Internal thoracic vein aneurysm presenting as an anterior mediastinal mass

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Anterior mediastinal masses most commonly are associated with thymic, thyroid, parathyroid, and lymphatic origin. Excluding aortic disease, vascular origin for anterior mediastinal masses is not common. We present a case of an aneurysm of the internal thoracic vein presenting as an enlarging anterior mediastinal mass.

Clinical Summary
A 52-year-old woman underwent a triple arthrodesis of the right foot for orthopedic injuries sustained in a car crash 16 months earlier. One week later while she was at home, acute shortness of breath with wheezing developed. Results of a contrast computed tomographic (CT) scan of the chest were negative for pulmonary embolism. CT scan, however, revealed a 2.2-cm round mass anterior to the superior vena cava and adjacent to the ascending aorta. There was no mediastinal lymphadenopathy (Figure 1, A). The patient was referred for further treatment. Review of the CT scans obtained at the time of the car crash demonstrated the presences of this mass, albeit, smaller (Figure 1, B). The patient’s chest was explored through a limited partial upper sternotomy incision. The mass was found to be an aneurysm of the right internal thoracic vein just before its connection to the innominate vein (Figure 2). The right internal thoracic vein was ligated on both sides of the aneurysm, and the mass was excised. The patient made an uneventful recovery. Pathologic examination was negative for malignancy.

Discussion
Anterior mediastinal masses may present a challenge in diagnosis. Depending on the age of the patient and symptoms, these may...
range from lymphomas to thymic tumors, substernal thyroid masses, or parathyroid adenomas. Aneurysmal dilatation of internal thoracic artery is uncommon but has been reported. In 2 reports, patients had connective tissue disorders. Isolated internal thoracic vein aneurysm presenting as an enlarging mass has not been reported before. In the differential diagnosis of anterior mediastinal masses this entity should be considered. Our patient did not exhibit any stigmata of a connective tissue disorder. The cause of this aneurysm is not clear to us. Trauma may have played a role, but lack of any sternal or rib injury and mediastinal hematoma at the time of the patient’s car crash argues against it. We did not suspect a connective tissue disorder in our patient.

Diagnosis of internal thoracic vein aneurysm can be established by contrast CT scan of the chest with image acquisition in the venous phase. With the new generation of multislice CT scanners, the diagnosis is easily established. Once diagnosed, treatment can be individualized. Small asymptomatic aneurysms should be observed. An enlarging aneurysm can be removed surgically.

An anterior mediastinotomy would have proven difficult for excision in our patient, although location further distal in the course of the internal thoracic vein may lend itself more easily to this approach. Surgical excision of the internal thoracic vein aneurysm is done easily through an upper partial sternal split incision. A thorascoscopic approach would have been feasible but more difficult. The decision to remove the aneurysm in our patient was based on documented increase in the size over a 16-month period and the patient’s desire and insistence that the mass be removed.

References