Effect of perioperative complications on excess mortality among women after coronary artery bypass: The Israeli Coronary Artery Bypass Graft study (ISCAB)

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0022-5223/2002 \$35.00 + 0 **12/1/120012** doi:10.1067/mtc.2002.120012 **Background:** Widely observed excess mortality among women after coronary artery bypass grafting is still largely unexplained, although case-mix factors have been identified. We evaluated the contribution of perioperative complications to the risk of 180-day mortality among women while adjusting for case-mix factors.

Methods: This is part of a prospective, 1-year nationwide Israeli coronary artery bypass graft study of 1029 female and 3806 male patients. Deaths within 180 days were independently ascertained. Case-mix risk strata were obtained from a pooled Cox survival model (including all subjects and study variables) by using the adjusted coefficients corresponding to the case-mix factors within the model. Sexspecific mortality associated with perioperative complications was evaluated within the strata. In addition, sex-specific Cox models were constructed.

Results: Higher mortality among women compared with that among men was significant within the pooled model (hazard ratio, 1.4; P = .038) and was evident early in the postoperative period. Women tended to cluster in the highest risk quartile compared with men (39.8% vs 20.9%, P < .001). However, although the incidence of perioperative complications was similar for the 2 sexes, the associated mortality for a given perioperative complication was higher among women. Sex-specific Cox models confirmed the above findings. For example, the hazard ratio for women with low postoperative hemoglobin was 6.9, whereas for men, the hazard ratio was 3.9.

Conclusions: The role of perioperative factors in the excess mortality among women after coronary artery bypass grafting shifts the focus of attention from the selection of women for the operation to the in-hospital experience. Improving the outcome for women will entail efforts to prevent complications in the perioperative period.

utcome studies in patients undergoing coronary artery bypass grafting (CABG) have shown consistently that women are at higher risk for postoperative mortality.¹⁻¹¹ Several factors associated with the excess mortality in women are discussed in the literature, suggesting a greater severity of illness before the operation. Higher prevalence of known risk factors, such as older

age,¹⁻⁹ diabetes mellitus,¹⁻⁶ obesity,⁵⁻⁷ hypertension,⁵⁻⁸ renal dysfunction,⁵ and advanced coronary artery disease,^{6,12} were found in women. Delayed referral of women for surgical intervention was also cited as a possible explanation for sex differences in mortality.¹³ Smaller coronary vessels in women were thought to predispose them to technical difficulties during the operation, resulting in incomplete

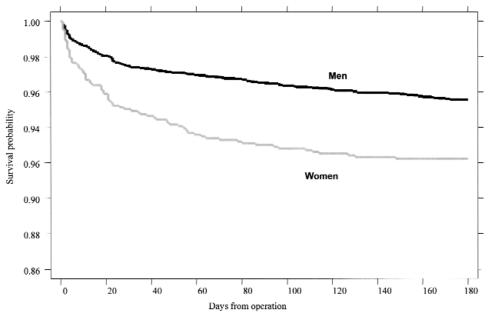


Figure 1. Observed 180-day survival after CABG: women versus men.

revascularization¹⁴ and reduced use of arterial grafts.^{2,10} However, few reports have focused on sex differences in perioperative complications. Utley and colleagues³ compared the incidence of postoperative complications without adjustment for case-mix factors.

The present study is part of a nationwide study of patients undergoing CABG in 1994, with complete followup of patients from admission to discharge and mortality up to 180 days after surgical intervention. The analysis attempts to evaluate the independent contribution of perioperative complications to mortality among women adjusting for on-admission risk.

Methods

This report is a part of the National Israeli CABG Study, which was carried out in all 14 cardiac surgery departments in Israel in 1994. All the patients undergoing isolated CABG during the period from January 1, 1994, to December 31, 1994, were included. The present report was based on 4835 patients (3806 men and 1029 women), representing 95% of the total target population. The 265 patients who had not completed the baseline interview because of staff vacations were excluded from the analysis. A detailed description of the study is given elsewhere.¹⁵

In brief, information was collected prospectively by a team of specially trained nurses. The information included patient's demographic characteristics and health practices, which were obtained from a personal interview before the operation. The clinical history was obtained both from personal interview and medical records, and the severity of coronary disease was verified with catheterization reports. Information on the operative variables was extracted from the operation reports filled out by the surgeons. Information on the postoperative variables was obtained by means of daily follow-up of the patients until discharge or death, whichever was earlier. Data collection was standardized and supervised throughout the year. The study was monitored by a steering committee consisting of the heads of all cardiac surgery departments in the country.

Six-month mortality was chosen as the outcome of interest, assuming that within this time frame, death could be reasonably attributed to the surgical procedure.

Deaths were verified by linkage to the national death records, regardless of hospitalization status.

Survival patterns among men and women until the 180th postoperative day were evaluated by using the Kaplan-Meier estimate.

A pooled Cox model including both sexes and all study variables (case-mix factors and perioperative complications) was constructed in the usual manner to estimate the independent effect of perioperative factors on mortality. Similarly, 2 sex-specific models were developed. The models' performance was evaluated with the Harrel c statistics.¹⁶

The pooled model was used for comparison with the sex-specific models and to form on-admission risk strata by using the partial score corresponding to the β -coefficients of the case-mix factors within the model, excluding the sex variable. This partial score reflected the net effect of case-mix factors because they were already adjusted for the later complications. The sex-specific incidence and effect of perioperative factors were then evaluated within quartiles of risk. Finally, 2 sex-specific Cox models were constructed, including variables significant in either model.

Results

Of the 4835 CABG operations in Israel in 1994, only 1029 (21.3%) were performed in women. The mortality rate for

Variable	All Patients		Men		Women	
	HR*	<i>P</i> value	HR*	<i>P</i> value	HR*	<i>P</i> value
Case mix						
Female sex	1.35	.038		—		
Age ≥75 y	1.83	.000	(1.38)	.095	3.30	.000
Emergency operation	3.67	.000	4.77	.000	(2.33)	.084
Urgent operation	1.33	.045	(1.36)	.098	(1.39)	.221
Cancer	2.45	.019	2.86	.028	(2.33)	.274
Extreme BMI†	2.08	.013	(1.14)	.801	4.46	.000
Diabetes mellitus	1.84	.000	1.55	.010	2.94	.000
Severe LVD	1.70	.004	1.86	.007	(1.08)	.584
Moderate LVD	1.41	.046	1.76	.007	(1.20)	.209
Renal dysfunction	1.69	.001	1.92	.000	(1.27)	.613
Physical activity‡	0.43	.000	0.46	.000	0.27	.007
Operative						
Intraoperative complications§	2.62	.000	2.40	.000	5.54	.000
Intraoperative IABP	1.91	.002	2.47	.000	(0.81)	.640
No crossclamp	1.84	.048	(1.74)	.162	(1.76)	.264
Incomplete revascularization	1.72	.000	1.77	.001	(1.26)	.393
Postoperative predischarge period						
Hemoglobin <8 mmol/L	4.01	.000	3.93	.000	6.86	.000
Cerebrovascular accident	3.56	.000	4.25	.000	2.18	.050
On respirator ≥24 h	2.93	.000	2.42	.000	3.67	.000
Myocardial infarction	2.92	.000	2.23	.009	6.68	.000
Heart failure	2.43	.000	2.42	.000	2.44	.007
Arrhythmia	1.79	.004	1.93	.007	1.97	.054
Additional operation	1.71	.004	1.86	.006	(1.56)	.183
Steroid therapy	1.64	.001	1.69	.004	(1.53)	.148
Transfusions ≥5 portions	(1.06)	.692	(0.92)	.705	1.92	.047
c statistics	0.900		0.899		0.915	

LVD, Left ventricular dysfunction; BMI, body mass index; IABP, intra-aortic balloon pump.

*Hazard ratio derived from the Cox model approximates the relative risk.

The model included a category for missing values of BMI, which were significantly associated with mortality.

‡In the model physical activity entered as a protective factor.

SDefinition on the basis of specific diagnoses, such as intraoperative massive bleeding and additional grafts.

the total population within 180 days after CABG was 5.1%, which is similar to that of other published reports.^{17,18} The corresponding mortality rates in women and men were 7.8% and 4.4%, respectively (relative risk, 1.8; P < .01). The Kaplan-Meier survival curves for women and men are presented in Figure 1, demonstrating that the divergence of the survival curve for women occurred early in the perioperative period. Later, the 2 survival curves run parallel.

Women had a different social profile than men (univariate analysis, Appendix 1), being older, less educated, more of immigrant origin, less gainfully employed, and less frequently employed in academic professions and more frequently having no spouse or living alone. However, sociodemographic factors did not seem to affect 180-day mortality. Women presented with higher proportions of the majority of screened preoperative clinical factors but the same proportion of perioperative complications. The absolute effect of single preoperative factors on mortality among women relative to men varied only slightly. By contrast, for perioperative factors, the mortality among women was extremely high.

The relative effect of various factors on mortality within the sexes was strongly affected by the high mortality in the reference group among women. For example, although the absolute mortality rate in women with 3-vessel disease and left main involvement was 15.7% versus 7.4% in men, the relative risks for the 2 sex groups were similar (2.9 and 2.6, respectively) because of the high mortality rate in the reference group among women (Appendix 1).

A pooled multivariate Cox model was constructed to evaluate the independent effect of all study variables on 180-day mortality. Generally, it demonstrated stronger effects for perioperative complications compared with casemix factors. The relative risk associated with female sex

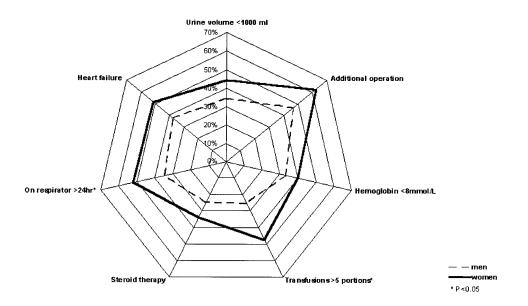


Figure 2. Mortality at 180 days for perioperative complications among women versus men in the highest quartile of on-admission risk.

after controlling for all significant factors within the model was 1.35 (P = .038, Table 1).

The pooled model was used to form on-admission risk quartiles by using the β -coefficients of the case-mix factors within the model. These quartiles were used to compare the sexes for the frequency and effect of perioperative factors. More women relative to men were observed in the high-risk quartile (39.8% vs 20.9%, P < .001). Perioperative complications occurred with the same frequency among the sexes within corresponding levels of risk. However, in the highest quartile the associated mortality was significantly higher among women relative to men (Figure 2) for such factors as prolonged mechanical ventilation (51.6% vs 34.4%, P =.017) and need for blood transfusions (47.5% vs 25.3%, P = .001). Great differences in mortality rates were also observed for myocardial infarction, additional operation, heart failure, urine volume of less than 1000 mL, and steroid therapy. However, they did not achieve statistical significance because of small numbers.

Finally, sex-specific Cox models (Table 1) reemphasized the strong effect of perioperative complications on mortality, especially among female patients. Among these factors in the female model were intraoperative complications (hazard ratio [HR], 5.5; P < .000), postoperative low hemoglobin (HR, 6.9; P < .000), postoperative myocardial infarction (HR, 6.7; P = .009), time on respirator of greater than 24 hours (HR, 3.7; P < .000), and transfusions over 5 portions (HR, 1.9; P = .05). In addition, other interesting findings in the female model were the unique effect of extreme body mass index and age over 75 years.

Discussion

We examined the hypothesis that perioperative factors were especially important when attempting to explore sex differences in mortality because significant sex differences were found in the operative technique: incomplete revascularization in women¹⁴ and diminished use of internal thoracic artery grafts,² as well as differences in mortality related to the prevalent use of exclusive venous grafting in women.¹⁰

Proposed explanations in the literature for sex differences in mortality after CABG usually center on a more severe patient profile among women.⁷ It is assumed that residual variability in mortality after adjusting for case-mix is usually a result of patient care, but surgical technique is hard to quantify, and meaningful data on the operation and the postoperative period are hard to get. However, there is evidence from published reports that patient experience in the hospital is important. Duration of the operation, type of grafting used, reexploration for bleeding, intraoperative complications, inability to wean patients off respirators, need for inotropic drugs and blood transfusions, and development of wound infections have all been shown to be associated with mortality after CABG.¹⁹⁻²³ In a previous report we suggested that not all complications during the operation and the perioperative period could be attributed to patient inherent risk at the time of the operation.¹⁵ Furthermore, the sequential addition of the operative and postoperative factors to the case-mix characteristics suggested an independent effect of these factors on mortality.

Using detailed information on inherent patient characteristics at entry to the hospital and during the operation and the postoperative period enabled us to isolate the effect of perioperative factors while adjusting for patients' on-admission risk within a Cox model.

Our study confirmed previous reports demonstrating that risk factors are more prevalent in women than in men before the operation.¹⁻¹¹ However, in contrast to other studies,³ we found no significant sex differences in the incidence of postoperative complications.

The main finding in the present study was that perioperative complications tended to be more lethal for women. For example, women with postoperative myocardial infarction had a 3-fold risk of dying relative to men with the same complication, and those with low postoperative hemoglobin or multiple transfusions had twice the probability of dying relative to men (Table 1). Although our study sample included 1029 women, it is possible that with a larger sample size some additional risk factors would have entered the female model.

The differential effect on mortality for perioperative factors was especially prominent among patients in the upper quartile of on-admission risk. Although the overall sex-specific crude 180-day mortality rates were relatively low (7.8% vs 4.4% for women and men, respectively), the rates associated with perioperative complications in the upper risk quartile were of a different order of magnitude, especially for women: with additional surgery, 63% mortality; with prolonged mechanical ventilation, 51%; with multiple transfusions, 48%; and with low hemoglobin, 40% (Figure 2). The fact that perioperative complications were less well tolerated by female patients may be due in part to the inherent risk of female patients undergoing an operation. However, the possibility that surgeons experienced more difficulties in managing complications in high-risk female patients should also be considered.

Recently, publications have shifted the attention concerning mortality among women undergoing CABG from a biased selection of female patients for surgical intervention to the actual surgical event. O'Connor and colleagues²⁴ found that interventions by reviewing operative technique resulted in reducing mortality after CABG. Petro and coworkers²⁵ reported encouraging results from minimally invasive procedures among women. However, although the standard CABG is a common procedure, our findings lend support to the continuing efforts to manage female patients with extra care to avoid perioperative complications.

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APPENDIX 1. Univariate analysis of 180-day mortality after CABG among women versus men (only significant associations in either sex): ISCAB, 1994

Risk factors	Men			Women		
	n	Mortality rate (%)	Cox HR	n	Mortality rate (%)	Cox HR
Case-mix factors						
Age (y)						
<65	1959	2.8	1.0	334	5.4	1.0
65-74	1431	5.2	1.9†	532	7.7	1.4
≥75	416	9.9	3.7†	163	12.9	2.4†
Extreme BMI (<20, >35)						
No	3584	3.8	1.0	887	6.1	1.0
Yes	73	5.5	1.4	56	16.1	2.8†
Missing	149	18.8	5.5†	86	19.8	3.5†
Physical activity						
No	1962	5.1	1.0	749	8.8	1.0
Yes	1717	2.0	0.4†	253	2.0	0.2†
Hospitalization in past 2 years						
No	3285	3.6	1.0	807	7.7	1.0
Yes (≥3)	521	9.0	2.7†	222	8.1	1.0
Type of operation						
Elective	2360	3.0	1.0	519	5.0	1.0
Urgent	1370	6.0	2.0†	478	9.8	2.0*
Emergency	76	22.4	8.9†	32	21.9	4.9†
Recent myocardial infarction						
No	3708	4.3	1.0	995	7.5	1.0
Yes	98	10.2	2.4†	34	14.7	2.0
Left ventricle dysfunction						
No	3241	3.3	1.0	746	6.9	1.0
Moderate	350	9.4	2.9†	163	9.8	1.4
Severe	215	13.0	4.1†	120	10.0	1.4
Extent of coronary disease						
1- to 2-vessel disease	1722	2.4	1.0	440	5.9	1.0
1- to 2-vessel disease with LMD	373	5.9	2.1†	142	5.6	0.9
3-vessel disease without LMD	1468	5.4	1.9†	377	9.3	1.6*
3-vessel disease with LMD	243	7.4	2.6†	70	15.7	2.9†
Diabetes mellitus						
No	2755	3.7	1.0	642	4.7	1.0
Yes	1051	6.5	1.8†	387	12.9	2.8†
Arrhythmia						
No	3307	3.9	1.0	859	7.6	1.0
Yes	499	7.8	2.0†	170	8.8	1.1
Peripheral vascular disease						
No	3448	3.9	1.0	940	7.8	1.0
Yes	358	9.5	2.5†	89	7.9	1.0

APPENDIX 1. Continued

	Men			Women		
Risk factors	n	Mortality rate (%)	Cox HR	n	Mortality rate (%)	Cox HR
Chronic obstructive pulmonary d	isease					
No	3581	4.1	1.0	975	7.9	1.0
Yes	225	10.2	2.6†	54	5.6	0.7
History of cerebrovascular disea	se					
No	3526	4.0	1.0	943	7.5	1.0
Transient ischemic attack	93	8.6	2.1*	32	6.2	0.8
Cerebrovascular accident	184	9.8	2.5†	54	13.0	1.8
Renal dysfunction						
No	3343	3.3	1.0	968	7.5	1.0
Yes	463	13.0	4.1†	61	11.5	1.5
Perioperative factors				•		
Intraoperative complications‡						
No	3583	3.5	1.0	967	6.1	1.0
Yes	223	19.3	6.3†	62	32.3	6.3†
Intraoperative IABP	220	10.0	0.01	02	52.0	0.01
No	3723	3.7	1.0	1000	6.6	1.0
Yes	83	38.5	13.5†	29	48.3	10.11
Type of graft	00	00.0	10.01	25	-10.0	10.11
Others	3559	3.8	1.0	925	7.3	1.0
Vein only	247	3.0 13.4	3.7†	925 104	11.5	1.0
Crossclamp time per graft	241	13.4	3.71	104	11.0	1.0
≤25 min	3152	4.0	1.0	851	7.5	1.0
≤25 min >25 min	3152	4.0 7.4	2.1†	103	7.5	1.0
	123		1.6	27	18.5	
No crossclamp	123	5.7	1.0	21	10.0	2.9*
Incomplete revascularization	2017	0.7	1.0	000	C 7	1.0
No	3017	3.7	1.0	802	6.7	1.0
Yes	. 789	7.3	2.0†	227	11.5	1.7*
Postoperative myocardial infarct						
No	3643	4.0	1.0	980	6.7	1.0
Yes	163	14.8	3.9†	49	28.6	4.9†
Postoperative heart failure						
No	3739	3.9	1.0	993	6.2	1.0
Yes	67	35.8	11.0†	36	50.0	10.7†
Postoperative on respirator for >						
No	3422	2.4	1.0	903	4.1	1.0
Yes	384	22.7	10.5†	126	34.1	9.8†
Postoperative stroke						
No	3710	3.7	1.0	1000	6.9	1.0
Yes	96	33.3	10.3†	29	37.9	6.4†
Urine volume <1000 mL						
No	3594	3.8	1.0	952	6.5	1.0
Yes	212	14.6	4.1†	77	23.4	4.0†
Additional operation						
No	3635	3.5	1.0	974	5.2	1.0
Yes	171	25.1	8.3†	55	52.7	13.8†
Hemoglobin <8 mmol/L						
No	3545	3.6	1.0	948	6.0	1.0
Yes	261	16.1	5.0†	81	28.4	5.81
Postoperative intestinal bleeding		10.1	0.01	01	20.7	0.01
No	3693	4.2	1.0	1013	7.3	1.0
Yes	113	10.6	2.5†	16	37.5	6.1†
Mediastinitis or sepsis	110	10.0	2.31	10	57.5	0.11
No	3712	3.6	1.0	985	5.9	1.0
Yes	94	38.3	12.4†	44	47.7	8.3†

APPENDIX 1. Continued

Risk factors	Men			Women		
	n	Mortality rate (%)	Cox HR	n	Mortality rate (%)	Cox HR
Transfusions (≥5 portions)						
No	3321	3.3	1.0	915	4.8	1.0
Yes	485	12.6	4.1†	114	31.6	7.6†
Steroid therapy						
No	3112	3.3	1.0	858	5.9	1.0
Yes	694	9.4	2.9†	171	17.0	3.0†
Postoperative arrhythmia						
No	1837	2.0	1.0	467	3.9	1.0
Yes	1969	6.8	3.5†	562	11.0	3.0†

BMI, Body mass index; LMD, left main disease; IABP, intra-aortic balloon pump.

Missing values are not presented in the table. *.001 < P < .05; †P ≤ .001.

‡Definition on the basis of specific diagnoses, such as intraoperative massive bleeding and additional grafts.

Timely

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