BROM'S THREE-PATCH TECHNIQUE FOR REPAIR OF SUPRAVALVULAR AORTIC STENOSIS

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S upravalvular aortic stenosis (SVAS) is an uncommon congenital anomaly. SVAS may occur as an isolated form that can be inherited as an autosomal dominant trait, or it may be an important feature of the Williams syndrome.¹⁻³ A deletion of the elastin gene results in thickening of the aortic wall characteristically at the sinotubular junction.⁴ The abnormal thickening may extend into the ascending aorta or even into the

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aortic arch with narrowing of the ascending aorta, aortic arch, and arch vessels. In some patients, pulmonary artery stenosis may be present as well.

Enlargement of the SVAS by means of a single patch is the most commonly used technique to treat the anomaly.⁵ Although the obstruction is adequately relieved by this procedure, the normal configuration of the aortic root and ascending aorta is not restored.

In 1962 our first patient with SVAS was treated by insertion of a single Dacron patch that extended from the ascending aorta into the noncoronary sinus.

An improvement involving reduction of the gradient, as well as restoration of the aortic root, was described by Doty and associates⁶ using an extended aortoplasty involving 2 sinuses instead of only 1 sinus of the aortic root. In our institutions, these techniques (Y- or pantaloon-shaped patches involving 2 sinuses or augmentation of 2 sinuses by 2 separate patches) have been used together with the "single patch extending into to the noncoronary sinus" method.

In search for a better anatomic restoration of SVAS,

Brom⁷ introduced symmetric aortoplasty with enlargement of all 3 sinuses by the 3-patch technique. The first patient was operated on by this method in 1978. The aorta is transected just distal to the level of maximal obstruction, and 3 pericardial patches are inserted into the aortic sinuses, leading to a normalized geometry of the aortic root with complete relief of the obstruction.⁷⁻¹⁰

In this report our further experience with symmetric aortoplasty with insertion of 3 patches is reviewed and compared with the results of nonsymmetric techniques that we have been using in the past.

Patients and methods

Patient data. From 1962 to 1996, 29 patients underwent surgical relief of SVAS. Fourteen patients were male and 15 were female. The mean age at operation was 15.8 ± 12.5 (SD) years (range, 2.1-46 years). Most patients operated on as adults come from the earlier years of our experience. Williams syndrome was present in 11 patients and Noonan syndrome in 1 patient. Another patient had familial pseudohypoparathyroidism and mental retardation. SVAS was localized in 25 patients and a diffuse form of SVAS was identified in 4 patients. In the diffuse form of SVAS, wall thickening and aortic obstruction extended into the distal ascending aorta, arch, and arch vessels. Three patients with diffuse SVAS had Williams syndrome. Pressure gradients were measured by heart catheterization in all patients. Doppler echocardiographic studies were routinely performed in all with the exception of the patients who were operated on in earlier years. The mean preoperative overall gradient ranged from 40 to 165 mm Hg (84 ± 37 [SD] mm Hg). Aortic valve insufficiency was absent in 24 patients, mild (grade 1/4) in 4, and moderate (grade 2/4) in 1 patient. Left ventricular hypertrophy was evident (electrocardiography, echocardiography) in 28 patients. Restricted access to one of the coronary artery orifices was observed (intraoperatively) in 3 patients. Restriction was due to adherence of the corresponding valve cusp to the sinotubular ridge. Concomitant cardiovascular anomalies were bicuspid aortic valve (5 patients, 17%), ascending aorta aneurysm (1 patient, 3%), aneurysm of the innominate artery (1 patient, 3%), localized aortic coarctation (3 patients, 10%), mitral valve insufficiency (2 patients, 7%), pulmonary valve stenosis (1 patient, 3%), and peripheral pulmonary artery stenosis (2 patients, 7%).

Surgery. All repairs were performed with cardiopulmonary bypass, moderate hypothermia, and cardioplegic arrest. In earlier years aortic crossclamping with coronary artery perfusion was used. Repair of the aortic arch and arch vessels was performed with the aid of deep hypothermic circulatory arrest in 4 patients with the diffuse form of SVAS. Separate pericardial patches were used for this purpose.

Concomitant procedures were aortic valvotomy in 3 patients and aortic valve replacement in another 6 patients. Indications for valve replacement were stenosis (4 patients) and stenosis/insufficiency (2 patients). All 3 patients who underwent aortic valvotomy had bicuspid valves. Two replaced valves were bicuspid and stenotic. One replaced

valve was tricuspid and stenotic. The 3 other valves that were replaced all showed cuspal adherence to the sinotubular ridge with restricted access to a coronary orifice. All patients who had an aortic valve replacement together with surgery for discrete SVAS were relatively old (23, 26, 33, and 38 years [2 patients]), with the exception of 1 patient (10 years old). Mitral valve replacement was necessary in 2 patients with serious mitral regurgitation resulting from rupture of the anterior leaflet chorda because of endocarditis in 1 patient and elongation of the anterior leaflet chorda in the second patient. Pulmonary valvotomy was combined with patching of branch pulmonary artery stenosis in 1 patient. Coarctation repair was performed in 3 patients, 2 to 3 weeks after repair of SVAS. One-stage repair would now be preferred.

Three-patch technique. Symmetric aortoplasty was used in 13 patients. The aorta is transected several millimeters distal to the area of maximal stenosis (Fig 1, A). Three longitudinal incisions are made perpendicular to the level of transection. The first incision is usually made into the noncoronary sinus to improve exposure so that the incisions into the 2 coronary sinuses can be safely performed. These incisions are directed into the Valsalva sinuses where they end halfway or deeper if required. The position of the coronary orifices determines the exact location of the incisions into the coronary sinuses. With bicuspid aortic valves the commissural remnant aids in positioning the incisions. The stenotic area is now wide open and ready for restoration (Fig 1, B). Three rectangular patches are inserted (Fig 1, C). Autologous pericardium, untreated or glutaraldehyde tanned (depending on the surgeon's preference), is the material of choice; dura mater and synthetic materials were used in earlier stages of our experience. Patches should not be too wide, because this may lead to commissural stretching and loss of central coaptation with valvular insufficiency as a consequence. The reconstructed aortic root is anastomosed end to end to the distal ascending aorta (Fig 1, D). If deemed necessary, an additional pericardial patch may be used to enlarge the ascending aorta (Fig 1, E).

Nonsymmetric techniques. Nonsymmetric techniques were used in 16 patients, mostly before the technique of symmetric aortoplasty had been introduced. In 14 patients a single patch was inserted after longitudinally opening the ascending aorta across the area of maximal obstruction. Single patches extended into the noncoronary sinus. In 1 patient a Y-shaped patch was inserted into the right and non-coronary sinuses, and in another patient 2 pericardial patches were used (right and noncoronary sinuses) after transection of the aorta.

Follow-up. Follow-up consisted in reviewing all last visits to attending pediatric or adult cardiologists. Follow-up always included Doppler echocardiographic studies. Post-operative heart catheterization was performed in the earlier stages of our experience. We aimed for a last follow-up visit, including Doppler echocardiographic study, in a period no more than 12 months earlier than December 1997. One patient was lost to follow-up because he moved to another country 1 year after the operation, and a second patient could not be follow-up for more than 5 years after the operation. In all

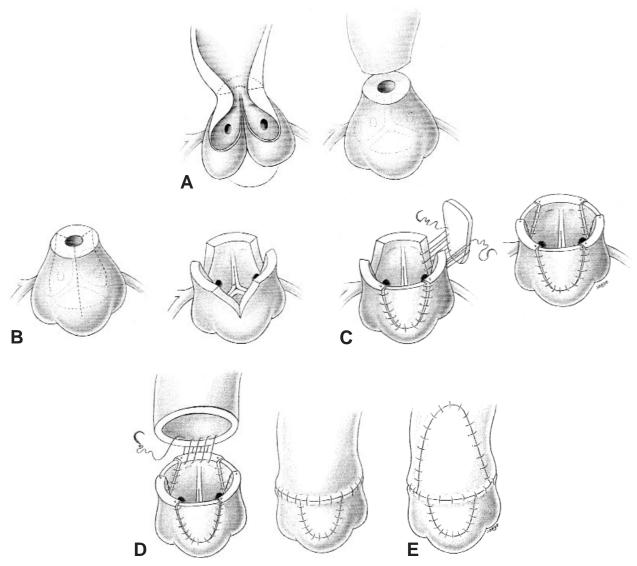


Fig 1. A, The aorta is transected just distal to the area of maximal stenosis. **B**, Three incisions are made, one into each sinus of Valsalva. **C**, Restoration of normal aortic root geometry by insertion of 3 patches. **D**, End-to-end anastomosis of the reconstructed root to the ascending aorta. **E**, Enlargement of the ascending aorta by an additional patch.

other patients follow-up was complete. Mean length of follow-up was 10.9 ± 8.1 (SD) years (range, 0.5-36 years).

All descriptive statistics are expressed as mean \pm standard deviation or mean \pm standard error of the mean. Kaplan-Meier curves depicting estimations of probability of survival and event-free survival were constructed (Figs 2 and 3). Death and reoperation were considered as events. The log-rank test was used to compare survival and event-free survival between the symmetric and asymmetric groups. Group characteristics were compared by means of the Student *t* test and the χ^2 test for quantitative data and categoric variables, respectively.

Results

Three patients died, 1 early death and 2 late deaths. Postoperative death occurred in a 10-year-old boy operated on in 1965. Severe left ventricular hypertrophy combined with insufficient myocardial protection led to subendocardial infarction and low output failure. One late death occurred in a 50-year-old man who had surgery for SVAS as well as mitral valve replacement 4 years earlier. Notwithstanding a complete relief of the SVAS pressure gradient, left ventricular hypertrophy and ventricular arrhythmias persisted and were pre-

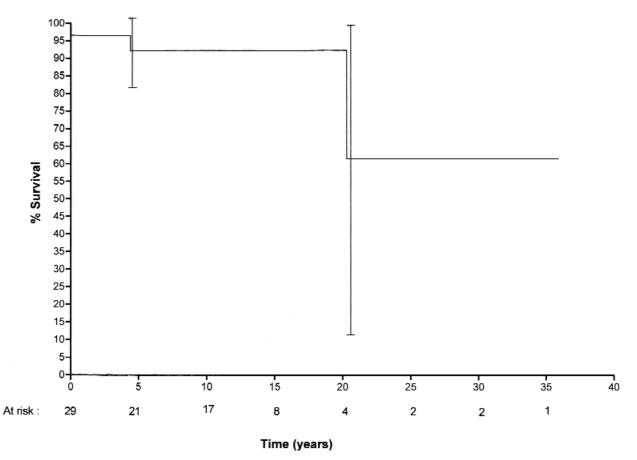


Fig 2. Kaplan-Meier curve of actuarial survival. The number of patients still being followed up is depicted on the *horizontal axis* at 5-year intervals. The 95% confidence limits are situated at the time of the events.

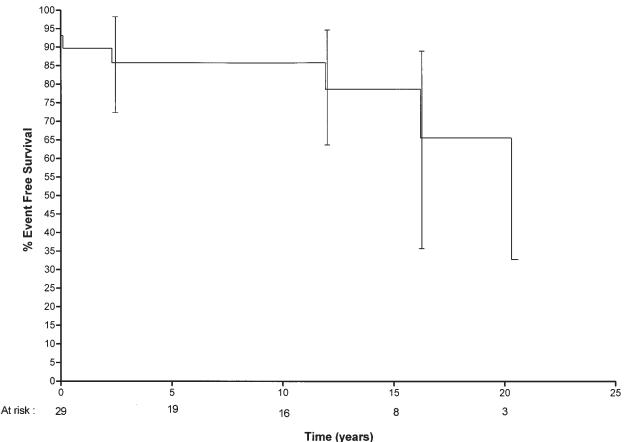
sumed to have caused the sudden late death. Another patient died suddenly at home at the age of 40 years. At the age of 19 years SVAS had been relieved by insertion of a single Dacron patch into the noncoronary sinus. Cardiac catheterization 2 years before his death showed absence of any gradient, but echocardiography demonstrated an asymmetric septal hypertrophy.

Actuarial survival at 10 years was $91\% \pm 5.8\%$ (SEM) in our patient population (Fig 2). Longest follow-up was 36 years. Survival at 20 years and more is depicted in Fig 2, but because of the small number of patients the survival data may not be reliable (eg, survival at 20 years is $61\% \pm 25\%$ ([SEM]). After 1965, no early deaths occurred.

Later aortic valve replacement was performed in 2 patients: in 1 patient 16 years after SVAS repair (single Dacron patch) with aortic valvotomy, and in a second patient 2 years after SVAS surgery. In this latter patient the patches used for symmetric aortoplasty were oversized, resulting in postoperative aortic regurgitation.

In 1 patient with SVAS repair and aortic valve replacement by a Carpentier-Edwards bioprosthesis (Baxter Healthcare Corp, Edwards Division, Santa Ana, Calif), the bioprosthesis was replaced by an aortic homograft 12 years later (Fig 3). In all other patients SVAS repair did not lead to aortic valve insufficiency or progression of a preoperatively existing mild regurgitation. No significant relation between preoperative aortic insufficiency and a higher age at surgery for SVAS could be demonstrated (Student *t* test, P = .06).

A significant reduction of mean overall pressure gradients—to less than 10 mm Hg—was achieved in all but 4 patients: in these 4 patients the mean postoperative gradients remained 10 to 30 mm Hg. Of these 4 patients, 2 had a diffuse form of SVAS and 2 other patients had remaining valvular gradients after valvotomy and aortic valve replacement. In 1 other patient bilateral branch pulmonary artery stenosis was not completely relieved after surgical patching. No difference in survival or event-free survival could be demon-



Time (years)

Fig 3. Kaplan-Meier curve of event-free survival. Events are reoperation or death. The number of patients still being followed up is depicted on the *horizontal axis* at 5-year intervals. The 95% confidence limits are situated at the time of the events.

strated between the symmetric and nonsymmetric techniques (P = .83 and P = .40, respectively, log-rank test).

Discussion

SVAS comprises a spectrum of obstructive lesions that are all characterized by an abnormal thickening of the wall of the major arteries, including the pulmonary arteries. Most commonly, SVAS is a localized obstruction at the level of the sinotubular aortic junction. Other obstructions may however occur in the ascending aorta, the aortic arch, the innominate and carotid arteries, and other major aortic side branches. A localized coarctation is frequently encountered in patients with SVAS. Apart from obstructive lesions caused by arterial wall thickening, other left-sided anomalies include mitral and aortic valve anomalies. Pulmonary valvular stenosis may occur, as well as multiple peripheral pulmonary artery stenosis.¹¹⁻¹⁹

In our patient population all these aforementioned

anomalies were encountered, as well as 2 aneurysms in the ascending aorta and in the innominate artery. Whether these aneurysms were caused by poststenotic dilatation or by aortic wall degenerative disease remains unclear.

Different techniques are used to repair SVAS. Relief of the stenosis by insertion of a single teardrop-shaped patch into a longitudinal incision that extends across the stenosis from the ascending aorta into the noncoronary sinus was described by McGoon and associates⁵ in 1961. This may be combined with additional resection of the stenotic ridge from within the aorta. Doty,⁶ Delius,¹³ and their associates reported the use of a more extended technique involving the insertion of a Yshaped Dacron patch that branches into the right and the noncoronary sinuses. The incisions are to be positioned approximately 180° apart. The patch again is inserted across the area of maximal stenosis. The remainder of the stenotic rim above the left coronary sinus may be resected to remove any residual obstruc-

tion. The technique that has been reported by Myers and associates¹⁰ obviates the use of prosthetic patch material. The aorta is transected just above the level of stenosis and all thickened tissue is removed. Three vertical incisions are made in the Valsalva sinuses. In the ascending aortic end, 3 longitudinal incisions are made that correspond to the commissures of the aortic valve. With an up-and-down running suture line, the continuity of the aorta is restored, obtaining 3 flaps of aortic tissue that are sewn into the sinuses. Chard and Cartmill²¹ reported a technique that involves resection of the whole stenotic segment, including the more distal parts of the sinuses of Valsalva. The repair is completed by a primary anastomosis of the distal ascending aorta to the aortic root. This method is also symmetric and has no need for prosthetic materials. No long-term follow-up data are available for these newer techniques.

With the exception of the early period (before 1965), hospital mortality did not occur in our group. Nowadays, surgery for SVAS can be safely performed, even if SVAS appears in a more diffuse form. Gradient relief was adequate in all patients with localized forms of SVAS and, with the exception of 1 patient, de novo occurrence or progression of aortic insufficiency did not occur. Surgery in patients with a diffuse form of SVAS is more demanding, with a higher chance of restenosis and residual stenosis.^{10,14,16,17} The presence of aortic valve anomalies such as a bicuspid aortic valve seems to be the most important cause of reoperations in these patients, as has also been stated by others.^{13,14,16-18} Aortic valve replacement may be necessary at the first operation for SVAS or years after initial SVAS surgery. Initial valve replacement is caused by bicuspid valves or adherent leaflets that cannot be repaired. Surgical treatment in infancy may reduce the chance of later aortic valve replacement, especially when the aortic valve is tricuspid and has a normal appearance. Not all aortic valves that had to be replaced were bicuspid, suggesting a negative influence of the long-standing supravalvular obstruction on the aortic valve leaflets. Adherence of 1 valve cusp to the opposite aortic sinus wall was observed in 3 of our patients and resulted in aortic valve replacement in all of them.^{15,18} As has been reported by others, cuspal adherence in 2 of our patients caused paroxysmal obstruction of the left coronary ostium resulting in episodes of syncope and angina.²⁰

The localized or "discrete" form of SVAS with maximal obstruction at the sinotubular junction is in reality not a local obstruction but is only one end of the spectrum of obstructive disease of the major arteries. On the basis of a deficiency of the elastin gene, arterial wall thickening may occur in the whole aorta, its major side branches, and even the pulmonary arteries. Furthermore, in a significant number of patients, SVAS appears to form part of a more complex anomaly that not only involves the major arteries but also may harbor abnormalities of the mitral valve, the left ventricular outflow tract, and the aortic valve itself.¹⁴

As stated by many others, SVAS is a rare disease, and for that reason all reported series are rather small. Because surgical techniques used in most series have differed,^{10,12-19,21} no definite conclusions can be made yet whether long-term outcome of one technique is superior to that of others. In our patient population, long-term outcome demonstrated no difference in outcome between the 3-patch technique and the single, double, or Y-shaped patch techniques, although others have expressed some concern with regard to persisting gradients after single patch aortoplasty.¹⁵

Nevertheless, we favor the 3-patch technique for treatment of SVAS for several reasons. The 3-patch technique allows for a symmetric reconstruction of the aortic root by enlargement of all sinuses. As has been pointed out by Stamm and associates,¹⁸ SVAS involves the whole aortic root, and for that reason we consider reconstruction of all 3 sinuses of utmost importance. Anatomic reconstruction of the aortic root is thus combined with a good relief of obstruction. It is important that the patches not be too broad, because this may result in commissural splaying with valvular insufficiency. This mechanism was the presumed cause of aortic insufficiency in 1 of our patients.

Single, double, and Y-shaped patch techniques cannot restore the aortic root in an anatomic fashion. The advancement aortoplasty technique described by Myers and associates,¹⁰ as well as the 3-patch technique, results in a better restoration of the aortic root geometry. The use of the advancement aortoplasty may be limited as a consequence of the thickened wall tissue of the ascending aorta. Furthermore, the more diffuse types of SVAS may not be treated by this technique, whereas the 3-patch technique, together with insertion of separate pericardial patches in the ascending aorta and aortic arch, has a better potential for aortic restoration in diffuse SVAS. The technique, as described by Chard and Cartmill,²¹ may bear the same disadvantages as an endto-end anastomosis after excision of a long aortic segment and may cause compression of the left main bronchus or the right pulmonary artery.

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