

the 12-month baseline period, 26% of patients experienced 1 PEX, 15% had 2, and 20% had  $\geq 3$ . Corresponding proportions over a mean of 27 months of follow-up were 16%, 12%, and 52%. The mean PEX rate rose from 1.3 to 1.6/patient-year from baseline to follow-up. In the follow-up period, proportions of patients with at least 1 PEX and rates of PEX were higher among adults (84%; 1.7/patient-year) versus adolescents (70%; 1.5/patient-year) and for patients in the severe ppFEV1 group (86%; 2.0/patient-year) compared with the mild group (70%; 1.1/patient-year). Among patients with PEX, 61% required inpatient hospitalization (mean  $\pm$  SD length of stay, 13.3  $\pm$  7.4 days) and 73% required either hospitalization or IV antibiotics. **CONCLUSIONS:** The majority of patients with CF homozygous for the F508del CFTR gene mutation experience at least one PEX annually and many PEX are associated with lengthy hospitalizations. The rates of PEX increase over time and are highest for adults and for those in the most severe lung function group, consistent with a progressive disease.

### PSY3 EFFICACY OF THE MICA ANTIBODY FOR TRANSPLANT PATIENTS

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**OBJECTIVES:** MICA antibody identification is a test performed on transplant patients to check for the presence of donor-specific MICA for the purpose of predicting the incidence of organ rejection among transplant patients. The purpose of this assessment was to evaluate the effectiveness. **METHODS:** The literature search was performed using 8 domestic research databases and 3 core databases. A total of 9 papers that remained. Each of the stages from literature search to application of selection criteria and data extraction was independently by 2 researchers. The SIGN was used for the quality assessment. **RESULTS:** There were 5 studies reporting on the medical results of kidney transplant patients. 2 of the studies reported no significant differences in the graft survival rate and incidence of organ rejection ( $p = .67$ ). There were 3 studies reporting of heart transplant patients. There was one study reporting of lung transplant patients. The incidence of organ rejection was reported to be 42.0% ( $p = ns$ ). **CONCLUSIONS:** MICA identification lacked clinical effectiveness for the following reasons: i) there were no significant differences in the graft survival rate and incidence of organ rejection; ii) it is difficult to determine whether the different results for the graft survival rate and incidence of organ rejection reported.

### PSY4 A SYSTEMATIC LITERATURE REVIEW AND NETWORK META-ANALYSIS OF CAPSAICIN 8% PATCH VERSUS ORAL NEUROPATHIC PAIN MEDICATIONS FOR THE TREATMENT OF PAINFUL DIABETIC PERIPHERAL NEUROPATHY

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**OBJECTIVES:** The efficacy and safety of capsaicin 8% patch (Qutenza) for treating painful diabetic peripheral neuropathy (PDPN) has recently been studied but direct comparison with other treatments is lacking. The objective was to obtain estimates of the relative efficacy and safety of oral treatments for PDPN and capsaicin 8% patch. **METHODS:** A systematic literature review (SLR) and network meta-analysis (NMA) were conducted. The SLR collated data from all published randomized controlled trials (RCTs) comparing either pregabalin, duloxetine, amitriptyline or gabapentin. Efficacy data for capsaicin 8% patch was obtained from 12-week placebo-controlled RCT (STEP) and a 12-month open-label randomized study versus standard of care (PACE). Electronic databases (Embase, Medline, CRD-Dare and Cochrane) were searched up to February 2014. Search results were screened, eligible studies were assessed for risk of bias and data were extracted. Efficacy outcomes selected for Bayesian NMA (WinBUGS v.1.4) included responder status ( $\geq 30\%$  /  $\geq 50\%$  reduction in pain) and absolute change in pain score from baseline. Safety endpoints included nausea, diarrhoea, somnolence and dizziness. **RESULTS:** Out of the 400 unique records identified, 24 were eligible for inclusion in the review. Eight studies were included in the NMA for  $\geq 30\%$  pain reduction, 10 for  $\geq 50\%$  pain reduction, and 11 reporting pain score change. No significant differences were observed between treatments regarding either responder rate based on  $\geq 30\%$  /  $\geq 50\%$  pain reduction or pain score change from baseline. Scenario analyses considering different dosing regimens of pregabalin and duloxetine, different definitions of clinical endpoints and inclusion of PACE trial data did not significantly change the results. The capsaicin 8% patch exhibited none of the investigated safety events, whereas all orals reported dose-dependent side-effects. **CONCLUSIONS:** This NMA found that capsaicin 8% patch, pregabalin, duloxetine, and gabapentin do not have different efficacy profiles for PDPN; however, capsaicin 8% patch exhibits fewer systemic adverse events.

### PSY5 HOW ARE PAIN TREATMENT RESPONSE RATES IN PRIMARY CARE INFLUENCED BY CO-PRESCRIPTION OF CYP2D6 INHIBITORS?

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**OBJECTIVES:** To determine the rates of co-prescription of CYP2D6-inhibiting medications with pain medication and the impact on response rates to pain medications, in the UK primary care setting. **METHODS:** Codeine and tramadol are prodrugs requiring activation by the CYP2D6 enzyme. These drugs may have limited effectiveness when co-prescribed with other medications known to inhibit the CYP2D6 pathway. This contrasts with CYP2D6-independent analgesia, e.g. buprenorphine, which do not require CYP2D6 activation. We identified the co-prescription of three study pain medications; buprenorphine, codeine and tramadol with CYP2D6-inhibiting drugs including amitriptyline and fluoxetine. Patients aged  $\geq 18$  years with chronic non-malignant pain and prescribed buprenorphine, codeine or tramadol between

01/01/2009 and 31/01/2013 were identified in The Health Improvement Network (THIN) database. Patients were excluded if they had history of; chronic kidney disease stage 4/5, cancer, neuropathic pain, sciatica/radiculopathy, diabetes, back pain or a prior prescription for a study drug. Patients were classified as responders if they were either "cured" (discontinued treatment) or stable (remained on treatment), or a non-responder if they were referred to a pain clinic or switched to a CYP2D6-independent analgesic. Multivariate logistic regression was used to identify the predictors of response and estimate the influence of CYP2D6-inhibitors. **RESULTS:** The cohort consisted of 43,632 patients: 90.8% were responders, and CYP2D6-inhibiting drugs were prescribed to 33.8% of the cohort. Almost three times as many patients failed to respond in those prescribed a CYP2D6-inhibitor (16% vs. 6%). Controlling for medication, demographics and co-morbidities the logistic regression indicated the odds of responding for those with a CYP2D6-inhibiting co-prescription were 39% lower than those without a co-prescription for a CYP2D6 inhibiting drug (OR = 0.61, 95% CI 0.57 to 0.66). **CONCLUSIONS:** Chronic non-malignant pain patients with a co-prescription for a CYP2D6-inhibiting medication were significantly less likely to respond to analgesia treatment and therefore received suboptimal pain management.

### PSY6 REAL-WORLD EVIDENCE OF IRON CHELATION THERAPY IN TRANSFUSION-DEPENDENT MDS PATIENTS: A PORTUGUESE HOSPITAL REGISTRY

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**OBJECTIVES:** Transfusional iron overload is common among patients with myelodysplastic syndromes (MDS) receiving red blood cell (RBC) transfusions. Emerging evidence indicates that iron chelation therapy (ICT) could improve health outcomes in MDS patients with low/intermediate-1 IPSS risk. This study aimed to investigate clinical evolution and transfusion dependency of MDS patients under ICT with deferasirox, in clinical practice. **METHODS:** This was a retrospective analysis of a hospital registry of MDS patients followed-up by immunohemotherapy. Longitudinal data records were aggregated in 3 months periods. Exploratory analysis was performed to characterize patients. Generalized Estimation Equation models were used to estimate the effect of time on average ferritin levels and RBC transfusions, controlled by patient's initial conditions and deferasirox dose. Generalized Linear Mixed-effects Models were estimated to assess individualized evolution patterns. In modelling only patients chelated for  $\geq 6$  months were considered. **RESULTS:** A total of 877 records of 17 MDS patients (53% male), classified as low risk at diagnosis, were included in the analysis. Median ages at diagnosis, beginning of RBC transfusions and beginning of ICT were 71, 74 and 77, respectively. Patients had received an average of 51.6  $\pm$  26.2 RBC units before ICT. Average values of clinical parameters were calculated for each patient. Sample medians were: ferritin 3674.3 ng/mL, hemoglobin 8.2 g/dL, alkaline phosphatase 91.3 U/L, gamma-glutamyl transferase 0.4 U/L, aspartate aminotransferase 27.0 U/L, alanine aminotransferase 42.9 U/L and blood creatinine 0.9 mg/dL. From the 8 patients chelated  $\geq 6$  months: 6 presented a decrease on ferritin levels and 4 presented a decrease in RBC transfusions (one reaching transfusion independence), over time. Marginal models demonstrated that average ferritin levels and number of RBC decrease with time ( $\beta = -141.9$   $p = 0.008$ ;  $\beta = -0.043$   $p = 0.001$ , respectively). **CONCLUSIONS:** Analysis of real-world data from a Portuguese registry of transfusion-dependent MDS patients chelated with deferasirox, for  $\geq 6$  months, indicated that both ferritin levels and RBC transfusions tend to decrease with time.

### PSY7 GUILLAIN-BARRE SYNDROME: CLINICAL PRESENTATION, TREATMENT PATTERN AND OUTCOME

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**OBJECTIVES:** To study the clinical presentations, treatment pattern and outcome of patients diagnosed with Guillain-Barre Syndrome (GBS). **METHODS:** A retrospective observational study, carried out in a tertiary care teaching hospital. Data of patients diagnosed with GBS and admitted to ICUs, medical wards and neurological wards from 2008 to 2013, was collected from medical records department (MRD) registry using ICD-10 code G61.0. **RESULTS:** During the study period total 130 patients were diagnosed with GBS. The mean age of the study population was 35.3  $\pm$  20.7 years (mean  $\pm$  SD) and 55.4% ( $n = 72$ ) patients were male. Hospital admissions due to GBS showed a marked escalation yearly from 2008 to 2013. 48.4% ( $n = 63$ ) of patients reported flu like syndrome along with loose stools one week prior to GBS onset. The main clinical manifestations of GBS, bilateral ascending weakness and areflexia was seen in 69.2% of patients. Respiratory paralysis is the major cause of mortality in GBS patients and was present in 17.7% ( $n = 23$ ) of the patients. Among the study population 49.2% ( $n = 64$ ) of patients received intravenous Ig (IVIg) therapy and 11.5% ( $n = 15$ ) of patients underwent plasmapheresis. Other supportive therapies included were physiotherapy/occupational therapy (13.8%) and corticosteroid therapy (10.8%). Due to high economic burden 14.6% ( $n = 19$ ) of patients denied all treatments. Among the patients who received IVIg therapy, 4.7% showed complete recovery and 82.8% showed significant improvement whereas patients who received plasmapheresis, 85.7% showed significant improvement. The mortality rate in patients who received IVIg was 1.6% whereas in plasmapheresis was 7.1%. **CONCLUSIONS:** Both IVIg and plasmapheresis treatments showed significant improvement within 3 weeks. In our study setting, IVIg was the preferred treatment option due to low side effect profile and ease of administration however cost of treatment is higher compared to plasmapheresis. Plasmapheresis was associated with complications such as BP, HR fluctuations.