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## Preparation of novel biodegradable pHEMA hydrogel for a tissue engineering scaffold by microwave—assisted polymerization

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#### ABSTRACT

Objective: To prepare a novel biodegradable poly(2–hydroxyethylmethacrilate) (pHEMA) hydrogel as tissue engineering scaffold. Methods: The pHEMA hydrogel was synthesized by microwave—assisted polymerization using 2–hydroxyethyl methacrylate (HEMA) as the raw material, potassium persulfate as the initiator, and PCLX as the cross—linking additive. The hydrogels was characterized with FTIR and NMR spectroscopy. The physical and chemical properties of the prepared hydrogel were evaluated, and its degradation performance was tested. The cytotoxicity of the optimum composite hydrogel was measured by an MTT assay to confirm the feasibility of its use in tissue engineering. Results: The optimum conditions under which the hydrogel was prepared by microwave—assisted polymerization are as follows: 1.5 g cross—linking additive, 0.3 g initiator, reaction temperature of 80 ℃, and microwave power of 800 W. Degradation studies showed good degradation profiles with 75% in 17 days. Additionally, the hydrogels did not elicit any cytotoxic response in *in vitro* cytotoxic assays. Conclusion: A biodegradable pHEMA hydrogel was successfully prepared by microwave—assisted polymerization, as confirmed from FTIR and NMR results. The hydrogel shows promising applications in tissue engineering, and its healing ability and biocompatibility will be evaluated in detail in the future.

#### 1. Introduction

An ideal scaffold for biomedical applications should be a three-dimensional constitution that is highly porous to guarantee oxygen permeability, sufficient nutrient transport to the cells, and removal of waste products[1]. Additionally, the scaffold should have mechanical properties suitable for

the *in vivo* tissue at the site of implantation and should be easily connected to the vascular system of the host[2–4].

Hydrogels are an important three–dimensional class of scaffolds used in tissue engineering, with their primary advantage being cell protection, which is possible because of their aqueous nature. However, various hydrogels which are used widely in medicine today are not biodegradable and cannot be easily excreted from the body<sup>[5]</sup>. As early as 1960, poly(2–hydroxyethylmethacrylate) (pHEMA) hydrogels had been successfully applied as biomedical materials in plastic surgery, ophthalmology, and drug delivery<sup>[6–9]</sup>. pHEMA was the preferred choice of scaffold material, because its excellent mechanical properties and high hydrophilicity made it suitable for conversion into different architectures<sup>[10]</sup>. Unfortunately, similar to other hydrogels, pHEMA hydrogels are not biodegradable and are typically

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inserted into the body by surgical means, limiting their widespread application.

Injectable biodegradable hydrogels are promising candidates for novel biomedical materials, because they can be incorporated into the body by simple injection without the need for any surgical procedure[11]. In addition, biodegradable hydrogels have played a significant role as scaffold material for vocal cord tissue engineering. These hydrogels will provide an ample aqueous environment for cell metabolism, act as efficient transmission channels, form good contact with the cell tissues, and can be injected in situ[5].

In this study, a novel biodegradable pHEMA hydrogel was synthesized by microwave–assisted polymerization using 2–hydroxyethyl methacrylate (HEMA) as the raw material, potassium persulfate as the initiator, and polycaprolactone cross–linking agent (PCLX) as the cross–linking additive. The hydrogel was characterized by Fourier transform infrared (FTIR) and <sup>1</sup>H nuclear magnetic resonance (NMR) spectroscopy. Further, the degradation behavior of the hydrogel in PBS was determined by the weighing method and the cytotoxicity was measured by an MTT [3–(4,5–Dimethylthiazol–2–yl)–2,5–diphenyltetrazolium bromide] assay, in order to evaluate the feasibility of using the hydrogel as a tissue engineering scaffold.

#### 2. Materials and methods

#### 2.1. Chemicals

The following chemicals were purchased from engineering and technology research centers in Guangdong Province of China: polycaprolactonediol, methylene chloride, triethylamine, *n*-hexane, tetrahydrofuran, methyl alcohol, dimethylformamide, ethyl alcohol, ethylene glycol, acetone, ethyl 2-bromoisobutyrate, sodium bicarbonate, HEMA (99% minimum purity), magnesium sulfate, acryloyl chloride, and potassium persulfate. MTT was purchased from Sigma. All the chemicals were used without further purification.

#### 2.2. PCLX synthesis

Polycaprolactone diol (95 g, 0.047 mol) was dissolved in 80 mL methylene chloride, to which triethylamine (40 mL, 0.14 mol) was added. A solution of acryloyl chloride (50 mL, 0.14 mol) in methylene chloride (40 mL) in a dropping funnel was added dropwise, and the mixture was allowed to react for 12 h at 0  $^{\circ}$ C and then for 24 h at room temperature. The

resulting chloride salt was removed by filtration to obtain an oily liquid. Methylene chloride was removed by distillation, after which cold *n*-hexane was added to the reaction mixture. After the solution was agitated and dissolved, the solution delaminates. The oily lower layer was removed with a separation funnel. The reaction scheme is shown in Figure 1.

$$| \overset{CH_2Cl_2}{TFA} |$$

Figure 1. PCLX cross-linking agent synthesis reaction.

#### 2.3. Synthesis of biodegradable pHEMA hydrogel

Potassium persulfate (0.3 g) and PCLX (1.5 g) were dissolved in dimethylformamide (1.5 mL). HEMA (10 mL) was added to the reaction mixture, and the solution was subjected to microwave heating (temperature: 80  $^{\circ}$ C; power: 800 W). After 100 seconds, the pHEMA hydrogel was obtained. The hydrogel was removed and flushed with acetone/water (90:10, v/v) several times in order to remove any unreacted monomer.

#### 2.4. FTIR

The chemical structure of the synthesized pHEMA hydrogel was examined by FTIR using a TENSOR spectrometer with a resolution of 2 cm<sup>-1</sup>, measuring 20 scans. The pure hydrogel was crushed into a powder, which was used to prepare KBr pellets (5 mg of sample per 500 mg of KBr). Spectra were recorded over the range 4 000 to 400 cm<sup>-1</sup> with a data acquisition rate of 4 cm<sup>-1</sup> per point by transmission sampling.

#### 2.5. NMR measurements

NMR spectra were recorded at room temperature using a Bruker AV 400 spectrometer operating at 400 MHz with a multinuclear broadband NP 5 mm probe. Chemical shifts were recorded in part per million (ppm).

#### 2.6. In vitro degradation assay

The *in vitro* degradation rate and profile of the hydrogels in PBS were measured by the percent weight loss and weight swelling ratio. All the samples were lyophilized and weighed before the degradation studies to confirm the original dry weight. The prepared freeze-dried samples were placed in 50 mL PBS at physiological temperature (37 °C) for a set schedule, after which they were removed from the solution, freeze-dried, and weighed again. The percentage weight loss and swelling ratio were evaluated by using the following equations:

% weight loss= $(wt-wo)/wt\times100\%$ . (1) where, wt is the initial dry weight of the sample and wo is the dry weight of the sample after a specific degradation period.

#### 2.7. Evaluation of in vitro elution cytotoxicity

The cytotoxicity of the synthesized hydrogels was evaluated at time points of 12, 24, and 48 h after incubation by the MTT assay. The results of the cytotoxicity experiment was illustrated by the ratio (%) of the OD values for the extract-treated cells and control cells. High density polyethylene and 5% (v/v) DMSO were used as negative and positive controls, respectively.

#### 3. Results

#### 3.1. Characterization of pHEMA scaffolds

The FTIR spectra obtained for pHEMA are shown in Figure 2. Briefly, the –OH stretching vibration band was observed at 3 438.14 cm<sup>-1</sup>; the antisymmetric stretching vibration band of the methyl group was observed at 2 960.28 cm<sup>-1</sup>; the stretching vibration band of C=O was observed at 1 727.86 cm<sup>-1</sup>; the characteristic absorption band of C=O was observed at 1 276.26 cm<sup>-1</sup>; the antisymmetric stretching the vibration band of C=O-C was observed at 1 161.89 cm<sup>-1</sup>; the distortion vibration bands of methyl and methylene were observed at 1 454.90, 947.12, and 851.78 cm<sup>-1</sup> (Figure 2). The characteristic absorption band of the vinyl group was not observed, which indicated that the HEMA monomer was successfully converted to the pHEMA polymer through the free radical polymerization reaction.

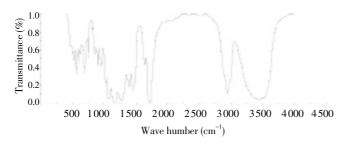


Figure 2. FTIR spectra of pHEMA.

The NMR spectrum of the pHEMA hydrogel is shown in Figure 3. Briefly, the multiplet at 1.35 ppm indicated the protons of the methyl group on an alpha–carbon. Signals due to the protons of the methylene group linked to the hydroxyl moiety of the cross–linking agent were observed at 2.25 and 3.90 ppm. The –OH proton signal appeared at 3.60 ppm, while peaks due to the methylene group of the side chain ester were seen at 3.85 ppm. The peaks due to the protons of the methylene connected to the hydroxyl group on the side chain appeared at 4.10 ppm. Based on the characteristics of the NMR peaks, the sample was confirmed to contain RCO–OR', R–O–R, and C=C functional groups.

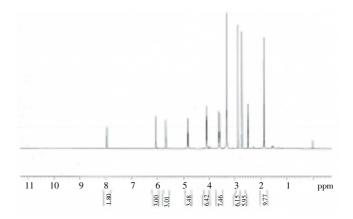


Figure 3. NMR spectra of pHEMA.

#### 3.2. In vitro degradation

Degradation studies showed good degradation profiles with 75% in 17 days (Figure 4).

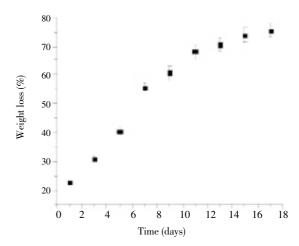
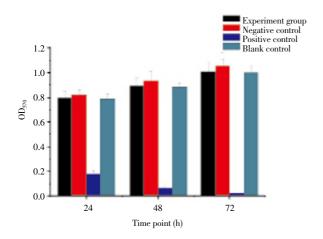


Figure 4. Weight loss as a function of time for pHEMA hydrogel in PBS.

#### 3.3. In vitro elution cytotoxicity

The results of the cytotoxicity experiment (Figure 5) showed that the OD values of all groups increased gradually with the prolonged cultivation time, except that of the positive

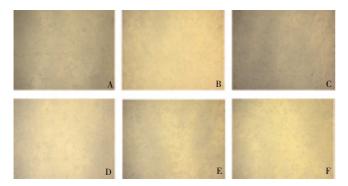
control. The time points in each group could be used to compare the effect of different materials on cell growth.



**Figure 5.** Cytotoxicity of pHEMA hydrogel against L-929 cells by MTT assay.

The relative growth rate of all the groups was grade 0. No statistical difference was observed over the chosen time period between the test groups and negative control, indicating that the hydrogels and their degradation products would have good biocompatibility and meet the requirements for use in medical applications.

As shown in Figure 6, the L–929 cells treated with pHEMA hydrogel had a low density, were sparsely distributed, and were almost completely attached to the bottom of the culture plate at 24 h. After 48 h, the cells rapidly proliferated in pairs, and after 72 h, the number of cells increased significantly and grew on the bottom of the culture plate. Microscopic observations of cells in different groups revealed the cells were in the long–stripped fusiform or irregular multi–deformation shape; the cells grew readily on the wall of the culture plate and were vacuole–free; discrete grains were visible in the cytoplasm; and the cell number increased normally. The growth morphology of the L–929 cells are not different between the test groups and negative control.



**Figure 6.** Microscopic observation of L–929 cells. A, B and C represent the control cells after culture for 24, 48 and 72 h respectively, while D, E and F represent the cells treated with pHEMA hydrogel for 24, 48 and 72 h respectively (100×).

#### 4. Discussion

pHEMA and its functionalized derivatives have been used in a wide range of biomedical applications<sup>[12]</sup>. These hydrogel polymers have physical properties similar to those of natural gel–like extracellular matrices and may contain pores large enough to accommodate living cells, or they may be designed to dissolve or degrade away, releasing growth factors and creating pores into which living cells may penetrate and proliferate<sup>[13]</sup>. However, many pHEMA hydrogels are not degradable, limiting their usefulness in bone repair and replacement<sup>[14]</sup>. Lopez *et al* verified that pHEMA inherently exhibited low protein adsorption and cell adhesion properties<sup>[15]</sup>. In an attempt to promote degradation and cell adhesion, scaffolds were prepared by microwave–assisted polymerization using HEMA as monomer, potassium persulfate as initiator, and PCLX as cross–linking additive.

The addition of degradable polycaprolactone segments in the initiator and cross-linker as well as specific control over the pHEMA molecular weight under microwave-assisted polymerization made the hydrogel bioresorbable. Our characterization of pHEMA indicates that the experimental method is feasible by which a gel network structure can be prepared successfully. The finding from our study, which is consistent with those represented by Frank et al[16], is that microwave irradiation assists rapid and uniform heating of a reaction solution. Thereby, microwave irradiation was proved to be advantageous over conventional heating methods that result in slow and uneven distribution of heat. In addition, the torsional vibration frequency of microwaves is similar to that of various chemical groups, and microwave-assisted polymerization can change the molecule conformation, activate functional groups without damaging the macromolecular chain, and increase the reaction rate greatly[16].

The results of degradation of the synthesized hydrogels in PBS provide an evidence that degradation performance is excellent. Atzet et al. reported that rupture of a sufficient number of PCL bonds from a pHEMA backbone segment would allow for dissolution of the chain and cause a consequent decrease in the mass of the hydrogel[17], which is supported by our data. Our data also suggest that the hydrogels were subjected to bulk degradation, as demonstrated by measurable initial changes in properties for all degradable samples and 75% degradation in 17 days. Degradation was found to depend strongly on several factors. The increase in the content of the cross-linker leads to a reduction in weight loss regardless of the type of the comonomer, which is also supported by Huang et al., who stated that incorporation of a co-monomer enhanced the degradation dramatically at a similar crosslink density[18,19]. Prior to in vivo experiments, the cytotoxicity of the hydrogels and their degradation products must be evaluated to assess

their biocompatibility. The MTT assay, initially introduced by Mosmann<sup>[20]</sup> in 1983, was regarded as a sensitive method for the evaluation of the cytotoxicity of dental materials<sup>[21,22]</sup>. The present MTT analysis also demonstrates that the hydrogels tested are non-cytotoxic to fibroblasts over the concentration range examined.

In conclusion, a novel biodegradable pHEMA hydrogel was synthesized and characterized. Characterization by FTIR and NMR confirmed the expected identity and purity of the hydrogel. Biodegradation studies showed 75% uniform bulk degradation of the hydrogel over a period of 17 days. In addition, the biodegradable hydrogel had no observable cytotoxicity toward L–929 fibroblast cells. Therefore, this novel bioresorbable pHEMA can play an important role as a scaffold for tissue engineering applications.

#### **Conflict of interest statement**

We declare that we have no conflict of interest.

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