumen in the proximal descending aorta was achieved in 43.2% of patients at discharge and in 100% of patients at 3 years after treatment for AAD surgery.²⁶

Several groups propagate an even more aggressive treatment in the setting of AADA, with an antegrade stenting of the descending aorta over the open aortic arch in circulatory arrest using the FET technique. Uchida and colleagues¹³ performed the FET procedure in patients aged less than 70 years with AADA and obtained good long-term results; the procedure was also selected for patients with a narrowing of the true lumen, which may lead to malperfusion of the visceral branches.¹³ In-hospital mortality for the FET technique was excellent at 4.6%. Long-term results demonstrated a survival of 95.3% at 5 years and an event-free rate of 95.7% at 5 years compared with 73.0% for patients with hemiarch replacement for AADA. Tsagakis and colleagues²⁷ also demonstrated good operative results with an in-hospital mortality of 12% and 92% immediate false lumen thrombosis in the perigraft stent level for AADA with the use of the Evita Open prosthesis.²⁷

These results encourage the more extensive and radical approach for treatment for AADA, but at the cost of a more invasive and complicated surgical procedure. The longer periods of myocardial ischemia and circulatory arrest are inevitable in extensive arch surgery directly related to cardiac and cerebral injuries, as well as organ dysfunction. Concomitant distal aortic arch manipulation has been demonstrated to increase the risk of mortality and morbidity by several groups.¹⁴⁻¹⁶ Furthermore, various studies have documented the natural course of the dissected descending aorta after AADA. Sabik and colleagues²⁸ showed that the residual dissected aorta did not decrease late survival and demonstrated a low risk of aneurysmal change and reoperations for at least 10 years. Crawford and colleagues¹⁴ showed 70% of surviving patients with DeBakey type I dissection did not have a second aortic operation for aneurysmal dilation of the distal false channel, but this did not include the patients in whom an intimal tear in the transverse aortic arch was included in the resection. Dobrilovic and Elefteriades²⁹ demonstrated a need for reoperation in only 2% of patients for dilation of the descending aorta after analysis of the Yale Center for Thoracic Aortic Disease database, with a growth rate of only 0.28 cm per year. Kim and colleagues³⁰ recently described a poorer survival and neurologic outcome for patients with total arch replacement. In their study, the rate of reoperation was not affected by the type of surgery for AADA, and the reoperations were performed without significant mortality or morbidity.

It is clear that the controversial data setting confuses choosing the optimal therapeutic regimen for treatment of this life-threatening disease. Clinical studies to date have limitations with small patient groups and biased patient selection influencing postoperative results and their interpretation. Use of the GERAADA, the largest worldwide registry for the treatment of AADA, allowed us to analyze a large patient cohort focusing on the influence of the

operative strategy chosen for the aortic arch and its influence on mortality, as well as the onset of new neurologic and malperfusion deficit.

Postoperative mortality was 20.2% for patients with De-Bakey type I dissection in the GERAADA. A tendency for lower postoperative mortality in those receiving hemiarch replacement compared with total arch replacement (18.7% vs 25.7%) fails to be statistically significant; however, the less aggressive procedure is favored. The analysis investigating intra- and postoperative data shows results comparable to data provided by other groups investigating outcomes after surgery for AADA.³¹ Patients treated for AADA often have a complicated postoperative recovery; age, renal failure, prolonged hypothermic circulatory arrest, and postoperative pulmonary dysfunction are some of the risk factors for prolonged ICU stay and predictors of mortality.³² This may be a reason for the relatively long period of re-convalescence, reflected by the long period of ICU and hospital stays. Higher rates of rethoracotomy (P = .013)and excessive bleeding (>1000 mL/d) (P = .002) demonstrate the postoperative complications caused by the coagulopathic disorders induced by hypothermia and influence the length of ICU and hospital stays.

Cerebral perfusion deficit has been demonstrated to be a major risk factor in AADA³²⁻³⁴ and is often a reason for delaying surgical repair. The onset of new neurologic deficit shows no difference between the hemiarch and total arch groups (13.6% vs 12.5%, P = .78), unlike the findings of Kim and colleagues³⁰ of more frequent neurologic dysfunction in patients receiving total arch replacement. Overall onset of neurologic dysfunction is similar to that in other reports, with 13.4% after surgery. Uchida and colleagues¹³ described excellent results with no new cerebral deficits and spinal cord injury postoperatively. The GERAADA, with 50 heart centers with different experience in aortic surgery involved, could not reproduce such results. Kim and colleagues³⁰ describe complications with new onset of neurologic dysfunction in 31.4%, and Kallenbach and colleagues³⁵ demonstrated neurologic complications in 22% of 295 patients treated for AADA in Hannover. Further analysis was performed on what influence the preoperative neurologic status had on the decision on type of surgery. The rationale behind this analysis is a simple algorithmic decision. Did the complex situation with existing preoperative neurologic impairment, such as hemiparesis, paraparesis, aphasia, or coma, prompt the surgeon to choose a quicker and less-invasive procedure with less anticipated perioperative and early postoperative complications? Even here no difference was seen, with 24.7% with preoperative neurologic deficit in group A and 31.4% operated in group B (P = .11).

End-organ malperfusion and ischemia develop in 16% to 30% of patients with AADA,³⁶⁻⁴⁰ resulting in a postoperative mortality of up to 89% in patients with

a preexisting malperfusion pathology.³⁹ Prolonged endorgan ischemia induces a rapid inflammatory cascade, which increases the operative risk dramatically. Different operative strategies have been developed to address this preoperative risk constellation, such as dissection membrane fenestration with subsequent surgical repair after the inflammatory cascade subsides. However, this delays treatment of the dissected aorta, increasing the risk of aortic rupture or dissection-related complications.⁴¹ Other groups propagate immediate surgical treatment of the dissected aorta with the rationale of restoring perfusion over the true lumen and thus resolving a major group of malperfusion pathology. Fann and colleagues³⁸ demonstrated only a minority of patients requiring additional procedures after central aortic repair and a similar rate of mortality in the presence or absence of malperfusion before surgical treatment. The prognosis of patients with preoperative malperfusion remains poor, and prolonged periods of cardiopulmonary bypass and large volume blood resuscitation may contribute to a large capillary leak and end-organ damage.³⁶ In view of the patient analysis, 39.7% of patients presented with a malperfusion deficit, including coronary, spinal, visceral, or peripheral limb ischemia. There was no difference in the onset of new malperfusion deficit after surgical treatment between the 2 groups (P = .53).

CONCLUSIONS

On analysis of the GERAADA data, it may be concluded that the more extensive treatment with total arch replacement and possibly adjunct therapy of the descending aorta can be performed in patients with AADA at an acceptable operative risk comparable to the standard treatment with replacement of the ascending aorta. Immediate postoperative complications, such as excessive bleeding and frequency of rethoracotomy, are higher; however, the 30-day mortality and onset of new neurologic and malperfusion deficit showed no significant difference. In the absence of preexisting neurologic deficits, subgroup analysis demonstrates a higher mortality for patients treated with total arch replacement.

Study Limitations

Limitations of the study are clear; factors such as case volume per center, experience of the individual surgeon, aortic wall quality, and institutional philosophy influence the decision for method of treatment and cannot be taken into account in this analysis. The goal of this registry analysis is not to propagate or criticize a more radical aortic arch approach of treatment for AADA. A more conservative surgical treatment of AADA without aortic arch replacement allows consistently good operative results when performed by experienced surgeons. Total arch replacement may contribute to a positive outcome of the proximal descending aorta, but the distal descending aorta and abdominal aorta may still be prone to aneurysmal dilation. Long-term results are presently not obtained by the registry data, which are clearly necessary to justify the necessity of possible aortic reintervention for patients treated for AADA by the differing surgical approaches. Modifications of the GERAADA address this issue with yearly follow-up data up to 10 years after surgery included for a more thorough analysis of patients with AADA.

The authors thank the centers participating in the GERAADA: Herzzentrum Leipzig, Klinik für Herzchirurgie, Leipzig, Germany; Universitätsklinikum Frankfurt, Abteilung für Thorax-, Herz- und Thorakale Gefäßchirurgie, Frankfurt am Main, Germany; Universitäres Herz- und Kreislaufzentrum Freiburg - Bad Krozingen, Abteilung für Herz- und Gefäßchirurgie, Freiburg, Germany; Universitätsklinikum Heidelberg, Abteilung für Herzchirurgie, Heidelberg, Germany; Klinikum Augsburg, Klinik für Herz- und Thoraxchirurgie, Augsburg, Germany; Universitätsklinikum Tübingen, Klinik für Thorax-, Herz- und Gefäßchirurgie, Tübingen, Germany; Klinikum der Ludwig-Maximilians-Universität München-Großhadern, Herzchirurgische Klinik und Poliklinik, München, Germany; Universitäres Herzzentrum Hamburg, Klinik und Poliklinik für Herz- und Gefäßchirurgie, Hamburg, Germany; Universitätsmedizin Mainz, Klinik für Herz-, Thoraxund Gefäßchirurgie, Mainz, Germany; Städtisches Klinikum Braunschweig, Klinik für Herz-, Thorax- und Gefässchirurgie, Braunschweig, Germany; Klinikum Oldenburg, Klinik für Herzchirurgie, Oldenburg, Germany; Inselspital Bern, Universitätsklinik für Herz- und Gefässchirurgie, Bern, Switzerland, Herz- und Gefäß-Klinik Bad Neustadt, Abteilung für Kardiochirurgie, Bad Neustadt, Germany; Westdeutsches Herzzentrum Essen, Klinik für Thorax- und kardiovaskuläre Chirurgie, Essen, Germany; Allgemeines Krankenhaus - Universitätskliniken Wien, Abteilung für Herz- und Thoraxchirurgie, Wien, Austria, Universitätsklinikum Ulm, Klinik für Herzchirurgie, Ulm, Germany; Schüchtermann-Klinik Bad Rothenfelde, Abteilung für Herzchirurgie, Bad Rothenfelde, Germany; Herzzentrum Dresden, Klinik für Kardiochirurgie, Dresden, Germany; Universitätsklinikum Schleswig-Holstein Campus Lübeck, Klinik für Herzchirurgie, Lübeck, Germany; Universitätsklinikum Bonn, Klinik und Poliklinik für Herzchirurgie, Bonn, Germany; Kerckhoff-Klinik, Abteilung für Herz- und Thoraxchirurgie, Bad Nauheim, Germany; Klinikum Nürnberg, Klinik für Herzchirurgie, Nürnberg, Germany Universitätsklinikum Würzburg, Klinik und Poliklinik für Thorax-, Herz- und Thorakale Gefäßchirurgie, Würzburg, Germany; Herzzentrum Duisburg, Klinik für Thorax- und Kardiovaskularchirurgie, Duisburg, Germany; Universitätsklinikum des Saarlandes Homburg, Klinik für Thorax- und Herz-Gefäßchirurgie, Homburg, Germany; Klinikum Kassel, Klinik für Herz-, Thorax- und Gefäßchirurgie, Kassel, Germany; Universitätsklinikum Münster, Klinik und Poliklinik für Thorax-, Herz- u. Gefäßchirurgie, Münster, Germany; Klinikum Passau, Klinik für Herzchirurgie, Passau, Germany; Albertinen-Krankenhaus Hamburg, Abteilung für Kardiochirurgie, Hamburg, Germany; Herz- und Diabeteszentrum Nordrhein-Westfalen, Abteilung für Thorax- und Kardiovaskularchirurgie, Bad Oeynhausen, Germany; Universitätsklinikum Schleswig-Holstein Campus Kiel, Klinik für Herz- und Gefäßchirurgie, Kiel, Germany; Universitätsklinikum Aachen, Klinik für

Thorax-, Herz- und Gefäßchirurgie, Aachen, Germany; Herzzentrum Lahr/Baden, Lahr, Germany; Klinik für Herzchirurgie Karlsruhe. Karlsruhe, Germany; Bundeswehrzentralkrankenhaus Koblenz, Abteilung für Herz- und Gefäßchirurgie, Koblenz, Germany; Schön Klinik Vogtareuth, Klinik für Herzchirurgie, Vogtareuth, Germany; Herz- und Gefäßzentrum Bad Bevensen, Klinik für Herz-Thorax-Chirurgie, Bad Bevensen, Germany; Universitätsklinikum Rostock, Klinik und Poliklinik für Herzchirurgie, Rostock, Germany; Westpfalz-Klinikum Kaiserslautern, Thorax-, Herz- und Gefäßchirurgische Klinik, Kaiserslautern, Germany; Robert-Bosch-Krankenhaus Stuttgart, Klinik für Herzund Gefäßchirurgie, Stuttgart, Germany; Klinikum Fulda, Klinik für Herz- und Thoraxchirurgie, Fulda, Germany; HELIOS Klinikum Wuppertal, Klinik für Herzchirurgie, Herzzentrum, Wuppertal, Germany; Universitätsklinikum Jena, Klinik für Herz- und Thoraxchirurgie, Jena, Germany; Zentralklinik Bad Berka, Klinik für Kardiochirurgie, Bad Berka, Germany; Herzzentrum des Universitätsklinikums Köln, Klinik für Herz- und Thoraxchirurgie, Köln, Germany; MediClin Herzzentrum Coswig, Klinik für Herz- und Gefäßchirurgie, Coswig, Germany; Medizinische Hochschule Hannover, Klinik für Herz-, Thorax-, Transplantaund Gefäßchirurgie, Hannover, Germany; Sana tions-Herzchirurgische Klinik Stuttgart, Stuttgart, Germany; Martin-Luther-Universität Halle-Wittenberg, Universitätsklinik und Poliklinik für Herz- und Thoraxchirurgie, Halle, Germany; and Klinikum Links der Weser Bremen, Klinik für Thorax-, Herzund Gefäßchirurgie, Bremen, Germany.

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