

Methods: (ASP8)-Liposome-Icaritin was synthesized by thin film evaporation method with extruding through polycarbonate filter membranes to obtain unilamellar vesicles with bone targeting molecules ASP8 attached. Eighty four-month-old C57/BL6 female mice were divided into 8 groups (n=10): Baseline (BL), Sham surgery (SH), Ovariectomized (OVX), Estradiol for oral administration(O-E2), Icaritin for oral administration (O-ICT), low dose (8mg/kg, once a week) targeting delivery system with Icaritin injected via caudal vein (IV-LIP+ICT+ASP8-L), high dose (8mg/kg, twice a week) targeting delivery system with Icaritin injected via caudal vein (IV-LIP+ICT+ASP8-H), delivery system with Icaritin injected via caudal vein (IV-LIP+ICT, 8mg/kg, twice a week). Administrations of gavage and IV injection were applied respectively for 6 weeks from the day right after the OVX surgery. Lumbar spine and lower limbs were harvest 6 weeks after surgery for bone quality analysis. The 5th vertebra body of lumbar region was scanned by micro-CT (Scanco micro-CT 40). Trabecular bone was identified and parameters were analyzed for evaluation of bone quality and microarchitecture. For confirming the specificity of the targeting delivery system, Xenogen IVIS spectrum was used to semi-qualify the distribution of bone targeting system ex vivo by injecting labelled targeting delivery system.

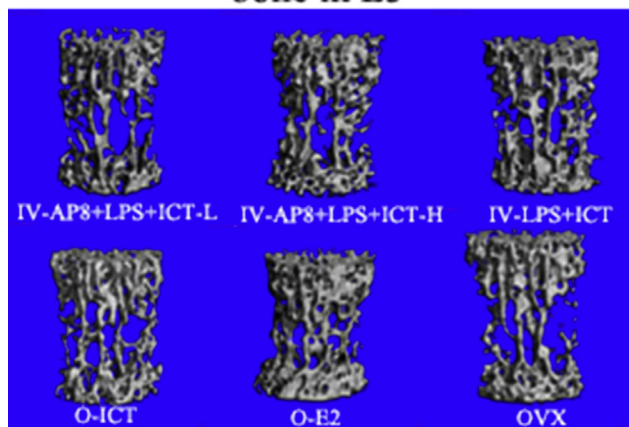
Results: By comparing to the OVX group, bone quality in groups with IV injection were enhanced reflected in the increased BMD ($p<0.05$), bone volume ($p<0.05$), trabecular bone number and connectivity density ($p<0.05$) and decreased in trabecular bone separation ($p<0.05$). Also the efficacy of the targeting icaritin delivery system tended to be dosage dependent (BV increased 14.16% in high dose group, Tb.N increased 10.34% and connectivity density of trabecular bone increased 19.70%). Moreover from Structure Model Index (SMI) value, we concluded that the morphology of trabecular bone in icaritin injection groups tends more to be plat-like: $SMI(OVX)=2.19\pm 0.30$, $SMI(IV-AP8+LPS+ICT-1)=2.07\pm 0.36$, $SMI(IV-AP8+LPS+ICT-H)=2.01\pm 0.23$. More signals retain in bone 72 hours after injection by comparing to the delivery system without bone targeting molecules ASP8 shown in IVIS image.

Conclusion: The novel bone-targeting delivery system carrying osteopromotive phytomolecule(s) Icaritin was confirmed that was capable of preventing the estrogen depletion induced osteoporosis in a dose dependent manner.

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Micro-CT 3D images of trabecular bone in L5.

Micro-CT 3D images of trabecular bone in L5



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FRACTURE RISK OF ELDERLY POPULATION: LIKELIHOOD OF OSTEOPOROTIC FRACTURE RISK IN ELDERLY POPULATION AND INDOOR AIR POLLUTION

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Background: Harmful particulate contaminants (such as PM_{2.5}) that indoor coal combustion produced can increase the incidence of cardiovascular disease and risk of death, while there is considerable evidence that cardiovascular disease, dyslipidemia, and osteoporosis among elderly population have common risk factors. Our hypothesis was that the osteoporotic fractures may be associated with indoor air pollution. The purpose of this study was to explore the risk of osteoporotic fracture of elderly population associated with likelihood of indoor air pollution.

Methods: Forty-eight cases with osteoporotic fractures and 91 controls were selected from the elderly population in Ordos region, Inner Mongolian. The risk factors were compared between the two groups in demographic characteristics, exercise, sleep, room environmental conditions, dietary, behavioral habits, history of medicine use, bone disease and chronic disease by using descriptive analysis. Multivariate logistic regression model was performed to analyze environmental risk factors associated with the risk of fractural etiology.

Results: The age range of case-control groups was 60-88 years old. There were no statistically significant differences between two groups in age, sex and occupation ($p>0.05$). The variables with statistically significant differences in the univariate analysis were included in Logistic Regression model. After adjustment for the education, ethnic factors, health status during childhood, behavioral habits, history of bone disease and medicine use, the findings showed that the exposure factors, such as indoor air conditions during the winter heating, weekly exercise, sleep quality, consumption of carbonated beverages, were associated with risk of elderly fracture. When compared to elderly population who had good air quality of habitable room in winter, elderly population with poor air quality had an elevated risk for fracture (OR 40.29, 95% CI 8.75-185.38); elderly population who had no weekly exercises had an increased risk for fracture (OR 4.28, 95% CI 1.20-15.24) when compared to those who had weekly exercises; elderly persons with poor quality of sleep was associated with a 6.85-fold increase in risk of fracture when compared to those with better quality of sleep (95% CI 1.61-29.14).

Conclusion: The findings suggest that poor indoor air quality during the winter heating may be the risk factors of osteoporotic fractures for the elderly population. It is necessary to further investigate those factors in a larger sample population.

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EFFECT OF ANTHROPOMETRIC ADJUSTMENTS ON BMD AND BMC Z-SCORES IN A POPULATION OF PRADER-WILLI SYNDROME PEDIATRIC PATIENTS

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Objective: Two adjustment models were applied to a dataset of bone-mineral density (BMD) and bone-mineral content (BMC) from dual-energy x-ray absorptiometry (DXA) measurements of pediatric patients with Prader-Willi Syndrome (PWS). One model used weight, height and % body fat (WHF) in the calculation of Z-scores in addition to race, sex and age already included in the standard model. As percent body fat is not always available, a second model with only weight and height was also examined (WH).

Methods: Fifty-six patients with PWS, a neurogenetic disorder caused by the absence of paternal expression of imprinted genes localized in the 15q11-q13, were recruited. PWS is characterized by an insatiable appetite leading to obesity, short stature, cognitive and behavioral problems, hypogonadism and osteoporosis. All patients had spine and hip DXA measurements; 31/56 also had whole-body measurements (needed for body-fat correction). Several patients show lower than normal height or higher than normal weight for age. The percent body fat for all patients is either at the upper limit of or above the normal range. Patients with extreme anthropometric values were most affected by the anthropometrically corrected Z-scores.

Results: In the analysis of Z-scores, patients below -2.0, the critical region, are of most interest. By analyzing which patients cross the -2.0 boundary