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Review

Infected aortic aneurysm and inflammatory aortic aneurysm—In search of an optimal differential diagnosis

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Summary Infected aortic aneurysm and inflammatory aortic aneurysm each account for a minor fraction of the total incidence of aortic aneurysm and are associated with periaortic inflammation. Despite the similarity, infected aortic aneurysm generally shows a more rapid change in clinical condition, leading to a fatal outcome; in addition, delayed diagnosis and misuse of corticosteroid or immunosuppressing drugs may lead to uncontrolled growth of microorganisms. Therefore, it is mandatory that detection of aortic aneurysm is followed by accurate differential diagnosis. In general, infected aortic aneurysm appears usually as a saccular form aneurysm with nodularity, irregular configuration; however, the differential diagnosis may not be easy sometimes for the following reasons: (1) symptoms, such as abdominal and/or back pain and fever, and blood test abnormalities, such as elevated C-reactive protein and enhanced erythrocyte sedimentation rate, are common in infected aortic aneurysm, but they are not found infrequently in inflammatory aortic aneurysm; (2) some inflammatory aortic aneurysms are immunoglobulin (Ig) G4-related, but not all of them; (3) the prevalence of IgG4 positivity in infected aortic aneurysm has not been well investigated; (4) enhanced uptake of 18F-fluorodeoxyglucose (FDG) by 18F-FDG-positron emission tomography may not distinguish between inflammation mediated by autoimmunity and that mediated by microorganism infection. Here we discuss the characteristics of these two forms of aortic aneurysm and the points of which we have to be aware before reaching a final diagnosis.

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Introduction

Along with greater life-expectancy, the prevalence of aortic aneurysm, a potentially life-threatening disorder, is increasing because the aging process promotes aortic remodeling. A spread of imaging modalities, such as computed tomography (CT) and magnetic resonance imaging (MRI), may facilitate the discovery of aortic aneurysm, which may sometimes be asymptomatic, during a medical check-up [1,2]. On the one hand, inflammatory aortic aneurysm represents a specific subset of aortic aneurysm, which is thought to be caused by a pathogenic immuno-inflammatory process, occasionally immunoglobulin G4 (IgG4)-related [3], and corticosteroid and/or immunosuppressive therapies may be effective. On the other hand, for infected aortic aneurysm, another subset of aortic aneurysm, early and timely surgery with perioperative antimicrobial treatment is thought to be mandatory; otherwise, the outcome is in general not favorable. Differences exist between these two forms of aortic aneurysms; however, there are certain similarities in clinical symptoms, laboratory tests, and findings by imaging modalities, which may make differential diagnosis difficult. In this mini review, we discuss these two forms of aortic aneurysm, inflammatory and infected aortic aneurysms, both of which may be under-recognized, underdiagnosed, and sometimes misdiagnosed.

Infected aortic aneurysm and infected aortitis

Prevalence

Since first reported by Osler in 1885 [4], infected aortic aneurysm remains a life-threatening condition [5–7]. ‘Infected’ aortic aneurysm is sometimes alternatively termed ‘mycotic’ aortic aneurysm; however, only a minor

fraction of this disease is actually caused by fungus [8]. Considering that the term ‘mycotic aneurysm’ was initially limited to the development of infected aneurysm secondary to infective endocarditis [9], this terminology may lead to slight confusion. The prevalence of infected aortic aneurysm may not be decreasing recently, and it is considered to comprise 0.7–2.6% of all cases of aortic aneurysm [10], although its true prevalence is unknown. Infected aneurysm may develop from a hematogenous spread of infection from microemboli to a preexisting aneurysm, the contiguous involvement of the vessel wall from an adjacent source of sepsis, or direct infectious inoculation of the vessel wall. Atherogenic risk factors, such as hypertension and diabetes, may be present as predisposing conditions [11]; however, infected aneurysm may commonly involve parts of the aorta that are not commonly involved by atherosclerotic aortic aneurysm [5]; about 70% of the infected aneurysms were found to be located in the thoracic and abdominal aorta at or above the renal arteries [12].

Clinical features, laboratory abnormalities, and imaging

The main presenting symptoms are fever and abdominal and severe back, abdominal, or thoracic pain, depending on the location of the aneurysm [7], although some patients with infected aneurysm may be asymptomatic [12]. Blood testing shows evidence of infection, such as leukocytosis, elevated C-reactive protein, and positive blood cultures. In addition to this clinical evidence of infection, the presence of periaortic soft tissue infiltration, as demonstrated by CT or magnetic resonance angiography (MRA) may lead to the diagnosis of infected aortic aneurysm [12]. Although ultrasonography may not be a reliable initial imaging modality for the diagnosis, detection of gas echoes in the aortic wall may lead to suspected infection of the aortic wall [13].

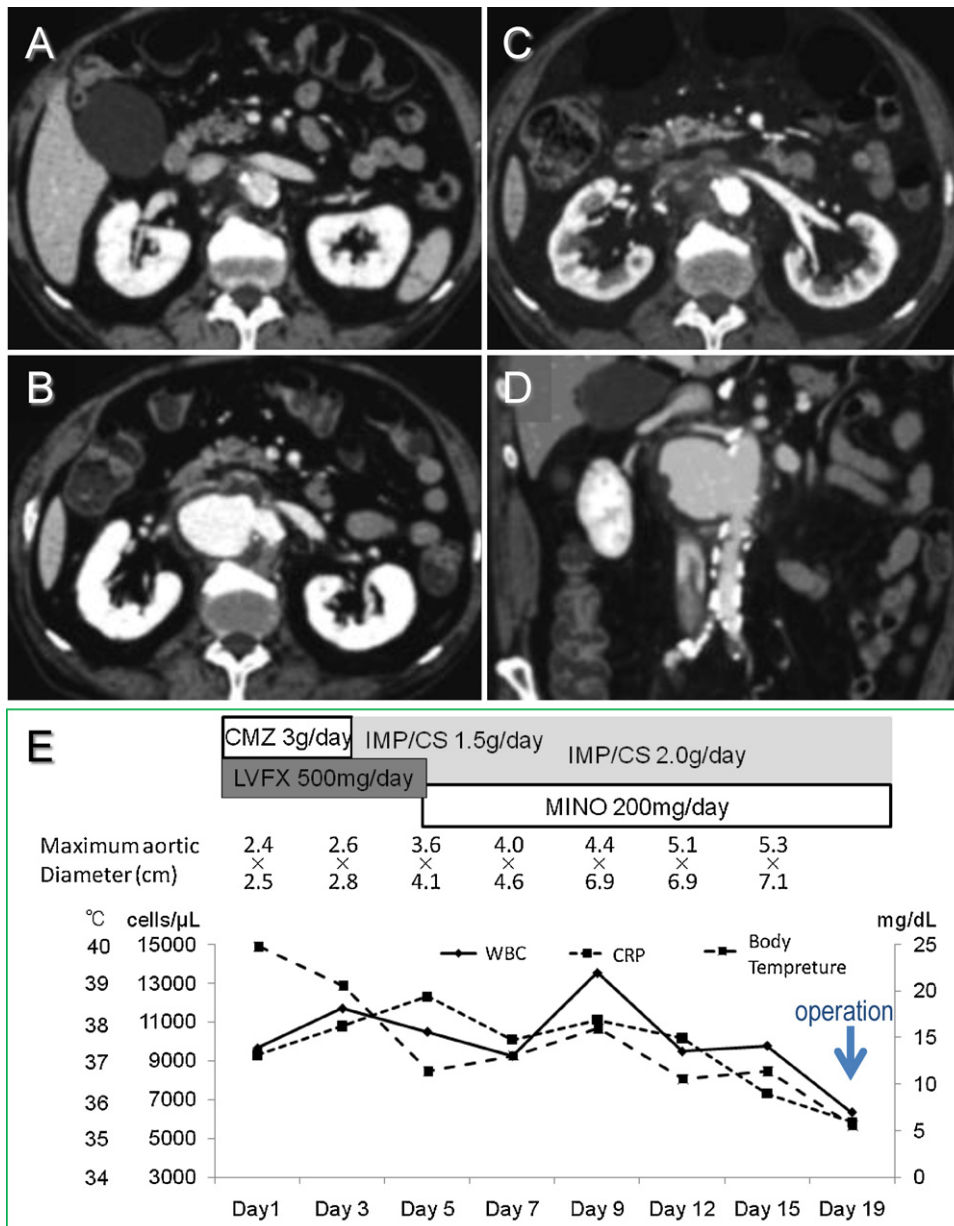


Figure 1 A 78-year-old man who had been diagnosed to have hypertension and hypertrophic cardiomyopathy was referred to our hospital because of high fever (40°C) and abdominal pain. On day 5 of hospitalization, *Bacteroides thetaiotaomicron* was identified in blood culture. (A–C) Transverse sections of computed tomographic (CT) scanning images. (D) Coronal section of CT image. (A) On the day of admission. (B) 5th hospital day. (C and D) 12th hospital day. The diameter of the aortic aneurysm showed rapid dilatation. (E) Clinical course of the patient. CMZ, cefmetazole; LVFX, levofloxacin; IPM/CS, imipenem/cilastatin; MINO, minocycline; CRP, C-reactive protein; WBC, white blood cell.

Currently, multidetector CT angiography is the imaging modality of choice for the evaluation of suspected infected aneurysms [14]. Gallium scanning and 18F-fluorodeoxyglucose positron emission tomography (FDG-PET) may be used to evaluate disease activity [15]. Infected aortic aneurysm appears as a focal, contrast-enhancing dilatation, which may be multilobulated. A mantle sign-like appearance may be present in infected aortic aneurysm [16], suggesting that this sign is not exclusive to inflammatory aortic aneurysm or idiopathic retroperitoneal fibrosis.

The mortality in infected aortic aneurysm is higher than that in non-infected aortic aneurysm [5]. A bacterially infected aorta may appear to be within the normal-size range in the initial evaluation; however, dilatation of the aorta may progress rapidly over months [17] or even days [15] (Fig. 1), leading to rupture and death without appropriate diagnosis and treatment [7]. On the other hand, identification of infective microorganisms and clarification of their sensitivity to certain antibiotics provide crucial information for both the diagnosis and the choice of

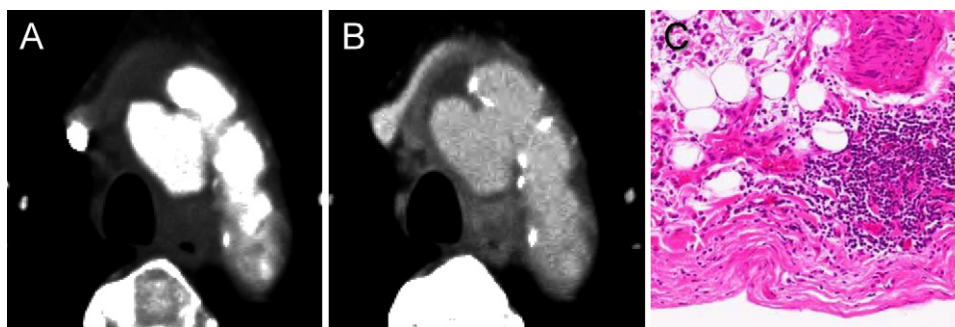


Figure 2 A 62-year-old man experienced chest discomfort and sustained high fever. The C-reactive protein level was elevated (3.68 mg/dL), but the IgG4 level was normal (29.6 mg/dL). Following 2 months of antimicrobial therapy, he was treated surgically. Computed tomography of arterial phase (A) and venous phase (B). Periaortic staining was apparent in the venous phase. (C) Hematoxylin-eosin staining of the aortic section. In the adventitia, there was an accumulation of lymphatic cells, which were mostly negative for IgG4 (data not shown). Original magnification, 200 \times . Despite repeated cultures, the causative microorganism could not be identified.

antimicrobials. Among the pathogens, *Salmonella*, *Staphylococcus*, *Campylobacter*, and *Streptococcus* species have been identified most frequently [18], but other microorganisms such as *Escherichia coli*, *Mycobacteria*, and *Bacteroides* species (Fig. 1) have been reported. The pathogens detected may show substantial differences according to the region [5,6,10,19], and period surveyed [20,21]. On the other hand, bacterial identification may not always be possible (Fig. 2), because of difficulties in culture or prior antibiotic treatment [10]. Bennett reported that blood cultures may be negative in as many as 47% of patients with infected aortic aneurysm in a paper published in 1967 [22]. In addition, Oderich et al. have reported that infective organisms were identified in 33 (77%) of 43 patients [5]. Furthermore, Maeda et al. reported that the blood culture was positive only in 1 individual among 11 patients with infected aortic or iliac artery aneurysm [20].

Therapy

Infected aortic aneurysm may show rapid growth in size, accompanied by a pseudoaneurysm or a perforated or penetrated aneurysm [5], therefore, diagnostic imaging may have to be repeated if the clinical suspicion persists [23]. Non- or delayed treatment of infected aneurysm often leads to a fatal outcome due to fulminant sepsis, aorto-enteric fistula formation, and rupture [14,24].

Medical management

Purely medical management may be often inadequate because of the possibility of persistent infection and subsequent aneurysm rupture. The conventional strategy for treatment is therefore prompt surgical treatment, followed by long-term suppressive antibiotic therapy. Intensive antibiotic therapy that is started perioperatively and continued for a prolonged period [7,25] is crucial for successful treatment. The required duration of antibiotics has not been well established, however, it commonly ranges from 6 to 8 weeks to lifelong treatment [7]. Although the persistence of infection greatly affects the perioperative outcome [26], whether calming down of the infection can be achieved safely may depend on the condition of each patient.

Surgical management

Survival is clearly dependent on the state of rupture. Thus, timely surgical treatment is mandatory for the management of infected aortic aneurysm; however, surgical risk and perioperative mortality are not negligible [7]. In addition, late postoperative death may occur due to existing comorbidities. Among 15 patients with infected aortitis, Luo et al. reported that, in addition to two perioperative deaths, there were two late deaths due to brain stem hemorrhage and to heart failure [27]. In addition, Moneta et al. reported that, in their series of 17 patients, the late death of 4 patients occurred at 1.3–6.3 years postoperatively, in addition to the perioperative death of 4 patients [28]. Furthermore, Müller et al. reported the outcome of 33 cases of infected aneurysm of either the aorta or the iliac arteries, among which 12 patients (36%) died perioperatively from cardiac, respiratory, or infectious reasons [7]. In Müller et al.'s series, survival was clearly dependent on the state of rupture. The mortality associated with extraanatomic reconstruction [20] after the primary infection was cured was reported to be 7% [29], and that associated with in situ graft placement was 14–36% [7,14,30], although there has been no strict controlled trial. Whether endovascular aortic repair (EVAR) would be feasible for infected aortic aneurysm has been discussed in several previous papers [31]. At the current moment, however, the efficacy of this new therapeutic modality should be analyzed with caution because non-removal of infected nidi may be aggravated by a foreign body [32].

Inflammatory aortic aneurysm

Prevalence

Inflammatory aortic aneurysms present a minor subgroup with an incidence ranging from 2.2% to 18.1% of the total number of abdominal aortic aneurysms [33–35]. Inflammatory abdominal aortic aneurysm is distinguished as a variant of atherosclerotic aortic aneurysm by a thickened aneurysm wall, accompanied by a dense fibrosis involving adjacent structures such as the duodenum, ureter, and inferior vena cava [36]. Although inflammatory aortic aneurysm

is seen mostly in the infrarenal abdominal aorta, it may occur in the ascending and descending thoracic aorta and aortic arch [37–39]. Patients usually present at a younger age than those with atherosclerotic aortic aneurysm [40]. Male sex and smoking are reported to be strongly associated with this form of aortic aneurysm. Data regarding the incidence of inflammatory aortic aneurysms in the whole population are lacking. Considering that the prevalence of newly diagnosed abdominal aortic aneurysm was reported as 65 per 100,000 person-years [41] and that 2–18% of cases might possess inflammatory features [33–35], the prevalence of inflammatory aortic aneurysm might be comparable or slightly higher than that of idiopathic retroperitoneal fibrosis, which has been reported to have an incidence of 0.1 per 100,000 person-years [42]. It should be noted, however, that inflammatory aortic aneurysm, as well as idiopathic retroperitoneal fibrosis, which has similar fibromatosis-like reactive inflammation associated with fibrosis but also aortic dilatation [43], may be unrecognized and thus underdiagnosed [44,45].

Clinical features, laboratory abnormalities, and imaging

Clinical symptoms include abdominal or back pain, weight loss, and low grade fever [40], which are, it may be said, similar to those of infected aortic aneurysm. Yin et al. reported that among 11 patients with inflammatory aortic aneurysm, abdominal pain was present in 10 (91%), lumbar pain in 9 (82%), and fever in 8 (72%) [46]. These symptoms contrast with those of the less-symptomatic atherosclerotic aortic aneurysm [46,47]. The prevalence of heavy cigarette smoking is, of note, very high among patients with inflammatory aortic aneurysm [48].

Elevated inflammatory markers, such as erythrocyte sedimentation rate, white blood cell count, and C reactive protein, are commonly observed [49]. In addition, positivity of anti-nuclear antibody and elevation of IgG4 may be observed in inflammatory aortic aneurysm, suggesting the role of autoimmunity [3,49–51]. IgG4-related systemic disease is a newly recognized disorder that may manifest as inflammatory abdominal aortic aneurysm or retroperitoneal fibrosis [52]; therefore, elevation of serum IgG4 levels and/or infiltration of IgG4-positive plasma cells in the periaortic tissues may help the diagnosis of inflammatory aortic aneurysm. By contrast, Kasashima et al. reported that only about half of inflammatory aortic aneurysm cases are judged to be IgG4-related; however, the clinical picture does not seem to differ substantially between the IgG4-related and non-IgG4-related forms of inflammatory aortic aneurysm [53], indicating that this disease cannot be determined solely on IgG4 positivity and that it may be a heterogeneous disease.

CT scanning displays the aneurysm and the thickened aortic wall with periaortic inflammation and fibrosis, the so-called “mantle sign” (Fig. 3). Periaortic enhancement by contrast medium in CT scanning may, however, mimic rupture, acute intramural hematoma, and extravasation of contrast — findings that sometimes require careful dissociation from impending rupture or dissecting aortic aneurysm, especially in the presence of severe abdominal or back pain

[54]. FDG-PET scanning may be able to illustrate the active inflammation around the aortic wall [55]. Macroscopically, the appearance of white, glistening, perianeurysmal fibrosis is characteristic of inflammatory aortic aneurysm [36,48].

Therapy

Medical therapy

Corticosteroids [47,56] and immunosuppressive agents, such as methotrexate, cyclophosphamide, and azathioprine have also been reported to be effective [34], however, the ultimate efficacy of the anti-inflammatory approach has not been proven [47].

Surgery

Although inflammatory aortic aneurysm may be less liable to rupture than atherosclerotic aneurysm [57], open surgical repair is one of the therapeutic options aimed at preventing rupture. Surgical results have greatly improved over the past 35 years [58,59], although the mortality for inflammatory aortic aneurysm may remain slightly higher than that for atherosclerotic aortic aneurysm. Although periaortic inflammation can be improved post-operatively, it may show no change or worsening in some patients [35].

Endovascular aortic repair

Although experience of the treatment of inflammatory aortic aneurysm with EVAR has been accumulating, no randomized controlled trials exist comparing open surgical repair and EVAR. Paravastu et al. reported in their systematic review that EVAR is associated with lower 1-year mortality as compared with open surgical repair [60]. On the other hand, both treatments led to regression of periaortic inflammation (73% in the open surgical repair group and 65% in the EVAR group). On the other hand, secondary intervention was found to be required in 22% of patients after EVAR.

The periaortitis seen with inflammatory abdominal aortic aneurysms usually resolves after repair by endovascular techniques such as open surgical repair; however, resolution of the periaortic fibrosis may occur less often after EVAR [59]. Development of de novo retroperitoneal fibrosis after EVAR has been reported, albeit rarely, to occur [61], and EVAR may not offer any benefits for hydronephrosis [62]. EVAR appears to be feasible when the anatomical features are appropriate [59]; however, open surgical repair might be the preferred treatment, especially when inflammatory abdominal aortic aneurysm is complicated by hydronephrosis.

Differential diagnosis between infected and inflammatory aortic aneurysms

As discussed above, there are similarities between infected and inflammatory aortic aneurysms in terms of their clinical features (e.g. abdominal/back pain), laboratory data (e.g. increased C-reactive protein), and imaging findings (e.g. perianeurysmal soft-tissue mass). In addition to the aorta, vessels of various sizes, including vertebral, coronary, and iliac arteries, may be involved in inflammatory

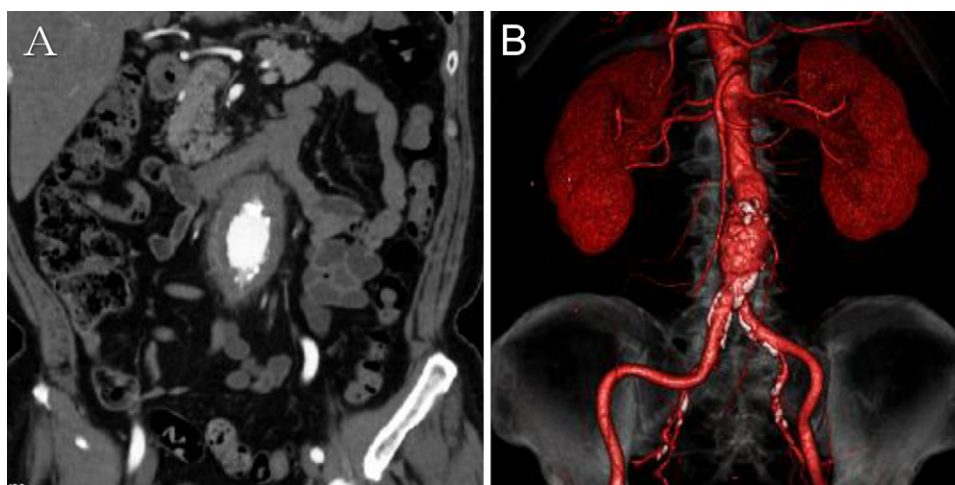


Figure 3 A 57-year-old man presented with repetitive epigastralgia. Coronal sections of computed tomography (CT) scanning images. (A) Dense soft tissue surrounding the mildly dilated abdominal aorta can be observed. (B) 3D reconstruction of the CT images. Calcification of the wall of the aorta and common and internal iliac arteries observed. In this patient, corticosteroid therapy reduced clinical symptoms and periaortic soft tissue. Serum IgG4 level was not elevated in this case. Details in this case have been reported elsewhere [77].

aneurysm [51,63,64] and infected aneurysm [65–67]. In addition, similar therapeutic strategies (e.g. open surgical repair, EVAR) may be applied to these two different clinical conditions. There are, however, also differences, such as the indications for medical therapy with corticosteroid or antimicrobial drugs, speed of aneurysm expansion, and perioperative mortality. Considering that periaortic inflammations are becoming more readily and reliably discovered by CT scanning [68], the necessity for a differential diagnosis is increasing.

Imaging

On CT scan, infected aortic aneurysm appears usually as a saccular form aneurysm with nodularity, irregular configuration, or air in the aortic wall [69], in contrast to inflammatory aortic aneurysm, which typically exhibits a fusiform morphology [70], although a saccular morphology is also possible [71]. Calcification within the aneurysm wall may be less common in infected aneurysm [72], although it can be present (Figs. 1 and 2). In inflammatory aortic aneurysm, the degree of calcification in the aortic wall may differ according to the case [1,56,73]. Hydronephrosis may occur also in the infected aneurysm [74].

As mentioned above, FDG-PET is a useful method for assessing the active inflammation and therapeutic effectiveness in patients with inflammatory aortic aneurysm [75–77]; however, increased FDG-uptake may also be demonstrated in infected aortic aneurysm [15,78] as well as in other types of large-vessel inflammation [79], such as Takayasu arteritis [80]. The ability of FDG-PET to provide a differential diagnosis between inflammatory and infected aneurysm may, therefore, be limited. The value of examining FDG uptake for the assessment of aneurysm wall strength, rupture risk

[81], and effect of medical interventions needs future studies [82].

Molecular diagnosis

It has been reported that broad-range polymerase chain reaction (PCR) amplification targeting the bacterial 16S rRNA gene, followed by direct sequencing may provide a prompt and facilitated identification of infected bacteria in culture negative cases [83–86].

IgG4

On the one hand, elevation of serum IgG4 and/or periaortic infiltration of IgG4-positive lymphocytes may be observed in inflammatory aortic aneurysm [87]. On the other hand, serum IgG4 may be elevated in a wide variety of disorders, which may include so-called “IgG4-related disease”, such as autoimmune pancreatitis, Mikulicz’s disease, and Riedel’s thyroiditis [88]. As discussed above, only about half of inflammatory aortic aneurysm cases may show IgG4-positivity [3]. Of note, Kanemitsu et al. have recently reported infiltration of numerous IgG4-positive plasma cells in the thickened periaortic tissue of the aorta with *Enterobacter* infection [89], suggesting the possibility that IgG4-related immune inflammation might also play a role in infected aortitis and that both inflammatory and infected aortic aneurysm may coexist. Further studies should address the incidence of IgG4-positivity in infected aortic aneurysm, for which little information is currently available. Total IgG may also be elevated in inflammatory aortic aneurysm; however, it may also be elevated in atherosclerotic aortic aneurysm, and thus may be a less potent biomarker for the discrimination of inflammatory aortic aneurysm from the non-inflammatory form [53].

Other biomarkers

As discussed above, inflammatory markers, such as erythrocyte sedimentation rate and C-reactive protein, may be elevated in both inflammatory and infected aortic aneurysms. Procalcitonin, a polypeptide comprising 113 amino acids, is gathering increasing attention because of strong correlation between procalcitonin concentration and extent and severity of bacterial infections [90]. In the case of infected aortic aneurysm we had experienced (Fig. 1), serum procalcitonin level at admission was 1.05 ng/mL, a level that was suggestive of bacterial infection. Procalcitonin is produced ubiquitously by endotoxin or mediators released in response to bacterial infections; thus, utility of inflammatory cytokines [92] and procalcitonin for discriminating inflammatory IgG4-related, or non-IgG4-related, aortic aneurysm from infected aortic aneurysm should be assessed in future studies.

We recently reported that the serum sIL-2R level was elevated in 6 (75%) of 8 patients with chronic periaortitis [91], suggesting that sIL-2R may be another candidate biomarker for discriminating inflammatory from infected aortic aneurysm; again, however, little is known about sIL-2R levels in infected aneurysm. New biomarkers that specifically identify the inflammatory (or infected) aortic aneurysm are now under surveillance.

Conclusions

Here we have briefly summarized the current understanding of both infected and inflammatory aortic aneurysm, and discussed the potential uncertainty for a differential diagnosis. These two clinical entities possess various similarities in clinical manifestation, biomarkers, CT, MRI, and radionuclide imaging. It is considered that incorrect administration of immunosuppressing agents in infected aortic aneurysm would be hazardous [93] and delayed diagnosis may lead to uncontrolled growth of microorganisms. Caution should be taken to avoid the easy usage of corticosteroid or immunosuppressing drugs before the full diagnosis is established.

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