the more detailed explanations and proofs are relegated to the appendix. A useful common thread in this section and throughout the entire book is the comparison of the relative strengths of the multitude of forces that act upon small molecules. The first section will go a long way in guiding the less physically or mathematically inclined to a better understanding of principles critical to single molecule processes.

The second section advances beyond hypothetical proteins to the three major cytoskeletal filament systems—actin filaments, microtubules, and intermediate filaments. After concise chapters about the structure and mechanics of the cytoskeleton, the focus of the section is three chapters that discuss the forces and process of polymerization. Unfortunately, the first of these chapters discusses multiple simplistic models of polymerization that ignore the role of nucleotide hydrolysis in polymerization. While this was seemingly done to allow the reader to better appreciate the role of nucleotide hydrolysis discussed later, this approach may make the subject more difficult for those that are not already familiar with current models of dynamic instability.

The heart of Mechanics is definitely the five-chapter motor proteins section, where motility models are examined from four distinct points of view: structure, speed, ATP hydrolysis, and step forces of motor proteins. The structural chapter provides a synopsis of several decades of structural studies into the different motor families. As such, it does not provide all the details of structural conformations involved in the mechanochemical cycle, but it illustrates the similarities between kinesin and myosin and provides a good foundation for the following chapters. The next two chapters do a superb job relating the duty cycle of motors (the percentage of time they are bound to the cytoskeleton) to the speed and processivity of motors, and describing the ATP hydrolysis cycle of motors in an intelligent fashion. These concepts are not easy to convey, and Howard's treatment of these subjects is a strength of the book. Examinations of motor step sizes and the forces involved using optical tweezers are among some of the more glamorous experiments in biology, and the chapter describing these experiments both portrays how these experiments are carried out and provides the main conclusions of studies on multiple motors.

The last chapter examines myosin and kinesin motility and attempts to summarize and integrate concepts discussed throughout the book by relating the microscopic single molecule and macroscopic in vivo worlds of motors. Howard's personal model of how two-headed kinesin may move hand-over-hand is presented at the expense of other models that are present in the field. I would have preferred active and in depth discussion of the strengths and weaknesses of multiple models from the mechanical perspective provided throughout the book. For this reason, future readers of the book may want to remember that *Mechanics* does not always relate all sides of the motor story.

Mechanics is not meant to be an all-inclusive tome on motor proteins; it succeeds by focusing specifically on the mechanics of molecules involved in cellular motility. The book is a great launching point for gaining a biophysical understanding of the current detailed literature of motility which is increasingly filled with mathematical models describing motility data. As such, it will benefit students of a wide range of biological and physical backgrounds who are interested in understanding the nuts-and-bolts of cellular motility. The organization and reductionist theme of the book readily lend themselves to discussion of basic physical concepts and principles. In summary, *Mechanics* provides an oblique and refreshing perspective to the motility field that will guide those new to the field to an appreciation of the mechanics of cellular motility.

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Endocytosis: Molecules, Membranes, and Movements

Endocytosis Edited by Mark Marsh Oxford: Oxford University Press (2001). 306 pp. \$55.00

In transmission electron micrographs, the peripheral cytosol of a typical eukaryotic cell is dominated by a profusion of membrane-bound organelles and small membrane intermediates. Several decades ago, these images, along with emerging subcellular fractionation techniques, led to the birth of the field of intracellular protein trafficking. In time, the internal membranebound structures that sparked this line of investigation were characterized, revealing a central tenet of membrane-based protein and lipid movements within the cell: the endoplasmic reticulum-Golgi complex-plasma membrane-endosome-lysosome interrelationship. We know now that the morphological complexity of these static images belies the dynamic nature of membrane traffic within the cell. Lipid and protein flux is relentless and organelle identity is only maintained by complex sorting decisions and precise targeting mechanisms.

Endocytosis is the process of internalization and subsequent sorting of macromolecules from the cell exterior. The endocytic pathway thus shuttles material along specific but varied itineraries between the plasma membrane, endosomes, lysosomes, and the Golgi apparatus. Endosome, of course, does not describe a single, morphologically homogeneous functional organelle, but is rather a blanket term for a malleable and pleiomorphic population of membrane structures charged with overseeing diverse trafficking operations with a high degree of fidelity. Here, form recapitulates function. Shortly after uptake, membrane-bound transport carriers fuse to form early endosomes. These peripherally located early endosomes quickly and efficiently segregate recycling plasma membrane proteins into thin tubular emanations for passage back to the surface. Material destined for deeper endocytic elements remains within a central globular core. With ongoing membrane fission and fusion events and migration toward the perinuclear region of the cell, the central portion of an early endosome metamorphs into an elaborate network of internal whorls and vesicles, the multivesicular late endosome. Specific membrane regions of endosomal structures are thus embodied with distinct sorting, retention, and partitioning domains (Sonnichsen et al., J. Cell Biol. 125, 1015-1024, 2000). Molecular integration and kinetic interplay of these sorting domains determines individual trafficking circuits within the overall compartment. If one is left with a single overriding impression on completing Endocytosis, it must be that the diversity and operation of the protein machinery orchestrating these steps is truly remarkable, outstripping the morphological complexity of the endocytic compartment many fold.

One process that is considerably more complex than initially suspected is the formation of endocytic clathrincoated vesicles. These vesicular carriers are perhaps the major portal of entry into most cell types and important developments in this area are chronicled in chapter 1, and also in chapter 2, which counterpoints clathrindependent and -independent uptake. It has long been established that, in vitro, the principle coat components, purified clathrin trimers and the AP-2 adaptor complex, can assemble into polyhedral structures remarkably similar in morphology to clathrin-coated buds and vesicles. With the demonstration of direct protein-protein interactions between AP-2 and select cargo proteins, the central working paradigm for coat-assisted vesicle transport was set: adaptors, living up to their name, provide the molecular link between coat assembly and cargo selection. Yet, in living cells, things are not quite so simple. While AP-2 binds to cargo (and clathrin) only weakly, interactions with other, previously unrecognized noncargo proteins are substantially more robust. Proteins like amphiphysin, eps15, dynamin, synaptojanin, epsin, numb, HIP1, and Dab2 arrived. Complex webs of protein-protein connections, driven largely via modular interaction domains, unearthed still more proteinsintersectin, endophilin, and syndapin. These additional proteins are known to have important functions in endocytosis and are not simply onlookers in the process. But why are so many endocytic cofactors, or accessory proteins as they have come to be termed (Slepnev and De Camilli, Nat. Rev. Neurosci. 1, 161-172, 2000), needed? Ideas on the role of some of the accessory proteins in clathrin-coat assembly are presented in chapters 1 and 2 and also briefly in chapter 9. No current model integrates mechanistically all of the accessory proteins into the process of clathrin-coat assembly and budding, but these chapters are clear and thorough, leaving the reader with a good overall picture of the process. Since the first portion of the book is structured as if progressing from the cell exterior to deep within the endocytic pathway, what is known of the molecular basis of alternate internalization routes, phagocytosis and macropinocytosis, is covered in the subsequent two chapters.

The section covering late endosomes and lysosomes (chapter 6) deftly highlights yet another important principle of intracellular trafficking-phylogenetic conservation and the complementarity of yeast and mammalian studies. We learn that material destined for lysosomal degradation transits the late endosome but must be segregated from the reused components that are spared destruction when the late endosome fuses with the lysosome. Morphological studies show that before encountering the lysosome, epidermal growth factor receptors (EGFR) move into intralumenal endosomal elements. In Saccharomyces cerevisiae, late endosomes are not usually discernible morphologically, but correct delivery to the yeast equivalent of the lysosome, the vacuole, also depends on the formation of multivesicular endosomes. Genetic screens have uncovered two lipid kinases, Vps34p and Fab1p (sequentially producing phosphatidylinositol 3-phosphate and phosphatidylinositol 3,5bisphosphate), that are essential for involution of endosomal membranes and for proper targeting of vacuolar proteases. Homologs of these regulatory inositide kinases exist in mammals, and trafficking phenotypes remarkably similar to yeast kinase mutants can be induced in cultured cells with the lipid-kinase inhibitor wortmannin. Yet making the inwardly oriented buds is not sufficient to ensure delivery of appropriate cargo into intralumenal structures. Active sorting is of course required and here, it has just emerged, ubiquitin has been exploited (Katzman et al., Cell 106, 145-155, 2001). A molecular complex of three class E vacuolar protein sorting (vps) proteins, Vps23p, Vps28p, and Vps37p regulates passage of monoubiquitin-tagged molecules into the involuting vesicles. This sorting paradigm is clearly evolutionarily conserved because ubiquitination of the EGFR by the c-Cbl E-3 ligase propels the activated receptor toward the lysosome. This directed movement of the EGFR is counteracted by mutation of tumor susceptibility gene (Tsg) 101, the mammalian Vps23p ortholog. In Tsg101 mutants, activated EGFR spills back out onto the cell surface because they are not sorted properly into multivesicular endosomes. Broad phylogenetic conservation is also clear in the discussion of macropinocytosis (chapter 4) and in the consideration of endocytosis in learning and memory (chapter 9). The actin cytoskeleton plays a prominent role in endocytosis in yeast (chapter 10), but conservation of this aspect in higher organisms is only now becoming apparent.

Throughout the book, common principles are apparent: signal-dependent protein sorting, the prominent role of the cytoskeleton and, perhaps the most universal of concepts, SNARE and Rab-protein regulated membrane fusion underpinning compartmental specificity. Cell-specific adaptations, as in antigen presentation, are also carefully covered in Endocytosis. For the nonimmunologist, chapter 8 provides a particularly clear and well illustrated overview of how, within the endocytic compartment, antigenic peptides are produced from endocytosed macromolecules, loaded onto major histocompatibility complex class II, and then redirected back to the cell surface. In recent years, microorganisms have also provided some important insights, and subversion of the endocytic pathway by various pathogens is considered in the final chapter. Because the multivesicular endosome is a critical junction of trafficking paths, it is frequently a site of modulation. For example, it has just been found that activated dendritic cells remodel multivesicular endosomes by regurgitating internal membrane components, in the form of long tubules, back to the plasma membrane (Kleijmeer et al., J. Cell Biol. 155, 53–63, 2001). This allows for rapid presentation of processed antigen to T lymphocytes. The very recent demonstration that ubiquitinated HIV Gag protein hijacks Tsg101 to drive virus particle budding from the cell surface (Garrus, et al., Cell 107, 55–65, 2001) is another particularly striking example. It will be interesting to learn whether retrovirus budding also requires focal synthesis of particular polyphosphoinositides, possibly offering novel therapeutic approaches.

The group of contributors Mark Marsh has assembled are all prominent figures in the field but, being an anthology, styles and depth of coverage varies. Still, a huge volume of information is synthesized and relayed to the reader. Thus, Endocytosis will certainly be a valuable addition for students since it is pitched between the necessarily constrained standard cell biology textbooks and the immense primary literature. Researchers already immersed in the field will also benefit from having a reference copy in the lab. Those just drawn to the subject may appreciate the historical perspectives provided in several of the chapters, giving an important sense of chronology. That said, the brisk pace of advance in this area makes the collection likely to age rapidly. Furthermore, some important areas are also conspicuously absent: serious attention to the role of ubiquitination in cargo selection and trafficking, endocytic traffic in polarized cells, and a more cohesive treatment of the role of phosphoinositides, are lacking. Chapter 9, examining possible roles of endocytosis in learning and memory, is a welcome inclusion but an effort to extend the coverage to other currently less publicized aspects of endocytosis-links to development and nonpathogenic disease states-could have strengthened the book, as would more extensive use of illustrations in this visually compelling field.

Endocytosis is nonetheless a very readable and valuable sourcebook that provides us with a comprehensive snapshot of our current understanding of the field. To be sure, there are many still-unanswered questions, some pointed out appropriately along the way. Included are how exactly the complex sorting operations occurring in the lumen of the late endosome are regulated and the relationship between endocytosis and other signaling events within the cell. We often think that trafficking events proceed at a constitutive, default pace. Yet cellular stresses can alter the basal rate of endocytosis, via kinase-dependent signaling cascades acting on Rab protein function (Cavalli et al., Mol. Cell 7, 421-430, 2001). In all likelihood, all trafficking events within the cell are integrated to some degree with each other, and with overall cellular homeostasis.

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All Grown up and Ready to Rumble

Ion Channels of Excitable Membranes, 3rd Edition By Bertil Hille Sunderland, MA: Sinauer Associates (2001). 814 pp. \$85.00

Potassium Channels in Cardiovascular Biology Edited by S.L. Archer and N.J. Rusch New York: Kluwer Academic/Plenum Publishers (2001). 899 pp. \$125.00

"..we know what we are, but know not what we may be." Ophelia in *Hamlet*, 4.5.43–44 (W. Shakespeare)

Ion channels let us see, hear, feel, move, and dream. Impressive. But, is it really time for two more (big) books on the subject? The answer is a vigorous "Yes." This reflects the awesome attributes that make these proteins pivotal to biology and how rapidly we have gained new knowledge since the advent of recombinant DNA methodologies.

lon channels form portals across cell membranes that open and close to allow specific ions to pass. It is essential that they operate only at the correct time, location, and level of activity. Why the litany of restrictions? Because they are extremely efficient.

We exist out of equilibrium. Our cells are high in potassium and low in sodium, chloride, and calcium. This uneven arrangement is achieved by the slow steady labor of energy-driven pumps, carrier class transport proteins present in plasma membranes in great abundance. A cell can harbor 10⁷ sodium-potassium pumps, each hydrolyzing one ATP molecule to power influx of two potassium ions and efflux of three sodium ions about 150 times a second. Pumps create ionic imbalance and electrical inequality ensues: the cell interior is negative relative to its surroundings primarily because small amounts of positively charged potassium ions leak out. These asymmetries are an immediately available reservoir of stored electrochemical energy, held in check, poised for abrupt release.

lon channels reside at this dynamic interface as the agents of excitability. Their activity is no serene affair. In response to a stimulus, such as a puff of neurotransmitter, ion channels undergo conformational changes, open water-filled pores that span the membrane, and allow specific ions to explode through the pores down their electrochemical gradients. With no direct link to input of metabolic energy or coupling between changes in protein structure and individual translocation events, as many as 10⁸ potassium ions can rush through a single potassium-selective channel each second—no wonder some cells have just a dozen.

Among classes of proteins, the functional attributes of ion channels are, perhaps, the best described. Biochemical methods were not the first source of this knowledge. Indeed, before they were even known to