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# A stereospecific enzyme of the putative biosynthetic pathway of cardenolides

# Characterization of a progesterone 5 $\beta$ -reductase from leaves of Digitalis purpurea L

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Leaves of Digitalis purpurea contain an enzyme activity which catalyzes the conversion of progesterone to  $5\beta$ -pregnane-3,20-dione. Since cardenolides without exception possess a  $5\beta$ -configuration,  $5\beta$ -pregnane-3,20-dione can serve as a precursor for this class of secondary metabolites. It is assumed that the enzyme is part of the putative biosynthetic pathway of cardenolides. This enzyme activity was spotted in the soluble fraction of a crude homogenate. Product formation was detected by gas chromatography and by gas chromatography/mass spectroscopy (g.c./m.s.). The enzyme had a pH optimum at 8.0 and an apparent  $K_{in}$  value of 6  $\mu$ M for progesterone. It required NADPH as a co-substrate with an apparent  $K_{in}$  value of 22  $\mu$ M. The optimum temperature in vitro was 30°C. The activity was not dependent on monovalent and bivalent cations.

Digitalis purpurea; Progesterone; Progesterone  $5\beta$ -reductase; Cardenolide

## 1. INTRODUCTION

In addition to tracer and biotransformation experiments, the enzymic background has to be elucidated, in order to establish a biosynthetic pathway. The spatial distribution of cardiac glycosides in *Digitalis* species was examined in correlation to plant age. Radioimmunoassays of plants showed that the highest content was found in the mesophyll and testa, the lowest in the pith [1].

Tracer experiments with <sup>14</sup>C-labelled progesterone using leaves of *Digitalis lanata* revealed that the label was incorporated into cardenolides like digitoxigenin, digoxigenin and gitoxigenin as well as into various  $5\alpha$ and  $5\beta$ -configurated pregnane derivatives [2]. Tschesche et al. [3] pointed out that cardenolides appeared after the application of  $5\beta$ -pregnane-3,20-dione and  $5\beta$ -pregnan- $3\beta$ -ol-20-one to leaf pieces of *Digitalis lanata*, whereas no cardenolides were formed from the corresponding  $5\alpha$ -derivatives.

Extracts from rat liver are capable of catalyzing the reduction of many  $\Delta 4$ -3-ketosteroides. The  $5\alpha$ -reductase was located in the microsomal fraction, while the  $5\beta$ -activity was entirely soluble [4]. In a previous

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*Abbreviations:* Hepes, *N*-2-hydroxyethylpiperazine-*N'*-2-ethanesulfonic acid; Bis-Tris; bis(2-hydroxyethyl)imino-tris(hydroxymethyl)methane paper we described a progesterone  $5\alpha$ -reductase from cell-suspension cultures of *Digitalis lanata* which was also of microsomal origin [5].

The present report characterizes a soluble enzyme which catalyzes the reaction of progesterone to  $5\beta$ -pregnane-3,20-dione (Fig. 1). Since all cardenolides are  $5\beta$ -configurated, this is the first stereospecific enzyme in the biosynthetic pathway of cardenolides. In addition, the next step of the putative pathway, which results in the in vitro formation of  $5\beta$ -pregnan- $3\beta$ -ol-20-one, could also be detected in crude enzyme preparations (Fig. 1).

# 2. MATERIALS AND METHODS

#### 2.1. Plant material

Seeds of *Digitalis purpurea* were obtained from the Botanical Garden of the University of Tübingen. The plants were grown in the greenhouse at  $24^{\circ}$ C and with a 15 h photoperiod.

#### 2.2. Enzyme preparation

Leaves were harvested from 60-day-old plants. They were kept on ice for 10 min and then chopped into small pieces. This material was homogenized in 0.5 g PVP (water-insoluble polyvinylpyrrolidone) and 6 ml buffer (0.1 M Hepes, 2 mM EDTA, 0.25 M sucrose, pH 8.0) per 1 g fresh weight in an Ultra Turrax (Janke and Kunkel, Staufen i. Br., FRG) for  $3 \times 30$  s. The supernatants from 45 000  $\times$  g (15 min) and 100 000  $\times$  g (1 h) centrifugations were used for the enzyme assay. Protein concentrations were determined according to Bradford [6]. In order to test the effect of pH, the enzyme preparation was carried out with Bis-Tris (pH 7) and Hepes (pH 7). The pH-values in the assay mixture were adjusted to 5.5–7.0 with Bis-Tris/HCl and 7.0–8.5 with Hepes/KOH.

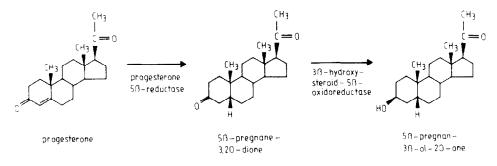


Fig. 1. Reaction catalyzed by progesterone 5 $\beta$ -reductase and the subsequent metabolic step catalyzed by a putative 3 $\beta$ -hydroxysteroid-5 $\beta$ -oxidoreductase.

#### 2.3. Standard enzyme assay

The assay contained a total of 1.5-2.5 mg protein, 5 mM glucose 6-phosphate, 1 mM NADP<sup>+</sup>, 8.4 nkat glucose 6-phosphate dehydrogenase and 40  $\mu$ M progesterone in buffer at pH 8 (s.a.), yielding a final vol. of 5 ml. After a preincubation period of 20 min the reaction was initiated by the addition of progesterone. The incubation was carried out for 3 h at 30°C. The reaction was terminated by adding 10 ml methylene dichloride while shaking.  $5\alpha$ -Androstan-17 $\beta$ -ol-3-one was used as an internal standard. The extraction of the pregnanes was performed as described previously [5].

#### 2.4. Product identification and quantification

Gas-liquid chromatography was performed on a Shimadzu GC-9A with a fused silica capillary column (DB-1701, 30 m, 0.25 mm i.d.). The temperature was 275°C and N<sub>2</sub> was used as the carrier gas. The products were identified by co-chromatography with known standards (all steroids were purchased from Sigma, FRG) and by g.c./m.s. on a Finnigan Mat 112 S using the identical column, but with H<sub>2</sub> as the carrier gas. M.S. 70 eV (rel. int.): 5 $\beta$ -pregnane-3,20-dione: m/z 316 (M<sup>+</sup>, 8), 298 (M<sup>+</sup>-H<sub>2</sub>O, 12), 255 (M<sup>+</sup>-C<sub>2</sub>H<sub>3</sub>O, 8), 121 (C<sub>8</sub>H<sub>9</sub>O, 21), 43 (C<sub>2</sub>H<sub>3</sub>O, 100).

#### 3. RESULTS

#### 3.1. Product identification and quantification

The enzyme activity was found in the soluble fraction (supernatant from 45 000  $\times$  g and 100 000  $\times$  g centrifugations) of homogenates from leaf tissue of *Digitalis purpurea*. The product was identified as 5 $\beta$ -

pregnane-3,20-dione (Fig. 2). It was clearly separated from its  $5\alpha$ -isomers as was shown by the relative retention times (RRT) of known standards. All amounts of the product formed in vitro were calculated using the relative response factor obtained from standard mixtures of known concentrations and with  $5\alpha$ androstan-17 $\beta$ -ol-3-one as an internal standard. Further proof for product identification came from g.c./m.s. data (see section 2).

### 3.2. Properties of the enzyme

In the time course (Fig. 3) progesterone  $5\beta$ -reductase showed a linear reaction for the first 4 h of the incubation period. The following reaction leading to  $5\beta$ pregnan- $3\beta$ -ol-20-one, thought to be part of the putative pathway leading to cardenolides, could also be observed. At longer incubation times the catalytic activity decreases slowly. This decrease may be due to the effects of subsequent reaction steps.

The assay was carried out at different temperatures ranging from 0 to 70°C. The optimum temperature was at  $30^{\circ}$ C.

The effect of pH was examined with the buffers Bis-Tris and Hepes (see section 2). The optimum activity was achieved at pH 8.0. At pH values exceeding 8 a sharp decrease was observed.

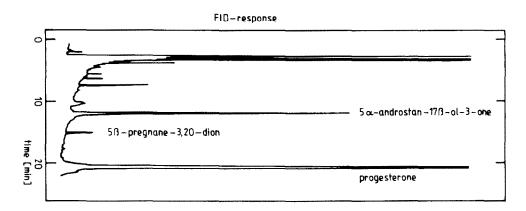


Fig. 2. Gas chromatogram of a standard enzyme assay. The enzymic product  $5\beta$ -pregnane-3,20-dione (RRT: 1,281), was formed in vitro. Progesterone was used as substrate of the enzymic reaction and  $5\alpha$ -androstan-17 $\beta$ -ol-3-one (100 mM) as internal standard. Further confirmation of product identity came from g.c./m.s data.

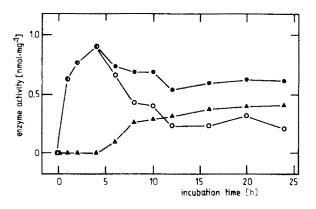


Fig. 3. Time course of the enzymic reaction. Standard enzyme assays were incubated from 0-24 h at 30°C. The products were identified as  $(\bigcirc -\bigcirc)$  5 $\beta$ -pregnane-3,20-dione and  $(\blacktriangle -\bigstar)$  5 $\beta$ -pregnane-3 $\beta$ -ol-20-one.  $(\bigcirc -\bigcirc)$  Sum of reaction products.

#### 3.3. Co-factor requirements

As can be seen from Table I progesterone  $5\beta$ -reductase requires NADPH as a co-substrate. It cannot be replaced by NADH. An apparent  $K_m$  value of 22  $\mu$ M was detected for NADPH. When NADPH was used as a reduction equivalent the enzyme activity decreased to 1/3 of that found in enzyme assays incubated with the NADPH-regenerating system. The advantage of the NADPH-regenerating system is that there is a constant quantity of reduction equivalents over a long incubation period.

The effect of monovalent and bivalent cations was investigated at concentrations of 0.2 mM and 2 mM. An enzyme assay without cations served as a standard (100% catalytic activity). Enzyme activity could not be stimulated by monovalent cations (Na<sup>+</sup>, Li<sup>+</sup>, K<sup>+</sup>). Bivalent cations (Co<sup>2+</sup>, Mn<sup>2+</sup>, Zn<sup>2+</sup>, Mg<sup>2+</sup>, Cu<sup>2+</sup>) had no effect at lower concentrations, whereas higher concentrations were inhibitory, with the sole exception of MgCl<sub>2</sub>.

# 4. DISCUSSION

A soluble enzyme from leaves of *Digitalis purpurea* is described as progesterone  $5\beta$ -reductase, which catalyzes the reduction of progesterone to  $5\beta$ -pregnane-3,20dione. The putative metabolic pathway of cardenolides is based mainly on tracer studies which clearly

Table 1 Pyridine nucleotide requirements of progesterone $5\beta$ -reductase	
NADPH regenerating system	100
NADPH <sub>2</sub>	38.5
NADH <sub>2</sub>	0

The co-substrates added were 1 mM NADPH, NADH or a NADPHregenerating system consisting of 5 mM glucose 6-phosphate, 1 mM NADP<sup>+</sup> and 8.4 nkat of glucose-6-phosphate dehydrogenase/ml. demonstrated that 5 $\beta$ -pregnane derivatives are precursors in vivo. Thus progesterone  $5\beta$ -reductase is the first stereospecific enzyme in the putative biosynthetic pathway. It is widely accepted that cholesterol, pregnenolone, progesterone and  $5\beta$ -dihydro-pregnane derivatives are part of the cardenolide biosynthesis. The enzyme  $\Delta 5-3\beta$ -hydroxysteroid dehydrogenase/ $\Delta 5-\Delta 4$ ketosteroid isomerase ( $3\beta$ -HSD), which catalyzes the conversion of pregnenolone to progesterone, was described as a soluble enzyme in cell cultures of Digitalis lanata [7]. Keeping the biosynthetic pathway in mind, which leads to the cardenolides, we can suggest, on the one hand, that the  $3\beta$ -HSD is part of the putative cardenolide biosynthetic pathway and that, on the other hand, it has a function in the general steroid metabolism of plant cells.

The reduction of progesterone results in two isomeric compounds with  $5\alpha$ - and  $5\beta$ -configurations. As shown in a previous paper cell cultures of *Digitalis lanata* contain a progesterone  $5\alpha$ -reductase with a definite microsomal localization [5], whereas the enzyme described in the present paper belongs to the soluble fraction of the cell. A quite similar situation was found in the rat liver [4]. The subsequent enzyme, which has been characterized as a  $3\beta$ -hydroxysteroid-oxidoreductase, forms  $5\alpha$ -pregnan- $3\beta$ -ol-20-one from  $5\alpha$ pregnane-3,20-dione. It was isolated from cellsuspension cultures of *Digitalis lanata*. The major part of the catalytic activity turned out to be soluble, whereas a distinctly smaller part seemed to be associated with the endoplasmic reticulum [8].

A parallel reaction leading to the analogous  $5\beta$ derivative was observed in the soluble fraction (s.a.) of the cell. Since maximum activities of progesterone  $5\alpha$ reductase,  $3\beta$ -hydroxysteroid-oxidoreductase and  $5\beta$ -HSD were observed in the growth phase of cell cultures, we postulate that these enzyme activities are part of the primary metabolism (general steroid pathway) providing constituents for biomembranes. In order to prove this hypothesis, cell cultures have to be investigated for progesterone  $5\beta$ -reductase activity. They should show a maximum of activity in the stationary phase of the growth cycle, whereas the progesterone  $5\alpha$ reductase is active during the growth phase.

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