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# Factors affecting formation of nanoemulsions containing modified coconut oil and spearmint oil

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Dental caries is one of the major oral health problems in most countries, affecting more than 50% of school children and majority of adults. Normally, we can prevent the disease by utilization of suitable antiseptics, e.g. alcohols and chlorhexidine [1]. However, most antiseptics cause irritation or straining of the mucous membrane and teeth. Therefore, finding a more safe and efficient antiseptics is still a matter of interest to eradicate the causative pathogen. Volatile oils from plants including spearmint oil (SMO) could reduce the number of *Streptococcus mutans* counts in plaques and saliva. Recently, modified coconut oil (MCO) was also introduced as an alternative antimicrobial agent against various microbes. However, the oils are difficult to incorporate into aqueous solutions for oral administration because they have a limited water solubility. Thus, the development of alternative dosage forms should be

further investigated. Nanoemulsions are one of the popular systems since they are compatible with water, can be easily removed, are safe and a large amount of oils could be loaded [2]. Therefore, formulation of spearmint and MCO into nanoemulsions should be a possible troubleshooting.

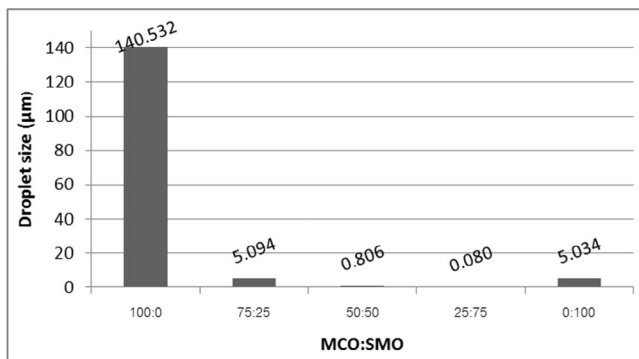
To investigate the formation of nanoemulsions, the pseudo-ternary phase diagrams were constructed by a previously described method [3]. The combinations of MCO and SMO with the mass ratios of 100:0, 75:25, 50:50, 25:75 and 0:100 were used as oil phase. Each oil phase and aqueous solution of Cremophor® RH-40 (surfactant) was mixed in the test tube. The 95% v/v ethanol (co-surfactant) was then added and mixed thoroughly by a vortex mixer. The mixture was checked under light versus a dark background to check for clearness, cloudiness or phase separation. The clear isotropic region or the mis-

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**Fig. 1 – Droplet size of emulsions with different compositions of MCO and SMO.**

cible area was also later determined for droplet size, zeta potential and physical stability.

The result indicated that a transparent region was observed at the area which contains high percentage of ethanol and oil phases regardless of the composition of the oil phase. However, the weight ratio of oil phase directly affected the droplet size of the emulsions. As shown in Fig. 1 at the weight

ratio of 20:15:30 (oils:Cremophor®:ethanol), the MCO alone could not produce nanoemulsions while the droplet size was in the nano range for those containing the combination of MCO and SMO (Fig. 1). For example, the droplet sizes of a formula with MCO:SMO 50:50 and 25:75 were 806 and 80 nm, respectively. Additionally, the droplet size was not changed even under stress conditions. The result revealed the formation of stable nanoemulsions by specific combination of oil phases and surfactant. However, the antimicrobial susceptibility of nanoemulsions needs to be further investigated.

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