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REVIEW ARTICLE

Molecular imaging in the management of cervical cancer

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Positron emission tomography (PET), magnetic resonance imaging (MRI), and integrated 18 fluorodeoxyglucose (18 F-FDG) PET/computed tomography are valuable techniques for assessing prognosis, treatment response after the completion of concurrent chemoradiation, suspicious or documented recurrence, unexplained post therapy elevations in tumor markers, and the response to salvage treatment when managing cervical cancer. However, PET plays a limited role in the primary staging of MRI-defined node-negative patients. Currently, ¹⁸F-FDG is still the only tracer approved for routine use, but several novel targeting PET compounds, high-Tesla MRI machines, diffusion-weighted imaging without contrast, and dynamic nuclear polarized-enhanced ¹³C-MR spectroscopic imaging may hold promising applications. Copyright © 2012, Elsevier Taiwan LLC & Formosan Medical Association. All rights reserved.

Introduction

Worldwide, cervical cancer is the third most common form of cancer that afflicts women and the fourth highest cause of cancer mortality in women.¹ Early-stage cervical cancer

(IA2-IIA1 according to the 2009 International Federation of Gynecology and Obstetrics [FIGO] staging criteria^{[2](#page-6-0)}) can be cured by either radical surgery or radiotherapy, while patients with stage IA1-IB1 can be treated with fertilitypreserving surgery. Generally, stage IB2-IV (except IIA1) cancer can be treated with definitive radiation with concurrent platinum-based chemotherapy.[1,3](#page-6-0) Accurate clinical staging is crucial for the selection of primary therapy in order to achieve the highest survival rate with the lowest morbidity.

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Nodal metastasis is an independent prognostic factor in cervical cancer patients who are being treated with primary radical surgery^{[4](#page-6-0)} or radiotherapy.^{[5](#page-6-0)} Because advanced imaging technologies are not available in many countries where cervical cancer is prevalent, the FIGO staging system does not consider pelvic (PLN) or para-aortic lymph nodes (PALN) in the staging criteria for the uniform classification of tumor extent or the comparison of clinical results. FIGO and the National Comprehensive Cancer Network (NCCN) practice guidelines for oncology both advocate the use of imaging methods to define tumor extent when planning treatment options for individual patients.^{[2,3](#page-6-0)} Computed tomography (CT) or conventional magnetic resonance imaging (MRI) have been determined by the American College of Radiology Imaging Network and Gynecologic Oncology Group (ACRIN/GOG) to be suboptimal for evaluating the depth of cervical stromal invasion, PLN metastasis, parametrial extension, and visualizing primary tumors.^{[6,7](#page-6-0)}

Positron emission tomography (PET) is a molecular imaging technique that uses radiolabeled molecules to visualize molecules, cells, and biological processes in living organisms and humans. The most commonly used radiotracer in clinical practice and for the study of malignant tumors is 18 fluorodeoxyglucose $(18F-FDG)$. $18F-FDG$ is actively taken up at the cellular level by glucose transporters, then phosphorylated and no longer metabolized. Therefore, it remains trapped within the cell. ¹⁸F-FDG-PET is very highly sensitivity for the detection of $> 90\%$ of cancers during staging and restaging and for assessing the therapeutic response on follow-
up examinations.^{8,9} In cervical cancer, radiotracers other than 18 F-FDG, such as $11C$ -choline, $1060C$ $1060C$ u- or $64C$ u-labeled diacetylbis(N4-methylthiosemicarbazone) (⁶⁴Cu-ATSM), have been successfully applied in humans to diagnose hypoxia.^{11,12} ¹⁸F-FDG is still the only tracer approved for routine clinical use.⁹

This review summarizes recent developments in the use of molecular imaging technology in oncological applications and the use of MRI and ^{18}F -FDG PET in the management of cervical cancer.

Recent advances in molecular imaging technologies

PET imaging

Although FDG is widely used in clinical applications, not all tumors show a significant increase in metabolic activity on FDG-PET imaging. In particular, prostate cancer, neuroendocrine tumors, and hepatic tumors may be virtually invisible on PET. Furthermore, with FDG it is difficult to evaluate malignant lesions in tissues that physiologically take up FDG (such as the central nervous system) or excrete FDG (such as the kidneys and bladder) or differentiate between inflammation and cancer. Therefore, in addition to FDG, several other tracers have been proposed.

The use of targeted therapeutics has challenged the notion of how imaging techniques assess tumor response to treatment because many new agents are thought to cause cytostasis rather than cytotoxicity. Currently, targeting PET compounds have been developed for oncological studies, but even though tumor size estimation might not correlate well with the true tumor response, PET has merged as the most sensitive imaging tool for the metabolic profiling of individual tumors. 9° 9° These compounds include 11° C-acetate (a precursor of membrane fatty acids), $11C$ -methionine (a precursor of S-adenosylmethionine, which is required for polyamine synthesis), ^{18}F -choline (a substrate of choline kinase in choline metabolism), and ¹⁸F-3'-fluoro-3'-deoxy-L-thymidine $(^{18}F-FLT)$ (a substrate of thymidine kinase [TK-2] in DNA synthesis, a specific marker of cell proliferation).

For the evaluation of specific types of tissues or tumors, several PET compounds have been used in clinical trials, either for inclusion criteria or as an endpoint. These include ^{18}F fluoride (which incorporates into the hydroxyapatite crystals of bone), 18F-3,4-dihydroxyphenylalanine (DOPA) (which is involved in amino acid transport and protein synthesis in neuroendocrine tumors^{[13](#page-6-0)}), 68 Ga-(tetra-aza-cyclododecane-N N'N''N-'''-tetra-acetate-[Tyr]-octreotide) DOTA-TOC/-DOTA- (-1-Nal3-octreotide) NOC (somatostatin analogues, receptor binding [somatostatin receptor type 2 gene (SSTR-II), -V] in neuroendocrine tumors), $16-x-[18F]$ fluoro-17- β -estradiol (FES) (a specific estrogen-binding receptor involved in breast cancer), 18F-Annexin-V (specifically binds to phosphatidylserine on cell membranes during apoptosis), 18F-FLT (involved in cell proliferation¹⁴), ¹⁸F-RGD-K5 (integrin receptors $[\alpha_{\nu}\beta_3]$ are present on endothelial cells during neovasculogenesis and angiogenesis¹⁵), 18 F-MISO, 64 Cu-ATSM, 18 F-EF5 (involved in intracellular reduction, binding, and hypoxia), and immuno-PET with 124 -G250 (used to identify the tumor type when deciding the appropriate therapy for renal cell carcinoma).^{[16](#page-7-0)}

Magnetic resonance imaging

Important advances in MRI have taken place in oncology in recent years. In combination with newly developed pulse sequences, perfusion or dynamic contrast-enhanced perfusion-weighted MRI (DCE-PWI) techniques, and diffusionweighted imaging (DWI), MR imaging has been proven to play a better role in evaluating cervical cancer than conventional MRI[.17,18](#page-7-0) Newly developed techniques such as dynamic nuclear polarized (DNP)-enhanced $13C$ -magnetic resonance spectroscopic imaging (DNP-MRSI), abdominal susceptibility-weighted imaging (SWI), MR imaging, and MR/ PET are exciting fields of research. Future applications of MRI are expected to utilize DNP-MRI by using hyperpolarized gases (e.g., 13 C and 3 He) as contrast agents, which enables MRSI to have 10,000-times the signal-to-noise ratio in comparison to conventional MRI. The technique has been used to image $13C$ -containing metabolites in tumors (including prostate tumors), cardiac tissue, and the brain.^{[19](#page-7-0)}

The future applications of MRI will focus on hyperpolarized DNP-MRSI, DW-MRI, MR/PET,¹⁹ and targetcontrasted MR lymphography, 20 which are probably the most promising trends in gynecological-oncological evaluations and management in the near future.

Roles of PET in primary staging, response evaluation, detection, and the management of recurrence

Showalter found that tumor diameters estimated using ¹⁸F-FDG-PET (referred to as simply PET hereafter) were

correlated with the pathological tumor diameters of the surgical specimens with a correlation coefficient of 0.757 (p) $<$ 0.0001).^{[21](#page-7-0)} PET and integrated PET/CT are valuable tools for assessing prognosis^{[22](#page-7-0)–[24](#page-7-0)}and primary staging, $23-32$ $23-32$ the determination of the treatment goal (curative or palliative) in patients with PALN 31 31 31 or SLN 32 32 32 metastasis as detected by CT/MRI ([Table 1](#page-3-0)^{[23](#page-7-0)-32}) and the treatment response after the completion of concurrent chemoradiation, 33 and documenting recurrent cervical cancer,³⁴ unexplained posttreatment elevations in tumor markers, 35 and follow-up after salvage therapy.³⁶ An early study demonstrated the significant sensitivity of PET for detecting PLN metastasis over MRI.[37](#page-7-0) Goyal et al reported that using PET/CT alone could avoid multimodality therapy for the treatment of operable stage IB1-IIA1 cervical cancer.^{[38](#page-7-0)} Chou et al showed that PET provides significantly better diagnostic efficacy than MRI for detecting PALN metastasis and that the standardized uptake value $(SUV)_{max}$ of primary cervical tumors > 5.3 is an independent and poor prognostic factor in stage I-IIB cervical adenocarcinoma and adenosquamous carcinoma.[39](#page-7-0)

In contrast, the same group found that PET plays a limited role in the primary staging of MRI-defined node-negative stage I-II patients.^{[40](#page-7-0)} Ryu et al^{[41](#page-7-0)} used PET in routine posttherapy surveillance ($n = 249$) and found that among 80 patients with positive PET scans, only 28 demonstrated confirmed recurrence (false-positive rate of 65%). When Havrilesky et al^{[42](#page-7-0)} used PET to evaluate clini-cally suspicious recurrence, the positive predictive value
was 85.7% (Table 2).^{6,34–[38,40](#page-6-0)–[42,47,48](#page-6-0)} A randomized controlled study on the use of PET to evaluate MRI-defined pelvic node-positive patients prior to chemoradiation did not show a significant survival benefit of using additional PET arm, which reflects the importance of cost-effective research on molecular imaging tools.^{[28](#page-7-0)} Schwarz et al found PET/CT to be useful for monitoring treatment responses during concurrent chemoradiation.^{[43](#page-7-0)} The role of using PET with FDG or other novel targeted radiopharmaceuticals for predicting or monitoring the response will become more important in the future.^{[44](#page-7-0)}

Roles of MRI in differential diagnosis, staging, and response assessment

Patients with a histological diagnosis of adenocarcinoma or adenosquamous carcinoma by cervical biopsy should be differentially diagnosed as cervical or endometrial origin because the treatment strategies for these two sites are different. Vagas et al showed that when two radiologists were independently and retrospectively asked to determine the tumor origin from MRI studies of 48 patients (32 endometrial and 16 cervical cases), and the odds ratios of the tumor originating from the site were $4.80-6.35$ greater than they would have been if no other information was available.^{[45](#page-7-0)} Rockall et al^{[46](#page-7-0)} used nanoparticle-enhanced MRI to evaluate 29 cervical cancer patients using ultrasmall particles of iron oxide (USPIO) followed by lymphadenectomy. The sensitivity (SN) of detecting LN metastasis was significantly better using USPIO (93%) compared with using size criteria alone (29%) on a nodal basis. Hori et al compared 3-Tesla (3T) versus 1.5T MR without DWI and found a significantly better signal-to-noise ratio and mean tumor-to-cervical contrast-to-noise ratios using 3T MR in comparison with 1.5T MR, but the LN metastasis detection efficacies were similar.^{[47](#page-7-0)}

Lin et al^{[48](#page-7-0)} used 3T MRI with DWI, fusion, and T2-weighted imaging. The combination of size and apparent diffusion coefficient (ADC) differences (3T MRI with DWI) resulted in better sensitivity (25% vs. 83%) and similar specificities (98% vs. 99%) for the diagnosis of LN metastasis in comparison with conventional MRI ([Table 2](#page-4-0)). A French study using 1.5T MRI and DWI at 8 weeks (range: $4-20$ weeks) indicated residual tumors after radiotherapy/concurrent chemoradiation (RT/ CCRT).^{[49](#page-7-0)} The mean ADC was $1.62 \pm 0.21 \times 10^{-3}$ mm²/second (standard deviation [SD] = 1.45×10^{-4} mm²/second) for those with residual disease ($n = 5$) versus 1.76 \pm 0.33 \times 10⁻ 3 mm^2 /second (SD = 1.99 \times 10⁻⁴ mm²/second) for those with complete remission (CR) ($n = 44$; $p = 0.09$). Using 1.7 \times 10⁻ 3 mm²/second as a cut-off value for the mean ADC, all patients with histologically proven residual disease had a value $\leq 1.7 \times 10^{3}$ mm²/second.^{[49](#page-7-0)}

Comparisons between different imaging modalities

Ho et al^{50} al^{50} al^{50} investigated the correlation between ADCs measured using 3T MRI with DWI and SUV from PET in 33 patients with primary cervical cancer. The relative ADC_{min} (rADC_{min}) was defined as the ratio between $ADC_{\text{min}}/ADC_{\text{mean}}$ and was found to be significantly and inversely correlated with the relative SUV $_{\text{max}}$ (rSUV $_{\text{max}}$) as defined by the ratio between SUV_{max}/SUV_{mean} (r = -0.526, $p = 0.0017$). A significant inverse correlation between $rADC_{min}$ and rSUVmax was observed between patients with adenocarcinoma and adenosquamous carcinoma $(r = -0.685,$ $p = 0.0012$) and those with well- to moderately differentiated tumors (r = -0.631, $p = 0.0050$ $p = 0.0050$).⁵⁰ A prospective study evaluated the use of lymphangiography, CT/MRI, and PET imaging for the detection of lymph node metastasis in patients receiving primary chemoradiotherapy for cervical cancer.[51](#page-8-0) Agreement between imaging was most consistent in the common iliac LN ($p < 0.001$) and the least consistent in the PALN ($p = 0.41$). Disease-free and overall survival rates were most accurately predicted by PET.^{[51](#page-8-0)} A Korean retrospective study ($n = 83$) reviewed patients with cervical cancer who had undergone both preoperative MRI and PET/CT before radical surgery and lymphadenectomy. The sensitivity, specificity, and accuracy of detecting LN metastasis were 64.3%, 69.1%, and 67.5% for MRI and 28.6%, 83.6%, and 65.1% for PET/CT, respectively. The area under the curve (AUC) for the MRI and PET/CT ROC curves were 0.667 and 0.561, respectively ($p = 0.013$). MRI showed significantly higher sensitivity for detecting metastatic LNs than PET/CT ($p = 0.006$).^{[52](#page-8-0)} However, learning curve issues result in serious variations between diagnostic efficacies.

Benchmark examples of new MRI and PET technologies and clinical endpoints in oncology

With the development of new technologies and new targeting imaging drugs for use in MRI, PET, and single-photon

Abbreviations: FIGO, International Federation of Gynecology and Obstetrics; PET, positron emission tomography; MRI, magnetic resonance imaging; CT, computed tomography; CCRT, concurrent chemoradiation; PLN, pelvic lymph node; PALN, paraaortic lymph node; ScLN, supraclavicular lymph node; ILN, inguinal lymph node; SUV, standardized uptake value; mets, metastasis; OS, overall survival; RFS, recurrence-free survival; Sv, sensitivity; Sp, specificity; NAC, neoadjuvant chemotherapy; HR: hazard ratio.

Authors	Year	Study	Patient number/FIGO stage	Purpose	Gold std	Results
Mitchell et al ⁶	2006	Prospective	208 stage I-II before surgery	Diagnostic efficacy, patient- based LN staging, depth, tumor size MRI vs. CT	Histology by surgery	MRI and CT inaccurate for depth of invasion; uterine body involvement AUC of ROC: MRI vs. CT, 0.80 vs. 0.66, $p = 0.01$)
Laiet al^{34}	2004	Prospective	40 documented recurrence/ persistent potentially curable	Primary end point: % improvement in restaging	Surgery or clinical follow-up	55% modified treatment due to PET; detecting metastatic lesions: dual-phase PET vs. MRI/CT ($p < 0.0001$)
Chang et al^{35}	2004	Prospective	27/initial stage I-IV after primary treatment	Restaging at SCC elevation when CT/MRI (-)	Histology or clinical follow-up	Sv, 94% (17/18); Sp 86%, (6/7); PPV, 89% (17/19); NPV, 88% (7/8)
Lin et al^{36}	2006	Prospective	26 curable re-recurrences or unexplained SCCAg, CEA elevation after salvage therapy	Clinical impact of using PET in addition to CT/MRI	Biopsy/surgery or clinical follow-up	12 (46.2%) Pts with positive impact Poor prognosis for AD/ASC, $SCCAg > 4$ ng/mL, site of re-recurrence at central/pelvis or distant+pelvis 36M survival 80% for score 0
Reinhart et al ³⁷	2001	Prospective	35 untreated	Diagnostic efficacy, Patient- based LN staging and LN sites-based PET vs. MRI	Histology by surgery	Patient-based PET vs. MRI, Sv = 0.91 vs. 0.73, $p > 0.05$ LN sites-based, PPV $= 0.90$ vs. 0.64, $p < 0.05$
Goyal et al ³⁸	2010	Prospective	80/stage IB1-IIA before surgery	PET to detect PLN mets	Histology by surgery	PET PLN detection: Sv, 58.3%;, Sp, 92.8%; PPV, 77.7%; NPV, 83.8%; postoperative RT reduced from 30% to 12.5%
Chou et al ⁴⁰	2006	Prospective	IA2-IIA MRI LN $(-)$ $n = 60$	PET to detect PLN metastasis	Histology by surgery	16.7%, PLN mets; Sv, 10%; Sp, 94%; PPV, 25%; NPV, 84%; FN micrometastasis $0.5 \times 0.5 - 7 \times 6$ mm
Ryu et al ⁴¹	2003	Retrospective	249 posttherapy surveillance	To detect asymptomatic early recurrence	Histology or clinical follow-up	80 pts with PET-positive: PPV, 35%; Sv, 90.3%; Sp, 76.1%
Havrilesky et al ⁴²	2003	Retrospective	28	Detecting recurrence when clinically suspicious	Histology or clinical follow-up	Sv, 85.7%; Sp, 86.7%; PPV, 85.7%; NPV, 86.7%
Hori et al ⁴⁷	2009	Prospective	31/stage IA1-IIB before surgery	1.5T vs. 3.0T MRI detecting PLN mets	Histology by surgery	No difference
Lin et al^{48}	2008	Prospective	50/stage I-II before surgery	3T-MR size vs. size+ADC	Histology by surgery	Combined size and ADC; Sv, 85%; AUC 0.965 vs. size alone Sv, 25%; AUC, 0.679; $p = 0.015$

Table 2 Summary of literature on using MRI and PET for treating early-stage cervical cancer or posttherapy surveillance.

Abbreviations: FIGO, International Federation of Gynecology and Obstetrics; PET, positron emission tomography; MRI, magnetic resonance imaging; CT, computed tomography; CCRT, concurrent chemoradiation; PLN, pelvic lymph node; OS, overall survival; SCCAg, squamous cell carcinoma antigen; ADC, apparent diffusion coefficient; mets, metastasis; Sv, sensitivity; Sp, specificity; PPV, positive predictive value; NPV, negative predictive value; RT radiotherapy; M: months; FN: false negative; AD/ASC: adenocarcinoma and adenosquamous carcinoma. emission computed tomography (SPECT), these techniques can provide sensitive and serial noninvasive information regarding tumor characteristics. The merging of MRI and PET technologies that can be applied to cervical cancer, as summarized in Table $3.^{19,54-62}$ $3.^{19,54-62}$ $3.^{19,54-62}$ $3.^{19,54-62}$ $3.^{19,54-62}$

If we use breast cancer as an example, most clinical data have been gathered on the visualization of general processes such as the detection of tumor blood flow using 3T MRI contrast-enhanced dynamic studies, glucose metabolism using 18F-FDG-PET, and DNA synthesis using 18F-FLT.⁵³ Increasingly, more breast cancer-specific targets are being imaged such as the estrogen receptor (ER), growth factors, and growth factor receptors. Imaging of the ER using FES-PET has shown a good correlation between FES uptake into tumors and ER density. Using ¹¹¹In-trastuzumab SPECT to image human epidermal growth factor receptor 2 (HER2) has shown that in most patients with metastatic HER2 overexpression, more lesions are detected than with conventional staging procedures. The PET tracer ⁸⁹Zr-trastuzumab has shown excellent, quantifiable, and specific tumor uptake. The use of ¹¹¹ln-bevacizumab in SPECT and 89 Zr-bevacizumab in PET imaging have been developed for the imaging of vascular endothelial growth factor (VEGF) as an angiogenic marker.^{[54,55](#page-8-0)} Lastly, tracers for the EGFR, IGF-1R, platelet-derived growth factor receptor (PDGFR)- β receptors and the tumor necrosis factor (TGF)- β ligand are under development.⁵⁶ The use of radio- $\frac{1}{2}$ are under development.^{[56](#page-8-0)} The immunoconjugates for immuno-PET offers high tumor-to-

NDA, new drug application; PET, positron emission tomography; MRI, magnetic resonance imaging; NAC, neoadjuvant chemotherapy; DWI, diffusion-weighted image; Fc, fragment crystallizable; DNP, dynamic nuclear polarized; PHIP, 2-Amino-1-methyl-6-phenylimidazo [4,5-b]pyridine; S/N, signal to noise ratio; ADC, apparent diffusion coefficient.

background tissue contrast in immuno-PET and can be used as a tool for monitoring and quantifying tumor responses with high specificity.^{[57,58](#page-8-0)}

The simultaneous reconstruction of activity and attenuation in PET/MR is attractive, yet there are downsides to this technology, such as the fact that MR does not measure photon attenuation and, thus, does not provide easy access to this valuable information.^{[59](#page-8-0)} A major challenge in cancer biology is the monitoring and understanding of cancer metabolism in vivo with the end goal of improving diagnosis and treatment.^{[60](#page-8-0)} Crucial metabolites may be present in low concentrations and are, therefore, beyond the detection limit of traditional MR methods. Hyperpolarized molecules can be generated in aqueous solution and infused in vivo where metabolism generates products that can be imaged,⁶⁰ which hold vast potential; however, we are still a long way from developing clinical applications. Li et al 61 used intrinsic susceptibility-weighted MR imaging in patients with primary breast cancer to assess the relationship between the baseline transverse relaxation rate (R2*), changes in the T2* relaxivity (\triangle R2*), and the response to neoadjuvant chemotherapy (NAC). Their results suggest that an increase in R2* after two cycles of NAC correlates with the pathologic response and that therapyinduced uncoupling of the relationship between R2* and relative blood volume (rBV) and relative blood flow (rBF) is consistent with the responding tumors becoming hypoxic shortly after beginning treatment.

A prospective study evaluated apparent ADC histograms in order to assess the chemotherapeutic response of patients with metastatic ovarian or primary peritoneal cancer, demonstrating that all ADCs increased after the first and third cycles ($p < 0.001$) while skew and kurtosis decreased after the third cycle ($p < 0.001$ and 0.006, respectively) in responders but not in nonresponders.^{[62](#page-8-0)} Chen et al used 3T MRI to assess the response to NAC in correlation with the molecular markers HER2, ER, and Ki67. The mean MR imaging-pathologic size discrepancy was 0.5 cm \pm 0.9 for HER2-positive cancer and 2.3 cm \pm 3.5 for HER2-negative cancer ($p = 0.009$). In the HER2-negative group, the size discrepancy was smaller for hormone receptor-negative cancers than for hormone receptor-positive cancers (1.0 cm \pm 1.1 vs. 3.0 cm \pm 4.0, p = 0.04).^{[63](#page-8-0)}

Cost-effective analyses should be encouraged as an endpoint in research on the use of new diagnostic tools, such as new PET and MRI technologies. Comparisons of alternative or threshold values will lead to the identification of the most efficient ways to maximize health at the population level.^{[64](#page-8-0)} FDG-PET has been used to evaluate patients with head and neck cancer using distant metastasis as the risk factors and has been determined to be costeffective.[65](#page-8-0) FDG-PET demonstrated 95.9% accuracy for restaging patients with Hodgkin's lymphoma after first-line therapy, and the ICER was -\$3,268 US dollars.^{[66](#page-8-0)}

Conclusion

 18 F-FDG is still the only tracer approved for routine use. Currently, several novel targeting PET compounds have been developed for oncological studies, either for clinical use or at different stages of clinical evaluation. The results of using nanoparticle contrast media-enhanced MRI, high-Tesla machines, diffusion-weighted imaging without contrast, and spectroscopy are promising. The role of using molecular imaging (e.g., new MRI and PET technologies) as an early predictor of response to treatment is an emerging utility that requires more clinical investigations. Costeffective analysis should be encouraged as an endpoint in research regarding the use of new diagnostic tools, such as new PET and MRI technologies.

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