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Effective and organ doses from Cone-Beam CT

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Purpose/Objective: Kilovoltage cone-beam CT (CBCT) devices allow image guidance before radiotherapy treatments. Cone beam introduces more scatter radiation than a conventional CT scanner. In this study, the more suitable Cone Beam Dose index (CBDI) was measured instead of CT Dose Index (CTDI), in order to have a better evaluation of the average volumetric dose from the CBCT in the CTDI phantom. CBDI was measured and used to estimate organ and effective doses from CBCT using two MonteCarlo software.

Materials and Methods: Three standard CTDI head phantoms and a Farmer chamber (according to he AAPM Report 111) were used to measure the CBDI form an Elekta XVI (ver.4.2.1). The CBDI measurements were performed using two protocols. Protocol 1 is used in clinics to verify patient setup in the treatment room. The parameters are: 36.1 mAs, 100 kV, 200° rotation angle and S20 collimator (small FOV). Protocol 2 is the one we use for replanning to obtain a better image quality. It works with 647 mAs, 120 kV, 360 rotation angle and M20 collimator (medium FOV). The scatter contribution on the CBDI was measured using two phantom set-ups and the Protocol 2. In the first setup the chamber is placed in the central hole of one phantom. In the second set-up the chamber was inserted in the central phantom of three aligned in the longitudinal direction. This configuration was used as reference for dose simulation because it better simulates the patient scatter conditions, CBDI_w and the was calculated using the formula CBDIw=1/3CBDIcenter+2/3CBDIperiphe

Two simulation software requiring different input parameters were used for the estimation of the effective and organs at risk dose in the Head&Neck district. CTDosimetry software (ver. 1.0.4 ImPACT, London, UK)uses the CBDI_w measurement with mAs, kV and scan region. PCXMC2.0Rotationsoftware (STUK, Helsinki, Finland) uses geometrical and protocol parameters including the rotation angle. The two software use a mathematical phantom based on the Cristy's hermaphrodite phantom, and dose calculation is based on the ICRP 103 Report.

Results: The percentage difference between the CBDI measured with the first and the second setup was 11%. MonteCarlo data showed an overall dose accuracy lower than 15%. An effective dose of 0.15 ${\rm mSv}$ for Protocol 1 and of 4.4 mSv for Protocol 2 was calculated with CT Dosimetry software. Using the PCXMC2.0 Rotation software it was obtained the same result for Protocol 1 and an effective dose of 3.2 mSv for Protocol 2. We got quite similar results for organs at risk as reported in Table 1.

Table 1	CTD	osimetry	PCXMC2.01	
OARs	Protocol 1 dose (mGy)	Protocol 2 dose (mGy)	Protocol 1 dose (mGy)	Protocol 2 dose (mGy)
Active Marrow	0.14	4.4	0.13	3.3
Oral Mucosa	1.2	36	1.4	29
Salivary Glands	1.2	36	14	34
Thyroid	1.6	46	1.8	33

Conclusions: CBCT imaging using cone beams adds a dose uniformly distributed over a wide field of view, often including OARs. Since radiotherapy CBCT imaging could be a daily practice, the imaging dose delivered to OARs can reach considerable values. Therefore this extra dose should be evaluated and taken into account in the overall treatment plan in order to report the real OARs dose.

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Patient specific scatter distributions in CBCT imaging calculated by Monte Carlo simulations

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Purpose/Objective: Cone Beam CT (CBCT) image quality is limited by the presence of scattered photons. Monte Carlo (MC) simulations provide a powerful tool for predicting patient specific scatter distributions. The time needed to perform such simulations can be a limiting factor preventing the use of MC simulations to correct for scattered photons in clinical CBCT imaging. This project investigates the feasibility of using a planning CT image to calculate the scattered photons that will be present in CBCT images acquired during radiotherapy.

Materials and Methods: The EGSnrc user code egs_cbct was used to perform MC simulations predicting scatter distributions in a head, thorax and pelvis CBCT scan. Simulations were based on planning CT images, and the simulation setup was designed to mimic an Elekta XVI CBCT imaging system operated without a bowtie filter. A monoenergetic x-ray source was used, and air KERMA was scored for each projection image simulated in steps of 1.25 degrees. No downsampling of the planning CT images or the CBCT detector resolution was performed compared to the clinical setup used in our institution. Simulations were run on a 24 CPU cluster.

Results: Taking advantage of the variance reduction techniques available in egs_cbct, scatter distributions can be predicted within 2% statistical uncertainty in less than 30 minutes for the head scan, 60 minutes for the thorax scan and 120 minutes for the pelvis scan. Image quality is significantly improved in MC simulated CBCT images without scatter, compared to simulated CBCT images with scatter. The simulated number of histories, statistical uncertainties and simulation times are shown in the table. The reduced simulation time and statistical uncertainty in the head scan is due to the shorter path length and hence less attenuation of the x-rays compared to the larger patient volumes simulated in the thorax and pelvis scan. The denser pelvic region compared to the thorax requires the lengthiest simulations to compensate for the increased attenuation of x-rays.

	Head	Thorax	Pelvis
N_{hist}	$5 imes 10^4$	$5 imes 10^4$	10 ⁵
$\sigma_{\sf max}$	1.3%	1.5%	2.0%
$T_{\rm CPU}$	23 min	50 min	120 min

Conclusions: Recent MC software allows the prediction of patient specific scatter distributions in clinical CBCT imaging to be performed in a time frame enabling clinical applications. Simulations are based on planning CT images, and the varying simulation time for different anatomical regions is explained by variations in patient volume and density. MC simulations show a great potential for improved CBCT image quality if scattered photons can be removed more efficiently than the current clinical practice allows. For each patient, only one MC simulation is necessary to improve all CBCT images acquired during multiple radiotherapy fractions.

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Fiducial registration error in prostate and its influence on target registration error

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Purpose/Objective: Target registration errors after MR-CT-fusion are challenging to classify. The standard procedure in our clinic is to implant 4 gold fiducials in the prostate, and a MR-CT-fusion is then performed based on a rigid registration of the 4 gold fiducials. The implantation procedure states that the urologists should implant one apically, one centrally, and two in the base at different depths, guided by ultrasound. The implantation can be of mixed quality, and not all fiducials are implanted in the prostate. The aim of this study was to assess how the fiducial registration error (FRE) correlated with