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Ligation of the intersphincteric fistula tract or LIFT procedure (with video)



M.L. Barussaud*, B. Roussel, T. Courvoisier,
J.-P. Faure

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KEYWORDS

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The ligation of the intersphincteric fistula tract or LIFT procedure is a sphincter preserving procedure for the treatment of transsphincteric fistula-in-ano. This technique was first described in Thailand in 2007 by Arun Rojanasakul [1]. This surgical technique is safe and reproducible. In a study including 93 patients with a 19 months median follow-up, a primary closure of the fistula tract was obtained in 40 to 80% [2]. Patients with successful fistula closure reported a mean Cleveland Clinic Florida Fecal Incontinence score of 1.0 (SD 2.3). This video shows the different steps needed to perform this surgical procedure [3].

Disclosure of interest

The authors declare that they have no conflicts of interest concerning this article.

Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.jviscsurg.2014.03.006>

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* Corresponding author.

E-mail address: marie.barussaud@free.fr (M.L. Barussaud).