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# Internalization and degradation of a low affinity insulin ([Leu<sup>B24</sup>]insulin) by rat adipocytes

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### 1. INTRODUCTION

Following initial binding to a specific cell-membrane receptor, insulin is taken up into the cell and degraded [1-4]. Very little is known of this endocytotic-intracellular degradation pathway. The structure of the insulin molecule is well understood. and one portion of the molecule which is important in binding to the receptor has been determined to be amino acids 22-26 of the B chain [5,6]. However, it is not known if this sequence is important in determining whether the molecule is internalized and processed intracellularly. In [7] it was shown that a Leu-Phe substitution in position 24 of the B chain results in an insulin molecule ([Leu<sup>B24</sup>]insulin) with a low binding affinity for the insulin receptor. Furthermore, the molecule antagonizes the biological action of normal insulin. Here, we show that the amino acid substitution does not alter the rate of internalization nor the rate or extent of degradation of receptor bound analog to low- $M_r$ products. This demonstrates that the receptor binding region of the insulin molecule is not recognized in the degradative processes subsequent to the binding event.

## 2. EXPERIMENTAL

[Leu<sup>B24</sup>]Insulin was prepared as in [7]. Adipocytes were isolated from rat epididymal fat pads by the method in [8] as in [9]. Insulin and [Leu<sup>B24</sup>]insulin were iodinated by a modification [10] of the method in [11]. The techniques for measurement of [<sup>125</sup>I]insulin binding, dissociation and degradation have been detailed in [12,13].

### 3. RESULTS AND DISCUSSION

The potency of [Leu<sup>B24</sup>]insulin to inhibit binding of [<sup>125</sup>I]insulin to adipocytes is shown in fig.1. It can be seen that the  $EC_{50}$  for inhibition of [<sup>125</sup>I]insulin binding is  $\sim 70$  ng/ml. This is compared to the  $EC_{50}$ for insulin's ability to inhibit [<sup>125</sup>I]insulin binding,



Fig.1. Effect of insulin and [Leu<sup>B24</sup>]insulin on [<sup>125</sup>I]insulin binding by adipocytes. Adipocytes (~2 × 10<sup>5</sup>/ml) were incubated with [<sup>125</sup>I]insulin (0.3 ng/ml) plus the indicated concentration of insulin (•) or [Leu<sup>B24</sup>]insulin (•), for 90 min at 24°C. At the end of this period [<sup>125</sup>I]-insulin binding to the cells was determined.



Fig.2. Effects of insulin and anti-insulin receptor antibodies on binding of  $[^{125}I]$ insulin and  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin to adipocytes. Adipocytes ( $\sim 2 \times 10^5$ ) were incubated with 0.3 ng  $[^{125}I]$ insulin ( $\bullet$ ) or 1 ng  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin ( $\circ$ ) in 1 ml buffer for 90 min at 24°C. At the end of this period the amount of  $[^{125}I]$ insulin or  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin bound was determined. (A) Effect of insulin, at the indicated concentrations, added together with the labeled hormones. (B) Effects of a serum containing anti-insulin receptor antibodies. The serum, at the indicated dilutions, was added to the cells 15 min before the labeled hormone.

which is  $\sim 10$  ng/ml. By comparing these  $EC_{50}$ -values it can be seen that [Leu<sup>B24</sup>]insulin has  $\sim 15\%$  the binding affinity of insulin.

In order to ensure that <sup>125</sup>I-labeled [Leu<sup>B24</sup>]insulin binds only to the insulin receptors, the experiments described in fig.2 were performed. Fig.2A shows the effect of insulin on binding of [<sup>125</sup>I]insulin and of <sup>125</sup>I-labeled [Leu<sup>B24</sup>]insulin. It can be seen that insulin is equally potent at inhibiting binding of the two labeled molecules, strongly suggesting that they bind to the same receptors. A second line of evidence that <sup>125</sup>I-labeled [Leu<sup>B24</sup>]insulin binds to the insulin receptor is shown in fig.2B. This experiment demonstrates that a serum containing anti-insulin receptor antibodies is equally potent at inhibiting binding of [125I]insulin and of 125Ilabeled [Leu<sup>B24</sup>]insulin to adipocytes. Taken together these results demonstrate that [Leu<sup>B24</sup>]insulin binds with low affinity to the same population of insulin receptors as does native insulin.

Chloroquine can be used to assess the amount of insulin internalized by adipocytes [14]. This drug causes an increase in the amount of cell-associated

<sup>125</sup>Ilinsulin when adipocytes are incubated with <sup>125</sup>Ilinsulin at 37°C. Chloroquine acts by inhibiting intracellular processing of insulin and subsequent release of degradation products [3,4]. Therefore the difference between cell-associated insulin in the presence and absence of chloroquine provides an estimate of the amount of hormone internalized [14]. Thus, we have compared the actions of the drug on the association of insulin and [Leu<sup>B24</sup>]insulin to isolated adipocytes (fig.3). To compare the chloroquine effect independently of the difference in binding affinities of [<sup>125</sup>I]insulin and [Leu<sup>B24</sup>]insulin, it was necessary to use a higher concentration of [Leu<sup>B24</sup>]insulin than of insulin, such that the amounts bound were approximately equal. This was achieved by using <sup>125</sup>I-labeled [Leu<sup>B24</sup>]insulin at 1 ng/ml and [<sup>125</sup>I]insulin at 0.2 ng/ml (fig.3). Under these conditions it can be seen that the chloroquine-mediated increase in cell-associated radioactive material is approximately equal for [Leu<sup>B24</sup>]insulin and insulin. Since the chloroquine effect provides an estimate of internalization, this suggests that once bound, **FEBS LETTERS** 



Fig.3. Effect of chloroquine on the association of  $[^{125}I]$ insulin and  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin. Adipocytes ( $\sim 2 \times 10^5$ /ml) were incubated with 0.2 ng/ml [ $^{125}I$ ]insulin ( $\bullet, \circ$ ) or 1 ng/ml  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin ( $\bullet, \diamond$ ) in the presence (open symbols) or absence (closed symbols) of 0.2 mM chloroquine, at 37°C. At the indicated times the amount of  $^{125}I$ -labeled material bound to the cells was determined.

[Leu<sup>B24</sup>]insulin is internalized by adipocytes at approximately the same rate as insulin.

When isolated adipocytes are incubated with <sup>125</sup>I]insulin the intracellular, or receptor-mediated, degradation forms only a portion of the total rate of insulin degradation [15]. Therefore, to study receptor-mediated degradation alone, the trichloroacetic acid solubility of material released from cells which have been pre-loaded with <sup>125</sup>I-labeled hormone is measured [15]. We have used this approach to compare receptor-mediated degradation of [Leu<sup>B24</sup>]insulin and of insulin (fig.4). Since the apparent affinity constant  $(K_a)$  of insulin is related to the ratio of the association and dissociation rate constants, a potential problem was that the low affinity of [Leu<sup>B24</sup>]insulin might be due to a fast dissociation rate, which would complicate interpretation of the results. However, [Leu<sup>B24</sup>]insulin dissociates from adipocytes at about the same rate as insulin and its low affinity is probably due to a slow association rate constant (unpublished). Fig.4A shows the time-course of release of <sup>125</sup>I-labeled

material from adipocytes pre-loaded with  $[^{125}I]$ insulin or  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin. It can be seen that the rate of release of  $^{125}I$ -labeled material from cells loaded with  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin is the same as from cells loaded with  $[^{125}I]$ insulin. Furthermore, the trichloroacetic acid solubility of the material released from the 2 groups of cells was about equal at each time point (fig.B). This method (trichloroacetic acid solubility) assesses receptor



Fig.4. Receptor-mediated degradation of  $[^{125}I]$ insulin and  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin. Adipocytes ( $-4 \times 10^5$ ) were incubated with  $[^{125}I]$ insulin (0.4 ng/ml) or  $^{125}I$ labeled [Leu<sup>B24</sup>]insulin (2 ng/ml) for 90 min at 24°C. Cells were then separated from medium, washed once in ice-cold buffer, re-suspended at 2 × 10<sup>5</sup> cells/ml and incubated at 24°C. At the indicated times the amount of  $^{125}I$ -labeled material remaining bound to the cells (A) and the trichloroacetic acid solubility of the material released into the medium (B) were determined. (•)  $[^{125}I]$ insulin; (•)  $^{125}I$ -labeled [Leu<sup>B24</sup>]insulin.

mediated degradation to low- $M_r$  products (mostly  $^{125}I^-$  and iodotyrosine) and thus provides a measurement of the overall rate for processing the hormone to its final degradation products. However, although the overall rate of degradation of [Leu<sup>B24</sup>]insulin is indistinguishable from that of the native hormone, recent experiments have identified differences among peptide intermediates of insulin and [Leu<sup>B24</sup>]insulin metabolism by isolated hepatocytes (H.T. et al., unpublished).

These experiments demonstrate that [Leu<sup>B24</sup>]insulin is internalized at the same rate as insulin, and that the overall rate of degradation of the hormone to low- $M_r$  products is also comparable to that of the native hormone. Thus, an amino acid substitution in the receptor binding portion of the insulin molecule did not alter its overall rate of internalization or degradation, despite a marked decrease in binding affinity. Therefore the overall rates of receptor-mediated insulin internalization and degradation depend on the degree of hormone receptor occupancy, rather than on hormone structure. Although details of the intermediate proteolytic events in insulin degradation may involve elements of substrate specificity, our results show that the receptor binding region is not recognized in the degradative process subsequent to the binding event.

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