Guanylate cyclase and cyclic GMP-dependent protein kinase regulate agrin signaling at the developing neuromuscular junction

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Abstract

During formation of the neuromuscular junction (NMJ), agrin secreted by motor axons signals the embryonic muscle cells to organize a postsynaptic apparatus including a dense aggregate of acetylcholine receptors (AChRs). Agrin signaling at the embryonic NMJ requires the activity of nitric oxide synthase (NOS). Common downstream effectors of NOS are guanylate cyclase (GC), which synthesizes cyclic GMP, and cyclic GMP-dependent protein kinase (PKG). Here we show that GC and PKG are important for agrin signaling at the embryonic NMJ of the frog, Xenopus laevis. Inhibitors of both GC and PKG reduced endogenous AChR aggregation in embryonic muscles by 50–85%, and blocked agrin-induced AChR aggregation in cultured embryonic muscle cells. A cyclic GMP analog, 8-bromo-cyclic GMP, increased endogenous AChR aggregation in embryonic muscles to 3- to 4-fold control levels. Overexpression of either GC or PKG in embryos increased AChR aggregate area by 60–170%, whereas expression of a dominant negative form of GC inhibited endogenous aggregation by 50%. These results indicate that agrin signaling in embryonic muscle cells requires the activity of GC and PKG as well as NOS.

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Introduction

Formation of the neuromuscular junction (NMJ), a well-studied synapse, is a complex process which occurs over a period of days to weeks in embryos of different species (Sanes and Lichtman, 1999b). Assembly of the postsynaptic apparatus, and, indirectly, the nerve terminal, is directed by agrin released by motor axons (Gautam et al., 1996; Cohen et al., 1997; Jones et al., 1997). Postsynaptic proteins, including acetylcholine receptors (AChRs), are directed by agrin to aggregate into stable structures anchored to the actin cytoskeleton (Dai et al., 2000; reviewed in Godfrey and Schwarte, 2003). Agrin acts in muscle cells through a membrane tyrosine kinase, MuSK, a component of the agrin receptor (DeChiara et al., 1996; Glass et al., 1996, 1997). However, signaling steps downstream of MuSK activation leading to aggregation of postsynaptic AChRs and other proteins are not well defined. Understanding the molecular mechanisms involved in assembly of the neuromuscular junction will provide a basis for comparison with signaling events in formation and plasticity of synapses in the central nervous system (CNS), and may also suggest therapeutic approaches for neuromuscular diseases.

Nitric oxide synthase (NOS), an enzyme that synthesizes the free radical gas nitric oxide (NO), is concentrated postsynaptically at the NMJ (Chao et al., 1997; Yang et al., 1997), and NO
regulates acetylcholine release from motor nerve terminals (Wang et al., 1995). NOS is also localized postsynaptically at some CNS synapses, and NO has been implicated as a retrograde signaling molecule in long-term potentiation (Hawkins et al., 1998). NOS activity is required for agrin signaling of AChR aggregation in chicken skeletal muscle cells (Jones and Werle, 2000) and in Xenopus embryo muscles (Godfrey and Schwarte, 2003). Overexpression of NOS in Xenopus embryos greatly increases AChR aggregate area at embryonic NMJs, whereas NOS inhibitors block endogenous AChR aggregation 50–90% and completely block agrin-induced aggregation in cultured embryonic muscle cells (Schwarte and Godfrey, 2004).

Common downstream effectors of NO signaling in cells include guanylate cyclase (GC), the enzyme that synthesizes cyclic GMP (cGMP), and cyclic GMP-dependent protein kinase (PKG; Hofmann et al., 2000). Agrin-induced aggregation of AChRs into large, dense clusters in the membrane of cultured chicken muscle cells requires activity of both GC and PKG (Jones and Werle, 2004). Here we asked whether GC and PKG activities are also necessary for synaptic aggregation of AChRs during formation of the embryonic NMJ. Inhibitors of both GC and PKG reduced AChR aggregation at the NMJ, and blocked agrin-induced increases in AChR aggregation in cultured embryonic muscle cells. Conversely, overexpression of either GC or PKG increased AChR aggregate area at the NMJ, as did a cyclic GMP analog, but a dominant negative form of GC inhibited synaptic aggregation. These data strongly suggest that GC and PKG are involved in agrin signaling of postsynaptic differentiation at the embryonic NMJ and in cultured muscle cells.

Materials and methods

cDNAs; RNA synthesis

The cDNA encoding green fluorescent protein (GFP; S65T mutant) was obtained from Dr. Richard Dorsky (University of Utah). The cDNAs coding for rat soluble GC subunits α and β (Chinkers et al., 1989; Yuen et al., 1994) were a gift of Dr. David Garbers (University of Texas Southwest Medical School), and a dominant negative GC α1 construct (D529A mutant; Yuen et al., 1994) was obtained from Dr. Peter Yuen (National Institutes of Health). The cDNAs encoding bovine cGMP-dependent protein kinase Iα (PKG; Wernet et al., 1989) and a constitutively active form of human PKGα (PKG-GFP fusion protein; Browning et al., 2001) were from Dr. Bonnie Firestein (Rutgers University) and Dr. Darren Browning (Medical College of Georgia), respectively. Protein coding sequences of all cDNAs were amplified by PCR. Sense primers contained the SP6 RNA polymerase promoter and the 5′ untranslated sequence from Xenopus β-globin found in the pCS2 vector (Godfrey et al., 2000; Rupp et al., 1994). RNA was synthesized using SP6 polymerase and the mMessage Machine kit (Ambion; Godfrey et al., 1999).

RNA injection

Embryos of Xenopus laevis were obtained by in vitro fertilization (Moon and Christian, 1989) and injected with synthetic RNAs at the one-cell stage using a Nanoject II injector (Drummond) fitted with glass micropipettes (20 μm diameter tip). Embryos were injected (Moon and Christian, 1989) with 4.6–9.2 nl nuclelease-free water containing GFP RNA (1–2 ng) alone or combined with RNAs encoding GC or PKG (3–12 ng).

Screening embryos and labeling acetylcholine receptors

Following injection of RNAs, embryos were transferred into 0.1 × modified Barth’s solution (MBS; Gurdon and Wickens, 1983) and allowed to develop to stage 31 (Nieuwkoop and Faber, 1994), then screened for GFP fluorescence. Embryos were fixed and AChRs were labeled with 1.5 μg/ml Alexa 594-α-bungarotoxin (Invitrogen) as described (Schwarte and Godfrey, 2004).

Confocal microscopy and image analysis

AChR aggregates were imaged using a confocal microscope (Zeiss LSM 510). Six stacks of images were acquired from three to six embryos for each condition, two stacks of 4 optical sections (at 1 μm intervals) from each of four myotomes 4, 5, and 6 (Godfrey et al., 1999). The images were taken through a 40× objective with a 2.5-fold optical zoom (total magnification 100×). Optical sections were imaged to show innervated (medial) portions of the muscles in which AChR aggregates formed a continuous line, and were centered along the intermyotomal septa where NMJs form. Since muscle cells at this stage were about 10 μm in diameter, each 4 μm stack imaged primarily one set of cells. The area of AChR aggregates in a montage of all 4 images in each stack was measured with Metamorph image analysis software (Universal Imaging Corp.). Threshold was set to mark aggregates in each series of images, and aggregate area was converted to a percentage of the total area of the montaged images. Statistics were calculated as described (Godfrey et al., 1999).

Treatment of embryos with GC and PKG inhibitors and a cGMP analog

Embryos were exposed to the GC inhibitor 1H-[1,2,4]oxadiazolo[4,3-alpha]quinoxalin-1-one (ODQ), the PKG inhibitor Rp-8-pCPT-cGMPS (Rp-8), or 8-bromo-cyclic GMP (8-Br-cGMP) from 26 h of development (stage 24) to stage 31, a period of 18–20 h at 16–18 °C. Reagents (Biomol or EMD Biosciences) were dissolved in 1× MBS. In some experiments, penetration of inhibitors into muscles was facilitated by removing the skin overlaying the trunk myotomites and dissolving inhibitors in cell culture medium. AChR aggregates were labeled and their area was quantified as described above. Skin was removed from myotomes of embryos treated with Rp-8 in some experiments with 8-Br-cGMP, and matching controls, but not for ODQ treatments. Removing skin did not delay development.

Cell culture studies

Myotomal muscles were removed from stage 21–23 embryos and were dissociated (Peng et al., 1991). Cells were cultured in 0.4 cm² wells (NUNC Lab-Tek #178599; cells from 0.7–1 embryo per well), which were mounted on glass coverslips with Sylgard (Dow Corning) and coated with a basement membrane extract (E.C.L., Upstate) as described (Schwarte and Godfrey, 2004). Cultures were used for experiments after 1–3 days, when the cells had attached and spread. Cultures were pretreated with inhibitors for 2 h prior to adding 6–12 ng/ml agrin (half-maximal dose=3.5–5 ng/ml) with or without inhibitors for 14 h. After 16–18 h at 22 °C, cells were labeled 1 h with Alexa 594-α-bungarotoxin (1.5 μg/ml), rinsed twice with culture medium and fixed 10 min in 95% ethanol at –20 °C. Cultures were mounted in a glycerol-based mounting medium containing n-propyl gallate to retard fading of fluorescence (Valnes and Brandtzaeg, 1985). Aggregates of AChRs (≥1 μm) were counted in each of 20 cells per well in duplicate wells for each condition.

Results

Inhibitors of guanylate cyclase and cGMP-dependent protein kinase reduce endogenous AChR aggregation at the embryonic neuromuscular junction, but a cyclic GMP analog greatly increases AChR aggregate area in vivo

To determine whether the activities of guanylate cyclase (GC) and cGMP-dependent protein kinase (PKG) are required
for endogenous AChR aggregation at the embryonic NMJ, we exposed developing myotomal muscles to inhibitors during the period when muscles become innervated by motor axons (stages 24–31). Confocal images were centered on the almost continuous line of AChR aggregates found on the ends of muscle cells at the intermyotomal septa, where NMJs form (Fig. 1A). The GC inhibitor ODQ and the PKG inhibitor Rp-8-pCPT-cGMPS reduced endogenous AChR aggregate area at neuromuscular synapses by 85% and 50% on average, respectively (Figs. 1B, C; Table 1). In contrast, a cell-permeable cGMP analog, 8-bromo-cGMP, increased AChR aggregate area (Fig. 1D; Table 1) to levels 3–4 times those in untreated control embryo muscles (e.g., Fig. 1A; Table 1). Despite the changes in AChR aggregate area, embryos treated with these agents appeared to develop normally, including the formation of myotomal muscles. However, treatment with ODQ, but not with Rp-8 or 8-Br-cGMP, delayed development from stage 24 to stage 31 by 1–3 h.

To determine whether inhibitors of GC and PKG acted on muscle cells in a cell-autonomous manner, we cultured embryonic myotomal muscle cells that had not yet been innervated. Treatment of these cells with the GC inhibitors ODQ (Fig. 2C) or the PKG inhibitors Rp-8-pCPT-cGMPS (Fig. 2D) or KT5823 (not shown) reduced agrin-induced AChR aggregation (Fig. 2B) up to 100% (Table 2). Application of inhibitors at the IC50 or Ki values for the mammalian enzymes (* in Table 2; Butt et al., 1994; Schrammel et al., 1996; Kase et al., 1987) reduced AChR aggregation in Xenopus embryo muscle cells by 44–70% on average, suggesting that the effects were specifically due to

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### Table 1

<table>
<thead>
<tr>
<th>Experiment no.</th>
<th>Treatment</th>
<th>AChR aggregate area (% ±SEM)</th>
<th>Area ratio experimental:control</th>
<th>P vs. control</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Control (unskinned)</td>
<td>-</td>
<td>0.18±0.07</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>8-Br-cGMP (100 μM)</td>
<td>-</td>
<td>0.74±0.10</td>
<td>4.0</td>
<td>0.001</td>
</tr>
<tr>
<td>2 Control (skinned)</td>
<td>-</td>
<td>0.34±0.06</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>8-Br-cGMP (100 μM)</td>
<td>-</td>
<td>0.98±0.20</td>
<td>2.9</td>
<td>0.004</td>
</tr>
<tr>
<td>3 Control (unskinned)</td>
<td>ODQ (50 μM)</td>
<td>1.36±0.21</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>4 Control (skinned)</td>
<td>Rp-8-pCPT-cGMPS (0.5 mM)</td>
<td>0.21±0.06</td>
<td>0.15</td>
<td>5×10⁻³</td>
</tr>
</tbody>
</table>

In Experiments 2 and 4, the skin overlying trunk myotomes was removed by suction at stage 24. Embryos were exposed to 8-Br-cGMP or inhibitor in 0.1× MBS (unskinned) or 1× MBS (skinned) from stage 24 until stage 31, when they were fixed for labeling of AChRs with α-bungarotoxin and subsequent confocal microscopy. Each type of experiment was performed 2–4 times.

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**Fig. 1.** Inhibitors of GC and PKG reduce endogenous AChR aggregation at the embryonic neuromuscular junction, and a cyclic GMP analog greatly increases AChR aggregate area compared to untreated control embryos (A). Embryos were exposed to the GC inhibitor ODQ (50 μM, B), the PKG inhibitor Rp-8-pCPT-cGMPS (0.5 mM, C), or the cGMP analog 8-Br-cGMP (100 μM, D) during the period of neuromuscular junction formation (stages 24–31). In the experiments shown here, skin was removed from myotomes of embryos treated with Rp-8-pCPT-cGMPS and 8-Br-cGMP and their respective controls, but not from embryos treated with ODQ or corresponding controls (A). AChR aggregates were labeled and imaged by confocal microscopy, and area of aggregates was quantified (Table 1) with Metamorph image analysis software as described in Materials and methods. Images shown are maximum projections of stacks of 4 images taken at 1 μm intervals. In the image stacks projected in this figure, AChR aggregate area was inhibited 86% by ODQ (B) and 65% by Rp-8-pCPT-cGMPS (C), and increased 460% by 8-Br-cGMP (D), compared to the respective untreated controls (e.g., A).

**Fig. 2.** Inhibitors of GC and PKG block agrin-induced AChR aggregation on cultured Xenopus embryo myotomal muscle cells. Cells were pretreated with inhibitors 2.5 h before 17 h incubation with 7 ng/ml agrin (half-maximal dose, 4.4 ng/ml) with or without inhibitors. AChR aggregates (white) were then labeled with fluorescent α-bungarotoxin, cells were fixed, mounted, and aggregates counted as described in Materials and methods. In the experiment from which these images were taken, the average inhibition of agrin-induced AChR aggregation was 99% with ODQ (2 μM), 75% with KT5823 (1 μM; data not shown), and 75% with Rp-8-pCPT-cGMPS (0.5 μM). The number of aggregates per cell in the images shown was 1.8 in untreated control cells (A), 3.4 after agrin treatment (B), 2.5 after agrin plus ODQ (66% inhibition, C), and 0.2 after agrin plus Rp-8-pCPT-cGMPS (88% inhibition, D).
inhibition of GC or PKG. These results strongly suggest that activity of both GC and PKG in muscle cells is necessary for agrin signaling leading to AChR aggregation.

Table 2

<table>
<thead>
<tr>
<th>Inhibitor</th>
<th>Concentration (ng/embryo)</th>
<th>Inhibition of agrin-induced AChR aggregation</th>
<th>Experiments</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Average (%)</td>
<td>Range (%)</td>
</tr>
<tr>
<td>ODQ (GC)</td>
<td>20 nM*</td>
<td>44</td>
<td>30–56</td>
</tr>
<tr>
<td></td>
<td>200 nM</td>
<td>52</td>
<td>8–96</td>
</tr>
<tr>
<td></td>
<td>2 μM</td>
<td>64</td>
<td>49–100</td>
</tr>
<tr>
<td></td>
<td>50 μM</td>
<td>100</td>
<td>100–100</td>
</tr>
<tr>
<td>KT5823 (PKG)</td>
<td>200–250 nM*</td>
<td>64</td>
<td>53–84</td>
</tr>
<tr>
<td></td>
<td>1 μM</td>
<td>87</td>
<td>67–100</td>
</tr>
<tr>
<td>Rp-8-pCPT-cGMPs</td>
<td>500 nM*</td>
<td>70</td>
<td>34–100</td>
</tr>
<tr>
<td>(PKG)</td>
<td>5 μM</td>
<td>60</td>
<td>29–100</td>
</tr>
<tr>
<td></td>
<td>100 μM</td>
<td>96</td>
<td>92–100</td>
</tr>
</tbody>
</table>

Embryonic myotomal muscle cells were cultured 1–3 days as described in Materials and methods. Cultures were pretreated with inhibitor for 2 h prior to adding 6–12 ng/ml agrin (half-maximal dose = 3.5–5 ng/ml) with inhibitor for 14 h. After 16–18 h at 22 °C, cells were labeled with Alexa 594-α-bungarotoxin, fixed, and mounted as described in Materials and methods. Aggregates of AChRs (≥ 1 μm) were counted in each of 20 cells per well in duplicate wells for each condition. Values shown are averages and ranges of percent inhibition of agrin-induced AChR aggregates/cell in several different experiments. Asterisks indicate published IC50 or Kj values for each inhibitor.

Table 3

<table>
<thead>
<tr>
<th>Experiment no.</th>
<th>RNA injected (ng/embryo)</th>
<th>AChR aggregate area (% ±SEM)</th>
<th>Area ratio</th>
<th>P vs. control</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>GFP (1)</td>
<td>1.11 ± 0.26</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>GC α + β (6)</td>
<td>2.34 ± 0.16</td>
<td>2.1</td>
<td>0.003</td>
</tr>
<tr>
<td></td>
<td>GC α (3)</td>
<td>1.20 ± 0.26</td>
<td>1.08</td>
<td>N.S.</td>
</tr>
<tr>
<td></td>
<td>GC β (3)</td>
<td>1.08 ± 0.50</td>
<td>0.97</td>
<td>N.S.</td>
</tr>
<tr>
<td>2</td>
<td>GFP (1)</td>
<td>1.01 ± 0.14</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td>GC α-D529A (8)</td>
<td>0.51 ± 0.14</td>
<td>0.51</td>
<td>0.028</td>
</tr>
</tbody>
</table>

RNA encoding rat guanylate cyclase (GC) α and/or β subunits, or a dominant negative mutant form of GC α (D529A), was injected into fertilized Xenopus embryos at the one-cell stage, and embryos were fixed at stage 31 and analyzed as described in Materials and methods. All embryos including controls were injected with 1 ng of GFP RNA as a marker for successful injection. Overexpression of GC α + β, but not α or β alone, increased AChR aggregate area at the embryonic neuromuscular junction in four different experiments to 1.8–2.2-fold control values (injection with GFP RNA). Expression of dominant negative GC α inhibited endogenous AChR aggregation by 49–65% in three separate experiments. N.S. = not significant (P values of 0.4 and 0.5).

Overexpression of GC or PKG increases AChR aggregation and a dominant negative form of GC reduces AChR aggregate area at the embryonic NMJ

To further assess the role of GC and PKG in postsynaptic differentiation of the embryonic NMJ, we overexpressed these enzymes by injecting RNA encoding each enzyme into one-cell stage embryos. Injection of RNA encoding both α and β subunits of GC increased AChR aggregate area by 100% over control embryos (Fig. 3A), but no increase was seen if RNA encoding only one of these GC subunits was injected (Figs. 3B, C; Table 3). In contrast, injection of RNA encoding a dominant negative form of the GC α subunit (D529A; Yuen et al., 1994) resulted in a 50% decrease in endogenous AChR aggregation (Fig. 3D; Table 3). When RNA encoding PKGα was injected, AChR aggregate area increased by 60–170% (Table 4), similar to the effect of GC overexpression. Injection of RNA encoding the fusion protein PKG-GFP, a constitutively active form of PKG (Browning et al., 2001), resulted in a larger increase in AChR aggregate area than injection of PKGα RNA (Table 4). These results complement our findings with inhibitors and 8-
bromo-cGMP, and confirm the importance of both GC and PKG in agrin-induced signaling leading to AChR aggregation at the embryonic NMJ.

Discussion

In many cell types, NO stimulates the ‘soluble’ guanylate cyclase (sGC) isoform to synthesize more cyclic GMP, which in turn activates cGMP-dependent protein kinase (PKG; Hofmann et al., 2000). Significantly, all three enzymes in this pathway, NOS, GC, and PKG, are concentrated in the postsynaptic apparatus of the mammalian NMJ (Chao et al., 1997; Schoser and Behrends, 2001), suggesting that the NO-cGMP signaling pathway plays a role in the formation and/or function of this synapse. We have previously shown that NOS activity is necessary for postsynaptic differentiation of embryonic NMJs and agrin-induced AChR aggregation in cultured muscle cells (Schwarte and Godfrey, 2004). The findings presented here indicate that activity of both GC and PKG is also critical for agrin signaling at the NMJ.

The ability of inhibitors of GC and PKG to block endogenous AChR aggregation at embryonic NMJs indicates that the activity of these enzymes is important for postsynaptic differentiation in vivo. Inhibitors completely blocked agrin-induced AChR aggregation in cultured embryonic muscle cells and reduced endogenous aggregation at embryonic NMJs by 50–85%. Incomplete inhibition of postsynaptic AChR aggregation in embryos could reflect incomplete diffusion or instability of inhibitors in the embryonic muscles. Another possibility is that compensatory mechanisms allow limited agrin signaling in embryonic muscles when GC or PKG is inhibited. Although we favor the first explanation, compensatory mechanisms could involve cyclic AMP-dependent protein kinase (PKA), which has recently been shown to activate the small GTPases Rac1 and Cdc42 (O’Connor and Mercurio, 2001; Chadhi et al., 2005; Howe et al., 2005). These small GTPases are activated during agrin signaling and their activation is required for AChR aggregation (Weston et al., 2000; Luo et al., 2003). The complete inhibition of agrin-induced AChR aggregation by GC and PKG inhibitors in cultured embryonic muscle cells indicates that activity of these enzymes is essential for agrin signaling in these cells. Our results are also consistent with the effects of the same inhibitors on agrin activity in cultured chick embryo myotubes (Jones and Werle, 2004), indicating that the role of GC and PKG in agrin signaling is phylogenetically conserved.

Overexpression of GC or PKG in embryos resulted in 60–170% increases in AChR aggregate area in the innervated regions of embryonic muscles, similar to the effect of overexpressing agrin and NOS in embryos (Godfrey et al., 1999; Schwarte and Godfrey, 2004). In contrast, expression of a dominant negative mutant form of GC reduced AChR aggregate area in embryonic muscles by 50%. Finally, treating embryos with the cGMP analog 8-Br-cGMP increased AChR aggregate area by 200–300%. Taken together, these results indicate that cGMP stimulates AChR aggregation at NMJs. Moreover, results with the dominant negative mutant of GC, like the inhibitor studies, suggest that GC activity is critical to agrin signaling in embryonic muscles.

Another possible interpretation of the inhibition or increase of AChR aggregation we observed in embryonic muscles and in cultured muscle cells is that the changes in aggregation reflect changes in the number of AChRs on the surface of the muscle cells. Acetylcholine receptors shuttle between intracellular membrane compartments and the plasma membrane of skeletal muscle cells (Fambrough, 1979). Recycling of receptors has also been observed at the NMJ in vivo (Bruneau et al., 2005; Bruneau and Akaabone, 2006). Thus, changes in AChR aggregation on the surface of muscle cells could reflect changes in insertion and/or removal of AChRs from the plasma membrane. However, the number of surface AChRs in cultured chick embryo myotubes was not significantly changed by treatment with agrin, 8-Br-cGMP, or the GC inhibitor ODQ in combination with agrin (Jones and Werle, 2004). Thus, it is possible but unlikely that the changes in AChR aggregation we observed with the same agents in cultured frog embryo muscle cells and embryonic muscles were due to changes in the number of AChRs on the surface of the muscle cells.

Intracellular signaling molecules can be categorized as mediators or modulators (Sanes and Lichtman, 1999a). Mediators are essential molecules required for signaling to occur. Studies with null mutant mice have established that postsynaptic AChR aggregation at the NMJ requires agrin, its receptor MuSK, and rapsyn, which links clustered AChRs to the cytoskeleton (Sanes and Lichtman, 2001). Modulators are molecules that enhance or inhibit signaling but are less essential. Nitric oxide and cyclic GMP are clearly important for agrin signaling, but are they essential mediators or modulators? The evidence to date suggests that NO and cGMP mediate agrin signaling in frog embryos and chick embryo muscle cells. First, inhibitors of NOS and GC completely blocked agrin-induced AChR aggregation in cultured muscle cells from both organisms (Jones and Werle, 2000; Schwarte and Godfrey, 2004; Jones and Werle, 2004; this report). Second, inhibitors of NOS, GC, and PKG blocked up to 90% of endogenous AChR aggregation at embryonic frog NMJs (Schwarte and Godfrey, 2004; this report). Third, both NO donors and a cGMP analog mimicked agrin by aggregating AChRs in both cultured muscle cells (including those from mouse) and embryonic muscles, a result not expected if NO and cGMP are modulators of agrin signaling (Jones and Werle, 2000; Schwarte and Godfrey, 2004; Jones and Werle, 2004; this report). Modulators are molecules that enhance or inhibit signaling but are less essential. Nitric oxide and cyclic GMP are clearly important for agrin signaling, but are they essential mediators or modulators? The evidence to date suggests that NO and cGMP mediate agrin signaling in frog embryos and chick embryo muscle cells. First, inhibitors of NOS and GC completely blocked agrin-induced AChR aggregation in cultured muscle cells from both organisms (Jones and Werle, 2000; Schwarte and Godfrey, 2004; Jones and Werle, 2004; this report). Second, inhibitors of NOS, GC, and PKG blocked up to 90% of endogenous AChR aggregation at embryonic frog NMJs (Schwarte and Godfrey, 2004; this report). Third, both NO donors and a cGMP analog mimicked agrin by aggregating AChRs in both cultured muscle cells (including those from mouse) and embryonic muscles, a result not expected if NO and cGMP are modulators of agrin signaling (Jones and Werle, 2000; Schwarte and Godfrey, 2004; Jones and Werle, 2004; this report). Fourth, 8-Br-cGMP does not potentiate agrin signaling at a saturating dose of agrin, indicating that cGMP acts within the agrin pathway (Jones and Werle, 2004). Determining the extent and manner by which NO and cGMP mediate agrin signaling will require further studies to understand how they are regulated during this process and to identify their downstream targets.

Which effectors of agrin signaling could be activated by GC and PKG? Recent findings show that agrin-induced polymerization of actin microfilaments is required for clustering of AChRs and other associated proteins (Dai et al., 2000). Two Rho GTPases, Rac and Rho, which control the organization of...
the actin cytoskeleton (Mackay and Hall, 1998), are necessary and, when expressed together, sufficient for aggregation of AChRs in myotubes (Weston et al., 2000, 2003). Agrin activates both Rac and Rho in myotubes (Weston et al., 2000, 2003), as well as p21-activated kinase (PAK1), a known target of Rac1 (Luo et al., 2003). These findings suggest that Rac and Rho are essential components for agrin signaling in muscle cells.

Activity of NOS and PKG may in turn regulate Rac in agrin signaling. Our preliminary results suggest that agrin-induced Rac activation in mouse myotubes requires NOS activity (R.C. Schwarte and E.W. Godfrey, unpublished results). Furthermore, brief treatment of myotubes with NO donors or 8-bromo-cyclic GMP induces AChR aggregation and activates Rac (R.C. Schwarte, M. Parasa, and E.W. Godfrey, unpublished results). Thus, Rac activation appears to be downstream of NOS (and possibly GC) activity during agrin signaling.

A potential target of the NO/cGMP pathway is one or more of the guanine-nucleotide exchange factors (GEFs), which activate Rho GTPases by stimulating GTP exchange (Hall, 1998; Jaffe and Hall, 2005; Overbeck et al., 1995). Phosphorylation of GEFs activates Rho GTPases (Aghazadeh et al., 2000; Kiyono et al., 2005). Phosphorylation of GEFs possibly GC) activity during agrin signaling. Consistent with this notion, PKG could phosphorylate a Rac-specific GEF during agrin signaling.

Thus, Rac activation appears to be downstream of NOS (and possibly GC) activity during agrin signaling.

Acknowledgments

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