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СО49-003-е

Cross-sectional study for detecting used environmental factors and their significance for the participation of people living at home after stroke



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Keywords: Environmental factors; Stroke; Participation; Devices; Caregiver *Introduction.*– The aim of this study is to deepen the knowledge about the importance of the use of and the interaction between environmental factors in relation to promoting the participation of people living at home after stroke.

Method.– A structured interview provides quantitative data concerning devices, family members aids, and services, and qualitative data concerning the importance of the aids, in seven participation domains, used by 49 people in Southern Switzerland after stroke.

Results.– The family is the most important environmental factor. The devices are seen as "important" or "very important" and are used for personal mobility and hygiene. Services are mostly used in the activities related to hygiene and leisure. Combinations of usage patterns were found in all activity groups.

Discussion.– Devices, family members and services are in a complex relationship. A stable communication system between all stakeholders is needed to take advantage of the promoting nature of environmental factors. The role of the occupational therapist is to ensure the maximum benefit for user participation. *Further reading*

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СО49-004-е

Impact of a multidisciplinary rehabilitation program on the "preparing meals" in people with acquired brain injury (ABI)

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Keywords: Program; Participation; Activity "Preparing meals"

Background.– Cognitive and behavioural difficulties following acquired brain injury (ABI) may lead to severe limitations in activities and restrictions in participation. A holistic, intensive and multidisciplinary ABI rehabilitation program was developed at the Pitié-Salpêtrière hospital, France (5 days/week for 7 weeks).

Objective.– To document the program's effect on the activity "preparing meals". *Method.*– Repeated measurements pre-program (T1 and T2) and post-program (T3, T4, T5 up to 6 months) with 7 subjects using the Cooking Task (CT) (Chevignard, 2000), Instrumental Activities of Daily Living (IADL) (Bottari, 2009), and Measure of Life Habits (LIFE-H) (Noreau, 2002).

Results.– Using the two standard deviation band method and "non-overlap of all pairs" (NAP) methods for small n design, significant differences in pre and

subjects), the need of assistance (IADL). The results of the LIFE-H suggest an effect of improving the preparation of meals for 4/7 subjects.

Discussion.– The combined results from the CT (fewer errors), IADL and LIFE-H suggest an overall improvement in the activity "preparing a meal" after the rehabilitation program.

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СО49-005-е

Shopping malls as an environment for rehabilitation: Evaluations and interventions for persons with a disability

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Keywords: Accessibility; Activity; Participation; Evaluation; Treatment Malls are used for various activities: for shopping, running errands, and also for entertainment and socialization. Consequently, they represent environments where persons with a disability may wish to go or return to following rehabilitation. As such, some might argue that malls are important environments to use to optimize rehabilitation patients' social participation.

Objective.– We examined whether rehabilitation professionals used shopping malls to evaluate and treat persons with a disability and if so, how this environment was used. We were also interested in the factors contributing to or hindering a mall's use in rehabilitation.

Methods.– Fifteen rehabilitation professionals from multiple disciplines participated in a 3-hour focus groups lead by a facilitator using an interview protocol. *Results.*– Ten professionals reported using the mall regularly in their practice for different objectives such as developing their client's way-finding or walking abilities. They were more likely to use a mall when patient goals included going to the mall. Factors influencing mall use included the accessibility of the malls' interior (e.g. ease of circulation), respect of the clients' needs, and transportation to the mall.

Discussion.– Malls may provide an appropriate ecologically valid environment in which to evaluate and treat persons with a disability.

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Posters

Р310-е

A new scale measuring complexity in neurologic rehabilitation patients: Oxford Case Complexity Assessment Measure (OCCAM)

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Introduction.– There are only few scales evaluating complexity. Objective of study was to evaluate a new developed 81-point scale based on biopsychosocial model, which is OCCAM.



Methods.– We analyzed 110 patients admitted neurorehabilitation unit at Oxford Centre of enablement (OCE) during period from January to August 2012.OCCAM questionnaire, the Rehabilitation Complexity Scale(RCS),the INTERMED scale, and team judgment score(from 0–10) were administered to establish validity. Phase 2:inter-rater agreement of OCCAM was evaluated. Phase 3: test–retest agreement was performed. The ability of OCCAM to predict length of stay more than 80 days and no home discharge was analysed using statistics methods.

Results.– Internal consistency moderate overall OCCAM scale (Cronbach's α coefficient 0.69). Significant correlation was found between OCCAM and INTERMED (ρ =0.694, P<0.001), RCS-E (ρ =0.736, P<0.001) team judgment (ρ =0.796, P<0.001). Inter-rater agreement was excellent (Weighted κ =0.95, P<0.001). Excellent correlation between admission and discharge scores observed (ρ =0.917, P<0.001) Test–retest agreement was good (intraclass correlation coefficient 0.86). Patients with prolonged LOS had higher mean admission OCCAM (38.6 ± 12.2 versus 32.9 ± 13.7, P=0.04). ROC curve of OCCAM to predict LOS > 80 days showed poor discrimination (c-statistic = 0.657; 95% CI: 0.508–0.806). Patients not discharge showed good discrimination (c-statistic =0.815; 95% CI: 0.680–0.950). Optimal cut-off of OCCAM to detect patients not discharge home was \geq 34 (sensitivity = 84.6%, specificity = 62.8%).

Discussion.– The OCCAM valid reliable scale to measure complexity, Could be useful to identify patients who will not be discharged home easily from early stages. Further studies needed to confirm results.

Further reading Wade DT. BMJ 2004;329:1398–401.

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Р311-е

Functional gains as measured by the functional assessment measure (FIM+FAM)

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Keywords: FIM+FAM; Functional Recovery; Rehabilitation

Objective.– To quantify functional gains of inpatients subjected to a rehabilitation program in a general hospital.

Materials and methods. – Observational study using clinical notes from patients admitted to the rehabilitation ward in the 18-month period between January 1st 2012 and May 30th 2013.

Patients diagnosis was establish according to Inpatient Rehabilitation Facility-Patient Assessment Instrument (IRF-PAI). FIM+FAM were registered at admission and discharge.

Collected data was statistically analysed using the Statistical Package for the Social Sciences version 18 of Windows (SPSS). Statistical significance level considered was $\alpha = 0.05$.

Results.– In total, 52 patients met the inclusion criteria, 41 male and 11 female. The average age was 58 years. The average length of stay was 34 days.

The average gain of FIM+FAM was 38/210, paired-samples *t*-test (P = 0.001). Diagnosis did not have a significant effect over length of hospital stay (P = 0.155). Age was inversely related to functional gains (r = -0.26) and has an effect over place of discharge (P = 0.016).

Discussion.- FIM+FAM was found to be useful in assessing rehabilitation progress in this heterogeneous group of patients.

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