REVIEW

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Alternaria infections: laboratory diagnosis and relevant clinical features

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ABSTRACT

The genus *Alternaria* contains several species of melanized hyphomycetes that cause opportunistic human infections. The published literature contains 210 reported cases of human alternarioses between 1933 and the present day. The most frequent clinical manifestations are cutaneous and subcutaneous infections (74.3%), followed by oculomycosis (9.5%), invasive and non-invasive rhinosinusitis (8.1%) and onychomycosis (8.1%). Immunosuppression is frequently associated with cutaneous and subcutaneous infections and rhinosinusitis. The most important risk factors for cutaneous and subcutaneous infections are solid organ transplantation and Cushing's syndrome, and those for rhinosinusitis are bone marrow transplants. Having been exposed to soil and garbage is common in all cases of oculomycosis, with corticotherapy being a risk factor in 50% of these cases. Previous contact with soil and/or trauma to the nails is associated with most cases of onychomycosis. In general, alternariosis shows a good response to conventional antifungal drugs. On some occasions, steroid suppression or reduction is sufficient to resolve an infection. Itraconazole is the antifungal drug used most frequently to successfully treat onychomycosis and cutaneous and subcutaneous infections. Posaconazole and voriconazole are promising therapeutic options, with the latter being especially so for oculomycosis.

Keywords Alternaria spp., alternariosis, diagnosis, fungal infections, review, treatment

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INTRODUCTION

In the last two decades, fungal infections have become an important cause of morbidity and mortality, especially affecting immunocompromised patients. Antibacterial treatment, bone marrow and solid organ transplantation, chemotherapy and primary or acquired immunodefiare conditions favourable development of severe fungal infections [1]. Phaeohyphomycoses, which are opportunistic infections caused by melanized (dematiaceous) moulds [2], have acquired special relevance in recent years. The incidence of these infections is increasing, mainly in transplant centres [3,4]. Alternaria is a dematiaceous hyphomycete that is frequently involved in human infection. Alternaria is a very large and complex genus that encompasses hundreds of species, although specific data are difficult to obtain because of the proliferation of nomenclature of dubious taxonomic validity. Alternaria has a worldwide distribution, with many species being common saprophytes in soil, air and a variety of other habitats; some are ubiquitous agents of decay and plant pathogens [5]. Alternaria can also be found on normal human and animal skin [6] and conjunctiva [7]. This fungus has been associated frequently with hypersensitivity pneumonitis, bronchial asthma, and allergic sinusitis and rhinitis [8-14]. However, it can also cause several different types of human infections, e.g. paranasal sinusitis, ocular infections, onychomycosis, cutaneous and subcutaneous infections [10], and, more rarely, granulomatous pulmonary disease [15], soft palate perforation [16] and disseminated disease [17,18]. Occasionally, Alternaria has been reported as a contaminant of soft contact lenses [19], and has also been isolated from an emollient cream [20]. Alternaria alternata has been (erroneously) regarded as the most frequent species, followed

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by A. tenuissima, although identification to the species level has not been performed on many occasions [10].

This review considers all cases of alternariosis reported in the literature up to 2007, with respect to the main clinical manifestations, predisposing factors, treatment and outcome. As species identification was not performed in the majority of the reported cases, and the aetiological agent was misidentified in many other cases, some guidelines for laboratory diagnosis are also included.

LABORATORY DIAGNOSIS

Morphology

Numerous cases of alternariosis have been attributed to A. alternata, A. tenuissima and other species, when the actual causal agent was A. infectoria [21]. The latter is the most common clinical species, although its ability to sporulate in routine media is very poor. This fact, in conjunction with the lack of pigmentation of this species, makes its identification difficult for non-experts. Until recently, the identification of Alternaria isolates was performed exclusively on the basis of morphological criteria, with the most significant characteristics being the morphology of the conidia and the formation (or not) of conidial chains.

The morphological characteristics useful for distinction among the three species mentioned above are the following: in A. alternata, the

conidia are medium-brown with a short, cylindrical beak, and form long and profusely branched chains (ten or more conidia); the conidia of A. tenuissima are golden-brown, frequently tapering gradually into a beak that is up to half the length of the conidium, and occur commonly in unbranched chains of three to five conidia; in A. infectoria, the conidia are more scarce, as this species usually sporulates poorly in common media, with its conidia often becoming nearly tubular and occurring in strongly branched chains, with long, multiseptate secondary conidiophores often emerging (Fig. 1).

There has been anecdotal evidence of other Alternaria spp. being found in clinical samples, e.g. A. chlamydospora [22,23], A. longipes [24], A. dianthicola [25] and several other, even less common, species. These are easily distinguishable by the formation of multicelled chlamydospores in A. chlamydospora, conidia with only transversal septa in A. longipes, and conidia with very long beaks in A. dianthicola [5]. However, molecular methods based on the analysis of internal transcribed spacer (ITS) region sequences have demonstrated that A. longipes and A. tenuissima cannot be differentiated from A. alternata [21]. Therefore, it seems probable that the only two species that are isolated with any frequency in clinical samples are A. alternata and A. infectoria. The genus Ulocladium is morphologically very close to Alternaria and has also been associated with clinical although more rarely [26-28]. infections,

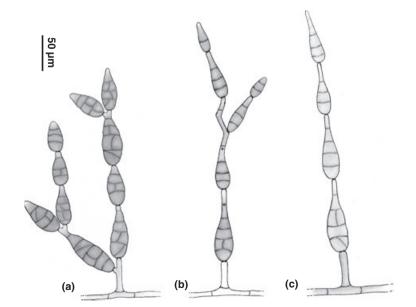


Fig. 1. Morphology of conidia of: (a) Alternaria alternata; (b) A. infectoria; and (c) A. tenuissima.

Ulocladium can be distinguished morphologically from *Alternaria* because its young conidia are attenuated at the base and the mature conidia are broadly ellipsoidal, whereas the young conidia in *Alternaria* are rounded at the base and the mature conidia are obclavate and rostrate.

Upon histological examination, *Alternaria* shows more or less irregular melanized hyphae that are practically indistinguishable from many other moulds that cause phaeohyphomycosis. Culture is mandatory for the correct identification of *Alternaria* spp., which grow in most routine laboratory media, although the clinically important species very soon lose their ability to sporulate. In our experience, the most suitable culture media for obtaining good sporulation of isolates from clinical specimens is potato-carrot agar.

Molecular identification

The use of molecular techniques facilitates the identification of rare pathogenic fungi, such as Alternaria spp., even by non-experts. Using the Basic Local Alignment Search Tool (BLAST), it is now easy to compare sequences of a given unidentified fungus, even of a non-sporulating strain, with those deposited previously in Gen-Bank in order to find regions of similarity among sequences. However, an important problem lies in the fact that sequences within GenBank are deposited without strict quality control concerning species identification, and some sequences have therefore been deposited under erroneous names. In the case of Alternaria, it has been estimated that c. 14% of the sequences deposited in GenBank are misidentified [21]. Therefore, although the method is useful, it is important to ensure that unknown sequences are compared with the sequences of reference strains that have been identified by experts.

Amplification of the ITS region with pan-fungal primers, included in the multicopy rRNA operon, followed by downstream sequencing, has been shown to be a useful method for identification of *Alternaria* spp. Reliable ITS sequences of *Alternaria* strains deposited in GenBank, which have been checked by experts [21] and which are useful for comparison, are: *A. alternata* AF229461, AF229460 and AF071394, and *A. infectoria* AF229458, AF229480 and AJ2760558. In addition, De Hoog and Horré [21] have provided a reliable procedure

to distinquish between *Alternaria* and *Ulocladium* spp. of clinical interest, based on a PCR method using general primers, followed by restriction enzyme digestion of the amplicons. However, the two predominant clinical species, *A. alternata* and *A. infectoria*, can easily be differentiated according to the length of the ITS1–4 amplicon, with the ITS spacer domain being *c.* 570 bp in the former species and *c.* 600 bp in the latter.

CLINICAL RELEVANCE

Alternaria infects mainly immunocompromised hosts. Although infections in immunocompetent hosts have also been reported, these rarely involve invasive disease [29]. The portal of entry of the infection is usually through corneal trauma or breakdown of the skin barrier. The majority of clinical manifestations involve cutaneous and subcutaneous infections, although other types of infections, e.g. oculomycosis, sinusitis, onychomycosis and invasive disease, have also been reported less commonly.

Ocular infections

The incidence of *Alternaria* spp. in oculomycosis ranges from 3.3% to 10.4% [30-33]. However, this can vary according to the geographical location, and is probably related to the risk of trauma caused by organic matter [33]. To date, 20 cases of ocular infections caused by Alternaria spp. have been reported. The patient characteristics, risk factors, treatment and outcome are summarized in supplementary Table S1. These cases were reported from the USA (four cases) and another nine countries, with one or two cases each. Male patients accounted for 13 (65%) and females for seven (35%) of the 20 cases. The median patient age was 55 years, ranging from 29 to 82 years. The majority of cases (65.0%) were cases of keratitis (p = 0.02), although endophthalmitis was also associated with four (20.0%) cases, and both keratitis and concomitant endophthalmitis were reported in three other cases (15.0%). In one case, keratitis was associated with onychomycosis also caused by Alternaria [34]. In general, patients were farmers or gardeners, and had all been exposed to soil and garbage. In many cases (55.5%), accidental or surgical ocular traumas were the predisposing factors. In two cases, the ocular injury was suffered 2-6 years before presentation [35,36]. Six

(30%) of the 20 patients had received therapy with topical and/or systemic steroids. Five (25%) patients had been treated previously with antifungal agents. The causative agent was identified as A. alternata in six cases and as A. infectoria in one case. In the other cases, identification to the species level was not reported.

Rhinosinusitis

Although Aspergillus is the most common mould causing fungal sinusitis, other fungi, such as Alternaria, can also be involved, albeit less commonly, in such illnesses [37-40]. Seventeen cases of invasive and non-invasive sinusitis caused by Alternaria spp. have been reported since 1977. Practically all of these cases were reported from the USA. Another two cases were reported as part of an epidemiological study on paranasal sinus mycoses in India, but specific clinical data for these infections were not included [40]. The patient characteristics, risk factors, treatment and outcome of these cases are summarized in supplementary Table S2. The age of the patients ranged from 13 to 56 years (median 35.6). Male patients accounted for ten (58.8%) and females for seven (41.2%) of the 17 cases. Immunosuppression was not a significant risk factor (p = 0.09) for rhinosinusitis caused by Alternaria, although this condition was present in 12 (70.6%) patients. Neutropenia was a common factor in ten of these 12 patients, who suffered from haematological malignancies, e.g. acute or chronic myeloid or lymphoblastic leukaemia (7/10), aplastic anaemia (1/10), Hodgkin's lymphoma (1/10) or solid tumour (1/10). Seven patients were bone marrow transplant recipients. The other two immunocompromised patients underwent topical and/or systemic steroid treatment. The infection was invasive in 13 (76.5%) of the 17 cases. A. alternata was isolated in four cases and A. geophila in one case; in the remaining cases, the aetiological agents were not identified to the species level.

Onychomycosis

The incidence of *Alternaria* as a causative agent of onychomycosis is low, ranging from 0.08% to 2.5% in various epidemiological studies [41-43]. However, no detailed clinical data concerning these cases have been reported. To date, only 17

cases of nail infections due to Alternaria spp. have been reported, with most of the patients being from Italy (10/17), followed by India (3/17) and several other countries [34,44–50]. The median patient age was 51.7 years, ranging from 7 to 76 years. Male patients accounted for 11 (64.7%) and female for six (35.3%) of 17 patients. As with onvchomycosis caused by other fungi, a history of contact with soil or trauma in the nails existed in most of these cases. Two patients were diabetic [44,49] and two were receiving steroid treatment [34,49]. Clinical manifestations included dystrophy and distal subungual hyperkeratosis or onycholysis. No significant difference (p = 0.439) was found between the involvement of fingernails or toenails. The former were involved in nine (52.9%) of the cases, six of which affected more than one nail, and the latter were involved in seven (41.2%) cases, three of which affected more than one nail. Both fingernails and toenails were affected in one patient. Identification to the species level was reported in 14 cases, with A. alternata being isolated in 11 cases [45–47,49], and A. humicola, A. pluriseptata and A. chlamydospora in one case [44,49].

Cutaneous and subcutaneous infections

Skin is the most frequent site of infection due to Alternaria spp., with 156 cases of skin infection being reported to date (supplementary Table S3). Cutaneous infections are significantly more frequent than subcutaneous infections (88.4% vs. 5.8%, p <0.001). Cutaneous and concomitant subcutaneous infections were both reported in nine (5.8%) cases. Most cases were from Mediterranean countries, i.e. France (38), Spain (35), Italy (15) and Greece (five). The median patient age was 53.9 years, ranging from 6 months to 94 years. These infections were clearly more frequent in males than in females (64.9% vs. 35.1%, p < 0.001), which may be explained by the fact that outdoor work is carried out more frequently by males, bringing with it an increased risk of minimal skin trauma [51]. Predisposing factors were described in >50% of the reported cases (128/156), with transplantation being the most common risk factor (51/128, p <0.001). Among those cases, 47 involved solid organs and four involved bone marrow. Cushing's syndrome was diagnosed in ten non-recipient transplant patients (10/77, p <0.001). The remaining patients with predisposing factors (67/128, p <0.001) were receiving immunosuppressive therapy.

The cases of cutaneous and subcutaneous alternariosis show a range of clinical manifestations. Most patients presented with erythema and desquamation of skin, or with red papules that developed to erosion and ulceration, particularly after steroid treatment. When the infection was associated with a penetrating trauma, clinical manifestations in the skin usually corresponded to a unilocular livid red plaque with central ulceration, which sometimes developed into a crust-ulcerous lesion, and usually affected previously healthy patients. A multilocular form of disease, with papulonodular lesions or cutaneous nodules, usually painless, was generally associated with disseminated alternariosis [52]. The most frequently isolated species was A. alternata, accounting for 59 (37.8%) of the 156 cases, followed by A. tenuissima (23 cases, 14.7%), A. infectoria (11 cases, 7.1%), A. chartarum and A. chlamydospora (two cases each), and A. dianthicola, A. longipes and A. stemphylioides (one case each). Identification at species level was not reported in the 55 remaining cases.

IN VITRO SUSCEPTIBILITY

Table 1 summarizes the scarce data available concerning the in vitro antifungal susceptibility of Alternaria. Isolates were not identified to the species level in any of the four studies [53–56] that included more than ten isolates. Amphotericin B showed variable in vitro activity, with MICs ranging from 0.032 to 16 mg/L. The *in vitro* activity of flucytosine against Alternaria spp. was practically nil [24,53,57-63]. Among the azoles, fluconazole showed no activity against Alternaria spp. [24,53,61,64], whereas ketoconazole MICs varied from $\leq 0.5 \text{ mg/L}$ [53,59,61,65,66] to $\geq 2 \text{ mg/L}$ [45,53,62,64]. In general, itraconazole, voriconazole and posaconazole showed good activity, with MICs $\leq 0.5 \text{ mg/L}$ [54–56,67,68], although MIC₉₀ values of >8 mg/L have also been reported [54,55]. Slightly lower activity has been reported for ravuconazole, with MIC₅₀ values of 1 mg/L [54,55]. Alternaria seems to be susceptible in vitro to terbinafine [69] and to caspofungin [70], but resistant to micafungin [71], although only very limited data are available. As no comparative studies have been performed, it is not known whether significant differences exist between the antifungal

Table 1. In vitro susceptibility of Alternaria spp. to antifungal agents

Reference	No. of isolates	Antifungal agent (MICs in mg/L)											
		AMB	5FC	FLC	KCZ	MCZ	ITC	VRC	RVC	PSC	TBF	MFG	CSP
[10]	1 ^{a,b}	0.25	_	_	_	_	0.25	_	_	_	_	_	_
[24]	1 ^{c,d}	0.3	>322.7	40.0	1.6	2.5	0.24	_	_	_	_	_	_
[45]	1 ^{a,b}	3.0	10	_	3.0	-	_	_	_	_	_	_	-
	1 ^{b,e}	_	30	_	10		_	_	_	_	_	_	-
[53]	20 ^{d,f,g}	0.12-16	>128	16 to >64	0.5 - 8.0	0.5 - 8.0	0.12 - 2.0	_	_	_	_	_	
[54]	11 ^{d,f,h}	0.25-0.50	-	_	_	-	0.25 to >8	0.25 to >8	1.0 to >8	_	_	_	-
[55]	11 ^{d,f,h}	0.25-0.50	-	_	_	-	0.25 to >8	0.25 to >8	1.0 to >8	0.12 to >8	_	_	
[56]	13 ^{d,f,h}	0.50-4	-	_	_	-	0.50-1.0	_	_	0.125-0.25	_	_	-
[57]	1 ^{b,f}	3.2	100	_	_	-	_	_	_	_	_	_	-
[58]	1 ^{b,f}	0.3	>200	_	_	0.3	_	_	_	_	_	_	-
[59]	2 ^{b,i}	0.2	>100	_	0.4	0.4	-	-	-	_	-	-	-
[60]	1 ^{a,d}	1.0	>128	_	-	-	0.25	-	-	_	-	-	-
[61]	1 ^{d,j}	0.125	>64	64.0	0.5	-	0.125	0.5	-	_	-	-	-
[62]	1 ^{a,d}	0.5	>128	_	2.0	-	0.5	-	-	_	-	-	-
[63]	6 ^{a,k,l}	0.3 - 1.2	>100	_	-	-	-	-	-	_	-	-	-
[64]	1 ^{a,g}	0.4	-	50.0	50.0	0.8	0.05	-	-	_	-	-	-
[65]	1 ^{b,i}	_	-	_	0.5	-	0.05	-	-	_	-	-	
[66]	1 ^{a,b}	0.3	-	_	0.1	-	0.07	_	-	_	-	-	-
[67]	1 ^{j,m}	0.032	-	16.0	-	-	1.5	0.23	-	_	-	-	-
[68]	$4^{d,f,l}$	0.5 - 4.0	-	-	-	-	0.25 - 1.0	1.0 - 2.0	-	_	-	-	
[69]	1 ^{a,d}	_	-	-	-	-	-	-	-	0.25	-		
[70]	1 ^{f,g}	_	-	_	-	-	-	_	-	_	-	-	≤0.09
[71]	3 ^{a,d}	0.5	-	_	-	-	≤0.01	_	-	_	-	>8.0	-
[81]	1 ^{a,b}	1.5	-	-	-	-	-	_	-	_	-	-	-
[82]	$2^{b,f,l}$	1.2 to >10	-	-	-	-	-	_	-	_	-	-	-
[84]	1 ^{a,d}	0.25	-	_	_	-	8.0	_	_	_	_	_	-

AMB, amphotericin B; 5FC, flucytosine; FLC, fluconazole; KCZ, ketoconazole; MCZ, miconazole; ITC, itraconazole; VRC, voriconazole; RVC, ravuconazole; PSC,

posaconazole; TBF, terbinafine; MFG, micafungin; CSP, caspofungin.

^aAlternaria alternata. ^bSusceptibility method not reported. ^cAlternaria longipes. ^dMicrodilution broth method. ^eAlternaria chlamydospora. ^fAlternaria spp. ^gMacrodilution broth method. ^hMIC₅₀-MIC₉₀, ⁱAlternaria tenuisima. ^jAlternaria infectoria. ^kAgar diffusion. ^hMIC range. ^mEtest.

susceptibilities of the two most clinically common Alternaria spp., i.e. A. alternata and A. infectoria.

TREATMENT AND OUTCOME

Ocular infections

Treatment and outcome of oculomycosis cases caused by Alternaria are summarized in supplementary Table S1. Various antifungal drugs have been used in the treatment of these infections, including topical, intravitreal and/or systemic amphotericin B, flucytosine, topical and oral fluconazole, topical ketoconazole, itraconazole, and topical and oral voriconazole. On most occasions, the infection was resolved following antifungal therapy, but surgical interventions, e.g. keratoplasty or vitrectomy, were sometimes necessary. In two cases, treatment and outcome were not described. In all but one of the cases, the infection was resolved. In one patient, the lesions persisted after antifungal and surgical treatment, but the fungus did not grow in culture [72]. Owing to the poor intravitreal penetration of amphotericin B given intravenously, intravitreal administration of this antifungal drug after vitrectomy is indicated in severe cases of fungal endophthalmitis [73]. Systemic and topical fluconazole can also be used [73]. Voriconazole, administered orally (400 mg twice daily), reaches concentrations of 0.81 and 1.13 mg/L in vitreous fluid and aqueous humour, respectively, which correspond approximately to the MIC90 values required for most pathogenic fungi tested [74], including Alternaria spp. [56]. In addition, the clinical efficacy of voriconazole in keratitis caused by Alternaria has recently been reported [75,76]. Thus, this drug appears to be a useful alternative to intravitreal or topical administration [77]. In addition, therapeutic intravitreal levels of posaconazole were obtained after topical and oral administration [78]. Although there is no published clinical experience of the use of posaconazole to treat oculomycosis caused by Alternaria, the in vitro activity [55,56] and the clinical efficacy of this drug in treating ocular infections caused by other fungi [78,79] suggest that posaconazole could also be a therapeutic alternative for keratitis and endophthalmitis caused by Alternaria.

Rhinosinusitis

Treatments and outcomes of rhinosinusitis caused by Alternaria are summarized in supplementary Table S2. To date, amphotericin B has been the antifungal agent used most frequently, either alone or in combination with flucytosine and/or rifampicin. In the majority of cases, treatment with antifungal agents was combined with surgery. In two patients with no immunological impairment, the infection was recurrent despite surgical and medical treatment [80,81]. All patients were cured, with the exception of one who relapsed [58] and two who died from other causes [82].

Onychomycosis

Itraconazole was the drug used most frequently for the treatment of onychomycosis, being administered to 12 (92.3%) of the 13 patients who received antifungal therapy. In eight (72.2%) patients, the infection was cured.

Cutaneous and subcutaneous alternariosis

As for the other clinical manifestations of Alternaria infections, no standard treatment exists for cutaneous and subcutaneous infections. The treatments and outcomes of the reported cases are summarized in supplementary Table S3. In 21 (13.4%) of the 156 cases reported, there are no data concerning treatment. In three (2.22%) of the treated patients, infection was resolved with physical procedures, e.g. hyperbaric oxygen [83] or local heat [29,84]. The infection was resolved in nine (6.66%) cases following surgery, and suppression of steroids was sufficient for resolution in four (2.96%) of the 135 cases in which therapeutic details were provided. A variety of antifungal drugs were also used to treat those infections, including amphotericin B, azoles and terbinafine. Since the 1990s, itraconazole has been the antifungal drug most frequently used, generally with a satisfactory outcome. Voriconazole was used only on two occasions [85,86], resolving one infection [86]. No clinical experience has been reported concerning the treatment of cutaneous/subcutaneous alternariosis with posaconazole.

CONCLUSIONS

Although frequently associated with allergic respiratory diseases, Alternaria is an opportunistic pathogenic mould that causes mainly oculomycosis, rhinosinusitis, onychomycosis, and cutaneous and subcutaneous infections, generally in immunocompromised patients. A. alternata is the species reported most frequently as causing the different clinical manifestations of alternariosis, although identification to the species level is not often performed and the aetiological agent was probably often misidentified. Occupational exposure to soil and garbage, surgical and nonsurgical trauma and topical or systemic steroids are predisposing factors for oculomycosis. Although rhinosinusitis has also been described in immunocompetent hosts, the majority of cases involve immunocompromised patients, most of whom have undergone bone marrow transplantation. Contact with soil or trauma of the nails are the most frequent predisposing factors for onychomycosis caused by Alternaria spp., although steroid treatment and diabetes should also be considered as possible predisposing factors. Immunosuppression is a common feature in cutaneous and/or subcutaneous cases of alternariosis, with most patients being solid organ transplant recipients. Cushing's syndrome has also been reported as a predisposing factor in many cases.

In general, Alternaria shows a good response to conventional antifungal drugs. On some occasions, steroid suppression or reduction may be sufficient to resolve the infection. Surgery alone has also been used successfully in some cases, but has been used in many other cases in combination with medical treatment. In general, cases of alternariosis have responded well to treatment with the older antifungal drugs, e.g. amphotericin B, flucytosine, fluconazole, miconazole and nystatin. Itraconazole is the antifungal drug that has been used most frequently in cases of onychomycosis and cutaneous and subcutaneous infections, with generally satisfactory results. Voriconazole could be a good alternative, especially in cases of oculomycosis, but further studies are required. On the basis of its in vitro activity and pharmacokinetics, posaconazole also constitutes a promising therapeutic option.

TRANSPARENCY DECLARATION

The authors declare that they have no conflicting interests in relation to this article.

SUPPLEMENTARY MATERIAL

Additional Supporting Information may be found in the online version of this article:

Table S1. Reported cases of oculomycosis by *Alternaria* spp.

Table S2. Reported cases of rhinosinusitis caused by *Alternaria* spp.

Table S3. Reported cases of cutaneous and subcutaneous infections caused by *Alternaria* spp.

Please note: Citations listed in the Supporting Information are referenced in the References below.

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