

treated with doxorubicin and trastuzumab, while at the same time, preventing any detrimental side effects on cardiac health.

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tion (LT) and would like to congratulate the investigators on a comprehensive and thorough review.

We disagree, however, with a comment made in the section on heart failure and cardiomyopathy and the evidence provided in the report. The investigators, quite rightly, recommend that all patients undergo pre-operative transthoracic echocardiography, a practice routinely undertaken at LT centers. They then state that patients with left ventricular ejection fractions as low as 10% have successfully undergone LT after aggressive medical management, citing a Canadian case series (2). We believe this deserves further analysis. The publication describes 4 patients with end-stage hypertrophic, dilative, and ischemic cardiomyopathy who underwent combined cardiac transplantation and LT on cardiopulmonary bypass. All patients were highly symptomatic, with New York Heart Association functional class III or IV heart failure, and 3 had congestive cirrhosis due to right ventricular failure. It appears as if the primary indication for transplantation was cardiac, but heart transplantation alone was not possible, because of end-stage liver disease. We believe that the term “aggressive medical management” is misleading in this context and does not appropriately describe the complexity of the procedures performed. We strongly believe that severe and symptomatic heart failure is an absolute contraindication for LT, unless a combined heart and liver transplantation procedure is considered.

In the section on recommendations for assessment, the role of cardiopulmonary exercise testing, in particular the assessment of aerobic capacity, was not commented on. The most sensitive index of aerobic capacity is oxygen consumption at peak exercise (peak  $\text{VO}_2$ ). Evaluation of peak  $\text{VO}_2$  is increasingly used at LT centers as part of the routine assessment. Dharancy et al. (3) demonstrated that a peak  $\text{VO}_2$  of <60% was associated with reduced 1-year survival in patients listed for LT. The predictive ability of peak  $\text{VO}_2$  was more evident in patients with Model for End-Stage Liver Disease scores >17.

In summary, severe left ventricular failure remains in our view an absolute contraindication for LT despite aggressive medical management. Dynamic cardiopulmonary testing and assessment of aerobic capacity provides important prognostic information and should be considered in all patients undergoing elective LT assessment.

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## Cardiovascular Risk Assessment of Liver Transplantation Candidates

We read with great interest the report by Raval et al. (1) on cardiovascular risk assessment of candidates for liver transplanta-

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## Reply

We appreciate the comments of Dr. Joshi and colleagues regarding our report on the cardiovascular risk assessment of candidates for liver transplantation (1).

We agree that liver transplantation in patients with severe left ventricular systolic dysfunction carries a higher risk for cardiovascular complications and mortality. These patients should be thoroughly evaluated, as we have described, and would benefit from referral to higher volume transplantation centers with experience in caring for such patients. As noted in our report, and by Joshi et al., there have been case reports of successful transplantation in such patients, often requiring combined liver and heart transplantation (2). Several potential etiologies of systolic dysfunction in patients with end-stage liver disease have been described, and some may be reversible (3,4). Therefore, we do not consider severe systolic dysfunction to be an absolute contraindication to liver transplantation. However, liver transplantation in this patient type should be undertaken only at centers with advanced heart failure programs.

With regard to the utility of the measurement of oxygen consumption at peak exercise to assess aerobic capacity, this is certainly another piece of information that can be added to the cardiologist's armamentarium when performing a cardiovascular risk assessment of a liver transplantation candidate. In a multivariate analysis, it was associated with 1-year survival and was also associated with post-operative complications in sicker patients (5). Although we do not believe that this should be a sole reason for exclusion for liver transplantation candidacy, we agree that it may aid in assessing cardiovascular risk.

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## The Role of Platelet Function Testing and Genotyping in the Stented Patient Treated With Clopidogrel

We read with interest the study of Campo et al. (1). Their observation that P2Y<sub>12</sub> reaction units (PRU) decreased at 1 month compared to baseline in patients receiving clopidogrel undergoing percutaneous coronary intervention (PCI) is similar to our report in 2003 (2), where ~30% of patients were resistant at 1 and 5 days post-PCI, and 15% were resistant at 30 days. Similar observation of lower prevalence of 30-day high platelet reactivity compared to 12 to 24 h post-stenting was also reported recently (3). We further presented similar PRU levels at 24 h after 600 mg loading and just before the last maintenance dose at 6 weeks (4). Mean PRUs at 8 h after last maintenance dose decreased by ~25. These findings indicate the “booster” effect of the last maintenance dose by new active metabolite generation. Therefore, clopidogrel response is significantly influenced by measured time after clopidogrel administration even during the maintenance phase. In the study by Campo et al. (1), a decrease in PRU levels at 1 month may be partially related to measured time (~25 PRU in stable patients). However, Campo et al. (1) did not mention the timing of measurements with respect to the last dose administration.

Another important issue is that the post-PCI event occurrence reported by Campo et al. (1) is relatively discordant with most PCI-related studies demonstrating more frequent events within 30 to 60 days post-PCI. Interestingly, the first ischemic event in Campo et al. (1) occurred at ~50 days post-PCI (estimated from Fig. 3 of Campo et al. [1]).

In multivariate analysis, *CYP2C19\*17* variant and 30-day PRU together were independent determinants of bleeding, implicating that *CYP2C19\*17* effect on bleeding may be independent of clopidogrel response, which requires further explanation. Although platelet function testing and genotyping may play complementary roles in tailoring antiplatelet therapy, numerous clinical factors including drug-drug interaction may influence the magnitude of platelet reactivity and clinical outcomes. In the future, a comprehensive algorithm including clinical as well as laboratory findings may optimize outcomes in the era of potent P2Y<sub>12</sub> inhibitors.

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