evaluated pre-treatment with ticagrelor. So the only randomized trial to evaluate pre-treatment is the ACCOAST study, which showed harm and no benefit to the patients with pre-treatment.

Finally, despite the caveats of the CURE and CREDO trials, which favor pretreatment without really testing the hypothesis, when pooling the data from ACCOAST, CURE, and CREDO trials (N > 18,000), there was no decrease in mortality or ischemic events, but a significant 45% excess of major bleeding with thienopyridine pre-treatment (3). Both clopidogrel and pre-treatment are strategies of the past (4). However, we encourage Dr. Lozano to perform the study that he suggests in his conclusion.

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http://dx.doi.org/10.1016/j.jacc.2015.02.029

Please note: Dr. Montalescot has reported receiving consulting fees from Bayer, Boehringer-Ingelheim, CFR, Europa, GLG, Iroko Cardio International, Lead-Up, LLC, Luminex, McKinsey, Remedica, Servier, TIMI Group, WebMD, and Wolters; consulting fees and grant support from Bristol-Myers Squibb, Astra-Zeneca, Biotronik, Eli Lilly, The Medicines Company, Medtronic, Menarini, Sanofi, Pfizer, and Accumetrics; and grant support from Abbott Vascular, Daiichi-Sankyo, Nanospheres, and Stentys.

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Not All NSTEMIs Are Created Equal



We commend the authors of the recently published ACCOAST-PCI (A Comparison of Prasugrel at the Time of Percutaneous Coronary Intervention or as Pre-treatment At the Time of Diagnosis in Patients with Non-ST-Elevation Myocardial Infarction) study (1) for their efforts. Despite being the largest randomized trial of pre-treatment with prasugrel in non-ST-segment elevation myocardial infarction (NSTEMI) patients, we have reservations that we detail as follows.

Risk stratification for adverse cardiac events is a key component of treating NSTEMI patients. In this trial, ~57% of patients presented with ischemic ST-segment changes and ~23% with a GRACE (Global Registry of Acute Coronary Events) score of more than 140. It would be interesting to know the event rates in these patients stratified according to whether they were pre-treated with prasugrel or not. Ischemic events are higher in patients with ischemic ST-segment changes and/or high GRACE score, which may warrant more aggressive therapy to improve outcomes (2).

The event rates for stent thrombosis were extremely low, <0.5%. Because the trial was not powered to show the differences between both strategies, no real conclusions can be drawn about stent thrombosis and the association with pretreatment with prasugrel other than numerically there were fewer events in the pre-treatment group.

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REPLY: Not All NSTEMIs Are Created Equal



To answer the comments of Dr. Nairooz and colleagues, we have performed additional analyses of the percutaneous coronary intervention subgroup that need to be examined with caution considering their post-hoc nature. Although it is possible to evaluate the individual risk of a patient presenting with a non-ST-segment elevation myocardial infarction according to well-known factors or scores, making the decision to pre-treat or not, according to this evaluation does not seem appropriate. The GRACE (Global Registry of Acute Coronary Events) score, defined as high when more than 110, was not associated with lower rates of the primary endpoint at 30 days in patients who were pre-treated with prasugrel (15.66%) versus those who were not (14.08%, p value for interaction = 0.26). This was also confirmed when a GRACE score of more than 140 was considered (15.54 pre-treatment vs. 16.85 no pretreatment, p for interaction = 0.56). The analyses were also consistent according to the presence of ischemic abnormalities on the electrocardiogram (p for interaction = 0.74) or for the presence of ST-segment depression more than 1 mm (p for interaction = 0.97). The results were also consistent at 7 days for all these subgroups.

Stent thrombosis rates were indeed very low and not different between the 2 groups. These results are in line with the TRITON (Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel) results and confirm that prasugrel is a very effective drug to prevent stent thrombosis when administered in the catheterization laboratory. The current data on stent thrombosis support further the conclusions that prasugrel does not need to be administered before coronary angiography in NSTEMI patients.

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http://dx.doi.org/10.1016/j.jacc.2015.01.054

Please note: Dr. Montalescot has received consulting fees from Baver. Boehringer-Ingelheim, CFR, Europa, GLG, Iroko Cardio International, Lead-Up, LLC, Luminex, Mc Kinsey, Remedica, Servier, TIMI Group, WebMD, and Wolters; consulting fees and grant support from Bristol-Myers Squibb, AstraZeneca, Biotronik, Eli Lilly, The Medicines Company, Medtronic, Menarini, Sanofi, Pfizer, and Accumetrics; and grant support from Abbott Vascular, Daiichi-Sankyo, Nanospheres, and Stentys. Dr. Collet has received research grants from Bristol-Myers Squibb, Sanofi, Eli Lilly, Guerbet Medical, Medtronic, Boston Scientific, Cordis, Stago, Centocor, Fondation de France, INSERM, Federation Francaise de Cardiologie, and Société Française de Cardiologie; consulting fees from Sanofi, Eli Lilly, and Bristol-Myers Squibb; and lecture fees from Bristol-Myers Squibb, Sanofi, and Eli Lilly. Dr. Bolognese has received fees for board membership from Daijchi-Sankvo and Eli Lilly: consulting fees from Daiichi-Sankyo; and lecture fees from Daiichi-Sankyo, Eli Lilly, Menarini, Abbott Vascular, AstraZeneca, and Iroko Cardio International. Dr. ten Berg has received fees for board membership from AstraZeneca; consulting fees from AstraZeneca, Eli Lilly, and Merck; and lecture fees from AstraZeneca and Eli Lilly. Dr. Dudek has received consulting and lecture fees from Abbott Vascular, Adamed, Adyton Medical Polska, Abiomed Europe, AstraZeneca, Biotronik, Balton, Bayer, Braun, BioMatrix, Boston Scientific, Boehringer Ingelheim, Bracco, Bristol-Myers Squibb, Comesa Polska, Cordis, Cook, Covidien Polska, DRG MedTek, Eli Lilly, EuroCor, GE Hammermed Healthcare, GlaxoSmithKline, Inspire-MD, Iroko Cardio International, Medianet, Medtronic, The Medicines Company, Meril Life Sciences, Merck Sharp & Dohme, Orbus-Neich, Pfizer, Possis, ProCardia Medical, Promed, REVA Medical, Sanofi, Siemens, Solvay, Stentys, St. Jude Medical, Terumo, Tyco, and Volcano. Dr. Hamm has received payment for board membership from AstraZeneca, Medtronic, and Boehringer Ingelheim; consulting and lecture fees from Medtronic, Boehringer Ingelheim, Eli Lilly, The Medicines Company, Abbott Vascular, Bayer, Sanofi, Boston Scientific, Correvio, Roche Diagnostics, Pfizer, Cordis, Daiichi-Sankyo, and GlaxoSmithKline; and lecture fees from AstraZeneca and Merck. Dr. Widimsky has received consulting and lecture fees from Eli Lilly and Daiichi-Sankyo. Dr. Tanguay has received consulting fees from Eli Lilly, AstraZeneca, Abbott Vascular, Roche, and GlaxoSmithKline; lecture fees from Eli Lilly, AstraZeneca, Abbott Vascular, Pfizer, and Bristol-Myers Squibb; and grant support from Eli Lilly, AstraZeneca, Abbott Vascular, GlaxoSmithKline, Roche, and Sanofi. Dr. Goldstein has received fees for board membership from Boehringer Ingelheim, The Medicines Company, and Daiichi-Sankyo; consulting fees from Boehringer Ingelheim, Bayer, Sanofi, and AstraZeneca; lecture fees from Boehringer Ingelheim, The Medicines Company, Daiichi-Sankyo, Bayer, Sanofi, and AstraZeneca; payment for the development of educational presentations from Boehringer Ingelheim and AstraZeneca; and travel support from Boehringer Ingelheim, Daiichi-Sankyo, and Sanofi. Drs. Brown, Miller, and LeNarz are employees of and hold stock in Eli Lilly. Dr. Vicaut has received fees for board membership from CERC, consulting fees from Pfizer, Sanofi, LFB, Abbott Vascular, Fresenius, Medtronic, and Hexacath; lecture fees from Novartis; and grant support from Sanofi and Boehringer Ingelheim. All other authors have reported that they have no relationships relevant to the contents of this paper to disclose.