

A1863 JACC April 1, 2014 Volume 63, Issue 12

TCT@ACC-i2: The Interventional Learning Pathway

IS PULSE OXIMETRY ADEQUATE IN MONITORING PATIENT'S RESPIRATORY STATUS DURING CARDIAC CATHETERIZATION WITH CONSCIOUS SEDATION?

Poster Contributions Hall C Sunday, March 30, 2014, 3:45 p.m.-4:30 p.m.

Session Title: Complexities and Complications Abstract Category: 38. TCT@ACC-i2: Complex Patients/Comorbidities Presentation Number: 2108-301

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Background: Benzodiazepines and opioids are commonly used for conscious sedation (CS) during cardiac catheterization (CC), but predispose patients to respiratory acidosis and hypoxemia. However, in the CC, only pulse oximetry is used to monitor a patient's respiratory status. We studied the effects of these drugs on acid base imbalance during conscious sedation and if pulse oximetry is adequate at monitoring respiratory status during conscious sedation.

Methods: We enrolled 18 patients (pts) undergoing elective CC. Measurement of arterial blood gas at one minute intervals was done from the moment of arterial access until case end. The results were blinded to the operator. Relationships of pH, PCO2, and PaO2 were studied by plotting a time series graph. Significant changes were defined as pH <7.30, PaO2 50 mm Hg.

Results: No significant change in pH, PCO2 and PaO2 was noted in 4/18 (22%) pts. Significant change PCO2 and PH were noted in 11/18 (61%) cases. There was no drop in SaO2 in 7 of these 11 (63.6%) pts on supplementary O2 but continued respiratory acidosis (figure). 5/18 (28%) patients' at the end of the case remained hypercarbic and acidotic with normal PO2.

Conclusion: Significant hypercarbia and acidosis occurred frequently during conscious sedation in CC patients. Relying on pulse oximetry in patients with supplemental oxygen may lead to undetected respiratory acidosis in significant number of patients.

