# An extension of a Bourgain-Lindenstrauss-Milman inequality 

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#### Abstract

Let $\|\cdot\|$ be a norm on $\mathbb{R}^{n}$. Averaging $\left\|\left(\varepsilon_{1} x_{1}, \ldots, \varepsilon_{n} x_{n}\right)\right\|$ over all the $2^{n}$ choices of $\vec{\varepsilon}=\left(\varepsilon_{1}, \ldots, \varepsilon_{n}\right) \in$ $\{-1,+1\}^{n}$, we obtain an expression $\|x\|$ which is an unconditional norm on $\mathbb{R}^{n}$. Bourgain, Lindenstrauss and Milman [J. Bourgain, J. Lindenstrauss, V.D. Milman, Minkowski sums and symmetrizations, in: Geometric Aspects of Functional Analysis (1986/1987), Lecture Notes in Math., vol. 1317, Springer, Berlin, 1988, pp. 44-66] showed that, for a certain (large) constant $\eta>1$, one may average over $\eta n$ (random) choices of $\vec{\varepsilon}$ and obtain a norm that is isomorphic to $\|\|\cdot\|$. We show that this is the case for any $\eta>1$. © 2007 Elsevier Inc. All rights reserved.


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## 1. Introduction

Let $(E,\|\cdot\|)$ be a normed space, and let $v_{1}, \ldots, v_{n} \in E \backslash\{0\}$. Define a norm $\|\cdot\| \|$ on $\mathbb{R}^{n}$ as follows:

$$
\begin{equation*}
\|x\|=\mathbb{E}\left\|\sum \varepsilon_{i} x_{i} v_{i}\right\|, \tag{1}
\end{equation*}
$$

[^0]where the expectation is over the choice of $n$ independent random signs $\varepsilon_{1}, \ldots, \varepsilon_{n}$. This is an unconditional norm; that is,
$$
\left\|\left(x_{1}, x_{2}, \ldots, x_{n}\right)\right\|\|=\|\left\|\left(\left|x_{1}\right|,\left|x_{2}\right|, \ldots,\left|x_{n}\right|\right)\right\| \|
$$

The following theorem states that it is sufficient to average $O(n)$, rather than $2^{n}$, terms in (1), in order to obtain a norm that is isomorphic to $\|\|\cdot\|\|$ (and in particular approximately unconditional).

Theorem. Let $N=(1+\xi) n, \xi>0$, and let

$$
\left\{\varepsilon_{i j} \mid 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant N\right\}
$$

be a collection of independent random signs. Then

$$
\mathbb{P}\left\{\forall x \in \mathbb{R}^{n} c(\xi)\|x\| \leqslant \frac{1}{N} \sum_{j=1}^{N}\left\|\sum_{i=1}^{n} \varepsilon_{i j} x_{i} v_{i}\right\| \leqslant C(\xi)\|x\| \|\right\} \geqslant 1-e^{-c^{\prime} \xi n}
$$

where

$$
c(\xi)=\left\{\begin{array}{lll}
c \xi^{2}, & 0<\xi<1, \\
c, & 1 \leqslant \xi<C^{\prime \prime}, \\
1-C^{\prime} / \xi^{2}, & C^{\prime \prime} \leqslant \xi
\end{array} \quad C(\xi)= \begin{cases}C, & 0<\xi<C^{\prime \prime} \\
1+C^{\prime \prime} / \xi^{2}, & C^{\prime \prime} \leqslant \xi\end{cases}\right.
$$

and $c, c^{\prime}, C, C^{\prime}, C^{\prime \prime}>0$ are universal constants (such that $1-C^{\prime} / C^{\prime \prime 2} \geqslant c, 1+C^{\prime} / C^{\prime \prime 2} \leqslant C$ ).
This extends a result due to Bourgain, Lindenstrauss and Milman [3], who considered the case of large $\xi\left(\xi \geqslant C^{\prime \prime}\right)$; their proof makes use of the Kahane-Khinchin inequality. Their argument yields the upper bound for the full range of $\xi$, so the innovation is in the lower bound for small $\xi$.

With the stated dependence on $\xi$, the corresponding result for the scalar case $\operatorname{dim} E=1$ was proved by Rudelson [6], improving previous bounds on $c(\xi)$ in [1,2,4]; see below. This is one of the two main ingredients of our proof, the second one being Talagrand's concentration inequality [8] (which, as shown by Talagrand, also implies the Kahane-Khinchin inequality).

## 2. Proof of Theorem

Let us focus on the case $\xi<1$; the same method works (in fact, in a simpler way) for $\xi \geqslant 1$.
Denote $\|x\|_{N}=\frac{1}{N} \sum_{j=1}^{N}\left\|\sum_{i=1}^{n} \varepsilon_{i j} x_{i} v_{i}\right\|$; this is a random norm depending on the choice of $\varepsilon_{i j}$. Let $S_{\| \|\| \|}^{n-1}=\left\{x \in \mathbb{R}^{n}:\|\mid\| x \|=1\right\}$ be the unit sphere of $\left(\mathbb{R}^{n},\| \| \cdot\| \|\right)$; we estimate

$$
\begin{align*}
& \mathbb{P}\left\{\forall x \in S_{\|\cdot\| \|}^{n-1}, c \xi^{2} \leqslant\|x\|_{N} \leqslant C\right\} \\
& \quad \geqslant \\
& 1-\mathbb{P}\left\{\exists x \in S_{\|\cdot \cdot\|}^{n-1},\| \| x \|_{N}>C\right\}  \tag{2}\\
& \quad-\mathbb{P}\left\{\left(\forall y \in S_{\|\cdot\|}^{n-1},\|y\|_{N} \leqslant C\right) \wedge\left(\exists x \in S_{\|\cdot\| \|}^{n-1},\|x\|_{N}<c \xi^{2}\right)\right\} .
\end{align*}
$$

Upper bound. Let us estimate the first term

$$
\mathbb{P}\left\{\exists x \in S_{\|\cdot\|}^{n-1},\|x\|_{N}>C\right\}
$$

Remark. As we mentioned, the needed estimate follows from the argument in [3]; for completeness, we reproduce a proof in the similar spirit.

Theorem. (See Talagrand [8].) Let $w_{1}, \ldots, w_{n} \in E$ be vectors in a normed space $(E,\|\cdot\|)$, and let $\varepsilon_{1}, \ldots, \varepsilon_{n}$ be independent random signs. Then for any $t>0$

$$
\begin{equation*}
\mathbb{P}\left\{\left|\left\|\sum_{i=1}^{n} \varepsilon_{i} w_{i}\right\|-\mathbb{E}\left\|\sum_{i=1}^{n} \varepsilon_{i} w_{i}\right\|\right| \geqslant t\right\} \leqslant C_{1} e^{-c_{1} t^{2} / \sigma^{2}} \tag{3}
\end{equation*}
$$

where $c_{1}, C_{1}>0$ are universal constants, and

$$
\sigma^{2}=\sigma^{2}\left(w_{1}, \ldots, w_{n}\right)=\sup \left\{\sum_{i=1}^{n} \varphi\left(w_{i}\right)^{2} \mid \varphi \in E^{*},\|\varphi\|^{*} \leqslant 1\right\}
$$

Remark. Talagrand has proved (3) with the median Med $\left\|\sum_{i=1}^{n} \varepsilon_{i} w_{i}\right\|$ rather than the expectation; one can however replace the median by the expectation according to the proposition in Milman and Schechtman [5, Appendix V].

For $x=\left(x_{1}, \ldots, x_{n}\right) \in \mathbb{R}^{n}$, denote

$$
\sigma^{2}(x)=\sigma^{2}\left(x_{1} v_{1}, \ldots, x_{n} v_{n}\right)
$$

Claim 1. $\sigma$ is a norm on $\mathbb{R}^{n}$ and $\sigma(x) \leqslant C_{2}\|x\|$ for any $x \in \mathbb{R}^{n}$.
Proof. The first statement is trivial. For the second one, note that

$$
\|x\|=\mathbb{E}\left\|\sum \varepsilon_{i} x_{i} v_{i}\right\| \geqslant \mathbb{E}\left|\varphi\left(\sum \varepsilon_{i} x_{i} v_{i}\right)\right|=\mathbb{E}\left|\sum \varepsilon_{i} \varphi\left(x_{i} v_{i}\right)\right|, \quad\|\varphi\|^{*} \leqslant 1 .
$$

Now, by the classical Khinchin inequality,

$$
\begin{equation*}
\sqrt{\sum y_{i}^{2}} \geqslant \mathbb{E}\left|\sum \varepsilon_{i} y_{i}\right| \geqslant C_{2}^{-1} \sqrt{\sum y_{i}^{2}} \tag{4}
\end{equation*}
$$

(see Szarek [7] for the optimal constant $C_{2}=\sqrt{2}$ ). Therefore

$$
\|x\| \geqslant C_{2}^{-1} \sup _{\|\varphi\|^{*} \leqslant 1} \sqrt{\sum \varphi\left(x_{i} v_{i}\right)^{2}}=C_{2}^{-1} \sigma(x)
$$

By the claim and Talagrand's inequality, for every (fixed) $x \in S_{\|\cdot\| \|}^{n-1}$

$$
\mathbb{P}\left\{\left\|\sum_{i=1}^{n} \varepsilon_{i} x_{i}\right\| \geqslant t\right\} \leqslant C_{1} \exp \left(-c_{2} t^{2}\right) .
$$

Together with a standard argument (based on the exponential Chebyshev inequality), this implies (for $t$ large enough)

$$
\mathbb{P}\left\{\frac{1}{N} \sum_{j=1}^{N}\left\|\sum_{i=1}^{n} \varepsilon_{i j} x_{i}\right\| \geqslant t\right\} \leqslant \exp \left(-c_{3} t^{2} N\right)
$$

In particular, for $t=C_{3} \geqslant \sqrt{4 / c_{3}}$ the left-hand side is smaller than $12^{-N}<6^{-n} 2^{-N}$.
The following fact is well known, and follows for example from volume estimates (cf. [5]).
Claim 2. For any $\theta>0$, there exists a $\theta$-net $\mathcal{N}_{\theta}$ with respect to $\|\|\cdot\|\|$ on $S_{\|\cdot\| \|}^{n-1}$ of cardinality $\# \mathcal{N}_{\theta} \leqslant(3 / \theta)^{n}$.

For now we only use this for $\theta=1 / 2$. By the above, with probability greater than $1-2^{-N}$, we have: $\|x\|_{N} \leqslant C_{3}$ simultaneously for all $x \in \mathcal{N}_{1 / 2}$.

Representing an arbitrary unit vector $x \in S_{\|\cdot\|}^{n-1}$ as

$$
x=\sum_{k=1}^{\infty} a_{k} x^{(k)}, \quad\left|a_{k}\right| \leqslant 1 / 2^{k-1}, x^{(k)} \in \mathcal{N}_{1 / 2}
$$

we deduce: $\|x\|_{N} \leqslant 2 C_{3}$, and hence finally,

$$
\begin{equation*}
\mathbb{P}\left\{\exists x \in S_{\|\cdot\| \|}^{n-1},\|x\|_{N}>C\right\} \leqslant 2^{-N} \tag{5}
\end{equation*}
$$

(for $C=2 C_{3}$ ).
Lower bound. Now we turn to the second term

$$
\mathbb{P}\left\{\left(\forall y \in S_{\|\cdot\| \|}^{n-1},\|y\|_{N} \leqslant C\right) \wedge\left(\exists x \in S_{\|\cdot\| \|}^{n-1},\|x\|_{N}<c \xi^{2}\right)\right\} .
$$

For $\sigma_{0}$ (that we choose later), let us decompose $S_{\|\cdot\|}^{n-1}=U \uplus V$, where

$$
U=\left\{x \in S_{\|\cdot\|}^{n-1} \mid \sigma(x) \geqslant \sigma_{0}\right\}, \quad V=\left\{x \in S_{\|\cdot\| \|}^{n-1} \mid \sigma(x)<\sigma_{0}\right\} .
$$

Recall the following result (mentioned in the introduction); we use the lower bound that is due to Rudelson [6].

Theorem. (See $[1,2,4,6]$.) Let $N=(1+\xi) n, 0<\xi<1$, and let

$$
\left\{\varepsilon_{i j} \mid 1 \leqslant i \leqslant n, 1 \leqslant j \leqslant N\right\}
$$

be a collection of independent random signs. Then

$$
\mathbb{P}\left\{\forall y \in \mathbb{R}^{n}, c_{4} \xi^{2}|y| \leqslant \frac{1}{N} \sum_{j=1}^{N}\left|\sum_{i=1}^{n} \varepsilon_{i j} y_{i}\right| \leqslant C_{4}|y|\right\} \geqslant 1-e^{-c_{4}^{\prime} \xi n}
$$

where $c_{4}, c_{4}^{\prime}, C_{4}>0$ are universal constants, and $|\cdot|$ is the standard Euclidean norm.

Remark. By the Khinchin inequality (4), this is indeed the scalar case of Theorem 1 for $0<\xi<1$.

Thence with probability $\geqslant 1-e^{-c_{4}^{\prime} \xi n}$ the following inequality holds for all $x \in U$ (simultaneously):

$$
\begin{align*}
\|x\|_{N} & \geqslant \sup _{\|\varphi\|^{*} \leqslant 1} \frac{1}{N} \sum_{j=1}^{N}\left|\varphi\left(\sum_{i=1}^{n} \varepsilon_{i j} x_{i} v_{i}\right)\right|=\sup _{\|\varphi\|^{*} \leqslant 1} \frac{1}{N} \sum_{j=1}^{N}\left|\sum_{i=1}^{n} \varepsilon_{i j} \varphi\left(x_{i} v_{i}\right)\right| \\
& \geqslant \sup _{\|\varphi\|^{*} \leqslant 1} c_{4} \xi^{2} \sqrt{\sum_{i=1}^{n} \varphi\left(x_{i} v_{i}\right)^{2}}=c_{4} \xi^{2} \sigma(x) \geqslant c_{4} \xi^{2} \sigma_{0} \tag{6}
\end{align*}
$$

Now let us deal with vectors $x \in V$. Let $\mathcal{N}_{\theta}$ be a $\theta$-net on $S_{\|\cdot\| \|}^{n-1}$ (where $\theta$ will be also chosen later). For $x^{\prime} \in \mathcal{N}_{\theta}$ such that $\left\|x-x^{\prime}\right\| \| \leqslant \theta, \sigma\left(x^{\prime}\right) \leqslant \sigma_{0}+C_{2} \theta$ by Claim 1. Therefore by Talagrand's inequality (3),

$$
\mathbb{P}\left\{\left\|\sum_{i=1}^{n} \varepsilon_{i} x_{i}^{\prime} v_{i}\right\|<1 / 2\right\} \leqslant C_{1} \exp \left(-c_{1} /\left(4\left(\sigma_{0}+C_{2} \theta\right)^{2}\right)\right)
$$

and hence definitively

$$
\begin{aligned}
\mathbb{P}\left\{\frac{1}{N} \sum_{j=1}^{N}\left\|\sum_{i=1}^{n} \varepsilon_{i j} x_{i}^{\prime} v_{i}\right\|<1 / 4\right\} & \leqslant 2^{N}\left\{C_{1} \exp \left(-\frac{c_{1}}{4\left(\sigma_{0}+C_{2} \theta\right)^{2}}\right)\right\}^{N / 2} \\
& =\exp \left\{-\left(\frac{c_{1}}{8\left(\sigma_{0}+C_{2} \theta\right)^{2}}-\log \left(2 \sqrt{C_{1}}\right)\right) N\right\}
\end{aligned}
$$

Let $\sigma_{0}=C_{2} \theta$, and choose $0<\theta<1 /(8 C)$ so that

$$
\frac{c_{1}}{32 C_{2}^{2} \theta^{2}}-\log \left(2 \sqrt{C_{1}}\right)>\log 2+\log (3 / \theta)
$$

Then the probability above is not greater than $2^{-N}(\theta / 3)^{N}<2^{-N} / \# \mathcal{N}_{\theta}$ (by Claim 2). Therefore with probability $\geqslant 1-2^{-N}$ we have

$$
\left\|x^{\prime}\right\|_{N} \geqslant 1 / 4 \quad \text { for } x^{\prime} \in \mathcal{N}_{\theta} \text { such that }\left\|x-x^{\prime}\right\|<\theta \text { for some } x \in V .
$$

Using the upper bound (5), we infer:

$$
\begin{align*}
\|x\|_{N} & \geqslant\left\|x^{\prime}\right\|_{N}-\left\|x^{\prime}-x\right\|_{N} \geqslant 1 / 4-C / 8 C \\
& =1 / 4-1 / 8=1 / 8, \quad x \in V \tag{7}
\end{align*}
$$

The juxtaposition of (2) and (5)-(7) concludes the proof.

Remark. Another way to conclude the proof for $x \in V$ would be to choose a $\theta$-net $\mathcal{N}_{\theta} \subset V$ for $V$ such that $\# \mathcal{N}_{\theta} \leqslant(3 / \theta)^{n}$. This simplifies the condition on $\sigma_{0}$ and $\theta$ and avoids the use of Claim 1; on the other hand, the argument above illustrates the robustness of the method.

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