

A1152 JACC March 17, 2015 Volume 65, Issue 10S

Non Invasive Imaging (Echocardiography, Nuclear, PET, MR and CT)

ASSESSING LEVEL OF AGREEMENT FOR ATHEROSCLEROTIC CARDIOVASCULAR DISEASE RISK CATEGORIZATION BETWEEN CORONARY ARTERY CALCIUM SCORE AND THE AMERICAN COLLEGE OF CARDIOLOGY/AMERICAN HEART ASSOCIATION CARDIOVASCULAR PREVENTION GUIDELINES AND POTENTIAL IMPACT ON TREATMENT RECOMMENDATIONS

Poster Contributions Poster Hall B1 Saturday, March 14, 2015, 3:45 p.m.-4:30 p.m.

Session Title: Non Invasive Imaging: CT/Multimodality, Angiography, and Non-CT Angiography Abstract Category: 16. Non Invasive Imaging: CT/Multimodality, Angiography, and Non-CT Angiography Presentation Number: 1136-017

Authors: <u>David B. Min</u>, Hussain Ismaeel, Laila Al-Shaar, Sandra Halliburton, Paul Schoenhagen, Dermot Phelan, Cleveland Clinic Foundation, Cleveland, OH, USA

Background: The 2013 American College of Cardiology/American Heart Association Cardiovascular Prevention Guidelines utilize new pooled cohort equations (PCE) to predict 10-year risk of atherosclerotic cardiovascular disease (ASCVD) events which form the basis of treatment recommendations. We sought to study the level of agreement in predicted ASCVD risk by CAC-score and PCE-calculated models and the potential impact on therapy of additional CAC testing.

Methods: We studied 687 consecutive patients (mean age 54 years, 72% men) that had a coronary calcium study at our institution. Clinical & imaging data were recorded. ASCVD risk was calculated utilizing published PCE-based algorithm. CAC-based risk was categorized by previously published recommendations. Risk stratification comparisons were made and level of agreement calculated.

Results: In the cohort, mean ASCVD PCE-calculated risk was 5.3% and mean CAC score was 80 Agatston units (AU). Of the intermediate PCE-calculated risk (5% to < 7.5%) cohort, 85% had CAC score <100 AU (Table). Of the cohort categorized as Reasonable to Treat per the ASCVD prevention guidelines, 40% had a CAC score of 0 AU and an additional 44% had CAC scores >0 but < 100 AU.

Conclusion: For the patients with intermediate risk of ASCVD (PCE-calculated risk of 5% to < 7.5%), CAC testing further refines risk assessment in a significant number of patients. This can assist clinicians in conducting an evidence-based discussion with their patients to determine whether to start therapy.

CAC Score versus ACC/AHA ASCVD Prevention Risk Score: Kappa=0.23 ±0.029						
			Pooled Risk Score			Total
			<5%	5-7.49%	>=7.5	
CAC Score	0-99	Count	416	77	90	583
		% within CAC score Category	71.4%	13.2%	15.4%	100.0%
		% within Pooled Risk Score Categories	94.5%	84.6%	57.7%	84.9%
	100-299	Count	19	9	31	59
		% within CAC score Category	32.2%	15.3%	52.5%	100.0%
		% within Pooled Risk Score Categories	4.3%	9.9%	19.9%	8.6%
	>=300	Count	5	5	35	45
		% within CAC score Category	11.1%	11.1%	77.8%	100.0%
		% within Pooled Risk Score Categories	1.1%	5.5%	22.4%	6.6%
Total		Count	440	91	156	687
		% within CAC score Category	64.0%	13.2%	22.7%	100.0%
		% within Pooled Risk Score Categories	100.0%	100.0%	100.0%	100.0%