Bulletin of Faculty of Pharmacy, Cairo University (2016) 54, 99-106



Cairo University

Bulletin of Faculty of Pharmacy, Cairo University

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# **ORIGINAL ARTICLE**



**BULLETIN OF** 

**FACULTY OF** 

PHARMACY, CAIRO UNIVERSITY

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# Validated chromatographic methods for the simultaneous determination of Mometasone furoate and Formoterol fumarate dihydrate in a combined dosage form

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Received 21 November 2015; revised 8 January 2016; accepted 1 February 2016 Available online 17 February 2016

# KEYWORDS

Mometasone furoate; Formoterol fumarate dihydrate; TLC-densitometry; High performance liquid chromatography; Isocratic elution **Abstract** Two chromatographic methods were developed and validated for the simultaneous determination of MO metasone furoate (MO) and Formoterol fumarate dihydrate (FOR). Combination of MO and FOR is used for the treatment of asthma in patients suffering from reversible obstructive airway disease. The first chromatographic method was based on using aluminum TLC plates pre-coated with silica gel GF<sub>254</sub> as the stationary phase and chloroform:ethyl acetate: methanol:toluene:formic acid (5:2:2:2:0.1, by volume) as the mobile phase followed by densitometric measurement of the separated bands at 233 nm. The second method is a high performance liquid chromatographic method for the separation and determination of MO and FOR using reversed phase C<sub>18</sub> column with isocratic elution. The mobile phase composed of methanol: 0.5% ammonium acetate pH adjusted with acetic acid (80:20, v/v) at a flow rate of 1.0 mL/min. Quantitation was achieved with UV detection at 220 nm. The specificity of the developed methods was investigated by analyzing the pharmaceutical dosage form. The validity of the proposed methods was assessed using the standard addition technique. The obtained results were statistically compared with those obtained by the reported methods, showing no significant difference with respect to accuracy and precision at p = 0.05.

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#### 1. Introduction

Asthma is a chronic inflammatory disorder of the airways. During asthma attacks, the smooth muscle cells in the bronchi constrict, the airways become inflamed and swollen, and breathing becomes difficult.<sup>1</sup> Therefore one of the ways of treating it is a combination of inhaled corticosteroids to reduce the inflammation of the airways and prevent the loss of lung functions<sup>2</sup> with long acting  $\beta 2$  agonists (LABA) which acts locally on the lung as a bronchodilator and relaxes muscles

http://dx.doi.org/10.1016/j.bfopcu.2016.02.001

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Peer review under responsibility of Faculty of Pharmacy, Cairo University.



Figure 1 Structural formula of (a) Mometasone furoate MO and (b) Formoterol fumarate dihydrate FOR.

in the airways to improve breathing. An example of this combination is Mometasone furoate (MO),  $(9\alpha,21\text{-dichloro-1}1\beta,17\text{-dihydroxy-16}\alpha\text{-methylpregna-1,4-diene-17-yl furan-2-carboxylate})$  (Fig. 1a) which acts as a corticosteroid and Formoterol fumarate dihydrate (FOR), (N-[2-hydroxy-5-[(1RS)-1-hydroxy-2-[[(1RS)-2-(4-methoxyphenyl)-1-methylethyl]amino] ethyl]phenyl]formamide(E)-butenedioate dehydrate) (Fig. 1b) which acts as a long acting  $\beta 2$  agonist.<sup>3</sup>

Literature survey reveals that MO and FOR are official drugs in European Pharmacopoeia,<sup>4</sup> also MO is official in United States Pharmacopoeia.<sup>5</sup> Several analytical methods have been reported for the determination of MO alone or in combinations with other drugs including, spectrophotometry,<sup>4,6–9</sup> TLC<sup>10,11</sup> and HPLC.<sup>5,12–20</sup> Besides, several methods have been reported for the determination of FOR alone or in combinations including, non aqueous titration,<sup>4</sup> spectrophotometry,<sup>21–24</sup> voltammetry,<sup>25</sup> capillary electrophoresis,<sup>26</sup> and HPLC.<sup>18–20,27–32</sup> The aim of this work is to develop simple chromatographic methods for the simultaneous determination of MO and FOR in pharmaceutical dosage form.

# 2. Experimental

#### 2.1. Instruments

The thin-layer chromatographic (TLC) system consisted of a Camag Linomat autosampler (Muttenzl, Switzerland), a Camag microsyringe (100  $\mu$ L) and a Camag 35/N/30319 TLC scanner with winCATS software; an ultraviolet (UV) lamp with a short wavelength at 254 nm (Desaga, Wiesloch, Germany); and TLC plates precoated with silica gel GF<sub>254</sub> 10 × 20 cm, 0.25 mm thickness (Merck, Darmstadt, Germany).

Shimadzu HPLC system consisted of a pumping system (model LC-10 AD vp), an ultra-violet variable wavelength detector (model SPD-10A vp), Degasser (model DGU-12A) and System controller (model SCL-10A vp) Equipped with a prominence autosampler (model SIL-20A) (Shimadzu, Kyoto, Japan). An Inertsil ODS-3 column (5  $\mu$ m, 250 mm  $\times$  4.6 mm i. d.) was used as stationary phase (GL Sciences, Tokyo, Japan).

#### 2.2. Materials and reagents

# 2.2.1. Pure standard

Mometasone furoate was kindly supplied by SIGMA Pharmaceutical Industries, Cairo, Egypt, its purity was found to be  $100.12 \pm 0.762$  according to the official method.<sup>5</sup> Formoterol fumarate dihydrate was kindly supplied by NOVARTIS pharmaceuticals, Cairo, Egypt, its purity was found to be  $100.02 \pm 0.592$  according to the reported method.<sup>19</sup>

#### 2.2.2. Pharmaceutical dosage form

Dulera® Inhalation aerosol (Batch No. GLG122) labeled to contain 100 µg of MO and 5 µg of FOR per actuation, was manufactured by (MERCK & CO. INC, White House Station, USA) and obtained from the American market.

#### 2.2.3. Chemicals and reagents

All chemicals used throughout the work were of analytical grade and solvents for HPLC were of HPLC grade. These included methanol (Sigma-Aldrich, Belgium), chloroform (Sigma-Aldrich, Belgium) and double distilled deionized water (Otsuka, Cairo, Egypt). Ethyl acetate, toluene, formic acid and ammonium acetate were purchased from Al-Nasr Pharmaceutical Chemicals Co., Cairo, Egypt.

# 2.2.4. Standard solutions

- Standard stock solution of MO: 1.0 mg/mL in methanol.
- Standard stock solution of FOR: 1.0 mg/mL in methanol.

#### 2.2.5. Working Solutions

For TLC-spectrodensitometric method: Working solution of FOR (200  $\mu$ g/mL) was prepared from its stock solution using methanol as a solvent.

For HPLC method: Working solutions of MO (400  $\mu$ g/mL) and FOR (100  $\mu$ g/mL) were prepared from their respective stock solutions using mobile phase as a solvent.

### 2.3. Procedures

#### 2.3.1. Construction of the calibration curves

2.3.1.1. For TLC-spectrodensitometric method. Accurately measured aliquots of MO stock standard solution (1 mg/mL) and FOR working solution (200  $\mu$ g/mL) were spotted onto TLC plates using Camag Linomat autosampler with microsyringe (100  $\mu$ L). The plates were then developed by the ascending technique using chloroform:methanol:ethyl acetate:toluene:formic acid (5:2:2:2:0.1, by volume) as a mobile phase. The plates were then removed and air-dried. The chromatogram was scanned at 233 nm. Calibration curves representing the relationship between integrated peak area and the corresponding concentrations of each of MO (2–14  $\mu$ g/band) and FOR (0.1–5  $\mu$ g/band) were plotted.

2.3.1.2. For HPLC method. Aliquots equivalent to 100-3000 µg of MO and 10-500 µg of FOR were accurately measured and transferred from their working solutions into a set of 10-mL volumetric flasks and the volumes were completed to the mark with the mobile phase (methanol: 0.5% ammonium acetate pH 5.7 (80:20; v/v)). A 20-µL aliquot of each solution was injected into an Inertsil ODS-3 column (5 µm,  $250 \text{ mm} \times 4.6 \text{ mm}$  i.d.), using the mobile phase, at flow rate 1.0 mL/min and UV detection at 220 nm. Two calibration curves were constructed by plotting the relative peak area. using 100  $\mu$ g/mL of MO and 25  $\mu$ g/mL of FOR as the external standards, against the corresponding concentrations of each drug.

#### 2.3.2. Application to pharmaceutical formulations

The actuator after shaking was inverted and placed in a beaker containing 4 mL methanol, and then the beaker was covered tightly. Ten actuations were delivered in the beaker, then the actuator was washed with methanol. The solution was transferred accurately into 10-mL volumetric flask and the volume was completed with methanol to prepare dosage form solution containing 100 µg/mL MO and 5 µg/mL FOR. For TLCspectrodensitometric determination of both drugs, 40 µL was applied onto TLC plates.

For HPLC analysis, dosage form solution was prepared as mentioned above but completing the volume with the mobile phase instead of completing with methanol and then injected to the column. The procedure was completed as mentioned under construction of calibration curves for each method. The concentration of MO and FOR was calculated from the corresponding regression equations.

# 3. Results

Several trials were conducted to develop the optimum chromatographic conditions for the sufficient separation of both drugs including chloroform:methanol (2:8, v/v), methanol:toluene (8:2, v/v) and chloroform:ethyl acetate:toluene (5:4:3, by volume) but bad resolution was obtained. The results of the TLC system were satisfactory when using chloroform:ethyl a cetate:methanol:toluene:formic acid (5:2:2:2:0.1, by volume) as the mobile phase.  $R_f$  values were found to be 0.81  $\pm$  0.02 and  $0.17 \pm 0.02$  for MO and FOR, respectively as shown in (Fig. 2). This separation allows the determination of MO and FOR at 233 nm without any interference from each other.

HPLC method was also tried to separate MO and FOR, therefore several trials have been undertaken to reach the optimum stationary/mobile phases matching. Good chromatographic separation of the two drugs in their binary mixtures could be achieved using an Inertsil ODS-3 column (5 µm,  $250 \text{ mm} \times 4.6 \text{ mm}$  i.d.), with a mobile phase consisting of (methanol: 0.5% ammonium acetate (80:20, v/v) pH 5.7 adjusted by glacial acetic acid) at flow rate 1.0 mL/min, followed by UV detection at 220 nm, (Fig. 3). Calibration curves were plotted for both TLC and HPLC for the determination of the cited drugs.

An overall system suitability testing was calculated (Table 1) determine whether the operating system performed to properly.

° <del>|</del> 0.20 0.40 0.60 0.80 1.00 Rf **Retardation Factor** 

Figure 2 TLC chromatogram of a resolved mixture containing 0.5 µg/band of FOR and 10 µg/band of MO.





Figure 3 HPLC chromatogram of resolved mixture containing 15 µg/mL of FOR and 300 µg/mL of MO.

Parameter	TLC		HPLC		Reference values (5)		
	МО	FOR	MO	FOR			
Retention time $(t_R)$ [min]			6.925	2.717			
Retardation factor $(R_f)$	0.81	0.17					
Tailing factor $(T)$	0.89	1.2	1	1	T = 1, for a typical symmetrical peak		
Capacity factor $(K')$			7.343	2.273	1 < K' < 10		
Selectivity factor ( $\alpha$ )	4.76		3.23		$\alpha > 1$		
Resolution factor (Rs)	12.8		12.27		Rs > 2		
Column efficiency (N)			3503	2485	N > 2000		
HETP <sup>a</sup> [mm]			0.071	0.100			

The proposed methods were validated according to International Conference on Harmonization (ICH) guidelines (Table 2). The table also shows the assay parameters of the regression equations and the ranges of concentration.

The proposed methods were successfully applied for the determination of MO and FOR in *Dulera*® inhaler. The results shown in Table 3 were satisfactory. The validity of the proposed methods was assessed by applying

the standard addition technique, no interference due to excipients was observed as shown from the results in Table 3.

The results obtained by applying the proposed methods for the analysis of pure MO and FOR compared to those obtained by applying the official<sup>5</sup> and reported methods,<sup>19</sup> respectively, they showed no significant difference regarding accuracy and precision Table 4.

Parameter	TLC		HPLC			
	МО	FOR	МО	FOR		
Range	$2-14 \ \mu g/band$	$0.1{-}5\ \mu g/band$	$10300 \ \mu\text{g/mL}$	$1{-}50\ \mu g/mL$		
Linearity						
Slope	Slope $1 = -0.1286$	Slope $1 = -0.3501$	0.0083	0.04		
	Slope $2 = 3.6519$	Slope $2 = 4.5039$				
Intercept	3.0026	0.2202	0.1688	-0.008		
SE of intercept	1.7826	0.3482	0.0048	0.0005		
Correlation coefficient (r)	0.9999	1	0.9999	1		
Accuracy	$100.10 \pm 1.039$	$99.96 \pm 0.970$	$100.24 \pm 0.494$	$100.24 \pm 0.819$		
$(\text{mean} \pm \text{SD})$						
Precision						
Intraday <sup>a</sup>	0.970	0.870	0.664	0.735		
Interday <sup>b</sup>	1.269	0.879	0.753	0.916		
LOD	0.26 µg/band	0.01 µg/band	2.52 μg/mL	0.06 µg/mL		
LOQ	0.78 µg/band	0.04 µg/band	7.63 μg/mL	0.18 µg/mL		
Robustness <sup>c</sup>	0.881	0.933	0.845	0.966		

**Table 2** Assay validation sheet of the proposed methods for the simultaneous determination of Mometasone furoate (MO) and Formoterol fumarate dihydrate (FOR).

<sup>a</sup> The intraday RSD% for *TLC* RSD% of three concentrations (3, 7 and 11  $\mu$ g/band) of MO and (0.26, 0.46 and 0.66  $\mu$ g/band) of FOR repeated three times within the day. For *HPLC* RSD% of three concentrations (20, 70 and 140  $\mu$ g/mL) of MO and (2.5, 10 and 20  $\mu$ g/mL) of FOR repeated three times within the day.

<sup>b</sup> The inter-day RSD% for *TLC* RSD% of three concentrations (3, 7 and 11  $\mu$ g/band) of MO and (0.26, 0.46 and 0.66  $\mu$ g/band) of FOR repeated three successive days. For *HPLC* RSD% of three concentrations (20, 70 and 140  $\mu$ g/mL) of MO and (2.5, 10 and 20  $\mu$ g/mL) of FOR repeated three successive days.

 $^{\circ}$  For *TLC*, RSD% of three concentrations (3, 7 and 11 µg/band) of MO and (0.26, 0.46 and 0.66 µg/band) of FOR) using 0.2 mL of formic acid instead of 0.1 mL. For *HPLC*, RSD% of three concentrations (20, 70 and 140 µg/mL) of MO and (2.5, 10 and 20 µg/mL) of FOR at flow rate 1.2 mL/min instead of 1 mL/min.

Product	Method Drug Recovery $\%^* \pm RS$		Recovery $\%^* \pm RSD$	Standard addition						
				Claimed amount taken	Added**	Found**	Recovery%*			
Dulera® inhalation aresol	TLC	МО	99.60 ± 0.351	4 μg/band	2	2.01	100.50			
(Batch No. GLG122)					4	3.99	99.75			
					6	5.97	99.50			
					Mean ± H	RSD	$99.91 \pm 0.521$			
		FOR	$101.00 \pm 0.910$	0.2 μg/band	0.1	0.100	100.00			
					0.2	0.201	100.50			
					0.3	0.299	99.67			
					Mean ± RSD		$100.06\pm0.418$			
	HPLC	МО	$100.83 \pm 0.630$	$100 \ \mu g/mL$	60	61.16	101.93			
					100	102.98	102.98			
					120	122.13	101.78			
					Mean ± RSD		$102.23 \pm 0.639$			
		FOR	$101.16 \pm 0.436$	5 μg/mL	3	3.06	102.00			
					5	5.00	100.00			
					7	7.11	101.57			
					Mean ± H	RSD	$100.17 \pm 1.050$			

**Table 3** Determination of Mometasone furoate (MO) and Formoterol fumarate dihydrate (FOR) in their Dosage form and application of standard addition technique using the proposed methods.

\* Average of three determinations of dosage form.

\*\* Added and found concentrations were µg/band in case of TLC method and µg/mL in case of HPLC method.

# 4. Discussion

Planar chromatography with precise application of the samples and computer controlled evaluation and quantification of the developed chromatograms has been considered to be a reliable technique for purity control and for quantitative drug testing.<sup>33</sup> Therefore the aim of this work is to develop simple,

accurate, rapid, specific and valid spectro-densitometric method. This separation allows the determination of MO and FOR without any interference from each other. A polynomial relationship was found to exist between the integrated peak area of the separated spots at the selected wavelength (233 nm) and the corresponding concentrations of MO and FOR in the range of  $2-14 \mu g/band$  and  $0.1-5 \mu g/band$  for MO and FOR, respectively.

Table 4	Statistical	comparison of	of the	results	obtained	by	the	proposed	methods	and	the	reported	methods	for	the	analysis	of
Mometas	one furoate	(MO) and Fe	ormote	erol fun	narate dih	ydra	ate (	FOR).									

Parameter	TLC		HPLC		Reported meth	iods
	МО	FOR	МО	FOR	$MO(5)^{b}$	FOR (19) <sup>c</sup>
Mean	100.10	99.96	100.24	100.24	100.12	100.02
SD	1.039	0.969	0.494	0.819	0.762	0.592
Variance	1.060	0.939	0.244	0.670	0.581	0.350
n	7	7	7	7	5	5
Student's t-test	0.038	0.132	0.531	0.542		
	$(2.228)^{a}$	$(2.228)^{a}$	$(2.228)^{a}$	$(2.228)^{a}$		
F-test	1.86	2.68	2.38	1.91		
	(6.16) <sup>a</sup>	(6.16) <sup>a</sup>	(4.53) <sup>a</sup>	(6.16) <sup>a</sup>		

<sup>a</sup> The figures in parenthesis are the corresponding theoretical values at p = 0.05.

<sup>b</sup> Official method is HPLC for MO determination using C<sub>8</sub> column (5  $\mu$ m, 4.6  $\times$  250 mm), methanol:water (65:35, v/v) as a mobile phase at a flow rate of 1.7 mL/min and UV detection at 254 nm.

<sup>c</sup> HPLC method for FOR determination using  $C_{18}$  column (5 µm, 4.6 × 150 mm), sodium dihydrogen phosphate buffer:acetonitrile (50:50, v:v) as a mobile phase. pH = 3 adjusted by diluted ortho-phosphoric acid at a flow rate of 1 mL/min and UV detection at 220 nm.

The regression equations were computed for MO and found to be:

 $A = -0.1286X^2 + 3.6519X + 3.0026 \qquad r = 0.9999 \quad \text{for MO}$ 

 $A = -0.3051X^2 + 4.5039X + 0.2202 \qquad r = 1 \qquad \text{for FOR}$ 

where A is the integrated peak area multiplied by  $(10^{-3})$ , X is the corresponding concentration in µg/band and r is the correlation coefficient.

The suggested chromatographic system for the HPLC method allows complete base line separation at reasonable time. The linearity of the detector's response of the studied drugs was determined by plotting a relative peak area (calculated following the external standard technique using 100  $\mu$ g/mL of MO and 25  $\mu$ g/mL of FOR as the external standards for MO and FOR, respectively) versus concentrations and linear correlation was obtained. The regression equations were computed for MO and FOR and found to be:

$$A = 0.0083C + 0.1688$$
  $r = 0.9999$  for MO  
 $A = 0.04C + 0.0011$   $r = 1$  for FOR

where A is the relative peak area, C is the corresponding concentration in  $\mu$ g/mL and r is the correlation coefficient.

By comparing the developed HPLC method with the reported methods<sup>18–19</sup> we found that, the developed method is more sensitive and liner over a wider range of concentration  $1-50 \ \mu\text{g/mL}$  for FOR and  $10-300 \ \mu\text{g/mL}$  for MO than that of the reported method<sup>18</sup>  $3-9 \ \mu\text{g/mL}$  for FOR and  $100-300 \ \mu\text{g/}$  mL for MO. Also the developed HPLC method shows a shorter retention time, where FOR and MO eluted after 2.7 min. and 6.9 min., while eluted after 3.4 min. and 9.2 min., respectively in the reported method.<sup>19</sup>

# 4.1. Method validation

The proposed methods were validated according to the ICH Q2 (R1) recommendations.<sup>34</sup> The method was validated for parameters such as system suitability, linearity, limit of detection (LOD), limit of quantitation (LOQ), accuracy, precision and selectivity.

#### 4.1.1. System suitability

The system suitability test is an integral part of chromatographic method development and it is used to verify that the system is adequate for the analysis to be performed; the system suitability parameters for MO and FOR were evaluated. The suitability of the chromatographic system was determined according to USP guidelines and with acceptance of the obtained parameter values.<sup>5</sup>

### 4.1.2. Linearity and ranges

Under the above mentioned experimental conditions, linear relationships were obtained by plotting the drug concentrations either against relative peak areas or integrated peak areas for each drug, for HPLC and TLC methods, respectively.

#### 4.1.3. Accuracy

The accuracy of the proposed methods was validated by analyzing pure samples of each MO, FOR in triplicate. The concentrations of the active drugs were calculated from the corresponding regression equations.

### 4.1.4. Precision

It was evaluated by calculating intra and inter-day precisions. By repeating the assay of three different concentrations of each of the cited drugs three times in the same day and assaying the same samples in triplicate on three successive days using the developed chromatographic methods and calculating the recovery% and RSD%.

#### 4.1.5. Specificity

The specificity of the developed methods was investigated by analyzing the pharmaceutical dosage form. The spots of the active drugs in the dosage form were confirmed by comparing their  $R_f$  values and densito-spectra of the spot with that of a standard drugs solutions (in TLC method).

#### 4.1.6. Robustness

It was evaluated by calculating the RSD% of three different concentrations of each of the cited drugs after making a deliberate change in the assay conditions of both TLC and HPLC.

#### 5. Conclusion

The suggested chromatographic methods provide simple, sensitive, accurate and reproducible methods for quantitative analysis of MO and FOR in their binary mixtures and pharmaceutical dosage form. The developed TLC method is highly sensitive. It has the advantages of short run time, large sample capacity and use of minimal volume of solvents. HPLC method gives a good resolution between the proposed components within suitable analysis time; it is highly specific but more expensive. The proposed methods have advantage than other published methods of being more sensitive, simple, lower time consuming and easy in application on inhaler dosage form.

### **Conflict of interest**

The authors declare that there are no conflicts of interest.

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