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Total knee arthroplasty, unicompartmental knee arthroplasty: Indications



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Clinical physical and rehabilitation medicine care pathways: “patients after total hip or total knee arthroplasty”



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Keywords: Clinical care pathway; Physical and rehabilitation medicine; Hip; Knee; Arthroplasty

Objective.— Describe a clinical PRM care pathway for patients having total hip or knee arthroplasty taking into account patients' needs, PRM care objectives, human and material resources to be implemented, chronology as well as expected outcomes

Material and method.— Describe on a consensual way, validated by the Sofmer scientific council taking account on littérature this PRM care pathway concerns patients after primary or revision total hip (THA) or knee arthroplasty (TKA) and are classified:

– into three care sequences: stage 0 pre-operative care; stage 1 until cutaneous and muscular healing: Rehabilitation to daily life activities; stage 2: effort training program;

– and two clinical categories, each one being treated with the same six parameters according to the International Classification of Functioning, Disability and Health (WHO), while taking into account personal and environmental factors that could influence the needs of these patients. (Category 1: only one impairment and primary THA or TKA, Category 2: several impairments and primary THA or TKA or revision THA or TKA).

Care organization modalities (ambulatory physical therapy sessions, inpatient or outpatient PRM care facility) take into account patient's status, sanitary and social environment.

Discussion and conclusion.— The objective of these clinical PRM care pathways designed by Sofmer and Fedmer is to provide arguments for discussing the future pricing of the activity in follow-up rehabilitation health care facilities, by proposing other approaches, complementary to the activity-based pricing. These documents are voluntarily short in order to be useful, concise and practical. They do not describe PRM care program which list in PRM activities after THA and TKA.

Other pathways are published.

Further readings

Ribinik P., Le Moine F., de Korvin, G. Coudeyre E., Genty M., Rannou F., Yelnik A., Calmels P. PRM clinical care pathways: Patients after total hip arthroplasty. Ann Phys Rehabil Med 2012;55:540-45.

Ribinik P., Le Moine F., de Korvin G., Coudeyre E., Genty M., Rannou F., Yelnik A.P., Calmels P. Physical and rehabilitation medicine care pathways: Patients after total knee arthroplasty. Ann Phys Rehabil Med 2012; 55: 533-9.

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Fonctional coxometry. Comparative study between Healthy and hip arthrosis subjects studied by EOS system



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Keywords: EOS; Coxarthrosis; Pelvic and acetabular parameters; Standing This study describes a quantitative analysis with EOS 2D/3D system of 30 asymptomatic subjects (HG) and 30 coxarthrosis subjects (CG).

Method.— Radiographs Biplanes EOS of standing patients were processed to perform a 3D reconstruction of the pelvis and the hip [1]. We extracted quantitative parameters and analysed the 60 members of the HG, and the 60 members of the CG. To perform this study we used the student's statistical method, *p*-value < 0.05.

Results.— The incidence [2] angle is similar in both populations. T test was positive for he following parameters of CG (sacral slope, HKS, Idelberg and Franck, femoral mechanical angles, and femoral head eccentricity). We observe a greater level of right and left asymmetry in coxarthrosis subjects for femoral head and the HKS angle.

Discussion.— The arisen of a degenerative osteoarthritis of hip induces a an increasing of SS that has been until now described only on qualitative profile plan [3,4]. The increasing of SS induces waterfall of postural events that influences femoral and acetabular orientation.

Conclusion.— We observe a larger sacral slope in CG witness excessive strain of the lumbosacral junction in osteoarthritis (Very common combination between hip and lumbar spine). Some parameters of pelvic and acetabular vary between the HG and CG. Further studies standing and sitting position are needed to confirm our results.

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[4] Yoshimoto, et al. Spinopelvic alignment in patients with osteoarthritis of the hip: a radiographic comparison to patients with low back pain. Spine (Phila Pa 1976) 2005;30(14):1650-7.

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