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Chikungunya virus, epidemiology, clinics and phylogenesis: A review

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ABSTRACT

Chikungunya virus is a mosquito-transmitted alphavirus that causes chikungunya fever, a febrile illness associated with severe arthralgia and rash. Chikungunya virus is transmitted by culicine mosquitoes; Chikungunya virus replicates in the skin, disseminates to liver, muscle, joints, lymphoid tissue and brain, presumably through the blood. Phylogenetic studies showed that the Indian Ocean and the Indian subcontinent epidemics were caused by two different introductions of distinct strains of East/Central/South African genotype of CHIKV. The paraphyletic grouping of African CHIK viruses supports the historical evidence that the virus was introduced into Asia from Africa. Phylogenetic analysis divided Chikungunya virus isolates into three distinct genotypes based on geographical origins: the first, the West Africa genotype, consisted of isolates from Senegal and Nigeria; the second contained strains from East/Central/South African genotype, while the third contained solely Asian. The most recent common ancestor for the recent epidemic, which ravaged Indian Ocean islands and Indian subcontinent in 2004–2007, was found to date in 2002. Asian lineage dated about 1952 and exhibits similar spread patterns of the recent Indian Ocean outbreak lineage, with successive epidemics detected along an eastward path. Asian group splitted into two clades: an Indian lineage and a south east lineage. Outbreaks of Chikungunya virus fever in Asia have not been associated necessarily with outbreaks in Africa. Phylogenetic tools can reconstruct geographic spread of Chikungunya virus during the epidemics wave. The good management of patients with acute Chikungunya virus infection is essential for public health in susceptible areas with current *Aedes* spp activity.

1. Introduction

Chikungunya virus (CHIKV) is a mosquito-transmitted alphavirus that belongs to the *Togaviridae* family [1]. It causes chikungunya fever (CHIK fever), a febrile illness associated with severe arthralgia and rash [2–5]. Chikungunya is a Makonde word (Bantu language) meaning ‘The one which bends up’ referring to the posture of the affected patient acquired due to excruciating pain in the joints [6].

The CHIKV is a small (about 60–70 nm-diameter), spherical, enveloped, positive-strand RNA virus [7–9].

Its genome is about 12 kb long and is capped in 5' and has

a polyA tail in the 3' end. The genome structure includes two open reading frames (ORFs) that encodes for two polyproteins (non-structural polyprotein and structural polyprotein), which can be cleaved respectively into four non-structural proteins (nsP1, nsP2, nsP3, nsP4) and five structural proteins (C, E3, E2, 6K, E1) by viral and cellular proteases [10].

Chikungunya virus is transmitted by culicine mosquitoes and can alternatively affects vertebrates and arthropods [11,12]. The arthropods remain infected throughout all its life. Its transmission to humans is mainly through *Aedes* species mosquitoes [13]. *Aedes aegypti*, *Aedes albopictus* and *Aedes polynesiensis* are commonly involved in the transmission although *Culex* has also been reported for the transmission in some cases [1,13,14].

African CHIKV circulates primarily in a sylvatic/enzootic cycle, transmitted by arboreal primatophilic *Aedes* mosquitoes (eg., *Aedes furcifer* and *Aedes africanus*)

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and probably relies on nonhuman primates as reservoir hosts^[13,15].

A recent Indian study reported transmission of chikungunya virus by *Anopheles stephensi* too^[16]. The Indian Ocean outbreak is caused by transmission by *Aedes* only^[1]. The common reservoirs for chikungunya virus are monkeys and other vertebrates. The role of cattles and rodents has also been reported in the transmission of the virus^[13].

The CHIKV usually shows a periodicity with occurrence of disease in the community with latency intervals of 3–4 years, probably due to its cycle in monkeys^[11,13]. Following transmission, CHIKV replicates in the skin, and disseminates to the liver, muscle, joints, lymphoid tissue (lymph nodes and spleen) and brain, presumably through the blood (Figure 1)^[17–20].

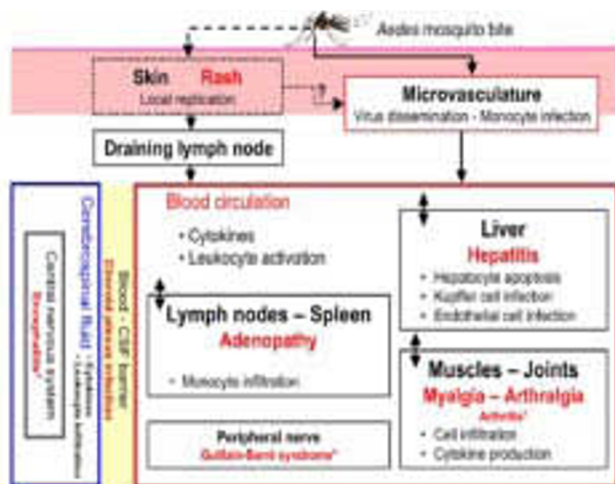


Figure 1. Virus dissemination and target organs.

CHIKV spreads rapidly in the body after initial infection. Following inoculation with CHIKV through a mosquito bite, the virus directly enters the subcutaneous capillaries, with some viruses infecting susceptible cells in the skin, such as macrophages or fibroblasts and endothelial cells. Local viral replication seems to be minor and limited in time, with the locally produced virus probably being transported to secondary lymphoid organs close to the site of inoculation. Virus dissemination through the blood and pathological events associated. True arthritis remains a rare event (from 2% to 10%). (Dupuis-Maguiraga *et al*, 2012).

The pathological events associated with tissue infection are mostly subclinical in the liver (hepatocyte apoptosis) and lymphoid organs (adenopathy), whereas in the muscles and joints are associated with very strong pain, with some of the patients presenting arthritis (Figure 1)^[19,20].

Symptoms of CHIKV infection include high fever, rigors, headache, photophobia and a petechial rash or maculopapular rash. In addition, most infected individuals complain of severe joint pain that is often incapacitating and a painful inguinal lymphadenopathy was also reported in a case study of a 28-year-old woman^[21–24].

‘Silent’ infections do occur but are rare, being observed in

around 15% of infected individuals^[25].

The acute phase of CHIKV infection typically lasts from a few days to a couple of weeks. However, arthralgia and/or myalgia may persist for weeks, months, or even years. Some patients go on to develop a genuine, chronic arthritic syndrome^[26,27].

Typically, joint damage fluctuates over time, but always affects the same parts of the body, mostly the extremities (hands, ankles, knuckles)^[20,28–30]. The mortality rate is low (0.4%), but is higher in babies less than 1 year old (2.8%) and increases in the elderly with concurrent diseases^[29].

There is no specific treatment for CHIK and no vaccine is currently available. The illness is usually self-limiting and resolves with time. Supportive care with rest is indicated during the acute joint symptoms^[31]. Infective persons should be protected from further mosquito exposure (staying indoors and/or under mosquito net during the first few days of illness) so that they cannot contribute to the transmission cycle^[32].

Laboratory diagnosis relies upon the detection of the virus on early samples and/or specific anti-CHIKV IgM and IgG on blood samples^[33]. Commercial kits are available, sometimes with excellent sensitivity and specificity^[34]. For example the commercial Chikungunya virus real-time reverse transcription-PCR (RT-PCR) kit, by Panning *et al*, 2009, was 100% sensitive and specific in comparison to a published real-time RT-PCR^[34]. This commercial CHIKV kit may assist laboratories in affected regions and serve the needs of outpatient travel medicine clinics worldwide. The capability of quantifying virus RNA concentrations may facilitate the monitoring of disease progression and the assessment of risks of transmission in the nosocomial situation^[35]. In addition, this kit may help in regions where CHIKV vectors *Aedes aegypti* and *Aedes albopictus* are subject to virus surveillance^[34].

Anti-CHIKV antibodies can be detected in patients shortly after symptom onset, usually after 5 days for IgM and only a few days later for IgG. Commercial enzyme immunoassays and immunofluorescence assays are available^[36].

Possible problems in the interpretation of the serological results could be a) possible false negativity due to CHIKV induced mixed cryoglobulinemia^[37], b) cross-reactivity with viruses of the Semliki Forest serocomplex requiring seroneutralization, and c) long-term persistence of anti-CHIKV IgM months after disease onset^[33]. To demonstrate a recent CHIKV infection in most cases is sufficient a synchronous testing of a sample from the acute stage and a sample collected at least 3 weeks later^[33].

For diagnosis, monitoring, detection and genotyping of CHIKV, conventional reverse transcription-polymerase chain reaction (RT-PCR) methods have been used. Regarding the detection of CHIKV-RNA, it can be detected in plasma samples within the first week after symptom onset,

commonly with extremely high levels of viremia^[38].

Real-time quantitative RT-PCR to detect and quantify the CHIKV was also developed^[39]. This method is sensitive and specific and detects a wide range of CHIKV concentrations.

More recently, a positive- and negative-strand quantitative Real-Time Polymerase Chain Reaction (qRT-PCR) assays for CHIKV nsP3 was designed for diagnosis and studying virus replication^[40]. This positive- and negative-strand qRT-PCR assays had limits of quantification of 1 and 3 log₁₀ RNA copies/reaction, respectively. Compared to a published E1 diagnostic assay using 30 laboratory-confirmed clinical samples, the positive-strand nsP3 qRT-PCR assay had higher R² and efficiency and detected more positive samples^[40].

A SYBR Green I based quantitative RT-PCR assay was also recently developed^[41]. This assay was found to be 10-fold more sensitive than conventional RT-PCR and no cross reactivity was observed with related alphaviruses and flaviviruses.

A novel molecular diagnostic platform that ensures a rapid and cost-effective one-step RT-PCR assay, with high sensitivity and specificity, for the early detection of the Chikungunya virus (CHIKV) was also developed^[42]. It uses 2,7-diamino-1,8-naphthyridine derivative (DANP)-labeled cytosine-bulge hairpin primers to amplify the nsP2 region of the CHIKV genome, followed by measurement of the fluorescence emitted from DANP-primer complexes after PCRs.

The detection limit of this assay was 0.01 plaque-forming units per reaction of CHIKV. An advantage of this assay could be represented by the fact that the HP-nsP2 primers were highly specific in detecting CHIKV, without any cross-reactivity with the panel of RNA viruses validated in this study. The feasibility of the DANP-coupled hairpin RT-PCR for clinical diagnosis was evaluated^[42] using clinical serum samples from CHIKV-infected patients, and the specificity and sensitivity were 100% (95% CI, 80.0% to 100%) and 95.5% (95% CI, 75.1% to 99.8%), respectively. This Novel DANP-Coupled Hairpin RT-PCR assay should be used as a potential clinical molecular diagnostic assay for CHIKV in acute-phase patient serum samples.

2. Epidemiology and spread of CHIKV

Chikungunya fever was first reported in 1952 from Makonde plateaus, along the borders between Tanzania and Mozambique^[6,43]. Chikungunya virus was first isolated by Ross in 1953 from the serum of a febrile human during an epidemic in Newala district of Tanzania^[44].

The virus probably originated in Africa^[1,12,45] where it maintained in 'sylvatic cycle' involving wild primates and forest dwelling mosquitoes^[11,12,14,46].

Chikungunya was introduced subsequently in Asia where it has been transmitted from human to human mainly by *Aedes aegypti* and, to a lesser extent by *Aedes albopictus* through an urban transmission cycle^[45,46].

Since Tanzania outbreak in 1952, chikungunya virus caused outbreaks (emerging and re-emerging) between the 1960s and 1990s in East Africa (Uganda)^[1,47], in Zimbabwe^[48], in West Africa (Senegal)^[13,49], and in Central Africa (Central African Republic, Democratic Republic of the Congo and Cameroon)^[11,46,48,50,51].

Chikungunya virus has also been reported from Portugal and Guinea^[12]. Philippines, Malaysia, Mayotte and Reunion Island are commonly affected in Asia^[52].

The chronological order of the documented outbreaks of CHIKV was described by Powers and Logue^[54].

The first documented Asian outbreak was in 1958^[46,54–56]. The outbreaks in Africa and Asia, were unpredictable, with interval of 7 to 20 years between two consecutive epidemics.

In India there was a confirmed history of outbreaks during 1963–64 in Kolkata^[57] (earlier known as Calcutta) and 1965 in Chennai (earlier known as Madras)^[58,59]. The entry of chikungunya virus in India was unknown although Calcutta Sea and air roots are believed to be the probable entry points^[60].

Among the numerous large cities in South East Asia also Bangkok has been identified as a particularly active site of transmission and disease^[49,61–63]. Outbreaks have been documented in Cambodia, Vietnam, Laos, Myanmar too^[55]. In 2004, a large epidemic of CHIKV, sustained by the circulation of the East-Central-South African (ECSA) genotype, started on the coast of Kenya, followed in 2005 by sequential outbreaks on the Comoros, La Reunion, and other islands in the southwest Indian Ocean. On Reunion island alone there were approximately 266 000 cases (34% of the total island population)^[5,64,65].

Then, an epidemic due to the same strain ravaged the Indian subcontinent in 2005–2006, causing more than one and half million cases^[66].

Interestingly, during the epidemic in La Reunion, the virus apparently mutated. The A226V mutation allowed the virus to better adapt to *Aedes albopictus*, the only competent vector present on the island^[1]. Viral strains with the same mutation were also identified in India and caused an outbreak in North-eastern Italy^[67,68]. In particular the outbreak reported in Emilia-Romagna Region (North-eastern Italy) in the summer of 2007 represented the first epidemic reported in a temperate area, probably related to the a high concentration of *Aedes albopictus* that affected this area^[69].

Other cases were reported in Europe (UK, Belgium, Germany, Czech Republic, Norway, Spain and France), Hong Kong, Canada, Taiwan, Sri Lanka and the USA; these cases were directly associated with the return of travellers from India and affected islands of the Indian Ocean^[53,70].

3. Phylogeny

Primarily phylogenetic analysis divided the CHIK virus isolates into three distinct genotypes based on geographical origins. The first clade consisted of the isolates from Senegal and Nigeria, forming the West Africa genotype (Waf). The remaining isolates formed two clades: one contained strains from central and eastern Africa (Central/East African genotype), while the other contained solely Asian isolates^[71]. Genetic studies by Lanciotti *et al*^[47] as well as the phylogenetic analyses presented by Powers^[71] clearly demonstrate that ONN and CHIK viruses are genetically distinct. The paraphyletic grouping of the African CHIK viruses supports the historical evidence that the virus was introduced into Asia from Africa^[45,71].

A recent study^[72] investigated the CHIKV genotype in patients in Cambodia and analyzed the phylogenetic origin of the strains. The phylogenetic analysis performed by the authors showed that CHIKV was composed by three genotypes: West Africa, Asia and East/Central/South African (ECSA) (Figure 2). The viruses from Cambodia clustered with those isolated during the Indian Ocean outbreak and within the ECSA phylogenetic group (Figure 2).

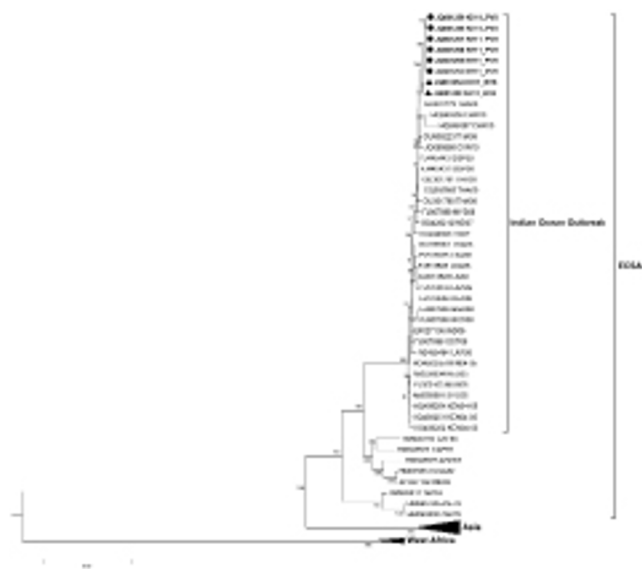


Figure 2. Phylogenetic tree based on the whole genome of CHIKV. Viruses were identified by using the GenBank accession number, country code, and year of isolation. Boldface indicates strains from Cambodia; circles indicate isolates from Preah Vihear Province; triangles indicate strains from Battambang Province. All 8 strains from Cambodia carried the A226V mutation. Numbers represent the bootstrap support obtained for respective branches (>70). The tree was rooted by o’nyongnyong virus (GenBank accession no. AF079456, UGA96–ONNV). ECSA, East Central South African genotype. Scale bars indicate nucleotide substitutions per site (Duong *et al*, 2012).

Another recent study^[15] showed that the CHIKV

phylogenetic trees included three distinct CHIKV clades, namely, ECSA (East/Central/South African), West Africa, and Asian, with the recent Indian Ocean basin outbreak forming a monophyletic lineage descendant from the ECSA clade. The divergence of each distinct lineage reflected, to some extent, the path of global transmission and occasional outbreaks. The authors showed that, excluding the 5’ and 3’ 20 nucleotides (nt) that were not sequenced, the genome length varied among and within geographic lineages, with those in the ECSA lineage being shorter (11557 to 11789 nt) than the Waf (11843 to 11881 nt) and Asian (11777 to 11999 nt) strains.

The authors^[15] also found nucleotide differences in all genes, and the most variable genome regions included the 5’ and 3’ UTRs, as well as the 26S junction region. They observed that the ORFs were highly conserved, with occasional indels observed in high–passage strains. Because of the highly divergent UTRs made accurate alignments impossible the authors excluded the UTRs from the phylogenetic analyses and found poly(A) insertions in the 3’ UTRs of two ECSA strains in addition to the Ross strain^[73]. The insertion in the Senegal bat strain, which is located in the ECSA group, is in a different location from the other two, suggesting their independent generation.

A maximum parsimony, neighbour joining and maximum likelihood analysis was conducted on partial E1 gene sequences^[71]; both the maximum–likelihood (ML) method and the Metropolis–coupled Markov Chain Monte Carlo (MCMCMC) method was performed by Volk^[15], they also estimated evolutionary rates and times to the most recent common ancestors on CHIKV genomic sequences. A recent phylogenetic study^[45] analyzed CHIKV data set of partial E1 nucleotide sequences and estimated the evolutionary rates, the time–scaled phylogeny reconstruction and Bayesian phylogeography (Figure 3). Volk^[15], showed that the overall nucleotide substitution rate was 4.33×10^{-4} nucleotide substitutions per site per year (subs/nt/year) and that the rates estimated for each lineage exhibited considerable variation, with those for the epidemic lineages significantly higher than those estimated for the enzootic lineages. The authors showed that the Asian lineage exhibited a significantly higher substitution rate (i.e., non–overlapping HPD values) (4.16×10^{-4} subs/nt/yr; 95% HPD: 3.26×10^{-4} to 5.02×10^{-4} subs/nt/year) than the Waf (2.39×10^{-4} subs/nt/year; 95% HPD: 1.98×10^{-4} to 2.84×10^{-4} subs/nt/year) and ECSA lineages (2.30×10^{-4} subs/nt/year; 95% HPD: 1.37×10^{-4} to 3.24×10^{-4} subs/nt/year). The Indian Ocean epidemic lineage yielded an even higher rate estimate (8.46×10^{-4} subs/nt/year; 95% HPD: 5.81×10^{-4} to 1.09×10^{-3} subs/nt/year).



Figure 3. Significant non-zero rates for CHIKV E1 sequences. Only rates supported by a BF of > 3 were considered significant, and highlighted with arrows. In the Figure are showed the probable gene flows from the Origin (Kenya) to the other countries (Lo Presti *et al.*, 2012).

CHIKV E1 evolutionary rate reported by a phylogeographic study^[45] for the whole dataset was 1.4×10^{-3} substitution/site/year (95% HPD 6.4×10^{-4} – 2.5×10^{-3}). The assessment of the evolutionary rate of the subset including only the strains involved in the recent Indian Ocean epidemic, gave an estimation of 2.2×10^{-3} (95% HPD 9.6×10^{-4} – 3.8×10^{-3}). The authors reconstructed the geographic spread of CHIKV during the last epidemic wave, which showed an eastward path from Africa to Indian Ocean Island to India, and from there to other South East Asian countries (Figure 3) ^[45].

Phylogenetic studies also showed that the Indian Ocean and the Indian subcontinent epidemics were caused by two different introductions of distinct strains of the ECSA genotype of CHIKV^[45,74,75].

A single E1–A226V mutation was sufficient to dramatically increase the ability of different strains of CHIKV to infect *Ae. albopictus* mosquitoes and this substitution required no additional adaptive mutations to gain intermolecular compatibility^[76].

A study of strains obtained from the Democratic Republic of Congo during an urban outbreak in 1999–2000 demonstrated the close genetic relationship of these isolates with other strains from Central Africa^[51].

Since the major CHIK outbreak began in 2004, additional phylogenetic studies have been performed, most focusing on recent isolates^[45].

The MRCA for the recent epidemic which ravaged Indian Ocean islands and the Indian subcontinent in the years 2004–2007 was found to date in 2002^[45], confirming the findings of a previous study^[71]. Differently, a mathematical model by Cherian^[77] estimated the progenitor of the 2005–2007 viruses to exist up to 9 years before. This appeared to be corroborated by the presence of a strain in India in 2000 that bore 99% identity with an Ugandan strain of

1982 and a high similarity with strains isolated during the recent CHIKV epidemic^[74,78]. However, other studies did not support this finding that has been hypothesized to be the result of contamination^[15].

Asian lineage dated about 1952 and exhibited similar spread patterns of the recent Indian Ocean outbreak lineage, with successive epidemics detected along an eastward path^[15]. Asian group splitted into two clades: an Indian lineage, which likely went extinct, and a south east lineage. The old Asia genotype has not been identified during the last epidemic in India. This was consistent with lack of sustainability of the human–mosquito cycle at a local scale in the absence of continued importation^[15,79].

Outbreaks of CHIKV fever in Asia had not been necessarily associated with outbreaks in Africa, which suggested an independent evolution of an African ancestor of CHIKV in Asia^[45,80]. A new study on the phylogeny of *Aedes albopictus* and *Aedes aegypti* showed that *Aedes albopictus* probably spread in different times to the Indian Ocean islands starting from Madagascar, where these species were limited at the end of the XIX century^[81].

On the contrary, *Aedes albopictus* was only recently introduced in Comores. These differences in the ecology of *Aedes albopictus* and *Aedes aegypti* could explain the simultaneous circulation of a wild type virus in the Comores and a mutated strain in La Reunion^[81].

4. Conclusion

Phylogenetic tools are important to reconstruct the geographic spread of CHIKV during the epidemics wave, because they can highlight a possible different way of virus diffusion *i.e.* the eastward path from Africa to Indian Ocean island to India, and from there to other South East Asian countries as also recently demonstrated^[45].

Some CHIKV cases outside tropical countries (*ie.* Italy) were directly associated with the return of travellers from India and from affected areas of the Indian Ocean and the major determinant of the outbreaks was the high density of the vector at the time of arrival of the index case.

Since the transmission of CHIKV is mediated by vectors, an issue to be considered and that has a fundamental role is the re-introduction and colonization of *Aedes* species in new areas and the problem of the vector control for disease containment.

The mosquito species *Aedes albopictus* originated in Southeast Asia, but has spread during the last 30–40 years to North, Central and Southern America, parts of Africa, northern Australia and several countries in Europe. The *Aedes albopictus* can colonise new geographical locations due to its ability to adapt to different climates [<http://www.ecdc.europa.eu/en/healthtopics/vectors/mosquitoes/Pages/aedes-albopictus.aspx>].

Instead *Aedes aegypti* is an important invasive mosquito

species that could potentially have an impact on European public health. It is found throughout tropical and subtropical regions of America, Africa and Asia, as well as southeastern US, Indian Ocean Islands and northern Australia. This species was established in Europe in the beginning of the 20th century and was also recently re-introduced in Europe [<http://www.ecdc.europa.eu/en/healthtopics/vectors/mosquitoes/Pages/aedes-aegypti.aspx>].

Possible measures for vector control could be the use of fast-acting insecticides (synergised pyrethrins) for 3 days consecutively, to apply with a truck-mounted atomiser in public spaces and a backpack mist blower in private spaces. Antilarval measures using formulations of insect growth regulators. House-to-house interventions to eliminate breeding places, and to encourage community participation^[67]. The occurrence of outbreaks of CHIKV infection in countries with a temperate climate highlighted that clinical and diagnostic capacities have to be developed where these vectors of exotic diseases already circulate.

The good management of patients with acute CHIKV infection is essential for public health in susceptible areas with current *Aedes* spp activity. Chikungunya fever is diagnosed based on symptoms, physical findings (e.g., joint swelling), laboratory testing, and the possibility of exposure to infected mosquitoes (<http://www.cdc.gov/chikungunya/>).

The early diagnosis of CHIKV infection remains difficult because the clinical picture of CHIKV infection is similar to that of other viral infections, which results in frequent diagnostic uncertainty^[82]. In areas with current *Aedes* spp activity, most health authorities recommend prompt suspicion of imported or autochthonous cases, adequate use of diagnostic tools, isolation of suspect patients, rapid contact with the local health department, and sometimes mandatory case declaration. The final aim is to avoid epidemics spreading around the new cases^[33]. In conclusion, the present review gave a critical appraisal of the epidemiology, clinics and phylogenesis of CHIKV and reinforces the need to monitor the geographic spread of CHIKV, and the vectors.

Conflict of interest statement

We declare that we have no conflict of interest

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